CHAPEL HILL—Eight more outstanding names in the annals of state prep athletics have been selected for induction into the North Carolina High School Athletic Association Hall of Fame.

The late Bill Bost of Catawba, along with Ken Browning of Durham, Richard Hicks of Durham, Mac Morris of Greensboro, Jan Stanley of Hendersonville, Tim Stevens of Raleigh, Billy Widgeon of Morehead City and Charlie Adams of Chapel Hill have been named as the 22nd group of inductees to join the prestigious hall. That brings to 118 the number enshrined.

The new inductees were honored during special halftime ceremonies at a football game at Kenan Stadium, when North Carolina played Boston College. The University of North Carolina designated the day as the 24th annual NCHSAA Day.

The new class will officially be inducted at the special Hall of Fame banquet next spring at the George Watts Hill Alumni Center at the University of North Carolina.

The NCHSAA Hall of Fame is supported by a special grant from GlaxoSmithKline.

“These individuals joining the Association Hall of Fame this year have definitely had a tremendous impact on high school athletics across North Carolina,” says NCHSAA associate executive director Rick Strunk, who coordinates the Hall for the Association. “Their records are certainly impressive, but the character they exemplified and the lives they touched are really representative of what the NCHSAA stands for. Their selection maintains the high standards of excellence established by previous inductees, and we are proud to honor these deserving individuals.”

Charlie Adams

Charlie Adams has served as executive director of the North Carolina High School Athletic Association since 1984 and has been on the NCHSAA staff since 1967.

A star athlete at Cary High School and then at East Carolina University, Adams has created a number of innovations during his NCHSAA career, including implementing a corporate sponsorship program, starting the NCHSAA Endowment fund, greatly expanding the state awards program, developing more classified state championships and helping start the innovative Student Services program.

He served as president of the National Federation of State High School Associations Board of Directors in 1997-98, the only North Carolinian to serve in that role. He is a member of the National High School Hall of Fame, the North Carolina Athletic Directors Hall of Fame, the East Carolina University Sports Hall of Fame and the Cary High School Hall of Fame.

Bill Bost

The late Bill Bost was one of the state’s outstanding basketball coaches and had the unique distinction of coaching men’s and women’s teams simultaneously to great success.

Bost coached at the old Hiddenite High School from 1960 to ’69 and then forged a great record at Bandys in Catawba County from 1970 through ’88. During an eight-year period, he coached both the men’s and women’s varsities. His teams overall, both men and women, won 654 games and lost 214 during his career, including 341-143 as the Bandys men’s coach and 181-35 with the Bandys women. His 1977 Bandys women won the state 3-A title and his men finished second twice and captured the ’82 crown.

He also served on the Catawba County Board of Education for several years after his retirement from coaching. The Bandys gymnasium bears his name.

NCHSAA Hall of Fame

Soon-to-be members of the North Carolina High School Athletic Association Hall of Fame, who will be formally inducted into the Hall next April, were recognized at NCHSAA Day this fall. Inductees who were honored included, from left, NCHSAA executive director Charlie Adams; the late Bill Bost, represented by his sister Mrs. Nancy Arndt, accompanied by her husband; Joe Browning, representing his father Ken Browning, who was in the locker room fulfilling his current duties as a UNC assistant football coach; Richard Hicks; Mac Morris; Tim Stevens; and Billy Widgeon. Not pictured is Jan Stanley, the head coach of the West Henderson volleyball team which was playing a match on that day.

(NCHSAA photo by John Bell)

Ken Browning

Ken Browning has emerged as one of the top football coaches in North Carolina at both the high school and collegiate level.

Since 1993, he has served as an assistant coach on the football staff at the University of North Carolina in several different capacities and under several head coaches. Prior to that, he forged an outstanding record as a head coach from 1970 to ’75 at Ledford and then from 1976 through ’93 at...
North Carolina Coaches Association and its annual clinic.

A graduate of Roxboro High and Davidson College, Morris served at Greensboro's Page High School from 1968 through '96, including a 25-year run as head basketball coach. His Pirate teams had an outstanding record of 446-141 during his tenure, including winning the state 4-A title in '79, '83 and 1990. He also head men’s tennis coach at Page and won a state title in that sport in 1971.

Morris has served on the NCCA staff since 1987 and is a member of the North Carolina Athletic Directors Association Hall of Fame and the Guilford County Sports Hall of Fame.

The Page gymnasium is named in his honor.

Jan Stanley

Jan Stanley has produced unbelievable records as a volleyball coach, but was also highly successful in women’s basketball.

A graduate of Hendersonville High and Baptist (SC) College (now Charleston Southern), where she was a three-year basketball starter, Jan established West Henderson as a volleyball power. She is second all-time in state prep history in volleyball victories with an amazing 645-114 record in 33 years of coaching, all at West, and her teams won both the 2003 and ‘04 state 2-A championships.

Her basketball team also won a state title in 1991 and she won over 250 games in that sport, guiding the West all-star team in 1995. She also served four years as a member of the North Carolina High School Athletic Association Board of Directors.

Tim Stevens

Tim Stevens has been had a stellar career as one of the outstanding high school sports writers in the state.

A graduate of Garner High School and North Carolina Wesleyan, Stevens has written either for the Raleigh Times and then the Raleigh News and Observer since 1973, winning a number of awards for his coverage. He has been the driving force behind such outstanding events as the Holiday Invitational basketball tournament in Raleigh and the Triangle Pigskin Preview. He has served as a member of the McDonald’s All-American basketball selection committee and was co-author of the original North Carolina High School Record Book.

One of only four North Carolinians in the National High School Sports Hall of Fame, he has held membership on a number of NCHSAA committees during his career.

Billy Widgeon

Billy Widgeon has enjoyed tremendous success as a high school athlete, collegiate athlete and outstanding coach in several sports.

He played on the 1953 NCHSAA state 1-A basketball championship team at Newport High and then was a two-sport standout at Atlantic Christian (now Barton) College, where he is in that school’s hall of fame.

Widgeon was a teacher and coach at Bailey High from 1957 through ’64, where he coached three sports but his women’s basketball team won an amazing 107 games in a row. From 1964 through ’91 he served at West Carteret, winning 525 games in 23 years as head basketball coach and also coaching men’s golf for 27 seasons, winning eight regular-season championships in that sport. He was athletic director 10 years at West and is a charter member of the West Carteret Hall of Fame.

The Hall of Fame plaques are on permanent display in the North Carolina High School Athletic Association’s Hall of Fame room, located in the Simon F. Terrell Building in Chapel Hill that houses the Association offices.

Interns Enjoying Fall Semester In NCHSAA Offices

CHAPEL HILL—Another excellent group of students is working during the spring semester in the intern program sponsored by the North Carolina High School Athletic Association.

Interns customarily work six to eight hours a week as volunteers in the NCHSAA offices in addition to their regular academic load. They assist in everything from clerical duties to research on NCHSAA records to helping with Association publications and working at selected state championships.

Several new interns from the University of North Carolina at Chapel Hill have been working at the NCHSAA during the fall semester. The new interns include:

Roxanne Neumann, a sophomore majoring in exercise and sports science; she is a graduate of Grimsley High School in Greensboro, where she was played both volleyball and basketball

Megan Mahry, a senior majoring in sports administration; she attended Albemarle High School where she kept score for the varsity basketball teams for three years and her mother is a former NCHSAA athletic director

Stephen Barber of Hillsborough is working with the Wachovia Conference Cup program; a double major in English and sports administration, he is a senior who played baseball and ran cross country at Orange High School

In addition, there are interns who are UNC students who are working in the development department at the NCHSAA. They include:

Sarah Covill, a 2005 graduate of Butler High School who played volleyball and also served on the Dream Team there

Robyn Sauls, a graduate of Farmville Central who was a cheerleader there; she is the daughter of former Farmville football coach and athletic director Dixon Sauls

Jonathan Jones, a graduate of Ashbrook High in Gastonia, where he played golf and ran cross country

The NCHSAA began its intern program back in 1988. Since then almost 250 students, both undergraduate and graduate, from several different colleges and universities have worked at the Association. About two-thirds have come from Association member schools.

NCHSAA interns have gone on to a variety of graduate schools or occupations, including coaching and teaching, sports information, collegiate athletic administration, professional baseball umpiring and business, to name a few.

Rick Strunk coordinates the general intern program.
Record Turnouts For Regional Meetings Across North Carolina

CHAPEL HILL—For the 37th consecutive year, the North Carolina High School Athletic Association held its regional meetings across the state in September.

For a two-week span, the NCHSAA took to the road to hold meetings in each of the eight NCHSAA regions. This year’s schedule called for meetings to be held in the Western regions during the first week and the meetings in the East the following week.

NCHSAA executive director Charlie Adams, deputy executive director Que Tucker, assistant executive director for development Karen DeHart and assistant executive director Carolyn Shannonhouse made the full tour, with other staff members joining them at specific locations.

A member of the NCHSAA Board of Directors from that specific region served as chairperson for the meeting.

The meetings included updates on NCHSAA sports regulations, eligibility rules, question and answer sessions, presentation of awards and other items.

Principals and athletic directors of NCHSAA member schools, along with superintendents or other central office personnel who work with athletics, are among the administrators who attend the meetings.

The representatives of the North Carolina Coaches Association and the North Carolina Athletic Directors Association from the particular region also presented reports, and awards were given in several different categories in each region.

For the past eight years overall attendance at the regional meetings has been well over 900 annually, but this year set a record by a wide margin, including record crowds at each of the eight regions.

The total attendance for the 2007 regional meetings exceeded 1,000. The 2006 attendance fell just short of 1,000 at 994 and the 2005 total was 937.

### 2008 NCHSAA Regional Meetings

<table>
<thead>
<tr>
<th>REGION</th>
<th>ATTENDANCE</th>
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<tbody>
<tr>
<td>Region 1</td>
<td>106</td>
<td>Murphy Ctr, East Carolina Univ.</td>
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<td>Region 2</td>
<td>152</td>
<td>Duplin Commons, Kenansville</td>
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<td>Region 3</td>
<td>235</td>
<td>Vaughn Towers, N.C. State, Raleigh</td>
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<td>120</td>
<td>Educational Resource Ctr, Fayetteville</td>
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<td>Region 5</td>
<td>170</td>
<td>Lawrence Joel Coliseum, W-Salem</td>
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<td>Region 6</td>
<td>185</td>
<td>Owens Auditorium, Charlotte</td>
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<td>Region 7</td>
<td>131</td>
<td>Stone Performing Arts Ctr, Wilkesboro</td>
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<tr>
<td>Region 8</td>
<td>124</td>
<td>Ramsey Ctr, Western Carolina Univ.</td>
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City-County Athletic Directors Convene In Chapel Hill

CHAPEL HILL—A record number of city-county athletic directors came to the Simon F. Terrell Building in early October for their semiannual meeting.

Over 50 athletic directors, primarily those who are central office employees who have responsibilities over multiple schools in a system, participated in the meeting during which a number of topics were discussed.

The group heard a roundtable seminar that was offered by members of the NCHSAA staff, including Charlie Adams, Que Tucker, Rick Strunk, Karen DeHart and Mark Dreibelbis, who touched on a variety of topics.

Former State Department of Public Instruction staff member Tim Brayboy provided an historical perspective on the history of the relationship between DPI and the NCHSAA, including how certain rules and regulations were developed.

Representatives of MaxPreps made a presentation about the free statistical services that the NCHSAA corporate partner provides for the member schools. There was also a session on college recruiting and the NCAA Clearinghouse presented by Dynamite Sports, which sponsored the lunch for the group.

There was also a substantial roundtable discussion where attendees heard from a variety of city-county athletic directors on everything from eligibility and residency rules to the NFHS coaching education program to the wrestling hydration test and use of a staff vehicle and reimbursement for travel.

Bobby Guthrie of the Wake County schools and Butch Adams of the Gaston County schools presided over the event. The group will meet again in February.

125 NCHSAA Schools Are Ejection Free For 2007-08 Year

CHAPEL HILL—The North Carolina High School Athletic Association announced that 125 member schools in the NCHSAA were ejection free during the 2007-08 school year.

The schools were recognized at the Association's regional meetings. There were a total of 375 member schools in the NCHSAA last year.

Mark Dreibelbis, assistant executive director of the NCHSAA and director of the Association's Student Services Division, noted the trend with ejections. A whopping 202 schools, the all-time record, were ejection-free in the 2006-07 academic year, so we want to see as part of a wholesome athletic environment. We are concerned about the fact, however, that there was a substantial drop in the number of schools earning this recognition.

All schools with no ejections for the year will receive a certificate of recognition. North Carolina Farm Bureau sponsors this as part of its initiative with the NCHSAA.

Those schools include:

2007-2008 Ejection-Free Award Recipients

<table>
<thead>
<tr>
<th>Region 1 (14 schools)</th>
<th>Region 2 (17 schools)</th>
<th>Region 3 (22 schools)</th>
<th>Region 4 (9 schools)</th>
<th>Region 5 (19 schools)</th>
<th>Region 6 (18 schools)</th>
<th>Region 7 (14 schools)</th>
<th>Region 8 (12 schools)</th>
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<tr>
<td>East Duplin</td>
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“We are certainly pleased to recognize these schools for their positive programming,” said Dreibelbis. “It is part of our continuing commitment to provide opportunities and recognize schools which are promoting the kind of behavior we want to see as part of a wholesome athletic environment. We are concerned about the fact, however, that there was a substantial drop in the number of schools earning this recognition.”

Bobby Guthrie of the Wake County schools and Butch Adams of the Gaston County schools presided over the event. The group will meet again in February.
**Wachovia Cup Winners 2007-08**

The four winners of the Wachovia Cup awards for overall sports excellence in the state were recognized at NCHSAA Day this fall. Representatives of the schools who accepted their awards included, from left, Hendersonville among 1-A schools, represented by principal Bobby Wilkins; Cardinal Gibbons in the 2-A classification, represented by athletic director Dean Monroe; Charlotte Catholic in 3-A, represented by athletic director Kevin Christmas; and Myers Park among 4-A schools, represented by director of athletics Greg Clewis.

(NCHSAA photo by John Bell)

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**Atlantic Coast Conference Lists League Championships Held In North Carolina**

GREENSBORO—The Atlantic Coast Conference has listed a number of its conference championships for the coming year that may be of interest to North Carolina High School Athletic Association member schools.

The conference has always believed that NCHSAA member schools, coaches and athletes might want to attend an ACC championship being held in the state of North Carolina.

Here is a list of sports, dates, sites and contacts for information on a variety of future ACC events being held in our state:

- **women’s soccer** at the WakeMed Soccer Park at Cary on November 5,7, and 9, 2008; for more information contact Davis Whitfield at (336) 337-4898;
- **field hockey** at Duke University on November 6,7, and 9, 2008; for more information contact Kris Pierce at (336) 420-4155
- **men’s soccer** at the WakeMed Soccer Park at Cary on November 11,12,14 and 16, 2008; for more information contact Davis Whitfield at (336) 337-4898
- **women’s basketball** at the Greensboro Coliseum on March 5-8, 2009; for more information contact Nora Lynn Finch at (336) 854-8787, extension 251
- **women’s golf** at the Sedgefield Country Club in Greensboro on April 17-19, 2009; for more information contact Davis Whitfield at (336) 337-4898
- **men’s and women’s tennis** at the Cary Tennis Center on April 16-19, 2009; for more information contact Davis Whitfield at (336) 337-4898;
- **men’s golf** at the Old North State Club at Uwharrie Point in New London on April 17-19, 2009; for more information contact Davis Whitfield at (336) 337-4898;
- **men’s lacrosse** at the University of North Carolina on April 24 and 26, 2009; for more information contact Kris Pierce at (336) 420-4155

The Bulletin is pleased to provide this service to its readers.

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**Officials Group Makes Donation To Endowment**

FAYETTEVILLE—The Southeastern Athletic Officials Association made a special presentation to the North Carolina High School Athletic Association Endowment Fund during the NCHSAA regional meeting swing in September.

Booking agent Neil Buie presented a check for one thousand dollars from the officiating organization at the Region 4 meeting at the Educational Resource Center in Fayetteville. He mentioned that principals, athletic directors and officials all have at least one thing in common and that is their interest in student-athletes, and he believed that a donation to the Endowment is a great way to help student-athletes.

The NCHSAA is grateful to Neil and to all of the officials whom this gift represents.

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**CALLING ALL COACHES:**

Please be on the lookout in January for your National Football Foundation and College Hall of Fame nomination forms that will be sent to your school email address. The same memo and forms are sent to your principal in the hope that each school will respond. Remember the criteria for nomination of a scholar athlete: Outstanding Academic Achievement (3.0 GPA or higher...no exceptions) — 40%. Outstanding Football Ability, Performance and Attitude — 40%. Outstanding Campus Leadership and Citizenship — 20%. Start thinking about your nomination now.

For more information call Priscilla Kistler 291-8041.
Sports Medicine Committee Makes Recommendations, To Study Other Proposals

CHAPEL HILL—The Sports Medicine Committee of the North Carolina High School Athletic Association met in early October at the Simon F. Terrell Building.

It made several recommendations that will be coming to the NCHSAA Board of Directors at its December meeting. In addition, a couple of items received immediate approval by the Executive Committee so that they could be implemented immediately (interim steps before the Board meets).

Interim policy, approved by the Executive Committee, is:

- mandate that no student-athlete with a suspected concussion be permitted to return to participation (practice or play) until the student-athlete receives written release from a duly licensed physician prior to return to participation
- member schools are required to submit to the NCHSAA by November 1 the names of either
  (a) their licensed athletic trainer or
  (b) their first responder, and verifying that the school has on file information to indicate the first responder is current with CPR certification, first aid certification, and has completed Level I or Level II injury management according to State Board of Education policy.

If both levels of injury management have been completed, there should be evidence of having completed 20 CEU’s during the previous year. A form for the submission of the name of the athletic trainer and/or first responder has been provided for the schools.

- member schools will be required to develop an action plan, to be completed no later than January 1, 2009, which includes the following to be posted at the school:
  (a) an emergency action plan for potentially life-threatening injuries, and
  (b) a referral plan for concussion and heat-related illnesses
- member schools will be required to submit to the NCHSAA no later than January 1, 2009:
  (a) verification that they have developed and posted the emergency action plan and the referral plan for concussion and heat-related illnesses
  (b) an agreement of understanding signed by coaches, ATCs, and school administrators with respect to these policies

A form is being developed for submission of the information relative to the emergency action plan, referral plan for concussion and heat-related illnesses and agreement of understanding

A special Task Force to study additional recommendations has been appointed by executive director Charlie Adams in conjunction with Dr. Kevin Guskiewicz of the University of North Carolina. The Task Force will present its recommendations to the Sports Medicine Committee, which will in turn make recommendations on the Board of Directors for consideration at its December meeting.

NCHSAA Coach-Captain Retreat Attracts Students From Across State

RESEARCH TRIANGLE PARK—The North Carolina High School Athletic Association held its fall 2008 Coach-Captain Retreat in October, the 28th in the history of this program.

The event, part of the Association’s Student Services program, was held at the Radisson Governors Inn and attracted students from all over North Carolina.

Retreat teams include student-athletes who will be captains or leaders of their athletic squads in the coming year, a coach from the school and a parent representative. They are designed to promote the concept of “teamwork.” Issues such as leadership development, alcohol, tobacco and other drugs, violence prevention strategies and academic success are addressed at these retreats, the first of which was held in the spring of ’95.

The retreats are designed to help student-athletes define leadership qualities, identify key issues that affect them, learn to communicate effectively with other students and adults about these issues, and then to understand what captains can do to use their influence to prevent problems and promote healthy lifestyles.

Coach-Captain retreats are organized and administered by NCHSAA assistant executive director Mark Dreibelbis and student services assistant Chiquana Dancy.

“Student Services is the ‘value-added’ division of the NCHSAA,” said Dreibelbis. “The Coach/Captain Retreat emphasizes the responsibility of student-athletes to take their leadership skills and implement programs promoting positive life skills and total development through athletics to both their school and community. Having the opportunity to develop these initiatives and assist in their implementation is what Student Services is all about. Our programs make a difference and create winners for life.”

Facilitators included the following NCHSAA Student Services Trainers: Mike Brown, retired athletic director from the New Hanover County schools and president of B&M Associates; Garry Bryant, a three-sport NCHSAA official; P.J. Taylor, retired teacher/coach at Williamston High and former safe and drug free schools coordinator for the Martin County Schools; Teresa Coleman, former coach and athletic director at West Bladen High School; Faye Corbin, teacher and coach at Hope Mills South View High School; and Susan Cox, former athletic director at Perquimans High School.

Teams at the retreat represented the following schools:

Alexander Central, Matthews; David Butler, Carrboro, Concord; Greenville D.H. Conley, Davie; East Davidson, Charlotte Independence, McDowell, Mayodan; Dalton McMichael, Mitchell; Northampton-East, Perquimans; Red Springs, South Johnston, Hope Mills South View, and Tarboro.

Check out the North Carolina High School Athletic Association’s web site www.nchsaa.org for all sorts of important information, including updated regional assignments and locations in several sports and the latest brackets.
STAR Sportsmanship Program Can Help Your School, Assist In Character Education

By Dr. Barry Redmond, Superintendent, Newton-Conover City Schools
Kevin Campbell, Principal
Don Patrick, Athletic Director
Newton-Conover High School

We need your HELP!!!

The STAR Sportsmanship Program was introduced at all North Carolina High School Athletic Association regional meetings this fall, and it was also featured in workshop sessions at the North Carolina School Boards Association regional meetings for superintendents and school board members, which were also held in September.

Athletic directors had heard about this program at the athletic directors’ breakfast at the North Carolina Coaches Association’s summer clinic, and they also received a letter at their respective schools pertaining to this program. An article is being included in the newsletter from the NCCA to all coaches in North Carolina.

But we still need your help. No one gives more credibility to a program than people who have already established respect within their own local educational unit or athletic conference.

STAR is an acronym for Stop and Think before you Act and then Replay the decision that you have made. It stresses that you give careful consideration of how the decision that you are making will affect you, the people that you care about around you, and even other people who are directly or indirectly affected by this decision. You are then encouraged to evaluate the decision that you made, to see whether or not your thinking was sound or if you could have made a better decision.

This program addresses the sportsmanship issue, but it also serves as a great source of character education. It is designed for grades kindergarten through 12th grade. How many of us wish that we had stopped and thought before making a decision?

What do you need to do? First, watch the entire program including the coaches’ part, the athletes’ segment and the parents’ unit. Second, hold your coaches accountable for insuring that they and their athletes have ALL participated in this valuable opportunity.

Third, ask your middle school and elementary principals to watch the program designed for their particular grade levels and to include this program as a part of their character education program if they feel that it has value. In order to access the early years of the program, you may need to select a date of birth consistent with the age of the grade level that you are wanting to preview.

Where do you locate this program? Go to the NCHSAA website at www.nchsaa.org. Click on the STAR symbol in the lower right corner of the first page of this website. You will then enter the first four letters only of your school name and the city in which your school is located. The program will then give you your school code. Go to star-sportsmanship.com and enter this school code. This will allow you access to the website.

Many of us share in the concern over the number of ejections that we are seeing in high school athletics across North Carolina. The STAR Sportsmanship Program has proven successful in other states in reducing the numbers of ejections significantly. The NCHSAA has made this program available to you, your coaches, your athletes and their parents at no cost to your school or any individuals.

Again, though, we need your help. If no one locally monitors the involvement of your coaches, athletes and parents, only the conscientious will participate and often they are the persons who need this information the least. Please see that someone on your local level is mandating that coaches and athletes are participating in this program. If we are able to get all schools participating, our students and their parents will get the message that we are concerned about the total student/athlete and not just what they do in the athletic arena. What better character education lesson can be taught than Stop to Think before you Act, examining how your decisions will affect you and all of those you meet both on and off the field of athletic competition?

We look forward to the involvement of the NCHSAA membership in this most worthy program.

Advertisers Help Make NCHSAA Championship Programs Successful

Whether it is at the local high school level, in a collegiate program, the professional ranks—or with the North Carolina High School Athletic Association—advertisers are critical to the success of a souvenir game program.

The NCHSAA has been able to produce outstanding championship programs in a number of different sports over the years, largely because of good support from corporate sponsors and from Chapel Hill, Carrboro and the surrounding area. The books feature not only up-to-date information about the championship participants and lots of copy about special NCHSAA programs and activities, but they include advertisements for these supporting companies.

The Association wishes to salute those advertisers, whose ads you will be seeing in championship publications throughout the year, and we certainly hope you will take advantage of their goods and services when appropriate.

The list includes both NCHSAA corporate sponsors, those who have ads in the programs, along with others who are just advertising and supporting the Association in that way. At press time for the Bulletin, the 2008-09 championship program advertisers include:

- American Advantage
- Marketing Group
- BB&T Bank
- Blackman and Sloop
- Carolina Panthers
- CCB
- Chapel Hill-Carrboro Chamber of Commerce
- Chapel Hill-Orange County Visitors Bureau
- Carolina Inn
- Courtney by Marriott
- Days Inn
- Franklin Hotel
- Hampton Inn Chapel Hill
- Holiday Inn Chapel Hill
- Holiday Inn Express, Hillsborough
- Microtel Inn and Suites, Hillsborough
- Residence Inn by Marriott, Chapel Hill
- Sheraton Chapel Hill
- Siena Hotel
- Southern Country Inn, Hillsborough
- Best Western Skylond Inn, Durham
- Scottish Inn, Durham
- Cheer Ltd.
- Classic Graphics, Charlotte
- College Foundation of North Carolina
- DeMarini
- Farm Bureau Insurance
- Fellowship of Christian Athletes
- Ford Dealers of the Carolinas
- Gatorade
- General Sports Venue
- Granville Towers
- GreensboroSports.org
- Greenville Convention and Visitors Bureau
- Jim’s Famous Ribs
- Marines
- Martin Screen Printing
- MaxPreps
- Mott’s of Raleigh
- Musco Lighting
- Nationwide Insurance
- North Carolina Coaches Association
- Raleigh Parks and Recreation
- Raleigh Sports Consortium
- Resilite
- Shrine Bowl of the Carolinas
- Summit Hospitality Group
- Residence Inn by Marriott, Raleigh
- Fairfields Inn and Suites, Raleigh
- Courtyard by Marriott, Raleigh
- Townplace Suites, Raleigh
- East Village, Raleigh
- Time Warner Cable
- University Health Systems of Eastern Carolina
- Visit Winston-Salem
- Wachovia
- Wendy’s Restaurants
- Wilson Sporting Goods
- 850 The Buzz radio
- 620 The Bull radio
- 99.9 The Fan radio

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Heritage Biographies

As part of the North Carolina High School Athletic Association’s celebration of its 95th anniversary, we thought it would be appropriate to highlight just a few of the people who have been instrumental in the history of the NCHSAA.

We will feature a handful of prominent figures in each edition of the Bulletin during this school year.

WILLIE BRADSHAW

A native of Durham, Willie Bradshaw has devoted a lifetime of service to his city and his alma mater.

Bradshaw was an outstanding athlete at Hillside High School in Durham and played on the 1943 football team that was unbeaten, untied and unscored upon. He went on to North Carolina College, now North Carolina Central University, and was a great athlete there, joining the NCCU Athletic Hall of Fame in 1985.

He coached at L.E. Johnson in Laurinburg, Lincoln High in Chapel Hill, and at Dudley in Greensboro before going to Hillside in 1963. He served as a coach and athletic director there for 15 years, and then was the athletic director for the Durham City School system, becoming the first African-American city/county athletic director, until 1991.

A former president of both the North Carolina High School Athletic Directors Association as well as the North Carolina Coaches Association, Bradshaw’s career coaching mark as a head football coach was 96-43-6, while his basketball coaching slate was 215-119 in 14 seasons.

He was honored with a NCHSAA Distinguished Service Award in 1992 and has also been involved at the national level with the National Interscholastic Athletic Administrators’ Association. Willie was inducted into the NCHSAA Hall of Fame in 1995.

MIKE BROWN

Mike Brown has an impressive coaching and administrative resume, but he has made huge contributions to the North Carolina High School Athletic Association student services program.

A graduate of Durham High and the University of North Carolina, Brown coached a number of sports at various schools, including High Point Central, Garinger, Durham, Sanford Central and New Hanover, including football, basketball and tennis. From 1977 to ’94, he served in the central office of the New Hanover County schools, primarily as the director of athletics, health and physical education along with student support services.

He has been involved with the NCHSAA student services program since its inception, working as a facilitator/trainer. He helped organize the first state association Chemical Awareness Conferences in the early 1990s.

He has served on the NCHSAA Board of Directors, is a former president of the North Carolina Athletic Directors Association, and is a member of the AD’s Hall of Fame.

Mike was named as a member of the NCHSAA Hall of Fame in the 2004-05 academic year.

NORMA JEAN HARBIN

The first woman to be inducted into the NCHSAA Hall of Fame was involved in high school athletics as a teacher, coach, athletic director and assistant principal.

Norma Harbin coached at the junior high level for several years before going to West Forsyth High in 1968. During her 10 years as a coach there her teams won 14 conference championships and she was a conference Coach of the Year in four different sports. She became the first woman athletic director at a 4-A school in the state in 1978 and served in that capacity for seven years before moving to an assistant principal’s role. Harbin served as president of the North Carolina Athletic Officials Association and served terms on both the Boards of Directors of the NCHSAA and the state’s athletic directors’ association.

She is a member of the Winston-Salem/Forsyth County High School Sports Hall of Fame. Norma joined the NCHSAA Hall of Fame in 1992.

DAVE HARRIS

One of the outstanding coaches and athletic administrators in state history was a charter member of the NCHSAA Hall of Fame back in 1987.

Dave sent over 40 years in athletics after a great career at Statesville High School and then Wake Forest. In 1947 he was a teacher and coach at the old Thomasboro High for a year before taking a position at Harding High in Charlotte. He remained at Harding until 1967, when he was appointed athletic director of the Charlotte-Mecklenburg schools, a position he held until 1990.

For years he was athletic director for the Shrine Bowl of the Carolinas, which has raised millions of dollars for crippled children and was played in Charlotte for many years. He also was head coach of the North Carolina team on two occasions.

A former member of the NCHSAA Board of Directors, he became nationally known for his innovations and leadership in athletic administration. He is also a member of the Wake Forest University Sports Hall of Fame and former president of the North Carolina Athletic Directors Association.

KATHY STEFANOU

When she was inducted into the NCHSAA Hall of Kathy Stefanou is the most successful volleyball coach in North Carolina history.

A native of Jacksonville and a 1969 graduate of Campbell University, Stefanou came to Millbrook High School in Raleigh in 1970 and has spent her entire career there.

She built Millbrook into a state volleyball power and posted a career coaching mark of 657-153, tops in state history. She guided her teams to state 4-A crowns in 1991, ’93 and ’95.

Kathy has also coached basketball, track, swimming, softball and worked with cheerleading during her career as well as serving as chairman of the health and physical education department at Millbrook. She served a full four-year term on the NCHSAA Board of Directors.

BILL STEED

Bill Steed had an outstanding eight-year run with the North Carolina High School Board of Directors, including his years as president from 1995-97.

At that time Bill was serving as the superintendent of the Davie County schools. Prior to that he was an assistant superintendent in the Union County system and was a principal in Davidson County for nine years prior to that. He has an excellent athletic background and was a very effective leader of the NCHSAA.

Bill was a graduate of Elise High School in Moore County and earned his undergraduate degree at East Carolina. After his retirement from North Carolina, he has been serving in administration in South Carolina.
**NCHSAA Rules And Regulations of Bygone Era Interesting**

As part of the celebration of the North Carolina High School Athletic Association’s 95th anniversary, perhaps we are a little more aware of the history of the organization.

We thought readers of the Bulletin might enjoy seeing some of the rules and regulations from many years ago that member schools had to meet. You should find especially interesting the 1920 qualifying for the state baseball championships (winning three or four games!) or the football tie-breaking procedure in 1942 that if you lost the draw to get into the playoffs, and then the team you lost the draw to won the championship, then those two teams (yes, the two that were originally tied and drew) would have to meet to play off for the title.

Enjoy!

**Tennis**

There will be contests in singles and doubles. A school may enter either the singles or doubles, or both. A school may enter only one man for the singles, and only two men for the doubles. The contests will be so arranged that the same man may take part in the singles and doubles if he desires.

**Inter-Scholastic Track Meet**

The points will be counted thus: 5 for first place, 3 for second place, 2 for third place, and 1 for fourth place. The relay race will not count in the scoring of points.

**State Championship Contest in Baseball**

Any baseball team representing a public high school that shall have played and won, up to and including May 1st, as many as three games from teams representing schools of similar rank and shall have lost none, or shall have played as many as four games with teams representing schools of similar rank and won 75 percent of them, shall be eligible to enter the championship series.

The committee will pay one-half the railway fare both ways, and will provide entertainment for these two teams while they are at the Hill.

**Article IX-Annual Dues**

Membership in this association shall be contingent upon the payment by the member schools of such annual dues as the executive committee may deem necessary; provided, however, that the annual dues in any case shall not exceed ten dollars per year for any member school.

**The Class A Conferences Contest-Basketball**

15. In connection with the state title game, the executive committee will make provision as follows: for entertainment at Chapel Hill of the two teams concerned, for a basketball to be used in the game, for officiating at the game, and for a trophy to be presented to the winning school. No additional guarantee is made. However, if the gate receipts at the state final game justify it, the committee will pay a small additional guarantee.

**Football Tie Game Arrangement**

In the event that two teams should play to a tie in any game, which has been scheduled on the elimination basis in the general high school football contest in 1942, the procedure which shall be followed is outlined thus:

The secretary will arrange for a drawing to be held between representatives of the two teams. The team which is winner in the drawing will accept the schedule and will proceed in the contest. In the event that the team which was lucky drawer should lose in the contest, then both teams which participated in the drawing would be out of the contest.

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**NCHSAA Hosts NFHS Section Meeting In Wilmington**

WILMINGTON—It happens once every eight years, and this was the year that the North Carolina High School Athletic Association hosted an annual gathering of state association officials from across the Southeast.

The meeting of the National Federation of State High School Associations (NFHS) Section 3 was headquartered at the Hilton Wilmington Riverside in early September. States that are included in Section 3 are the two Carolinas, Georgia, Florida, Alabama, Mississippi, Louisiana and Tennessee.

The impending arrival of Tropical Storm Hanna in the area caused some cancellations—most of the Louisiana delegation was unable to attend because of the earlier effects of Hurricane Gustav in their state—but most of the participants were on hand.

Attendees participated in a number of workshops on the first two days of the conference and then heard from an impressive array of speakers on the final two days.

Speakers included Dr. Mitch Simpson of Chapel Hill’s University Baptist Church; UNC associate athletic director for marketing and promotions Rick Steinbacher; North Carolina State University director of athletics Lee Fowler; East Carolina University director of athletics Terry Holland; Atlantic Coast Conference commissioner John Swofford; Scott DuPree and Pam Rose from the Raleigh Convention and Visitors Bureau and the Raleigh Parks and Recreation Department, respectively; UNC professor Dr. Fred Mueller on catastrophic injuries and fatalities, and North Carolina State Board of Education chairman Howard Lee.

Former UNC, Wake Forest and Virginia Tech football coach Bill Dooley welcomed the crowd as did Dr. Bill Harrison, superintendent of the Cumberland County schools and president of the NCHSAA.

Speakers on the final day included Roy Williams, head basketball coach at the University of North Carolina, and Dave Odom, former coach at Wake Forest and South Carolina. Both Williams and Odom coached at NCHSAA high schools before heading into college coaching.

All of the sessions addressed issues or topics specific to state high school associations and their working with various organizations.

Bob Kanaby, executive director of the National Federation, and Jim Tenopir, president of the NFHS this year and executive director of the Nebraska Schools Activities Association, also addressed the gathering. ★
Retrospective: A Look At NCHSAA History Through Bulletin Pages

As part of the celebration of the North Carolina High School Athletic Association's 95th anniversary, we thought it would be interesting to take a look back at previous editions of The Bulletin that have gone to the NCHSAA member schools.

Below is a sampling of headlines and story briefs about the Association from five, 10, 20, 30 and 40 years ago. Some seem very current and others may be very surprising.

We hope you enjoy this special feature.

In the Winter Edition five years ago...

Stadium Named in Honor of Coach Bob Paroli At Douglas Byrd High School

The stadium was named for veteran coach Bob Paroli, who entered the 2002 season as the all-time winningest football coach in North Carolina high school history. He is currently in his 45th year of coaching and entered this season with a 324-149-1 career coaching mark.

Wendy’s Heisman Enters 9th Year; Nominations Urged From Schools

Last year North Carolina had a nomination rate of approximately 40%, almost double the national nomination rate.

Inaugural Lowe’s Hometown Heroes Named

Liza Schillo, from A.C. Reynolds High School, and T.W. Teague from St. Stephens High School were selected as the inaugural winners in the Lowe's Hometown Hero Awards Program.

In the Winter Edition 10 years ago...

NCHSAA to Collect Points for Wachovia Conference Cup

For about the last 20 years, the NCHSAA and Wachovia Bank, N.A. been teamed to bring member schools the Wachovia Cup. There was some confusion between the name of the Cup and Trophy, now the conference award will be known as the Wachovia Conference Cup, a name that will have consistency with the statewide award but also clearly designates the purpose of the honor.

Executive Director Recognized for Service

Charlie Adams last month returned home to administer the state organization full-time after spending a high-profile year as president of the National Federation of State High School Associations, the first North Carolinian to hold that position.

In the Winter Edition 20 years ago...

Jamieson, Brogden, Harris Earn NCHSAA Hall of Fame Honors

Three of the greatest names in the annals of state prep athletics have been selected at the charter members of the North Carolina High School Athletic Association Hall of Fame. Bob Jamieson of Greensboro, Leon Brogden of Wilmington and Dave Harris, Jr. of Charlotte have been chosen by the NCHSAs' Hall of Fame Selection Committee to be the initial inductees.

Greenville’s J.H. Rose Dedicates New Multi-Purpose Athletic Complex

For the first time, Rose High has its own football stadium which it can call home. The Farley-Minges Athletic Complex is the result of the tireless efforts of a large number of Greenville citizens, with over a half million dollars donated or pledged for phase 1 of the project.

Changes Announced in Baseball, Softball

The most important action of the National Federation Baseball Rules Committee at its meeting was its decision not to change the existing rules on metal cleats. A motion to reinstate metal cleats in high school baseball was again defeated by the rules committee. Metal cleats were outlawed in high school baseball in 1984 and since 1979 in softball.

In the Winter Edition 30 years ago...

New Policy For Assigning Playoff Officials.

The Board of Directors will adopt a policy that in football play-offs and the first round of the state 4-A basketball play-offs, by mutual agreement of the competing schools and their respective booking associations, all officials could be assigned by the host school or by a neutral association.

In the Winter Edition 40 years ago...

Financial Reports

J.F. Hockaday, chairman of the Finance Committee, reported that the gross receipts from all first round, semi-final and championship games were $148,827.48. Expenses in connection with these games were $26,180.13.

Football Champions

4A Wilson; 3A Eastern Champion- Sanford, Western Champion- Mt. Airy; 2A Eastern Champion- Rohanen, Western Champion- Hendersonville; 1A Ayden. The NCHSAA did not play to a single state champion in certain classes for a period of time.

Coaches Vital In Programs

State Department of Public Instruction representative Raymond Rhodes expressed the opinion that in our athletic program coaches are on the front line and they urgently need the assistance and support of the school administrators. Rhodes mentioned the fine leadership provided by this Association.

Chancellor Visits NCHSAA Offices

New UNC chancellor Dr. Holden Thorp made a visit to the North Carolina High School Athletic Association offices earlier this fall and addressed the NCHSAA staff. He noted the importance of athletics at both the high school and collegiate level and said that even though he was not athletic at all, one of the greatest teachers he had ever had was former coach Len Maness at Terry Sanford High School in Fayetteville, from whom he gained important insight and confidence. He also said that among the most important partners with the University are the high schools of our state.

(WINTER 2009)
MARY GARBER

WINSTON-SALEM—Pioneering sports-writer and North Carolina High School Athletic Association Hall of Fame member Mary Garber died in mid-September at the age of 92.

Garber worked at the Winston-Salem Journal and the Twin City Sentinel for some 51 years, from 1946 through ‘97. She had begun as a society writer during World War II but moved to sports when the sports department was depleted and never went back.

She covered high school athletics for many years and formerly served as president of the Football Writers Association of America and the Atlantic Coast Sports Writers Association, groups that initially did not allow her to join their previously all-male membership.

She is also a member of the North Carolina Sports Hall of Fame and the National Sportscasters and Sportswriters Hall of Fame. Mary was elected to the NCHSAA Hall of Fame in 1998.

HOYT HAYES

HAVELOCK—Former coach Hoyt Hayes died at Craven Regional Medical Center in late September at the age of 75.

A long-time teacher and coach, the gymnasium at Havelock is named in his honor. He was also a longtime member of the North Carolina Coaches Association.

DON PACK

SHELBY—Former football and wrestling coach Don Pack died in early October at the age of 76.

A graduate of Tennessee Tech, Coach Pack began his teaching and coaching career at Lincolnton High School before moving to Shelby Junior High School in 1968. He also taught at Shelby High School before his retirement in 1991. He was also an NCHSAA wrestling official for many years.

MINNIE BELLE SIRLS

PITTSBORO—Long-time North Carolina High School Athletic Association employee Minnie Belle Sirls died in early September at the age of 78.

She had retired in the 1990’s after over 20 years of service with the NCHSAA. Prior to that she had worked for the Chatham County Register of Deeds and in a law office.

She was a long-time member of Browns Chapel United Methodist Church in Chatham County, where the funeral service and burial took place. Memorial contributions may be directed to the Browns Chapel UMC Memorial Fund, PO Box 785, Pittsboro NC 27312.

DR. BRAD SNEEDEN

Brad Sneeden, the superintendent of Carteret County schools, died suddenly in late October at the age of 56.

Brad worked as the Deputy State Superintendent for the North Carolina Department of Public Instruction and the State Board of Education from July 1998 to August 2003. During that period he also served on the NCHSAA Board of Directors. He worked in the public education community in a variety of other ways in his more than 30-year career.

Some of his contributions included service as Superintendent in Craven County Schools, as Associate Vice President for Leadership Development at the Center for School Leadership at the University of North Carolina and as Director for the Principals Executive Program.

He was an outstanding high school athlete at New Bern High School.

JAQUAN WALLER

GREENVILLE—Jaquan Waller of Greenville’s J.H. Rose High School died in mid-September as a result of injuries suffered in a game. He was 16 years old.

He died the day after the game after the family made the decision to remove him from life support. The medical examiner determined the death was accidental and the cause of death was “a closed head injury due to sequential impacts during a contact sport.”

An investigation was continuing.

A Half-Century Perspective on High School Athletics

By MARY GARBER, NCHSAA Hall of Famer

Editor’s note: Mary spent a half-century covering sports for the Winston-Salem Journal and the Twin City Sentinel, and was one of the first female sports writers in the nation. In honor of the 95th anniversary of the NCHSAA and in memory of her recent passing in mid-September at the age of 92, we thought it would be appropriate to share her perspective on high school sports in our state that she wrote for an edition of the Bulletin a few years ago.

High school sports have changed since the 1940s when I first started covering them. Most of the changes have made high school sports better, but at times I miss the “family type” sports that were a part of those years when schools were small.

In the 1940s, most boys played all three sports—football, basketball and baseball. Basketball was the only sport for girls. Coaches usually worked with all three sports. Sometimes the principal would also be a coach. During the war, Gray Cartwright, a student, coached and played on the same team.

Most schools only had one small gym for the boys and girls teams to share. Since most students rode the bus, the girls’ team had to practice during the last period of the day. The boys’ team practiced after school. A pot-bellied stove heated the gym. If you sat close to the stove, you were hot. If you were too far away, you were cold.

On the night of a big basketball game, the gym was packed an hour before the girls game began. Once they were full, the principal often locked the doors to keep anyone else from entering. I shudder to think what would have happened if there had been a fire. A full gym meant that fans were packed into the stands, with the overflow sitting or standing courtside. Throwing the ball in bounds was an art, particularly if you were on the visiting team and the fans would not move to let you stand in their place.

In those days, there were few trained officials. Each team often had its own official. When a team went out of town to play, they took their official with them. In the midst of one basketball game, the home official was not calling the game to suit the home coach. The coach called a time out, walked on the court, and fired the home official on the spot. Then he went into the stands and grabbed a fan he believed would call the game right. The fan officiated the rest of the game.

Baseball umpires were even worse. In one game, the plate umpire called balls with his right hand and strikes with his left. When I suggested it was usually done the other way, he shrugged and replied, “It don’t make no difference” Then I saw he was cross-eyed. In a playoff game, the visiting team coach noticed that the plate umpire and the pitcher had the same last name. He questioned whether the umpire was the boy’s father. The home coach answered, “Of course not, he’s just his uncle.”

Many of the athletes were from farming families. Farm chores were

Continued on page 2
important and it was an acceptable excuse to miss school or practice because you were needed on the farm. One year, one of the Forsyth schools was involved in the state playoffs, but they conflicted with the tobacco-planting schedule. The star pitcher’s father said he was sorry but his son was needed at home and could not attend the playoffs. The coach volunteered the services of all the kids on the team to help the family, so the tobacco was planted and the pitcher played.

In most of our schools, football was a new sport. When uniforms were issued, a little boy came out to the coach holding a pair of hip pads and asked what they were. The coach had to explain to the boy what they were. The little boy tried on the hip pads, which fell around his ankles because he had no hips. During a game, the coach sent in a substitute to play halfback. The boy ran on the field and then quickly came back. He looked at the coach and asked, “What is halfback?”

In Forsyth County, only two of the county schools played eleven-man football. The rest of the schools played six-man football. Six-man football had only six players on the field for a team at one time, and the football had to be passed at least once before you could run it past the line of scrimmage. This style of play allowed for a lot of scoring. It also gave the smaller, faster boy a chance to play football.

Mineral Springs was the first county school to have a track. It was a small, cinder track. Track shoes were scarce. An athlete would run an event, take off his shoes, and pass them on to a teammate.

Tournaments became a very popular pastime in those days. The Winston-Salem Journal-Sentinel had what may be the most unique basketball tournament ever. It was open to any school in the Northwest area except for the city teams. The team’s record did not matter—whether you had a winning or losing season, you could still play. It was held at the R.J. Reynolds High School gym until its popularity grew and it had to move to Hanes Hosiery, which is larger and can accommodate more fans. I remember meeting a girl who had rode her horse to the train station so she could come to Winston Salem and attend the tournament. The games began in the morning and continued into the late evening hours. People would bring their lunch and suppers so they could stay all day and not miss any of the action on the court.

Not only did the fans love the tournament, but it was a special treat for the athletes as well. Many of the players had never eaten in a restaurant before and most had never stayed in a hotel. One of the teams cleaned up their hotel rooms. They apologized to the staff because they could not find clean sheets and had to make the beds with the ones they had used the previous night. The big entertainment during their stay was riding up and down the elevators.

The tournament was dropped because school officials wanted the competition run by the schools. The schools had already begun to develop tournaments and teams participated in those competitions, so the Journal Sentinel Tournament ended.

Back then there was complete segregation. The late coach David Lash started football at Carver, the county’s Negro school. Those schools did not receive much funding and there was little to no money for athletics. Coach Lash collected used uniforms from the Children’s Home for his players. The shoes were also donated from the Children’s Home. Players rarely found a pair out of the pile given to them that fit well. Lash had to drive the players home after practice in his car because the parents could not afford transportation. The black high schools did not have facilities to house athletic events. Atkins, the city school for black students, played its football games in the schoolyard on Friday afternoons.

The Sentinel picked players of the week for both white and black schools. We had an all-city team for both black and white schools. Then one day, we decided to combine the teams for one all-city football team. All the coaches were invited to a meeting to select the players to comprise the all-city team. It was exciting to see how hard both the white and black coaches worked to recognize players they did not know. That December, I asked the coaches to vote on what they thought was the biggest high school sports event of the year. One of the coaches from the black high school said the selection of a true all-city team was the most important event of the year. This was a stepping stone in ending segregation of public schools.

As schools were consolidated, the neighborhood school was lost. It was heartbreaking for many of the small schools to give up their teams. One school flew the American flag at half-mast before the consolidation.

But the larger schools brought opportunities for more sports, especially for girls. Integration opened the door for more opportunities in high school athletics. New gyms and football stadiums gave the players and the fans a better place to enjoy high school sports. All of this developed into the excellent high school athletic programs we have today. ★

NCHSAA Recommends United HealthCare Student Insurance Statewide

By MANDY LANCE
NCHSAA Insurance Administrator

There is no place else quite like a school campus filled with active students. Of course, this activity and interaction creates plenty of opportunities for unexpected illnesses or accidents.

You worry about the students in your care and you worry about your liability. You may wonder what company can provide the coverage for so many different situations. Many K-12 school districts in North Carolina are looking to United Healthcare Student Resources for all of their student insurance needs.

Student–Focused

Because United Healthcare Student Resources has focused on K12 students for more than half a century, they have an in-depth understanding of the unique needs of this diverse group. They’ve developed the flexibility to serve those needs and provide services that other companies may not be able to accommodate.

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Annual Whitfield Baseball Clinic Is January 10 In Goldsboro

GOLDSBORO—The baseball clinic run by North Carolina High School Athletic Association Hall of Famer George Whitfield is set for its 37th annual renewal.

The clinic is scheduled for Goldsboro High School on Saturday, January 10, 2009, and features another tremendous lineup. Registration is scheduled from 7:30 to 9:15 a.m., and then the clinic will run until 6 p.m.

The clinic is open to all players from Little League through high school, and all coaches at any level are welcome.

Bobby Richardson, former New York Yankee great, will be the kickoff speaker at 9:20, followed by NCHSAA assistant executive director Mark Dreiblebis, who will discuss the 2009 baseball rule changes.

Here are some of the other outstanding baseball people and topics that will be covered at this annual event:

- "Strength, Conditioning and Nutrition in Today’s Athlete" will be discussed by Vanderbilt assistant coach Erik Bakich, Campbell head coach Greg Goff, Virginia director of strength and conditioning Ed Nordenschild, Mount Olive College assistant Rob Watt and East Carolina director of baseball operations Brian Cavanaugh;
- "Practice Organization for the High School Coach" will include Charleston Southern head coach Stuart Lake and Virginia assistant Kevin McMullan;
- "Indoor and On-Field Drills To Become a Better High School Player" will be discussed by Atlanta Braves area supervisor Billy Best, former major league manager Dave Bristol, and East Carolina head coach Billy Godwin;
- Pitching will be covered by High Point head coach Craig Cozart, North Carolina assistant coach Scott Forbes, East Carolina assistant Bill Jarman, minor league pitcher Sam Narron with the Milwaukee Brewers at the AAA level, Virginia Commonwealth assistant Shawn Stiffler;
- Catching will feature Toronto Blue Jays minor league manager Clayton McCullough, Louisburg assistant Tony Guzzo, North Carolina assistant Matt McCay, Wingate head coach Allen Osborne, and Coastal Carolina assistant Kevin Schnall;
- Infield play instructors will be retired Central Florida head coach Jay Bergman, North Carolina State assistant Chris Hart, North Hall (Ga) High School head coach Trent Mongero, Myrtle Beach Pelican manager Rocket Wheeler and UNC-Wilmington head coach Mark Scalf;
- Outfield play will be covered by Duke assistant Jonathan Anderson, Atlanta Braves major league crosschecker Paul Faulk, Boston College assistant coach Joe Hastings, Mount Olive head coach Carl Lancaster, Florida Atlantic assistant coach Ben Sanderson;
- Hitting will be discussed by Central Florida assistant coach Cliff Godwin, former major league player Tim Hyers, East Carolina assistant Link Jarrett, Alabama-Birmingham assistant Ron Polk, and N.C. State assistant Brian Ward;
- Baserunning will include East Carolina assistant coach Todd Atkinson, Coastal Carolina head coach Gary Gilmore, Baltimore Orioles bench coach Dave Jauss, Liberty assistant coach Nick Schnabel, and South Florida assistant coach Bryant Ward.

Coach Whitfield will mail information to schools across the state right before Thanksgiving. Questions about the clinic, including cost and other information, may be directed to George at (919) 222-2018 or write him at 216 Hardingswood Drive, Goldsboro, NC 27534. ★
Wood and Cherkur had advanced with a morning semifinal victory over another T.C. Roberson team, Erin Williams and Elle Klein, 6-4, 7-6 (6). The Williams-Klein duo had won the West Regional last week while the eventual state champions actually placed third in their regional.

**NCHSAA STATE 3-A WOMEN’S TENNIS CHAMPIONSHIPS**

**Singles-Championship**
Kathryn Talbert (Lake Norman) def. Neena Wanko (Union Pines) 6-0, 6-2.

**Doubles-Championship**
Lauren Vaughn-Shannon Melrose (T.C. Roberson) def. Catherine Wood-Sruthi Cherkur (Ragsdale) 6-2, 6-3.

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**Myers Park’s Baker Wins 4-A Singles Title; Hoggard Pair Takes Doubles Championship**

RALEIGH—Charlotte Myers Park’s Grace Baker completed her march through the field by winning the singles championship in the North Carolina High School Athletic Association state 4-A women’s tennis championships at N.C. State. Baker defeated Midwest champ Jennifer Huang of East Chapel Hill for the state crown, 6-2, 6-2.

Baker had won all three of her opening day matches in straight sets and lost only five games in six sets. The Wilmington Hoggard doubles pair of Kaitlin Burns and Maggie Dickens earned the state championship with a 6-1, 7-6(5) victory over Katie Kane and Asha Iyengar of Raleigh Broughton.

Burns and Dickens were down 2-5 in the second set but rallied to tie and then won the tiebreaker 7-5 to clinch the crown.

**NCHSAA STATE 4-A WOMEN’S TENNIS CHAMPIONSHIPS**

**Singles-Championship**
Grace Baker (Charlotte Myers Park) def. Jennifer Huang (East Chapel Hill) 6-2, 6-2.

**Doubles-Championship**
Kaitlin Burns-Maggie Dickens (Wilmington Hoggard) def. Katie Kane-Asha Iyengar (Raleigh Broughton) 6-1, 7-6 (5).

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**Gunter Fires Brilliant 70 To Clinch Third Straight Crown**

FOXFIRE VILLAGE—Defending individual champion Courtney Gunter of Indian Trail Porter Ridge made it three state titles in a row in convincing fashion in the North Carolina High School Athletic Association’s state 1A/2A/3A women’s golf championships at the Foxfire Resort and Golf Club.

Gunter, a senior who had won the last two individual championships in this classification, shot a brilliant two-under par 70 in blustery, chilly conditions on the West Course at Foxfire to win the individual crown by a whopping 10 shots.

Gunter’s 70 on the second day was the only sub-par round of the entire tournament.

Defending team champion Cameron Union Pines, which had a 16-shot lead in the team standings over Ragsdale after the first day, held on to clinch the title by 19 shots over Ragsdale with a score of 517

Wendy’s is the presenting sponsor of the NCHSAA sports program.

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**WOMEN’S GOLF**

**Emrey Wins Medalist Honors, Athens Drive Takes Team Title**

PINEHURST—Allison Emrey of Charlotte Ardrey Kell captured top individual honors in the North Carolina High School Athletic Association state 4-A women’s golf championships at Pinehurst number one. Emrey began the day in fourth place just one shot out of the lead, but she handled the chilly, windy conditions well enough to shoot a two-over 75 for a 36-hole score of 151, five-over par, edging out a trio of golfers who finished one shot back.

Raleigh Athens Drive overcame a five-shot deficit after Monday’s play and took the team title, overtaking first-day leader Greensboro Grimsley.

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**NCHSAA 2008 STATE 1A/2A/3A WOMEN’S GOLF CHAMPIONSHIPS**

**Foxfire Resort and Golf Club**

**Tuesday’s Results-Final Team Standings**

1. Cameron Union Pines 254-263-517  
2. Jamestown Ragsdale 270-266-536  
3. Western Alamance 276-268-544  
4. Charlotte Catholic 273-276-549  
5. Southern Lee 274-275-549  
8. Pittsboro Northwood 291-270-561  
9. Lake Norman 274-293-567  
10. Asheville T.C. Roberson 287-284-571  
11. Hampstead Topsail 295-280-575  
12. Pittsboro Northwood 291-270-561  

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**WOMEN’S DUAL TEAM TENNIS**

Four Championships Decided At Burlington Tennis Center

BURLINGTON—Led by state 4-A singles champion Grace Baker, Charlotte Myers Park swept five of the six singles matches and downed East Chapel Hill 5-1 in the North Carolina High School Athletic Association dual team tennis championships at the Burlington Tennis Center.

Myers Park completed a perfect 18-0 season and won its first NCHSAA state 4-A women’s dual team tennis final in five trips to the championship match.
**Volleyball**

**Greenville Rose Sweeps Mount Tabor In 4-A Final**

RALEIGH—Pammy Craigle was named the Most Valuable Player as she led Greenville Rose to a sweep of Winston-Salem Mount Tabor and the North Carolina High School Athletic Association state 4-A volleyball championship at Reynolds Coliseum on the campus of North Carolina State University.

Rose won three straight by scores of 25-12, 25-22 and 25-19. Craigle, a 5-10 junior setter, had 31 assists and seven digs on the night as Rose ran its record to 27-1. Junior Emily Neideffer and soph Caroline Douglas had 10 kills apiece for the victorious Rampants, who won their first NCHSAA volleyball crown in making their second finals appearance in the last five years.

Mount Tabor lost for the first time in 29 starts. Middle hitter Andrea Beck had 10 kills for the Winston-Salem school while Katie Brown had nine kills and 13 digs.

The Raleigh Sports Consortium is the host city sponsor for the event.

**North Iredell Rolls Past D.H. Conley In Three Straight**

RALEIGH—North Iredell, led by the all-around play of senior outside hitter Molly Rhyne, rolled past Greenville D.H. Conley in three straight to win the North Carolina High School Athletic Association state 3-A volleyball championship at Reynolds Coliseum on the campus of North Carolina State University.

North ran its record to 26-0 with victories by 25-18, 25-22 and 25-17. The Raiders did not lose a single set during the season. Rhyne had eight kills, 10 digs and two blocks to pace North Iredell to its first NCHSAA volleyball championship in its initial appearance in the state finals. Sophomore outside hitter Hayley Rhyne added eight kills for the winners while Taylor Hardee contributed 25 digs.

Defending state champ Conley finished the season with a record of 25-3. Kaitlyn Anderson had 11 kills and Brandi Tanner nine for Conley.

The Raleigh Sports Consortium is the host city sponsor for the event.

**West Henderson Stops Cardinal Gibbons In Battle Of Unbeats**

RALEIGH—West Henderson's Erica Cantrell helped her Lady Falcons oulast Raleigh Cardinal Gibbons in a dramatic North Carolina High School Athletic Association state 2-A volleyball championship match at Reynolds Coliseum on the campus of North Carolina State University.

Gibbons won the opener 25-16, and then West won the next two by 28-26 and 25-21. Gibbons evened the match by capturing the fourth by 25-19, but West Henderson grabbed the clincher in the best of five, 15-10.

Cantrell was named the Most Valuable Player of the final with a stellar performance, including 13 kills, 12 digs and five blocks. Meredith Foster also had 12 blocks for the winners while Summer Kremmer had 12 kills.

Michelle Fadool led Cardinal Gibbons with 17 kills and Avery Striebel, coming off an injury, contributed 16 kills. Cayla Shortley had 36 digs for the Crusaders.

Both teams entered the final undefeated and Gibbons was the three-time defending state 2-A champion, finishing 29-1 overall.

West Henderson, coached by veteran Jan Stanley, the state's all-time winningest coach in high school volleyball, finished the season 26-0. It was the Falcons' fifth state title in eight championship appearances.

The Raleigh Sports Consortium is the host city sponsor for the event.

**Crawley Leads Swain Sweep Of Pender In 1-A Championship**

RALEIGH—Senior Cayla Crawley had an outstanding performance to lead Swain County to a dominating win over Pender in the North Carolina High School Athletic Association state 1-A volleyball championship at Reynolds Coliseum on the campus of North Carolina State University.

Crawley was named the match's Most Valuable Player as the Lady Maroon Devils rolled by 25-14, 25-19 and 25-17.

Crawley amassed 17 kills with only three hitting errors, four blocks and nine digs as Swain won its 17th consecutive match and finished with a 30-1 mark. It was Swain's first NCHSAA volleyball championship.

Lauren Maennle had 13 kills for the winners while Alisha Lambert had 13 digs and four blocks.

Pender's Jenna Baranowski had five kills and eight digs while Haley Lanier was credited with five kills and six digs. Pender ended the season with a 22-4 mark.

The Raleigh Sports Consortium serves as the host city sponsor for the event.
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