

- (3) An additional five yellow cards accumulated by the same player (season total of 10) will result in an ejection. The player will be suspended from all sports for the remainder of that season on the 15th yellow card (or second ejection).
  - (4) A red card disqualification that is not an ejection is the equivalent of two yellow cards.
  - (5) Penalties are enforced at the conclusion of the game, and an ejection report must also be filed at the appropriate time for accumulation of yellow cards.
  - (6) Yellow cards are reset to zero once playoffs begin (all previous penalties must be served).
  - (7) With three yellow cards in playoffs, player is suspended for next game. A total of five yellow cards and any player is out for remainder of playoffs and may carry over to other sports.
- (o) For Wrestling, Track, Tennis, Golf, Cross Country and Swimming:
- (1) Any individual ejected from an individual event or individual tournament may not participate for the remainder of the event (entire day(s) of competition or tournament) from which he or she was ejected. Additionally, the individual may not participate in the next scheduled two events or any other events, in any sport, at any level, in the interim.

#### 2.6.4 Code of Conduct for Coaches:

- Coaches are now required to review the NCHSAA power point presentation on eligibility rules prior to the season in which they coach.
- The coach has tremendous influence upon student-athletes and shall never place winning above the value of instilling the highest desirable ideals of character.
- The coach shall strive to set an example of the highest ethical and moral conduct with the student-athlete, officials, athletic directors, school administrators, the state high school athletic association, the media, and the public.
- The coach shall discipline athletes who display unacceptable behavior.
- The coach shall know the game rules and be responsible for their interpretation to team members. Additionally, the coach shall not try to seek an advantage by circumvention of the spirit or letter of the rules.
- The coach shall promote and work in harmony with the entire interscholastic program of the school.
- The coach shall respect and support contest officials by avoiding conduct which will incite players or spectators against the officials.
- The coach shall actively promote good sportsmanship of spectators by working closely with administrators, cheerleaders, pep club sponsors, and booster clubs.
- The coach shall meet and exchange greetings with the opposing coach before and after contests to set and maintain a positive tone for the event.
- The coach shall take an active role in the prevention of alcohol, tobacco and other drug abuse, while stressing the importance of a healthy lifestyle.

#### Inappropriate Behavior/Misconduct

- One of the goals of the NCHSAA is to provide a positive experience and safe environment for student-athletes. Therefore, adults, coaches, officials, staffs, and volunteers should maintain professionalism and avoid any appearance of impropriety in their relationships with students. Coaches, in particular, should recognize the influence, power, and position of trust they have with students and should use this only in a student-athlete's best interest.
- Any incident regarding misconduct should be reported promptly to the appropriate authorities. The NCHSAA encourages personnel to create and enforce guidelines against inappropriate behavior and misconduct. Please refer to local LEA policies for more specifics.