

## COMPLIANCE CORNER

A quick look at North Carolina High School Athletic Association rules and regulations

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**Q:** What is the eight-quarter limit in football for a junior participating on both the junior varsity and varsity teams?

**A:** A junior is not eligible for the eight-quarter rule. In the football section of the current edition of the Handbook, rule 4.5.1(p) addresses the eight-quarter rule. It is for freshman and sophomore (9<sup>th</sup> and 10<sup>th</sup> graders only) junior varsity football players.