

South Mountain Athletic - 6

Chase
 Draughn
 East Burke
 East Rutherford
 R-S Central
 Shelby
 Burns (3A)
 Crest (3A)
 Kings Mountain (3A)

Big South - 3

Cramer, Stuart
 Hunter Huss
 Lake Norman Charter
 Ashbrook (3A)
 East Gaston (3A)
 Forestview (3A)
 North Gaston (3A)
 South Point (3A)

Southern District 7 Athletic - 8

Bandys
 Bunker Hill
 East Lincoln
 Lincolnton
 Maiden
 Newton-Conover
 West Caldwell
 West Lincoln

Western Highlands - 5

Hendersonville
 Madison
 Mountain Heritage
 Owen
 Polk County
 Avery County (1A)
 Mitchell (1A)

Western NC Athletic - 3

Brevard
 Franklin
 Smoky Mountain
 East Henderson (3A)
 North Henderson (3A)
 Pisgah (3A)
 Tuscola (3A)
 West Henderson (3A)

Mountain Valley - 4

Ashe County
 North Wilkes
 West Wilkes
 Wilkes Central
 Alleghany (1A)
 East Wilkes (1A)
 Elkin (1A)
 Starmount (1A)

Western Piedmont Athletic - 6

Carver
 Forbush
 North Surry
 South Stokes
 Surry Central
 West Stokes

PAC-6 - 6

Andrews, T. W.
 Eastern Randolph
 Providence Grove
 Randleman
 Trinity
 Wheatmore

Rocky River - 6

Central Academy of Technology & Arts
 Forest Hills
 Monroe
 Mount Pleasant
 Parkwood
 West Stanly

Central Carolina - 6

East Davidson
 Lexington
 North Rowan
 Salisbury
 Thomasville
 West Davidson

Mid-State - 6

Bartlett Yancey
 Carrboro
 Cummings
 Graham
 Jordan-Matthews
 Reidsville

Northern Carolina - 8

Bunn
 Durham School of the Arts
 Franklinton
 N.C. School of Science & Math
 Roanoke Rapids
 South Granville
 Southern Vance
 Warren County

Northeastern Coastal - 7

Bertie
 Currituck County
 First Flight
 Hertford County
 Holmes, John A.
 Northeastern
 Pasquotank County

Eastern Plains - 6

Beddingfield
 Farmville Central
 North Johnston
 North Pitt
 Southwest Edgecombe
 Washington

Eastern Carolina - 6

Ayden-Grifton
 Goldsboro
 Greene Central
 Kinston
 North Lenoir
 South Lenoir

Three Rivers - 4

Fairmont
 Red Springs
 South Columbus
 St. Pauls
 East Columbus (1A)
 South Robeson (1A)
 West Columbus (1A)
 Whiteville (1A)

Four County - 4

Clinton
 East Bladen
 Midway
 West Bladen
 Heide Trask (1A)
 Pender (1A)
 Union (1A)
 Wallace-Rose Hill (1A)

East Central - 6

Croatan
 Dixon
 East Duplin
 North Brunswick
 Northside-Jacksonville
 Southwest Onslow