

NCHSAA 4A Indoor Track State Championships - 2/12/2022

JDL Fast Track
Performance List

Event 1 Girls Shot Put

4A Meet Record: 48-11.75 2007 Karmorean Hayes, Harding

State Meet Rec: 48-11.75 2007 Karmorean Hayes, Harding

	Name	Year	School	Seed Mark
1	Macy Dulaney	10	Mallard Creek	38-03.00
2	Devon Davis	12	North Mecklenburg	37-08.75
3	Toria Roundtree	12	Green Hope	36-09.50
4	Tyler Glover	10	Ardrey Kell	35-07.50
5	Elizabeth Sawicki	12	Cuthbertson High School	35-04.50
6	Gracie Bolick	12	Asheville	33-09.00
7	Tamya Davidson	12	Southwest Guilford	33-08.00
8	Sady Moody	11	Southwest Guilford	33-02.75
9	Peyton Estes	10	Rolesville High School	33-02.50
10	Destiny Faison	11	Clayton	33-01.00
11	Shanell St. Brice	12	South Iredell	33-00.75
12	Alayah Robertson	11	Cleveland High School	32-07.00
13	Madison Hays	11	South Mecklenburg	32-06.75
14	Shi Smart	12	West Forsyth	32-06.00
15	Nyelah Hakim	12	Olympic	32-05.25
16	Kyndall Spencer	12	South Garner	32-05.00
17	Monica Long	11	Davie County	32-00.00

Event 3 Boys Shot Put

4A Meet Record: 61-10 2013 Jon Beyle, East Chapel Hill

State Meet Rec: 61-10 2013 Jon Beyle, East Chapel Hill

	Name	Year	School	Seed Mark
1	Spencer Williams	12	Davie County	60-03.75
2	Jake Gano	12	Panther Creek	51-00.00
3	Jahnaul Ritzie	11	Glenn	50-06.00
4	Nathan Lau	12	Topsail	49-08.00
5	Devin Reed	12	Marvin Ridge	48-08.50
6	Jeremiah Burch	12	Olympic	48-07.00
7	Kolton Weaver	10	Weddington High School	48-04.00
8	Kristian Eanes	12	Hillside	48-00.25
9	Trevor Tate	12	Cuthbertson High School	47-08.50
10	Josiah Hill	12	Sanderson	47-07.00
11	Denmar Chambers		Sun Valley	45-04.00
12	Will Rizzi	12	Mooreville	45-03.00
13	Jordan Glover	12	Ardrey Kell	45-01.50
14	Jaden Lee	12	Northern Durham	44-09.25
15	Austin Ramirez	11	A.C. Reynolds	44-09.00
16	Gavin Reed	12	South Iredell	44-04.00
17	Khan Cline	12	Athens Drive	44-02.50

Event 5 Girls Long Jump

4A Meet Record: 19-11.25 2/9/2019 Morgan Smalls, Panther Cree

State Meet Rec: 19-11.25 2019 Morgan Smalls, Panther Creek

	Name	Year	School	Seed Mark
1	Ija Mumford	12	Parkland Magnet IB	18-07.25
2	Alexa Nestor	11	Green Level	18-00.00
3	Jazmine Williamson	12	Olympic	17-09.50
4	Sanai Forte	10	Harding University	17-09.25
5	Maeghan Wallace	12	Southern Alamance	17-09.00

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Event 5 ... (Girls Long Jump)

	Name	Year	School	Seed Mark
6	Maya Studney	11	Cuthbertson High School	17-07.50
7	Jasmine Greene	12	Olympic	17-07.50
8	Stephanie Jackson	10	Hillside	17-04.50
9	Kelly MacBride	9	Panther Creek	17-04.00
10	Faith Spencer	12	Panther Creek	17-03.00
11	Sara Maeve Klingensmith	12	East Chapel Hill	17-02.25
12	Katriel Williams	12	Marvin Ridge	17-02.00
13	Lena Richardson	11	Panther Creek	17-02.00
14	Lauren Grose	10	Charlotte Catholic	16-11.50
15	Cassidy Adams	10	Marvin Ridge	16-10.50
16	Sofia Ulanday	12	Holly Springs	16-08.75
17	Exacta Kamba	12	Mallard Creek	16-08.00
18	Isabelle Liu	10	Cuthbertson High School	16-07.00
19	Oluwanifemi Kalejaiye	11	Athens Drive	16-07.00
20	Bailey Huff	9	Reagan	16-07.00
21	Rei-Ann Dean	12	Mallard Creek	16-06.00
22	Meredith Palmer	10	Cuthbertson High School	16-05.00
23	Zora Jones-Lewis	10	East Chapel Hill	16-05.00

Event 6 Boys Long Jump

4A Meet Record: 24-07.25 1997

Marcus O'Neal, Dudley

State Meet Rec: 24-07.25 1997

Marcus O'Neal, Dudley

	Name	Year	School	Seed Mark
1	Tyson Adams	11	West Forsyth	24-02.00
2	Jared Harrell	12	Panther Creek	22-04.00
3	VJ Wilkins	12	Reagan	21-10.50
4	Andrew Steele	10	Reagan	21-08.75
5	Maverick Shotwell	12	Cardinal Gibbons	21-05.25
6	Shakir Clark	11	Julius Chambers High School	21-04.00
7	Ethan White	11	West Forsyth	21-03.50
8	LeQuan Robinson	12	Northern Guilford	21-02.00
9	Treyvon Birchett	12	Mooreville	21-01.75
10	Blake Simmons	10	Mount Tabor	21-01.00
11	Ceejay Hargrove	12	Cleveland High School	21-01.00
12	Chris Brightman	12	Panther Creek	20-11.50
13	Jaivon Pegues	11	Western Guilford	20-11.00
14	DaShawn Winters	11	South Garner	20-11.00
15	Jacob Czupryna	12	Weddington High School	20-10.75
16	Justice Crawford	12	Myers Park	20-10.50
17	Josh Sokeye	11	Marvin Ridge	20-10.25
18	Kyzaiah Stone	12	Cleveland High School	20-10.00
19	Tyree Burke	11	Glenn	20-10.00
20	Lawson Windsor	11	Cuthbertson High School	20-10.00
21	William Murphy	11	Glenn	20-10.00
22	Sam Baucom	12	East Chapel Hill	20-09.50
23	zyon ellison	12	East Forsyth	20-09.00
24	Daniel Stein	11	Millbrook	20-08.50
25	Bryson Robinson	12	Davie County	20-08.00
26	Chandler Clarke	10	Southeast Raleigh	20-07.25
27	Alex Kennedy	12	Apex Friendship	20-07.00

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Event 6 ... (Boys Long Jump)

Name	Year	School	Seed Mark
28 Kobe Mack	9	Parkland Magnet IB	20-06.00

Event 7 Girls Triple Jump

4A Meet Record: 41-09.75 2/9/2019 Morgan Smalls, Panther Cree
State Meet Rec: 41-09.75 2019 Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1 Ija Mumford	12	Parkland Magnet IB	37-06.00
2 Isabelle Liu	10	Cuthbertson High School	37-03.50
3 Lauren Grose	10	Charlotte Catholic	37-02.50
4 Maya Studney	11	Cuthbertson High School	37-00.50
5 Arianna Brown	12	Mallard Creek	36-08.00
6 Katriel Williams	12	Marvin Ridge	36-05.50
7 Keza Green	12	Olympic	36-01.50
8 Faith Spencer	12	Panther Creek	35-11.25
9 Jasmine Greene	12	Olympic	35-10.00
10 Lena Richardson	11	Panther Creek	35-09.00
11 Stephanie Jackson	10	Hillside	35-07.50
12 Exacta Kamba	12	Mallard Creek	35-04.50
13 Lora Dillon	12	Cleveland High School	35-01.50
14 Kirstin Smalls	10	Panther Creek	34-08.00
15 Lynaiyah Sylvester	12	Butler	34-06.50
16 Sofia Ulanday	12	Holly Springs	34-05.00
17 Nya Folk	10	Cardinal Gibbons	34-03.50
18 Alora Williams	10	Willow Spring	34-03.50
19 Destiny Colman	12	Parkland Magnet IB	34-02.00
20 Rafaela Drake	10	Riverside (4a)	34-01.00
21 Zaria Franklin	10	Mallard Creek	33-11.00

Event 8 Boys Triple Jump

4A Meet Record: 49-10.25 2/9/2019 Eric Haddock, Southeast Ra
State Meet Rec: 49-10.25 2019 Jon Beyle, East Chapel Hill

Name	Year	School	Seed Mark
1 Jared Harrell	12	Panther Creek	46-05.00
2 Glenn Ford	12	Marvin Ridge	44-08.00
3 Christian Seibert	11	Cuthbertson High School	44-00.25
4 Brandon Benitez	12	Porter Ridge	43-10.50
5 John Thacker	12	Reagan	43-10.00
6 Tyson Adams	11	West Forsyth	43-10.00
7 Joshua E Alston	10	Enloe	42-09.50
8 Jaivon Pegues	11	Western Guilford	42-04.00
9 Kobe Mack	9	Parkland Magnet IB	42-03.00
10 Javariante Core	11	Western Guilford	42-00.50
11 Andrew Steele	10	Reagan	41-11.50
12 Chandler Clarke	10	Southeast Raleigh	41-11.50
13 LeQuan Robinson	12	Northern Guilford	41-06.75

Event 9 Girls High Jump

4A Meet Record: 6-01 2/9/2019 Morgan Smalls, Panther Cree
State Meet Rec: 6-01 2019 Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1 Jazmine Williamson	12	Olympic	5-06.00
2 Aria Wegh	10	Marvin Ridge	5-05.00

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Event 9 ... (Girls High Jump)

	Name	Year	School	Seed Mark
3	Faith Spencer	12	Panther Creek	5-04.00
4	Audrey Jenkins	10	Grimsley	5-02.00
5	Kirstin Smalls	10	Panther Creek	5-02.00
6	Natalie Griffith	11	Apex Friendship	5-02.00
7	Joslyn Hamilton	10	Rolesville High School	5-02.00
8	Emma Kelly	11	Weddington High School	5-01.00
9	Hayleigh Bryant	11	Northwest Guilford	5-00.00
10	Grace Sugg	12	Providence	5-00.00
11	Isabella Alvarez	11	Holly Springs	5-00.00
12	Danielle Hazlewood	11	Lake Norman	5-00.00
13	Landon Spencer	9	Wakefield	5-00.00

Event 10 Boys High Jump

4A Meet Record: 7-00 2002 Jesse Williams, Broughton

State Meet Rec: 7-00 2002 Jesse Williams, Broughton

	Name	Year	School	Seed Mark
1	Kyzaiah Stone	12	Cleveland High School	7-00.00
2	Bryson Robinson	12	Davie County	6-08.00
3	Michael Stallings	12	Corinth Holders	6-04.75
4	Lance Garrett	12	Rolesville High School	6-04.00
5	Shaun Thomas	11	Pinecrest	6-04.00
6	Jordan Wolverton	10	Mount Tabor	6-02.00
7	Alex Kennedy	12	Apex Friendship	6-01.00
8	Aiden McLaughlin	12	Mooreville	6-01.00
9	Samuel Edwards	12	Weddington High School	6-01.00
10	Jacob Czupryna	12	Weddington High School	6-01.00
11	Steven Elliott	12	Cleveland High School	6-00.00
12	Stephen Radway	10	Rolesville High School	6-00.00
13	Aydan Cannon	10	West Cabarrus HS	5-11.00
14	James Swaringen	10	Asheville	5-11.00
15	Sam Baucom	12	East Chapel Hill	5-11.00
16	Jordan Stevens	10	West Forsyth	5-11.00
17	Chase Raiford	10	Cardinal Gibbons	5-11.00
18	Roman Hudson	12	Marvin Ridge	5-11.00

Event 11 Girls Pole Vault

4A Meet Record: 13-06 2/9/2019 Lindsay Absher, West Forsyth

State Meet Rec: 13-06 2019 Lindsay Absher, West Forsyth

	Name	Year	School	Seed Mark
1	Maddie Davies	12	Athens Drive	12-00.00
2	Ava Studney	12	Cuthbertson High School	12-00.00
3	Haley Hanes	11	West Forsyth	12-00.00
4	Kendall Ford	12	Weddington High School	12-00.00
5	Bailey Tart	11	Northern Durham	11-07.00
6	Sarah Goode	12	Watauga	11-03.00
7	Summer Laskey	11	Athens Drive	11-00.00
8	Lena Richardson	11	Panther Creek	11-00.00
9	Meredyth Barr	11	Myers Park	10-06.00
10	Melissa Starr	12	Marvin Ridge	10-06.00
11	Chorley Truitt	11	Green Level	10-06.00
12	Stephanie Jackson	10	Hillside	10-00.00

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Event 11 ... (Girls Pole Vault)

	Name	Year	School	Seed Mark
13	Talia McCoury	12	Providence	10-00.00
14	Hannah Riley	11	Mount Tabor	10-00.00
15	Katherine Yu	12	Leesville Road	10-00.00
16	Emma Hysco	12	Cuthbertson High School	10-00.00
17	Eleni Fiore	10	Weddington High School	10-00.00
18	Olivia Brandon	12	West Forsyth	9-09.00
19	Olivia Burroughs	10	Watauga	9-06.00
20	Sarah Smith	11	Apex	9-06.00
21	Kylie Bartsch	11	Leesville Road	9-06.00
22	Briggs McCarter	11	Providence	9-00.00
23	Alden Bryson	9	Holly Springs	9-00.00
24	Abby McGroarty	12	Reagan	9-00.00
25	Sarah Kuller	12	Sanderson	9-00.00
26	Lauren Ceccarini	10	Weddington High School	9-00.00
27	Emily Crandall	12	Marvin Ridge	9-00.00
28	Kaylie Dziedzina	11	Green Level	9-00.00

Event 12 Boys Pole Vault

4A Meet Record: 16-07 2/15/2020 Spencer Evans, Lake Norman
 State Meet Rec: 16-07 2020 Spencer Evans, Lake Norman

	Name	Year	School	Seed Mark
1	Drew Evans	12	Lake Norman	14-06.00
2	Noah Rhodes	12	Fuquay-Varina	14-01.00
3	Graham Gutknecht	12	South Mecklenburg	14-00.00
4	Luke Holloway	12	Leesville Road	13-06.00
5	Henry Coatney	12	Watauga	13-00.00
6	Mason Coon	12	Green Level	13-00.00
7	Isaac Meadows	12	Asheville	13-00.00
8	Thaddeus Malatlian	12	Reagan	13-00.00
9	Adam Dodd	12	Cuthbertson High School	13-00.00
10	Jack Tan	9	Wakefield	12-10.00
11	Kadin Martin	12	West Forsyth	12-06.00
12	Colby Moore	12	Weddington High School	12-06.00
13	Joshua Madrigal	12	Weddington High School	12-06.00
14	Ryan Davis	11	Weddington High School	12-06.00
15	Carson Hegele	12	Cuthbertson High School	12-06.00
16	Owen Armentrout	12	Mount Tabor	12-00.00
17	Andrew Riley	9	Mount Tabor	12-00.00
18	Jacob Parker	10	West Cabarrus HS	12-00.00
19	Noah Smith	11	Leesville Road	11-06.00
20	Christopher Duarte	12	Providence	11-06.00
21	Reid Hastings	12	Mount Tabor	11-06.00
22	Nicolas Roberts	12	Cuthbertson High School	11-06.00

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Performance List

Event 13 Girls 4x800 Meter Relay

4A Meet Record: 9:25.42 2015

Leesville Road

T. Hemming, N. Mareno, S. Winchel, J. Butler

State Meet Rec: 9:25.42 2015

Leesville Road

T. Hemming, N. Mareno, S. Winchel, J. Butler

Team	Relay	Seed Time
1 Cuthbertson High School	A	9:18.13
1) Charlotte Bell 10	2) Lillian Nasta 11	3) Gabi Lassiter 12
4) Justine Preisano 10		
2 Mount Tabor	A	9:39.50
1) Hannah Riley 11	2) Thalia Soule 11	3) Eliza Brand 10
4) Katie McFerrin 10		
3 Chapel Hill	A	9:44.18
1) Abby Weber 12	2) Mara Pirone 12	3) Amelia Maughan 12
4) Nora Daley 11		
4 Cardinal Gibbons	A	9:45.72
1) Addy Mitchell 9	2) Peyton LaNasa 10	3) Ina Lazarczyk 9
4) Hannah Rae Shaffer 9		
5 Weddington High School	A	9:52.82
1) Elizabeth Ritter 11	2) Valeria Mas 11	3) Alyx Beausoleil 12
4) Emma Gandossy 12		
6 Marvin Ridge	A	9:53.83
1) Kayla Basinger 12	2) Riley Basinger 12	3) Danielle Colling 11
4) Amber Angelillo 11		
7 Ardrey Kell	A	9:55.80
1) Anna Wells 11	2) Taylor Fenton 11	3) Caitlin Peck 12
4) Julia Van Dine 10		
8 Athens Drive	A	10:08.89
1) Laura Cate Westerbeek 12	2) Anna Bittner 10	3) Grace Anderson 10
4) Carly O'Toole 12		
9 Broughton	A	10:10.92
1) Lillian Kane 11	2) Margaret Lyon 10	3) Miriam Ragsdale 10
4) Rowan Shannon 11		
10 Green Level	A	10:16.35
1) Campbell Dille 12	2) Kaylie Dziejdzina 11	3) Delaney Coleman 9
4) Eliza Greengrass 10		
11 Heritage	A	10:17.53
1) Ainsley Donovan 11	2) Charlotte Wakefield 11	3) Ella White 10
4) Viola Korir 11		
12 Panther Creek	A	10:17.97
1) Julia Connor 12	2) Ishi Varshney 10	3) Claire Stockman 12
4) Natalie Wilhelm 11		
13 Northern Guilford	A	10:18.24
1) Kiersten Kohler 11	2) Natalie States 10	3) Jiya Patel 11
4) Katrina Ford 12		
14 Middle Creek	A	10:18.26
1) Lily Rogers 11	2) Madelyn Merna 12	3) Emily Spies 12
4) Isabella Ferri 11		
15 Leesville Road	A	10:18.38
1) Clara Davis 9	2) Nia Quigley 11	3) Elissa Cesky 9
4) Paige Bombien 12		
16 West Forsyth	A	10:19.20
1) Blair Newsome 12	2) Abby Reutinger 10	3) Tenley Douglass 11
4) Sophie Cowart 11		
17 Riverside (4a)	A	10:20.80
1) Ellison Deskins 11	2) Elizabeth Healy 9	3) Lucy Morris 9
4) Anika Raburn 10		
18 Olympic	A	10:22.51
1) Sky Bleu Tyson 9	2) Kristen Gaines 9	3) Breyana Jackson 12
4) Natalia Martin 11		
19 Cary	A	10:24.01
1) Abby Corn 11	2) Emma Elkan 10	3) Claire Hann 11
4) Rachel Klett 10		
20 A.C. Reynolds	A	10:24.40
1) Evva Hamilton 9	2) Anna Laws 12	3) Mary Elizabeth Shoop 12
4) Ella Kepple 11		
21 Reagan	A	10:25.08
1) Ahtziri Alonzo 11	2) Megan Canace 12	3) Tori Clinger 11
4) Lily Conner 10		

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Event 14 Boys 4x800 Meter Relay**4AMeetRecord: 7:57.23 2015****Southview****C. Cotazar, M. Staples, J. Alejandro, P. Hall****StateMeetRec: 7:57.23 2015****Southview****C. Cotazar, M. Staples, J. Alejandro, P. Hall**

Team	Relay	Seed Time
1 Weddington High School	A	7:58.82
1) Sam Bland 12	2) Ben Timberlake 12	3) Tyler Hornberger 12
4) Isaac Clark 12		
2 Charlotte Catholic	A	8:17.45
1) Ian Pierce 11	2) Logan Hill 10	3) AJ Painter 11
4) Nick Potter 11		
3 Mount Tabor	A	8:20.17
1) Lucas Plitt 12	2) Conner Inman 11	3) Will Soule 12
4) Andrew Burrell 11		
4 Green Hope	A	8:21.00
1) Andrew Vo 11	2) Davis Cuffe 12	3) Dax Mahone 10
4) Jacob Kurak 12		
5 Chapel Hill	A	8:22.50
1) Yichen Sun 11	2) Mitchell Abernathy 10	3) Ethan Feldt 12
4) Declan Harden 10		
6 Pinecrest	A	8:23.30
1) Adrian Archer 12	2) Zack Gilbertson 11	3) Manny Winkley 11
4) John Carter 12		
7 Reagan	A	8:24.04
1) Garreth Fulcher 12	2) Nate Hayes 12	3) Jay Keeley 12
4) Tate Shore 9		
8 Apex Friendship	A	8:25.62
1) Michael Hiller 12	2) Yunus Mouline 12	3) Alexander Nash 12
4) Connor Uenking 11		
9 Marvin Ridge	A	8:25.64
1) RJ Gajan 11	2) Aneesh Duggirala 12	3) Aiden Tauro 11
4) Ethan Snyder 12		
10 Providence	A	8:27.36
1) Jon Lakeman 12	2) Parker Young 9	3) Harrison Monahan 10
4) Seth Williams 10		
11 Cuthbertson High School	A	8:29.05
1) Gage Austin 12	2) Brandt Anderson 9	3) Peter Schihl 11
4) Thomas Wlazlowski 10		
12 Cardinal Gibbons	A	8:29.75
1) Henry Dudeck 11	2) Aidan O'Donnell 12	3) Liam O'Donnell 12
4) Sam Howe 12		
13 Mooresville	A	8:30.12
1) Tanner Smith 12	2) Michael Martinez 11	3) Noah Dunn 12
4) Clark Kremar 11		
14 Millbrook	A	8:30.99
1) Harrison Enyeart 12	2) Ryan Adams 10	3) Kamron Kedzierzawski 10
4) Gabriel Mann 12		
15 Leesville Road	A	8:31.00
1) Banks Blizzard 9	2) Kevin Bolin 12	3) Bo Groff 11
4) Daniel Longrie 12		
16 Athens Drive	A	8:31.02
1) Hough Jaeger 12	2) Connor O'Toole 10	3) Jacob Taylor 12
4) Antonio Alonso-Stepanov 11		
17 West Forsyth	A	8:31.52
1) Wesley Haggstrom 11	2) Brandt Doty 11	3) Dyllan McPherson 12
4) Ryan MacReynolds 10		
18 Cary	A	8:32.14
1) Marco Evans 11	2) Luke Liming 10	3) Matthew Martin 12
4) Bennett Perry 12		
19 Lake Norman	A	8:32.62
1) Gavin Sweeney 12	2) Miller Brannen 11	3) Brennan Selcz 12
4) Logan Dingman 11		
20 Riverside (4a)	A	8:32.68
1) Flyn Meadows 12	2) Owen Transue 11	3) Bryan Hampson 11
4) Winston Gasch 12		

Event 15 Girls 55 Meter Hurdles Prelims**4AMeetRecord: 7.81 2015****Ebony Williams, Parkland****StateMeetRec: 7.81 2015****Ebony Williams, Parkland**

Name	Year	School	Seed Time
1 Akala Garrett	11	Harding University	7.92
2 Taylor Mckinnon	12	Cardinal Gibbons	8.09
3 Aria Wegh	10	Marvin Ridge	8.32

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Event 15 ... (Girls 55 Meter Hurdles Prelims)

	Name	Year	School	Seed Time
4	Alexa Nestor	11	Green Level	8.41
5	Tia Outlaw	12	Southeast Raleigh	8.45
6	Katelynn Smith	11	Hillside	8.50
7	Summer Washington	12	Rocky River High School	8.53
8	Jaynissa Cauthen	12	West Cabarrus HS	8.54
9	Lena Richardson	11	Panther Creek	8.78
10	Zaneta Hudson	10	Riverside (4a)	8.80
11	Jayda Lewis	9	Panther Creek	8.89
12	Riley Gibbons	12	Ardrey Kell	8.93
13	Zamearea Simpson	11	Garner	8.94
14	Kendall Rowland	12	Cardinal Gibbons	8.99
15	Karina Macosko	12	Reagan	9.04
16	Diamond Spencer	12	Panther Creek	9.11
17	Eve (Whitby) Alexander	12	Chapel Hill	9.12
18	Alanna Churchill	12	Cuthbertson High School	9.12
19	Layla Jones	9	Mallard Creek	9.13
20	Nyree Andrews	10	Mallard Creek	9.14
21	Carmen PenaSoto	10	Berry, Phillip O.	9.19
22	Amaya Hopkins	11	South Mecklenburg	9.20
23	Kaitlyn Gratz	11	New Bern	9.24

Event 16 Boys 55 Meter Hurdles Prelims

4A Meet Record: 7.05 2009 Wayne Davis, Southeast Raleigh
 State Meet Rec: 7.05 2009 Wayne Davis, Southeast Raleigh

	Name	Year	School	Seed Time
1	Cameron Wright	12	Weddington High School	7.78
2	Lance Garrett	12	Rolesville High School	7.85
3	Daunte Marshall	11	A.L. Brown	7.99
4	Brandon Benitez	12	Porter Ridge	8.01
5	Nathaniel Azie	12	Marvin Ridge	8.04
6	Jadrien Bumidang	12	Riverside (4a)	8.05
7	Jalyl Baker	12	Mount Tabor	8.06
8	Nikyan Hodge	11	Olympic	8.07
9	Kobe Mack	9	Parkland Magnet IB	8.12
10	Charles Spellings	10	Cuthbertson High School	8.16
11	Lawson Windsor	11	Cuthbertson High School	8.23
12	Ocir Black	11	Parkland Magnet IB	8.23
13	Anthony Brown	11	Western Guilford	8.24

Event 17 Girls 55 Meter Dash Prelims

4A Meet Record: 6.87 2007 Gabby Mayo, Southeast Raleigh
 State Meet Rec: 6.87 2007 Gabby Mayo, Southeast Raleigh

	Name	Year	School	Seed Time
1	Shawnti Jackson	11	Wakefield	6.75
2	Kaylyn Brown	11	Mallard Creek	7.03
3	Ai'yana Gray-Williams	11	Parkland Magnet IB	7.05
4	Lauren Fleming	12	Marvin Ridge	7.06
5	Joslyn Hamilton	10	Rolesville High School	7.10
6	Jaynissa Cauthen	12	West Cabarrus HS	7.14
7	Nina Dominique	9	Hickory Ridge	7.15
8	Jaidyn Ramsey	12	Rolesville High School	7.19

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Event 17 ... (Girls 55 Meter Dash Prelims)

	Name	Year	School	Seed Time
9	Jaylin Pate	12	East Mecklenburg	7.19
10	Jaila Woodruff	9	Hickory Ridge	7.22
11	JaMeesia Ford	11	Jack Britt	7.22
12	Victoria Knight	11	Weddington High School	7.23
13	Briana Benloss	12	Mallard Creek	7.24
14	Ziyah Etchison	11	Parkland Magnet IB	7.26
15	Chianel Asoburuenwu	12	Athens Drive	7.26
16	Jaiya Bolden	12	South Mecklenburg	7.27
17	Kendall Johnson	11	Millbrook	7.30
18	Aniya Woodruff	12	Hickory Ridge	7.31
19	Tolulope Ajayi	12	Providence	7.32

Event 18 Boys 55 Meter Dash Prelims

4A Meet Record: 6.21 1996

Chris Justice, Grimsley

State Meet Rec: 6.21 1995

Chris Justice, Grimsley

	Name	Year	School	Seed Time
1	Terrell Robinson Jr	12	Mount Tabor	6.25
2	Josiah Williams	12	Clayton	6.29
3	Omarion Hampton	12	Cleveland High School	6.35
4	David Lampkin	12	Mallard Creek	6.36
5	Tavion Raynor	12	Cleveland High School	6.37
6	Jayden Blackmon	11	Clayton	6.46
7	Andre Whitaker-Myart	12	Northern Durham	6.49
8	Devin Wingster	12	Clayton	6.49
9	Kyzaiah Stone	12	Cleveland High School	6.53
10	Solomon Yu	12	T.C. Roberson	6.54
11	Will Humphrey	12	Hopewell	6.54

Event 21 Girls 4x200 Meter Relay

4A Meet Record: 1:39.92 2015

Parkland

State Meet Rec: 1:39.92 2015

M. Bryant, K. Sherman, S. Cannon, E. Willias

Parkland

M. Bryant, K. Sherman, S. Cannon, E. Willias

	Team	Relay	Seed Time	
1	Hickory Ridge	A	1:42.69	
	1) Abigail Thomas 12	2) Nina Dominique 9	3) Jaila Woodruff 9	4) Aniya Woodruff 12
2	Parkland Magnet IB	A	1:42.99	
	1) Ija Mumford 12	2) Ziyah Etchison 11	3) Ai'yana Gray-Williams 11	4) Megan Hatcher 10
3	Marvin Ridge	A	1:43.22	
	1) Annika Gregson 11	2) Aria Wegh 10	3) Natasha Simmons 10	4) Lauren Fleming 12
4	Wakefield	A	1:43.34	
	1) Dajion Lee 12	2) Daye Talley 12	3) Mihaly Harris 9	4) Shawnti Jackson 11
5	Mallard Creek	A	1:45.19	
	1) Briana Benloss 12	2) Arianna Brown 12	3) Janiah Pulliam 11	4) Sydney Spellman 12
6	Cuthbertson High School	A	1:46.32	
	1) Skylar Lausen 12	2) Caroline Palmer 12	3) Rebecca Cornett 11	4) Isabelle Liu 10
7	Olympic	A	1:46.49	
	1) Reyniyah Ilarraza 11	2) Jasmine Greene 12	3) Sky Bleu Tyson 9	4) T'Sheylah Moore 11
8	Reagan	A	1:46.57	
	1) Bailey Huff 9	2) Maia Grant 12	3) Kira Lewis 12	4) Karina Macosko 12
9	Panther Creek	A	1:46.93	
	1) Jayda Lewis 9	2) Kelly MacBride 9	3) Sydney Carpenter 11	4) Ky Nelms 10

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Event 21 ... (Girls 4x200 Meter Relay)

Team	Relay	Seed Time	
10 Cleveland High School	A	1:47.04	
1) Priya Murray 12	2) Mason Porter 11	3) Lora Dillon 12	4) Saidee Stone 11
11 Weddington High School	A	1:47.27	
1) Madison Moraja 11	2) Victoria Knight 11	3) Elektra Koulouris 10	4) Samantha Webb 10
12 Green Level	A	1:47.52	
1) Lauryn Taylor 12	2) Alana Daily 10	3) Laveyah Hill 12	4) Alexa Nestor 11
13 Cardinal Gibbons	A	1:47.66	
1) Hailey Juhasz 11	2) Christina Doggett 12	3) Caroline Harper 12	4) Ashleighe Wilkinson 12
14 East Chapel Hill	A	1:48.00	

Event 22 Boys 4x200 Meter Relay

4AMeetRecord: 1:27.87 2/9/2019 Southeast Raleigh, Southeast Ra
E Haddock, R McRae, C Ruffin, B Williams
StateMeetRec: 1:27.87 2019 Southeast Raleigh
E. Haddock, R. McRae, C. Ruffin, B. Williams

Team	Relay	Seed Time	
1 Cuthbertson High School	A	1:27.97	
1) Brad Sweetter 12	2) Christian Seibert 11	3) Killian Fahy 11	4) Reece Morgan 11
2 Mallard Creek	A	1:29.57	
1) Jarrell Guy 12	2) Benjamin Black 10	3) David Lampkin 12	4) Christian Dixon 9
3 Cleveland High School	A	1:30.78	
1) Josiah Peters 11	2) Omarion Hampton 12	3) Tavion Raynor 12	4) Kyzaiah Stone 12
4 Corinth Holders	A	1:30.79	
1) Vondelle Badger 12	2) Fred Foreman 12	3) Tanner Leach 11	4) Michael Stallings 12
5 Clayton	A	1:31.57	
1) Jayden Blackmon 11	2) Josiah Williams 12	3) Devin Wingster 12	4) CJ Martin 10
6 Panther Creek	A	1:31.73	
1) Chris Brightman 12	2) Jared Harrell 12	3) Ethan Clinkscales 12	4) John McGrath 10
7 Cardinal Gibbons	A	1:31.92	
1) Tristen Beasley 12	2) Nick Lemon 11	3) Owen Diamond 11	4) Jaden Miller 10
8 South Garner	A	1:32.02	
1) Jordan Reid 11	2) Isaiah Sykes 11	3) Justin Ellerbe 11	4) Tareeq Brewer 9
9 Olympic	A	1:32.02	
1) Albert Fleming IV 12	2) Chris Providence 11	3) Jemott Duncan 11	4) Sterling Greene 11
10 Porter Ridge	A	1:32.07	
1) Daniel Kennedy 10	2) Stephan Zayachkowsky 11	3) Michael Gyasi 12	4) Calen McKinney 11
11 Marvin Ridge	A	1:32.24	
1) Aidan Danowski 11	2) Glenn Ford 12	3) Kevin Tweneboah 11	4) Caleb Kelson 12
12 Apex Friendship	A	1:32.42	
1) Jonathan Barta 11	2) Eddie Falco 11	3) Donny Williams 11	4) Gabriel Jones 12
13 Reagan	A	1:32.51	
1) Hezekiah Saunders 10	2) Andrew Steele 10	3) VJ Wilkins 12	4) Jeremiah Bailey 11
14 Willow Spring	A	1:32.70	
1) Josiah Gray 10	2) Jeremiah Gray 10	3) Joshua Ortiz 10	4) Malachi Zirkle 10
15 Hillside	A	1:32.77	
1) Tahir Henry 12	2) William Tackie --	3) Desmond Smith 10	4) Briannardo Johnson --
16 West Forsyth	A	1:32.88	
1) Don Robinson 12	2) Caman Chaplin 10	3) Ethan White 11	4) Tyson Adams 11
17 Weddington High School	A	1:32.98	
1) Jack Wolf 10	2) Joshua Dendy 12	3) Cameron Wright 12	4) Bryson Austin 11
18 Mount Tabor	A	1:33.24	
1) Jake Koonin 12	2) Jac Murfee 12	3) Terrell Robinson Jr 12	4) Noah Marshall 12

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Event 22 ... (Boys 4x200 Meter Relay)

Event	Team	Relay	Seed Time
19	A.C. Reynolds	A	1:33.50
	1) Thomas Clark 12	2) Mehki Ikeme 12	3) M.A. Skeins 10
			4) Kane Morgan 12
20	Hoke County	A	1:33.51
	1) DeQuavius Mosley 10	2) Orza Salone 9	3) Elijah Alford 12
			4) Jamari Dortch-Johnson 12
21	Berry, Phillip O.	A	1:33.56
22	Rocky River High School	A	1:33.62
	1) Victor Byrd 12	2) Donovan Brown 12	3) Stephon Corley 12
			4) Brandon Parker 10
23	Pinecrest	A	1:33.65
	1) Jack Frye 12	2) Manny Winkley 11	3) Nahjiir Seagraves 11
			4) Xavier Dowd 12
24	Julius Chambers High School	A	1:33.70
	1) Alex Graves 12	2) Ronnie Page 11	3) Lamarion Linton 12
			4) Shakir Clark 11
25	Myers Park	A	1:33.73
	1) Justice Crawford 12	2) DJ Jones --	3) Zion Mathis --
			4) Kyle Reynolds 12
26	Green Level	A	1:33.85
	1) Nicholas Johnson 11	2) Matt Pickover 11	3) Samari Robinson 11
			4) Cameron Chatmon 12
27	Butler	A	1:33.87
	1) Josiah Wrice 10	2) Aaron Staats 11	3) Travon Tensley 12
			4) Kendel Strickland 12
28	Hopewell	A	1:33.90
	1) Sean Crumpler 11	2) Nolan Donaghy 11	3) Will Humphrey 12
			4) Reggie Grant 12
29	East Chapel Hill	A	1:34.00
	1) Conor Caffrey 12	2) Owen Stout 11	3) Sam Reece 12
			4) Dylan Aubrey 11
30	Parkland Magnet IB	A	1:34.13
	1) Antwan Hughes Jr. 10	2) Justin Powell 11	3) Kobe Mack 9
			4) Ian Franco 11
31	Western Guilford	A	1:34.14
	1) Camren Winfield 10	2) Christopher Coltrane Gas 9	3) Kayvon Pickett 11
			4) Jaivon Pegues 11

Event 23 Girls 1600 Meter Run

4A Meet Record: 4:57.77 2015 Nevada Mareno, Leesville Road
 State Meet Rec: 4:57.77 2015 Nevada Mareno, Leesville Road

Name	Year	School	Seed Time
1 Mary Bonner Dalton	10	Myers Park	4:55.31
2 Lilly Walters	12	Hough, William A	4:59.76
3 Alyssa Preisano	11	Cuthbertson High School	5:00.67
4 Stella Kermes	10	Cuthbertson High School	5:01.59
5 Hannah Rae Shaffer	9	Cardinal Gibbons	5:01.85
6 Maddie Huecker	12	Lake Norman	5:03.95
7 Justine Preisano	10	Cuthbertson High School	5:04.96
8 Riley Basinger	12	Marvin Ridge	5:10.82
9 Reagan Rainey	9	Hough, William A	5:11.51
10 Kaitlyn Obremski	11	Topsail	5:17.00
11 Sarah Mitchell	12	Apex	5:17.99
12 Elizabeth Healy	9	Riverside (4a)	5:18.02
13 Kayla Basinger	12	Marvin Ridge	5:18.10
14 Thalia Soule	11	Mount Tabor	5:18.59
15 Ina Lazarczyk	9	Cardinal Gibbons	5:19.91
16 Joiner Evans	10	Mount Tabor	5:20.53
17 Katrina Ford	12	Northern Guilford	5:20.56
18 Abbey Mckee	12	Northern Durham	5:21.36
19 Keely Bradle	11	Providence	5:21.49
20 Mandi Pollard	9	Corinth Holders	5:22.86
21 Danielle Colling	11	Marvin Ridge	5:25.23
22 Anna Wells	11	Ardrey Kell	5:25.26

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Event 23 ... (Girls 1600 Meter Run)

Name	Year	School	Seed Time
23	Mary Elizabeth Shoop	12 A.C. Reynolds	5:25.71
24	Eliza Brand	10 Mount Tabor	5:25.76
25	Hannah Graham	12 Southern Alamance	5:26.37
26	Sarah Fassinger	9 Reagan	5:26.51
27	Campbell Dille	12 Green Level	5:26.54
28	Kate Henderson	9 Reagan	5:26.56
29	Kelly Smith	12 West Forsyth	5:27.38
30	Peyton LaNasa	10 Cardinal Gibbons	5:28.01
31	Alyx Beausoleil	12 Weddington High School	5:28.18
32	Justine Sanchez	11 Millbrook	5:28.21
33	Ishi Varshney	10 Panther Creek	5:28.38
34	Audrey Wright	11 Weddington High School	5:28.54
35	Lulu Serang	9 West Forsyth	5:28.95
36	Eliza Greengrass	10 Green Level	5:29.28

Event 24 Boys 1600 Meter Run

4A Meet Record: 4:10.61 2003

Bobby Mack, North Forsyth

State Meet Rec: 4:10.61 2003

Bobby Mack, North Forsyth

Name	Year	School	Seed Time
1	Jacob Laney	11 Porter Ridge	4:16.68
2	Zack Gilbertson	11 Pinecrest	4:18.77
3	Ethan Snyder	12 Marvin Ridge	4:19.67
4	Finn McKee	12 Apex Friendship	4:21.64
5	Caden Townshend	11 Weddington High School	4:21.99
6	Isaac Clark	12 Weddington High School	4:23.48
7	Patrick Gibbons	12 Ardrey Kell	4:23.82
8	Dominic Conroy	12 Porter Ridge	4:25.78
9	Sam Bland	12 Weddington High School	4:26.13
10	Alex Fernandez	11 Green Level	4:27.36
11	Noah Valyo	10 Athens Drive	4:27.97
12	Adrian Archer	12 Pinecrest	4:28.08
13	Nathan Geyer	12 D.H. Conley	4:28.18
14	Griffin Wald	11 Middle Creek	4:28.19
15	Luke Armentrout	11 Mount Tabor	4:29.16
16	Nick Frye	11 Corinth Holders	4:29.17
17	Harrison Enyeart	12 Millbrook	4:29.26
18	Davis Potter	12 Mount Tabor	4:29.51
19	Luke Young	11 Green Hope	4:30.07
20	Caleb Roesch	11 South Mecklenburg	4:30.29
21	Ethan Tolar	12 Cleveland High School	4:30.45
22	Henry Haase	12 Riverside (4a)	4:30.81

Event 25 Girls 500 Meter Dash

4A Meet Record: 1:12.33 2/10/2018

Kyna Robinson, Southeast Ra

State Meet Rec: 1:12.33 2018

Kyna Robinson, Southeast Raleigh

Name	Year	School	Seed Time
1	Shawnti Jackson	11 Wakefield	1:13.04
2	Kayla Davis	12 Hough, William A	1:14.01
3	Akala Garrett	11 Harding University	1:14.03
4	Jaylin Pate	12 East Mecklenburg	1:16.64
5	Madison Moraja	11 Weddington High School	1:17.41

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Event 25 ... (Girls 500 Meter Dash)

	Name	Year	School	Seed Time
6	T'Sheylah Moore	11	Olympic	1:17.54
7	Megan Hatcher	10	Parkland Magnet IB	1:18.73
8	Margaret Garner	10	Porter Ridge	1:18.91
9	Natalia Martin	11	Olympic	1:19.71
10	Reagan Oquinn	12	Piedmont	1:19.82
11	Emily Jones	12	Myers Park	1:20.00
12	Jasmine Smith	12	East Mecklenburg	1:20.15
13	Sophia Deluca	12	Cardinal Gibbons	1:20.19
14	Patrice Hinkson	12	Hopewell	1:20.20
15	Katie McFerrin	10	Mount Tabor	1:20.36
16	Raylee Grieco	11	Leesville Road	1:20.38
17	Molly Canon	10	Charlotte Catholic	1:20.38
18	Arianna Brown	12	Mallard Creek	1:20.47
19	Rebecca Cornett	11	Cuthbertson High School	1:20.50
20	Sanai Forte	10	Harding University	1:20.51
21	Presley Worf	12	Cuthbertson High School	1:20.53
22	Madelyn Flower	10	Apex	1:20.63
23	Lauren Vanderpool	10	Mooreville	1:21.26
24	Ainsley Donovan	11	Heritage	1:21.43
25	Laveyah Hill	12	Green Level	1:21.52
26	Hannah Hanes	9	West Forsyth	1:21.69
27	Nia Kane	11	Apex Friendship	1:21.76
28	Viola Korir	11	Heritage	1:21.84
29	Caroline Palmer	12	Cuthbertson High School	1:21.85
30	Danielle Sanchez	12	Millbrook	1:21.96
31	Daijion Lee	12	Wakefield	1:22.12

Event 26 Boys 500 Meter Dash

4A Meet Record: 1:03.65 2009

Andrew Hendrix, New Bern

State Meet Rec: 1:03.65 2009

Andrew Hendrix, New Bern

	Name	Year	School	Seed Time
1	Andrew Mallo	12	Wake Forest HS	1:05.38
2	Max DeAngelo	10	Millbrook	1:05.69
3	Brandon Benitez	12	Porter Ridge	1:06.88
4	Jordan Polk	11	Jordan	1:07.06
5	Jaequan Jones	12	Independence	1:07.24
6	Jaden Miller	10	Cardinal Gibbons	1:07.39
7	Jarrell Guy	12	Mallard Creek	1:07.50
8	Andre Phelps	--	Wakefield	1:07.94
9	Jordyn Smith	12	Berry, Phillip O.	1:08.05
10	Allen Tian	11	Chapel Hill	1:08.11
11	Michael Auman	12	South Garner	1:08.11
12	Chase Harrison	10	Leesville Road	1:08.20
13	Andrew Burrell	11	Mount Tabor	1:08.28
14	Jack Wolf	10	Weddington High School	1:08.40
15	Morris Johnson	10	Hough, William A	1:08.44
16	Sean Crumpler	11	Hopewell	1:08.50
17	Omung Chhina	11	T.C. Roberson	1:08.50
18	Joshua Washington	12	Weddington High School	1:08.50
19	Nigel Lawrence	11	Chapel Hill	1:08.53

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Event 27 Girls 1000 Meter Run

4A Meet Record: 2:53.81 2015

Nevada Mareno, Leesville Road

State Meet Rec: 2:53.81 2015

Nevada Mareno, Leesville Road

Name	Year	School	Seed Time
1	Amelia Maughan	12 Chapel Hill	2:56.27
2	Charlotte Bell	10 Cuthbertson High School	2:58.15
3	Hannah Rae Shaffer	9 Cardinal Gibbons	2:58.84
4	Stella Kermes	10 Cuthbertson High School	2:59.88
5	Madeline Stolberg	11 Lake Norman	3:00.10
6	Sarah Mitchell	12 Apex	3:01.87
7	Katrina Ford	12 Northern Guilford	3:03.17
8	Gabi Lassiter	12 Cuthbertson High School	3:04.91
9	Mandi Pollard	9 Corinth Holders	3:05.27
10	Chandler Coughlin	12 Clayton	3:06.73
11	Caitlin Peck	12 Ardrey Kell	3:06.77
12	Hannah Riley	11 Mount Tabor	3:07.08
13	Abby Weber	12 Chapel Hill	3:07.58
14	Olivia Fischlein	12 Wake Forest HS	3:07.81
15	Ina Lazarczyk	9 Cardinal Gibbons	3:08.15
16	Sarah Fassinger	9 Reagan	3:08.30
17	Peyton LaNasa	10 Cardinal Gibbons	3:08.97
18	Ella Arnold	11 Apex	3:09.00
19	Riley Basinger	12 Marvin Ridge	3:09.07
20	Eliza Brand	10 Mount Tabor	3:09.58
21	Elizabeth Healy	9 Riverside (4a)	3:09.77
22	Thalia Soule	11 Mount Tabor	3:09.79
23	Mara Pirone	12 Chapel Hill	3:10.41
24	Madelyn Merna	12 Middle Creek	3:10.53
25	Catherine Kiplagat	12 Northern Durham	3:11.56
26	Mary Elizabeth Shoop	12 A.C. Reynolds	3:11.73

Event 28 Boys 1000 Meter Run

4A Meet Record: 2:29.03 2008

Dylan Ferris, East Forsyth

State Meet Rec: 2:28.85 2/8/2019

Kyle Durham, Weddington H

Name	Year	School	Seed Time
1	Dylan Look	12 Chapel Hill	2:28.14
2	Andrew Mallo	12 Wake Forest HS	2:31.65
3	Zack Gilbertson	11 Pinecrest	2:33.42
4	Caden Townshend	11 Weddington High School	2:33.72
5	Sam Bland	12 Weddington High School	2:34.64
6	RJ Gajan	11 Marvin Ridge	2:35.04
7	Harper Clark	11 Cleveland High School	2:35.34
8	Manny Winkley	11 Pinecrest	2:36.04
9	Patrick Gibbons	12 Ardrey Kell	2:36.39
10	Logan Dingman	11 Lake Norman	2:36.47
11	Isaac Clark	12 Weddington High School	2:36.83
12	Jacob Kurak	12 Green Hope	2:36.92
13	Winston Gasch	12 Riverside (4a)	2:37.12
14	Alex Fernandez	11 Green Level	2:37.50
15	Finn McKee	12 Apex Friendship	2:37.86
16	Nathan Geyer	12 D.H. Conley	2:37.89
17	Griffin Wald	11 Middle Creek	2:38.11

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Event 28 ... (Boys 1000 Meter Run)

	Name	Year	School	Seed Time
18	Luke Young	11	Green Hope	2:38.29
19	Lucas Plitt	12	Mount Tabor	2:38.35
20	Harrison Enyeart	12	Millbrook	2:38.39
21	Conner Inman	11	Mount Tabor	2:38.70

Event 29 Girls 300 Meter Dash

4A Meet Record: 37.81 2017

Tamara Clark, High Point Central

State Meet Rec: 37.81 2017

Tamara Clark, High Point Central

	Name	Year	School	Seed Time
1	Shawnti Jackson	11	Wakefield	36.95
2	Kayla Davis	12	Hough, William A	38.48
3	Akala Garrett	11	Harding University	39.05
4	Kaylyn Brown	11	Mallard Creek	39.62
5	Ai'yana Gray-Williams	11	Parkland Magnet IB	40.02
6	JaMeesia Ford	11	Jack Britt	40.11
7	Jaylin Pate	12	East Mecklenburg	40.16
8	Madison Moraja	11	Weddington High School	41.27
9	Janiah Pulliam	11	Mallard Creek	41.36
10	Sallie Garner	12	Porter Ridge	41.44
11	Tolulope Ajayi	12	Providence	41.44
12	Kendall Johnson	11	Millbrook	41.46
13	Ziyah Etchison	11	Parkland Magnet IB	41.52
14	Victoria Knight	11	Weddington High School	41.54
15	Kyndal Saunders	11	Corinth Holders	41.56
16	Elyssia Fisher	12	Northern Durham	41.61
17	Sanai Forte	10	Harding University	41.61
18	Laveyah Hill	12	Green Level	41.63
19	Joslyn Hamilton	10	Rolesville High School	41.92
20	Madelyn Flower	10	Apex	42.10
21	Laura Cate Westerbeek	12	Athens Drive	42.13
22	Amaya Hopkins	11	South Mecklenburg	42.17
23	Dajjion Lee	12	Wakefield	42.25
24	Elektra Koulouris	10	Weddington High School	42.27
25	Sophia Deluca	12	Cardinal Gibbons	42.29
26	Daye Talley	12	Wakefield	42.31
27	Jaidyn Ramsey	12	Rolesville High School	42.37
28	Danielle Sanchez	12	Millbrook	42.42
29	Taylor Mckinnon	12	Cardinal Gibbons	42.45
30	Hailey Juhasz	11	Cardinal Gibbons	42.53
31	Patrice Hinkson	12	Hopewell	42.54
32	Amaya Keys	11	Garner	42.58
33	Sara Maeve Klingensmith	12	East Chapel Hill	42.64
34	Gabrielle Thomas	12	Mallard Creek	42.74
35	Leah Carter	10	Leesville Road	42.74

Event 30 Boys 300 Meter Dash

4A Meet Record: 34.39 2017

J. Johnson, Panther Creek

State Meet Rec: 34.39 2017

J. Johnson, Panther Creek

	Name	Year	School	Seed Time
1	Josiah Williams	12	Clayton	34.56
2	Justice Crawford	12	Myers Park	35.12

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Event 30 ... (Boys 300 Meter Dash)

	Name	Year	School	Seed Time
3	Terrell Robinson Jr	12	Mount Tabor	35.42
4	Reece Morgan	11	Cuthbertson High School	35.51
5	Jordyn Smith	12	Berry, Phillip O.	35.64
6	Killian Fahy	11	Cuthbertson High School	35.67
7	Max DeAngelo	10	Millbrook	35.68
8	Nicholas Johnson	11	Green Level	35.69
9	Jordan Polk	11	Jordan	35.83
10	Brandon Benitez	12	Porter Ridge	35.88
11	David Lampkin	12	Mallard Creek	35.89
12	Maverick Shotwell	12	Cardinal Gibbons	35.91

Event 33 Girls 3200 Meter Run

4A Meet Record: 10:31.57 2017

Sara Platek, Ragsdale

State Meet Rec: 10:31.57 2017

Sara Platek, Ragsdale

	Name	Year	School	Seed Time
1	Hannah Rae Shaffer	9	Cardinal Gibbons	10:33.87
2	Mary Bonner Dalton	10	Myers Park	10:41.32
3	Emma Jones	12	Weddington High School	10:42.65
4	Alyssa Preisano	11	Cuthbertson High School	10:44.02
5	Lillian Nasta	11	Cuthbertson High School	10:56.11
6	Justine Preisano	10	Cuthbertson High School	10:56.12
7	Elizabeth Ritter	11	Weddington High School	10:56.33
8	Joiner Evans	10	Mount Tabor	11:04.64
9	Emma Gandossy	12	Weddington High School	11:10.78
10	Mandi Pollard	9	Corinth Holders	11:18.13
11	Addy Mitchell	9	Cardinal Gibbons	11:20.22
12	Peyton LaNasa	10	Cardinal Gibbons	11:21.57
13	Ella Pasko	10	Marvin Ridge	11:29.35
14	Nora Daley	11	Chapel Hill	11:34.87
15	Taylor White	12	West Forsyth	11:38.43
16	Abbey Mckee	12	Northern Durham	11:41.00
17	Ella Kepple	11	A.C. Reynolds	11:41.32
18	Lauren Wimberly	11	Pinecrest	11:42.67
19	Sami Homburger	12	Mooresville	11:43.12
20	Lillian Douglass	10	West Forsyth	11:44.53
21	Katie Foppiano	12	Green Hope	11:44.81
22	Morgan Pollard	9	Corinth Holders	11:44.93
23	Ella Moore	11	Mooresville	11:45.75
24	Lulu Serang	9	West Forsyth	11:47.64
25	Amelia Stephenson	12	Chapel Hill	11:47.72

Event 34 Boys 3200 Meter Run

4A Meet Record: 9:14.71 2000

Ricky Brookshire, Watauga

State Meet Rec: 9:10.96 2010

Jake Hurysz, Eastern Alamance

	Name	Year	School	Seed Time
1	Ethan Snyder	12	Marvin Ridge	9:05.74
2	Jacob Laney	11	Porter Ridge	9:05.76
3	Will Soule	12	Mount Tabor	9:07.53
4	Griffin Horner	12	Lake Norman	9:15.66
5	Zack Gilbertson	11	Pinecrest	9:20.62
6	Isaac Clark	12	Weddington High School	9:22.72

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Event 34 ... (Boys 3200 Meter Run)

Name	Year	School	Seed Time
7	Adrian Archer	12 Pinecrest	9:28.20
8	Dominic Conroy	12 Porter Ridge	9:30.57
9	Tyler Surface	10 Millbrook	9:31.27
10	Douglas Gledhill	12 Mount Tabor	9:31.60
11	Krister Sjoblad	11 Athens Drive	9:31.65
12	Davis Potter	12 Mount Tabor	9:32.33
13	Harper Clark	11 Cleveland High School	9:33.86
14	Alex Fernandez	11 Green Level	9:35.22
15	Nathan Geyer	12 D.H. Conley	9:35.31
16	Aneesh Duggirala	12 Marvin Ridge	9:37.10
17	Caleb Roesch	11 South Mecklenburg	9:37.76
18	Chauncey Chen	11 Weddington High School	9:38.42
19	Harrison Enyeart	12 Millbrook	9:42.36
20	Ian Rouse	11 Jordan	9:42.43
21	Tanner Smith	12 Mooresville	9:43.31
22	Ben Timberlake	12 Weddington High School	9:43.96
23	Advaith Cheruvu	11 Green Level	9:44.18
24	AJ Painter	11 Charlotte Catholic	9:44.42
25	Alec McMillan	12 South Mecklenburg	9:45.05
26	Gavin Hansen	11 Green Hope	9:45.14
27	Grant Barbour	12 Cleveland High School	9:45.80
28	Liam Young	11 Green Hope	9:46.78
29	Finn McKee	12 Apex Friendship	9:47.93
30	Zachary Taylor	12 Green Hope	9:48.17

Event 35 Girls 4x400 Meter Relay

4A Meet Record: 3:48.73 2017

High Point Central

M. Creary, D. Jones, O. Sharp, A. Graham

State Meet Rec: 3:48.73 2017

High Point Central

M. Creary, D. Jones, O. Sharp, A. Graham

Team	Relay	Seed Time
1	Hickory Ridge 1) Abigail Thomas 12 2) Nina Dominique 9 3) Jaila Woodruff 9 4) Aniya Woodruff 12	A 4:05.19
2	Parkland Magnet IB 1) Oteria Dubose 11 2) Megan Hatcher 10 3) Nyssa West 9 4) Saniya Hall 9	A 4:05.69
3	Marvin Ridge 1) Annika Gregson 11 2) Natasha Simmons 10 3) Cassidy Adams 10 4) Aria Wegh 10	A 4:07.40
4	Wakefield 1) Daijion Lee 12 2) Daye Talley 12 3) Mihaly Harris 9 4) Mya Bloodgood 11	A 4:08.96
5	Cuthbertson High School 1) Rebecca Cornett 11 2) Caroline Palmer 12 3) Gabi Lassiter 12 4) Presley Worf 12	A 4:09.43
6	Weddington High School 1) Madison Moraja 11 2) Elektra Koulouris 10 3) Victoria Knight 11 4) Valeria Mas 11	A 4:10.20
7	Green Level 1) Kayleen Ahlquist 12 2) Alana Daily 10 3) Laveyah Hill 12 4) Alexa Nestor 11	A 4:10.62
8	Olympic 1) Reyniyah Ilarraza 11 2) Natalia Martin 11 3) Breyana Jackson 12 4) T'Sheylah Moore 11	A 4:10.64
9	Corinth Holders 1) Sophia Patton 11 2) Sanaia Hill 11 3) Kyndal Saunders 11 4) Mandi Pollard 9	A 4:11.02
10	Apex Friendship 1) Nia Kane 11 2) Victoria Kappel 9 3) Isabella Logan 11 4) Ava Rodriguez 10	A 4:11.57

NCHSAA 4A Indoor Track State Championships - 2/12/2022

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Event 35 ... (Girls 4x400 Meter Relay)

Team	Relay	Seed Time	
11 Mount Tabor	A	4:13.75	
1) Katie McFerrin 10	2) Hannah Riley 11	3) Thalia Soule 11	4) Jamiya Sides-Conrad 9
12 Mallard Creek	A	4:13.89	
1) Arianna Brown 12	2) Janiah Pulliam 11	3) Sydney Spellman 12	4) Gabrielle Thomas 12
13 Cardinal Gibbons	A	4:14.12	
1) Taylor Mckinnon 12	2) Sophia Deluca 12	3) Hailey Juhasz 11	4) Caroline Harper 12
14 Clayton	A	4:14.27	
1) Autumn Joyce 10	2) Laci Mitchner 11	3) Chandler Coughlin 12	4) Elena Gorena 10
15 Chapel Hill	A	4:14.87	
1) Addison Gilner 10	2) Claire Peng 12	3) Kate Hinson-Hume 9	4) Amelia Maughan 12
16 Lake Norman	A	4:15.35	
1) Riley Vanness 11	2) Leah Sikes 11	3) Mary Loring 12	4) Madeline Stolberg 11
17 East Chapel Hill	A	4:15.44	
1) Lenore Bronson 11	2) Sara Maeve Klingensmith 12	3) Emma Benzinger 12	4) Yilin Wang 11
18 Apex	A	4:15.87	
1) Ella Arnold 11	2) Madelyn Flower 10	3) Gracie Treichler 12	4) Addison Collins 9

Event 36 Boys 4x400 Meter Relay

4A Meet Record: 3:21.79 2009

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

State Meet Rec: 3:21.79 2009

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

Team	Relay	Seed Time	
1 Cuthbertson High School	A	3:28.80	
1) Thomas Stamper 12	2) Max Jarvis 12	3) Brad Sweeter 12	4) Killian Fahy 11
2 Chapel Hill	A	3:31.06	
1) Allen Tian 11	2) Cameron Disser 11	3) Declan Harden 10	4) Dylan Look 12
3 Cardinal Gibbons	A	3:33.01	
1) Jackson Hatch 10	2) Tristen Beasley 12	3) Nicholas York 11	4) Owen Diamond 11
4 Mount Tabor	A	3:33.33	
1) Jake Koonin 12	2) Jac Murfee 12	3) Terrell Robinson Jr 12	4) Andrew Burrell 11
5 Green Hope	A	3:33.70	
1) Christian Wright 11	2) Andrew Vo 11	3) Sebastian Percival Shim 10	4) Jacob Kurak 12
6 Corinth Holders	A	3:33.83	
1) Vondelle Badger 12	2) Tanner Leach 11	3) Benjamin Wyszomierski 11	4) Samuel Gibson 12
7 Clayton	A	3:34.24	
1) CJ Martin 10	2) Josiah Williams 12	3) Devin Wingster 12	4) Austin Robinson 12
8 A.C. Reynolds	A	3:34.70	
1) Sean Green 11	2) Ben Kepple 12	3) Parker Kinney 12	4) Anthony Diaz 12
9 Pinecrest	A	3:35.04	
1) Shaun Thomas 11	2) Jack Frye 12	3) Zack Gilbertson 11	4) Manny Winkley 11
10 Hillside	A	3:35.12	
1) Desmond Smith 10	2) Javari Parker 12	3) Emmanuel Ellis 10	4) Shawn Walls 12
11 Hopewell	A	3:35.30	
1) Will Humphrey 12	2) Nolan Donaghy 11	3) Sean Crumpler 11	4) Reggie Grant 12
12 South Garner	A	3:35.31	
1) Michael Auman 12	2) DaShawn Winters 11	3) Tareeq Brewer 9	4) Shaun Daniel 11
13 Marvin Ridge	A	3:35.66	
1) Bradley Sabo 12	2) Aiden Tauro 11	3) RJ Gajan 11	4) Paxson Crawford 10
14 Apex Friendship	A	3:35.74	
1) Jonathan Barta 11	2) Finn McKee 12	3) Connor Uenking 11	4) Donny Williams 11
15 Lake Norman	A	3:35.74	
1) Dylan Murphy 10	2) Kier McKnight 10	3) Kyle Sayre 9	4) Miller Brannen 11

NCHSAA 4A Indoor Track State Championships - 2/12/2022**JDL Fast Track
Performance List****Event 36 ... (Boys 4x400 Meter Relay)**

	Team	Relay	Seed Time
16	Weddington High School	A	3:35.83
	1) Jack Wolf 10	2) Bryson Austin 11	3) Peter Cordier 12
			4) Caden Townshend 11
17	T.C. Roberson	A	3:36.01
	1) Omung Chhina 11	2) Joseph Rath 12	3) Colyn Sprouse 12
			4) Levi Steiner 12
18	Porter Ridge	A	3:36.12
	1) Aiden Webb 10	2) Jacob Laney 11	3) Dominic Conroy 12
			4) Calen McKinney 11