



# Women's Swimming & Diving State Meet Event Records



## 200 Medley Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Anna Carrigan	Leesville Road	2018	1:42.20	Anna Carrigan	Green Hope	2018	1:42.20	Madeline Menkhaus	Charlotte Catholic	2021	1:44.69	Julie Smith	Cardinal Gibbons	2006	1:46.30
Ashley McCauley				Ashley McCauley				Sydney Sanders				Melanie Roberts			
Amanda Ray				Amanda Ray				Kendra Johnson				Patrice Dason			
Grace Countie				Grace Countie				Olivia Rhodes				Lisa Pucci			

## 200 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Erika Brown	Hough	2015	1:46.47	Erika Brown	Hough	2015	1:46.47	Lauren Rhodes	Charlotte Catholic	2013	1:47.98	Emily Knorr	Salisbury	2021	1:49.11

## 200 Individual Medley

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Brooke Zettel	Apex Friendship	2021	1:56.71	Brooke Zettel	Apex Friendship	2021	1:56.71	Caroline Hauder	Marvin Ridge	2016	1:58.85	Emme Nelson	C.S. of Davidson	2019	2:00.70

## 50 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Teresa Ivan	Ardrey Kell	2021	:22.46	Teresa Ivan	Ardrey Kell	2021	:22.46	Nora McCullagh	Charlotte Catholic	2013	:22.92	Alyssa Marsh	Pine Lake Prep	2016	:22.75

## 1 Meter Diving

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nikki Canale	Marvin Ridge	2015	511.60	Kristen Hayden	Panther Creek	2015	507.55	Nikki Canale	Marvin Ridge	2015	511.60	Joslyn Oakley	Langtree Charter	2021	492.50

## 100 Butterfly

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Claire Curzan	Cardinal Gibbons	2020	:50.35	Claire Curzan	Cardinal Gibbons	2020	:50.35	Julia Menkhaus	Charlotte Catholic	2018	:53.84	Alyssa Marsh	Pine Lake Prep	2016	:53.23
Claire Curzan	Cardinal Gibbons	2021	:50.35	Claire Curzan	Cardinal Gibbons	2021	:50.35								

## 100 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Teresa Ivan	Ardrey Kell	2021	:49.25	Teresa Ivan	Ardrey Kell	2021	:49.25	Lauren Rhodes	Charlotte Catholic	2013	:50.02	Christina Lappin	Lincoln Charter	2016	:50.64

## 500 Freestyle

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Hannah Moore	Green Hope	2014	4:40.98	Hannah Moore	Green Hope	2014	4:40.98	Emma Hastings	J.H. Rose	2021	4:49.37	Emily Knorr	Salisbury	2021	4:49.04

## 200 Freestyle Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Rebecca Postoll	Charlotte Catholic	2014	1:33.22	Olivia Rhodes	Charlotte Catholic	2020	1:34.30	Allyson Accordino	Pine Lake Prep	2016	1:36.84
Maria Sheridan				Maria Sheridan				Hope Borders				Rose Auten			
Lauren Rhodes				Lauren Rhodes				Abigail Parks				K.K. Rasbornik			
Nora McCullagh				Nora McCullagh				Alina Stout				Alyssa Marsh			

## 100 Backstroke

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Claire Curzan	Cardinal Gibbons	2020	:51.38	Claire Curzan	Cardinal Gibbons	2020	:51.38	Julia Menkhaus	Charlotte Catholic	2018	:53.70	Lexi Souther	Parkwood	2016	:54.64

## 100 Breaststroke

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Kaylee Hamblin	Parkwood	2021	1:00.35	Grace Rainey	Hough	2021	1:01.05	Kaylee Hamblin	Parkwood	2021	1:00.35	Jennah Fadely	Jordan-Matthews	2021	1:02.11

## 400 Freestyle Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2014	3:22.15	Nora McCullagh	Charlotte Catholic	2013	3:24.61	Tara Martin	Raleigh Charter	2012	3:32.16
Elsa Welshofer				Elsa Welshofer				Nicole Emery				Rachel Hatt			
Rebecca Postoll				Rebecca Postoll				Elsa Welshofer				Alexandra van Dorsten			
Lauren Rhodes				Lauren Rhodes				Lauren Rhodes				Olivia Ontjes			