APEX HIGH SCHOOL

Cougars

Location: Apex

Colors: black and gold

Conference: Southwest Wake

Principal: Matt Wight

Athletic Director: Del Phillips Head Coach: David Neal

Record: 22-7

Apex is in the NCHSAA men's basketball state finals for the third time overall and first time since 2008...lost in 1938 final and then fell to East Mecklenburg 72-63 at Reynolds Coliseum in '08 4-A final...Apex knocked off Raleigh Millbrook 63-57 to earn Eastern Regional crown, led by regional tournament MVP T.J. **Evans...**Evans had 22 points in final, including perfect 11 of 11 at foul line...he scores 19.3 ppg and adds 4.1 rpg and 2.2 assists per game...6-3 sophomore lan Boyd adds 13.6 ppg and a team-high 6.5 rpg...Boyd made the all-Eastern Regional team and scored 16 in final...6-5 junior Jon Jones hauls down 6.3 rpg and contributes 5.9 ppg but has been physically unable to play...senior point quard T.J. Wells distributes ball well with 5.9 assists a game and swipes 2.1 steals... Cougars have played a host of close games throughout the season, including OT win over Clayton in regional semifinals, and are a very scrappy, hard working team...Apex was not ranked in state in final 4-A men's regular season NCPreps.com poll and entered playoffs as a seven-seed in the East...has really come on after a 2-4 start.

LAKE NORMAN HIGH SCHOOL

Wildcats

Location: Mooresville

Colors: royal blue, black and white

Conference: North Piedmont

Principal: Keith Gentle

Athletic Director: Scott Sarvis Head Coach: Brandon Jolly

Record: 28-1

Lake Norman makes its second trip to an NCHSAA state men's basketball championship...Lake Norman won 2010 4-A title at Reynolds Coliseum, beating Fayetteville Terry Sanford 63-49 behind MVP Paul Larsen...Wildcats won both regional games at the end...got a three by Trey **Ford** at the buzzer to down top-seeded Greensboro Page 61-58 in Western final...6-5 junior Kishawn Pritchett was voted MVP of Western Regional with 18 points, 13 boards, 6 assists and 2 blocks in final...he had game-winning three-pointer at buzzer to lift Lake Norman to regional semifinal win over Ardrey Kell 45-43...Pritchett is averaging 17.8 ppg, 8.4 rpg, 4.6 assists, 1.9 steals and 1.8 blocks per game...6-9 junior Hunter Seacat (17.0 ppg, 9.1 rpg, 2.5 blocks) had 18 points in regional final...David Scott (12.3 ppg, 3.4 rpg, 3.2 assists) joined Seacat on all-regional tournament squad...senior Nick White also key contributor (10.3 ppg, 2.6 rpg, 2.6 assists)...Wildcats can score, averaging better than 77 points a game...Lake Norman was the topranked team in final 4-A men's regular season poll by NCPreps.com

Class AAAA Eastern Champion APEX HIGH SCHOOL COUGARS

Apex, NC

NO.	NAME	POS.	HT.	YEAR
3	T.J. Evans*	SG	6' 1"	Senior
5	T.J. Wells*	PG	5' 10"	Senior
10	Justin Moore	G	5' 8"	Junior
11	Majid Raji*	F	6' 5"	Senior
15	Malik Williams*	F	6' 3"	Senior
21	Colin Molden	G	5' 11"	Sophomore
22	Devin Dunchack	G	5' 8"	Sophomore
23	Reyho Tshiama	F	6' 2"	Senior
30	Davis Dupree	F	6' 3"	Junior
32	lan Boyd*	F	6' 3"	Sophomore
40	John Kitoko	F	6' 2"	Junior
42	Eric Field	F	6' 2"	Sophomore
44	Jon Jones	С	6' 5"	Junior

(*) Notes Starters

HEAD COACH: David Neal

OPPONENT	RESULT	SCORE
Leesville Road	L	44-54
Charles E. Jordan	W	59-50
Leesville Road	L	43-47
Clayton	W	60-47
Sanderson	L	46-48
Millbrook	L	37-60
Middle Creek	W	80-62
Fuquay-Varina	W	74-47
Moss Point	W	64-59
Lake Highland Prep	L	68-73
Wheeler	L	42-75
Athens Drive	W	73-54
Cary	W	76-55
Panther Creek	W	74-61
Green Hope	W	65-32
Hillside	W	78-57
Holly Springs	W	83-64
Middle Creek	L	49-50
Fuquay-Varina	W	72-52
Cary	W	74-48
Panther Creek	W	59-58
Athens Drive	W	64-43
Green Hope	W	60-38
Holly Springs	W	97-88
Riverside	W	72-52
EE Smith	W	69-58
Northern Durham	W	64-63
Clayton	W	79-75 (OT)
Millbrook	W	63-57

Class AAAA Western Champion LAKE NORMAN HIGH SCHOOL WILDCATS

Matthews, NC

NO.	NAME	POS.	HT.	YEAR
3	David Scott*	G	6' 1"	Junior
5	Ryan Keith	G	6' 0"	Senior
10	Ryan Farley*	G	5' 10"	Senior
11	Trey Ford	G	5' 11"	Junior
12	Louis Simms	G	5' 10"	Junior
15	Nick White*	W	6' 3"	Senior
20	Andrew Suther	W	6' 2"	Senior
22	Caleb Poteat	F	6' 3"	Junior
25	Kishawn Pritchett*	W	6' 5"	Junior
32	Miles Jordan	F	6' 0"	Senior
33	Ernie Gill	W	6' 0"	Junior
40	Parker Jones	С	6' 9"	Senior
44	Riley Jones	С	6' 10"	Sophomore
50	Hunter Seacat*	С	6' 9"	Junior

(*) Notes Starters

HEAD COACH: Brandon Jo	lly
------------------------	-----

OPPONENT	RESULT	SCORE
Ashbrook	W	82-41
Newton-Convover	W	74-71
West Rowan	W	87-62
Bandys	W	89-48
Hopewell	W	77-52
Alexander Central	W	56-32
Statesville	W	73-45
South Iredell	W	83-54
Statesville	W	72-54
North Mecklenburg	L	55-65
West Iredell	W	109-44
North Lincoln	W	99-45
North Iredell	W	72-41
Mooresville	W	62-56
Alexander Central	W	60-48
South Iredell	W	104-31
West Iredell	W	85-48
Statesville	W	76-68
North Lincoln	W	84-26
North Iredell	W	81-48
Mooresville	W	64-33
North Lincoln	W	90-33
Statesville	W	76-47
Mooresville	W	59-52
Jay M. Robinson	W	74-41
Olympic	W	64-50
Independence	W	86-62
Ardrey Kell	W	45-43
Page	W	61-58