



# Men's Swimming & Diving State Meet Event Records



| State            |                   |      |         | 200 Medley Relay      |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
|------------------|-------------------|------|---------|-----------------------|------------------|------|---------|-------------------------|-------------------|------|---------|--------------------|-------------------|------|---------|
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Colin Cotter     | Green Hope        | 2020 | 1:32.24 | Colin Cotter          | Green Hope       | 2020 | 1:32.24 | Preston Forst           | Northern Guilford | 2018 | 1:34.79 | Will Macmillan     | Carrboro          | 2015 | 1:35.00 |
| Michael Cotter   |                   |      |         | Michael Cotter        |                  |      |         | Jeremy Lalumondier      |                   |      |         | Simon Deshusses    |                   |      |         |
| Jesse Ssengonzi  |                   |      |         | Jesse Ssengonzi       |                  |      |         | Jonathan Wachendorfer   |                   |      |         | Thomas Bilden      |                   |      |         |
| John Satterfield |                   |      |         | John Satterfield      |                  |      |         | Bryan Hill              |                   |      |         | Connor Murphy      |                   |      |         |
| State            |                   |      |         | 200 Freestyle         |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Jack Walker      | Myers Park        | 2019 | 1:35.34 | Jack Walker           | Myers Park       | 2019 | 1:35.34 | Sam Hoover              | Chapel Hill       | 2020 | 1:35.57 | Will Macmillan     | Carrboro          | 2016 | 1:36.99 |
| State            |                   |      |         | 200 Individual Medley |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Michael Moore    | Green Hope        | 2020 | 1:47.83 | Michael Moore         | Green Hope       | 2020 | 1:47.83 | Colson Zucker           | South Iredell     | 2018 | 1:49.20 | Baylor Nelson      | C.S. of Davidson  | 2020 | 1:47.17 |
| State            |                   |      |         | 50 Freestyle          |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Noah Henderson   | Western Alamance  | 2019 | :19.92  | Max Edwards           | Reagan           | 2019 | :20.33  | Noah Henderson          | Western Alamance  | 2019 | :19.92  | Joe Bonk           | Raleigh Charter   | 2012 | :20.46  |
| State            |                   |      |         | 1 Meter Diving        |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Perf.   | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Perf.   |
| Nick McCrory     | East Chapel Hill  | 2008 | 637.30  | Nick McCrory          | East Chapel Hill | 2008 | 637.30  | Patrick O'Brien         | Cox Mill          | 2019 | 520.40  | Nick Garberina     | Pine Lake Prep    | 2017 | 553.30  |
| State            |                   |      |         | 100 Butterfly         |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Max Edwards      | Reagan            | 2019 | :47.01  | Max Edwards           | Reagan           | 2019 | :47.01  | Noah Henderson          | Western Alamance  | 2019 | :47.30  | Will Macmillan     | Carrboro          | 2016 | :48.26  |
| State            |                   |      |         | 100 Freestyle         |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Sam Hoover       | Chapel Hill       | 2020 | :43.10  | Jack Messenger        | Broughton        | 2017 | :44.64  | Sam Hoover              | Chapel Hill       | 2020 | :43.10  | Timothy Connery    | Christ the King   | 2020 | :44.18  |
| State            |                   |      |         | 500 Freestyle         |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Ross Dant        | Newton-Conover    | 2019 | 4:18.70 | Jack Walker           | Myers Park       | 2019 | 4:20.67 | Preston Forst           | Northern Guilford | 2020 | 4:27.29 | Ross Dant          | Newton-Conover    | 2019 | 4:18.70 |
| State            |                   |      |         | 200 Freestyle Relay   |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Eyan Eagle       | J.H. Rose         | 2014 | 1:23.66 | Eyan Eagle            | J.H. Rose        | 2014 | 1:23.66 | Ayden Xu                | Chapel Hill       | 2020 | 1:25.23 | Colby Loveless     | Croatan           | 2020 | 1:27.07 |
| Kelly Barnhill   |                   |      |         | Kelly Barnhill        |                  |      |         | Sebastian Gerz-Escandon |                   |      |         | Jack McCabe        |                   |      |         |
| J.T. Casey       |                   |      |         | J.T. Casey            |                  |      |         | Michael Volpe           |                   |      |         | Matthew McCray     |                   |      |         |
| Philip Perdue    |                   |      |         | Philip Perdue         |                  |      |         | Sam Hoover              |                   |      |         | Will Barker        |                   |      |         |
| State            |                   |      |         | 100 Backstroke        |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Thomas Hamlet    | Bishop McGuinness | 2019 | :47.82  | David Whalen          | Athens Drive     | 2019 | :48.44  | Noah Henderson          | Western Alamance  | 2018 | :48.58  | Thomas Hamlet      | Bishop McGuinness | 2019 | :47.82  |
| State            |                   |      |         | 100 Breaststroke      |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Timothy Connery  | Christ the King   | 2020 | :53.65  | Will Chan             | W.A. Hough       | 2017 | :54.47  | Colson Zucker           | South Iredell     | 2018 | :56.02  | Timothy Connery    | Christ the King   | 2020 | :53.65  |
| State            |                   |      |         | 400 Freestyle Relay   |                  |      |         |                         |                   |      |         | 1A/2A              |                   |      |         |
| Name             | School            | Year | Time    | 4A                    |                  |      |         | 3A                      |                   |      |         | Name               | School            | Year | Time    |
| Cameron Pou      | J.H. Rose         | 2014 | 3:04.91 | Cameron Pou           | J.H. Rose        | 2014 | 3:04.91 | Ayden Xu                | Chapel Hill       | 2020 | 3:07.79 | Will Macmillan     | Carrboro          | 2016 | 3:12.49 |
| Trey Pofahl      |                   |      |         | Trey Pofahl           |                  |      |         | Peter Bretzmann         |                   |      |         | Caleb Bollenbacher |                   |      |         |
| Phillip Perdue   |                   |      |         | Phillip Perdue        |                  |      |         | Austin Chang            |                   |      |         | Jack Dozier        |                   |      |         |
| Eyan Eagle       |                   |      |         | Eyan Eagle            |                  |      |         | Sam Hoover              |                   |      |         | Simon Deshusses    |                   |      |         |



# Women's Swimming & Diving State Meet Event Records



| 200 Medley Relay      |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
|-----------------------|--------------------|------|----------|-----------------|--------------------|------|----------|-------------------|--------------------|------|---------|-----------------------|------------------|------|---------|
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Anna Carrigan         | Leesville Road     | 2018 | 1:42.20  | Anna Carrigan   | Green Hope         | 2018 | 1:42.20  | Jordan Browning   | Cuthbertson        | 2020 | 1:45.30 | Julie Smith           | Cardinal Gibbons | 2006 | 1:46.30 |
| Ashley McCauley       |                    |      |          | Ashley McCauley |                    |      |          | Alison Thome      |                    |      |         | Melanie Roberts       |                  |      |         |
| Amanda Ray            |                    |      |          | Amanda Ray      |                    |      |          | Avery Murray      |                    |      |         | Patrice Dason         |                  |      |         |
| Grace Countie         |                    |      |          | Grace Countie   |                    |      |          | Leah Sandock      |                    |      |         | Lisa Pucci            |                  |      |         |
| 200 Freestyle         |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Kiley Wilhelm         | Myers Park         | 2020 | 1:56.77  | Kiley Wilhelm   | Myers Park         | 2020 | 1:56.77  | Lauren Rhodes     | Charlotte Catholic | 2013 | 1:47.98 | Christina Lappin      | Lincoln Charter  | 2014 | 1:49.31 |
| 200 Individual Medley |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Brooke Zettel         | Apex Friendship    | 2019 | 1:57.93  | Brooke Zettel   | Apex Friendship    | 2019 | 1:57.93  | Caroline Hauder   | Marvin Ridge       | 2016 | 1:58.85 | Emme Nelson           | C.S. of Davidson | 2019 | 2:00.70 |
| 50 Freestyle          |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Grace Countie         | Leesville Road     | 2018 | :22.54   | Grace Countie   | Leesville Road     | 2018 | :22.52   | Nora McCullagh    | Charlotte Catholic | 2013 | :22.92  | Alyssa Marsh          | Pine Lake Prep   | 2016 | :22.75  |
| 1 Meter Diving        |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Nikki Canale          | Marvin Ridge       | 2015 | 511.60   | Kristen Hayden  | Panther Creek      | 2015 | 507.55   | Nikki Canale      | Marvin Ridge       | 2015 | 511.60  | Kyndal Knight         | East Gaston      | 2018 | 490.60  |
| 100 Butterfly         |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Claire Curzan         | Cardinal Gibbons   | 2020 | :50.35   | Claire Curzan   | Cardinal Gibbons   | 2020 | :50.35   | Julia Menkhaus    | Charlotte Catholic | 2018 | :53.84  | Alyssa Marsh          | Pine Lake Prep   | 2016 | :53.23  |
| 100 Freestyle         |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Emily Allen           | W.A. Hough         | 2014 | :49.68   | Emily Allen     | W.A. Hough         | 2014 | :49.68   | Lauren Rhodes     | Charlotte Catholic | 2013 | :50.02  | Christina Lappin      | Lincoln Charter  | 2016 | :50.64  |
| 500 Freestyle         |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Hannah Moore          | Green Hope         | 2014 | 4:40.98  | Hannah Moore    | Green Hope         | 2014 | 4:40.98  | Emmaline Peterson | Hickory            | 2017 | 4:49.84 | Kelly Ann Baird       | West Davidson    | 2010 | 4:49.20 |
| 200 Freestyle Relay   |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Rebecca Postoll       | Charlotte Catholic | 2014 | 1:33.22  | Rebecca Postoll | Charlotte Catholic | 2014 | 1:33.22  | Olivia Rhodes     | Charlotte Catholic | 2020 | 1:34.30 | Allyson Accordino     | Pine Lake Prep   | 2016 | 1:36.84 |
| Maria Sheridan        |                    |      |          | Maria Sheridan  |                    |      |          | Hope Borders      |                    |      |         | Rose Auten            |                  |      |         |
| Lauren Rhodes         |                    |      |          | Lauren Rhodes   |                    |      |          | Abigail Parks     |                    |      |         | K.K. Rasbornik        |                  |      |         |
| Nora McCullagh        |                    |      |          | Nora McCullagh  |                    |      |          | Alina Stout       |                    |      |         | Alyssa Marsh          |                  |      |         |
| 100 Backstroke        |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Claire Curzan         | Cardinal Gibbons   | 2020 | :51.38   | Claire Curzan   | Cardinal Gibbons   | 2020 | :51.38   | Julia Menkhaus    | Charlotte Catholic | 2018 | :53.70  | Lexi Souther          | Parkwood         | 2016 | :54.64  |
| 100 Breaststroke      |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Grace Rainey          | Hough              | 2020 | 1:01.26* | Grace Rainey    | Hough              | 2020 | 1:01.26* | Caroline Hauder   | Marvin Ridge       | 2016 | 1:02.15 | Emme Nelson           | C.S. of Davidson | 2018 | 1:02.28 |
| 400 Freestyle Relay   |                    |      |          |                 |                    |      |          |                   |                    |      |         |                       |                  |      |         |
| State                 |                    |      |          | 4A              |                    |      |          | 3A                |                    |      |         | 1A/2A                 |                  |      |         |
| Name                  | School             | Year | Time     | Name            | School             | Year | Time     | Name              | School             | Year | Time    | Name                  | School           | Year | Time    |
| Nora McCullagh        | Charlotte Catholic | 2014 | 3:22.15  | Nora McCullagh  | Charlotte Catholic | 2014 | 3:22.15  | Nora McCullagh    | Charlotte Catholic | 2013 | 3:24.61 | Tara Martin           | Raleigh Charter  | 2012 | 3:32.16 |
| Elsa Welshofer        |                    |      |          | Elsa Welshofer  |                    |      |          | Nicole Emery      |                    |      |         | Rachel Hatt           |                  |      |         |
| Rebecca Postoll       |                    |      |          | Rebecca Postoll |                    |      |          | Elsa Welshofer    |                    |      |         | Alexandra van Dorsten |                  |      |         |
| Lauren Rhodes         |                    |      |          | Lauren Rhodes   |                    |      |          | Lauren Rhodes     |                    |      |         | Olivia Ontjes         |                  |      |         |