### Coasts
- Havelock
- Jacksonville
- Northside-Jacksonville
- Swansboro
- West Carteret
- White Oak

### Mideastern
- New Hanover (3A)
- North Brunswick (3A)
- South Brunswick (3A)
- Topsail (3A)
- West Brunswick (3A)
  - Ashley (4A)
  - Hoggard (4A)
  - Laney (4A)

### Big East
- Fike
- Franklinton
- Hunt
- Northern Nash
- Rocky Mount
- Southern Nash

### Eastern Carolina
- C.B. Aycock (3A)
- D.H. Conley (3A)
- Eastern Wayne (3A)
- J.H. Rose (3A)
- Southern Wayne (3A)
  - New Bern (4A)
  - South Central (4A)

### Greater Neuse
- Clayton
- Cleveland
- East Wake
- Smithfield-Selma
- South Johnston
- West Johnston

### Patriot Athletic
- Cape Fear (3A)
- Douglas Byrd (3A)
- E.E. Smith (3A)
- Gray’s Creek (3A)
- Terry Sanford (3A)
- Westover (3A)
  - Overhills (4A)
  - Pine Forest (4A)
  - South View (4A)

### Tri-County
- Harnett Central
- Lee County
- Southern Lee
- Triton
- Union Pines
- Western Harnett

### Big Eight
- Cedar Ridge
- Chapel Hill
- East Chapel Hill
- Northern Durham
- Northwood
- Orange
- Southern Durham
- Vance County

### Mid-State Athletic
- Eastern Alamance
- Northeast Guilford
- Northern Guilford
- Person
- Rockingham County
- Western Alamance
  - McMichael (2A)
  - Morehead (2A)

### Mid-Piedmont
- Asheboro
- Eastern Guilford
- Southeast Guilford
- Southern Alamance
- Southern Guilford
- Southwestern Randolph
- Williams

### Piedmont Triad
- Ben L. Smith
- Dudley
- Mount Tabor
- Parkland
- Southwest Guilford
- Western Guilford

### Big South
- Ashbrook
- Crest
- Forestview
- Hunter Huss
- Kings Mountain
- North Gaston
- Stuart Cramer

### North Piedmont
- East Rowan
- Jesse Carson
- North Iredell
- South Iredell
- Statesville
- West Rowan

### Rocky River
- Montgomery Central
  - Anson County (2A)
  - Central Academy (2A)
  - Forest Hills (2A)
  - Mount Pleasant (2A)
  - West Stanly (2A)

### South Piedmont
- A.L. Brown
- Central Cabarrus
- Concord
- Cox Mill
- Jay M. Robinson
- Northwest Cabarrus
- West Cabarrus

### Southern Carolina
- Charlotte Catholic
- Cuthbertson
- Marvin Ridge
- Monroe
- Parkwood
- Piedmont
- Sun Valley
- Weddington

### Western Mountain Athletic
- A.C. Reynolds
- Asheville
- Enka
- Erwin
- North Buncombe
- North Henderson
- T.C. Roberson
- Tuscola
- West Henderson

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