



It's that time again!! Mark Dreibelbis, Assistant Commissioner of the NCHSAA, would like to extend an invitation to your athletic department to participate in our Coach & Captain Retreat Saturday, October 12, 2013 through Sunday, October 13, 2013.

The retreat will once again be held at the Radisson Hotel in Research Triangle Park. A wide variety of topics will be covered, including

- emphasis on leadership qualities,
- effective communication about issues that affect teams or groups, and
- understanding ways to prevent substance abuse and violence in athletics.

After attending the retreat, you can expect your team to return to school and put their leadership in action. Examples of leadership activities are creating a "drug free" bulletin board in your school, designing a handbook for your school using a "good sportsmanship" theme, or planning a Fan Appreciation Day, to name just a few. Accepting the invitation to the Coach & Captain Retreat carries with it the special responsibility of continuing to develop leadership among young athletes.

The Coach & Captain Retreat is an excellent opportunity for student athletes to discuss ways to make "more of a difference" in their various schools and communities. This retreat also brings together East and West, providing a rare opportunity for sharing of ideas. Because we want this retreat to make an impact, we pack lots of sharing time and networking into the retreat schedule.

What can you do? Make copies of the enclosed information and share it with your coaches. Then, encourage them to register and attend the retreat.

October 12-13, 2013

Who?

At least two student athletes who will be captains or team leaders during the 2013-2014 school year. You may select up to four students to participate.

The Athletic Director or one coach per school.

One concerned parent.

What?

An opportunity for discussion of leadership responsibilities, ways to influence others, and how to be a positive role model with other AD's/coaches, parents, and students from around the state.

Where?

The Radisson Hotel
Research Triangle Park, NC

When?

Saturday, October 12, 2013

(registration begins at 9:00 am)

Sunday, October 13, 2013

(retreat ends at 12:00 noon)

Why?

"IT TAKES A TEAM EFFORT!" Influencing behavior and developing good leadership skills will take a united effort by many people - coaches, students, parents, booster clubs, school board members, and community and business leaders. Plus, coaches/teachers are eligible for required renewal credits.

How?

Go to www.nchsaa.org and click on Student Services, then Programs. Complete and return the registration form by **September 20, 2013**. Due to limited space, we will consider applications on a first come, first served basis, with priority given to schools attending for the first time. For returning schools, please involve new team captains and coaches who have never attended a retreat.

Cost?

ABSOLUTELY NOTHING!!!

EXPECTATIONS:

To attend each session of the retreat.

Develop an action plan to include a project for your school, utilizing retreat ideas.