

MEN
CLASS A/AA

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOTPUT	1986	Dean Taylor	Pender	52' 00.00"
	1987	Kerry Hinton	Clayton	50' 10.00"
	1988	Mike Cross	North Rowan	51' 02.00"
	1989	Jeff Stickney	North Stanly	49' 04.50"
	1990	Jeff Stickney	North Stanly	52' 07.50"
	1991	Brad Futrell	Union Pines	50' 11.50"
	1992	Rachon Shirden	Whiteville	47' 09.25"
	1993	Mark Wells	Bunker Hill	50' 09.50"
DISCUS	1986	Derrick Sims	North Rowan	148' 10.00"
	1987	Travis Stephenson	Clayton	155' 07.00"
	1988	Travis Stephenson	Clayton	157' 05.00"
	1989	Brian Shumaker	Bandys	155' 05.00"
	1990	Doug Linen	East Duplin	158' 07.00"
	1991	Marcus Jones	Southwest Onslow	148' 06.00"
	1992	Marcus Jones	Southwest Onslow	161' 05.00"
	1993	Dan Keltner	Farmville Central	166' 06.00"
LONG JUMP	1986	Cliff Etheridge	Hendersonville	25' 00.00"
	1987	Cliff Etheridge	Hendersonville	23' 06.50"
	1988	Tyrone Joyner	Farmville Central	23' 07.50"
	1989	Robert Cunningham	Whiteville	23' 04.00"
	1990	Robert Lee	Clinton	22' 08.00"
	1991	Robert Lee	Clinton	23' 04.00"
	1992	Aaron Roberson	North Pitt	22' 06.50"
	1993	Eric Riddick	Richlands	22' 09.75"
TRIPLE JUMP	1986	Keith Alston	Northwood	46' 07.00"
	1987	Tyrone Joyner	Farmville Central	48' 08.50"
	1988	Tyrone Joyner	Farmville Central	49' 05.50"
	1989	Robert Cunningham	Whiteville	50' 09.25"
	1990	Chris Coleman	Fuquay-Varina	46' 09.25"
	1991	Chris Coleman	Fuquay-Varina	50' 00.00"
	1992	Clinton Branch	Louisburg	45' 07.50"
	1993	Eric Riddick	Richlands	48' 09.75"
HIGH JUMP	1986	Carl Pickens	Murphy	6' 10.00"
	1987	Carl Pickens	Murphy	6' 08.00"
	1988	Carl Pickens	Murphy	6' 06.00"
	1989	Andre Irving	Thomasville	6' 08.00"
	1990	Travis Banks	Clinton	6' 09.00"
	1991	Travis Banks	Clinton	6' 08.00"
	1992	Nate Frink	West Columbus	6' 08.00"
	1993	Odell Benders	East Carteret	6' 10.25"
3200 METER RELAY	1986			
	1987			
	1988		North Rowan	8: 06.93
	1989		Albemarle	8: 11.90
	1990		Southwestern Randolph	8: 21.40
	1991		Monroe	8: 10.89
	1992		Monroe	8: 08.56
	1993		Murphy	8: 17.41
110 METER HIGH HURDLES	1986	Grover Hill	Hendersonville	14.75
	1987	Kevin Stephenson	Southwest Guilford	14.74
	1988	Mike Stinson	North Rowan	14.72
	1989	Teddy Sherrod	Fuquay-Varina	14.90
	1990	William Robinson	Newton- Conover	14.79
	1991	Marvin Washington	East Bladen	14.86
	1992	Adil Diggs	Thomasville	14.95
	1993	Terry Corey	Warren County	14.84

100 METER DASH	1986	Keith Collins	Southwest Onslow	10.94
	1987	Walter Jones	Roanoke Rapids	10.70
	1988	Jemal Jones	White Oak	10.96
	1989	Reginald Atkinson	Greene Central	11.12
	1990	Robert Carelock	Monroe	11.02
	1991	Travis Banks	Clinton	10.81
	1992	Kevin Lotharp	Forest Hills	10.99
	1993	L.C. Stevens	Clinton	11.06
800 METER RUN	1986	Allen McDevitt	Surry Central	1: 59.20
	1987	Allen McDevitt	Surry Central	1: 55.91
	1988	Greg Taylor	Swain County	1: 54.30
	1989	Jeff Gallagher	Hendersonville	1: 56.56
	1990	Jason Lawrence	Surry Central	1: 59.19
	1991	Jason Lawrence	Surry Central	1: 58.46
	1992	Matthew Allen	Monroe	1: 56.71
	1993	Brad Briggs	West Davidson	1: 57.04
1600 METER RUN	1986	John High	Zebulon	4: 30.23
	1987	Donald Jenkins	Salisbury	4: 27.33
	1988	Mark Birens	Monroe	4: 24.65
	1989	John Cuthrell	Roanoke Rapids	4: 25.93
	1990	Lemuel Anderson	Manteo	4: 28.17
	1991	Jason Lawrence	Surry Central	4: 26.10
	1992	Jon Weldon	Thomasville	4: 27.92
	1993	Jon Weldon	Thomasville	4: 21.95
200 METER DASH	1986	Richard Wright	St. Pauls	22.20
	1987	Roosevelt Colson	Whiteville	21.87
	1988	Adam Boyd	Salisbury	22.02
	1989	Andre Steele	Salisbury	21.91
	1990	Robert Carelock	Monroe	21.99
	1991	Mike Dowby	East Montgomery	22.11
	1992	Kevin Lotharp	Forest Hills	21.95
	1993	Kevin Lotharp	Forest Hills	22.21
400 METER DASH	1986	Jemal Jones	White Oak	49.00
	1987	Walter Jones	Roanoke Rapids	49.04
	1988	Andre Steele	Salisbury	48.28
	1989	Andre Steele	Salisbury	47.41
	1990	Jeremiah Williams	Clinton	49.16
	1991	Preston Thomas	Northwood	48.95
	1992	Preston Thomas	Northwood	48.78
	1993	Bruce Smith	Weldon	49.19
300 METER INT. HURDLES	1986	Harvey Archy	North Rowan	39.95
	1987	Harvey Archy	North Rowan	39.30
	1988	Brian Payne	Thomasville	39.05
	1989	Jeffrey Waters	East Duplin	38.77
	1990	Robert Flythe	South Brunswick	38.58
	1991	Maurice Perry	Northwood	38.79
	1992	Adil Diggs	Thomasville	39.92
	1993	Keenan Parks	Ayden-Grifton	38.99
800 METER RELAY	1986		Hendersonville	1: 30.04
	1987		North Rowan	1: 28.82
	1988		North Rowan	1: 29.80
	1989		Lexington	1: 28.58
	1990		Clinton	1: 28.71
	1991		Monroe	1: 29.64
	1992		Forest Hills	1: 30.36
	1993		Ayden-Grifton	1: 29.42
3200 METER RUN	1986	Colin Smith	West Brunswick	9: 53.20
	1987	John Kaneer	Bunker Hill	9: 49.56
	1988	John Kaneer	Bunker Hill	9: 44.56
	1989	Chad Daniels	Clayton	9: 45.33
	1990	Mike Helms	West Stanly	9: 43.32
	1991	Jon Weldon	Thomasville	9: 50.85
	1992	Jon Weldon	Thomasville	9: 44.99
	1993	Tommy Trehern	Swain County	9: 35.10

400 METER RELAY	1986		Whiteville	43.01
	1987		Southwest Guilford	42.95
	1988		Fuquay-Varina	42.87
	1989		Hendersonville	43.18
	1990		Monroe	43.19
	1991		Forest Hills	43.17
	1992		Whiteville	43.50
	1993		Ayden-Grifton	43.24
1600 METER RELAY	1986		Hendersonville	3: 24.14
	1987		North Rowan	3: 21.43
	1988		Salisbury	3: 22.44
	1989		Salisbury	3: 21.57
	1990		Monroe	3: 23.32
	1991		Monroe	3: 25.38
	1992		Monroe	3: 23.38
	1993		Hendersonville	3: 25.45
POLE VAULT	1986	Phillipe Williams	Salisbury	13' 06.00"
	1987	Maxwell Thompson	Hendersonville	13' 06.00"
	1988	Maxwell Thompson	Hendersonville	14' 00.00"
	1989	Nathan Pardo	West Wilkes	13' 07.50"
	1990	Josh Harrell	Northwood	13' 06.00"
	1991	Reggie Pickett	East Duplin	12' 00.00"
	1992	Cameron McIver	Fuquay-Varina	13' 06.00"
	1993	Adrian Pitts	Manteo	12' 06.00"

A/AA CLASS DIVIDED TO FORM SEPARATE CLASSES

**MEN
CLASS A**

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOTPUT	1994	Kareem Ellis	Southwest Onslow	46' 02.25"
	1995	Kareem Ellis	Southwest Onslow	51' 10.00"
	1996	Clayton Vaden	North Stokes	48' 04.50"
	1997	Larry Simmons	North Stokes	49' 09.25"
	1998	Tarell Clark	North Brunswick	50' 10.00"
	1999	Ronald Pou	Williamston	52' 02.50"
	2000	Patrick Wright	Louisburg	51' 09.00"
	2001	Bob Cooke	Rosewood	51' 09.25"
	2002	T.A. McLendon	Albemarle	51' 02.75"
	2003	Darren Cannon	Farmville Central	51' 07.50"
	2004	Anthony Bryant	North	49' 01.75"
	2005	Torrey Prayer	Farmville Central	60'10.25"
	2006	Jacob Lane	South Stokes	50'08.75"
	2007	Regis Bittle	Polk County	52'03.25"
	2008	Regis Bittle	Polk County	54'04.00"
	2009	Chris Miller	Wallace-Rose Hill	47'00.50"
	2010	Chris Miller	Wallace-Rose Hill	50'06.25"
	2011	Garland Archie	North Rowan	49'09.50"
	2012	Devonte Lloyd	North Edgecombe	49'01.25"
	2013	Wesley Porter	Heide Trask	51'03.75"
DISCUS	1994	Steve Whitt	Surry Central	148' 09.00"
	1995	Dominique Hill	Pamlico	138' 02.75"
	1996	Clayton Vaden	North Stokes	139' 05.75"
	1997	Reggie Ingram	East Montgomery	146' 05.00"
	1998	Tarell Clark	North Brunswick	142' 00.00"
	1999	Nicky McNeil	North Brunswick	138' 03.50"
	2000	Nick Cowell	Camden	141' 09.25"
	2001	Nick Cowell	Camden	141' 09.25"
	2002	Andrea Wooten	Farmville Central	141' 00.50"
	2003	Robert Brady	Farmville Central	139' 00.07"
	2004	Robert Brady	Farmville Central	157' 03.00"
	2005	John Ferguson	South Stokes	139' 04.00"
	2006	David Walker	Hendersonville	141' 00.00"
	2007	Ahmad Garrison	Topsail	159'06.00"
	2008	Rashad Gray	South Stokes	150'04.00"
	2009	Dominique Drake	West Montgomery	144'01.00"
	2010	Connor Hansen	Heide Trask	137'07.00"
	2011	Garland Archie	North Rowan	144'07.00"
	2012	Wyatt Grillo	Chatham Central	152'03.00"
	2013	Joshua Smith	Heide Trask	147'01.00"
LONG JUMP	1994	Eric Riddick	Richlands	23' 04.00"
	1995	Brandon Prevette	West Davidson	22' 04.25"
	1996	Brandon Prevette	West Davidson	22' 01.30"
	1997	Brian Waters	Southwest Onslow	22' 00.00"
	1998	Steve Enoch	Cummings	23' 04.00"
	1999	Steve Enoch	Cummings	23' 05.50"
	2000	Alex Midgette	Pamlico	22' 08.25"
	2001	Robert Tillman	South Robeson	22' 04.50"
	2002	Darius Scott	Albemarle	23' 02.00"
	2003	Marcus Vance	Hendersonville	23' 00.50"
	2004	Philip Hardman	Heide Trask	22' 09.50"
	2005	James Simmons	North Stokes	22' 01.50"
	2006	Jeremiah Marable	Southside	23' 00.50"
	2007	Corey Wilkerson	Jordan-Matthews	22'06.00"
	2008	Travis Leggett	West Columbus	21'08.25"
	2009	DJ McLendon	Thomasville	22'04.00"
	2010	Issac Blakeney	Monroe	22'09.50"
	2011	Johnny Oglesby	North Rowan	21'11.50"
	2012	Johnny Oglesby	North Rowan	22'06.00"
	2013	Ricky Ratliff	East Columbus	23'06.00"
TRIPLE JUMP	1994	Eric Riddick	Richlands	47' 02.50"
	1995	Curtis Coffield	Williamston	45' 09.00"
	1996	Ron Bailey	Lejeune	44 '03.00"

1997	Brian Waters	Southwest Onslow	44' 02.25"
1998	Steve Enoch	Cummings	46' 05.00"
1999	Stevie Enoch	Cummings	48' 10.50"
2000	Antonio King	Cummings	45' 11.25"
2001	Mike Hinton	Cummings	45' 01.00"
2002	Terrell Hayes	Wallace-Rose	44' 06.50"
2003	Calvin Small	Lejune	45' 10.00"
2004	Harry Boney	North	43' 10.00"
2005	James Simmons	North Stokes	46' 03.75"
2006	Emmanuel Davis	Manteo	44'03.75"
2007	Gerell Bogle	Princeton	45'01.25"
2008	T.J. Wilson	Princeton	44'02.00"
2009	T.J. Wilson	Princeton	46'09.00"
2010	Issac Blakeney	Monroe	49'02.00"
2011	Samuel Starks	North Rowan	45'04.00"
2012	Joktan Moore	Mt. Airy	45'03.50"
2013	Corey Valentine	Mt. Airy	44'09.00"

HIGH JUMP

1994	Milton Landers	Hayesville	6' 04.00"
1995	Tony Cooper	West Davidson	6' 04.00"
1996	Dwayne Berry	Richlands	6' 02.00"
1997	Rashad Johnson	North Moore	6' 04.00"
1998	Warren Neely	Thomasville	6' 07.00"
1999	Antwan Neeley	Thomasville	6' 08.00"
2000	Larry Perry	Bunn	6' 04.00"
2001	Marcus Poteat	Graham	6' 06.00"
2002	Dakota Dunn	East Montgomery	6' 08.00"
2003	Dakota Dunn	East Montgomery	7' 00.00"
2004	Dakota Dunn	East Montgomery	6' 08.00"
2005	Clint McNeilly	Robbinsville	6'02.00"
2006	Dewayne Ashburn	South Stokes	6'06.00"
2007	Kurtis Hackney	Pamlico	6'06.00"
2008	Quinton Lindsey	Thomasville	6'06.00"
2009	Justin Collier	Mount Airy	6'04.00"
2010	Jurious Johnson	Winston-Salem Prep	6'04.00"
2011	Grant Rivers	Hendersonville	6'04.00"
2012	Grant Rivers	Hendersonville	6'06.00"
2013	Samuel Allen	West Wilkes	6'08.00"

POLE VAULT

1994	Bradley Hicks	North Stokes	14' 00.00"
1995	Torry Nergart	North Stokes	12' 00.00"
1996	Justin Scott	Lejeune	12' 06.00"
1997	Tony Nergart	North Stokes	13' 00.00"
1998	Randy Sutton	Graham	11' 06.00"
1999	Jonathan Walter	South Stanly	12' 06.00"
2000	Bryan Lashley	Starmount	12' 06.00"
2001	Terry Watson	North Stokes	14' 03.75"
2002	Terry Watson	North Stokes	14' 06.00"
2003	Austin Patterson	South Stanly	14' 03.00"
2004	Austin Patterson	South Stanly	14' 00.00"
2005	Caleb Benton	Hendersonville	13'06.00"
2006	Jonathon Arthur	North Johnston	14'03.00"
2007	Josh Wilmoth	North Stokes	12'00.00"
2008	Landon Hunt	Swain County	13'00.00"
2009	Sean Nickell	North Stokes	13'00.00"
2010	Landon Hunt	Robbinsville	15'00.00"
2011	Eric DeOliviera	Pamlico	13'06.00"
2012	Eric DeOliviera	Pamlico	13'00.00"
2013	Matt Layne	West Wilkes	14'00.00"

3200 METER RELAY

1994	Murphy	8:17.98
1995	Murphy	8:28.94
1996	Surry Central	8:27.51
1997	Southwest Onslow	8:34.85
1998	Murphy	8:33.05
1999	Hendersonville	8:28.30
2000	Swain County	8:30.30
2001	South Davidson	8:22.51
2002	Surry Central	8:22.71
2003	Hayesville	8:58.04
2004	Surry Central	8:21.94
2005	Murphy	8:38.24
2006	South Stokes	8:36.43

	2007		NC Science & Math	8:23.25
	2008		East Wilkes	8:11.61
	2009		Hendersonville	8:09.33
	2010		Hendersonville	8:19.12
	2011		NCSSM	8:13.37
	2012		NCSSM	8:16.90
	2013		NCSSM	8:14.93
110 METER HIGH HURDLES	1994	Seth Adams	Robbinsville	15.57
	1995	Chris Bennett	Lakewood	15.57
	1996	Omar Perkins	Williamston	15.61
	1997	Warren Evans	North Brunswick	15.32
	1998	Jason Mobley	Williamston	14.84
	1999	Harold Andrews	North Brunswick	15.28
	2000	Antonio King	Cummings	14.59
	2001	Mike Hinton	Cummings	14.88
	2002	Al Rush	South Stanley	14.32
	2003	Ty Gibbs	Robbinsville	14.62
	2004	Frankie Adams	Union	15.92
	2005	J. Cox	Starmount	15.71
	2006	Eric Thomas	South Stanley	15.18
	2007	Brandon Thurman	Midway	14.74
	2008	Brandon Thurman	Midway	14.32
	2009	David Lindsay	Winston-Salem Prep	14.24
	2010	T.J. Wilson	Princeton	14.39
	2011	Johnny Oglesby	North Rowan	14.62
	2012	Johnny Oglesby	North Rowan	14.40
	2013	Sterling Jones	Winston-Salem Prep	14.74
100 METER DASH	1994	Turell Little	East Montgomery	10.85
	1995	Turell Little	East Montgomery	11.02
	1996	Miguel Ellis	Red Springs	11.29
	1997	Rashawn Brown	South Robeson	11.13
	1998	KJ Stone	Graham	10.89
	1999	B.J. Jessup	Elkin	10.93
	2000	Frederick Fisher	Pamlico	10.98
	2001	Chad Jordan	Perquimans	10.97
	2002	Trevan Davis	Thomasville	10.80
	2003	Jimmy Russell	Hendersonville	11.01
	2004	John Carr	Wallace-Rose Hill	10.91
	2005	John Carr	Wallace-Rose Hill	11.07
	2006	Antoinne McNeil	East Carteret	11.16
	2007	Corey Wilkerson	Jordan-Matthews	10.89
	2008	Corey Wilkerson	Jordan-Matthews	10.71
	2009	Kadeem Harmon	Winston-Salem Prep	11.03
	2010	Herbert Robinson	West Montgomery	10.97
	2011	Freddie Parker	Albemarle	10.84
	2012	Brandon Little	Monroe	10.91
	2013	Trentavis Friday	Cherryville	10.48
800 METER RUN	1994	Shane Hull	Surry Central	2: 02.85
	1995	Jason Hartness	Murphy	2: 02.98
	1996	Brad Schafer	Murphy	2: 03.90
	1997	Terry Speller	Williamston	2: 01.88
	1998	Evan Rives	West Davidson	2: 00.74
	1999	Evan Rives	West Davidson	2: 00.49
	2000	Mathew Gibby	West Davidson	1: 57.81
	2001	Mathew Gibby	West Davidson	1: 55.23
	2002	Mathew Gibby	West Davidson	2: 01.40
	2003	Dustin Carlson	Swain County	2: 01.44
	2004	Mark DeWeese	Murphy	1:59.19
	2005	Mark DeWeese	Murphy	2:01.26
	2006	Sam Brison	South Stokes	2:00.83
	2007	Philip Curley	NC Science & Math	1:57.57
	2008	John Wolfe	Polk County	1:58.46
	2009	John Wolfe	Polk County	1:55.50
	2010	Matus Kriska	Mt. Airy	1:59.40
	2011	Chris Hack	Lake Norman Charter	1:59.83
	2012	Zach Millsaps	Elkin	1:58.94
	2013	Elijah Inuwa	Central Academy	1:58.75
3200 METER RUN	1994	Patrick Edwards	Surry Central	9: 58.41
	1995	Mike Perry	Lejeune	10: 03.00

	1996	Jody Mitchell	Surry Central	10: 06.76
	1997	Erik Perkins	Swain	10: 15.54
	1998	Matt McRae	Murphy	10: 08.13
	1999	D.J.Dore	Durham Magnet	10: 08.04
	2000	Erik Perkins	Swain County	10: 16.22
	2001	Clarence Kinley	South Davidson	10: 13.77
	2002	Chris Hiatt	Surry Central	9:58.40
	2003	Adam Stanley	Surry Central	10:06.55
	2004	Miguel Ocampo	Surry Central	10:19.61
	2005	Miguel Ocampo	Surry Central	9:59.49
	2006	Sam Brison	South Stokes	10:18.64
	2007	Philip Curley	NC Science & Math	10:21.05
	2008	Matus Kriska	Mount Airy	10:07.21
	2009	Matus Kriska	Mount Airy	9:57.64
	2010	Dalton Wally	Gray Stone Day	10:17.71
	2011	Bobby Baraldi	NCSSM	10:02.31
	2012	Levi Rolles	NCSSM	9:53.87
	2013	Zach Boone	Mitchell	10:08.15
200 METER DASH				
	1994	Saleem Lopez	Roanoke	22.08
	1995	Turell Little	East Montgomery	22.70
	1996	Derek Stiles	Camden	22.80
	1997	Brian Waters	Southwest Onslow	22.80
	1998	Seneca Rogers	Cummings	22.75
	1999	B.J.Jessup	Elkin	22.57
	2000	Frederick Fisher	Pamlico	22.25
	2001	Chad Jordan	Perquimans	22.46
	2002	Trevan Davis	Thomasville	22.39
	2003	Jimmy Russell	Hendersonville	22.17
	2004	Brandon Small	Lejeune	22.56
	2005	John Carr	Wallace-Rose	22.72
	2006	Antoinne McNeil	East Carteret	21.72
	2007	Lamar Whidbee	Perquimins	22.20
	2008	Corey Wilkerson	Jordan-Mattews	22.02
	2009	Thomas Fryar	Jones	21.90
	2010	CJ Brinson	Winston-Salem Prep	22.23
	2011	Herbert Robinson	West Montgomery	22.03
	2012	Jaquil Capel	West Montgomery	22.03
	2013	Trentavis Friday	Cherryville	21.71
400 METER DASH				
	1994	Bree Smith	Weldon	49.13
	1995	Aswad Credle	Pamlico	50.99
	1996	Jared Maliska	Hayesville	50.80
	1997	Jared Maliska	Hayesville	50.22
	1998	Seneca Rogers	Cummings	50.31
	1999	Dontae Morgan	Cummings	50.16
	2000	Gwyhan Parker	Red Springs	50.56
	2001	Deronte Polite	Pamlico	50.32
	2002	Mathew Gibby	West Davidson	48.67
	2003	Blair Jonston	Albermarle	51.03
	2004	Philip Hardman	Heide Trask	49.55
	2005	Drew McManus	Albemarle	51.51
	2006	Lindsay Hunt	Swain	50.74
	2007	Raphael Nixon	Heide Trask	49.89
	2008	Jarvis Murphy	Ayden-Grifton	50.48
	2009	Darryl Demps	Hendersonville	49.24
	2010	Aaron Tribble	Highlands Tech	48.40
	2011	Marty DeFrancesco Jr.	Bishop McGuinness	49.38
	2012	Trentarious Friday	Cherryville	48.12
	2013	Trentavis Friday	Cherryville	48.00
300 METER INT HURDLES				
	1994	Seth Adams	Robbinsville	39.82
	1995	Andre Bruinton	Richlands	41.07
	1996	Darren Shuff	North Stokes	40.92
	1997	Warren Evans	North Brunswick	40.17
	1998	Antonio King	Cummings	39.22
	1999	Mike Hinton	Cummings	41.11
	2000	Antonio King	Cummings	38.81
	2001	Mike Hinton	Cummings	38.75
	2002	Al Rush	South Stanley	38.80
	2003	Ty Gibbs	Robbinsville	39.87
	2004	Frankie Adams	Union	41.68
	2005	Michael Townsend	South Stokes	40.93

	2006	Michael Washington	Dixon	40.24
	2007	Darius Little	Thomasville	38.85
	2008	T.J. Wilson	Princeton	38.86
	2009	Trey Jones	Robbinsville	38.94
	2010	T.J. Wilson	Princeton	38.58
	2011	Johnny Oglesby	North Rowan	38.71
	2012	Johnny Oglesby	North Rowan	39.08
	2013	Ethan Bischof	Heide Trask	39.82
800 METER RELAY	1994		Weldon	1: 32.32
	1995		Richlands	1: 33.17
	1996		Camden	1: 32.07
	1997		South Robeson	1: 32.39
	1998		Cummings	1: 30.19
	1999		Cummings	1: 31.29
	2000		Pamlico	1: 30.95
	2001		Pamlico	1: 31.72
	2002		Thomasville	1: 29.25
	2003		Williamston	1: 31.03
	2004		Heide Trask	1:30.06
	2005		North Brunswick	1:29.77
	2006		Jordan-Matthews	1:28.32
	2007		Jordan-Matthews	1:28.11
	2008		Hendersonville	1:30.27
	2009		Hendersonville	1:28.10
	2010		Hendersonville	1:29.64
	2011		West Montgomery	1:29.79
	2012		Monroe	1:28.65
	2013		Monroe	1:29.67
1600 METER RUN	1994	Shane Hull	Surry Central	4: 30.28
	1995	Mike Perry	Lejeune	4: 30.60
	1996	Lee Marrow	South Davidson	4: 34.38
	1997	Alan Marion	Surry Central	4: 36.97
	1998	Matt McRae	Murphy	4: 37.30
	1999	D.J.Dore	Durham Magnet	4: 34.20
	2000	Jeffrey Sparks	Tar Heel	4: 40.72
	2001	Casey Xiong	Albemarle	4: 31.93
	2002	Chris Hiatt	Surry Central	4:27.11
	2003	Aaron Frost	Swain County	4:38.06
	2004	Mark DeWeese	Murphy	4:34.18
	2005	Mark DeWeese	Murphy	4:29.14
	2006	Sam Brison	South Stokes	4:34.25
	2007	Philip Curley	NC Science & Math	4:28.65
	2008	John Wolfe	Polk County	4:26.34
	2009	John Wolfe	Polk County	4:26.64
	2010	Matus Kriska	Mount Airy	4:33.89
	2011	Matus Kriska	Mount Airy	4:24.55
	2012	Levi Rolles	NCSSM	4:25.34
	2013	Zach Boone	Mitchell	4:31.22
400 METER RELAY	1994		Williamston	45.12
	1995		Lejeune	44.32
	1996		Williamston	44.70
	1997		South Robeson	43.52
	1998		Midway	44.01
	1999		Pamlico	41.19
	2000		Pamlico	42.44
	2001		Thomasville	43.00
	2002		Thomasville	42.52
	2003		South Stanly	43.99
	2004		Heide Trask	43.03
	2005		Southside	42.87
	2006		Jordan-Matthews	42.41
	2007		Jordan-Matthews	41.68
	2008		Union	43.51
	2009		Winston-Salem Prep	43.05
	2010		Monroe	43.30
	2011		North Rowan	43.16
	2012		Monroe	43.76
	2013		Union	43.13
1600 METER RELAY	1994		Williamston	3: 34.54

1995	Williamston	3: 34.27
1996	Hayesville	3: 33.11
1997	Camden	3: 34.47
1998	Cummings	3: 26.83
1999	Red Springs	3: 30.34
2000	Pamlico	3: 27.72
2001	West Davidson	3: 31.72
2002	Camden High	3: 30.41
2003	Southside	3: 33.14
2004	Rosewood	3:35.28
2005	Robbinsville	3:30.87
2006	Trask	3:33.43
2007	Dixon	3:27.11
2008	Hendersonville	3:24.50
2009	Hendersonville	3:20.42
2010	Murphy	3:27.05
2011	Swain County	3:29.06
2012	Monroe	3:26.05
2013	Monroe	3:28.97

**MEN
CLASS AA**

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOTPUT	1994	Mike Long	North Rowan	54' 05.50"
	1995	Mike Long	North Rowan	54' 10.00"
	1996	Jason Green	South Columbus	51' 00.50"
	1997	Curley Miles	Ledford	51' 05.00"
	1998	Milton Briscoe	Shelby	52' 08.25"
	1999	J.T. Elliot	Holmes	51' 05.25"
	2000	Brandon Williams	Mountain Heritage	48' 01.50"
	2001	Jason Brown	Northern Vance	54' 02.00"
	2002	Marque Hall	Forest Hills	52' 09.50"
	2003	Kenny Brown	North Rowan	53' 10.50"
	2004	Marque Hall	Forest Hills	51' 11.25"
	2005	Trenell Mosely	East Rutherford	51' 09.00"
	2006	Anthony Bryant	North Brunswick	57'08.75"
	2007	Adrian Little	Farmville Central	56'02.50"
	2008	Josh Balloon	North Brunswick	57'00.75"
	2009	Kenneth Rowland	Northside	58'07.00"
	2010	Jacob Geary	Cedar Ridge	56'00.00"
	2011	Adam Manns	Draughn	52'05.25"
	2012	Adam Manns	Draughn	56'01.25"
DISCUS	1994	Donald Tolley	Clayton	142' 11.00"
	1995	Jeff Chambers	North Rowan	152' 05.00"
	1996	Zac Cohen	West Rowan	172' 07.00"
	1997	Jeff Chambers	North Rowan	149' 06.00"
	1998	Joseph Moore	Reidsville	159' 10.00"
	1999	Jason Brown	Northern Vance	149' 07.00"
	2000	Jason Brown	Northern Vance	149' 10.00"
	2001	Jason Stepp	North Henderson	157' 08.00"
	2002	David Bowes	Graham	159' 10.00"
	2003	Marque Hall	Forest Hills	150' 01.00"
	2004	Ashkan Bashardoost	Western	160' 01.00"
	2005	Dexter Epps	Bunn	155' 04.00"
	2006	Corei Plummer	Southern Vance	166'06.00"
	2007	Cornelius Watkins	Swansboro	156'07.00"
	2008	Cornelius Watkins	Swansboro	168'06.00"
	2009	Andrew Byrd	Orange	181'01.00"
	2010	Marcus Johnson	Tarboro	159'08.00"
	2011	Adam Manns	Draughn	167'00.00"
	2012	Adam Manns	Draughn	160'08.00"
LONG JUMP	1994	Quincy Foster	Hendersonville	23' 03.25"
	1995	Kalunta Harris	Ayden-Grifton	22' 11.25"
	1996	Greg Yeldell	North Rowan	23' 06.00"
	1997	Greg Yeldell	North Rowan	23' 08.25"
	1998	Greg Yeldell	North Rowan	23' 02.00"
	1999	Alvin Gibson	Newton-Conover	22' 03.50"
	2000	James Smith	South Columbus	22' 11.00"
	2001	Derrek Bryant	High Point Central	22' 03.00"
	2002	Robert Tillman	South Roberson	23' 05.00"

	2003	Robert Tillman	South Roberson	24' 04.00"
	2004	Brandon Cathcart	Salisbury	24' 02.50"
	2005	Brandon Cathcart	Salisbury	23' 05.00"
	2006	Thomas Huntley	East Lincoln	22'04.00"
	2007	Tyreck Mcfadden	East Duplin	21'11.50"
	2008	Tyreck Mcfadden	East Duplin	21'03.75"
	2009	Antonio McCelland	Starmount	22'09.50"
	2010	Antonio McCelland	Starmount	22'07.00"
	2011	Camron Hudson	Berry Academy	22'05.00"
	2012	A.J. Alston	Roanoke Rapids	22'04.50"
TRIPLE JUMP	1994	Darron Frazier	East Carteret	48' 05.50"
	1995	Greg Yeldell	North Rowan	47' 08.50"
	1996	Greg Yeldell	North Rowan	48' 11.75"
	1997	Greg Yeldell	North Rowan	48' 10.00"
	1998	Greg Yeldell	North Rowan	50' 02.50"
	1999	Darnell Tillman	North Rowan	45' 04.50"
	2000	B.J. Clemons	Newton-Conover	44' 07.00"
	2001	Derrek Bryant	High Point Central	46' 04.00"
	2002	Derek Pratt	TW Andrews	46' 04.00"
	2003	Terry Wood	North Rowan	47' 04.00"
	2004	Andre Tillman	North Rowan	48' 08.00"
	2005	Brandon Cathcart	Salisbury	47'09.00"
	2006	Thomas Huntley	East Lincoln	44'06.00"
	2007	Darius Cox	Monroe	44'08.00"
	2008	Issac Blakeney	Monroe	45'06.50"
	2009	Issac Blakeney	Monroe	48'04.50"
	2010	Antonio McCelland	Starmount	46'04.00"
	2011	Xavier Hogs	Durham School of Arts	45'10.50"
	2012	Xavier Hogs	Durham School of Arts	44'09.75"
HIGH JUMP	1994	Odell Benders	East Carteret	6' 06.00"
	1995	Dwaine Carpenter	West Montgomery	6' 04.00"
	1996	James Farrior	James Kenan	6' 08.00"
	1997	Jermichael Watts	Bunker Hill	6' 06.00"
	1998	Gabrial Striblin	Southwestern Randolph	6' 04.00"
	1999	Tony Henderson	Warren County	6' 06.00"
	2000	Tony Henderson	Warren County	6' 08.00"
	2001	Shawn Williams	South Columbus	6' 06.00"
	2002	Marcus Poteat	Graham	6' 10.00"
	2003	Daniel Smith	North Henderson	6' 06.00"
	2004	Oneal Chestnut	Chase	6' 10.00"
	2005	Demarcus Stallings	North Rowan	6' 08.00"
	2006	Thomas Huntley	East Lincoln	6'06.00"
	2007	Jarvis Craig	Monroe	6'02.00"
	2008	Centrail Williamson	Bunker Hill	6'06.00"
	2009	Spenser Sydney	East Lincoln	6'08.00"
	2010	Tanner Anderson	East Burke	7'02.50"
	2011	Will Thomas	Topsail	6'06.00"
	2012	Will Thomas	Topsail	6'08.00"
POLE VAULT	1994	Adrian Pitts	Manteo	13' 00.00"
	1995	Tim Thomas	North Henderson	13' 06.00"
	1996	Tim Thomas	North Henderson	14' 09.00"
	1997	Galen Foreman	Hendersonville	12' 06.00"
	1998	Brian Pierce	Tarboro	14' 00.00"
	1999	Brian Pierce	Tarboro	14' 10.00"
	2000	Brandon Clark	Mount Pleasant	14' 06.00"
	2001	Jacob Twisdale	Northern Vance	14' 06.00"
	2002	Ben Pierson	North Henderson	14' 06.00"
	2003	Kyle Lingafelt	Mt Pleasant	14' 07.00"
	2004	Colton Weaver	North	15' 00.00"
	2005	Louis Butler	T.W. Andrews	13' 00.00"
	2006	Wesley Garren	East Henderson	14'01.00"
	2007	Landon Patterson	Mount Pleasant	14'06.00"
	2008	Josey Weaver	Madison	13'06.00"
	2009	Tyler Samotis	East Henderson	14'00.00"
	2010	Alex Lomax	Maiden	14'00.00"
	2011	Alex Lomax	Maiden	14'00.00"
	2012	Ethan Smith	Cedar Ridge	15'03.00"
3200 METER RELAY	1994		North Rowan	8:15.22
	1995		Northside	8:08.38

1996	Clayton	8:25.89
1997	Charles D. Owen	8:06.52
1998	Charles D. Owen	8:18.98
1999	Charles D. Owen	8:20.59
2000	Lincolnton	8:10.41
2001	North Henderson	8:14.70
2002	North Henderson	8:19.66
2003	North Henderson	8:09.26
2004	Reidsville	8:14.93
2005	Reidsville	8:09.07
2006	Reidsville	8:02.09
2007	Cardinal Gibbons	8:04.63
2008	Brevard	8:14.80
2009	Brevard	8:11.46
2010	Berry Academy	8:14.78
2011	Berry Academy	8:06.85
2012	Beddingfield	8:09.97

110 METER HIGH HURDLES

1994	Robert Steele	North Rowan	14.74
1995	Robert Steele	North Rowan	14.50
1996	Ezit Bennett	North Stanly	15.01
1997	Jermichael Watts	Bunker Hill	14.86
1998	John Whiteside	Brevard	14.49
1999	Chris Douglas	Bandys	14.18
2000	Jonathan Bell	Tarboro	14.89
2001	Junior Bailey	Lincolnton	14.66
2002	James Bailey	Lincolnton	14.31
2003	Antwan Graves	Western Guilford	14.62
2004	Damien Burton	Cummings	14.63
2005	Damien Burton	Cummings	14.44
2006	Frankie Waters	Brevard	14.65
2007	John Bostick	North Rowan	14.11
2008	John Bostick	North Rowan	14.10
2009	Jonathan Watlington	Cummings	15.23
2010	Kendrick Smith	North Pit	14.39
2011	Todd Gurley	Tarboro	14.13
2012	Isaiah Moore	Cummings	14.33

100 METER DASH

1994	Marcus Gladden	North Rowan	10.72
1995	Bennie Geter	North Rowan	10.76
1996	Desmond Adams	Salisbury	11.04
1997	Maurice Goode	Warren County	10.90
1998	Jason Green	North Henderson	10.80
1999	Jason Green	North Henderson	10.86
2000	Chuckie Reed	High Point Central	10.68
2001	Michael Cunningham	Parkwood	10.97
2002	Tony Leath	Eastern Guilford	10.88
2003	Keith Chatman	Bandys	10.87
2004	Willie Perry	West Caldwell	10.80
2005	Willie Perry	West Caldwell	10.66
2006	Phillip Bush	North Rowan	10.71
2007	Phillip Bush	North Rowan	10.84
2008	Tobias Palmer	Northwood	10.58
2009	Romar Morris	Salisbury	10.80
2010	Romar Morris	Salisbury	10.54
2011	Kedrick Davis	Berry Academy	10.47
2012	Tevin Hester	Granville Central	10.56

800 METER RUN

1994	Jason Taylor	West Wilkes	1:58.23
1995	Jimmy Phillips	East Henderson	1:59.56
1996	Jimmy Phillips	East Henderson	1:57.01
1997	Aaron Keller	North Henderson	2:00.83
1998	Sean Barnett	Southwest Onslow	1:59.15
1999	Robbie Weast	North Henderson	2:00.00
2000	Amiean Kelly	Surry Central	1:59.04
2001	Aaron Grant	North Henderson	1:59.97
2002	Bryan Burney	Eastern Alamance	1:54.68
2003	Aaron Grant	North Henderson	1:56.38
2004	Aaron Mabry	Pisgah	1:56.97
2005	Weston Lawler	First Flight	1:56.48
2006	Drew Tucker	West Stokes	1:52.73
2007	Drew Tucker	West Stokes	1:54.21

	2008	John Schilkowsky	Patton, R. L.	1:57.28
	2009	John Schilkowsky	Patton, R.L.	1:54.04
	2010	Aaron Combs	Starmount	1:53.40
	2011	Michael Jushchuk	Carrboro	1:59.72
	2012	Cannon Heath	South Lenoir	1:56.50
3200 METER RUN	1994	Jon Weldon	Thomasville	9:27.32
	1995	Daniel Poole	West Stanly	9:47.51
	1996	Aaron Keller	North Henderson	9:35.42
	1997	Shiloh Mielke	North Henderson	9:57.43
	1998	Shiloh Mielke	North Henderson	10:04.25
	1999	Shiloh Mielke	North Henderson	9:47.50
	2000	John Henderson	North Henderson	9:54.66
	2001	John Henderson	North Henderson	9:55.59
	2002	Adam Lindsay	Reidsville	9:58.47
	2003	Will Ricks	Roanoke Rapids	9:54.96
	2004	Brandon Pung	C.D. Owen	9:35.56
	2005	Brandon Pung	C.D. Owen	9:39.52
	2006	Brad Popple	East Lincoln	9:45.70
	2007	Sean Sewell	Cardinal Gibbons	9:25.83
	2008	Josey Weaver	Madison	9:58.49
	2009	Chase Miller	Wilkes Central	9:58.68
	2010	Chase Miller	Wilkes Central	10:04.00
	2011	Travis Alfaro	Lincolnton	9:51.10
	2012	Corbin Boyles	Maiden	9:45.18
200 METER DASH	1994	Keith Marrow	Ayden-Grifton	21.69
	1995	Bennie Geter	North Rowan	22.02
	1996	Bennie Geter	North Rowan	21.88
	1997	Jontae Snipes	Eastern Alamance	22.11
	1998	Billy Blackstock	Reidsville	21.82
	1999	Jason Green	North Henderson	22.49
	2000	Emmanuel Carr	Wallace-Rose Hill	22.06
	2001	Emmanuel Carr	Wallace-Rose Hill	21.85
	2002	Albert Asbcraft	Monroe	22.11
	2003	Albert Ashcraft	Monroe	21.86
	2004	Willie Perry	West Caldwell	21.89
	2005	Willie Perry	West Caldwell	21.98
	2006	Brandon Ashcraft	Monroe	22.26
	2007	Phillip Bush	North Rowan	21.66
	2008	Jamaal Williams	Southwest Onslow	21.87
	2009	Romar Morris	Salisbury	21.85
	2010	Romar Morris	Salisbury	21.47
	2011	Camron Hudson	Berry Academy	21.33
	2012	Cameron Cooper	Cedar Ridge	21.85
400 METER DASH	1994	Marcus Gladden	North Rowan	48.50
	1995	Michael Miller	East Duplin	48.72
	1996	Saladine Peets	Albemarle	49.90
	1997	Jontae Snipes	Eastern Alamance	49.86
	1998	Billy Blackstock	Reidsville	49.25
	1999	Charlie Drummond	Newton-Conover	51.06
	2000	Charlie Drummond	Newton-Conover	49.71
	2001	Emmanuel Carr	Wallace-Rose Hill	49.65
	2002	Andrew Barber	TW Andrews	48.65
	2003	Bryan Burney	Eastern Alamance	49.15
	2004	Ryan Witherspoon	Monroe	48.86
	2005	Blake Floyd	Croatan	49.81
	2006	Brandon Ashcraft	Monroe	49.53
	2007	LePatrick Currie	St. Pauls	49.69
	2008	William Graves	Southern Guilford	48.29
	2009	Cardin Jones	Carrboro	49.41
	2010	Dyronne Mabry	Atkins	49.56
	2011	Larry Gibson	Berry Academy	49.41
	2012	Marcus McDowell	East Lincoln	48.72
300 METER INT HURDLES	1994	Anthony Marshall	Southeast Guilford	39.90
	1995	Robert Steele	North Rowan	37.71
	1996	Albert Whitaker	Southeast Halifax	39.31
	1997	Randy Marion	Mooreville	39.10
	1998	Mario Williams	North Rowan	38.33
	1999	Chris Douglas	Bandys	38.44

	2000	Antonio Kelly	South Columbus	39.17
	2001	Markes Hardin	Lexington	39.62
	2002	Mike Hinton	Cummings	38.32
	2003	Michael Enzlow	Cummings	38.91
	2004	Andre Tillman	North Rowan	38.55
	2005	Larry Jackson	North Rowan	39.29
	2006	Donte Wooden	Burlington	39.44
	2007	John Bostick	North Rowan	39.18
	2008	Rodney Smith	North Rowan	39.16
	2009	David Shaw	St. Pauls	39.09
	2010	Kewitt Koonce	Kinston	39.13
	2011	Thomas Jones	Cummings	38.80
	2012	Thomas Jones	Cummings	38.26
800 METER RELAY	1994		North Rowan	1:30.04
	1995		North Rowan	1:27.05
	1996		North Rowan	1:28.59
	1997		North Rowan	1:30.23
	1998		Roanoke Rapids	1:29.51
	1999		Northern Vance	1:31:55
	2000		Newton-Conover	1:30.36
	2001		Lexington	1:28.38
	2002		T.W. Andrews	1:29.46
	2003		North Rowan	1:28.88
	2004		North Rowan	1:27.56
	2005		West Caldwell	1:28:59
	2006		Monroe	1:28.61
	2007		Southern Vance	1:29.48
	2008		Shelby	1:29.71
	2009		Shelby	1:29.93
	2010		St. Pauls	1:28.95
	2011		Berry Academy	1:26.14
	2012		Forest Hills	1:28.39
1600 METER RUN	1994	Jon Weldon	Thomasville	4: 19.54
	1995	Bill Jackson	Southeast Guilford	4: 23.83
	1996	Aaron Keller	North Henderson	4: 18.56
	1997	Aaron Keller	North Henderson	4: 25.35
	1998	Allan Marion	Surry Central	4: 27.84
	1999	Shiloh Mielke	North Henderson	4: 30.38
	2000	John Henderson	North Henderson	4: 29.49
	2001	Mark Hoffman	Lincolnton	4: 26.90
	2002	David Blackley	Shelby	4:30.54
	2003	Daniel Slayden	Reidsville	4:31.50
	2004	Richard Bernard	Charlotte	4:26.45
	2005	Alexis Torre	Gray's Creek	4:23.06
	2006	Sean Sewell	Cardinal Gibbons	4:24.58
	2007	Sean Sewell	Cardinal Gibbons	4:17.69
	2008	Jeremy Gerlach	Cedar Ridge	4:28.90
	2009	Chase Miller	Wilkes Central	9:58.68
	2010	Chase Miller	Wilkes Central	4:28.28
	2011	Brather Cline	East Lincolnton	4:30.36
	2012	A.J. Tucker	Cedar Ridge	4:22.47
	2013	A.J. Tucker	Cedar Ridge	4:21.23
400 METER RELAY	1994		Ayden-Grifton	42.79
	1995		Cummings	42.90
	1996		Salisbury	42.30
	1997		West Montgomery	43.17
	1998		West Iredell	42.51
	1999		North Stanly	43.34
	2000		Lexington	43.12
	2001		Lexington	42.73
	2002		Lexington	42.97
	2003		Northern Vance	43.60
	2004		West Caldwell	43.07
	2005		Graham	43.08
	2006		Forest Hills	42.87
	2007		Forest Hills	43.25
	2008		Shelby	43.05
	2009		Tarboro	43.10
	2010		Tarboro	42.50
	2011		Berry Academy	41.78

	2012	Forest Hills	42.37
1600 METER RELAY	1994	Hendersonville	3:25.85
	1995	North Rowan	3:27.22
	1996	North Rowan	3:28.99
	1997	North Rowan	3:29.66
	1998	Northern Vance	3:25.87
	1999	Northern Vance	3:29.87
	2000	Shelby	3:26.82
	2001	High Point Central	3:27.65
	2002	TW Andrews	3:22.85
	2003	Eastern Alamance	3:24.21
	2004	Reidsville	3:21.51
	2005	Croatan	3:27.61
	2006	West Henderson	3:26.86
	2007	Forest Hills	3:28.94
	2008	Brevard	3:25.67
	2009	North Pitt	3:24.81
	2010	Kinston	3:25.50
	2011	Berry Academy	3:24.37
	2012	Beddingfield	3:21.88

CLASS 3A AND 4A COMPETED JOINTLY IN 1986

**MEN
CLASS AAA**

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOTPUT	1986	Stan Bost	Concord	56' 07.50"
	1987	Darin Barbee	Sun Valley	55' 05.00"
	1988	Jehmal Pettiford	T. W. Andrews	56' 02.50"
	1989	Rodney Edwards	Concord	60' 04.25"
	1990	Eddie Robertson	T. W. Andrews	57' 07.00"
	1991	Eddie Robertson	T. W. Andrews	57' 00.00"
	1992	Terran Clinton	T. W. Andrews	54' 05.50"
	1993	Shannon Rodden	Sun Valley	52' 04.50"
	1994	Jeff Pflaumbaum	Enka	55' 11.25"
	1995	Donnie Watkins	McMichael	56' 01.00"
	1996	Cam Holland	Franklin	55' 02.50"
	1997	John Judd	Harnett Central	55' 03.75"
	1998	Chris Glenn	Rockingham County	52' 11.25"
	1999	Kareem Marshall	Kings Mountain	56' 07.25"
	2000	Danny Miesenheimer	East Rowan	52' 03.25"
	2001	Ben Whitney	Ragsdale	58' 03.00"
	2002	Greg Jachym	Weddington	50' 05.50"
	2003	Tommie Parker	Hertford County	52' 06.50"
	2004	Toney Baker	Ragsdale	54' 11.75"
	2005	Toney Baker	Ragsdale	56' 03.50"
	2006	Kreg Carter	Williams	54' 01.00"
	2007	Jason Roberts	Southwest Guilford	54' 06.50"
	2008	Jake Deaton	Mooreville	57' 03.25"
	2009	Daryle Morgan	Western Harnett	56' 08.00"
	2010	Ryan Minor	South Brunswick	58' 10.50"
	2011	Ryan Minor	South Brunswick	56' 02.50"
	2012	Myquon Stout	Jesse Carson	55' 04.50"
	2013	Colin Minor	South Brunswick	55' 05.00"
DISCUS	1986	Ed Reid	Olympic	162' 10.00"
	1987	Harlis Meaders	Sun Valley	146' 06.00"
	1988	Mike Gilchrist	T. W. Andrews	154' 11.00"
	1989	Scott Youmans	Eastern Guilford	159' 01.00"
	1990	Kenneth Banks	Northwest Cabarrus	160' 06.00"
	1991	Mark Carter	A..L..Brown	171' 06.00"
	1992	Charlie Miller	East Henderson	159' 08.00"
	1993	Jeff Pflaumbaum	Enka	150' 10.00"
	1994	Jeff Pflaumbaum	Enka	180' 10.00"
	1995	Jeremy Cauble	East Rowan	158' 08.00"
	1996	Larry Brock	South Brunswick	164' 02.00"
	1997	Merceda Perry	Asheboro	176' 06.00"
	1998	Ike Oglesby	East Rowan	171' 08.00"
	1999	Kareem Marshall	Kings Mountain	151' 07.00"
	2000	Timothy Holloway	Fuquay-Varina	159' 05.00"
	2001	Timothy Holloway	Fuquay-Varina	156' 09.00"
	2002	Kendall High	West Rowan	155' 02.00"
	2003	Tommie Parker	Hertford County	154' 00.00"
	2004	Lonnice Phifer	Ben L. Smith	162' 04.00"
	2005	Erik Raabe	T.C. Robeson	164' 01.00"
	2006	Cody Lawson	T.C. Roberson	150' 04.00"
	2007	Jake Deaton	Mooreville	143' 05.00"
	2008	Jake Deaton	Mooreville	166' 07.00"
	2009	Tarik Norman	Jacksonville	161' 03.00"
	2010	Tavis Bailey	Brown, A.L.	185' 01.00"
	2011	Ahmad Norman	Jacksonville	162' 10.00"
	2012	Kyle Trevor	Hunt	153' 07.00"
	2013	Mateius Brown	Eastern Harnett	155' 09.00"
LONG JUMP	1986	Tarrell Carpenter	Hoke County	23' 09.00"
	1987	Randy Jordan	Warren County	24' 01.25"
	1988	Randy Jordan	Warren County	23' 10.75"
	1989	J.J. Walker	Southern Alamance	23' 02.50"
	1990	Eric Alford	High Point Central	23' 11.50"
	1991	Eric Alford	High Point Central	25' 00.75"
	1992	Fred Richardson	Western Guilford	22' 09.50"
	1993	Jermaine Mayo	Salisbury	23' 00.50"
	1994	Kishara Hamilton	Fike	23' 09.25"
	1995	Mike Lavender	Hunt	24' 00.00"

1996	Tommie Patrick	Southern Vance	23' 03.50"
1997	William Montgomery	T.C. Roberson	23' 05.00"
1998	William Montgomery	T.C. Roberson	24' 11.00"
1999	Justin McCorkle	Harding	23' 00.00"
2000	Justin McCorkle	Harding	24' 03.50"
2001	B.J. Eddie	Fike	22' 08.00"
2002	Manny Lawson	Eastern Wayne	22' 06.75"
2003	Bobby Cox	West Craven	22' 07.50"
2004	Deangelo Ruffin	South Johnston	22' 09.50"
2005	Deangelo Ruffin	South Johnston	22' 02.75"
2006	Lamont Savage	West Rowan	23'07.00"
2007	Emanuel Davis	Overhills	22'06.00"
2008	Jamel Allison	Mooreville	23'09.50"
2009	Avery Griffin	Dudley	24'01.50"
2010	Coye Still	Hickory Ridge	22'10.00"
2011	Justus Watkins	South Point	22'06.25"
2012	Frank Quarles	Douglas Byrd	23'04.50"
2013	Frank Quarles	Douglas Byrd	23'05.00"

TRIPLE JUMP

1986	James Martin	Tuscola	49' 11.00"
1987	Tony Harris	Northeast Guilford	47' 10.75"
1988	Chris Stone	Graham	45' 06.50"
1989	Bryan Jenkins	Northeast Guilford	48' 10.00"
1990	Brian Ellis	North Rowan	50'02.25"
1991	Brian Ellis	North Rowan	50' 01.50"
1992	Chris Heath	Tarboro	47' 07.25"
1993	Tyrone Fox	Salisbury	47' 10.75"
1994	Damon Vaughn	Northeast Guilford	47' 04.00"
1995	Ian Adams	Wilkes Central	46' 08.50"
1996	Jeremiah Manning	Franklin	47' 08.25"
1997	Delvin Barker	Webb	47' 04.00"
1998	William Montgomery	T.C. Roberson	47' 03.00"
1999	Hassan Reddick	T.W. Andrews	46' 09.00"
2000	Everett Bruce	Ben L. Smith	46' 04.75"
2001	Charles Jones	Fike	46' 08.50"
2002	Mark Sturgis	West Rowan	47' 09.50"
2003	Mark Sturgis	West Rowan	47' 02.25"
2004	Johnny Striblin	Southwest	46' 05.00"
2005	Corey Whitley	Fike	46' 05.25"
2006	Jamel Allison	Mooreville	46'05.00"
2007	Jamel Allison	Mooreville	48'02.50"
2008	Jamel Allison	Mooreville	49'02.50"
2009	Avery Griffin	Dudley	47'07.50"
2010	Daisaun White	Asheville	48'04.00"
2011	Daisaun White	Asheville	47'01.00"
2012	Josh King	Fike	47'09.00"
2013	Gary Woosley	Northeast Guilford	46'06.00"

HIGH JUMP

1986	Larry Patterson	Cary	6' 08.00"
1987	Mike Neely	T. W. Andrews	6' 08.00"
1988	Bobby Wooten	SouthWest Edgecombe	6' 04.00"
1989	Joe Montford	East Carteret	6' 06.00"
1990	Shawn Miller	Salisbury	6' 08.25"
1991	Robert Tucker	Harnett Central	6' 09.00"
1992	George Simmons	Southeast Guilford	6' 06.00"
1993	Marcus Caldwell	Lexington	6' 09.50"
1994	Joe Wilson	South Iredell	6' 06.00"
1995	Derek Frink	West Brunswick	6' 11.00"
1996	Lamont Watlington	Walter Williams	6' 08.00"
1997	William Montgomery	T.C. Roberson	6' 08.00"
1998	William Montgomery	T.C. Roberson	6'10.00"
1999	Michael Massey	Asheboro	6'08.00"
2000	Michael Massey	Asheboro	6'08.00"
2001	Namier Majette	Hertford County	6'08.00"
2002	Jason Williams	West Rowan	6'08.00"
2003	Jason Williams	West Rowan	6'10.00"
2004	Cedrick Wilkerson	Webb	6'06.00"
2005	Nathan Summerville	Fike	6'10.00"
2006	Eric Davis	Eastern Randolph	6'04.00"
2007	Derrick Ross	Union Pines	6'08.00"
2008	Derrick Ross	Union Pines	6'08.00"
2009	Billy Simiton	A.L. Brown	6'06.00"
2010	Joseph Matthews	Western Harnett	6'06.00"

	2011	Maurice Morgan	North Lenoir	6'06.00"
	2012	Josh King	Fike	6'08.00"
	2013	Jaquell Bryant	Rocky Mount	6'06.00"
POLE VAULT	1986	Bruce Raynor	Pine Forest	13' 00.00"
	1987	John Madsen	High Point Central	13' 06.00"
	1988	Bryant Noles	Sun Valley	13' 06.00"
	1989	Jeff Allen	East Wake	14' 07.75"
	1990	Eric Sellars	Western Alamance	13' 06.00"
	1991	Shannon Pope	T. W. Andrews	14' 09.00"
	1992	Shannon Pope	T. W. Andrews	15' 03.75"
	1993	Matt Jones	West Henderson	13' 00.00"
	1994	Jay Kanekoa	North Buncombe	14' 00.00"
	1995	Ben Dorsey	Clyde Erwin	14' 00.00"
	1996	Bride McBride	Northeast Guilford	13' 06.00"
	1997	Matt Price	East Rowan	14' 06.00"
	1998	Matt Price	East Rowan	14' 06.00"
	1999	Matt Price	East Rowan	15' 00.00"
	2000	Clinton Taylor	Franklin	13' 00.00"
	2001	Phillip Childers	South Point	14' 00.00"
	2002	Phillip Childers	South Point	14' 06.00"
	2003	Phillip Childers	South Point	14' 06.00"
	2004	Nick Loper	Weddington	14' 06.00"
	2005	Daniel Keller	Southwest Guilford	15' 09.00"
	2006	Ryan Oakes	White Oak	14'03.00"
	2007	Ryan Oakes	White Oak	15'00.00"
	2008	Maverick Miles	South Rowan	14'06.00"
	2009	Evan Spence	Franklin	14'00.00"
	2010	Evan Webb	East Rowan	14'00.00"
	2011	James Emrick	Franklin	13'06.00"
	2012	Ian West	Fike	14'00.00"
	2013	Ian West	Fike	15'01.00"
3200 METER RELAY	1986	Did Not Offer Event		
	1987			
	1988		Sun Valley	7: 57.77
	1989		T. W. Andrews	8: 06.62
	1990		North Buncombe	8: 06.41
	1991		North Buncombe	7: 57.85
	1992		Sun Valley	7: 56.74
	1993		Franklin	8: 08.40
	1994		Franklin	8: 15.16
	1995		Franklin	8: 03.67
	1996		Franklin	8: 07.09
	1997		North Buncombe	8: 12.18
	1998		North Buncombe	8: 11.60
	1999		North Buncombe	8: 07.37
	2000		Asheville	na
	2001		White Oak	8: 08.13
	2002		Mooreville	8:16.76
	2003		Mooreville	8:09.60
	2004		Weddington	8:07.19
	2005		T.C. Robeson	8:03.67
	2006		T.C. Roberson	8:01.73
	2007		Franklin	7:59.57
	2008		Asheville	7:56.98
	2009		Marvin Ridge	7:50.54
	2010		Eastern Alamance	7:48.48
	2011		Eastern Alamance	7:48.64
	2012		Berry Academy	8:03.46
	2013		Chapel Hill	7:57.04
110 METER HIGH HURDLES	1986	Jeff Wilson	Western Guilford	14.25
	1987	Scott Grell	Western Alamance	14.60
	1988	Bobby Bogan	Forest Hills	14.75
	1989	Derrick McClain	T. W. Andrews	14.66
	1990	Duane Ross	North Gaston	14.94
	1991	Lamont Cox	West Craven	14.57
	1992	Chris Heath	Tarboro	14.34
	1993	Bobby Tisdale	Western Guilford	14.40
	1994	Allen Simmons	Southern Vance	14.68
	1995	Rashawn Deans	Southern Nash	14.44
	1996	Montral Hamrick	Shelby	14.18

1997	Rocco Papazachariou	Enka	14.92
1998	Arthur Deans	Southern Nash	14.40
1999	Jovan Quarles	West Rowan	14.74
2000	Jamel Brand	T.W. Andrews	14.26
2001	Jamel Brand	T.W. Andrews	14.62
2002	Manny Lawson	Eastern Wayne	14.97
2003	Montray Gilchrist	High Point Central	14.99
2004	Johnny Dutch	Clayton	14.16
2005	Johnny Dutch	Clayton	13.88
2006	Donta Dancy	Northern Nash	14.53
2007	Charles Lindsay	W-S Parkland	14.04
2008	Jacobi Jenkins	Rocky Mount	14.40
2009	Cordell Livingston	Southwest Guilford	14.31
2010	Daishon Barger	West Rowan	14.39
2011	Isaiah Moore	Williams	14.24
2012	Wesley Tucker	Jacksonville	14.22
2013	Elijah Goins	Cox Mill	14.67

100 METER DASH

1986	Chuckie Simmons	Asheboro	10.53
1987	Randy Jordan	Warren County	10.44
1988	Randy Jordan	Warren County	10.51
1989	Dean Lytle	Brevard	10.82
1990	Darius Brewington	T. W. Andrews	10.59
1991	Darius Brewington	T. W. Andrews	10.57
1992	Chris Frazier	Statesville	10.98
1993	Darius Brewington	T. W. Andrews	10.54
1994	John Avery	Asheville	10.77
1995	Tyrone Graham	T. W. Andrews	10.79
1996	Corey Hill	West Brunswick	10.82
1997	Thomas Littlejohn	Asheville	10.80
1998	Kelly Hardy	Kinston	10.70
1999	Kelly Hardy	Kinston	10.81
2000	Lamont Reid	Central Cabarrus	10.94
2001	Martin Hicks	Webb	10.78
2002	Travis Padgett	Crest	10.84
2003	Jarnard Abernathy	East Gaston	10.78
2004	Matt Pritchett	Enka	10.78
2005	Jerek Hewett	West Brunswick	10.40
2006	Atolani Akinkuotu	South Central	10.61
2007	Bryce Sherman	W-S Carver	10.51
2008	Darryl Williams	White Oak	10.65
2009	Karl Clemens	Overhills	11.11
2010	Kendall Kee	Crest	10.84
2011	Harvey McSwain II	Crest	10.83
2012	Cameron Hudson	Berry Academy	10.47
2013	TJ Logan	Northern Guilford	10.65

800 METER RUN

1986	Jimmy Scott	Glenn	1: 52.21
1987	Damon Josey	Concord	1: 55.59
1988	Chris Griggs	Eastern Guilford	1: 56.15
1989	Dustin Allred	Asheboro	1: 58.56
1990	Jason Newman	West Carteret	1: 57.28
1991	Jason Newman	West Carteret	1: 54.77
1992	Albert Royster	Western Alamance	1: 54.93
1993	Reggie Pittman	Southeast Halifax	1: 56.79
1994	Eli Huge	Franklin	1: 55.80
1995	Spencer Harris	Franklin	1: 58.13
1996	Terrice McClain	Washington	1: 58.31
1997	Dustin Tysinger	Central Davidson	1: 59.10
1998	Ricardo Bell	Havelock	1: 55.73
1999	Ricardo Bell	Havelock	1: 54.45
2000	Bobby Moffat	Fuquay-Varina	1: 56.91
2001	Adam McGugan	Western Guilford	1: 55.74
2002	Travis Campbell	Enka	1: 59.02
2003	Jason Newman	Mooresville	1: 57.09
2004	Nate Styron	White Oak	1: 57.61
2005	Brian Burkhardt	Weddington	1: 57.51
2006	Josh Morgan	T.C. Roberson	1:56.63
2007	Michael Allen	Ragsdale	1:58.72
2008	Isaac Presson	Asheville	1:58.05
2009	David McCuiston	Marvin Ridge	1:54.90
2010	Isaac Presson	Asheville	1:52.07
2011	Michael Tamayo	Eastern Alamance	1:54.05

	2012	John Crossley	West Carteret	1:54.48
	2013	John Crossley	West Carteret	1:54.14
3200 METER RUN	1986	Mike Clinebell	Watauga	9: 08.00
	1987	David Honea	Enka	9: 39.11
	1988	Shanon Reynolds	Western Harnett	9: 34.52
	1989	Robbie Sellati	Sun Valley	9: 36.82
	1990	Eric Pragle	North Buncombe	9: 34.30
	1991	Eric Pragle	North Buncombe	9: 32.81
	1992	Fred Gant	Cummings	9: 32.17
	1993	Brandon Coonse	Hibriten	9: 21.40
	1994	Todd Morgan	Wake Forest-Rolesville	9: 36.21
	1995	Corby Pons	Franklin	9: 50.56
	1996	Jason Dingess	Statesville	9: 57.35
	1997	James Slagle	Wake Forest-Rolesville	10: 02.83
	1998	Jessie Norman	Fuquay-Varina	9: 44.00
	1999	Jessie Norman	Fuquay-Varina	9: 43.47
	2000	Rocky Bilotta	R-S Central	9: 46.69
	2001	Lance Hall	Ragsdale	9: 39.85
	2002	Lance Hall	Ragsdale	9:41.46
	2003	Brandon Helms	Piedmont	9:56.44
	2004	Ollie Ehlinger	T.C. Roberson	9:50.34
	2005	Will Collins	Eastern Wayne	9:38.52
	2006	Ryan Hill	Hickory	9:40.34
	2007	Ryan Hill	Hickory	9:24.87
	2008	Ryan Hill	Hickory	9:24.80
	2009	Steven Bollinger	Olympic	9:37.16
	2010	Jake Hurysz	Eastern Alamance	9:11.88
	2011	Mitch McLeod	Chapel Hill	9:30.59
	2012	Mitch McLeod	Chapel Hill	9:38.13
	2013	Tanis Baldwin	East Henderson	9:31.00
200 METER DASH	1986	Randy Jones	Glenn	21.30
	1987	Randy Jordan	Warren County	21.20
	1988	Randy Jordan	Warren County	21.28
	1989	Dean Lytle	Brevard	21.49
	1990	Darius Brewington	T. W. Andrews	21.51
	1991	Darius Brewington	T. W. Andrews	21.23
	1992	Steve McKnight	A.L.. Brown	22.23
	1993	Darius Brewington	T. W. Andrews	21.24
	1994	Chris Frazier	Statesville	21.86
	1995	Yieta Johnson	Havelock	22.26
	1996	Yieta Johnson	Havelock	22.28
	1997	Thomas Littlejohn	Asheville	22.04
	1998	Marcus O'Neal	Dudley	21.53
	1999	Derrick High	Southern Nash	21.94
	2000	Jeremy Holman	Hillside	22.16
	2001	Brett Wilson	Northeast Guilford	22.14
	2002	Manny Lawson	Eastern Wayne	22.09
	2003	Joel Jackson	T.C. Robeson	22.04
	2004	Matt Pritchett	Enka	21.55
	2005	Jerek Hewett	West Brunswick	21.32
	2006	Atolani Akinkuotu	South Central	21.96
	2007	Bryce Sherman	W-S Carver	21.43
	2008	Darryl Williams	White Oak	21.45
	2009	Brandon Hairston	Carver	22.40
	2010	Eric Winfrey	Douglas Byrd	21.58
	2011	Harvey McSwain	Crest	21.50
	2012	TJ Logan	Northern Guilford	21.54
	2013	TJ Logan	Northern Guilford	21.61
400 METER DASH	1986	Keith Malone	Grimsley	48.25
	1987	Elliot Armstrong	Asheboro	48.20
	1988	Brian Davis	Southern Durham	49.42
	1989	Dion Mapp	Cummings	47.69
	1990	Andre Steele	Salisbury	47.51
	1991	Andre Steele	Salisbury	46.86
	1992	Noel Peterkin	T. W. Andrews	48.23
	1993	Rakeem Felton	Cummings	48.95
	1994	Derrick Hylton	Bartlett Yancey	50.12
	1995	Chris Waters	Franklin	49.08
	1996	Chris Waters	Franklin	49.19
	1997	Keddrain Bowen	Washington	48.79

1998	Tim Wells	Fike	50.05
1999	Derrick High	Southern Nash	47.92
2000	Monterrio Adams	Forestview	48.71
2001	Brett Wilson	Northeast Guilford	47.10
2002	Marques Woolford	White Oak	48.76
2003	Anthony Beamon	West Carteret	50.08
2004	Ivan Scott	T.C. Roberson	49.31
2005	Brandon Small	Jacksonville	48.79
2006	Marcelis Martis	Jacksonville	49.23
2007	Mike Eddy	Asheboro	48.97
2008	Jarrell Elliott	Parkland	48.17
2009	Brandon Hairston	Carver	48.51
2010	Eric Winfrey	Douglas Byrd	47.51
2011	Eric Winfrey	Douglas Byrd	48.73
2012	Larry Gibson	Berry Academy	48.96
2013	LeAndre McGill	Northeast Guilford	48.85

300 METER INT. HURDLES

1986	Elbert Ellis	Hillside	37.29
1987	Scott Grell	Western Alamance	37.80
1988	Greg Jeffries	T. W. Andrews	39.05
1989	Greg Jeffries	T. W. Andrews	37.98
1990	Neveth Gidney	Shelby	38.83
1991	Charles Barger	North Rowan	38.80
1992	Chris Heath	Tarboro	39.02
1993	Keenan Lott	A. L. Brown	38.86
1994	Ronnie Glover	Durham	39.45
1995	Michael Carroll	Southwest Edgecombe	39.57
1996	Frank Harris	High Point Central	39.76
1997	Glenn Hicks	South Caldwell	38.73
1998	Chad Milsaps	North Gaston	38.78
1999	Jamal Brand	High Point	38.80
2000	Freddy Turner	Hillside	38.70
2001	Jamal Brand	T.W. Andrews	38.04
2002	Jermaine Baker	Southern Wayne	39.63
2003	Gerald Kennedy	Dudley	39.10
2004	Jerre Wyatt	Ben L. Smith	38.37
2005	Johnny Dutch	Clayton	38.01
2006	Jeremy Bell	Northern Nash	38.35
2007	Charles Lindsay	W-S Parkland	38.55
2008	Danny Allen	Nash Central	37.89
2009	Cordell Livingston	Southwest Guilford	39.03
2010	D. Breedlove	Forestview	39.39
2011	Demonte Wilson	Crest	38.36
2012	Wesley Tucker	Jacksonville	38.17
2013	Breon Borders	Statesville	38.59

800 METER RELAY

1986	Glenn	1: 26.44
1987	Asheboro	1: 26.47
1988	Bertie	1: 28.56
1989	T. W. Andrews	1: 27.39
1990	T. W. Andrews	1: 26.54
1991	T. W. Andrews	1: 25.35
1992	T. W. Andrews	1: 28.38
1993	T. W. Andrews	1: 28.16
1994	Bertie	1: 29.71
1995	T. W. Andrews	1: 29.86
1996	Southeast Guilford	1: 28.38
1997	Southeast Guilford	1: 28.73
1998	Dudley	1: 27.30
1999	Hillside	1: 28.33
2000	Hillside	1: 27.62
2001	Webb	1: 29.05
2002	Southern Durham	1: 28.70
2003	Ben L. Smith	1: 27.67
2004	Ben L. Smith	1: 26.96
2005	Crest	1: 27.72
2006	Parkland	1:28.50
2007	HP Andrews	1:28.06
2008	Carver	1:27.62
2009	Southwest Guilford	1:29.63
2010	Crest	1:26.64
2011	Kings Mountain	1:29.29
2012	Southern Nash	1:29.32

	2013		South Central	1:27.26
1600 METER RUN	1986	Paul DeWitt	Cary	4: 19.59
	1987	Shannon Reynolds	Western Harnett	4: 19.11
	1988	Chris Griggs	Eastern Guilford	4: 20.80
	1989	Robbie Sellati	Sun Valley	4: 24.46
	1990	Jamie Griggs	Eastern Guilford	4: 24.88
	1991	Eric Pragle	North Buncombe	4: 16.56
	1992	Reginald Pittman	Southeast Halifax	4: 20.66
	1993	Bryan Zmijewski	Sun Valley	4: 21.22
	1994	Eli Huge	Franklin	4: 19.33
	1995	Jeff Conelly	North Buncombe	4: 23.18
	1996	Jason Dingess	Statesville	4: 30.78
	1997	Darrell Metcalf	North Buncombe	4: 30.75
	1998	Darrell Metcalf	North Buncombe	4: 23.90
	1999	Jessie Norman	Fuquay -Varina	4: 25.13
	2000	Nate McCall	East Lincoln	4: 27.97
	2001	Phillip Stafford	Northwest Cabarrus	4:23.92
	2002	Lance Hall	Ragsdale	4:28.87
	2003	Brandon Helms	Piedmont	4:23.48
	2004	Jeremy Hyder	Hickory	4:23.96
	2005	Will Collins	Eastern Wayne	4:23.60
	2006	Josh Morgan	T.C. Roberson	4:23.41
	2007	Ryan Hill	Hickory	4:24.60
	2008	Patrick Campbell	Mooresville	4:18.16
	2009	Steven Bollinger	Olympic	4:20.15
	2010	Isaac Presson	Asheville	4:15.99
	2011	Braedon Koerwitz	Robinson, J.	4:18.80
	2012	Jimmy Hollingsworth	Northern Guilford	4:20.36
	2013	John Crossley	West Carteret	4:21.25
400 METER RELAY	1986		T. W. Andrews	41.45
	1987		Wilkes Central	42.36
	1988		Bertie	42.42
	1989		T. W. Andrews	42.41
	1990		T. W. Andrews	42.16
	1991		T. W. Andrews	42.26
	1992		T. W. Andrews	42.37
	1993		High Point Central	42.63
	1994		Fike	42.93
	1995		Webb	43.11
	1996		T. W. Andrews	42.84
	1997		Harnett Central	43.11
	1998		Hillside	42.66
	1999		Hillside	42.46
	2000		Webb	42.28
	2001		Andrews	42.54
	2002		Crest	42.45
	2003		T.C. Roberson	42.44
	2004		Crest	42.42
	2005		Asheville	42.65
	2006		Andrews	42.51
	2007		W-S Carver	41.80
	2008		South-Johnston	42.50
	2009		Marvin Ridge	42.15
	2010		Crest	42.15
	2011		Mount Pleasant	42.54
	2012		Berry Academy	42.25
	2013		Northern Guilford	41.99
1600 METER RELAY	1986		Grimsley	3: 19.60
	1987		East Wake	3: 23.19
	1988		T. W. Andrews	3: 23.41
	1989		T. W. Andrews	3: 21.89
	1990		Pender	3: 20.85
	1991		T. W. Andrews	3: 15.51
	1992		T. W. Andrews	3: 20.28
	1993		T. W. Andrews	3: 20.91
	1994		Franklin	3: 24.12
	1995		Walter Williams	3: 25.93
	1996		Southeast Guilford	3: 22.34
	1997		Southeast Guilford	3: 20.02

1998	Southern Nash	3: 23.10
1999	Southern Nash	3: 23.54
2000	Ben L. Smith	3: 25.95
2001	Western Guilford	3: 23.40
2002	Dudley	3: 20.71
2003	Dudley	3: 25.40
2004	Ben L. Smith	3: 23.27
2005	Nash Central	3:23.82
2006	Jacksonville	3:22.72
2007	Nash Central	3:21.46
2008	Carver	3:21.47
2009	Marvin Ridge	3:21.03
2010	Douglas Byrd	3:22.71
2011	Douglas Byrd	3:24.14
2012	Berry Academy	3:20.50
2013	Northeast Guilford	3:19.60

CLASS 3A AND 4A COMPETED JOINTLY IN 1986

**MEN
CLASS AAAA**

EVENT	YEAR	NAME	SCHOOL	RECORD
SHOTPUT	1922	Roberts	Chapel Hill	43' 02.75"
	1923	McIver	Chapel Hill	40' 08.00"
	1924	McIver	Chapel Hill	42' 09.00"
	1925	Vaughn	Roanoke Rapids	39' 08.88"
	1926	Williams	Stovall	44' 05.00"
	1927	Williams	Stovall	45' 02.50"
	1928	Luther Williams	Oxford	47' 11.50"
	1929	Luther Williams	Oxford	47' 10.50"
	1930	Mullis	Charlotte Central	46' 09.75"
	1931	Andrews	Asheville	45' 08.75"
	1932	Harold Sutton	Charlotte Central	46' 05.50"
	1933	Wren	Greensboro	45' 04.00"
	1934	Willard	Kernersville	47' 01.00"
	1935	Pate	Goldsboro	45' 07.88"
	1936	Wood	Raleigh	46' 03.00"
	1937	Shouse	Mineral Springs	42' 09.00"
	1938	Bob Gantt	Durham	48' 04.75"
	1939	Bob Gantt	Durham	51' 04.88"
	1940	Bob Gantt	Durham	52' 02.75"
	1941	Bill Yancey	Fayetteville	44' 03.50"
	1942			
	1943			
	1944	Eddie Butler	R.J. Reynolds	na
	1945	B.K. Grown	Raleigh	43' 10.00"
	1946	R.L. McDonald	Durham	46' 09.50"
	1947	Ford	Charlotte Central	44' 00.00"
	1948	Lewis Berry	Durham	48' 07.75"
	1949	Lewis Berry	Durham	48' 10.75"
	1950	Lewis Berry	Durham	50' 03.00"
	1951	Jones	Raleigh	47' 03.38"
	1952	Bill Gramley	R.J. Reynolds	47' 04.25"
	1953	Don Denning	Durham	52' 11.00"
	1954	Heath	N.C. School for the Deaf	48' 02.00"
	1955	Ross	Durham	48' 01.50"
	1956	Ross	Durham	49' 07.75"
	1957	Burt Wilder	Greensboro	50' 05.00"
	1958	Fred Stewart	West Mecklenburg	48' 09.50"
	1959	Fred Stewart	Harding	49' 08.75"
	1960	Jim Poole	Durham	50' 07.00"
	1961	Reggie Loy	Burlington	53' 08.50"
	1962	Rod Stewart	Burlington	53' 08.88"
	1963	Bob Matheson	Appalachian	51' 10.00"
	1964	Mike Richey	Myers Park	55' 09.25"
	1965	Tim Farmer	Chapel Hill	53' 03.88"
	1966	Bill Griffin	Edenton	55' 11.00"
	1967	Dave Taylor	Chapel Hill	55' 00.00"
	1968	Dave Taylor	Chapel Hill	58' 02.75"
	1969	Greg Burke	North Forsyth	54' 10.00"
	1970	Greg Burke	North Forsyth	55' 09.25"
	1971	Chip Taylor	Hoggard	56' 09.75"
	1972	John Holladay	Sanderson	56' 09.00"
	1973	John Holladay	Sanderson	60' 08.50"
	1974	Mike Harris	Millbrook	58' 02.50"
	1975	Mike Salzano	Northern Durham	61' 04.50"
	1976	Stan Cunningham	Garinger	57' 11.50"
	1977	Nate Wigfall	Jacksonville	55' 04.50"
	1978	Ernest Butler	West Craven	58' 02.50"
	1979	Than Emery	Athens Drive	57' 07.50"
	1980	Bobby Morrison	Hoggard	59' 09.00"
	1981	Donnie Wallace	Roanoke	56' 04.00"
	1982	Dennis Barron	Beddingfield	60' 04.50"
	1983	Donnie Wallace	Roanoke	58' 10.00"
	1984	Tommy Eckard	Hickory	57' 01.00"
	1985	Stacy Friel	Northeast Guilford	55' 11.00"
	1986	Stan Bost	Concord	56' 07.50"
	1987	Burnice Cross	Hillside	57' 06.50"
	1988	Chucky Johnson	Seventy-First	57' 11.05"
	1989	Terrence Brown	Jacksonville	53' 10.00"

1990	Demetrius Wilson	Apex	57' 00.00"
1991	Lamont Jones	New Bern	55' 06.25"
1992	Mario McGraw	New Hanover	54' 09.25"
1993	Mario McGraw	New Hanover	57' 04.75"
1994	Phillip Morgan	South Rowan	54' 03.00"
1995	Kelvin Jones	Mount Tabor	56' 05.00"
1996	Algernon Crumpler	New Hanover	57' 08.50"
1997	Charles Hooper	Rocky Mount	54' 09.00"
1998	Brian Norwood	Richmond Senior	52' 04.00"
1999	Nick Smith	A.C. Reynolds	53' 04.00"
2000	Austin Wakefield	Wake Forest-Rolesville	53' 09.00"
2001	David Boyce	Ashbrook	54' 11.00"
2002	Mitchell Pope	South Caldwell	60' 03.00"
2003	Eric Frasure	Hopewell	55' 06.00"
2004	Eric Smalls	Southeast Raleigh	56' 05.00"
2005	Joe Brown	New Bern	55' 08.00"
2006	Charles Johnson	Berry	55'05.00"
2007	Jimmy Martin	Scotland	53'04.50"
2008	Tyler Shatley	East Burke	55'11.00"
2009	Tyler Shatley	East Burke	59'09.00"
2010	Shawn Underwood	Fuquay-Varina	55'01.50"
2011	Courtland Clavette	Reynolds, A.C.	55'00.25"
2012	Jon Beyle	East Chapel Hill	55'01.50"

DISCUS

1921	Daniels	R.J. Reynolds	105' 03.00"
1922	Garrett	Burlington	106' 05.00"
1923	McIver	Chapel Hill	99' 06.00"
1924	McIver	Chapel Hill	95' 08.00"
1925	Goodwin	Greensboro	100' 04.50"
1926	O'Brien	R.J. Reynolds	102' 11.00"
1927	Theron Brown	Greensboro	124' 01.50"
1928	Theron Brown	Greensboro	123' 09.00"
1929	Mullis	Charlotte Central	122' 10.25"
1930	Mullis	Charlotte Central	126' 00.50"
1931	Andrews	Asheville	117' 03.00"
1932	Harold Sutton	Charlotte Central	111' 11.00"
1933	Wren	Greensboro	na
1934	Willard	Kernersville	111' 00.00"
1935	Childress	R.J. Reynolds	109' 05.00"
1936	Childress	R.J. Reynolds	120' 01.00"
1937	Darnell	R.J. Reynolds	na
1938	Bob Gantt	Durham	121' 05.00"
1939	Bob Gantt	Durham	126' 00.50"
1940	Bob Gantt	Durham	133' 04.00"
1941	Bill Yancey	Fayetteville	112' 04.75"
1942???			
1943	Donald Clayton	Fayetteville	na
1944	Sanderford	Raleigh	105' 10.40"
1945	R.L. McDonald	Durham	121' 04.00"
1946	R.L. McDonald	Durham	122' 05.00"
1947	Jimmy Cain	Raleigh	109' 08.00"
1948	Bobby Byrd	Durham	114' 00.75"
1949	Whitfield	Durham	119' 02.75"
1950	Packett	Marion	139' 08.00"
1951	Harold Sykes	Durham	141' 09.38"
1952	Don Denning	Durham	135' 00.50"
1953	Bill Gramley	R.J. Reynolds	150' 10.63"
1954	Rogers	Durham	133' 01.00"
1955	Warren Lacock	Durham	143' 11.50"
1956	Bartlett	Asheville	150' 07.00"
1957	Jim Martin	Broughton	130' 04.00"
1958	Marvin Peele	Rankin	141' 05.00"
1959	Bobby Beasley	Durham	130' 07.00"
1960	Bob Jamieson, Jr.	Grimsley	153' 03.00"
1961	Steve Parker	Durham	146' 06.75"
1962	Rod Stewart	Burlington	149' 06.25"
1963	Flake Campbell	Myers Park	157' 07.00"
1964	Flake Campbell	Myers Park	163' 03.00"
1965	Tim Farmer	Chapel Hill	160' 00.75"
1966	Nick Karres	Myers Park	154' 03.00"
1967	Nick Karres	Myers Park	161' 00.00"
1968	Dave Taylor	Chapel Hill	171' 08.00"
1969	Umstead	Hillside	158' 06.00"

1970	Salisbury	Myers Park	155' 00.00"
1971	Randy Smith	Cary	160' 00.00"
1972	Lebaron Carruthers	Sanderson	168' 01.00"
1973	Gil Vance	Grimsley	165' 10.00"
1974	Billy Pearce	Vaiden Whitley	165' 00.00"
1975	David Underhill	Vaiden Whitley	157' 04.00"
1976	Robert Bailey	West Forsyth	169' 09.00"
1977	Nate Wigfall	Jacksonville	167' 09.00"
1978	Mike Rodriguez	Garinger	172' 05.00"
1979	Than Emery	Athens Drive	161' 05.00"
1980	Than Emery	Athens Drive	171' 04.00"
1981	William Lovick	New Bern	163' 04.00"
1982	Daniel Adams	Garner	157' 08.00"
1983	Reuben Davis	Grimsley	165' 01.00"
1984	Stanley Monk	White Oak	170' 02.00"
1985	Stacy Friel	Northeast Guilford	164' 02.00"
1986	Ed Reid	Olympic	162' 10.00"
1987	Vernon Grier	Garinger	161' 01.00"
1988	Vernon Grier	Garinger	166' 07.00"
1989	Montez Jones	West Mecklenburg	170' 02.00"
1990	James White	Northeastern	149' 11.00"
1991	Demond Smith	Purnell Swett	159' 07.00"
1992	Ben Huff	Providence	166' 08.00"
1993	Ben Huff	Providence	182' 00.00"
1994	Algernon Crumpler	New Hanover	160' 05.00"
1995	Algernon Crumpler	New Hanover	159' 11.00"
1996	Algemon Crumpler	New Hanover	161' 07.00"
1997	Duston Obermeyer	East Mecklenburg	163' 07.00"
1998	Dennis Caldwell	Mount Tabor	176' 00.00"
1999	Nathan Hedgepeth	Leesville Road	149' 10.00"
2000	Austin Wakefield	Wake Forest-Rolesville	153' 10.00"
2001	Akeem Hale	Scotland	167' 09.00"
2002	Anthony Greer	Hoggard	159' 03.00"
2003	Brandon Manshack	South Mecklenburg	161' 07.00"
2004	Adam Nagy	Mount Tabor	157' 01.00"
2005	Adam Nagy	Mount Tabor	158' 04.00"
2006	Robert Boulware	RJ Reynolds	158' 11.00"
2007	Jimmy Martin	Scotland	152' 06.00"
2008	Giaovanni Scott	Kell, Ardrey	156' 05.00"
2009	Chris Barfield	Cary	161' 00.00"
2010	Courtland Clavette	Reynolds, A.C.	172' 00.00"
2011	Courtland Clavette	Reynolds, A.C.	184' 03.00"
2012	Jon Beyle	East Chapel Hill	161' 03.00"

LONG JUMP

1922	Thomas	Charlotte Central	19' 05.50"
1923	isley	Friendship	18' 09.50"
1924	Jack McDowell	Rockingham	18' 08.75"
1925	Packer	High Point Central	19' 08.00"
1926	Fort	Charlotte Central	20' 10.00"
1927	Neiman	Charlotte Central	21' 02.50"
1928	Theron Brown	Greensboro	20' 10.00"
1929	Woodside	Charlotte Central	20' 10.50"
1930	Moffit	High Point	20' 04.25"
1931	Guy Soule	Charlotte Central	22' 01.00"
1932	Guy Soule	Charlotte Central	21' 08.75"
1933	Pickard	Charlotte Central	21' 06.75"
1934	Holder	Charlotte Central	21' 03.63"
1935	Swinson	Charlotte Central	21' 01.50"
1936	Potts	High Point	21' 00.25"
1937	Bill Vogler	R.J. Reynolds	20' 08.75"
1938	Bill Mengel	Chapel Hill	20' 06.75"
1939	Joe Taylor	Durham	21' 07.50"
1940	Little	Charlotte Central	20' 09.25"
1941	Ausbon	Durham	20' 08.00"
1942			
1943			
1944	Laddie Terrell	Raleigh	20' 05.25"
1945	Laddie Terrell	Raleigh	19' 02.50"
1946	Warren	Durham	20' 05.00"
1947	Wiggs	Fayetteville	20' 01.50"
1948	Holder	Charlotte Central	20' 03.75"
1949	Wooten	Fayetteville	21' 03.00"
1950	Warlick	Marion	19' 10.25"

1951	Long	Durham	21' 08.50"
1952	Matthews	Angier	21' 02.67"
1953	Dickie Barber	Hillsborough	21' 02.50"
1954	Brawley	Durham	20' 00.50"
1955	Brawley	Durham	21' 11.00"
1956	Dunson	Durham	21' 08.00"
1957	Bob Williams	Broughton	21' 08.00"
1958	Larry Jones	Durham	21' 00.00"
1959	Bill Croom	Durham	21' 02.75"
1960	Gregory Steele	Jacksonville	22' 07.00"
1961	Gregory Steele	Jacksonville	na
1962			
1963	Evans	Millbrook	21' 11.00"
1964	Clem Williams	Millbrook	22' 05.00"
1965	Clem Williams	Millbrook	21' 03.75"
1966	David Anderson	Ahoskie	21' 03.50"
1967	Mike Lemmons	Hendersonville	21' 11.00"
1968	Parsons	Cary	23' 06.75"
1969	Don Lucas	Scotland County	22' 07.25"
1970	Malone	Millbrook	22' 11.00"
1971	James Godwin	Cape Fear	23' 11.00"
1972	Calvin Moore	Rose	22' 10.50"
1973	Swade Carroll	Garner	22' 11.75"
1974	Carter Suggs	Tarboro	23' 01.00"
1975	Lonnie Hardy	West Brunswick	23' 10.00"
1976	Andrew Golden	High Point Central	22' 09.00"
1977	Greg Artis	Fike	24' 08.00"
1978	Eddi McGill	Enka	23' 10.00"
1979	Kelvin Bryant	Tarboro	24' 00.00"
1980	Chris Michaels	R-S Central	22' 08.50"
1981	Greg Neal	Northern Durham	24' 04.00"
1982	Jimmy Allen	Forest Hills	23' 10.75"
1983	Maurice Monk	Jacksonville	23' 10.50"
1984	Danny Peebles	Broughton	24' 05.75"
1985	Tarrell Carpenter	Hoke County	24' 05.00"
1986	Tarrell Carpenter	Hoke County	23' 09.00"
1987	Tracey Johnson	Rose	23' 00.00"
1988	Russell McClain	Northern Durham	23' 10.75"
1989	Tyrell Taitt	Scotland	24' 00.50"
1990	Kerry Kennedy	Millbrook	24' 02.25"
1991	Leon Johnson	Freedom	23' 08.75"
1992	Leon Johnson	Freedom	24' 07.75"
1993	Kishara Hamilton	Fike	23' 09.25"
1994	Reggie Love	Hillside	22' 02.25"
1995	Marcus O' Neal	Dudley	23' 03.50"
1996	Marcus O' Neal	Dudley	23' 08.00"
1997	Jamorya Funderburke	North Mecklenburg	24' 08.25"
1998	Jamorya Funderburke	North Mecklenburg	23' 10.00"
1999	Charles Hawkins	Seventy-First	23' 04.00"
2000	Sean White	Southern Wayne	23' 11.00"
2001	A.J. Davis	Northern Durham	24' 10.50"
2002	A.J. Davis	Northern Durham	24' 07.00"
2003	Darryl Barnett	Hoke County	23' 05.50"
2004	Dexter Adams	Page	23' 07.00"
2005	Trenton Guy	West Charlotte	23' 10.50"
2006	Brandon Banks	Garner	22'06.00"
2007	Lincoln Carr	Pine Forest	22'04.50"
2008	Jamario Clayton	Southern Durham	22'11.00"
2009	Walter Aikens	Harding	23'08.25"
2010	Jarrett Samuels	Vance, Z.B.	23'09.00"
2011	Josh McClam	Holly Spring	24'02.00"
2012	Diondre Butler	Jack Britt	23'00.00"
1973	Melvin Scott	Seventy-First	46' 01.75"
1974	George Jackson	Hoggard	47' 11.50"
1975	Isaiah Simmons	na	47' 05.50"
1976	Greg Artis	Fike	48' 06.00"
1977	Greg Artis	Fike	51' 05.50"
1978	Johnny Johnson	Tarboro	49' 10.00"
1979	Jack Cameron	Person County	47' 10.00"
1980	Mike Gattis	Cummings	48' 00.75"
1981	Ricky Wall	Broughton	50' 01.25"
1982	Tim Leach	Salisbury	50' 05.25"

1983	John Tillman	Parkwood	50' 08.00"
1984	Michael Patton	Mount Airy	50' 09.75"
1985	James Martin	Tuscola	49' 05.00"
1986	James Martin	Tuscola	49' 11.00"
1987	Ricky Hamrick	Crest	47' 09.50"
1988	Marcus Sutton	North Forsyth	48' 01.25"
1989	Tyrell Taitt	Scotland	48' 03.75"
1990	Kerry Kennedy	Millbrook	48' 07.50"
1991	Chris McKinney	Southern Wayne	48' 07.25"
1992	Jermaine Eldridge	Jacksonville	47' 05.25"
1993	Michael McDuffie	Hoke County	47' 05.75"
1994	Jeremy McDaniel	New Bern	47' 03.00"
1995	Theron Wigfall	Jacksonville	48' 03.25"
1996	Troy Minter	Apex	47' 04.00"
1997	Ernest Hill	Pinecrest	47' 06.75"
1998	Dennis Best	E.E. Smith	47' 01.75"
1999	Jason Smith	Pinecrest	49' 05.00"
2000	Garrett Peterkin	Scotland	45' 07.00"
2001	A.J. Davis	Northern Durham	48' 06.50"
2002	A.J. Davis	Northern Durham	48' 00.00"
2003	Michael Mason	Rocky Mount	46' 00.50"
2004	Joe Kindred	Fuquay Varina	47' 08.75"
2005	Nigel Orr	Harding University	48' 04.50"
2006	Alphonso Jordan	Hopewell	48'02.00"
2007	Lincoln Carr	Pine Forest	47'06.50"
2008	Lincoln Carr	Pine Forest	47'09.00"
2009	Desmeion Kennedy	High Point Central	47'02.50"
2010	Steven Bell	SE Raleigh	48'10.00"
2011	Deonnonti McClean	Hoke	47'04.00"
2012	Jaylon Holt	SE Raleigh	47'03.50"

HIGH JUMP

1922	Mclver	Chapel Hill	5' 04.50"
1923	Mclver	Chapel Hill	5' 04.75"
1924	Jack McDowell	Rockingham	5' 03.00"
1925	Smith	Wilmington	5' 04.00"
1926	Buie	R.J. Reynolds	5' 05.00"
1927	Reid	Charlotte Central	5' 07.25"
1928	Brewer	R.J. Reynolds	5' 09.00"
1929	(tie)		
	Sykes	Spring Hope	5' 08.50"
	Johnson	Greensboro	5' 08.50"
1930	Sykes	Spring Hope	5' 07.50"
1931	(tie)		
	Childers	Rockingham	5' 07.75"
	Wilkie	Sanford	5' 07.75"
1932	Thornton	R.J. Reynolds	5' 08.00"
1933	Marion Sams	High Point	5' 09.38"
1934	Marion Sams	High Point	5' 08.00"
1935	Marion Sams	High Point	5' 06.75"
1936	(tie)		
	Potts	High Point	5' 07.75"
	Ashburn	R.J. Reynolds	5' 07.75"
1937	Pollock	Goldsboro	5' 06.50"
1938	Snyder	Clemmons	5' 06.00"
1939	Garland Pendergraft	Durham	5' 09.63"
1940	Hedrick	Lumberton	5' 07.25"
1941	Manual Griffin	Sedge Garden	5' 11.00"
1942	na		
1943	Donald Clayton	Fayetteville	6' 00.06"
1944	Groves	Raleigh	5' 07.00"
1945	(6-way tie)		
	Travis	Greensboro	5' 05.25"
	Bullock	Durham	5' 05.25"
	Murphy	Charlotte Central	5' 05.25"
	Johnson	Fayetteville	5' 05.25"
	Pickett	Raleigh	5' 05.25"
	B.K. Grown	Raleigh	5' 05.25"
1946	Nick Johnson	Fayetteville	5' 09.00"
1947	(5-way tie)		
	Wiggs	Fayetteville	5' 03.00"
	McConkey	R.J. Reynolds	5' 03.00"
	Hobbs	Charlotte Central	5' 03.00"

	Mason	Charlotte Central	5' 03.00"
	Dobbins	Greensboro	5' 03.00"
1948	Splawn	Burlington	5' 10.00"
1949	Thomas	Charlotte Central	5' 09.50"
1950	Rowe	Charlotte Central	5' 09.00"
1951	Huffaker	Charlotte Central	5' 09.00"
1952	(tie)		
	Dickie Barber	Hillsborough	5' 10.00"
Yoder	R.J. Reynolds		5' 10.00"
1953	Dickie Barber	Hillsborough	5' 11.00"
1954	Harold Edwards	Greenville	5' 09.00"
1955	Harold Edwards	Greenville	6' 00.38"
1956	(tie)		
	Bartley Tarlton	Charlotte Central	5' 11.75"
	Harold Edwards	Greenville	5' 11.75"
1957	(six-way tie)		
	Eddie Mizell	Durham	5' 07.00"
	Eddie Burke	Burlington	5' 07.00"
	Bud Tripp	Broughton	5' 07.00"
	Chippy Harris	Durham	5' 07.00"
	Wilfred Turner	R.J. Reynolds	5' 07.00"
	Bill Croom	Durham	5' 07.00"
1958	John Kay	Durham	5' 11.75"
1959	Bill Croom	Durham	6' 00.50"
1960	Tom Clark	Greensboro	6' 01.25"
1961	Sammy Gibbs	Oxford Orphanage	6' 00.75"
1962	na		
1963	Dave Dunaway	Jacksonville	6' 02.00"
1964	Rowe Sawyer	Burgaw	5' 11.00"
1965	Billy Taylor	Mt. Airy	6' 00.00"
1966	Eddie Ashburn	Cary	5' 10.00"
1967	Wayne Wright	Smith	6' 04.75"
1968	Bobby Jones	South Mecklenburg	6' 02.75"
1969	Robert McAdoo	Smith	6' 07.75"
1970	Bobby Jones	South Mecklenburg	6' 06.00"
1971	Chandler Muse	Myers Park	6' 06.75"
1972	Chandler Muse	Myers Park	6' 08.25"
1973	Rufus Crawford	Hunter Huss	6' 05.75"
1974	Rufus Crawford	Hunter Huss	6' 09.25"
1975	Armstead Gilliam	Bertie	6' 07.50"
1976	Lee Shuler	West Guilford	6' 08.50"
1977	Gary Parmeley	West Carteret	6' 08.00"
1978	Robert Hicks	Scotland County	6' 10.00"
1979	Mike Ripberger	Cary	6' 06.00"
1980	Mike Ripberger	Cary	6' 08.50"
1981	Charles Mack	North Forsyth	6' 10.25"
1982	Lenwood Harris	West Craven	6' 10.50"
1983	James Patterson	Fuquay-Varina	6' 09.00"
1984	James McDonald	Scotland County	6' 10.00"
1985	James McDonald	Scotland County	6' 10.00"
1986	Larry Patterson	Cary	6' 08.00"
1987	Darren Moore	Rose	7' 01.00"
1988	Rob Thomas	R.J. Reynolds	7' 00.00"
1989	Robert Thomas	Glenn	7' 00.00"
1990	Jon DeBerry	Richmond Senior	6' 10.00"
1991	Omarr Dixon	Athens Drive	6' 08.00"
1992	Omarr Dixon	Athens Drive	6' 10.00"
1993	Tavores Vanhook	Walter Williams	6' 10.00"
1994	Damien Bennett	Anson County	6' 08.00"
1995	Ramondo North	West Charlotte	6' 06.00"
1996	Tedrick Greene	Ben Smith	6' 06.00"
1997	Temercus McNeil	Sanderson	6' 06.00"
1998	Brandon Brown	A.C. Reynolds	6' 10.00"
1999	A.J. Davis	Northern Durham	6' 06.00"
2000	Jesse Williams	Broughton	6' 08.00"
2001	Jesse Williams	Broughton	7' 02.00"
2002	Jesse Williams	Broughton	7' 02.00"
2003	Gordon Smith	Northern Nash	6' 06.00"
2004	Gordon Smith	Northern Nash	6' 08.00"
2005	Joe Kindred	Fuquay-Varina	6' 06.00"
2006	Tim Lovick	Garner	6' 08.00"
2007	Jake Wainwright	Robinson, J.M.	6' 06.00"
2008	Darius Purcell	Smith, E. E.	6' 07.00"

	2009	Jeffrey Johnson	Rose, J. H.	6'08.00"
	2010	Steven Bell	SE Raleigh	6'06.00"
	2011	Daryl Saunders	Garner	6'08.00"
	2012	Jonathan Addison	Enloe	6'08.00"
POLE VAULT	1922	Roberts	Chapel Hill	10' 00.25"
	1923	Schilts	Charlotte Central	9' 03.50"
	1924	Jack McDowell	Rockingham	9' 06.00"
	1925	Houston	Charlotte Central	9' 02.00"
	1926	Neiman	Charlotte Central	10' 04.00"
	1927	Neiman	Charlotte Central	11' 00.00"
	1928	Houston	Charlotte Central	10' 01.00"
	1929	Sikes	Edward Best	10' 09.00"
	1930	(tie)		
		Goodwin	Greensboro	10' 10.25"
		Sykes	Spring Hope	10' 10.25"
	1931	Norman	Greensboro	11' 01.75"
	1932	Norman Hendrix	High Point	10' 08.00"
	1933	Norman Hendrix	High Point	12' 00.00"
	1934	Norman Hendrix	High Point	11' 08.00"
	1935	Freeman	Barium Springs	10' 06.00"
	1936	Edwards	Kernersville	11' 04.00"
	1937	McLeod	Sanford	11' 00.00"
	1938	(tie)		
		Garland Pendergraft	Durham	10' 05.00"
		Crater	Lewisville	10' 05.00"
	1939	Garland Pendergraft	Durham	11' 06.00"
	1940	(tie)		
		Creech	Old Richmond	10' 09.00"
		Saunders	High Point	10' 09.00"
	1941	(tie)		
		Cade	Rocky Mount	10' 06.00"
		Allspaugh	R.J. Reynolds	10' 06.00"
	1942			
	1943			
	1944	(tie)		
		Fred Boger	Charlotte Central	10' 07.75"
		Nick Johnson	Fayetteville	10' 07.75"
	1945	Nick Johnson	Fayetteville	10' 10.00"
	1946	Nick Johnson	Fayetteville	10' 09.00"
	1947	House	Durham	10' 08.00"
	1948	Boren	Curry	11' 00.00"
	1949	Boren	Curry	11' 03.00"
	1950	Logan	Charlotte Central	11' 00.00"
	1951	Logan	Charlotte Central	10' 08.00"
	1952	Logan	Charlotte Central	11' 08.00"
	1953	Upchurch	Raleigh	10' 09.00"
	1954	Upchurch	Raleigh	11' 10.00"
	1955	Walker	Charlotte Central	11' 08.00"
	1956	(tie)		
		Bartley Tarlton	Charlotte Central	11' 06.00"
		Johnson	Durham	11' 06.00"
	1957	(tie)		
		Heath Whittle	North Mecklenburg	12' 01.00"
		Howard Walker	Charlotte Central	12' 01.00"
	1958	Heath Whittle	North Mecklenburg	12' 04.00"
	1959	Heath Whittle	North Mecklenburg	12' 04.50"
	1960	Billy Peabody	Broughton	12' 00.00"
	1961	na		
	1962	Curtis White	Myers Park	12' 00.00"
	1963	Johnson	Boyden	12' 00.00"
	1964	Harold Lilly	New Bern	13' 00.00"
	1965	Harold Lilly	New Bern	13' 01.25"
	1966	Mac Crews	East Mecklenburg	13' 00.00"
	1967	Pat Hilliard	Salisbury	13' 08.00"
	1968	Vince Struble	Broughton	13' 00.00"
	1969	Richard McDuffie	Terry Sanford	13' 06.00"
	1970	Steve Peterson	Broughton	13' 08.75"
	1971	Jesse Ratliff	T.W. Andrews	14' 00.75"
	1972	David Turner	Broughton	14' 02.00"
	1973	David Robinson	Broughton	14' 10.00"
	1974	David Ward	Olympic	15' 00.00"
	1975	Wayne Struble	Sanderson	13' 06.00"

1976	Tracey Lynne	Myers Park	14' 00.00"
1977	David Forsythe	South Granville	13' 07.00"
1978	Alvin Charleston	East Rowan	15' 01.00"
1979	Alvin Charleston	East Rowan	14' 06.00"
1980	Joshua Charleston	East Rowan	14' 00.00"
1981	Mike Thurber	Rose	15' 02.00"
1982	Steve Edwards	Myers Park	14' 06.00"
1983	Donald Long	Thomasville	13' 06.00"
1984	Mike Schell	White Oak	14' 00.00"
1985	Tim Swain	Ledford	14' 00.00"
1986	Bruce Raynor	Pine Forest	13' 00.00"
1987	Sy Creed	Scotland County	14' 00.00"
1988	Chris Lamb	Laney	13' 06.00"
1989	Maurice Hilliard	Smithfield-Selma	13' 06.00"
1990	Ed Monroe	Pinecrest	14' 00.00"
1991	Bobby Hostler	Chapel Hill	13' 00.00"
1992	Richard Kratz	Ashbrook	14' 00.00"
1993	Mike Welch	Millbrook	14' 00.00"
1994	Joel Freeman	Northern Nash	15' 00.00"
1995	Jason Knightlinger	Northern Nash	13' 00.00"
1996	Lito Ajejo	Freedom	13' 06.00"
1997	Dan Sarisky	Broughton	14' 00.00"
1998	Chris McMillian	Apex	13' 00.00"
1999	Steve Taylor	Leesville Road	14' 02.00"
2000	Josh Hyde	Apex	14' 06.00"
2001	Chris Gross	Broughton	15' 00.00"
2002	Chris Gross	Broughton	14' 06.00"
2003	Drew Lovette	Vance	14' 00.00"
2004	Kyle Spivey	South	14' 06.00"
2005	Caleb Henley	South Rown	15' 00.00"
2006	Ryan Twiford	Clayton	14'06.00"
2007	Scott Houston	NW Guilford	15'05.00"
2008	Scott Houston	NW Guilford	16'00.00"
2009	Aaron Zakula	East Forsyth	15'06.50"
2010	Henry Johnson	Smithfield-Selma	14'06.00"
2011	John Mangum	Green Hope	15'00.00"
2012	Harrison Booth	Broughton	14'06.00"

3200 METER RELAY

1986	Did Not Offer Event		
1987			
1988		Watauga	7: 58.77
1989		Mt. Tabor	7: 51.70
1990		Harding	7: 59.12
1991		Athens Drive	8: 02.62
1992		Northern Nash	8: 08.04
1993		Millbrook	7: 58.61
1994		Millbrook	8: 00.83
1995		East Mecklenburg	8: 00.27
1996		Apex	7 :58.21
1997		West Charlotte	7: 58.88
1998		West Charlotte	7: 49.07
1999		West Charlotte	7: 57.68
2000		Watauga	7: 49.00
2001		Leesville Road	7: 53.85
2002		North Forsyth	7:52.19
2003		North Forsyth	7:49.65
2004		Southeast Raleigh	7:52.71
2005		Pinecrest	7:53.74
2006		Pinecrest	7:45.82
2007		New Bern	7:50.66
2008		New Bern	7:46.12
2009		New Bern	7:48.11
2010		Broughton	7:49.33
2011		Ardrey Kelly	7:49.80
2012		Ronald Reagan	7:50.60

110 METER HIGH HURDLES (120 yards until 1980)

1922	McIver	Chapel Hill	16.20
1923	Ware	Charlotte Central	16.40
1924	G.H. Miller	Reidsville	16.50
1925	Packer	High Point Central	15.20
1926	Milstead	Charlotte Central	15.00
1927	Reid	Charlotte Central	15.00
1928	Reid	Charlotte Central	14.80

1929	E. Smith	New Hanover	16.20
1930	Wood	Charlotte Central	17.30
1931	Hawthorne	Charlotte Central	16.20
1932	Shipman	High Point	16.80
1933	Isenhour	Charlotte Central	16.80
1934	Umstead	Durham	16.70
1935	Potts	High Point	17.20
1936	Potts	High Point	16.20
1937	Bill Mengel	Chapel Hill	15.80
1938	Jack Taylor	R.J. Reynolds	15.20
1939	Mangum	R.J. Reynolds	15.30
1940	Hoot Brantley	Charlotte Central	15.50
1941	Floyd Simmons	Charlotte Central	16.20
1942	Floyd Simmons	Charlotte Central	14.90
1943	na	na	na
1944	Eddie Butler	Winston-Salem	16.50
1945	B.K.Grown	Raleigh	16.30
1946	Morow	Charlotte Central	15.90
1947	Beck	High Point	16.00
1948	Beck	High Point	15.70
1949	Curtis Landon	Durham	15.10
1950	Beall	R.J. Reynolds	15.60
1951	Bowden	Salisbury	16.50
1952	Garland Thomas	Charlotte Central	15.30
1953	Woodall	Durham	15.60
1954	Jim Hambright	Burlington	15.60
1955	Lou Glascock	Greensboro	15.20
1956	Lou Glascock	Greensboro	14.90
1957	Claude Gibson	Asheville	15.10
1958	Wilford Turner	R.J. Reynolds	15.30
1959	Bob Martin	Broughton	15.80
1960	Jimmy Eads	Broughton	15.50
1961	Milton Baugess	Northwest Forsyth	15.60
1962	Reid Warren	R.J. Reynolds	14.80
1963	Bill Rothwell	West Mecklenburg	15.10
1964	Steve Laney	Garinger	14.80
1965	Jeff Howser	Myers Park	14.40
1966	Jeff Howser	Myers Park	14.30
1967	Paul Vincent	Myers Park	14.90
1968	Alfred Adams	Atkins	15.20
1969	Carlester Crumpler	Fike	14.50
1970	Carlester Crumpler	Fike	14.30
1971	David Bracey	Laurinburg	14.00
1972	Charles Rhomes	Hillside	13.60
1973	Jack Freeman	Northern Nash	14.20
1974	Tony Boulter	West Mecklenburg	13.70
1975	Marvin Rankins	Bertie	13.70
1976	Bobby Phillips	Union Pines	14.30
1977	Jerome Ballew	Seventy-First	14.02
1978	Mike Benjamin	New Bern	14.12
1979	Eddie Deatheridge	North Stokes	14.49
1980	Clyde Hunt	Webb	14.44
1981	William Cooper	East Forsyth	13.86
1982	John Boghans	Salisbury	14.52
1983	Ellis Dillahunt	Jacksonville	14.61
1984	Isiah Parrish	Southern Durham	14.15
1985	Larry Whiteside	Freedom	14.16
1986	Jeff Wilson	Western Guilford	14.25
1987	Scott Fletcher	Parkland	13.92
1988	Larry Harrington	Millbrook	14.34
1989	Larry Harrington	Millbrook	13.89
1990	Darrin Evans	Freedom	14.18
1991	Sam Mooring	South View	14.28
1992	Jeff Savage	Fike	14.44
1993	Jeff Savage	Fike	14.47
1994	Tony Horne	Richmond Senior	14.43
1995	Jacobi Jones	Jacksonville	14.12
1996	Ramondo North	West Charlotte	14.44
1997	Alvin Grimes	Rose	14.38
1998	Jeremy Carter	Leesville Road	14.55
1999	Tico Waiters	Myers Park	14.53
2000	Robert Boulware	Vance	14.31
2001	Robert Boulware	Vance	14.03

2002	Mike Loyd	Mount Tabor	14.12
2003	Kris Fant	A.C. Reynolds	14.01
2004	Cade Liverman	A.C. Reynolds	14.41
2005	Charles Derrickson	Pine Forest	14.04
2006	Johnny Dutch	Clayton	13.55
2007	Johnny Dutch	Clayton	13.39
2008	Spencer Adams	Butler	13.51
2009	Wayne Davis	SE Raleigh	13.58
2010	Michael Moore	South View	14.53
2011	Stanley Broaden	Ashley	14.38
2012	Jordan Javadi	Providence	14.21

100 METER DASH
(100 yards until 1980)

1922	Branch	Selma	10.60
1923	Tucker	Laurinburg	10.60
1924	R.W. Smith	Charlotte Central	10.60
1925	(tie)		
	Hackney	Greensboro	10.30
	Houghens	R.J. Reynolds	10.30
1926	Wade Ison	Charlotte	10.10
1927	Farmer	New Hanover	10.40
1928	Farmer	New Hanover	10.40
1929	Hancock	New Hanover	10.20
1930	Goodwin	Greensboro	10.40
1931	Gunter	Greensboro	10.50
1932	Frank Sizemore	High Point	10.20
1933	Spain	Durham	10.60
1934	Elmore Hackney	Durham	10.20
1935	Southerland	Durham	10.40
1936	Johnson	Barium Springs	10.30
1937	Bill Wartman	Charlotte Central	10.30
1938	Bill Wartman	Charlotte Central	10.10
1939	Joe Hornbuckle	Durham	10.40
1940	Bill Lyon	Durham	10.20
1941	John Spearman	Greenville	10.40
1942			
1943			
1944	Phil Feeney	Greensboro	10.80
1945	Laddie Terrell	Raleigh	10.60
1946	H. McDonald	Fayetteville	10.40
1947	McDonald	Fayetteville	10.60
1948	Wadsworth	Raleigh	10.20
1949	Bill McDaniels	Durham	10.10
1950	Bill McDaniels	Durham	10.20
1951	Jimmy Hale	Greensboro	10.40
1952	Bobby Honeycutt	Durham	10.10
1953	Bobby Honeycutt	Durham	10.30
1954	Bobby Honeycutt	Durham	10.20
1955	Don Moss	Charlotte Central	10.20
1956	Roy Bradley	Myers Park	10.10
1957	Tom White	Durham	10.10
1958	Travers Chiott	Asheville	10.20
1959	Bill Houston	Myers Park	10.20
1960	John McNinch	Garinger	10.40
1961	Wayne Serett	East Mecklenburg	10.20
1962	Dave Dunaway	Jacksonville	10.10
1963	Dave Dunaway	Jacksonville	10.00
1964	George Soule	Myers Park	9.90
1965	George Soule	Myers Park	10.00
1966	Lewis Jewell	Myers Park	9.90
1967	Lewis Jewell	Myers Park	10.00
1968	Ken Garrett	Terry Sanford	10.10
1969	Ken Garrett	Terry Sanford	9.90
1970	Jerry Stancil	East Montgomery	9.80
1971	Haywood Ray	Ligon	9.60
1972	Haywood Ray	Sanderson	9.60
1973	Carter Suggs	Tarboro	9.30
1974	Carter Suggs	Tarboro	9.50
1975	Calvin Alston	Vance	9.70
1976	Otis Melvin	Terry Sanford	10.10
1977	Darius Covington	Richmond Senior	9.79
1978	Kelvin Bryant	Tarboro	9.80
1979	Ricky White	Kinston	9.98

1980	Alston Glenn	Northern Durham	10.53
1981	Harvey McSwain	Shelby	10.62
1982	Nathan McCorkle	Newton-Conover	10.70
1983	Lee McRae	Pembroke	10.53
1984	Lee McNeill	St. Paul's	10.55
1985	Tim Worley	Lumberton	10.60
1986	Chuckie Simmons	Asheboro	10.53
1987	Randy Jones	Glenn	10.40
1988	A.J. McDonald	Richmond Senior	10.80
1989	Curtis Johnson	Ben L. Smith	10.53
1990	Harold Liles	Anson County	10.79
1991	Dave Adair	Garinger	10.61
1992	Stevie King	Southern Wayne	10.64
1993	Alvis Whited	Orange	10.67
1994	Theodore Chavis	Hillside	10.87
1995	Chris Wylie	Myers Park	10.67
1996	Chris Justice	Grimsley	10.88
1997	Chris Justice	Dudley	10.52
1998	Sean Jackson	Lumberton	10.76
1999	Thomas Lewis	Douglas Byrd	10.65
2000	Duan Barrino	Vance	10.64
2001	Demarcus Fox	D.H. Conley	10.69
2002	Shaton Palmer	Millbrook	10.97
2003	Corey Brown	West Charlotte	10.80
2004	Chris Davis	Providence	10.63
2005	J.R. Rogers	Sanderson	10.60
2006	Ricco Bell	Vance	10.48
2007	Trenton Guy Jr.	West Charlotte	10.53
2008	T.J. Graham	Wakefield	10.44
2009	Hunter Furr	Mount Tabor	10.65
2010	Mar-Keo Jones	Knightdale	10.86
2011	Keith Marshal	Millbrook	10.68
2012	Jahmaal Daniel	Terry Sanford	10.55

800 METER RUN
(880 yards until 1980)

1922	Andrew Bell	Greensboro	2: 11.00
1923	Isley	Friendship	2: 21.60
1924	Gallagher	Charlotte Central	2: 14.80
1925	Harney	Greensboro	2: 06.80
1926	Barbee	Charlotte Central	2: 08.20
1927	Phoenix	Greensboro	2: 05.40
1928	Rankin	New Hanover	2: 09.20
1929	Rankin	New Hanover	2: 06.60
1930	Rankin	New Hanover	2: 03.40
1931	Turpie	Charlotte Central	2: 05.80
1932	Frazier	Oxford	2: 06.80
1933	(tie)		
	Sprye	High Point	2: 05.00
	Worth	Durham	2: 05.00
1934	Worth	Durham	2: 06.60
1935	Davis	Goldsboro	2: 04.20
1936	Sprye	High Point	2: 05.50
1937	Jordan	Durham	2: 05.90
1938	Wise	Charlotte Central	2: 09.30
1939	Thomas	R.J. Reynolds	2: 07.30
1940	Montgomery	High Point	2: 06.40
1941	Jim Reid	Charlotte Central	2: 04.10
1942	Jim Reid	Charlotte Central	2: 02.30
1943	na	na	na
1944	Bullock	Durham	2: 10.40
1945	Bullock	Durham	2: 11.00
1946	Bullock	Durham	2: 08.10
1947	Stegall	Charlotte Central	2: 04.10
1948	Garrison	High Point	na
1949	Wesley Ledford	Raleigh	2: 01.20
1950	Wesley Ledford	Raleigh	2: 03.50
1951	Spangler	R.J. Reynolds	2: 05.40
1952	Whit Spearman	Charlotte Central	2: 04.40
1953	Borner	R.J. Reynolds	2: 04.60
1954	Dave Scurlock	Greensboro	2: 01.80
1955	Dave Scurlock	Greensboro	1: 56.20
1956	Ratcliff	R.J. Reynolds	2: 02.10
1957	Fred Wilson	East Mecklenburg	2: 01.00
1958	Reggie Cox	Chadbourn	2: 04.50

1959	Tom Stockton	Myers Park	2: 00.50
1960	Arthur Jacobson	Lumberton	2: 00.80
1961	Arthur Jacobson	R.J. Reynolds	2: 05.50
1962	William Atwater	Siler City	2: 03.10
1963	Weldon	Myers Park	1: 57.90
1964	David Starnes	Hendersonville	1: 56.90
1965	Jeff West	Myers Park	1: 56.20
1966	John Puckett	North Mecklenburg	1: 57.30
1967	Thompson	West Charlotte	1: 58.00
1968	Tommy Gibbons	Garinger	1: 56.80
1969	Wesley Debnam	Broughton	1: 55.30
1970	Allen	Rose	1: 56.60
1971	John Brown	Myers Park	1: 54.70
1972	Dan Quinn	Fike	1: 54.10
1973	William Southerland	Vance	1: 55.50
1974	Jeff Moody	Pinecrest	1: 55.70
1975	Dennis Huntley	Bowman	1: 54.90
1976	Jim Abbott	Cary	1: 56.30
1977	Robert Dancey	Tarboro	1: 56.29
1978	Robert Dancey	Tarboro	1: 55.28
1979	Brett Plummer	Tarboro	1: 55.40
1980	Greg Roseboro	Hillside	1: 51.39
1981	John Evans	North Forsyth	1: 52.33
1982	Greg Richardson	Vance	1: 52.10
1983	Brian Ponder	Enka	1: 56.49
1984	Jimmy Scott	T.W. Andrews	1: 51.84
1985	Thayne Harmon	Garinger	1: 55.54
1986	Jimmy Scott	Glenn	1: 52.21
1987	Raphael Hightower	Kinston	1: 55.39
1988	Brad Carter	Reidsville	1: 54.32
1989	Brad Carter	Reidsville	1: 52.96
1990	Michael James	Harding	1: 51.99
1991	Pete Zeman	Cary	1: 56.14
1992	Jon Austin	East Gaston	1: 55.90
1993	Chris Mitchell	Walter Williams	1: 57.36
1994	Robbie Howell	Apex	1: 53.56
1995	Will Hodges	Watauga	1: 57.53
1996	Lamont Pennington	Hillside	1: 56.02
1997	Lamont Pennington	Hillside	1: 54.48
1998	Tron Chavis	Pinecrest	1: 53.40
1999	Irving Hunter	West Charlotte	1: 57.41
2000	Brian Greer	Watauga	1: 56.48
2001	Hunter Graham	R.J. Reynolds	1: 56.06
2002	Matt Debole	Mount Tabor	1: 56.13
2003	Doug Noreen	Apex	1: 53.71
2004	Brandon Jones	Independence	1: 52.72
2005	Lamarr Davis	East Wake	1: 53.74
2006	Dylan Ferris	East Forsyth	1:51.95
2007	Dylan Ferris	East Forsyth	1:51.48
2008	Dylan Ferris	East Forsyth	1:52.32
2009	Anthony Hendrix	New Bern	1:54.12
2010	Clyde Wilson	Jack Britt	1:54.72
2011	Carl Walton	Northwest Guilford	1:54.60
2012	Craig Engels	Ronald Reagan	1:54.43
3200 METER RUN			
(2 mile until 1980)			
1970	Ben Bailey	Enka	9: 25.50
1971	Ric Shriver	R.J. Reynolds	9: 27.00
1972	Danny Schlesinger	Sanderson	9: 29.40
1973	Danny Schlesinger	Sanderson	9: 13.70
1974	Tony Bateman	Garinger	9: 21.10
1975	Gary Griffith	Millbrook	9: 17.90
1976	Billy Lynch	Sanderson	9: 20.00
1977	Billy Lynch	Sanderson	9: 17.75
1978	Dan Morton	Grimsley	9: 02.31
1979	Floyd Sapp	South Stokes	9: 28.70
1980	Robert Baker	North Iredell	9: 26.60
1981	Robert Baker	North Iredell	9: 27.91
1982	Mark Shea	Broughton	9: 19.70
1983	Craig Warren	South Lenoir	9: 14.20
1984	John Erickson	Southeast Guilford	9: 21.26
1985	Paul Carpenter	T.C. Roberson	9: 11.87
1986	Mike Clinebell	Watauga	9: 08.00
1987	Eric Hichman	Ashbrook	9: 20.08

1988	Glen Mays	R.J. Reynolds	9: 22.14
1989	Frankie Prevatte	Lumberton	9: 25.57
1990	Kyle Armentrout	Mt. Tabor	9: 14.76
1991	Paul Kinser	Page	9: 36.99
1992	Brian Calloway	Providence	9: 41.86
1993	Robert Easter	Garinger	9: 26.26
1994	Justin Nieldsizlak	Providence	9: 27.14
1995	Will Hodges	Watauga	9: 26.90
1996	Buddy Priest	Person	9: 27.51
1997	Nick Winkel	Rocky Mount	9: 31.19
1998	Bradsher Wilkins	Orange	9: 24.78
1999	Ricky Brookshire	Watauga	9: 26.55
2000	Ricky Brookshire	Watauga	9: 33.90
2001	Stephen Haas	North Mecklenburg	9: 28.44
2002	Bobby Mack	North Forsyth	9:25.18
2003	Bobby Mack	North Forsyth	9:12.09
2004	Sandy Roberts	Broughton	9:27.02
2005	Sandy Roberts	Broughton	9:14.33
2006	Sandy Roberts	Broughton	9:08.65
2007	Taylor Gilland	Chapel Hill	9:23.52
2008	Taylor Gilland	Chapel Hill	9:28.14
2009	Taylor Gilland	Chapel Hill	9:01.68
2010	Mitch Mallory	Wakefield	9:14.58
2011	Mitch Mallory	Wakefield	9:13.00
2012	Sam Roberson	Broughton	9:20.73

200 METER DASH

(220 yards until 1980)

1922	Branch	Selma	24.00
1923	Councilman	Burlington	26.60
1924	R.W. Smith	Charlotte Central	24.30
1925	Houghens	R.J. Reynolds	23.00
1926	Wade Ison	Charlotte Central	22.60
1927	Farmer	New Hanover	22.80
1928	Farmer	New Hanover	23.40
1929	Hancock	New Hanover	22.60
1930	Goodwin	Greensboro	23.20
1931	Frank Sizemore	High Point	22.40
1932	Frank Sizemore	High Point	22.80
1933	Spain	Durham	na
1934	Elmore Hackney	Durham	22.00
1935	Southerland	Durham	22.90
1936	Johnson	Barium Springs	23.00
1937	Bill Wartman	Charlotte Central	22.80
1938	Bill Wartman	Charlotte Central	22.60
1939	Joe Hornbuckle	Durham	23.10
1940	Bill Lyon	Durham	22.50
1941	John Spearman	Greenville	23.20
1942	na		
1943	na		
1944	Phil Feeney	Greensboro	23.50
1945	Laddie Terrell	Raleigh	23.80
1946	Breedon	Greensboro	23.00
1947	Jimmy Cain	Raleigh	22.40
1948	Talmdage Henry	Greensboro	22.90
1949	Jones	High Point	22.80
1950	William McDaniels	Durham	23.10
1951	Jimmy Hale	Greensboro	22.40
1952	Bobby Honeycutt	Durham	22.50
1953	Bobby Honeycutt	Durham	23.00
1954	Bobby Honeycutt	Durham	22.40
1955	Don Moss	Charlotte Central	22.80
1956	West	Greenville	22.70
1957	Scott Bowers	Broughton	22.50
1958	Bill Houston	Myers Park	21.60
1959	Bill Houston	Myers Park	22.00
1960	John McNinch	Garinger	22.70
1961	Wayne Serett	East Mecklenburg	22.70
1962	Dave Dunaway	Jacksonville	21.60
1963	Dave Dunaway	Jacksonville	21.50
1964	Carroll Maxwell	Hendersonville	21.40
1965	George Soule	Myers Park	21.70
1966	Lewis Jewell	Myers Park	21.70
1967	Lewis Jewell	Myers Park	22.10

1968	McGrew Booker	Jacksonville	22.00
1969	Pike Jones	Myers Park	21.70
1970	Pike Jones	Myers Park	21.80
1971	Dennis Jones	Rocky Mount	21.80
1972	Charles Romes	Hillside	21.90
1973	Carter Suggs	Tarboro	21.10
1974	Carter Suggs	Tarboro	21.00
1975	Anthony Parker	West Mecklenburg	21.40
1976	Otie Melvin	Terry Sanford	21.00
1977	Derius Covington	Richmond Senior	21.42
1978	Jeff Cairo	Jacksonville	21.66
1979	Kelvin Bryant	Tarboro	21.60
1980	Alston Glenn	Northern Durham	21.02
1981	Alston Glenn	Northern Durham	21.44
1982	Nathan McCorkle	Newton-Conover	21.30
1983	Daron Council	Lee County	21.15
1984	Lee McNeill	St. Paul's	21.23
1985	Tim Worley	Lumberton	21.66
1986	Randy Jones	Glenn	21.30
1987	Randy Jones	Glenn	21.55
1988	Rayford Phillips	Independence	21.63
1989	Clyde Stephens	Hillside	21.92
1990	Dave Adair	Garinger	21.42
1991	Dave Adair	Garinger	21.31
1992	Pablo Smith	Glenn	21.62
1993	Alvis Whited	Orange	21.21
1994	Theodore Chavis	Hillside	21.59
1995	Ramondo North	West Charlotte	21.45
1996	Ramondo North	West Charlotte	21.66
1997	Darren Tuitt	East Mecklenburg	21.37
1998	Charles Hawkins	Seventy-First	21.64
1999	Duan Barrino	Vance	21.35
2000	Donnie Beamer	Independence	21.44
2001	Donnie Beamer	Independence	21.22
2002	Mike Loyd	Mount Tabor	21.44
2003	Corey Brown	West Charlotte	21.58
2004	Johnathon Hancock	West	21.74
2005	J-Mee Samuels	Mount Tabor	20.61
2006	Brandon Banks	Garner	21.55
2007	Antonio Sales	East Chapel Hill	21.34
2008	T.J. Graham	Wakefield	20.82
2009	Hunter Furr	Mount Tabor	21.37
2010	Mar-Keo Jones	Knightdale	21.68
2011	Anthony Bynum	Hopewell	21.33
2012	Joseph Horton	Knightdale	21.03

**400 METER DASH
(440 yards until 1980)**

1921	Koenig	Greensboro	53.60
1922	Waldo	Wilson	54.40
1923	Wyrick	Greensboro	57.60
1924	R. Wilkins	Greensboro	57.40
1925	Packer	High Point Central	55.00
1926	Farris	Charlotte Central	53.80
1927	Payne	Asheville	53.80
1928	Ilse	New Hanover	54.60
1929	Meacham	Charlotte Central	53.80
1930	Robinson	New Hanover	53.60
1931	James Montgomery	High Point	53.00
1932	James Montgomery	High Point	52.80
1933	McNulty	R.J. Reynolds	53.00
1934	Southerland	Durham	53.20
1935	James	Goldsboro	54.20
1936	Sprye	High Point	52.90
1937	Jimmy Williams	Durham	52.70
1938	Dalton Clower	R.J. Reynolds	53.70
1939	Dalton Clower	R.J. Reynolds	52.30
1940	Dalton Clower	R.J. Reynolds	50.90
1941	Dalton Clower	R.J. Reynolds	51.80
1942	na		
1943	na		
1944	Roy McKnight	Charlotte Central	53.00
1945	Cave	Raleigh	54.00
1946	Jimmy Cain	Raleigh	52.70
1947	Jimmy Cain	Raleigh	50.50

1948	Jones	High Point	52.80
1949	Propst	Charlotte Central	51.80
1950	Wesley Ledford	Raleigh	52.90
1951	Stone	Durham	54.60
1952	Massey	Charlotte Central	51.10
1953	Harwood	R.J. Reynolds	52.30
1954	Johnson	Burlington	51.70
1955	Tommy Hutchins	Charlotte Central	52.00
1956	Bobby Powell	Myers Park	50.10
1957	Jimmy Mooney	Myers Park	50.70
1958	Jimmy Mooney	Myers Park	50.50
1959	Larry Budd	R.J. Reynolds	52.10
1960	Tom Hunter	Chapel Hill	51.80
1961	Steve Phile	R.J. Reynolds	51.20
1962	na		
1963	Carroll Maxwell	Hendersonville	50.00
1964	Carroll Maxwell	Hendersonville	48.30
1965	Jeff Prather	West Mecklenburg	49.20
1966	Gary Stratton	Harding	50.50
1967	Ed Camp	West Charlotte	50.20
1968	Thomas Little	R.J. Reynolds	49.30
1969	Ron Hunt	Jacksonville	49.50
1970	Whitfield	Hillside	49.70
1971	Richard Holmes	Smithfield	48.60
1972	Wayne Douthit	R.J. Reynolds	48.90
1973	Fred Cundiff	Ben L. Smith	49.20
1974	Ron Davis	Durham	48.50
1975	Jim Parrott	Pisgah	48.40
1976	James Fields	New Bern	48.10
1977	Broderick Bennett	East Mecklenburg	48.52
1978	Carlton Bell	Tarboro	48.86
1979	Carlton Frazier	East Mecklenburg	48.31
1980	Carlton Frazier	East Mecklenburg	47.36
1981	Reuben Pierce	E. E. Smith	48.17
1982	Chris Brooks	Broughton	47.30
1983	Delton Hall	Grimsley	46.41
1984	Shane Manuel	Washington	48.35
1985	Michael Brooks	Page	47.56
1986	Keith Malone	Grimsley	48.25
1987	Dennis Waddell	Vance	47.98
1988	Doramus Brewer	Hillside	47.63
1989	Steve Brown	Millbrook	48.05
1990	Dave Adair	Garinger	47.20
1991	Dave Adair	Garinger	46.91
1992	Lewis Harris	Anson County	49.01
1993	Reggie Love	Hillside	48.34
1994	Jasmine Johnson	Harding	48.49
1995	Chris Wylie	Myers Park	46.97
1996	Tyrone Dozier	Leesville Road	48.01
1997	Tyrone Dozier	Leesville Road	47.50
1998	Monterrio Adams	Ashbrook	48.73
1999	Keith McMillan	Southern Wayne	47.49
2000	Chris Martin	East Mecklenburg	48.06
2001	B.J. Henderson	Sanderson	49.18
2002	Andrew Pearman	South Mecklenburg	48.20
2003	A.J. Kaschak	Athens Drive	49.65
2004	Zebedee Johnson	Garinger High	48.28
2005	Steve Gardner	Leesville Road	48.83
2006	Karjuan Williams	New Bern	47.28
2007	Lamarr Davis	East Wake	47.46
2008	Dmitri Bouttry	Myers Park	47.48
2009	Eric Winfrey	Byrd	47.77
2010	Jarrett Samuels	Vance, Z.B.	48.12
2011	Burkheart Ellis Jr.	Knightdale	48.05
2012	Kwame Donyinah	Myers Park	47.48

300 METER INT. HURDLES

1930	220-yard hurdles:	Wilmington	26.00
1931	Smith	Charlotte Central	25.80
1932	Hawthorne	High Point	26.80
1933	James Montgomery	na	26.40
1934	na	Charlotte Central	27.00
1935	Hamilton	Durham	26.20
	Wilson		

	200-yard hurdles:		
1936	Walter Wall	Greensboro	23.60
1937	Walter Wall	Greensboro	23.20
1938	McKinney	Chapel Hill	23.90
1939	Little	Charlotte Central	23.70
1940	Hoot Brantley	Charlotte Central	22.60
1941	Frazier	Greensboro	23.90
1942	na		
1943	na		
1944	Fred Stillwell	Charlotte Central	24.40
1945	Buttler	R.J. Reynolds	25.40
1946	McLeod	Durham	24.30
1947	McLeod	Durham	23.40
1948	Wadsworth	Raleigh	23.00
1949	Bell	Charlotte Central	23.50
1950	Curtis Landon	Durham	26.60
	180-yard hurdles:		
1951	Bowden	Salisbury	21.50
1952	Garland Thomas	Charlotte Central	20.40
1953	Soule	Charlotte Central	21.20
1954	Jim Hambricht	Burlington	21.00
1955	Lou Glascock	Greensboro	20.70
1956	Lou Glascock	Greensboro	19.90
1957	Bob Williams	Broughton	20.40
1958	Bob Martin	Broughton	20.40
1959	Bob Martin	Broughton	20.90
1960	Rich Harris	Myers Park	19.80
1961	Milton Baugess	Northwest Forsyth	21.00
1962	Reid Warren	R.J. Reynolds	19.80
1963	Belk	East Mecklenburg	20.70
1964	Jesse Andrews	Hendersonville	20.00
1965	Jeff Howser	Myers Park	19.80
1966	Jeff Howser	Myers Park	na
1967	Wayne Bowman	Independence	19.20
1968	Olin Carter	Atkins	19.60
1969	Alfred Adams	Atkins	19.40
1970	Carlester Crumpler	Fike	20.30
1971	Charles Romes	Hillside	20.30
1972	Charles Romes	Hillside	19.20
1973	Jack Freeman	Northern Nash	19.50
1974	Tony Boulter	West Mecklenburg	19.20
1975	Marvin Rankins	Bertie	19.00
1976	Greg Nunn	Hillside	19.40
1977	Garcia Chavis	Grimsley	19.01
1978	Ray Hadley	Cummings	19.35
1979	Carl Powell	Northeastern	19.80
	165m hurdles:		
1980	Stanley King	Clinton	19.20
1981	Horace Alston	Hoggard	19.79
	300m hurdles:		
1982	John Boghans	Salisbury	37.69
1983	Izel Jenkins	Fike	37.33
1984	Chris Atkins	New Bern	37.18
1985	Michael Baldwin	Cape Fear	38.41
1986	Elbert Ellis	Hillside	37.29
1987	Elbert Ellis	Hillside	36.84
1988	Michael Clark	Smithfield-Selma	37.64
1989	Larry Harrington	Millbrook	38.18
1990	Rico Moser	Garinger	39.23
1991	John Leak	West Mecklenburg	38.31
1992	Fred Douglas	Northern Nash	38.00
1993	Jeff Savage	Fike	37.93
1994	Frank Bonsu	Sanderson	38.51
1995	Lane Jesseph	Myers Park	38.72
1996	Ramondo North	West Charlotte	38.64
1997	Aaron Sink	Sanderson	37.81
1998	Jeremy Carter	Leesville Road	38.41
1999	Tico Waiters	Myers Park	38.39
2000	Robert Boulware	Vance	38.06
2001	Robert Boulware	Vance	37.72
2002	John Gattis	Northern Durham	38.60
2003	Reggie Hall	Vance	37.94
2004	Cade Liverman	A.C. Reynolds	38.00

	2005	Brent LaRue	East Forsyth	37.14
	2006	Johnny Dutch	Clayton	36.60
	2007	Spencer Adams	Butler	36.04
	2008	Keare Smith	Southeast Raleigh	37.64
	2009	Ben Major	Smith, E. E.	36.84
	2010	Anthony Colon	Broughton	38.12
	2011	Stanley Broaden	Ashley	37.41
	2012	Erin Jenkins	Z.B. Vance	37.92
800 METER RELAY (880 yards until 1982)	1963		Myers Park	1: 32.00
	1964		Broughton	1: 31.10
	1965		Myers Park	1: 30.10
	1966		Myers Park	1: 29.90
	1967		Myers Park	1: 29.80
	1968		Jacksonville	1: 28.70
	1969		Terry Sanford	1: 29.70
	1970		West Charlotte	1: 30.00
	1971		Atkins	1: 28.80
	1972		Parkland	1: 30.70
	1973		Goldsboro	1: 27.60
	1974		E.E. Smith	1: 28.60
	1975		West Mecklenburg	1: 29.70
	1976		Independence	1: 27.60
	1977		Richmond Senior	1: 27.33
	1978		Tarboro	1: 27.64
	1979		Northern Durham	1: 29.20
	1980		Myers Park	1: 26.93
	1981		Northern Durham	1: 25.50
	1982		Rose	1: 27.01
	1983		Myers Park	1: 26.74
	1984		Independence	1: 26.20
	1985		Fike	1: 27.12
	1986		Glenn	1: 26.44
	1987		Hillside	1: 26.28
	1988		Douglas Byrd	1: 26.46
	1989		Douglas Byrd	1: 27.01
	1990		Seventy-First	1: 27.74
	1991		Olympic	1: 27.74
	1992		Grimsley	1: 28.56
	1993		Jordan	1: 28.39
	1994		Hillside	1: 28.82
	1995		Lumberton	1: 28.44
	1996		Garinger	1: 26.35
	1997		East Mecklenburg	1: 26.70
	1998		Lumberton	1: 27.22
	1999		Douglas Byrd	1: 26.97
	2000		Garner	1: 26.87
	2001		Lumberton	1: 27.33
	2002		Mount Tabor	1: 27.43
	2003		West Charlotte	1: 27.08
	2004		Sanderson	1: 28.07
	2005		Sanderson	1: 28.33
	2006		West Charlotte	1:46.20
	2007		Southeast Raleigh	1:26.90
	2008		Butler	1:27.02
	2009		West Charlotte	1:27.08
	2010		Vance, Z.B.	1:27.73
	2011		Knightdale	1:26.05
	2012		Enloe	1:26.61
1600 METER RUN (one mile until 1980)	1921	Andrew Bell	Greensboro	4: 54.20
	1922	Andrew Bell	Greensboro	4: 51.00
	1923	Fogleman	High Point	4: 55.40
	1924	Gallagher	Charlotte Central	4: 57.00
	1925	Barclay	Statesville	4: 44.50
	1926	Phoenix	Greensboro	4: 49.00
	1927	Phoenix	Greensboro	4: 47.30
	1928	Phoenix	Greensboro	4: 46.20
	1929	Jones	Asheville	4: 40.60
	1930	Williamson	High Point	4: 41.00
	1931	Seaman Hudson	Raleigh	4: 36.40
	1932	Frazier	Oxford	4: 43.40
	1933	Morse	Charlotte Central	4: 43.20

1934	Holt	Old Town	4: 40.00
1935	Hendrix	Greensboro	4: 46.00
1936	Chastain	High Point	4: 53.00
1937	Hanes	Charlotte Central	4: 40.60
1938	Vawter	R.J. Reynolds	4: 51.50
1939	Moore	Rural Hall	4: 45.80
1940	Tyndall	Greenville	4: 42.80
1941	Julian McKenzie	Salisbury	4: 31.80
1942	na		
1943	na		
1944	Piephoff	Greensboro	4: 47.00
1945	Powell	Durham	4: 50.50
1946	Bobby Byrd	Durham	4: 44.00
1947	Bobby Byrd	Durham	4: 44.00
1948	Bobby Byrd	Durham	4: 36.90
1949	Bobby Byrd	Durham	4: 31.60
1950	Shockley	Raleigh	4: 39.00
1951	Newman	High Point	4: 53.70
1952	Jim Beatty	Charlotte Central	4: 40.50
1953	Jim Beatty	Charlotte Central	4: 31.90
1954	Rigsbee	Hillsborough	4: 43.70
1955	Cowles Leipert	R.J. Reynolds	4: 41.10
1956	Cowles Leipert	R.J. Reynolds	4: 38.50
1957	Jerry Fincher	East Mecklenburg	4: 34.00
1958	David Gilmore	Myers Park	4: 28.80
1959	Eddie West	Myers Park	4: 25.00
1960	Rocky Soderburg	Garinger	4: 23.00
1961	Rocky Soderburg	Garinger	4: 28.40
1962	na		
1963	Gibbons	Garinger	4: 28.00
1964	Truett Goodwin	Durham	4: 28.90
1965	Truett Goodwin	Durham	4: 22.00
1966	Ken Helms	East Mecklenburg	4: 24.30
1967	Frank Spratt	Chapel Hill	4: 17.70
1968	Silas Mayfield	Hillside	4: 17.30
1969	Jim Wilkins	Roxboro	4: 16.10
1970	Jim Wilkins	Roxboro	4: 15.20
1971	Joe Browder	Grimsley	4: 18.60
1972	Tom Ward	Chapel Hill	4: 14.20
1973	Tom Ward	Chapel Hill	4: 14.00
1974	Henry Jones	Ashbrook	4: 09.80
1975	Dennis Huntley	Bowman	4: 15.50
1976	David Eakins	East Durham	4: 19.90
1977	Leland Adams	Asheville	4: 22.65
1978	Glenn Sparrow	South Point	4: 17.15
1979	Glenn Sparrow	South Point	4: 19.90
1980	Jeff Hutchinson	West Rowan	4: 08.01
1981	Greg Richardson	Vance	4: 15.70
1982	Greg Richardson	Vance	4: 16.58
1983	Jim Farmer	Broughton	4: 13.10
1984	Reggie Littlejohn	A.L. Brown	4: 13.78
1985	Thayne Harmon	Garinger	4: 19.41
1986	Paul DeWitt	Cary	4: 19.59
1987	Eric Hichman	Ashbrook	4: 15.06
1988	Vince Howard	Page	4: 19.43
1989	Nelson Solorzano	Douglas Byrd	4: 25.71
1990	Jamie Griggs	Eastern Guilford	4: 24.88
1991	Paul Kinser	Page	4: 21.09
1992	John Cline	Myers Park	4: 23.79
1993	Robert Easter	Garinger	4: 19.01
1994	Robbie Howell	Apex	4: 15.40
1995	Will Hodges	Watauga	4: 17.37
1996	Lamont Pennington	Hillside	4:22.24
1997	Lamont Pennington	Hillside	4: 18.42
1998	Bradsher Wilkins	Orange	4: 17.42
1999	Ricky Brookshire	Watauga	4: 23.40
2000	Ricky Brookshire	Watauga	4: 07.99
2001	Stephen Haas	North Mecklenburg	4 :16.29
2002	Matt Debole	Mount Tabor	4:13.75
2003	Matt Debole	Mount Tabor	4:09.64
2004	Chase Eckard	South	4:15.52
2005	Jack Bolas	Chapel Hill	4:08.23

	2006	Jack Bolas	Chapel Hill	4:04.38
	2007	Dylan Ferris	East Forsyth	4:14.12
	2008	Dylan Ferris	East Forsyth	4:17.96
	2009	Zak Roshdy	Green Hope	4:16.32
	2010	Blake Williams	Northern Durham	4:13.11
	2011	Blake Williams	Northern Durham	4:19.20
	2012	Craig Engels	Ronald Reagan	4:18.24
400 METER RELAY	1979		Northern Durham	42.80
	1980		Northern Durham	41.23
	1981		Northern Durham	41.69
	1982		Vance	41.85
	1983		Lee County	41.62
	1984		Broughton	41.46
	1985		Independence	41.98
	1986		T. W. Andrews	41.45
	1987		Douglas Byrd	41.62
	1988		Jacksonville	41.47
	1989		Douglas Byrd	41.91
	1990		North Forsyth	41.83
	1991		South View	41.80
	1992		Rose	42.09
	1993		Hillside	42.42
	1994		Hillside	41.90
	1995		West Charlotte	42.41
	1996		Garinger	42.01
	1997		Mount Tabor	42.37
	1998		Mount Tabor	41.96
	1999		Douglas Byrd	41.24
	2000		Garner	41.30
	2001		Mt. Tabor	42.11
	2002		Scotland County	41.82
	2003		Providence	42.26
	2004		West Charlotte	42.13
	2005		Sanderson	41.67
	2006		Vance	41.52
	2007		West Charlotte	41.84
	2008		Butler	42.03
	2009		Mount Tabor	41.33
	2010		Knightdale	42.24
	2011		Millbrook	42.01
	2012		Knightdale	41.93
1600 METER RELAY (mile relay until 1980)	1921		Burlington	4: 54.60
	1922		Wilson	na
	1923		Greensboro	4: 01.00
	1924		Greensboro	3: 58.00
	1925		Charlotte Central	3: 54.20
	1926		R.J. Reynolds	na
	1927		Asheville	3: 41.50
	1928		New Hanover	3: 44.60
	1929		New Hanover	3: 41.60
	1930		Charlotte Central	3: 41.20
	1931		High Point	3: 40.40
	1932		R.J. Reynolds	3: 44.00
	1933		R.J. Reynolds	3: 40.80
	1934		Goldsboro	3: 40.00
	1935		Greensboro	3: 40.80
	1936		Durham	3: 43.60
	1937		Charlotte Central	3: 36.20
	1938		Charlotte Central	3: 40.20
	1939		R.J. Reynolds	3: 35.60
	1940		Durham	3: 32.00
	1941		Charlotte Central	3: 37.20
	1942		na	
	1943		na	
	1944		Charlotte Central	3: 43.00
	1945		Durham	3: 43.40
	1946		Durham	3: 37.30
	1947		Greensboro	3: 39.00
	1948		Durham	3: 36.10
	1949		Durham	3: 36.90
	1950		Durham	3: 34.30

1951	Durham	3: 36.40
1952	Charlotte Central	3: 39.10
1953	R.J. Reynolds	3: 34.60
1954	R.J. Reynolds	3: 32.60
1955	R.J. Reynolds	3: 32.20
1956	Myers Park	3: 32.00
1957	Myers Park	3: 29.40
1958	Myers Park	3: 29.60
1959	Myers Park	3: 34.10
1960	Myers Park	3: 32.20
1961	Myers Park	na
1962	Myers Park	3: 32.60
1963	Myers Park	3: 28.00
1964	Garinger	na
1965	West Mecklenburg	3: 26.00
1966	na	
1967	Myers Park	3: 23.10
1968	Myers Park	3: 24.70
1969	Atkins	3: 22.90
1970	Myers Park	3: 21.70
1971	Atkins	3: 19.00
1972	Myers Park	3: 23.80
1973	Seventy-First	3: 22.50
1974	Tarboro	3: 18.50
1975	Grimsley	3: 18.50
1976	Independence	3: 19.00
1977	Richmond Senior	3: 17.61
1978	Richmond Senior	3: 19.16
1979	E. E. Smith	3: 22.90
1980	Ahoskie	3: 17.28
1981	E.E. Smith	3: 18.99
1982	Westover	3: 16.80
1983	Fike	3: 19.03
1984	Webb	3: 17.19
1985	Independence	3: 16.40
1986	Grimsley	3: 19.60
1987	Hillside	3: 13.92
1988	Smithfield-Selma	3: 16.79
1989	Hillside	3: 16.21
1990	Fike	3: 17.81
1991	Douglas Byrd	3: 20.69
1992	Hillside	3: 21.12
1993	Jacksonville	3: 19.54
1994	Pine Forest	3: 18.49
1995	Pine Forest	3: 17.67
1996	Pine Forest	3: 18.21
1997	East Mecklenburg	3: 18.55
1998	East Mecklenburg	3: 18.21
1999	E. E. Smith	3: 22.32
2000	East Mecklenburg	3:19.61
2001	Jacksonville	3:19.47
2002	South Mecklenburg	3: 20.91
2003	Southeast Raleigh	3:20.54
2004	Southeast Raleigh	3:19.47
2005	Apex	3:20.08
2006	Vance	3:17.71
2007	West Charlotte	3:18.25
2008	New Bern	3:18.01
2009	New Bern	3:14.47
2010	SE Raleigh	3:16.29
2011	Knightdale	3:15.41
2012	Knightdale	3:18.37