

2013 NCHSAA STUDENT LEADERSHIP CONFERENCE

Student Athlete Registration Packet



APRIL 20, 2013

**Sheraton Greensboro Hotel at
Four Seasons
Koury Convention Center**

Greensboro, NC

Hosted by the 2012-13 Student
Athlete Advisory Council

**READY... SET...
CLIMB TO A NEW LEVEL OF LEADERSHIP**

Saturday, April 20, 2013

Sheraton Greensboro Hotel at Four Seasons Koury Convention Center

The North Carolina High School Athletic Association invites each of our member schools to register for the first annual Student Leadership Conference! Our hope is that student-athletes will further develop their understanding of positive leadership and gain the knowledge and skills to effectively lead their peers. This **one-day** conference is a great opportunity for them to take steps in the right direction of achieving new levels of leadership.

The 2013 Student Leadership Conference will be held in Greensboro, NC at the spectacular Koury Convention Center. We invite 150 student-athletes to participate in a day of fun, learning, sharing, and growing with our prestigious keynote speakers and session leaders. Each presentation and breakout session uniquely combines interactive learning with fun and excitement.

Schools can register up to **two student-athletes** who exemplify leadership characteristics or show great potential to be leaders amongst their peers. We also invite one adult chaperone (coach, Athletic Director, Principal, etc.) to accompany the student leaders. The SLC will include four breakout sessions and two exciting keynote presentations. Each participant will be **required to attend all sessions**. There is one required breakout session and five others from which to choose.

We sincerely hope that you will give your student-athletes the opportunity to "Climb to a new level of Leadership!"

PLEASE REGISTER BY MARCH 30, 2013



CONFERENCE SCHEDULE

| | |
|-------------------|-----------------------------------|
| 8:30AM – 9:15AM | REGISTRATION |
| 9:20AM – 9:55AM | WELCOME/OPENING SESSION |
| 10:00AM – 10:50AM | 1 ST BREAKOUT SESSIONS |
| 11:00AM – 11:50AM | 2 ND BREAKOUT SESSIONS |
| 12:00PM – 12:55PM | LUNCH/POSTER SESSION |
| 1:05PM – 2:00PM | KEYNOTE SPEAKER |
| 2:10PM – 3:00PM | 3 RD BREAKOUT SESSIONS |
| 3:10PM – 4:00PM | 4 TH BREAKOUT SESSIONS |
| 4:10PM – 5:10 PM | KEYNOTE SPEAKER |
| 5:15PM – 5:30PM | FINAL REMARKS/CLOSING SESSION |



KEYNOTE SPEAKERS

MR. KWAIN BRYANT



Kwain Bryant is a keynote presenter, program developer, and training specialist with Empowerment Exchange. He is an "educator" in every sense of the word. Mr. Bryant presents at local, regional, and national events. He is a native of Garner, North Carolina and currently resides in Charlotte, North Carolina. Kwain is a graduate of North Carolina Central University, the place in which he developed his passion for Health Education and empowering others. After receiving several awards for his work in the Human Service Field, Kwain founded Empowerment Exchange in 2001.

It has been quoted that Mr. Bryant has the uncanny ability to speak with both adults and teens with skill and ease. As a highly sought after speaker and trainer, Kwain is known for his energetic and enthusiastic presentations. Mr. Bryant believes that knowledge is power but enthusiasm is the switch that turns it on. All of his presentations are designed to be responsive, timely and engaging.

Session:

The Leader of the Class: How to Become the Leader People Love to Follow

The Leader of the Class experiences the satisfaction of helping others learn, grow and transcend their previous achievements. This workshop will assist participants with the knowledge and skills necessary to become a Leader of their Class. Participants will also learn how to create a culture in which people consistently perform at their best and follow them to the next level.

MR. STEPHEN BARGATZE

As an internationally acclaimed comedian and motivational speaker with over 25 years' experience, Stephen is a rare talent among entertainers. His genuine personality endears him to any audience, and he quickly develops a strong, positive relationship with them. No longer merely spectators, they find themselves caught up in the comedy and amazement of Stephen's zany performance.

Some people might believe it was Stephen's innate sense of comedy that enabled him to change his destiny. But, his true story is even more remarkable. Stephen's integrity and inner strength helped him prevail over a tragic childhood, an accident that left him with a speech impediment and a harmful lifestyle that destined him for destruction. Stephen's story touches men and women on an emotional level, and his hilarious antics move them from tears of empathy to tears of side-splitting laughter in a few short seconds. His inspiring tale of triumph combined with his amazing brand of comedy and magic will leave you amazed, inspired, and motivated.



Submit application no later than March 30, 2013

Breakout Sessions and Presenters



Mr. Brenton Sumler, Coordinator of Leadership and Development for Student Athletes at Appalachian State University

Required Session:

Leadership and Influence

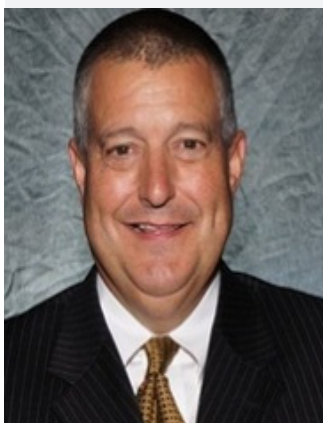
This session will focus on the power of influence and how two historical figures used their position to lead individuals in vastly differently ways. Participants will explore the positive and negative consequences of influence and discover how to effectively evoke change to achieve positive results.

Ms. Que Tucker, Deputy Commissioner of the NCHSAA

Session:

Managing My Life and My Time: Balancing Academics & Athletics

Striving for a balanced life is something you do every day. It is no surprise then, that balancing academics and athletics should be a goal. This session is designed to help you achieve success in the classroom, in the athletic arena--even in your life--if you think about and learn the importance of finding time to do all the things on your "to do" list. Opportunities will be included to help you plan and prioritize activities during a typical day in your life.



Mr. Mark Dreibelbis, Associate Commissioner of the NCHSAA

Session:

Conflict Resolution: Dealing with Difficult People & Difficult Situations

An interactive approach utilizing "verbal Judo" skills to not only understand the problem, but to also assure the person with the problem of your willingness to help find a solution. Listening skills and 'how to respond' messages are key parts of this learning experience.

Mrs. Barbara Carlton, Lead Drug and Violence Prevention Specialist for Alamance/Burlington School System

Session:

Substance Abuse Prevention for High School Students

Adults ask you to be role models for kids younger than you. But, how does that look? This session will give you simple ideas on how to present to elementary and middle school students about drugs. In addition, you may learn some things you didn't know about used and abused substances. Social Norming and Media Literacy will also be discussed.



Breakout Sessions and Presenters

Mr. Davis Whitfield, Commissioner of the NCHSAA

Session:

Careers in Athletics

This session will explore careers in Athletics in all realms and at all levels, including, High School, College, and Professional Sports. It will also touch on “what career am I suited for”? Come ready to learn about the various facets that make High School, College and Professional Athletics work and get ready to pursue your goals and dreams!



Ms. Teresa Coleman, Physical Education Teacher at Bladenboro Middle School

Session:

Teaming for Success: Building Positive Coach/Athlete Relationships

Learning to work together is critical for athletic teams to succeed. Perhaps one of the most important aspects of this team effort hinges upon a positive coach/athlete relationship. In this session, we'll examine some realities of working with teens, evaluate how teens view adults, and consider strategies for communicating expectations so everyone feels respected. We'll focus on building win-win relationships!



“MC”: Mr. Larry Ratliff affectionately known as “Loud Larry”

History Teacher & Track & Field Coach at Southern Guilford High School



Submit application no later than March 30, 2013



April 20, 2013

NCHSAA STUDENT LEADERSHIP CONFERENCE REGISTRATION

DEADLINE: March 30, 2013

PLEASE FILL IN THE FOLLOWING:

Name of High School _____

① Adult chaperones are allowed to attend any session. Please indicate below your topic preferences.

| <u>NAME</u> | <u>POSITION</u> | <u>GENDER</u> | <u>SESSIONS</u> | <u>T-SHIRT SIZE</u> |
|-------------|-----------------|---------------|-----------------|-------------------------|
| | | | | |

EMAIL: _____

② Please list a **maximum of 2** student-athletes per school, who portray leadership characteristics. Each participant is required to attend the ***Leadership and Influence*** session presented by Mr. Brenton Sumler and may **choose 3** from the list below. Please note that we will do our best to assign you to each of your selections.

| <u>STUDENT #1</u> | <u>SPORT (S)</u> | <u>GENDER*</u> | <u>RACE*</u> | <u>CLASS*</u> | <u>AGE*</u> | <u>T-SHIRT SIZE</u> |
|-------------------|------------------|----------------|--------------|---------------|-------------|-------------------------|
| | | | | | | |

Breakout Sessions (Please check only 3 from the list below):

- ☐ Option #1: ***Substance Abuse Prevention for High School Students***
☐ Option #2: ***Teaming for Success: Building Positive Coach/Athlete Relationships***
☐ Option #3: ***Conflict Resolution: Dealing with Difficult People & Difficult Situations***
☐ Option #4: ***Managing My Life and My Time: Balancing Academics & Athletics***
☐ Option #5: ***Careers in Athletics***

| <u>STUDENT #2</u> | <u>SPORT (S)</u> | <u>GENDER*</u> | <u>RACE*</u> | <u>CLASS*</u> | <u>AGE*</u> | <u>T-SHIRT SIZE</u> |
|-------------------|------------------|----------------|--------------|---------------|-------------|-------------------------|
| | | | | | | |

(* This information is requested only for the purpose of reports required by DHHS.)

Breakout Sessions (Please check only 3 from the list below):

- ☐ Option #1: ***Substance Abuse Prevention for High School Students***
☐ Option #2: ***Teaming for Success: Building Positive Coach/Athlete Relationships***
☐ Option #3: ***Conflict Resolution: Dealing with Difficult People & Difficult Situations***
☐ Option #4: ***Managing My Life and My Time: Balancing Academics & Athletics***
☐ Option #5: ***Careers in Athletics***

PLEASE SUBMIT YOUR REGISTRATION TO:

Chiquana Dancy

chiquana@nchsaa.org

FAX: 919.240.7396 PHONE: 919.240.7373

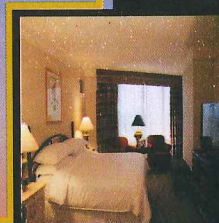


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CONVENTION CENTER**



Fact Sheet

NAME

Greensboro - After Revolutionary War Gen. Nathanael Greene.
"Gate City" - Nickname due to the many railroads that intersected in the city.

FOUNDED

Greensboro was founded in 1808. Guilford County was founded in 1771.

DESCRIPTION

Greensboro ... a great place to connect! A metropolitan city with historic charm, Southern hospitality and contemporary appeal nestled in the foothills of North Carolina's Piedmont. Part of the Piedmont Triad, along with Winston-Salem, High Point and other cities.

LOCATION

Midway between Atlanta and Washington, D.C., in the heart of North Carolina's Piedmont area. Interstates 40, 85 and 73/74 all intersect in Guilford County.

CLIMATE

Averages (2011): Fall - 60°F; Winter - 41°F; Spring - 59°F; Summer - 77°F
Total Rainfall (2011): 42.3 inches; Total Snowfall (2011): 8.6 inches

SIZE

Greensboro population: 269,666 (2010)
Greensboro-High Point MSA population: 714,765 (2010)
132.19 city square miles (2011)

TRANSPORTATION

Piedmont Triad International Airport is served by six major carriers with nearly 60 daily flights to cities across the United States. Amtrak and Greyhound Bus Lines also service the area. Interstates 40, 85 and 73/74 all intersect in Greensboro.

LODGING

The Greensboro area is home to 87 hotels, motels and bed and breakfast inns with nearly 10,000 guest rooms. A total of 16,000 rooms are located within 30 minutes of the Greensboro Coliseum Complex.

DINING

The Greensboro area is home to more than 500 restaurants offering everything from fine dining to Southern specialties to ethnic cuisine and more. For more information, request the CVB-produced 2012 Visitor & Dining Guide.

MAJOR CONVENTION FACILITIES

The Greensboro Coliseum Complex offers 450,000 total square feet of space. The Arena seats 23,500; the new White Oak Amphitheatre seats 7,688; War Memorial Auditorium seats 2,400; Odeon Theatre seats 300; 197,000 sq. ft. meeting & exhibition space; 6,000 on-site parking spaces.

Just one mile down the road, you'll find the Sheraton Greensboro Hotel at Four Seasons/Joseph S. Koury Convention Center, one of the largest privately owned Sheraton properties in the nation. The facility features 1,000 guest rooms and more than 250,000 square feet of meeting space.

NATIONAL HISTORY LINKS

Greensboro is the site of the Revolutionary War battle at Guilford Courthouse led by American Maj. Gen. Nathanael Greene in 1781. The city also is the site of the first civil rights sit-in by four North Carolina Agricultural & Technical State University students on February 1, 1960 at the F.W. Woolworth's lunch counter in downtown.

NOTABLE NATIVES

Short-story writer O. Henry (William Sidney Porter), Presidential First Lady Dolley Madison and broadcast journalist Edward R. Murrow.

MAJOR ANNUAL EVENTS FOR 2012

Annual Reenactment of the Battle of Guilford Courthouse (March)
ACC Women's Basketball Tournament (March)
NCAA Division I Men's Basketball Championship 2nd/3rd Rounds (March)
Eastern Music Festival (June & July)
Fun Fourth Festival (July)
High Point Furniture Market (April & October)
Wyndham Championship PGA golf tournament (August)
Festival of Lights & Jaycees Holiday Parade (December)

VISITOR TRAFFIC

The top five states include:

- 1) North Carolina
- 2) New York
- 3) Pennsylvania
- 4) Florida
- 5) Michigan

TAXES

Local sales tax is 6.75 percent.
Greensboro hotel/motel occupancy tax is 6 percent.

TRAVEL & TOURISM SPENDING

Tourism spending generated over \$1 billion in Guilford County in 2010. Expenditures include lodging, food, retail, recreation and transportation.

MAJOR AREA ATTRACTIONS

ACC Hall of Champions (opened March 2011)
Blandwood Mansion
Celebration Station
Greensboro Children's Museum
Greensboro Cultural Center at Festival Park
Greensboro Historical Museum
Guilford Courthouse National Military Park
International Civil Rights Center & Museum
Natural Science Center of Greensboro
N.C. Zoo
Old Mill of Guilford
Replacements, Ltd.
Seagrove Potteries
Tannenbaum Historic Park
Weatherspoon Art Museum
Wet'n Wild Emerald Pointe Water Park

PROFESSIONAL SPORTS TEAMS

Carolina Dynamo (professional soccer)
Greensboro Grasshoppers (Class A, South Atlantic League baseball affiliate of the Florida Marlins)

GOLF

Home of the Wyndham Championship, a PGA TOUR event
Visitors can tee-off at 16 area public golf courses and facilities.

FISHING

Lake Brandt, Lake Higgins and Lake Townsend (hunting and fishing licenses are available)

PARKS & GARDENS

Greensboro is home to Guilford Courthouse National Military Park and 177 city parks that cover 3,480 acres. Popular spots include Bryan Park, Country Park, Jaycee Park, Hagan-Stone Park, Bur-Mil Park, Oka T. Hester Park, as well as more than 90 miles of trails. The Greensboro Arboretum, Bog Garden, Bicentennial Gardens and the new Gateway Gardens are three of the state's most unique gardens. Gateway Gardens and Center City Park in downtown are Greensboro's newest additions.

BLOOM TIMES

March: Forsythia and Bradford Pear
Mid-April: Redbud, Dogwood, Azalea (through early June)
June - August: Hydrangea
October - May: Camellia

UNIVERSITIES, COLLEGES & LAW SCHOOL

Bennett College for Women
Elon University School of Law
Greensboro College
Guilford College
Guilford Technical Community College
North Carolina Agricultural & Technical State University
University of North Carolina at Greensboro