Davis Whitfield To Be New NCHSAA Executive Director

CHAPEL HILL—Norm Lowenthal, director of the William and Ida Friday Center for Continuing Education at the University of North Carolina, has announced that Davis Whitfield has been selected as the next executive director of the North Carolina High School Athletic Association.

Lowenthal made the appointment after a university committee did the search and screening. The NCHSAA has been part of the university since 1913.

Whitfield will succeed Charlie Adams, who has been executive director of the NCHSAA since 1984 and with the Association since 1967. Adams has announced his retirement at the end of January in 2010.

Whitfield, 39, is currently the associate commissioner of the Atlantic Coast Conference, whose offices are in Greensboro, and has been with the ACC for the last seven years. There he has served on the commissioner’s executive staff and manages 22 sports and 21 conference championship events, providing oversight of all aspects of the Olympic sports regular season. Among his duties are developing multi-year schedules, addressing sportsmanship issues and enforcing conference game management policies.

He served as the NCAA site representative for the NCAA women’s soccer and baseball championships. He also represented the conference at local, regional and state events and worked with ACC corporate partners to create and provide exposure opportunities.

Prior to joining the ACC office, he was assistant athletic director for operations and facilities management at Wake Forest University, where he worked for four years. At Wake Forest he managed all home athletic contests for 18 varsity sports as well as all special events and concerts. He held a similar position at Campbell University from 1995 through ’98.

He worked at the 1996 Summer Olympic Games in Atlanta as assistant to the competition manager for baseball, assisting delegates of the International Baseball Association and assisting with scheduling team practices and crowd control.

Whitfield attended East Carolina University from 1988 through ’91, where he was a dean’s list student and a member of the varsity baseball team, and then transferred to the University of North Carolina at Chapel Hill, earning his bachelor of arts in exercise and sports science in 1993. He also has a master’s degree in sports administration from UNC.

A native of Goldsboro and a graduate of Rosewood High School in Wayne County, Whitfield was inducted into the charter class of the school’s sports hall of fame in the fall of 2007.

Whitfield’s wife, the former Nicole Torode from Florida, and two children, Will (almost age 5) and Sydney Grace (almost 2) currently reside in Jamestown.

“Davis is an excellent selection as the next executive director of the North Carolina High School Athletic Association,” said ACC Commissioner John Swofford. “His enthusiasm, energy and values are among the many qualities that make Davis a talented administrator and leader.”

DAVIS WHITFIELD

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And much more!
Seven Named To Join NCHSAA Hall of Fame

CHAPEL HILL—Seven more outstanding names in the annals of state prep athletics have been selected for induction into the North Carolina High School Athletic Association Hall of Fame.

Brad Faircloth of Greensboro, Gilbert Ferrell of Wilson, Bruce Hardin of Charlotte, Jim Maxwell of Durham, Vickie Peoples of Raleigh, Pete Stout of Salisbury and Carolyn Shannonhouse of Cary have been named as the 23rd group of inductees to join the prestigious hall. That brings to 125 the number enshrined.

The new inductees were honored during special halftime ceremonies at a football game at Kenan Stadium in November when North Carolina battled Miami. The University of North Carolina designated the day as the 25th annual NCHSAA Day. The new class will officially be inducted at the special Hall of Fame banquet next spring at the George Watts Hill Alumni Center at the University of North Carolina.

The NCHSAA Hall of Fame is supported by a special grant from GlaxoSmithKline.

“These individuals joining the Association Hall of Fame this year have definitely had a tremendous impact on high school athletics across North Carolina,” says NCHSAA associate executive director Rick Strunk, who coordinates the Hall for the Association. “Their records are certainly impressive, but the character they exemplified and the lives they touched are really representative of what the NCHSAA stands for. Their selection maintains the high standards of excellence established by previous inductees, and we are proud to honor these deserving individuals.”

Brad Faircloth

Bradley Faircloth is one of the top officials that North Carolina has ever produced.

A graduate of Greensboro Senior (now Grimsley) High School and Duke University, for almost 20 years Faircloth worked as the coordinator of football officials and chief financial officer for the Atlantic Coast Conference. But he also enjoyed an outstanding career as a high school official, working NCHSAA championship games in football, basketball and baseball as well as the 1965 Shrine Bowl of the Carolinas. As a college football official he worked seven bowl games, including the 1982 Cotton Bowl.

He received a Distinguished Service Award from the NCHSAA in 1995 and a year later was inducted into the National Football Foundation and College Hall of Fame.

Faircloth has also been very involved with civic and church activities in the Greensboro area, including once serving as general chairman of the Greater Greensboro Open golf tournament.

Gilbert Ferrell

Gilbert Ferrell enjoyed a stellar 38-year career as a teacher, coach, and athletic administrator.

Born in Wilson, he was a graduate of Charles Coon High School there and then graduated from Atlantic Christian College. He spent the bulk of his career in Wilson County, including 20 years as head baseball coach at Wilson Fike, during which his team won the state 4-A title in 1968 and a total of 215 games, and 13 years as athletic director there.

From 1978 through ‘94, he was athletic director for the Wilson County school system. He served as president of the North Carolina Athletic Directors Association in 1978 and twice was named the state’s Athletic Director of the Year.

Gilbert is a member of the Fike Senior High School Hall of Fame, the Barton College Hall of Fame and the NCADA Hall of Fame. He has also received numerous awards and recognition from the NCHSAA.

Bruce Hardin

Bruce Hardin has been a very successful football coach at both the high school and collegiate level.

A graduate of Chase High School who earned his undergraduate degree at Appalachian State, Hardin’s teams have earned two state football titles and three runner-up finishes in 27 years as a high school head coach. Most recently he has been the head coach at Marvin Ridge High School, but he has also served as Charlotte Providence (2001-03), Kannapolis A.L. Brown (1989-2000). West Charlotte (1980-89) and Charlotte Harding (1977-80), after serving as an assistant coach at Charlotte Olympic for 10 years.

He also served as an assistant coach at The Citadel and at the United States Military Academy, the latter from 2003-07.

Bruce was a head coach in both the North Carolina Coaches Association East-West game and the Shrine Bowl. He also was recognized by the NCHSAA with both coach of the year and athletic director of the year awards at various times.

Jim Maxwell

Jim Maxwell has made significant contributions to high school athletics in a couple of different ways.

A native of Hampton, Va., Jim attended Randolph-Macon College and then the Duke University School of Law. He has been the NCHSAA’s legal counsel for many years. But he has also achieved fame as one of the top swimming coaches our state has ever had.

Maxwell was the volunteer head coach at Durham Jordan throughout his 29-year coaching career, coaching both the men’s and women’s teams.
His squads earned five state championships and finished as state runners-up an additional eight times. He directed a regional swimming and diving championship for 19 years and the meet for 15.

In addition, the veteran coach served as chairman of the National Federation Swimming and Diving Rules Committee for four years after three years as a committee member.

**Vickie Peoples**

Vickie Peoples was an outstanding high school athlete in Iowa who really made her mark as a coach in North Carolina.

Peoples was an Iowa high school state finalist in swimming and diving and then a Big Eight gymnastics champion at Iowa State. But it is her stellar career as both the men’s and women’s swimming and diving coach at Raleigh Enloe from 1982 to 2007 that propelled her to the Hall.

Her men’s swimming teams won a total of nine NCHSAA state championships, all in succession. The Eagles also captured 18 regional crowns and 27 conference titles under her tutelage. She served as the director of the Eastern Regional in swimming and diving for 20 years. She was Teacher of the Year at Enloe in the 2004-05 academic year.

The City of Raleigh proclaimed May 1, 2007, as Enloe Swimming and Diving Day in her honor.

**Pete Stout**

Pete Stout was a very successful high school football coach before he returned to his college alma mater to coach there.

Prior to his coaching at Catawba from 1983 to ’86, where he was a four-year letterwinner in football and basketball during his playing days, Stout had stints at Altamahaw, Western Alamance, Salisbury Boyden, Burlington Williams and Morganton Freedom High Schools. In 28 years as a head coach in high school he rolled up a record of 234-63-14 with two NCHSAA state 3-A championships and a pair of runner-up finishes. At Burlington Williams his teams compiled a then-state record of 43 consecutive wins.

Stout is a member of the Rowan County Sports Hall of Fame and the Catawba College Sports Hall of Fame. He was born in Alamance County and attended Haw River High School.

**Carolyn Shannonhouse**

Carolyn Shannonhouse compiled an outstanding record as a coach but has been instrumental in the growth of women’s sports as assistant executive director of the NCHSAA since July of 1986.

Carolyn grew up in southeastern Virginia and attended Madison College (now James Madison University). She taught and coached in Virginia for six years before moving to Wake County, where she coached at Broughton for a year and then at Cary, serving as head coach in both women’s tennis and women’s basketball, for eight years.

In her role with the NCHSAA, she supervises the women’s sports and combination (those sports played by both men and women, such as soccer or tennis) as well as the invitational cheerleading championships, interpreting playing rules and eligibility. She has also held important roles at the national level, serving on a couple of National Federation sports rules committees.

The Hall of Fame plaques are on permanent display in the North Carolina High School Athletic Association’s Hall of Fame room, located in the Simon F. Terrell Building in Chapel Hill that houses the Association offices.
Keeping Perspective Is Right On Target For High School Athletics

Editor's Note: this column first appeared in the Goldsboro News-Argus sports section on Thursday, October 22, 2009, but the message that sports editor Rudy Coggins writes about is timeless. We thought it was so well done that we are pleased to reprint this column from that paper with permission, and we believe that readers of the NCHSAA Bulletin will appreciate its perspective.

Sad faces and soulful, piercing eyes from his players greeted Charles B. Aycock football coach Randy Pinkowski as he stepped into the post-game huddle after a heart-breaking loss to South Johnston on Friday evening.

And the speech Pinkowski delivered was endearing.

The veteran coach didn’t deliver a negative comment. Instead, he reminded the players that “mama was going to cook ‘em breakfast the next day, they were going to look in the mirror and still see good-looking 16- and 17-year-old men and they had their whole life in front of them.”

Pinkowski’s message made me think driving home.

He’s right.

We have to remember that teen-agers are teen-agers. They’re not perfect and they’re going to make mistakes. That’s a fact of life.

Too many times we get caught up in the heat of the moment and let words spew from our lips before our brain processes what we’re going to say. A coach, parent, mentor or friend should not overly criticize, but offer a constructive review—in positive fashion—over what just happened.

Sports is not life and death. It is, indeed, a valuable tool that teaches responsibility, discipline and how to work together as a team. You need those characteristics to live your every day life at either home, work or school.

Sometimes that slips our mind.

In 20-plus seasons of covering sports on the high school and collegiate levels, I cringe when I see a coach get in a player’s face and streams of insults or obscenities ... yes, obscenities ... fill the air. It’s no surprise that a player hangs his or her head, walks to the end of the bench and stares into empty space.

“Dressing down” a player in front of teammates, friends and family is nothing short of embarrassing. Not every player is cut from the same cloth and not every player has the same God-given ability.

Parents put considerable trust in coaches to teach their children positive values and help cultivate self-confidence. Once that happens, the player is undoubtedly going to be productive in the classroom, on the playing field and in life in general.

A player’s success should not be measured by the final score, championship trophies or rings. Instead, the player is a winner if he or she puts in the effort.

A large number of NCHSAA schools are already using the service.

MaxPreps.com also specializes in the digital export of its data content, partnering with hundreds of newspapers and TV/radio stations across the country.

MaxPreps.com’s National Association Director is former New York Jets quarterback Al Woodall.

About MaxPreps.com

MaxPreps.com is the leading online high school sports destination, offering the most comprehensive high school sports coverage, with the latest news, analysis, rankings and streaming content. MaxPreps.com aspires to cover every high school team, game and player by partnering with nearly 25,000 varsity coaches throughout the country.


MaxPreps.com is a unit of CBS Interactive, a leading online network for information and entertainment. With more than 200 million people visiting its properties each month, CBS Interactive is the 8th largest Web property globally and the 5th largest Web property in the U.S. in terms of unique video viewers. Its portfolio of leading brands, which include CNET, CBS.com, CBSSports.com, GameSpot, TV.com, BNET, CBS RADIO and Last.fm, span popular categories like technology, entertainment, sports, news and business.

For more information about MaxPreps.com and for the latest high school sports news, scores and expert analysis, please visit maxpreps.com.

NCHSAA, MaxPreps.com Continue Partnership

CHAPEL HILL—The North Carolina High School Athletic Association and MaxPreps.com, the nation’s largest and most comprehensive provider of high school sports content and information, have entered the second year of their agreement. The contract began with the 2008-09 school year.

The designation of MaxPreps.com as the NCHSAA’s “The Official Statistician and Media Partner” was established to give North Carolina schools a single platform on which to report scores and game statistics, while providing them with prominent regional and national recognition through a variety of MaxPreps.com content mediums.

MaxPreps.com’s nationwide blend of editorial, photo and video content provide hard-earned recognition for the countless hours that both student-athletes and coaches dedicate to their high school athletic endeavors.

“We have been very pleased with the relationship we have formed with MaxPreps.com,” said Charlie Adams, executive director of the NCHSAA, “not only in the area of scores and statistics but also with the photography services which are supplied at our state championship events. The NCHSAA strongly encourages all of its member schools to have the stats of their appropriate teams entered with MaxPreps.com.”

MaxPreps.com, a Cameron Park, Calif.-based company that was purchased by the CBS Corporation in 2007, will provide every NCHSAA member school with its own free and easy-to-use schedule and statistical program for football, volleyball, boys’ and girls’ basketball, baseball and fast pitch softball.

The MaxPreps.com data system can automatically generate league and conference standings in North Carolina while compiling state statistical leaderboards in a wide variety of categories. North Carolina state leaders, in turn, will populate on MaxPreps.com’s national leaderboards.
Annual Whitfield Baseball Clinic Is January 16 In Goldsboro

GOLDSBORO—The baseball clinic run by North Carolina High School Athletic Association Hall of Famer George Whitfield is set for its 38th annual renewal.

The clinic is scheduled for Goldsboro High School on Saturday, January 16, 2010, and features another tremendous lineup. Registration is scheduled from 7:30 to 9:15 a.m., and then the clinic will run until 6 p.m.

The clinic is open to all players from Little League through high school, and all coaches at any level are welcome. Players 15 and under may bring their fathers to the clinic free of charge.

Guinness Book of World Records holder Jeff Bardel will be the kick-off speaker at 9:20, followed by NCHSAA assistant executive director Mark Dreibelbis, who will discuss the 2010 baseball rule changes.

Here are some of the other outstanding baseball people and topics that will be covered at this annual event:

- “What College Coaches and Scouts Are Looking for in Today’s Athlete” will be discussed by Maryland head coach Erik Bakich, Ohio head coach Joe Carbone, North Carolina assistant Scott Jackson, Wingate head coach Allen Osborne and East Carolina assistant Nick Schnabel;
- “Practice Organization for the High School Coach” will include St. Joseph’s head coach Fritz Hamburg and Boston College assistant Joe Hastings;
- “Indoor and On-Field Drills To Become a Better High School Player” will be discussed by East Carolina assistant Tommy Atkinson, Campbell head coach Greg Goff and Northern Durham High School head coach Pete Shankle;
- Pitching will be covered by Virginia Commonwealth assistant Shawn Stüber, Tennessee assistant Jason Beverlin, North Carolina assistant Scott Forbes, East Carolina assistant Bill Jarman, High Point University assistant Daniel Latham;
- Catching will feature Pitt Community College head coach Tommy Eason, Louisburg assistant Tony Guzzo; Clayton McCullough, a minor league manager in the Toronto Blue Jays organization; Richmond assistant Chad Oxendine, and Middle Tennessee State head coach Steve Peterson;
- Infield play instructors will be Methodist head coach Tom Austin, Central Florida retired head coach Jay Bergman, Virginia Tech retired head coach Chuck Hartman, UNC-Wilmington head coach Mark Scafe and N.C. State assistant Brian Ward;
- Outfield play will be covered by Atlanta Braves area supervisor Bill Best, East Carolina director of baseball operations Brian Cavanaugh, Atlanta Braves major league crosschecker Paul Faulk, Mount Olive head coach Carl Lancaster and James Molinari of Carolina Elite Baseball of Greenville;
- Base Running will include Duke assistant Matthew Boggs, Virginia Military Institute assistant James Conrad, Florida Atlantic assistant Ben Sanderson, Louisburg head coach John Thomas, and Wake Forest head coach Tom Walters;
- Hitting will be discussed by Alan Beck, Western Carolina assistant; Dave Bristol, a former major league manager with the Reds, Brewers, Braves and Giants; East Carolina head coach Billy Godwin; High Point assistant coach Bryan Peters, and Lenoir Community College head coach Stoney Wine.

Coach Whitfield will mail information to schools across the state in November. The only charge for the clinic is a pre-registration fee of $55 per person, which includes lunch. Registration at the door will be $65.

For any school or team registering six or more people, the cost is $45 per person. It is an instructional clinic so registrants have no need to bring equipment or uniforms. There will also be exhibitors on hand with outstanding buy on baseball equipment.

Questions about the clinic may be directed to George at (919) 778-6013 or write him at 216 Hardingwood Drive, Goldsboro, NC 27534.

Charlie Adams Receives Order Of The Long Leaf Pine

Charlie Adams, long-time executive director of the North Carolina High School Athletic Association, has received the prestigious Order of the Long Leaf Pine from North Carolina governor Beverly Perdue.

The Order of the Long Leaf Pine is one of the highest honors the governor can bestow on a North Carolina citizen. The award was created in 1965 and may be presented to residents in recognition of a proven record of service or some other special achievement. The recipient receives a certificate and the privilege of proposing, at any time, the North Carolina Toast.

Adams was presented his award on behalf of the governor by Representative Verla Insko of the North Carolina General Assembly at a dinner that Adams was attending in honor of Ray Fredrick and the Bouncing Bulldogs rope skipping demonstration team in Durham, so it came as a complete surprise.

“I was shocked but certainly very honored to receive this award,” said Adams. “I am very proud to be a North Carolinian and to be able to serve in my state, so it makes this recognition very special. I thank Governor Perdue, Representative Insko and all of those who were involved with this. It was a tremendous surprise.”

The Order of the Long Leaf Pine actually confers the rank of “Ambassador Extraordinaire” for the state on the recipient.
In Memorium

This is information of which the NCHSAA has been made aware since the publication of the last Bulletin. We appreciate all those who share information with us for the benefit of our membership.

Johnny Anderson

Marion—Long-time Marion and McDowell High School football coach Johnny Anderson died in late August of cancer at the age of 67.

He was head football coach at Marion and then the first coach at the new McDowell High, serving two different stints. He ended up spending 13 seasons at McDowell and compiled a record of 59-39-3 there with three conference championships before going to Morganont Freedom in 1991.

Anderson posted a 27-16 mark in four years at Freedom but retired one game in the 1994 season after suffering a heart attack.

A memorial service for Anderson was held at the McDowell football stadium. He was a charter member of the McDowell Athletic Hall of Fame.

Tom Berry

High Point—Long-time sportswriter Tom Berry died in late August at the age of 49 following a brief illness.

A native of Durham, Berry graduated from Northern Durham High School in 1978 and UNC-Chapel Hill in 1982. After brief stops with newspapers in Thomasville and Durham, he began a 23-year career with The High Point Enterprise. Known throughout the state as a columnist covering everything from Final Fours to the Masters and a Super Bowl, Berry also covered high school events on a regular basis.

Among his final projects prior to falling ill was a fall preview section by the Enterprise that included stories on high school volleyball, soccer, tennis, cross country and women's golf teams.

Following Berry's death, a media award through the Carolina Press Association was established in his honor, with the money all raised from and by his former athletes.

Memorials in his honor may be directed to the Stuart Tripp Scholarship and Community Foundation, Inc. at Ayden-Grifton High School or to the Ayden Christian Church.

Roger Paschal

Durham—Long-time coach Roger Paschal died at the Veterans Administration Medical Center here in late August at the age of 80.

The veteran teacher and basketball coach served for over 30 years in both Moore County and Montgomery County, fielding some outstanding teams. He helped turn Pinehurst High School into a strong program.

Stuart Tripp

Wilmington—Stuart Tripp died in early September at the Cypress Pointe Rehabilitation and Health Care Center here at the age of 86.

Tripp, who was inducted into the NCHSAA Hall of Fame in 2003, amassed an unbelievable record as a coach, almost all at his high school alma mater, Ayden.

A 1940 Ayden High graduate, Tripp then graduated from East Carolina in 1944 and went on to forge Ayden into an athletic powerhouse. He coached football, basketball and baseball there from 1946-62, and then after a one-year stint at Tarboro returned to Ayden to coach basketball from 1965-68.

His overall football mark at Ayden was 93-39-4. He was an assistant coach during a mammoth 45-game win streak there. His baseball teams compiled a 100-52 record, while in basketball his teams rolled up a 289-69 slate during his first stint and then went 72-4 in his final three years of coaching upon his return. His teams won seven conference championships in 15 years in football, six in 15 years in baseball, and 12 league titles, including a couple of state championships, in basketball.

Tripp served eight years as an elected official on the Ayden Board of Commissioners. A youth baseball facility in Ayden was constructed and named in his honor, with the money all raised from and by his former athletes.

Memorials in his honor may be directed to the Stuart Tripp Scholarship and Community Foundation, Inc. at Ayden-Grifton High School or to the Ayden Christian Church.

Eight Coaches Earn Homer Thompson Sportmanship Awards From NCHSAA

Chapel Hill—Eight “coaches who make a difference” by virtue of their exemplary sportmanship were honored by the North Carolina High School Athletic Association at the NCHSAA’s regional meetings.

The coaches were selected for the Homer Thompson Memorial Eight Who Make a Difference award. The award is named in honor of the late Homer Thompson, the long-time Winston-Salem Parkland coach and member of the NCHSAA Hall of Fame. Each honoree received the award at his or her respective regional meeting.

“It is fitting that Homer Thompson’s name be affixed to an award about coaches who make a difference,” says NCHSAA executive director Charlie Adams, “for Homer certainly did make a difference in the lives of many and truly was an outstanding role model.”

The winners were chosen by a special committee based on nominations from the member schools. They received a plaque as part of the Association’s student services program.

Coaches receiving this honor for 2008-09 include the following:

Region 1: Marie Lewis, J.H.Rose HS, DREAM Team & SASI Coach
Region 2: Charles Davis, Charles B. Aycock HS, athletic director and head baseball coach
Region 3: Art Medlin, South Johnston HS, men’s indoor and outdoor track coach
Region 4: Paul Hodges, Lumberton HS, head baseball coach
Region 5: Steven Davis, Dudley HS, head football coach
Region 6: Chris Norman, Shelby HS, head football coach and athletic director
Region 7: David Craft, Hickory HS, head baseball coach and assistant football coach
Region 8: Robert Strong, Hendersonville HS, head men’s basketball coach

Each school had the opportunity to nominate one of its coaches for this award. “These coaches provide excellent role models with their positive approach,” says Adams.

North Carolina Farm Bureau Mutual Insurance Company underwrites the recognition for high school coaches.
160 NCHSAA Schools Are Ejection Free For 2008-09 Year

CHAPEL HILL—The North Carolina High School Athletic Association announced today that 160 member schools in the NCHSAA were ejection free during the 2008-09 school year.

The schools were recognized at the Association’s recently completed regional meetings held across the state. There were a total of 381 member schools in the NCHSAA last year.

Mark Dreiblebis, assistant executive director of the NCHSAA and director of the Association’s Student Services Division, noted that the number of schools that were ejection free was up by 34 from a year ago. A total of 125 schools were ejection free in 2007-08, which represented a decline from a whopping 202 schools, the all-time record, which were ejection free in the 2006-07 academic year. A total of 165 schools went ejection free during the 2005-06 year with 169 in 2004-05. The totals include 157 in 2003-04 and 149 in 2002-03.

The trend generally had been steadily upward since the inception of the program. There were 114 ejection-free schools during the 2001-2002 year and 92 schools were ejection free in both 2000-01 and 1999-2000. A total of 82 schools were ejection-free in 1998-99, and 75 schools went without an ejection during the 1997-98 year. The guidelines record ejections for unsportsmanlike acts such as fighting, taunting, profanity, obscene gestures or disrespectfully addressing or contacting officials.

“We are certainly pleased to recognize these schools for their positive programming,” said Dreiblebis. “It is part of our continuing commitment to provide opportunities and recognize schools which are promoting the kind of behavior we want to see as part of a wholesome athletic environment.”

All schools with no ejections for the year received a certificate of recognition at the recently completed NCHSAA regional meetings across the state. North Carolina Farm Bureau sponsors this as part of its initiative with the NCHSAA.

Those schools include:

2008-2009 Ejection-Free Award Recipients

Region 1 (12 schools)
Ayden-Grifton
Bear Grass
Bertie
Camden County
Cape Hatteras
Columbia
Creswell
Hertford County
Jamesville
Ocracoke
Southside
Washington

Region 2 (20 schools)
Clinton
East Duplin
Heide Trask
Hobbtom
Jacksonville
Jones
Lakewood
Lejeune
Midway
North Brunswick
North Duplin
Pamlico
Rosewood
South Brunswick
South Lenoir
Spring Creek
Wallace-Rose Hill
West Brunswick
West Craven
White Oak

Region 3 (32 schools)
Cardinal Gibbons
Clayton
Durham School of the Arts
East Chapel Hill
East Wake
Eastern NC School for the Deaf
Enloe, W.G.
Fuquay-Varina
Hillside
Holly Springs
KIPP Pride
Louisburg
NC School of Science and Math
North Edgecombe
Northampton-East
Northampton-West
Northern Durham
Northern Vance
Northwest Halifax
Orange
Princeton
Roanoke Rapids
Rocky Mount
Rocky Mount Preparatory
Roxboro Community
Southeast Halifax
Southern Durham
Southern Nash
Tarboro
Warren County
Webb, J.F.
West Johnston

Region 4 (10 schools)
East Columbus
East Montgomery
Overhills
Red Springs
Smith, E.E.
South Columbus
South Robeson
Swett, Purnell
Triton
Westover

Region 5 (26 schools)
Asheboro
Atkins
Bartlett Yancey
Carver
Chatham Central
Cummings
Dudley
East Forsyth
Glenn, Robert B.
High Point Central
Jordan-Manthews
Leford
Lexington
North Stokes
Northern Guildford
Providence Grove
Reidsville
Reynolds, R.J.
River Mill Academy
Southern Alamance
Southwestern Randolph
West Davidson
West Stokes
Western Alamance
Williams, Walter A.
Winston-Salem Preparatory

Region 6 (28 schools)
Albemarle
Anson Senior
Ardrey Kell
Ashbrook
Berry Academy, Phillip O.
Bessemer City
Brown, A.L.
Charlotte Catholic
Cherryville
East Gaston
Forestview
Garinger
Gray Stone Day
Highland School of Technology
Hopewell
Huss, Hunter
Kings Mountain
Lincoln Charter
Monroe
North Gaston
Parkwood
Providence
Shelby
South Mecklenburg
South Point
Vance, Zebulon
West Lincoln
West Rowan

Region 7 (16 schools)
Alexander Central
Avery County
Davie
Draughn, Jimmy C.
Foard, Fred T.
Freedom
Hibriten
Lake Norman
NC School for the Deaf
North Wilkes
Patton
Pine Lake Preparatory
Statesville
Watauga
West Wilkes
Wilkes Central

Region 8 (16 schools)
Blue Ridge
Brevard
Chase
East Henderson
Enka
Hendersonville
Hiwassee Dam
Thomas Jefferson Classical
Murphy
Nantahala
North Buncombe
Owen, Charles D.
Robbinsville
Rutherfordton-Spindale Central
Smoky Mountain
West Henderson
Roy Turner Earns Prestigious National Award From NIAAA

INDIANAPOLIS, IN—Roy Turner, CMAA, athletic director at Ashley High School in Wilmington, is the 2009 recipient of the Frank Kovaleski Professional Development Award presented by the National Interscholastic Athletic Administrators Association (NIAAA).

Turner will receive his award in December in Dallas, Texas, during banquet festivities at the 40th annual National Athletic Directors Conference conducted jointly by the National Federation of State High School Associations (NFHS) and the NIAAA.

The Frank Kovaleski Professional Development Award is presented each year to an NIAAA member who possesses and has contributed to the vision of professional development – the legacy of Frank Kovaleski – and who has made significant contributions and demonstrated excellence in professional development at the local, state and national levels. Kovaleski was director of the NIAAA, as well as assistant director of the NFHS, from 1989 until his retirement in 2005. He was responsible for starting the NIAAA Leadership Training Program in 1996 and expanding the NIAAA Certification Program in 1999.

Turner, athletic director at Ashley High School since 2006, is known for his leadership at the county, state and national levels. Prior to joining Ashley, Turner was athletic director at Southeast Guilford High School in Greensboro for eight years and athletic director at Dudley High School in Greensboro for three years. He also has coached baseball and football at the junior high and high school levels.

At Southwest Guilford, Turner hosted numerous sectional and regional events for the North Carolina High School Athletic Association and served as chairperson of the NCHSAA Sectional Basketball Committee in 1997. Turner is also an accomplished official, having officiated high school volleyball and basketball, as well as college basketball. He has officiated five NCHSAA state basketball championships.

Turner has been a member of the North Carolina Athletic Directors Association (NCADA) since 1995, serving as secretary-treasurer, vice president, president and as a member of the Executive Board of Directors. Turner is also active in the NCADA Leadership Training Program as a member of its Leadership Training Teaching Faculty. In addition, he developed the organization’s Professional Development Plan and maintains its Web site.

In 2004, Turner was the recipient of both the NCADA State Award of Merit and the NCADA Distinguished Service Award for meritorious service. Earlier this year, he was recognized as Athletic Director of the Year by both the NCADA and the NCHSAA.

At the national level, Turner has made enormous contributions to the NIAAA Leadership Training Program. A 10-year NIAAA member, Turner is currently on the NIAAA Leadership Training National Faculty and has taught LTC 710 at the national conference from 2002 to 2008. He also has taught four other courses at the national conference since 2007. Turner also has been involved in the development and implementation of three new technology courses and is working on multiple formats for the 2009 national conference in Dallas.

Turner has taken 29 different LTC courses offered by the NIAAA and has taught or assisted with 18 courses in North Carolina. He instructed the first online professional development in April 2009 through Virginia State University. Turner is a member of the NIAAA Publications Committee, presented a workshop at the 2005 national conference and served as North Carolina’s representative to the NIAAA Delegate Assembly four times. In addition, he is a member of the NIAAA-National Association of Sport and Physical Education (NASPE) Interscholastic Athletics Recognition Program and the third NIAAA Strategic Planning Committee.

Turner earned his bachelor’s degree in 1979 from East Carolina University and his master’s from North Carolina A&T University in 1985. In 2006, he was the recipient of the NFHS Citation.

Advertisers Help Make NCHSAA Championship Programs Successful

Whether it is at the local high school level, in a collegiate program, the professional ranks—or with the North Carolina High School Athletic Association—advertisers are critical to the success of a souvenir game program.

The NCHSAA has been able to produce outstanding championship programs in a number of different sports over the years, largely because of good support from corporate sponsors and from Chapel Hill, Carrboro and the surrounding area. The books feature not only up-to-date information about the championship participants and lots of copy about special NCHSAA programs and activities, but they include advertisements for these supporting companies.

The Association wishes to salute those advertisers, whose ads you will be seeing in championship publications throughout the year, and we certainly hope you will take advantage of their goods and services when appropriate.

The list includes both NCHSAA corporate sponsors, who also have ads in the programs, along with others who are just advertising and supporting the Association in that way. At press time for the Bulletin, the 2009-10 championship program advertisers include:

American Advantage
Marketing Group
BB&T Bank
Blackman and Sloop
Carolina Panthers
CCB
CFA Medical
Chapel Hill-Orange County Visitors Bureau
Carolina Inn
Courtyard by Marriott
Days Inn
Franklin Hotel
Hampton Inn Chapel Hill
Holiday Inn Chapel Hill
Holiday Inn Express, Hillsborough
Microtel Inn and Suites, Hillsborough
Residence Inn by Marriott, Chapel Hill
Sheraton Chapel Hill
Siena Hotel
Southern Country Inn, Hillsborough
Best Western Skyland Inn, Durham
Scottish Inn, Durham
Cheer Ltd.
Classic Graphics
DeMarini
Farm Bureau Insurance
Fellowship of Christian Athletes
Granville Towers
GreensboroSports.org
Greenville Convention and Visitors Bureau
Jim’s Famous Ribs
Marines
Martin Screen Printing
MaxPreps
Medallion
Mort’s of Raleigh
Musco Lighting
Nike Coaches Clinic
North Carolina Coaches Association
Raleigh Parks and Recreation
Raleigh Sports Consortium
Respite
Shrine Bowl of the Carolinas
Summit Hospitality Group
Residence Inn by Marriott, Raleigh
Fairfield Inn and Suites, Raleigh
Courtyard by Marriott, Raleigh
TownePlace Suites, Raleigh
East Village, Raleigh
Time Warner Cable
Tru Green
University Health Systems of Eastern Carolina
Visit Winston-Salem
Wachovia
WAUG Radio
Wendy’s Restaurants
Wilson Sporting Goods
620 The Buzz radio
99.9 The Fan radio
RESEARCH TRIANGLE PARK—The North Carolina High School Athletic Association held its fall 2009 Coach-Captain Retreat in early October, the 29th in the history of this program.

The event, part of the Association’s Student Services program, was held at the Radisson RTP and attracted students from all over North Carolina.

Retreat teams include student-athletes who will be captains or leaders of their athletic squads in the coming year, a coach from the school and a parent representative. They are designed to promote the concept of “teamwork.” Issues such as leadership development, alcohol, tobacco and other drugs, violence prevention strategies and academic success are addressed at these retreats, the first of which was held in the spring of ’95.

The retreats are designed to help student-athletes define leadership qualities, identify key issues that affect them, learn to communicate effectively with other students and adults about these issues, and then to understand what captains can do to use their influence to prevent problems and promote healthy lifestyles.

Coach-Captain retreats are organized and administered by NCHSAA assistant executive director Mark Dreibelbis and student services assistant Chiquana Dancy.

“Student Services is the ‘value-added’ division of the NCHSAA,” said Dreibelbis. “The Coach/ Captain Retreat emphasizes the responsibility of student-athletes to take their leadership skills and implement programs promoting positive life skills and total development through athletics to both their school and community. Having the opportunity to develop these initiatives and assist in their implementation is what Student Services is all about. Our programs make a difference and create winners for life.”

Facilitators included the following NCHSAA Student Services Trainers: Mike Brown, retired athletic director from the New Hanover County schools and president of B&K Associates; P.J. Taylor, retired teacher/coach at Williamson High and former safe and drug free schools coordinator for the Martin County Schools; Teresa Coleman, former coach and athletic director at West Bladen High School; Faye Corbin, teacher and coach at Hope Mills South View High School; and Susan Cox, former athletic director at Perquimans High School.

Teams always conclude their retreat experience by developing an action plan, something that can be taken back and executed in their local school. Among the components of the action plan could be bulletin boards in the school, public service announcements for the school intercom, a community service project, a special newsletter for student-athletes or other school/community ideas generated by the team itself.

In addition to the staff, there were 108 participants in the retreat, with a total of 78 student-athletes and 30 adults attending. The adult total included 18 coaches or administrators, representing a total of 16 different schools, and 12 parents of athletes.

Teams at the retreat represented the following schools:

Record Turnouts For Regional Meetings Across North Carolina

CHAPEL HILL—For the 38th consecutive year, the North Carolina High School Athletic Association held its regional meetings across the state in September.

For a two-week span, the NCHSAA took to the road to hold meetings in each of the eight NCHSAA regions. This year’s schedule called for meetings to be held in the Western regions during the first week and the meetings in the East the following week.

A total of 1,084 attended the eight meetings, the second-most in the history of regional events.

NCHSAA executive director Charlie Adams, deputy executive director Que Tucker, assistant executive director for development Karen DeHart and assistant executive director Carolyn Shannonhouse made the full tour, with other staff members joining them at specific locations.

A member of the NCHSAA Board of Directors from that specific region served as chairperson for the meeting.

The meetings included updates on NCHSAA sports regulations, eligibility rules, question and answer sessions, presentation of awards and other items.

Principals and athletic directors of NCHSAA member schools, along with superintendents or other central office personnel who work with athletics, are among the administrators who attend the meetings.

The representatives of the North Carolina Coaches Association and the North Carolina Athletic Directors Association from the particular region also presented reports, and awards were given in several different categories in each region.

For the past nine years overall attendance at the regional meetings has been well over 900 annually.

The total attendance for the 2008 meetings was a record 1,223, while attendance at the 2007 meetings exceeded 1,000 at 1,079. The 2006 attendance fell just short of 1,000 and the 2005 total was 937.

The 2009 NCHSAA Regional Meetings

<table>
<thead>
<tr>
<th>REGION</th>
<th>ATTENDANCE</th>
<th>SITE</th>
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<tbody>
<tr>
<td>Region 1</td>
<td>94</td>
<td>Murphy Ctr, East Carolina Univ.</td>
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<tr>
<td>Region 2</td>
<td>147</td>
<td>Duplin Commons, Kenansville</td>
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<tr>
<td>Region 3</td>
<td>154</td>
<td>Vaughn Towers, N.C. State, Raleigh</td>
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<td>Region 4</td>
<td>111</td>
<td>Educational Resource Ctr, Fayetteville</td>
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<tr>
<td>Region 5</td>
<td>160</td>
<td>Greensboro Coliseum, Greensboro</td>
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<td>Region 6</td>
<td>198</td>
<td>Owens Auditorium, Charlotte</td>
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<td>Region 7</td>
<td>108</td>
<td>Stone Performing Arts Ctr, Wilkesboro</td>
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<tr>
<td>Region 8</td>
<td>112</td>
<td>Crest Mountain Center, Asheville</td>
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</table>

RECORD BREAKERS? Don’t forget, if you have any potential state or national listings for the record book, there is a form on line to send that information for consideration. Help us to make our state and national books as inclusive and complete as possible. Any questions call Rick Strunk at (919) 962-7786. And don’t forget to check the latest version of the state record book on line!
Atlantic Coast Conference Lists League Championships Held In North Carolina

GREENSBORO—The Atlantic Coast Conference has listed a number of its conference championships for the coming year that may be of interest to North Carolina High School Athletic Association member schools.

The conference has always believed that NCHSAA member schools, coaches and athletes might want to attend an ACC championship being held in the state of North Carolina.

Here is a list of sports, dates, sites and contacts for information on a variety of future ACC events being held in our state:

- women's swimming and diving and men's diving at Koury Natatorium at the University of North Carolina with platform diving at Duke University on February 17-20, 2010; for more information contact Davis Whitfield at (336) 337-4898;
- men's swimming at Koury Natatorium at the University of North Carolina on February 24-27, 2010; for more information contact Davis Whitfield at (336) 337-4898;
- women's basketball at the Greensboro Coliseum on March 4-7, 2010; for more information contact Nora Lynn Finch at (336) 854-8787, extension 251
- wrestling at North Carolina State University on March 6, 2010; for more information contact Davis Whitfield at (336) 337-4898;
- women's golf at the Sedgefield Country Club in Greensboro on April 16-18, 2010; for more information contact Kris Pierce at (336) 420-4155
- men's and women's tennis at the Cary Tennis Center on April 22-25, 2010; for more information contact Davis Whitfield at (336) 337-4898;
- men's golf at the Old North State Club at Uwharrie Point in New London on April 23-25, 2010; for more information contact Davis Whitfield at (336) 337-4898;
- baseball at the NewBridge Bank Park in Greensboro on May 26-30, 2010; for more information contact Davis Whitfield at (336) 337-4898

The Bulletin is pleased to provide this service to its readers.

Interns Enjoying Fall Semester In NCHSAA Offices

CHAPEL HILL—Another excellent group of students is working during the fall semester in the intern program sponsored by the North Carolina High School Athletic Association.

Interns customarily work six to eight hours a week as volunteers in the NCHSAA offices in addition to their regular academic load. They assist in everything from clerical duties to research on NCHSAA records to helping with Association publications and working at selected state championships.

New interns from the University of North Carolina at Chapel Hill have been working at the NCHSAA during the fall semester. The new interns include:

---Benjamine Reid, a UNC graduate who majored in exercise and sports science and is from Coral Gables, Florida, where he played basketball at Palmer Trinity School.

In addition, there are interns who are UNC students who are working in the development department at the NCHSAA. They include:

---Susie Wear, a graduate of Salisbury High School who was a three-sport standout there and earned the Clary Medal from the NCHSAA at the 2008 Annual Meeting.

For the last several years, an intern in the NCHSAA offices has coordinated, at the request of Wachovia, the Wachovia Conference Cup program. This year Wes Strunk, a sophomore at UNC, is working with that program. Wes was a soccer player at Chapel Hill High School and is currently a political science/music double major at UNC.

The NCHSAA began its intern program back in 1988. Since then almost 300 students, both undergraduate and graduate, from several different colleges and universities have worked at the Association. About two-thirds have come from Association member schools.

NCHSAA interns have gone on to a variety of graduate schools or occupations, including coaching and teaching, sports information, collegiate athletic administration, professional baseball umpiring and business, to name a few. Rick Strunk coordinates the general intern program.

UPDATING SCHOOL INFORMATION—You can keep your school information current throughout the year with coaching changes, email addresses, etc., by access your school information on line. Schools are urged to keep this information current to make sure email notices and the like go to the appropriate personnel.
WEST HENDERSON'S SCUIPIDER HOLDS ON TO WIN CHAMPIONSHIP IN 1A/2A/3A Women's Golf

SOUTHERN PINES—West Henderson's Kayla Scuipider held on to capture the individual championship in the North Carolina High School Athletic Association's state 1A/2A/3A women's golf championships at the Longleaf Golf and Country Club.

Scuipider, who finished tied for third in the individual standings in the 2008 championships, had a four-over 75 on the final day to go with an opening round 74 for a 149 total, three shots ahead of the field. Gastonia Ashbrook's Megan Burnham, who had the best round on the final day with a 72, and Andrea Robbins of Climax Providence Grove were tied for second at 152.

The best three scores of a team counted toward the team totals, and a total of 43 golfers and 13 teams competed in the event, the seventh year that a separate 1A/2A/3A championship has been held.

Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2009 STATE 1A/2A/3A WOMEN'S GOLF CHAMPIONSHIPS
Longleaf Golf and Country Club

Final Team Standings
1. West Henderson 258-251—509
2. Salisbury 250-268—518
3. Hampstead Topsail 261-260—521
4. Western Alamance 273-255—528
5. Pittsboro Northwood 266-267—533
6. East Lincoln 279-270—549
7. Northern Guilford 274-276—550
8. Charlotte Catholic 274-277—551
9. Belmont South Point 290-296—586
10. Wilson Fike 290-306—596
11. Southern Lee 296-301—597

Final Individual Leaders
1. Kayla Scuipider, West Henderson 74-75—149
2. Megan Burnham, Ashbrook 80-72—152
Andrea Robbins, Providence Grove 79-73—152
4. Lori Beth Adams, Western Alamance 78-76—154
Mattie Toby, East Lincoln 78-76—154
Tara Simmons, Charles B. Aycock 76-78—154

ATHENS DRIVE WINS TEAM TITLE IN 4-A WOMEN'S GOLF AS PERRY IS MEDALIST

FOXFIRE VILLAGE—Senior Katherine Perry of Raleigh Athens Drive fired a two-under par 71 to come from behind and take medalist honors while leading her team to the team title in the North Carolina High School Athletic Association state 4-A women's golf championships at the West Course at Foxfire Golf and Country Club.

Perry, a senior, recorded rounds of 73 and 71 for a 144 total, good for a four-shot margin over first-day leader and defending individual champion Allison Emrey of Charlotte Ardrey Kell.

Freshman Sarah Bae of Athens Drive also had a 71 in the final round to tie Emrey for second. North Mecklenburg junior Katie Kirk was fourth at 149.

The course played at par 73 and a 5,630-yard layout for the championship. Perry and Bae led the way for Athens Drive to come from eight shots behind to catch Ardrey Kell and successfully defend its team championship. Athens Drive recorded a 458 to win by nine shots over Kell, with Jamestown Ragsdale well back in third at 505.

The best three scores of a team counted toward the team totals, and a total of 79 golfers and 13 teams competed in the two-day, 36-hole event.

Wendy's is the presenting sponsor of the NCHSAA sports program.

NCHSAA 2009 STATE 4-A WOMEN'S GOLF CHAMPIONSHIPS
Foxfire Golf and Country Club

Final Team Standings
1. Raleigh Athens Drive 234-224—458
2. Charlotte Ardrey Kell 226-241—467
3. Jamestown Ragsdale 254-251—505
4. Pfafftown Ronald Reagan 252-259—511
Greensboro Grimsley 252-259—511
6. Raleigh Wakefield 254-265—519
7. Cary Green Hope 256-269—525
8. Charlotte Myers Park 261-274—535
9. Asheville TC Roberson 267-276—543
10. Fayetteville Terry Sanford 267-283—550
11. New Bern 292-262—554
12. North Davidson 312-297—609
13. E. Chapel Hill 310-306—616

Final Individual Leaders
1. Katherine Perry, Athens Drive 73-71—144
2. Allison Emrey, Ardrey Kell 71-77—148
Sarah Bae, Athens Drive 77-71—148
4. Katie Kirk, North Mecklenburg 72-77—149
5. Lizzie Bundy, Clayton 72-79—151

WOMEN'S TENNIS

EAST SURRY'S SHELTON TAKES SINGLES CROWN, NCSSM PAIR WINS DOUBLES

CARY—Megan Shelton of East Surry captured the singles championship in the North Carolina High School Athletic Association state 1-A women's tennis tournament championships at the Cary Tennis Center.

Shelton downed Raleigh Charter's Lori Wang in straight sets by 6-1 and 6-4 for the title. Shelton was the number one player from the West Regional while Wang was the East Regional's top player.

In doubles, the duo of Teresa Pincus and Laura Outlaw of Durham's North Carolina School of Science and Math clinched the state crown in a very competitive match, dropping the first set but rallying to defeat Mount Airy's Ellie Case and Jordan Gwynn, 6-7(2), 7-5, 6-3.

Wendy's is the presenting sponsor of the NCHSAA sports program.

2009 STATE 1-A WOMEN'S TENNIS TOURNAMENT CHAMPIONSHIPS
Cary Tennis Center-

Singles—Championship
Megan Shelton (East Surry) def. Lori Wang (Raleigh Charter) 6-1, 6-4.

Doubles—Championship
Teresa Pincus-Lauren Outlaw (N.C. School of Science and Math) def. Ellie Case-Jordan Gwynn (Mount Airy) 6-7 (2), 7-5, 6-3.
Salisbury’s Lebowitz Rallies To Win, Cuthbertson Pair Takes 2-A

CARY—Salisbury’s Hannah Lebowitz came from a set down in the final to win the singles crown in the North Carolina High School Athletic Association state 2-A women’s tennis tournament championships at the Cary Tennis Center.

Lebowitz, the number one player from the Midwest Regional, rallied to defeat West Lincoln’s Laura Baker 2-6, 6-2, 7-5 in the championship. Both had been dominant in the state event, winning all their matches in straight sets, and Lebowitz had dropped only three games in six sets prior to the final.

In doubles, the Washaw Cuthbertson duo of McKenna Karas and Kalli Karas, the number-two team from the Midwest Regional, took the state championship, beating Lauren Carraway and Elizabeth McLawhorn of Greene Central in the final by 6-0, 6-3.

The Greene Central team had rallied from a set down in the semifinals earlier in the day to get past Salisbury’s Erika Nelson and Katelyn Storey and advance to the title match.

Wendy’s is the presenting sponsor of the NCHSAA sports program.

2009 STATE 2-A WOMEN’S TENNIS TOURNAMENT CHAMPIONSHIPS Cary Tennis Center

Singles—Semifinals
Hannah Lebowitz (Salisbury) def. Hillary Lutz (Shelby) 6-1, 6-1; Laura Baker (West Lincoln) def. Hannah Herlocker (North Stanly) 6-3, 6-1.

Singles—Championship
Lebowitz (Salisbury) def. Baker (West Lincoln) 2-6, 6-2, 7-5.

Doubles—Semifinals
Lauren Carraway-Elizabeth McLawhorn (Greene Central) def. Erika Nelson-Katelyn Storey (Salisbury) 2-6, 7-6 (2), 7-5; McKenna Karas-Kalli Karas (Waxhaw Cuthbertson) def. Claire Rinaldo-Anne Rinaldo (East Lincoln) 6-2, 6-2.

Doubles—Championship
Karas-Karas (Cuthbertson) def. Carraway-McLawhorn (Greene Central) 6-0, 6-3.

Wanko Of Union Pines Is Single Champ; Chapel Hill Takes 3-A Doubles Championship

GREENSBORO—Neena Wanko of Cameron Union Pines proved that the third time was the charm for her.

Wanko won the North Carolina High School Athletic Association state 3-A women’s tennis singles championship at the Piedmont Indoor Tennis Center in her third trip to the state tournament in her four-year career.

The 2008 3-A singles runner-up, Wanko rolled past Ashevile sophomore Mackenzie LaSure in the final by 6-1, 6-0, after battling past Belmont South Point’s Taylor Baird in a three-setter in the semifinal earlier in the day.

LaSure had defeated Mary-Katherine Prince of Wilson Fike in the semifinals. Prince was making her fourth straight appearance in the state tournament but had been ousted in the quarterfinals the previous three years.

In doubles action, the Chapel Hill team of Tori Helpingstine and Hannah Kimbrough swept past Rocky Mount’s Lindsay Thomas and Kate Gray 6-1, 6-2, to win the state crown.

Friday’s action was played at the Burlington Tennis Center but light rain Saturday morning forced play to move inside.

Wendy’s is the presenting sponsor of the NCHSAA sports program.

2009 STATE 3-A WOMEN’S TENNIS TOURNAMENT CHAMPIONSHIPS Piedmont Indoor Tennis Center, Greensboro

Singles—Semifinals
Mackensie LaSure (Asheville) def. Mary-Katherine Prince (Wilson Fike) 6-1, 6-2; Neena Wanko (Cameron Union Pines) def. Taylor Baird (Belmont South Point) 6-1, 4-6, 6-0.

Singles—Championship
Wanko (Union Pines) def. LaSure (Asheville) 6-1, 6-0.

Doubles—Semifinals
Lindsay Thomas-Kate Gray (Rocky Mount) def. Caroline Kernodle-Helen Powell (Burlington Williams) 5-7, 7-6 (5), 6-2; Tori Helpingstine-Hannah Kimbrough (Chapel Hill) def. Alix Thodossiou-Taylor Thodossiou (Asheville) 6-2, 6-0.

Doubles—Championship
Helpingstine-Kimbrough (Chapel Hill) def. Thomas-Gray (Rocky Mount) 6-1, 6-2.

Freshman Willetts Wins 4-A Singles Title; All-Broughton Final In Doubles

RALEIGH—Freshman Chloe Willetts of Winston-Salem R.J. Reynolds out-dueled defending champion Grace Baker of Charlotte Myers Park to capture the singles title in the North Carolina High School Athletic Association state 4-A women’s tennis tournament championships at the J.W. Isenhour Tennis Center at North Carolina State.

Willetts won her 32nd singles match of the season against no losses in a tough three-set final, 6-4, 4-6 and 6-3.

The R.J. Reynolds standout ousted Greenville Rose’s Lauren Frazier in the semifinals earlier in the day while Baker, a junior, got past Melissa Kandinata of Cary Green Hope in a taut 7-5, 6-4 affair.

The doubles championship was an all-Broughton final, as both Broughton teams got past East Chapel Hill teams in the semifinals. The team of Asha Iyengar and Katie Kane, the ’08 state 4-A runners-up, swept past teammates Katie Davidson and Hamilton Lovett 6-1, 6-2, to earn the title.

Friday’s rounds were played at the Millbrook Exchange Park but rain on Saturday forced play to move indoors.

Wendy’s is the presenting sponsor of the NCHSAA sports program.

2009 STATE 4-A WOMEN’S TENNIS TOURNAMENT CHAMPIONSHIPS J.W. Isenhour Tennis Center, N.C. State

Singles—Semifinals
Chloe Willetts (Winston-Salem R.J. Reynolds) def. Lauren Frazier (Greenville Rose) 6-3, 6-4; Grace Baker (Charlotte Myers Park) def. Melissa Kandinata (Cary Green Hope) 7-5, 6-4.

Singles—Championship
Willetts (R.J. Reynolds) def. Baker (Myers Park) 6-4, 3-6, 6-3.

Doubles—Semifinals
Katie Davidson-Hamilton Lovett (Raleigh Broughton) def. Tamara Hill-Megan Huang (East Chapel Hill) 6-4, 6-1; Asha Iyengar-Katie Kane (Raleigh Broughton) def. Tessa Johnson-Tegan Flynn (East Chapel Hill) 6-1, 6-2.

Doubles—Championship
Iyengar-Kane (Raleigh Broughton) def. Davidson-Lovett (Raleigh Broughton) 6-1, 6-2.

HANDBOOKS AND DIRECTORIES: have you ordered the books you need for the 2009-10 school year? The order form is on the web site and all books which have been ordered have been shipped.
**WOMEN’S DUAL TEAM TENNIS**

**Broughton, Charlotte Catholic, Salisbury, NCSSM Win Titles**

BURLINGTON – Raleigh Broughton outlasted Charlotte Myers Park 5-2 in a battle of undefeated teams for the 4-A championship in the North Carolina High School Athletic Association women’s dual team tennis championships at the Burlington Tennis Center.

Broughton earned its ninth dual team title in 13 previous appearances in the final and beat the defending state champs. Broughton won four of the six singles and then got a victory in the number-two doubles from Katie Kane and Asha Iyengar, who won the state 4-A doubles final in the individual tournament last weekend.

The Caps finished the season at 19-0 in dual matches while Myers Park wound up 18-1.

Charlotte Catholic kept its record perfect in state dual team finals, running it to 8-0 with a 5-1 victory over Chapel Hill for the 3-A crown. Catholic swept five of the six singles matches in running its record to 21-4. Chapel Hill closed the year at 16-6 overall.

Salisbury finished a perfect 23-0 dual-match season with a 5-0 victory over Greene Central for the 2-A crown.

Hannah Lebowitz of Salisbury, the state 2-A singles champ, helped the Hornets to victory: Greene Central, in the finals for the 10th time in the tournament’s 20-year history, ended the year 22-7 overall.

In one other battle of unbeatens, Durham’s North Carolina School of Science and Math downed East Montgomery 5-1 for the 1-A crown.

Although East Montgomery won only at number-three singles, the match was tight as three of the six individual matches went to the pro set tiebreaker after the players split set.

NCSSM, which earned its second title in the last three years, took its 19th victory against no losses while East Montgomery finished 17-1.

Wendy’s is the presenting sponsor of the North Carolina High School Athletic Association sports program.

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**CROSS COUNTRY**

**Sanderson, Green Hope, Chapel Hill Take Home Team Championships In 3-A, 4-A**

CLEMMONS—Raleigh Sanderson’s balance enabled the Spartans to slip past two-time defending champion Raleigh Broughton to win the men’s team title in the North Carolina High School Athletic Association state 4-A cross country championships at Tanglewood Park.

Sanderson scored 89 points and nipped Broughton by just three, placing runners in scoring positions between eighth and 15th. West Johnston finished third overall at 106, Winston-Salem Mount Tabor was fourth at 116 and Charlotte Myers Park fifth at 155.

Senior Patrick Crawford of East Forsyth beat runner-up Bryan Spreitzer of Cary Green Hope to the finish line by about a five-second margin to take top individual honors in a time of 15:47.11. Matt Schick was Sanderson’s leading runner, finishing 13th overall and eighth among those on scoring teams.

Green Hope won the women’s 4-A title with 47 points, 13 ahead of Ashevile T.C. Roberson. Roberson had won the last five titles in succession at the 3-A level.

Then in order came Fayetteville Terry Sanford (157), West Johnston (183) and Northwest Guilford (195).

Laura Hoer of T.C. Roberson was the individual 4-A women’s champ in a time of 18:31.01, just over a second ahead of East Chapel Hill’s Carolyn Baskir.

In the 3-A classification, Chapel Hill and Raleigh Cardinal Gibbons finished one-two in both women’s and men’s competition.

Chapel Hill’s women tallied 52 points to 94 for Gibbons, followed by Waxhaw Marvin Ridge (108), Weddington (149) and North Buncombe (158).

Junior Sarah Rapp of Gibbons was the individual 3-A women’s champ in 19:29.50, her second consecutive individual state title after winning at 2-A in 2008.

On the men’s side, Chapel Hill won it with 54 points to 102 for Gibbons, with the Tigers putting five runners among the top 14 scoring positions.

Eastern Alamance was third at 127, with Marvin Ridge fourth at 141 and Charlotte Catholic fifth with 151.

Eastern Alamance senior Jake Huryszak took top individual honors among the 3-A men in 15:49.77, just under eight seconds ahead of Chris Colot of Marvin Ridge.

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**VOLLEYBALL**

**Rose, Gibbons, North Surry, Pender Take Volleyball Crowns**

RALEIGH—Emily Neideffer was named the Most Valuable Player as she led Greenville Rose to its second straight state title as the Ramsants downed Charlotte Ardrey Kell for the North Carolina High School Athletic Association state 4-A volleyball championship at Reynolds Coliseum.

The 5-11 senior middle blocker had 15 kills and eight digs to lift Rose to victory by 25-16, 20-25, 25-23, and 25-19.

Rose, which completed a perfect 25-0 season, also got 10 kills apiece from Caroline Douglas and Jamie DeRatt, who were also in double figures in digs.

Ardrey Kell’s big 6-2 senior, Samantha Gostling, played very well in a losing effort with a game-high 22 kills and 10 digs.

Kell, which was 12-11 a year ago, was playing in its first state volleyball season.
championship in the school's third year of existence and finished 25-6.

Sophomore Madison Bugg had 11 kills and 12 digs to lead Raleigh Cardinal Gibbons to a sweep of West Henderson for the 3-A championship. Gibbons scored a convincing win by 25-14, 25-12 and 25-18.

Bugg earned Most Valuable Player honors as Cardinal Gibbons completed a 25-1 season. West Henderson finished 27-2 overall, with the only losses on the season to the state champions.

Avery Striebel contributed 13 kills and Mandy Kramer 13 digs for the winners, while Meredith Foster paced West Henderson with 10 blocks and four kills.

It was the fourth time in the last five years the two have met for the championship, with Gibbons winning in 2005, '06 and this year and West Henderson taking the title last year.

North Surry completed a perfect 33-0 season by sweeping past Hillsborough Cedar Ridge in three straight sets to clinch the 2-A championship.

Senior outside hitter Courtney Campbell earned Most Valuable Player honors as she led the Greyhounds to victory by 25-13, 25-21, and 25-17. She led North with 18 kills and eight digs while Morgan Bunker had 13 kills.

North won its first state volleyball title and was in the finals for the first time in 21 years. Cedar Ridge finished with a 26-5 record.

Emily Holmes with 17 kills and LeeAnne Maultsby with six kills paced Cedar Ridge.

Junior outside hitter Jenna Baranowski had 23 kills and three service aces, winning the MVP award to power Pender past Rosman for the 1-A championship. Pender took the match 3-1, winning 25-18, 17-25, 25-22 and 25-20.

Pender, which also got 16 kills and 11 digs from Haley Lanier, won its first state volleyball crown under veteran head coach Ray Horton in its fifth trip to the championship match. Pender was the runner-up in both 2006 and '08.

Joanna Whitmire led the way for Rosman, 31-2, with 17 kills while Leah Kilpatrick recorded 17 digs. Rosman was in the championship match for the first time since winning a title in 2002.

RALEIGH—Raleigh Millbrook captured the top honor, the Carolina Cup, in the seventh annual North Carolina High School Athletic Association state invitational cheerleading championships at the Raleigh Convention Center.

Cheer Ltd., Inc., one of the NCHSAA’s corporate partners that assists with the invitational championship, established the Carolina Cup to recognize annually the top high school varsity cheerleading team in the state. Millbrook won the Cup for earning the highest cumulative score in the whole competition among varsity teams, regardless of the division in which they compete, with 278.4 points en route to winning the super large varsity division.

Jamestown Ragsdale, Cardinal Gibbons, North Gaston and Raleigh Sanderson are the previous winners of the Carolina Cup.

Davie County took top honors in the large varsity co-ed class while West Iredell won the small varsity coed division.

Weddington was the winner in the large varsity division, while Raleigh Leesville Road captured top honors in the medium varsity category and North Gaston was first in the small varsity category.

In non-tumble competition, Hampstead Topsail was the champion in the small varsity and Elizabeth City Northeastern was the top team in the large varsity division.

Among the junior varsity teams competing, Raleigh Cardinal Gibbons took top honors in the large JV division, Currituck won the small JV, and Camden won the junior varsity non-tumble. A special needs group from Millbrook also performed and was recognized for their efforts.

A record number of 115 teams participated in the event.

Wachovia Cup winners for 2008-09 were honored at NCHSAA Day.

NCHSAA President Allison Sholar and Wachovia representative Juan Austin made the presentations, including to 1-A champion Bishop McGuinness and athletic director Jeff Stoller; 2-A winner Cardinal Gibbons and athletic director Dean Monroe; 3-A winner Charlotte Catholic, represented by superintendent Linda Cherry; and 4-A champion Myers Park and athletic director Greg Clewis

(NCHSAA photos by John Bell)
## Top Coaching Marks Listed As Reported By Schools

Each school in the North Carolina High School Athletic Association is required to complete a School Information Sheet on line, and this document contains a lot of facts and figures about each of the NCHSAA’s 386 member schools. This information is used in a variety of ways, including entries in the NCHSAA Directory, information on how many schools play which sports, and the listing of coaches’ career records.

Association intern Benjamin Reid did an outstanding job going through the on-line school information submissions, compiling these lists and following up with phone calls or faxes to clarify where necessary. The following lists are not intended to be comprehensive or complete, but are based on schools themselves submitted in the on-line system.

We have taken care to make this list as accurate as possible. These records are for active coaches only, and if a coach at your school in or your area is not listed, it is probably because the records were not submitted. If there are additions or corrections, please let us know because we want it to be as accurate as possible.

We appreciate all those schools which take the time to submit the information, and we appreciate the efforts of our interns to do the research.

We are glad to recognize these outstanding teachers and coaches from across the state of North Carolina.

### Top Coaching Marks 2009

#### Football

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<th>Coach</th>
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<td>East Rutherford</td>
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<td>Seth Baxter</td>
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#### Men's Basketball

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<td>Howard West</td>
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<td>Robert Kent</td>
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<td>Ric Franklin</td>
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<td>Doug Plemons</td>
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#### Women's Basketball

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<td>Cindi Simmons</td>
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<td>Scott Campbell</td>
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#### Baseball

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<td>Ronald Vincent</td>
<td>J.H. Rose</td>
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<td>Marshall Canosa</td>
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<td>Milton Senter</td>
<td>Fuquay-Varina</td>
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<td>Chris Ross</td>
<td>Ayden-Grifon</td>
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<td>Jerry Ange</td>
<td>Jamesville</td>
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<td>Kenny Meekins</td>
<td>Manteo</td>
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<td>Hoggard</td>
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<td>Marty Curtis</td>
<td>Bunker Swett</td>
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#### Softball

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<td>Monte Sherrill</td>
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<td>Randall Myers</td>
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<td>James Graves</td>
<td>Purnell Swett</td>
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5. George Daniels        | North Johnston          | 341-250 | 30    |
6. Mike Williams         | Graham                  | 315-192 | 24    |
7. Eddie Rivers          | Forest hills            | 298-244 | 25    |
8. Steve Taylor          | Southwest Randolph      | 283-52 | 13    |
9. Chip Adams            | Ashley                  | 279-77 | 14    |

#### Men's Soccer

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<td>Dixon</td>
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<td>Trinity</td>
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<td>Tom Sexton</td>
<td>Salisbury</td>
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#### Women's Soccer

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<td>Izzy Hernandez</td>
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<td>Leesville Road</td>
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<td>Terry Frazier</td>
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<td>Mike Flowe</td>
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<td>Bill Mayhew</td>
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<td>Buddy Lowery</td>
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<td>Jeff Smith</td>
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#### Volleyball

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<td>Wendy Gaines</td>
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