



Women's Outdoor Track State Individual Event Records



100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Ja'Ciya Guthrie	Bessemer City	2019	:12.08	Vanessa Smith	South Granville	1986	:11.90	Nyshedra Brown	West Craven	2012	:11.77	Gabby Mayo	SE Raleigh	2006	:11.43

200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Leroya Banks	Perquimans	2009	:24.86	Briana Heath	Granville Central	2010	:24.33	Kelsey McCorkle	South Central	2008	:23.63	Gabby May	SE Raleigh	2006	:23.51

400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2013	:56.28	Payton Russell	North Rowan	2015	:55.70	Alysia Johnson	Hillside	2019	:53.50	Maya Singletary	Hoke County	2018	:53.42

800 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Malia Ellington	Comm. Sch. Davidson	2015	2:12.26	Brittany Stanley	Mount Pleasant	2016	2:13.53	Megan Marvin	Chapel Hill	2018	2:12.74	Nevada Mareno	Leesville Road	2016	2:08.51

1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Malia Ellington	Comm. Sch. Davidson	2014	4:59.88	Maysa Araba	Carrboro	2015	4:55.81	Blake Dodge	West Carteret	2013	4:59.35	Samantha George	Millbrook	2012	4:51.54

3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Erika Schneble	Hendersonville	2002	11:00.97	Kaitlyn Stone	West Stokes	2016	10:53.80	Anna Vess	A.C. Reynolds	2014	10:52.18	Nevada Mareno	Leesville Road	2016	10:17.70

100 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Chandra Pulliam	Cummings	2001	:14.17	Kayla Moore	Cummings	2016	:13.71	Alexis Patterson	Parkland	2019	:13.91	Ebony Williams	Parkland	2015	:13.44

300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Camille Wilkerson	Winston-Salem Prep	2009	:44.55	Nora McKiver	T.W. Andrews	2013	:42.70	Sophia Treakle	Asheville	2008	:43.15	Keni Harrison	Clayton	2011	:41.41



Women's Outdoor Track State Relay Event Records



Women's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Mica Hargrove Sloan Williams Donica Reid Jazman Richardson	Winston-Salem Prep	2012	:48.51	Aquariah McIntosh Ziavia Calvin Ny'Lasia Brown Alyssa Thompson Rowe	Lexington	2019	:48.04	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	2010	:46.94	Jahzara Hart Kyna Robinson Ani Judd Tia Outlaw	SE Raleigh	2019	:46.11



Women's Outdoor Track State Relay Event Records



Women's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2012	1:41.30	Ciseley Brown	T.W. Andrews	2017	1:40.71	Ija Mumford	Parkland	2019	1:38.29	McKinley McNeill	Parkland	2015	1:36.43
Kendall Cox				Peighton Simmons				Alexis Patterson				Ebony Williams			
Simone Gwehi				Jeriel Nesbitt				Del'Nique Penn				Miaysha Bryant			
Janieyah Collins				Zacora McKnight				Diamond Lyerly				Katlin Sherman			

Women's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Rebecca Fesperman	Comm. Sch. Davidson	2015	4:04.26	Breanna Walls	Ledford	2019	4:00.23	Imari Deloatch	Hillside	2019	3:51.26	Emmaya Waters	Hillside	2017	3:44.84
Clarke Alexander				Skylar Payne				Shaliyah Wilkerson				Alysia Johnson			
Megan Perkins				Lyrik Thorne				Emmaya Waters				Ashlan Bowdry			
Malia Ellington				Samantha Payne				Alysia Johnson				Jessica Wright			

Women's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Davi Barbour	Mount Airy	2012	9:42.16	Bernadette O'Neil	Cardinal Gibbons	2006	9:39.06	Anna Stouffer	Chapel Hill	2018	9:18.55	Deanna Foshee	Cary	2011	9:06.17
Alex Mayes				Melissa Prasnika				Madi Marvin				Sheridan Jordan			
Jordan Hiatt				Lauren Holesh				Katherine Dokholyan				Jenna Christensen			
Kirsten Parries				Heather Beichner				Megan Marvin				Erin Foshee			



Women's Outdoor Field State Individual Event Records



High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shannon Meadows	Hendersonville	2001	5' 08"	Cheyenne Miller	East Rutherford	2011	5' 07"	April Cooke	Watauga	1983	5' 8.25"	Morgan Smalls	Panther Creek	2018	6'0.25"
Hunter Welborn	Starmount	2014	5' 08"	Mikel Franklin	T.W. Andrews	2016	5' 07"								

Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Tess Rogers	North Stokes	2011	11' 00"	Sarah Brown	Surry Central	2019	12'6.5"	Tessa Sheets	Northwood	2017	12' 06"	Lindsay Absher	West Forsyth	2018	13' 03"
Lakelyn Bass	Hobbtton	2018	11' 00"												

Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Teaunna Cuthbertson	North Rowan	2010	19' 3.25"	Cora Johnson	East Carteret	2000	19' 04"	Mae Boone	Hertford County	2004	18' 11"	Kathy McMillan	Hoke County	1976	21' 07"
								Jessica Morgan	Parkland	2008	18' 11"				

Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Vanisha Wilshire	Louisburg	2015	39' 04"	Latasha Pharr	North Rowan	2000	40' 09"	Nikki Friday	Lexington	1990	42' 00"	Twyla Smith	Pincrest	1995	41' 2.5"

Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shanara Mintz	Bessemer City	2002	43' 4.75"	Beverly Burnett	Cummings	2002	44' 01.5"	Kayla Beasley	Hillside	2018	43'7.50"	Kamorean Hayes	Harding Univ.	2007	51' 3.5"

Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Hailey Cook	Hendersonville	2013	146' 05"	Teteateh Snoh	Durham Sch. Arts	2019	143'10"	Shekinah Cooke	SE Guilford	2019	140' 08"	Bryanna Hames	Myers Park	2014	159' 1"



Men's Outdoor Track State Individual Event Records



100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2013	:10.48	Kedrick Davis	Berry Academy	2011	:10.47	Kadarius Lotharp	Sun Valley	2015	:10.37	Cravont Charleston	Mallard Creek	2016	:10.38

200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2014	:20.95	James Drummond	Lexington	2013	:21.23	Randy Jordan	Warren County	1987	:21.20	J-Mee Samuels	Mount Tabor	2005	:20.61

400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2014	:47.87	Andre Steele	Salisbury	1989	:47.41	T.J. Robbins-Lockhart	Piedmont	2015	:46.72	Delton Hall	Grimsley	1983	:46.41

800 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Greg Taylor	Swain County	1988	1:54.30	Elijah Inuwa	Central Academy	2005	1:51.70	Kyle Durham	Weddington	2019	1:51.72	Greg Roseboro	Hillside	1980	1:51.39

1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Brent Surratt	South Davidson	2019	4:19.06	Sean Sewell	Cardinal Gibbons	2007	4:17.69	Jeff Hitchinson	West Rowan	1980	4:08.01	Jack Bolas	Chapel Hill	2006	4:04.38

3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Tommy Trehern	Swain County	1993	9:35.10	Sean Sewell	Cardinal Gibbons	2007	9:25.83	Paul Carpenter	T.C. Roberson	1985	9:11.87	Connor Lane	Car. Gibbons	2017	8:59.90

110 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Isaiah Moore	Cummings	2014	:13.97	Elliott Graves	Reidsville	2016	:13.79	Johnny Dutch	Clayton	2005	:13.88	Spencer Adams	Butler	2008	:13.51

300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
T.J. Wilson	Princeton	2010	:38.58	Dylan Andrade	Forbush	2015	:37.48	Khaleb McRae	Southern Durham	2019	:36.78	Spencer Adams	Butler	2007	:36.04



Men's Outdoor Track State Relay Event Records



Men's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Alex Midgette Darnelle Sawyer Bobby Minor Fred Fisher	Pamlico	1999	:41.19	Kedrick Davis Camron Hudson Terrance Winchester Germone Hopper	Berry Academy	2011	:41.78	Warren Scott Jasper Roberson Junior Robinson Tony Holland	T.W. Andrews	1986	:41.45	Keasean Dirks Tazhae Woods Zavion Hamilton Daniel Moyer Jr.	Reagan	2019	:41.16



Men's Outdoor Track State Relay Event Records



Men's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Daniel Orr	Hendersonville	2009	1:28.10	Kedrick Davis	Berry Academy	2011	1:26.14	Sam McIver	T.W. Andrews	1991	1:25.35	Dylan James	Reagan	2019	1:25.49
Tyler Combs				Terrance Winchester				Kenny Shaw				Keasean Dirks			
Brandon Neale				Larry Gibson				Duane Hill				Tazhae Woods			
Darryl Demps				Gerhone Hopper				Darius Brewington				Daniel Moyer Jr			

Men's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Darryl Demps	Hendersonville	2009	3:20.42	Jasper Cuthrell	North Rowan	1987	3:21.43	Noel Peterkin	T.W. Andrews	1991	3:15.51	Henry Kiedy	Knightdale	2013	3:12.87
Tyler Combs				Adrian Steele				Pernell Williams				Bernard Freeman			
James Tolleson				Anthony Brittain				Kenny Shaw				Marcell Johnson			
Brandon Neale				Harvey Archie				Duane Hill				Marquavius Johnson			

Men's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Bladen Parrish	South Davidson	2016	8:09.31	Devin Barns	Croatan	2018	8:01.80	Aaron Rand	Richlands	2016	7:47.56	Matthew Kehn	Green Hope	2016	7:38.83
Austin Bond				Joseph Bulfer				Kevon Pascoe				Ian Delgado			
Hunter Query				Noah Bibus				R.J. Russell				Jayquan Williams			
Travis Gallimore				Michael Quispe				Darius Futrell				Henry Pehr			



Men's Outdoor Field State Individual Event Records



High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Dakota Dunn	East Montgomery	2003	7' 0"	Tanner Anderson	East Burke	2010	7' 2.5"	Derek Frink	West Brunswick	1995	6' 11"	Jesse Williams	Broughton	2002	7' 2"

Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Jake Justice	Polk County	2019	15' 1"	Ethan Smith	Cedar Ridge	2012	15' 3"	Bailey Frederick	Marvin Ridge	2016	16' 1"	Spencer Evans	Lake Norman	2019	16' 2"

Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Clifton Etheridge	Hendersonville	1986	25' 0"	Robert Tillman	South Robeson	2003	24' 4"	Eric Alford	High Point Central	1991	25' 0.75"	A.J. Davis	Northern Durham	2001	24' 10.5"

Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Isaac Blakeney	Monroe	2010	49' 2"	Robert Cunningham	Whiteville	1989	50' 9.25"	Brian Ellis	North Rowan	1991	52' 1.5"	Greg Artis	Fike	1977	51' 5.5"

Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Torrey Prayer	Farmville Central	2005	60' 10.25"	Kenneth Rowland	Northside-Jax	2009	57' 7"	Rodney Edwards	Concord	1989	60' 4.25"	Mike Salzano	Northern Durham	1975	61' 4.5"

Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Ahmad Garrison	Topsail	2007	159' 6"	Andrew Byrd	Orange	2009	181' 1"	Tavis Bailey	A.L. Brown	2010	185' 1"	Terrell Adams	Middle Creek	2016	189' 3"



Retired Outdoor Track State Event Records



ENGLISH DISTANCE

WOMEN

MEN

EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH	EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH
110 YARD LOW HURDLES	1977	Stella Johnson	West Charlotte	(14.1)	14.2	120 YARD LOW HURDLES	1972	Charles Rhomes	Hillside	(13.6)	13.6
100 METER LOW HURDLES	1981	Clara Hairston	East Forsyth	13.50		100 YARD DASH	1973	Carter Suggs	Tarboro	(10.2)	9.3
200 METER LOW HURDLES	1984	Pam Doggett	Dudley	27.92		ONE MILE RUN	1974	Henry Jones	Ashbrook	(4:08.2)	4:09.8
100 YARD DASH	1978	Martha Stanback	Pinecrest	(11.72)	10.82	880 YARD RELAY	1977	Ronald Terry James Ledbetter Mark Jasper Derius Covington	Richmond County	(1:25.83)	1:26.33
ONE MILE RUN	1977	Julie Shea	Cardinal Gibbons	(4:41.5)	4:43.1	440 YARD DASH	1976	James Fields	New Bern	(47.8)	48.1
880 YARD RELAY	1977	Ramona Pittman Harvette Jenkins Edwina Hamilton Jean Brown	Reid Ross	(1:42.5)	1:43.0	440 YARD RELAY	1979	Phillip Jones Arthur Glenn Jesse Adams Alston Glenn	Northern Durham	(42.6)	42.8
440 YARD DASH	1978	Lisa Sherrill	Jordan	(54.5)	54.8	180 YARD LOW HURDLES	1975	Marvin Rankins	Bertie	(19.0)	19.0
440 YARD RELAY	1978	Robin Graves Teresa Holt Deborah Jones Angela Davis	Eastern Guilford	(48.7)	48.9	880 YARD DASH	1969	Tony Waldrop	Polk Central	(1:53.9)	1:53.9
220 YARD LOW HURDLES	1979	JoAnn Stallings	John Holmes	(29.3)	29.5	220 YARD DASH	1974	Carter Suggs	Tarboro	(20.9)	21.0
880 YARD DASH	1976	Lynn Lashley	Millbrook	(2:11.7)	2:12.4		1976	Otis Melvin	Terry Sanford	(20.9)	21.0
220 YARD DASH	1976	Kathy McMillan	Hoke	(24.3)	24.4	TWO MILE RUN	1978	Dan Morton	Grimsley	(8:58.91)	9:02.31
TWO MILE RUN	1978	Mary Shea	Cardinal Gibbons	(10:14.03)	10:17.43	MILE RELAY	1980	Wayne Ellis Larry Wiggins James Whitaker Gerald Mitchell	Ahoskie	(3:16.18)	3:17.28
MILE RELAY	1978	Barrett Sloan Angela Watlington Lee Ann Stelzenmuller Lisa Sherrill	Jordan	(3:51.8)	3:52.9						



Men's Outdoor Track State Individual Event Champions



SHOT PUT

1922	Roberts	Chapel Hill	43'02.75"	1944	Eddie Butler	R.J. Reynolds	na	1966	Bill Griffin	Edenton	55'11.00"
1923	Mclver	Chapel Hill	40'08.00"	1945	B.K. Grown	Raleigh	43'10.00"	1967	Dave Taylor	Chapel Hill	55'00.00"
1924	Mclver	Chapel Hill	42'09.00"	1946	R.L. McDonald	Durham	46'09.50"	1968	Dave Taylor	Chapel Hill	58'02.75"
1925	Vaughn	Roanoke Rapids	39'08.88"	1947	Ford	Charlotte Central	44'00.00"	1969	Greg Burke	North Forsyth	54'10.00"
1926	Williams	Stovall	44'05.00"	1948	Lewis Berry	Durham	48'07.75"	1970	Greg Burke	North Forsyth	55'09.25"
1927	Williams	Stovall	45'02.50"	1949	Lewis Berry	Durham	48'10.75"	1971	Chip Taylor	Hoggard	56'09.75"
1928	Luther Williams	Oxford	47'11.50"	1950	Lewis Berry	Durham	50'03.00"	1972	John Holladay	Sanderson	56'09.00"
1929	Luther Williams	Oxford	47'10.50"	1951	Jones	Raleigh	47'03.38"	1973	John Holladay	Sanderson	60'08.50"
1930	Mullis	Charlotte Central	46'09.75"	1952	Bill Gramley	R.J. Reynolds	47'04.25"	1974	Mike Harris	Millbrook	58'02.50"
1931	Andrews	Asheville	45'08.75"	1953	Don Denning	Durham	52'01.00"	1975	Mike Salzano	Northern Durham	61'04.50"
1932	Harold Sutton	Charlotte Central	46'05.50"	1954	Heath	NC Sch. for the Deaf	48'02.00"	1976	Stan Cunningham	Garinger	57'11.50"
1933	Wren	Greensboro	45'04.00"	1955	Ross	Durham	48'01.50"	1977	Nate Wigfall	Jacksonville	55'04.50"
1934	Willard	Kernersville	47'01.00"	1956	Ross	Durham	49'07.75"	1978	Ernest Butler	West Craven	58'02.50"
1935	Pate	Goldsboro	45'07.88"	1957	Burt Wilder	Greensboro	50'05.00"	1979	Than Emery	Athens Drive	57'07.50"
1936	Wood	Raleigh	46'03.00"	1958	Fred Stewart	West Mecklenburg	48'09.50"	1980	Bobby Morrison	Hoggard	59'09.00"
1937	Shouse	Mineral Springs	42'09.00"	1959	Fred Stewart	Harding	49'08.75"	1981	Donnie Wallace	Roanoke	56'04.00"
1938	Bob Gantt	Durham	48'04.75"	1960	Jim Poole	Durham	50'07.00"	1982	Dennis Barron	Beddingfield	60'04.50"
1939	Bob Gantt	Durham	51'04.88"	1961	Reggie Loy	Burlington	53'08.50"	1983	Donnie Wallace	Roanoke	58'10.00"
1940	Bob Gantt	Durham	52'02.75"	1962	Rod Stewart	Burlington	53'08.88"	1984	Tommy Eckard	Hickory	57'01.00"
1941	Bill Yancey	Fayetteville	44'03.50"	1963	Bob Matheson	Appalachian	51'10.00"	1985	Stacy Friel	Northeast Guilford	55'11.00"
1942	No Record			1964	Mike Richey	Myers Park	55'09.25"				
1943	No Record			1965	Tim Farmer	Chapel Hill	53'08.88"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Stan Bost	Concord	56'07.50"	Stan Bost	Concord	56'07.50"	Dean Taylor	Pender	52'00.00"						
1987	Burnice Cross	Hillside	57'06.50"	Darin Barbee	Sun Valley	55'05.00"	Kerry Hinton	Clayton	50'10.00"						
1988	Chucky Johnson	Seventy-First	57'11.50"	Jehmal Pettiford	T.W. Andrews	56'02.50"	Mike Cross	North Rowan	51'02.00"						
1989	Terrance Brown	Jacksonville	53'10.00"	Rodney Edwards	Concord	60'04.25"	Jeff Stickney	North Stanly	49'04.50"						
1990	Demetrius Wilson	Apex	57'00.00"	Eddie Robertson	T.W. Andrews	57'07.00"	Jeff Stickney	North Stanly	52'07.50"						
1991	Lamont Jones	New Bern	55'06.25"	Eddie Robertson	T.W. Andrews	57'00.00"	Brad Futrell	Union Pinley	50'11.50"						
1992	Mario McGraw	New Hanover	54'09.25"	Terran Clinton	T.W. Andrews	54'05.50"	Rachon Shirden	Whiteville	47'09.25"						
1993	Mario McGraw	New Hanover	57'04.75"	Shannon Rodden	Sun Valley	52'04.50"	Mark Wells	Bunker Hill	50'09.50"						
4A				3A				2A				1A			
1994	Phillip Morgan	South Rowan	54'03.00"	Jeff Pflaumbaum	Enka	55'11.25"	Mike Long	North Rowan	54'05.50"	Kareem Ellis	SW Onslow	46'02.25"			
1995	Kelvin Jones	Mount Tabor	56'05.00"	Donnie Watkins	McMichael	56'01.00"	Mike Long	North Rowan	54'10.00"	Kareem Ellis	SW Onslow	51'10.00"			
1996	Algernon Crumpler	New Hanover	57'08.50"	Cam Holland	Franklin	55'02.50"	Jason Green	South Columbus	51'00.50"	Clayton Vaden	North Stokes	48'04.50"			
1997	Charles Hooper	Rocky Mount	54'09.00"	John Judd	Harnett Central	55'03.75"	Curley Miles	Ledford	51'00.50"	Larry Simmons	North Stokes	49'09.25"			
1998	Brian Norwood	Richmond	52'04.00"	Chris Glenn	Rockingham Co.	52'11.25"	Milton Briscoe	Shelby	52'08.25"	Tarell Clark	North Brunswick	50'10.00"			
1999	Nick Smith	A.C. Reynolds	53'04.00"	Kareem Marshall	Kings Mountain	56'07.25"	J.T. Elliot	Holmes	51'05.25"	Ronald Pou	Williamston	52'02.50"			
2000	Austin Wakefield	WF-Rolesville	53'09.00"	Danny Miesenheimer	East Rowan	52'03.25"	Brandon Williams	Mtn. Heritage	48'01.50"	Patrick Wright	Louisburg	51'09.00"			
2001	David Boyce	Ashbrook	54'11.00"	Ben Whitney	Ragsdale	58'03.00"	Jason Brown	Northern Vance	54'02.00"	Bob Cooke	Rosewood	51'09.25"			
2002	Mitchell Pope	South Caldwell	60'03.00"	Greg Jachym	Weddington	50'05.50"	Marque Hall	Forest Hills	52'09.50"	T.A. McLendon	Albemarle	51'02.75"			
2003	Eric Frasure	Hopewell	55'06.00"	Tommie Parker	Hertford County	52'06.50"	Kenny Brown	North Rowan	53'10.50"	Darren Cannon	Farmville Central	51'07.50"			
2004	Eric Smalls	SE Raleigh	56'05.00"	Toney Baker	Ragsdale	54'11.75"	Marque Hall	Forest Hills	51'11.25"	Anthony Bryant	North	49'01.75"			
2005	Joe Brown	New Bern	55'08.00"	Toney Baker	Ragsdale	56'03.50"	Trenell Mosely	East Rutherford	51'09.00"	Torrey Prayer	Farmville Central	60'10.25"			
2006	Charles Johnson	Berry	55'05.00"	Kreg Carter	Williams	54'01.00"	Anthony Bryant	North Brunswick	57'08.75"	Jacob Lane	South Stokes	50'08.75"			
2007	Jimmy Martin	Scotland	53'04.50"	Jason Roberts	SW Guilford	54'06.50"	Adrian Little	Farmville Central	56'02.50"	Regis Bittle	Polk County	52'03.25"			
2008	Tyler Shatley	East Burke	55'11.00"	Jake Deaton	Mooreville	57'03.25"	Josh Balloon	North Brunswick	57'00.75"	Regis Bittle	Polk County	54'04.00"			
2009	Tyler Shatley	East Burke	59'09.00"	Daryle Morgan	Western Harnett	56'08.00"	Kenneth Rowland	Northside-Jax	58'07.00"	Chris Miller	Wallace-Rose Hill	47'00.50"			
2010	Shawn Underwood	Fuquay-Varina	55'01.50"	Ryan Minor	South Brunswick	58'10.50"	Jacob Geary	Cedar Ridge	56'00.00"	Chris Miller	Wallace-Rose Hill	50'06.25"			
2011	Courtland Clavette	A.C. Reynolds	55'00.25"	Ryan Minor	South Brunswick	56'02.50"	Adam Manns	Draughn	52'05.25"	Garland Archie	North Rowan	49'09.50"			
2012	Jon Beyle	E. Chapel Hill	55'01.50"	Myquon Stout	Carson	55'04.50"	Adam Manns	Draughn	56'01.25"	Devonte Lloyd	North Edgecombe	49'01.25"			
2013	Jalen Peterkin	So. Durham	59'06.00"	Colin Minor	South Brunswick	55'05.00"	Scott Peretin	Carrboro	53'03.00"	Wesley Porter	Heide Trask	51'03.75"			
2014	Elijah Mallory	Wakefield	56'00.75"	Colin Minor	South Brunswick	58'06.00"	Derrick Wheeler	North Brunswick	52'08.00"	Samson Bradsher	Hobpton	50'11.00"			
2015	Daniel Ligons	Holly Springs	57'08.00"	Tyson Fortenberry	Ashbrook	52'04.50"	Magnus Herweyer	Carrboro	53'10.00"	Jacob Whitaker	Andrews	56'04.25"			
2016	Terrell Adams	Middle Creek	58'01.50"	Sherrod Greene	Rocky Mount	55'11.50"	Magnus Herweyer	Carrboro	51'03.75"	Gabriel King	Mount Airy	51'04.25"			
2017	Austin Harrison	West Forsyth	57'03.75"	Aaron Wilkerson	Southern Guilford	60'03.50"	Donnie Thompson	Lincolnton	52'11.50"	Gabriel King	Mount Airy	51'03.50"			
2018	Chancelor Crawford	N. Mecklenburg	58'04.00"	Asher Prince	Western Harnett	53'09.25"	Ryan Eldridge	North Surry	59'02.00"	Jason Reynolds	Gray Stone Day	49'07.00"			
2019	Chancelor Crawford	Mallard Creek	57'09.75"	Alec Mock	Weddington	53'08.50"	Jake Soorus	North Lincoln	56'06.50"	Riley Blalock	Murphy	50'01.00"			



Men's Outdoor Track State Individual Event Champions



1921	Daniels	R.J. Reynolds	105'03.00"	1943	Donald Clayton	Fayetteville	na	1965	Tim Farmer	Chapel Hill	160'00.75"
1922	Garrett	Burlington	106'05.00"	1944	Sanderford	Raleigh	105'10.40"	1966	Nick Karres	Myers Park	154'03.00"
1923	Mclver	Chapel Hill	99'06.00"	1945	R.L. McDonald	Durham	121'04.00"	1967	Nick Karres	Myers Park	161'00.00"
1924	Mclver	Chapel Hill	95'08.00"	1946	R.L. McDonald	Durham	122'05.00"	1968	Dave Taylor	Chapel Hill	171'08.00"
1925	Goodwin	Greensboro	100'04.50"	1947	Jimmy Cain	Raleigh	109'08.00"	1969	Umstead	Hillside	158'06.00"
1926	O'Brien	R.J. Reynolds	102'11.00"	1948	Bobby Byrd	Durham	114'00.75"	1970	Salisbury	Myers Park	155'00.00"
1927	Theron Brown	Greensboro	124'01.50"	1949	Whitfield	Durham	119'02.75"	1971	Randy Smith	Cary	160'00.00"
1928	Theron Brown	Greensboro	123'09.00"	1950	Packett	Marion	139'08.00"	1972	Lebaron Carruthers	Sanderson	168'01.00"
1929	Mullis	Charlotte Central	122'10.25"	1951	Harold Sykes	Durham	141'09.38"	1973	Gil Vance	Grimsley	165'10.00"
1930	Mullis	Charlotte Central	126'00.50"	1952	Don Denning	Durham	135'00.50"	1974	Billy Pearce	Vaiden Whitley	165'00.00"
1931	Andrews	Asheville	117'03.00"	1953	Bill Gramley	R.J. Reynolds	150'10.63"	1975	David Underhill	Vaiden Whitley	157'04.00"
1932	Harold Sutton	Charlotte Central	111'11.00"	1954	Rogers	Durham	133'01.00"	1976	Robert Bailey	West Forsyth	169'09.00"
1933	Wren	Greensboro	na	1955	Warren Lacock	Durham	143'11.50"	1977	Nate Wigfall	Jacksonville	167'09.00"
1934	Willard	Kernersville	111'00.00"	1956	Bartlett	Asheville	150'07.00"	1978	Mike Rodriguez	Garinger	172'05.00"
1935	Childress	R.J. Reynolds	109'05.00"	1957	Jim Martin	Broughton	130'04.00"	1979	Than Emery	Athens Drive	161'05.00"
1936	Childress	R.J. Reynolds	120'01.00"	1958	Marvin Peele	Rankin	141'05.00"	1980	Than Emery	Athens Drive	171'04.00"
1937	Darnell	R.J. Reynolds	na	1959	Bobby Beasley	Durham	130'07.00"	1981	William Lovick	New Bern	163'04.00"
1938	Bob Gantt	Durham	121'05.00"	1960	Bob Jamieson, Jr.	Grimsley	153'03.00"	1982	Daniel Adams	Garner	157'08.00"
1939	Bob Gantt	Durham	126'00.50"	1961	Steve Parker	Durham	146'06.75"	1983	Reuben Davis	Grimsley	165'01.00"
1940	Bob Gantt	Durham	133'04.00"	1962	Rod Stewart	Burlington	149'06.25"	1984	Stanley Monk	White Oak	170'02.00"
1941	Bill Yancey	Fayetteville	112'04.75"	1963	Flake Campbell	Myers Park	157'07.00"	1985	Stacy Friel	Northeast Guilford	164'02.00"
1942	No Record			1964	Flake Campbell	Myers Park	163'03.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Ed Reid	Olympic	162'10.00"	Ed Reid	Olympic	162'10.00"	Derrick Sims	North Rowan	148'10.00"						
1987	Vernon Grier	Garinger	161'01.00"	Harlis Meaders	Sun Valley	146'06.00"	Travis Stephenson	Clayton	155'07.00"						
1988	Vernon Grier	Garinger	166'07.00"	Mike Gilchrist	T.W. Andrews	154'11.00"	Travis Stephenson	Clayton	157'05.00"						
1989	Montez Jones	West Mecklenburg	170'02.00"	Scott Youmans	Eastern Guilford	159'01.00"	Brian Shumaker	Bandys	155'05.00"						
1990	James White	Northeastern	149'11.00"	Kenneth Banks	Northwest Cabarrus	160'06.00"	Doug Linen	East Duplin	158'07.00"						
1991	Demond Smith	Purnell Swett	159'07.00"	Mark Carter	A.L. Brown	171'06.00"	Marcus Jones	Southwest Onslow	148'06.00"						
1992	Ben Huff	Providence	166'08.00"	Charlie Miller	East Henderson	159'08.00"	Marcus Jones	Southwest Onslow	161'05.00"						
1993	Ben Huff	Providence	182'00.00"	Jeff Pflaumbaum	Enka	150'10.00"	Dan Keltner	Farmville Central	166'06.00"						
4A				3A				2A				1A			
1994	Algernon Crumpler	New Hanover	160'05.00"	Jeff Pflaumbaum	Enka	180'10.00"	Donald Tolley	Clayton	142'11.00"	Steve Whitt	Surry Central	148'09.00"			
1995	Algernon Crumpler	New Hanover	159'11.00"	Jeremy Cauble	East Rowan	158'08.00"	Jeff Chambers	North Rowan	152'05.00"	Dominique Hill	Pamlico	138'02.75"			
1996	Algernon Crumpler	New Hanover	161'07.00"	Larry Brock	South Brunswick	164'02.00"	Zac Cohen	West Rowan	172'07.00"	Clayton Vaden	North Stokes	139'05.75"			
1997	Duston Obermeyer	E. Mecklenburg	163'07.00"	Merceda Perry	Asheboro	176'06.00"	Jeff Chambers	North Rowan	149'06.00"	Reggie Ingram	East Montgomery	146'05.00"			
1998	Dennis Caldwell	Mount Tabor	176'00.00"	Ike Oglesby	East Rowan	171'08.00"	Joseph Moore	Reidsville	159'10.00"	Tarell Clark	North Brunswick	142'00.00"			
1999	Nathan Hedgepeth	Leesville Road	149'00.00"	Kareem Marshall	Kings Mountain	151'07.00"	Jason Brown	Northern Vance	149'07.00"	Nicky McNeil	North Brunswick	138'03.50"			
2000	Austin Wakefield	WF-Rolesville	153'10.00"	Timothy Holloway	Fuquay-Varina	159'05.00"	Jason Brown	Northern Vance	149'10.00"	Nick Cowell	Camden	141'09.25"			
2001	Akeem Hale	Scotland	167'09.00"	Timothy Holloway	Fuquay-Varina	156'09.00"	Jason Stepp	North Henderson	157'08.00"	Nick Cowell	Camden	141'09.25"			
2002	Anthony Greer	Hoggard	159'03.00"	Kendall High	West Rowan	155'02.00"	David Bowes	Graham	159'10.00"	Andrea Wooten	Farmville Central	141'00.50"			
2003	Brandon Manshack	S. Mecklenburg	161'07.00"	Tommie Parker	Hertford County	154'00.00"	Marque Hall	Forest Hills	150'00.00"	Robert Brady	Farmville Central	139'00.00"			
2004	Adam Nagy	Mount Tabor	157'01.00"	Lonnie Phifer	Ben L. Smith	162'04.00"	Ashkan Bashardoost	Western	160'01.00"	Robert Brady	Farmville Central	157'03.00"			
2005	Adam Nagy	Mount Tabor	158'04.00"	Erik Raabe	T.C. Roberson	164'01.00"	Dexter Epps	Bunn	155'04'00"	John Ferguson	South Stokes	139'04.00"			
2006	Robert Boulware	R.J. Reynolds	158'04.00"	Cody Lawson	T.C. Roberson	150'04.00"	Corei Plummer	Southern Vance	166'06.00"	David Walker	Hendersonville	141'00.00"			
2007	Jimmy Martin	Scotland	152'06.00"	Jake Deaton	Mooresville	143'05.00"	Cornelius Watkins	Swansboro	156'07.00"	Ahmad Garrison	Topsail	159'06.00"			
2008	Giavonni Scott	Ardrey Kell	156'05.00"	Jake Deaton	Mooresville	166'07.00"	Cornelius Watkins	Swansboro	168'06.00"	Rashad Gray	South Stokes	150'04.00"			
2009	Chris Barfield	Cary	161'00.00"	Tarik Norman	Jacksonville	161'03.00"	Andrew Byrd	Orange	181'01.00"	Dominique Drake	West Montgomery	144'01.00"			
2010	Courtland Clavette	A.C. Reynolds	172'00.00"	Tavis Bailey	A.L. Brown	185'01.00"	Marcus Johnson	Tarboro	159'08.00"	Connor Hansen	Heide Trask	137'07.00"			
2011	Courtland Clavette	A.C. Reynolds	184'03.00"	Ahmad Norman	Jacksonville	162'10.00"	Adam Manns	Draughn	167'00.00"	Garland Archie	North Rowan	144'07.00"			
2012	Jon Beyle	E. Chapel Hill	161'03.00"	Kyle Trevor	Hunt	153'07.00"	Adam Manns	Draughn	160'08.00"	Wyatt Grillo	Chatham Central	152'03.00"			
2013	Winston Craig	Ragsdale	182'01.00"	Mateius Brown	Western Harnett	155'09.00"	Scott Peretin	Carrboro	152'11.00"	Joshua Smith	Heide Trask	147'01.00"			
2014	Ryan Davis	Pine Forest	161'05.00"	Mateius Brown	Western Harnett	169'06.00"	Chris Bumgarner	Draughn	160'00.00"	Samson Bradsher	Hobpton	144'07.00"			
2015	Terrell Adams	Middle Creek	165'01.00"	Tyson Fortenberry	Ashbrook	153'02.00"	Magnus Herweyer	Carrboro	178'07.00"	Jacob Whitaker	Andrews	151'09.25"			
2016	Terrell Adams	Middle Creek	189'03.00"	Tyson Fortenberry	Ashbrook	161'01.00"	Magnus Herweyer	Carrboro	155'08.00"	Gabriel King	Mount Airy	156'01.00"			
2017	Austin Harrison	West Forsyth	169'06.00"	Sherrrod Greene	Rocky Mount	154.09.50"	Zane Johnson	Forbush	148'09.00"	Gabriel King	Mount Airy	147'09.00"			
2018	Chancellor Crawford	N. Mecklenburg	170'03.00"	Asher Prince	Western Harnett	175'07.00"	Blake Stephens	North Davidson	157'10.00"	Matthew Swepson	Research Triangle	140'09.00"			
2019	Chancellor Crawford	Mallard Creek	174'08.00"	Lyndon Strickland	Alexander Central	176'06.00"	Jake Soorus	North Lincoln	175'11.00"	Matthew Swepson	Research Triangle	149'08.00"			



Men's Outdoor Track State Individual Event Champions



LONG JUMP

1922	Thomas	Charlotte Central	19'05.50"	1944	Laddie Terrell	Raleigh	20'05.25"	1966	David Anderson	Ahoskie	21'03.50"
1923	Isley	Friendship	18'09.50"	1945	Laddie Terrell	Raleigh	19'02.50"	1967	Mike Lemmons	Hendersonville	21'11.00"
1924	Jack McDowell	Rockingham	18'08.75"	1946	Warren	Durham	20'05.00"	1968	Parsons	Cary	23'06.75"
1925	Packer	High Point Central	19'08.00"	1947	Wiggs	Fayetteville	20'01.50"	1969	Don Lucas	Scotland	22'07.25"
1926	Fort	Charlotte Central	20'10.00"	1948	Holder	Charlotte Central	20'03.75"	1970	Malone	Millbrook	22'11.00"
1927	Neiman	Charlotte Central	21'02.50"	1949	Wooten	Fayetteville	21'03.00"	1971	James Godwin	Cape Fear	23'11.00"
1928	Theron Brown	Greensboro	20'10.00"	1950	Warlick	Marion	19'10.25"	1972	Calvin Moore	J.H.Rose	22'10.50"
1929	Woodside	Charlotte Central	20'10.50"	1951	Long	Durham	21'08.50"	1973	Swade Carroll	Garner	22'11.75"
1930	Moffit	High Point	20'04.25"	1952	Matthews	Angier	21'02.67"	1974	Carter Suggs	Tarboro	23'01.00"
1931	Guy Soule	Charlotte Central	22'01.00"	1953	Dickie Barber	Hillsborough	21'02.50"	1954	Lonnie Hardy	West Brunswick	23'10.00"
1932	Guy Soule	Charlotte Central	21'08.75"	Brawley	Durham	20'00.50"	1976	Andrew Golden	High Point Central	22'09.00"	
1933	Pickard	Charlotte Central	21'06.75"	1955	Brawley	Durham	21'11.00"	1977	Greg Artis	Fike	24'08.00"
1934	Holder	Charlotte Central	21'03.63"	1956	Dunson	Durham	21'08.00"	1978	Eddi McGill	Enka	23'10.00"
1935	Swinson	Charlotte Central	21'01.50"	1957	Bob Williams	Broughton	21'08.00"	1979	Kelvin Bryant	Tarboro	24'00.00"
1936	Potts	High Point	21'00.25"	1958	Larry Jones	Durham	21'00.00"	1980	Chris Michaels	R-S Central	22'08.50"
1937	Bill Vogler	R.J. Reynolds	20'08.75"	1959	Bill Croom	Durham	21'02.75"	1981	Greg Neal	Northern Durham	24'04.00"
1938	Bill Mengel	Chapel Hill	20'06.75"	1960	Gregory Steele	Jacksonville	22'07.00"	1982	Jimmy Allen	Forest Hills	23'10.75"
1939	Joe Taylor	Durham	21'07.50"	1961	Gregory Steele	Jacksonville	na	1983	Maurice Monk	Jacksonville	23'10.50"
1940	Little	Charlotte Central	20'09.25"	1962	No Record			1984	Danny Peebles	Broughton	24'05.75"
1941	Ausbon	Durham	20'08.00"	1963	Evans	Millbrook	21'11.00"	1985	Tarrell Carpenter	Hoke	24'05.00"
1942	No Record			1964	Clem Williams	Millbrook	22'05.00"				
1943	No Record			1965	Clem Williams	Millbrook	21'03.75"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Tarrell Carpenter	Hoke County	23'09.00"	Tarrell Carpenter	Hoke County	23'09.00"	Cliff Etheridge	Hendersonville	25'00.00"		
1987	Tracey Johnson	J.H. Rose	23'00.00"	Randy Jordan	Warren County	24'01.25"	Cliff Etheridge	Hendersonville	23'06.50"		
1988	Russell McClain	Northern Durham	23'10.75"	Randy Jordan	Warren County	23'10.75"	Tyrone Joyner	Farmville Central	23'07.50"		
1989	Tyrell Taitt	Scotland	24'00.50"	J.J. Walker	Southern Alamance	23'02.50"	Robert Cunningham	Whiteville	23'04.00"		
1990	Kerry Kennedy	Millbrook	24'02.25"	Eric Alford	High Point Central	23'11.50"	Robert Lee	Clinton	22'08.00"		
1991	Leon Johnson	Freedom	23'08.75"	Eric Alford	High Point Central	25'00.75"	Robert Lee	Clinton	23'04.00"		
1992	Leon Johnson	Freedom	24'07.75"	Fred Richardson	Western Guilford	22'09.50"	Aaron Roberson	North Pitt	22'06.50"		
1993	Kishara Hamilton	Fike	23'09.25"	Jermaine Mayo	Salisbury	23'00.50"	Eric Riddick	Richlands	22'09.75"		

4A				3A				2A				1A			
1994	Reggie Love	Hillside	22'02.25"	Kishara Hamilton	Fike	23'09.50"	Quincy Foster	Hendersonville	23'03.25"	Eric Riddick	Richlands	23'04.00"			
1995	Marcus O'Neal	Dudley	23'03.50"	Mike Lavendar	Hunt	24'00.00"	Kalunta Harris	Ayden-Grifton	22'11.25"	Brandon Prevette	West Davidson	22'04.25"			
1996	Marcus O'Neal	Dudley	23'08.00"	Tommie Patrick	Southern Vance	23'03.50"	Greg Yeldell	North Rowan	23'06.00"	Brandon Prevette	West Davidson	22'01.30"			
1997	Jamorva Funderburke	N. Mecklenburg	24'08.00"	William Montgomery	T.C. Roberson	23'05.00"	Greg Yeldell	North Rowan	23'08.25"	Brian Waters	SW Onslow	22'00.00"			
1998	Jamorva Funderburke	N. Mecklenburg	23'10.00"	William Montgomery	T.C. Roberson	24'11.00"	Greg Yeldell	North Rowan	23'02.00"	Steve Enoch	Cummings	23'04.00"			
1999	Charles Hawkins	Seventy-First	23'04.00"	Justin McCorkle	Harding	23'00.00"	Alvin Gibson	Newton-Conover	22'03.50"	Steve Enoch	Cummings	23'05.50"			
2000	Sean White	So. Wayne	23'11.00"	Justin McCorkle	Harding	23'03.50"	James Smith	South Columbus	22'11.00"	Alex Midgette	Pamlico	22'08.25"			
2001	A.J. Davis	No. Durham	24'10.50"	B.J. Eddie	Fike	22'08.00"	Derreck Bryant	High Point Central	22'03.00"	Robert Tillman	South Robeson	22'04.50"			
2002	A.J. Davis	No. Durham	24'07.00"	Manny Lawson	Eastern Wayne	22'06.75"	Robert Tillman	South Robeson	23'05.00"	Darius Scott	Albemarle	23'02.00"			
2003	Darryl Barnett	Hoke County	23'05.50"	Bobby Cox	West Craven	22'07.50"	Robert Tillman	South Robeson	24'04.00"	Marcus Vance	Hendersonville	23'00.50"			
2004	Dexter Adams	Page	23'07.00"	Deangelo Ruffin	South Johnston	22'09.50"	Brandon Cathcart	Salisbury	24'02.50"	Philip Hardman	Heide Trask	22'09.50"			
2005	Trenton Guy	West Charlotte	23'10.50"	Deangelo Ruffin	South Johnston	22'02.75"	Brandon Cathcart	Salisbury	23'05.00"	James Simmons	North Stokes	22'01.50"			
2006	Brandon Banks	Garner	22'06.00"	Lamont Savage	West Rowan	23'07.00"	Thomas Huntley	East Lincoln	22'04.00"	Jeremiah Marable	Southside	23'00.50"			
2007	Lincoln Carr	Pine Forest	22'04.50"	Emanuel Davis	Overhills	22'06.00"	Tyreck Mcfadden	East Duplin	21'11.50"	Corey Wilkerson	Jordan-Matthews	22'06.00"			
2008	Jamario Clayton	So. Durham	22'11.00"	Jamel Allison	Mooresville	23'09.50"	Tyreck Mcfadden	East Duplin	21'03.75"	Travis Leggett	West Columbus	21'08.25"			
2009	Walter Aikens	Harding	23'08.25"	Avery Griffin	Dudley	24'01.50"	Antonio McCelland	Starmount	22'09.50"	D.J. McLendon	Thomasville	22'04.00"			
2010	Jarrett Samuels	Charlotte Vance	23'09.00"	Coye Still	Hickory Ridge	22'10.00"	Antonio McCelland	Starmount	22'07.00"	Issac Blakeney	Monroe	22'09.50"			
2011	Josh McClam	Holly Springs	24'02.00"	Justus Watkins	South Point	22'06.25"	Camron Hudson	Berry Academy	22'05.00"	Johnny Oglesby	North Rowan	21'11.50"			
2012	Diondre Butler	Jack Britt	23'00.00"	Frank Quarles	Douglas Byrd	23'04.50"	A.J. Alston	Roanoke Rapids	22'04.50"	Johnny Oglesby	North Rowan	22'06.00"			
2013	Marcus Krah	Hillside	23'01.00"	Frank Quarles	Douglas Byrd	23'05.00"	Isiah Moore	Cummings	23'04.00"	Ricky Ratliff	East Columbus	23'06.00"			
2014	Jeremy Davis	Ben L. Smith	23'04.00"	Jonathan Marino	Marvin Ridge	22'08.00"	Isiah Moore	Cummings	23'11.50"	James Richardson	Lejeune	23'02.50"			
2015	Jamie Brown	Knightdale	22'11.00"	Julian Gaines	Marvin Ridge	22'02.00"	Jayhlen Washington	North Brunswick	23'03.00"	Tyler Leek	Hayesville	22'01.00"			
2016	Marcus Krah	Hillside	23'00.00"	Samuel Johnson	Statesville	22'10.00"	Jayhlen Washington	North Brunswick	22'06.75"	Da'Rod Crutchfield	Lejeune	22'06.50"			
2017	Tyrese Kelly	Pinecrest	22'04.75"	Samuel Johnson	Statesville	22'08.50"	Jayhlen Washington	North Brunswick	23'03.00"	Haji McDaniels	Walkertown	21'10.00"			
2018	Khalil Scott	Olympic	23'10.50"	Jamar Davis	Orange	23'05.00"	Scott McClendon	Forest Hills	22'05.00"	Ckayvion Everett	John A. Holmes	22'02.00"			
2019	Eric Haddock	SE Raleigh	23'03.00"	Jieem Bullock	North Brunswick	23'01.00"	Dustin Blevins	West Stokes	23'09.00"	Tucker Holloway	Andrews	22'04.00"			



Men's Outdoor Track State Individual Event Champions



TRIPLE JUMP

1973	Melvin Scott	Seventy-First	46'01.75"	1978	Johnny Johnson	Tarboro	49'10.00"	1983	John Tillman	Parkwood	50'08.00"
1974	George Jackson	Hoggard	47'11.50"	1979	Jack Cameron	Person	47'10.00"	1984	Michael Patton	Mount Airy	50'09.75"
1975	Isaiah Simmons		47'05.50"	1980	Mike Gattis	Cummings	48'00.75"	1985	James Martin	Tuscola	49'05.00"
1976	Greg Artis	Fike	48'06.00"	1981	Ricky Wall	Broughton	50'01.25"				
1977	Greg Artis	Fike	51'05.50"	1982	Tim Leach	Salisbury	50'05.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	James Martin	Tuscola	49'05.00"	James Martin	Tuscola	49'11.00"	Keith Alston	Northwood	46'07.00"						
1987	Ricky Hamrick	Crest	47'09.50"	Tony Harris	Northeast Guilford	47'10.75"	Tyrone Joyner	Farmville Central	48'08.50"						
1988	Marcus Sutton	North Forsyth	48'01.25"	Chris Stone	Graham	45'06.50"	Tyrone Joyner	Farmville Central	49'05.50"						
1989	Tyrell Taitt	Scotland	48'03.75"	Bryan Jenkins	Northeast Guilford	48'10.00"	Robert Cunningham	Whiteville	50'09.25"						
1990	Kerry Kennedy	Millbrook	48'07.50"	Brian Ellis	North Rowan	50'02.25"	Chris Coleman	Fuquay-Varina	46'09.25"						
1991	Chris McKinney	Southern Wayne	48'07.25"	Brian Ellis	North Rowan	50'01.50"	Chris Coleman	Fuquay-Varina	50'00.00"						
1992	Jermaine Eldridge	Jacksonville	47'05.25"	Chris Heath	Tarboro	47'07.25"	Clinton Branch	Louisburg	45'07.50"						
1993	Michael McDuffie	Hoke County	47'05.25"	Tyrone Fox	Salisbury	47'10.75"	Eric Riddick	Richlands	48'09.75"						
4A				3A				2A				1A			
1994	Jeremy McDaniel	New Bern	47'03.00"	Damon Vaughn	NE Guilford	47'04.00"	Darron Frazier	East Carteret	48'05.50"	Eric Riddick	Richlands	47'02.50"			
1995	Theron Wigfall	Jacksonville	48'03.25"	Ian Adams	Wilkes Central	46'08.50"	Greg Yeldell	North Rowan	47'08.50"	Curtis Coffeld	Williamston	45'09.00"			
1996	Troy Minter	Apex	47'04.00"	Jeremiah Manning	Franklin	47'08.25"	Greg Yeldell	North Rowan	48'11.75"	Ron Bailey	Lejeune	44'03.00"			
1997	Ernest Hill	Pinecrest	47'06.75"	Delvin Barker	J.F. Webb	47'04.00"	Greg Yeldell	North Rowan	48'10.00"	Brian Waters	SW Onslow	44'02.25"			
1998	Dennis Best	E.E. Smith	47'01.75"	William Montgomery	T.C. Roberson	47'03.00"	Greg Yeldell	North Rowan	50'02.50"	Steve Enoch	Cummings	46'05.00"			
1999	Jason Smith	Pinecrest	49'05.00"	Hassan Reddick	T.W. Andrews	46'09.00"	Darnell Tillman	North Rowan	45'04.50"	Steve Enoch	Cummings	48'10.50"			
2000	Garrett Peterkin	Scotland	45'07.00"	Everett Bruce	Ben L. Smith	46'04.75"	B.J. Clemons	Newton-Conover	44'07.00"	Antonio King	Cummings	45'11.25"			
2001	A.J. Davis	No. Durham	48'06.50"	Charles Jones	Fike	46'08.50"	Derrek Bryant	High Point Cen.	46'04.00"	Mike Hinton	Cummings	45'01.00"			
2002	A.J. Davis	No. Durham	48'00.00"	Mark Sturgis	West Rowan	47'09.50"	Derek Pratt	T.W. Andrews	46'04.00"	Terrell Hayes	Wallace-Rose Hill	44'06.50"			
2003	Michael Mason	Rocky Mount	46'00.00"	Mark Sturgis	West Rowan	47'02.25"	Terry Wood	North Rowan	47'04.00"	Calvin Small	Lejeune	45'10.00"			
2004	Joe Kindred	Fuquay-Varina	47'08.75"	Johnny Striblin	Southwest	46'05.00"	Andre Tillman	North Rowan	48'08.00"	Harry Boney	North	43'10.00"			
2005	Nigel Orr	Harding Univ.	48'04.50"	Corey Whitley	Fike	46'05.25"	Brandon Cathcard	Salisbury	47'09.00"	James Simmons	North Stokes	46'03.75"			
2006	Alphonso Jordan	Hopewell	48'02.00"	Jamel Allison	Mooresville	46'05.00"	Thomas Huntley	East Lincoln	44'06.00"	Emmanuel Davis	Manteo	44'03.75"			
2007	Lincoln Carr	Pine Forest	47'06.50"	Jamel Allison	Mooresville	48'02.50"	Darius Cox	Monroe	44'08.00"	Gerell Bogle	Princeton	45'01.25"			
2008	Lincoln Carr	Pine Forest	47'09.00"	Jamel Allison	Mooresville	47'02.50"	Issac Blakeney	Monroe	45'06.50"	T.J. Wilson	Princeton	44'02.00"			
2009	Desmeion Kennedy	High Point Cen.	47'02.50"	Avery Griffin	Dudley	47'07.50"	Issac Blakeney	Monroe	48'04.50"	T.J. Wilson	Princeton	46'09.00"			
2010	Steven Bell	SE Raleigh	48'10.00"	Daisaun White	Asheville	48'04.00"	Antonio McCeland	Starmount	46'04.00"	Issac Blakeney	Monroe	49'02.00"			
2011	Deonnonti McClean	Hoke County	47'04.00"	Daisaun White	Asheville	47'01.00"	Xavier Hoggs	Durham Sch. Arts	45'10.50"	Samuel Starks	North Rowan	45'04.00"			
2012	Jaylon Holt	SE Raleigh	47'03.50"	Josh King	Fike	47'09.00"	Xavier Hoggs	Durham Sch. Arts	44'09.75"	Joktan Moore	Mt. Airy	45'03.50"			
2013	Kimani Hoffman	Knightdale	46'08.00"	Gary Woosley	NE Guilford	46'06.00"	Rasean Bledsoe	Salisbury	46'04.00"	Corey Valentine	Mt. Airy	44'09.00"			
2014	Reyho Tshiamama	Apex	46'05.00"	Mekhi McGuyver	Asheville	47'00.50"	Chris Eatmon	T.W. Andrews	45'00.50"	Marcellous Sutton	James Kenan	45'05.50"			
2015	Darryl Shaw	Jack Britt	48'09.25"	Noah Tyson	Asheville	46'08.00"	Jayhlen Washington	North Brunswick	46'01.00"	Trevor Carr	Camden	46'05.00"			
2016	Marcus Kraha	Hillside	48'08.00"	Jaquay Mitchell	Southern Nash	47'09.50"	Jayhlen Washington	North Brunswick	48'05.00"	Haji McDaniels	Walkertown	45'11.50"			
2017	Tyrese Kelly	Pinecrest	46'08.50"	Jamin Glenn	Hickory Ridge	48'06.25"	Jayhlen Washington	North Brunswick	47'08.75"	Haji McDaniels	Walkertown	46'02.50"			
2018	Christopher Alexander	Rocky River	49'04.00"	Jamar Davis	Orange	49'10.75"	Scott McClendon	Forest Hills	45'04.25"	Derek Young, Jr.	Union Academy	43'08.25"			
2019	Christopher Alexander	Rocky River	50'05.00"	Trevor Grant	Cuthbertson	47'02.75"	Niejel Wilkins	Kinston	48'09.25"	Langston Samples	C.S. of Davidson	44'07.00"			



Men's Outdoor Track State Individual Event Champions



HIGH JUMP

1922	Mclver	Chapel Hill	5'04.50"	Murphy	Charlotte Central	5'05.25"	1959	Bill Croom	Durham	6'00.25"	
1923	Mclver	Chapel Hill	5'04.75"	Johnson	Fayetteville	5'05.25"	1960	Tom Clark	Greensboro	6'01.25"	
1924	Jack McDowell	Rockingham	5'03.00"	Pickett	Raleigh	5'05.25"	1961	Sammy Gibbs	Oxford Orphanage	6'00.75"	
1925	Smith	Wilmington	5'04.00"	B.K. Grown	Raleigh	5'05.25"	1962	No Record			
1926	Buie	R.J. Reynolds	5'05.00"	1946	Nick Johnson	Fayetteville	5'09.00"	1963	Dave Dunaway	Jacksonville	6'02.00"
1927	Reid	Charlotte Central	5'07.25"	1947	Wiggs	Fayetteville	5'03.00"	1964	Rowe Sawyer	Burgaw	5'11.00"
1928	Brewer	R.J. Reynolds	5'09.00"	McConkey	R.J. Reynolds	5'03.00"	1965	Billy Taylor	Mount Airy	6'00.00"	
1929	Sykes	Spring Hope	5'08.50"	Hobbs	Charlotte Central	5'03.00"	1966	Eddie Ashburn	Cary	5'10.00"	
1930	Johnson	Greensboro	5'08.50"	Mason	Charlotte Central	5'03.00"	1967	Wayne Wright	Ben L. Smith	6'04.75"	
1931	Sykes	Spring Hope	5'07.50"	Dobbins	Greensboro	5'03.00"	1968	Bobby Jones	South Mecklenburg	6'06.00"	
1931	Childers	Rockingham	5'07.75"	1948	Splawn	Burlington	5'10.00"	1969	Robert McAdoo	Ben L. Smith	6'07.75"
	Wilkie	Sanford	5'07.75"	1949	Thomas	Charlotte Central	5'09.50"	1970	Bobby Jones	South Mecklenburg	6'06.00"
1932	Thornton	R.J. Reynolds	5'08.00"	1950	Rowe	Charlotte Central	5'09.00"	1971	Chandler Muse	Myers Park	6'06.75"
1933	Marion Sams	High Point	5'09.38"	1951	Huffaker	Charlotte Central	5'09.00"	1972	Chandler Muse	Myers Park	6'08.25"
1934	Marion Sams	High Point	5'08.00"	1952	Dickie Barber	Hillsborough	5'10.00"	1973	Rufus Crawford	Huss	6'05.75"
1935	Marion Sams	High Point	5'06.75"		Yoder	R.J. Reynolds	5'10.00"	1974	Rufus Crawford	Huss	6'09.25"
1936	Potts	High Point	5'07.75"	1953	Dickie Barber	Hillsborough	5'11.00"	1975	Armstead Gilliam	Bertie	6'07.50"
	Ashburn	R.J. Reynolds	5'07.75"	1954	Harold Edwards	Greenville	5'09.00"	1976	Lee Shuler	West Guilford	6'08.50"
1937	Pollock	Goldsboro	5'06.50"	1955	Harold Edwards	Greenville	6'00.38"	1977	Gary Parmeley	West Carteret	6'08.00"
1938	Snyder	Clemmons	5'06.00"	1956	Bartley Tarlton	Charlotte Central	5'11.75"	1978	Robert Hicks	Scotland	6'10.00"
1939	Garland Pendergraft	Durham	5'09.63"		Harold Edwards	Greenville	5'11.75"	1979	Mike Ripberger	Cary	6'06.00"
1940	Hedrick	Lumberton	5'07.25"	1957	Eddie Mizell	Durham	5'07.00"	1980	Mike Ripberger	Cary	6'08.50"
1941	Manual Griffin	Sedge Garden	5'11.00"		Eddie Burke	Burlington	5'07.00"	1981	Charles Mack	North Forsyth	6'10.25"
1942	No Record				Bud Tripp	Broughton	5'07.00"	1982	Lenwood Harris	West Craven	6'10.50"
1943	Donald Clayton	Fayetteville	6'00.06"		Chippy Harris	Durham	5'07.00"	1983	James Patterson	Fuquay-Varina	6'09.00"
1944	Groves	Raleigh	5'07.00"		Wilfred Turner	R.J. Reynolds	5'07.00"	1984	James McDonald	Scotland	6'10.00"
1945	Travis	Greensboro	5'05.25"		Bill Croom	Durham	5'07.00"	1985	James McDonald	Scotland	6'10.00"
	Bullock	Durham	5'05.25"	1958	John Kay	Durham	5'11.75"				

3A & 4A COMPETED JOINTLY IN 1986

4A			3A			2A			1A/2A			
1986	Larry Patterson	Cary	6'08.00"	Larry Patterson	Cary	6'08.00"	Carl Pickens	Murphy	6'10.00"			
1987	Darren Moore	J.H. Rose	7'01.00"	Mike Neely	T.W. Andrews	6'08.00"	Carl Pickens	Murphy	6'08.00"			
1988	Rob Thomas	R.J. Reynolds	7'00.00"	Bobby Wooten	SouthWest Edgecombe	6'04.00"	Carl Pickens	Murphy	6'06.00"			
1989	Robert Thomas	Joe Montford	7'00.00"	Glenn	East Carteret	6'06.00"	Andre Irving	Thomasville	6'08.00"			
1990	Jon DeBarry	Richmond	6'10.00"	Shawn Miller	Salisbury	6'08.25"	Travis Banks	Clinton	6'09.00"			
1991	Omarr Dixon	Athens Drive	6'08.00"	Robert Tucker	Harnett Central	6'09.00"	Travis Banks	Clinton	6'08.00"			
1992	Omarr Dixon	Athens Drive	6'10.00"	George Simmons	Southeast Guilford	6'06.00"	Nate Frink	West Columbus	6'08.00"			
1993	Tavores Vanhook	Williams	6'10.00"	Marcus Caldwell	Lexington	6'09.50"	Odell Benders	East Carteret	6'10.25"			
4A			3A			2A			1A			
1994	Damien Bennett	Anson	6'08.00"	Joe Wilson	North Iredell	6'06.00"	Odell Benders	East Carteret	6'06.00"	Milton Landers	Hayesville	6'04.00"
1995	Ramondo North	West Charlotte	6'06.00"	Derek Frink	West Brunswick	6'11.00"	Dwaine Carpenter	W. Montgomery	6'04.00"	Tony Cooper	West Davidson	6'04.00"
1996	Tedrick Greene	Ben L. Smith	6'06.00"	Lamont Watlington	Williams	6'08.00"	James Farrior	James Kenan	6'08.00"	Dwayne Berry	Richlands	6'02.00"
1997	Temercus McNeil	Sanderson	6'06.00"	William Montgomery	T.C. Roberson	6'08.00"	Jermichael Watts	Bunker Hill	6'06.00"	Rashad Johnson	North Moore	6'04.00"
1998	Brandon Brown	A.C. Reynolds	6'10.00"	William Montgomery	T.C. Roberson	6'10.00"	Gabrial Striblin	SW Randolph	6'04.00"	Warren Neely	Thomasville	6'07.00"
1999	A.J. Davis	No. Durham	6'06.00"	Michael Massey	Asheboro	6'08.00"	Tony Henderson	Warren County	6'06.00"	Antwan Neeley	Thomasville	6'08.00"
2000	Jesse Williams	Broughton	6'08.00"	Michael Massey	Asheboro	6'08.00"	Tony Henderson	Warren County	6'08.00"	Larry Perry	Bunn	6'04.00"
2001	Jesse Williams	Broughton	7'02.00"	Namier Majette	Hertford County	6'08.00"	Shawn Williams	South Columbus	6'06.00"	Marcus Poteat	Graham	6'06.00"
2002	Jesse Williams	Broughton	7'02.00"	Jason Williams	West Rowan	6'08.00"	Marcus Poteat	Graham	6'10.00"	Dakota Dunn	East Montgomery	6'08.00"
2003	Gordon Smith	Northern Nash	6'06.00"	Jason Williams	West Rowan	6'10.00"	Daniel Smith	North Henderson	6'06.00"	Dakota Dunn	East Montgomery	7'00.00"
2004	Gordon Smith	Northern Nash	6'08.00"	Cedrick Wilkerson	J.F. Webb	6'06.00"	Oneal Chestnut	Chase	6'10.00"	Dakota Dunn	East Montgomery	6'08.00"
2005	Joe Kindred	Fuquay-Varina	6'06.00"	Nathan Summerville	Fike	6'10.00"	Demarcus Stallings	North Rowan	6'08.00"	Clint McNeilly	Robbinsville	6'02.00"
2006	Tim Lovick	Garner	6'08.00"	Eric Davis	Eastern Randolph	6'04.00"	Thomas Huntley	East Lincoln	6'06.00"	Dewayne Ashburn	South Stokes	6'06.00"
2007	Jake Wainwright	J.M. Robinson	6'06.00"	Derrick Ross	Union Pines	6'08.00"	Jarvis Craig	Monroe	6'02.00"	Kurtis Hackney	Pamlico	6'06.00"
2008	Darius Purcell	E.E. Smith	6'07.00"	Derrick Ross	Union Pines	6'08.00"	Central Williamson	Bunker Hill	6'06.00"	Quinton Lindsey	Thomasville	6'06.00"
2009	Jeffrey Johnson	J.H. Rose	6'08.00"	Billy Simiton	A.L. Brown	6'06.00"	Spenser Sydney	East Lincoln	6'08.00"	Justin Collier	Mt. Airy	6'04.00"
2010	Steven Bell	SE Raleigh	6'06.00"	Joseph Matthews	Western Harnett	6'06.00"	Tanner Anderson	East Burke	7'02.50"	Jurious Johnson	W-S Prep	6'04.00"
2011	Daryl Saunders	Garner	6'08.00"	Maurice Morgan	North Lenoir	6'06.00"	Will Thomas	Topsail	6'06.00"	Grant Rivers	Hendersonville	6'04.00"
2012	Jonathan Addison	Enloe	6'08.00"	Josh King	Fike	6'08.00"	Will Thomas	Topsail	6'08.00"	Grant Rivers	Hendersonville	6'06.00"
2013	Jesse Freeman	Harnett Central	6'06.00"	Jaquell Bryant	Rocky Mount	6'06.00"	Tevin Bates	Greene Central	6'06.00"	Samuel Allen	West Wilkes	6'08.00"
2014	Lamar Nobles	Holly Springs	6'06.00"	Christopher Garrick	Marvin Ridge	6'08.00"	Terrance Brown	North Brunswick	6'07.00"	Mason Fenner	Thomas Jefferson	6'04.00"
2015	Keon Howe	Mallard Creek	6'10.00"	Christopher Garrick	Marvin Ridge	6'08.00"	Desmond Lindsey	Forest Hill	6'06.00"	D.C. Braswell	Avery County	6'02.00"
2016	Joseph Ibrahim	West Forsyth	6'08.00"	J.T. Reid	Piedmont	6'04.00"	Desmond Lindsey	Forest Hill	6'08.00"	Jacob Lewis	Robbinsville	6'04.00"
2017	Seth Clyburn	West Forsyth	6'08.00"	Gabriel Stainback	Concord	6'06.00"	Jaquarii Roberson	Hertford County	6'06.00"	Denzel Hayes	Walkertown	6'06.00"
2018	Idris Bernard	Mallard Creek	6'08'00"	Jeremiah Ganaway	Hunt	6'06.00"	Landon Parker	Mount Pleasant	6'08.00"	Ysade Sykes	Weldon	6'04.00"
2019	Charles McBride	Apex	7'01.00"	Jieem Bullock	North Brunswick	6'08.00"	Alex Reavis	Bandys	6'08.00"	Ysade Sykes	Weldon	6'04.00"



Men's Outdoor Track State Individual Event Champions



POLE VAULT

1922	Roberts	Chapel Hill	10'00.25"	1942	No Record		1963	Johnson	Boyden	12'00.00"	
1923	Schlits	Charlotte Central	9'03.50"	1943	No Record		1964	Harold Lilly	New Bern	13'00.00"	
1924	Jack McDowell	Rockingham	9'06.00"	1944	Fred Boger	Charlotte Central	10'07.75"	1965	Harold Lilly	New Bern	13'01.25"
1925	Houston	Charlotte Central	9'02.00"		Nick Johnson	Fayetteville	10'07.75"	1966	Mac Crews	East Mecklenburg	13'00.00"
1926	Neiman	Charlotte Central	10'04.00"	1945	Nick Johnson	Fayetteville	10'10.00"	1967	Pat Hilliard	Salisbury	13'08.00"
1927	Neiman	Charlotte Central	11'00.00"	1946	Nick Johnson	Fayetteville	10'09.00"	1968	Vince Struble	Broughton	13'00.00"
1928	Houston	Charlotte Central	10'01.00"	1947	House	Durham	10'08.00"	1969	Richard McDuffie	Terry Sanford	13'06.00"
1929	Sikes	Edward Best	10'09.00"	1948	Boren	Curry	11'00.00"	1971	Jesse Ratliff	T.W. Andrews	14'00.75"
1930	Goodwin	Greensboro	10'10.25"	1949	Boren	Curry	11'03.00"	1972	David Turner	Broughton	14'02.00"
	Sykes	Spring Hope	10'10.25"	1950	Logan	Charlotte Central	11'00.00"	1973	David Robinson	Broughton	14'10.00"
1931	Norman	Greensboro	11'01.75"	1951	Logan	Charlotte Central	10'08.00"	1974	David Ward	Olympic	15'00.00"
1932	Norman Hendrix	High Point	10'08.00"	1952	Logan	Charlotte Central	11'08.00"	1975	Wayne Struble	Sanderson	13'06.00"
1933	Norman Hendrix	High Point	12'00.00"	1953	Upchurch	Raleigh	10'09.00"	1976	Tracey Lynne	Myers Park	14'00.00"
1934	Norman Hendrix	High Point	11'08.00"	1954	Upchurch	Raleigh	11'10.00"	1977	David Forsythe	South Granville	13'07.00"
1935	Freeman	Barium Springs	10'06.00"	1955	Walker	Charlotte Central	11'08.00"	1978	Alvin Charleston	East Rowan	15'01.00"
1936	Edwards	Kernersville	11'04.00"	1956	Bartley Tarlton	Charlotte Central	11'06.00"	1979	Alvin Charleston	East Rowan	14'00.00"
1937	McLeod	Sanford	11'00.00"		Johnson	Durham	11'06.00"	1980	Joshua Charleston	East Rowan	14'00.00"
1938	Garland Pendergraft	Durham	10'05.00"	1957	Heath Whittle	North Mecklenburg	12'01.00"	1981	Mike Thurber	J.H. Rose	15'02.00"
	Crater	Lewisville	10'05.00"		Howard Walker	Charlotte Central	12'01.00"	1982	Steve Edwards	Myers Park	14'00.00"
1939	Garland Pendergraft	Durham	11'06.00"	1958	Heath Whittle	North Mecklenburg	12'04.00"	1983	Donald Long	Thomasville	13'06.00"
1940	Creech	Old Richmond	10'09.00"	1959	Heath Whittle	North Mecklenburg	12'04.50"	1984	Mike Schell	White Oak	14'00.00"
	Saunders	High Point	10'09.00"	1960	Billy Peabody	Broughton	12'00.00"	1985	Tim Swain	Ledford	14'00.00"
1941	Cade	Rocky Mount	10'06.00"	1961	No Record						
	Allspaugh	R.J. Reynolds	10'06.00"	1962	Curtis White	Myers Park	12'00.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Bruce Raynor	Pine Forest	13'00.00"	Bruce Raynor	Pine Forest	13'00.00"	Phillipe Williams	Salisbury		13'06.00"					
1987	Sy Creed	Scotland County	14'00.00"	John Madsen	High Point Central	13'06.00"	Maxwell Thompson	Hendersonville		13'06.00"					
1988	Chris Lamb	Laney	13'06.00"	Bryant Noles	Sun Valley	13'06.00"	Maxwell Thompson	Hendersonville		14'00.00"					
1989	Maurice Hilliard	Smithfield-Selma	13'06'00"	Jeff Allen	East Wake	14'07.75"	Nathan Pardo	West Wilkes		13'07.50"					
1990	Ed Monroe	Pinecrest	14'00.00"	Eric Sellars	Western Alamance	13'06.00"	Josh Harrell	Northwood		13'06.00"					
1991	Bobby Hostler	Chapel Hill	13'00.00"	Shannon Pope	T.W. Andrews	14'09.00"	Reggie Pickett	East Duplin		12'00.00"					
1992	Richard Kratz	Ashbrook	14'00.00"	Shannon Pope	T.W. Andrews	15'03.75"	Cameron McIver	Fuquay-Varina		13'06.00"					
1993	Mike Welch	Millbrook	14'00.00"	Matt Jones	West Henderson	13'00.00"	Adrian Pitts	Manteo		12'06.00"					
4A				3A				2A				1A			
1994	Joel Freeman	Northern Nash	15'00.00"	Jay Kanekoa	North Buncombe	14'00.00"	Adrian Pitts	Manteo	13'00.00"	Bradley Hicks	North Stokes	14'00.00"			
1995	Jason Knightlinger	Northern Nash	13'00.00"	Ben Dorsey	Erwin	14'00.00"	Tim Thomas	North Henderson	13'06.00"	Torry Nergart	North Stokes	12'00.00"			
1996	Lito Ajejo	Freedom	13'06.00"	Bride McBride	NE Guilford	13'06.00"	Tim Thomas	North Henderson	14'09.00"	Justin Scott	Lejeune	12'06.00"			
1997	Dan Sarisky	Broughton	14'00.00"	Matt Price	East Rowan	14'06.00"	Galen Foreman	Hendersonville	12'06.00"	Tony Nergart	North Stokes	13'00.00"			
1998	Chris McMillian	Apex	13'00.00"	Matt Price	East Rowan	14'06.00"	Brian Pierce	Tarboro	14'00.00"	Randy Sutton	Graham	11'06.00"			
1999	Steve Taylor	Leesville Road	14'02.00"	Matt Price	East Rowan	15'00.00"	Brian Pierce	Tarboro	14'10.00"	Jonathan Walter	South Stanly	12'06.00"			
2000	Josh Hyde	Apex	14'06.00"	Clinton Taylor	Franklin	13'00.00"	Brandon Clark	Mount Pleasant	14'06.00"	Bryan Lashley	Starmount	12'06.00"			
2001	Chris Gross	Broughton	15'00.00"	Phillip Childers	South Point	14'00.00"	Jacob Twisdale	Northern Vance	14'06.00"	Terry Watson	North Stokes	14'03.75"			
2002	Chris Gross	Broughton	14'06.00"	PHillip Childers	South Point	14'06.00"	Ben Pierson	North Henderson	14'06.00"	Terry Watson	North Stokes	14'06.00"			
2003	Drew Lovette	Charlotte Vance	14'00.00"	Phillip Childers	South Point	14'06.00"	Kyle Lingafelt	Mount Pleasant	14'07.00"	Austin Patterson	South Stanly	14'03.00"			
2004	Kyle Spivey	South	14'06.00"	Nick Loper	Weddington	14'06.00"	Colton Weaver	North	15'00.00"	Austin Patterson	South Stanly	14'00.00"			
2005	Caleb Henley	South Rowan	15'00.00"	Daniel Keller	SW Guilford	15'09.00"	Louis Butler	T.W. Andrews	13'00.00"	Caleb Benton	Hendersonville	13'06.00"			
2006	Ryan Twiford	Clayton	14'06.00"	Ryan Oakes	White Oak	14'03.00"	Wesley Garren	East Henderson	14'01.00"	Jonathon Arthur	North Johnston	14'03.00"			
2007	Scott Houston	NW Guilford	15'05.00"	Ryan Oakes	White Oak	15'00.00"	Landon Patterson	Mount Pleasant	14'06.00"	Josh Wilmoth	North Stokes	12'00.00"			
2008	Scott Houston	NW Guilford	16'00.00"	Maverick Miles	South Rowan	16'00.00"	Josey Weaver	Madison	13'06.00"	Landon Hunt	Swain County	13'00.00"			
2009	Aaron Zakula	East Forsyth	15'06.00"	Evan Spence	Franklin	14'00.00"	Tyler Samotis	East Henderson	14'00.00"	Sean Nickell	North Stokes	13'00.00"			
2010	Henry Johnson	Smithfield-Selma	14'06.00"	Evan Webb	East Rowan	14'00.00"	Alex Lomax	Maiden	14'00.00"	Landon Hunt	Robbinsville	15'00.00"			
2011	John Mangum	Green Hope	15'00.00"	James Emrick	Franklin	13'06.00"	Alex Lomax	Maiden	14'00.00"	Eric DeOliveria	Pamlico	13'06.00"			
2012	Harrison Booth	Broughton	14'06.00"	Ian West	Fike	14'00.00"	Ethan Smith	Cedar Ridge	15'03.00"	Eric DeOliveria	Pamlico	13'00.00"			
2013	Joe Devries	Apex	14'00.00"	Ian West	Fike	15'01.00"	Ethan Smith	Cedar Ridge	15'00.00"	Matt Layne	West Wilkes	14'00.00"			
2014	Drew Pederson	Apex	15'06.00"	Ian West	Fike	15'06.00"	Nathan Flowers	Bandys	13'00.00"	Cooper Reinert	Swain County	12'06.00"			
2015	Keon Howe	Mallard Creek	16'00.00"	Ian West	Fike	16'00.00"	Johnathan Shingleton	North Pitt	13'06.00"	Laith Nickell	North Stokes	14'00.00"			
2016	Elijah Cole	Millbrook	15'06.00"	Bailey Frederick	Marvin Ridge	16'01.00"	Jon Ramsey	Bunker Hill	14'00.00"	Cooper Reinert	Swain County	13'00.00"			
							Tyler Fitzgerald	Surry Central	14'00.00"						
2017	Tyler Fitzgerald	Surry Central	14'00.00"	Brett Parks	White Oak	15'03.00"	Tyler Fitzgerald	Surry Central	14'00.00"	Zach Chesnet	North Stokes	14'00.00"			
2018	Spencer Evans	Lake Norman	15'06.00"	Ben Finger	North Gaston	15'06.00"	Juan Ochoa	North Davidson	14'00.00"	Jake Justice	Polk County	14'06.00"			
2019	Spencer Evans	Lake Norman	16'02.00"	Patrick Freeman	Mount Tabor	15'00.00"	Zane Andrews	South Point	14'00.00"	Jake Justice	Polk County	15'01.00"			



Men's Outdoor Track State Individual Event Champions



110 METER HIGH HURDLES (120 YARDS UNTIL 1980)

1922	McIver	Chapel Hill	16.20	1944	Eddie Butler	Winston-Salem	16.50	1966	Jeff Howser	Myers Park	14.30
1923	Ware	Charlotte Central	16'40	1945	B.K. Grown	Raleigh	16.30	1967	Paul Vincent	Myers Park	14.90
1924	G.H. Miller	Reidsville	16.50	1946	Morow	Charlotte Central	15.90	1968	Alfred Adams	Atkins	15.20
1925	Packer	High Point Central	15.20	1947	Beck	High Point	16.00	1969	Carlester Crumpler	Fike	14.50
1926	Milstead	Charlotte Central	15.00	1948	Beck	High Point	15.70	1970	Carlester Crumpler	Fike	14.30
1927	Reid	Charlotte Central	15.00	1949	Curtis Landon	Durham	15.10	1971	David Bracey	Laurinburg	14.00
1928	Reid	Charlotte Central	14.80	1950	Beall	R.J. Reynolds	15.60	1972	Charles Rhomes	Hillside	13.60
1929	E. Smith	New Hanover	16.20	1951	Bowden	Salisbury	16.50	1973	Jack Freeman	Northern Nash	14.20
1930	Wood	Charlotte Central	17.30	1952	Garland Thomas	Charlotte Central	15.30	1974	Tony Bauler	West Mecklenburg	13.70
1931	Hawthorne	Charlotte Central	16.20	1953	Woodall	Durham	15.60	1975	Marvin Rankins	Bertie	13.70
1932	Shipman	High Point	16.80	1954	Jim Hambright	Burlington	15.60	1976	Bobby Phillips	Union Pines	14.30
1933	Isenhour	Charlotte Central	16.80	1955	Lou Glascock	Greensboro	15.20	1977	Jerome Ballew	Seventy-First	14.02
1934	Umstead	Durham	16.70	1956	Lou Glascock	Greensboro	14.90	1978	Mike Benjamin	New Bern	14.12
1935	Potts	High Point	17.20	1957	Claude Gibson	Asheville	15.10	1979	Eddie Deatheridge	North Stokes	14.49
1936	Potts	High Point	16.20	1958	Wilford Turner	R.J. Reynolds	15.30	1980	Clyde Hunt	J.F. Webb	14.44
1937	Bill Mengel	Chapel Hill	15.80	1959	Bob Martin	Broughton	15.80	1981	William Cooper	East Forsyth	13.86
1938	Jack Taylor	R.J. Reynolds	15.20	1960	Jimmy Eads	Broughton	15.50	1982	John Boghans	Salisbury	14.52
1939	Mangum	R.J. Reynolds	15.30	1961	Milton Baugess	Northwest Forsyth	15.60	1983	Ellis Dillahunt	Jacksonville	14.61
1940	Hoot Brantley	Charlotte Central	15.50	1962	Reid Warren	R.J. Reynolds	14.80	1984	Isiah Parrish	Southern Durham	14.15
1941	Floyd Simmons	Charlotte Central	16.20	1963	Bill Rothwell	West Mecklenburg	15.10	1985	Larry Whiteside	Freedom	14.16
1942	Floyd Simmons	Charlotte Central	14.90	1964	Steve Laney	Garinger	14.80				
1943	No Record			1965	Jeff Howser	Myers Park	14.40				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Jeff Wilson	Western Guilford	14.25	Jeff Wilson	Western Guilford	14.25	Grover Hill	Hendersonville	14.75		
1987	Scott Fletcher	Parkland	13.92	Scott Grell	Western Alamance	14.60	Kevin Stephenson	Southwest Guilford	14.74		
1988	Larry Harrington	Millbrook	14.34	Bobby Bogan	Forest Hills	14.75	Mike Stinson	North Rowan	14.72		
1989	Larry Harrington	Millbrook	13.89	Derrick McClain	T.W. Andrews	14.66	Teddy Sherrod	Fuquay-Varina	14.90		
1990	Darrin Evans	Freedom	14.18	Duane Ross	North Gaston	14.94	William Robinson	Newton-Conover	14.79		
1991	Sam Mooring	South View	14.28	Lamont Cox	West Craven	14.57	Marvin Washington	East Bladen	14.86		
1992	Jeff Savage	Fike	14.44	Chris Heath	Tarboro	14.34	Adil Diggs	Thomasville	14.95		
1993	Jeff Savage	Fike	14.47	Bobby Tisdale	Western Guilford	14.40	Terry Corey	Warren County	14.84		

4A				3A				2A				1A			
1994	Tony Horne	Richmond	14.43	Allen Simmons	Southern Vance	14.68	Robert Steele	North Rowan	14.74	Seth Adams	Robbinsville	15.57			
1995	Jacobi Jones	Jacksonville	14.12	Rashawn Deans	Southern Nash	14.44	Robert Steele	North Rowan	14.50	Chris Bennett	Lakewood	15.57			
1996	Ramondo North	West Charlotte	14.44	Montral Hamrick	Shelby	14.18	Ezit Bennett	North Stanly	15.01	Omar Perkins	Williamston	15.61			
1997	Alvin Grimes	J.H. Rose	14.38	Rocco Papazachariou	Enka	14.92	Jermichael Watts	Bunker Hill	14.86	Warren Evans	North Brunswick	15.32			
1998	Jeremy Carter	Leesville Road	14.55	Arthur Deans	Southern Nash	14.40	John Whiteside	Brevard	14.49	Jason Mobley	Williamston	14.84			
1999	Tico Walters	Myers Park	14.53	Jovan Quarles	West Rowan	14.74	Chris Douglas	Bandys	14.18	Harlod Andrews	North Brunswick	15.28			
2000	Robert Boulware	Charlotte Vance	14.31	Jamel Brand	T.W. Andrews	14.26	Jonathan Bell	Tarboro	14.89	Antonio King	Cummings	14.59			
2001	Robert Boulware	Charlotte Vance	14.03	Jamel Brand	T.W. Andrews	14.62	Junior Bailey	Lincolnton	14.66	Mike Hinton	Cummings	14.88			
2002	Mike Loyd	Mount Tabor	14.12	Manny Lawson	Eastern Wayne	14.97	James Bailey	Lincolnton	14.31	Al Rush	South Stanly	14.32			
2003	Kris Fant	A.C. Reynolds	14.01	Montray Gilchrist	High Point Cen.	14.99	Antwan Graves	Western Guilford	14.62	Ty Gibbs	Robbinsville	14.62			
2004	Cade Liverman	A.C. Reynolds	14.41	Johnny Dutch	Clayton	14.16	Damien Burton	Cummings	14.63	Frankie Adams	Union	15.92			
2005	Charles Derrickson	Pine Forest	14.04	Johnny Dutch	Clayton	13.88	Damien Burton	Cummings	14.44	J. Cox	Starmount	15.71			
2006	Johnny Dutch	Clayton	13.55	Donta Dancy	Northern Nash	14.53	Frankie Waters	Brevard	14.65	Eric Thomas	South Stanly	15.18			
2007	Johnny Dutch	Clayton	13.39	Charles Lindsay	Parkland	14.04	John Bostick	North Rowan	14.11	Brandon Thurman	Midway	14.74			
2008	Spencer Adams	Butler	13.51	Jocobi Jenkins	Rocky Mount	14.40	John Bostick	North Rowan	14.10	Brandon Thurman	Midway	14.32			
2009	Wayne Davis	SE Raleigh	13.58	Cordell Livingston	SW Guilford	14.31	Johnathan Watlington	Cummings	15.23	David Lindsay	W-S Prep	14.24			
2010	Michael Moore	South View	14.53	Daishon Barger	West Rowan	14.39	Kendrick Smith	North Pitt	14.39	T.J. Wilson	Princeton	14.39			
2011	Stanley Broaden	Ashley	14.38	Isaiah Moore	Williams	14.24	Todd Gurley	Tarboro	14.13	Johnny Oglesby	North Rowan	14.62			
2012	Jordan Javadi	Providence	14.21	Wesley Tucker	Jacksonville	14.22	Isaiah Moore	Cummings	14.33	Johnny Oglesby	North Rowan	14.40			
2013	Malik Diggs	Scotland	14.40	Elijah Goins	Cox Mill	14.67	Isaiah Moore	Cummings	14.11	Sterling Jones	W-S Prep	14.74			
2014	Marcus Krah	Hillside	14.06	Damian Silver	Nash Central	14.28	Isaiah Moore	Cummings	13.97	Jathen Sales	East Wilkes	15.52			
2015	Emmanuel Jackson	Sanderson	13.70	Corey Thompson	East Gaston	14.49	Elliott Graves	Reidsville	14.22	Marquail Al-Montaser	Rosewood	15.57			
2016	Marcus Krah	Hillside	13.32	Earl Green	Southern Guilford	14.44	Elliott Graves	Reidsville	13.79	Jermaine Smith	South Creek	15.04			
2017	Cedric McGriff	Providence	14.25	Ben Shelley	Marvin Ridge	14.19	Jayhlen Washington	North Brunswick	14.05	Enoch Cheung	Raleigh Charter	15.06			
2018	Mekhi Dunlap	R.J. Reynolds	14.46	Aveon Reid	Forestview	14.52	Umar Abdul-Matin	Randleman	14.74	Mason King	Mountain Island Ch.	15.26			
2019	Kyle Lind	Olympic	14.01	Joshua Parks	A.L. Brown	14.24	Brendon Hodge	Croatan	14.69	Terrance Booth	Rocky Mount Prep	15.22			



Men's Outdoor Track State Individual Event Champions



100 METER DASH (100 YARDS UNTIL 1980)

1922	Branch	Selma	10.60	1943	No Record		1964	George Soule	Myers Park	9.90	
1923	Tucker	Laurinburg	10.60	1944	Phil Feeney	Greensboro	10.80	1965	George Soule	Myers Park	10.00
1924	R.W. Smith	Charlotte Central	10.60	1945	Laddie Terrell	Raleigh	10.60	1966	Lewis Jewell	Myers Park	9.90
1925	Hackney	Greensboro	10.30	1946	H. McDonald	Fayetteville	10.40	1967	Lewis Jewell	Myers Park	10.00
	Houghens	R.J. Reynolds	10.30	1947	McDonald	Fayetteville	10.60	1968	Ken Garrett	Terry Sanford	10.10
1926	Wade Ison	Charlotte	10.10	1948	Wadsworth	Raleigh	10.20	1969	Ken Garrett	Terry Sanford	9.90
1927	Farmer	New Hanover	10.40	1949	Bill McDaniels	Durham	10.10	1970	Jerry Stancil	East Montgomery	9.80
1928	Farmer	New Hanover	10.40	1950	Bill McDaniels	Durham	10.20	1971	Haywood Ray	Ligon	9.60
1929	Hancock	New Hanover	10.20	1951	Jimmy Hale	Greensboro	10.40	1972	Haywood Ray	Sanderson	9.60
1930	Goodwin	Greensboro	10.40	1952	Bobby Honeycutt	Durham	10.10	1973	Carter Suggs	Tarboro	9.30
1931	Gunter	Greensboro	10.50	1953	Bobby Honeycutt	Durham	10.30	1974	Carter Suggs	Tarboro	9.50
1932	Frank Sizemore	High Point	10.20		Bobby Honeycutt	Durham	10.20	1975	Calvin Alston	Charlotte Vance	9.70
1933	Spain	Durham	10.60	1955	Don Moss	Charlotte Central	10.20	1976	Otis Melvin	Terry Sanford	10.10
1934	Elmore Hackney	Durham	10.20	1956	Roy Bradley	Myers Park	10.10	1977	Darius Covington	Richmond	9.79
1935	Southerland	Durham	10.40	1957	Tom White	Durham	10.10	1978	Kelvin Bryant	Tarboro	9.80
1936	Johnson	Barium Springs	10.30					1979	Ricky White	Kinston	9.98
1937	Bill Wartman	Charlotte Central	10.30	1958	Travers Chiott	Asheville	10.20	1980	Alston Glenn	Northern Durham	10.53
1938	Bill Wartman	Charlotte Central	10.10	1959	Bill Houston	Myers Park	10.20	1981	Harvey McSwain	Shelby	10.62
1939	Joe Hornbuckle	Durham	10.40	1960	John McNinch	Garinger	10.40	1982	Nathan McCorkle	Newton-Conover	10.70
1940	Bill Lyon	Durham	10.20	1961	Wayne Serett	East Mecklenburg	10.20	1983	Lee McRae	Pembroke	10.53
1941	John Spearman	Greenville	10.40	1962	Dave Dunaway	Jacksonville	10.10	1984	Lee McNeill	St. Pauls	10.55
1942	No Record			1963	Dave Dunaway	Jacksonville	10.00	1985	Tim Worley	Lumberton	10.60

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Chuckie Simmons	Asheboro	10.53	Chuckie Simmons	Asheboro	10.53	Keith Collins	Southwest Onslow	10.94						
1987	Randy Jones	Glenn	10.40	Randy Jordan	Warren County	10.44	Walter Jones	Roanoke Rapids	10.70						
1988	A.J. McDonald	Richmond	10.80	Randy Jordan	Warren County	10.51	Jemal Jones	White Oak	10.96						
1989	Curtis Johnson	Ben L. Smith	10.53	Dean Lytle	Brevard	10.82	Reginald Atkinson	Greene Central	11.12						
1990	Harold Liles	Anson	10.79	Darius Brewington	T.W. Andrews	10.59	Robert Carelock	Monroe	11.02						
1991	Dave Adair	Garinger	10.61	Darius Brewington	T.W. Andrews	10.57	Travis Banks	Clinton	10.81						
1992	Stevie King	Southern Wayne	10.64	Chris Frazier	Statesville	10.98	Kevin Lotharp	Forest Hills	10.99						
1993	Alvis Whited	Orange	10.67	Darius Brewington	T.W. Andrews	10.54	L.C. Stevens	Clinton	11.06						
4A				3A				2A				1A			
1994	Theodore Chavis	Hillside	10.87	John Avery	Asheville	10.77	Marcus Gladden	North Rowan	10.72	Turell Little	East Montgomery	10.85			
1995	Chris Wylie	Myers Park	10.67	Tyrone Graham	T.W. Andrews	10.79	Bennie Geter	North Rowan	10.76	Turell Little	East Montgomery	11.02			
1996	Chris Justice	Grimsley	10.88	Corey Hill	West Brunswick	10.82	Desmond Adams	Salisbury	11.04	Miguel Ellis	Red Springs	11.29			
1997	Chris Justice	Dudley	10.52	Thomas Littlejohn	Asheville	10.80	Maurice Goode	Warren County	10.90	Rashawn Brown	South Robeson	11.13			
1998	Sean Jackson	Lumberton	10.76	Kelly Hardy	Kinston	10.70	Jason Green	North Henderson	10.80	K.J. Stone	Graham	10.89			
1999	Thomas Lewis	Douglas Byrd	10.65	Kelly Hardy	Kinston	10.81	Jason Green	North Henderson	10.86	B.J. Jessup	Elkin	10.93			
2000	Duan Barrino	Charlotte Vance	10.64	Lamont Reid	Central Cabarrus	10.94	Chuckie Reed	High Point Central	10.68	Frederick Fisher	Pamlico	10.98			
2001	Demarcus Fox	D.H. Conley	10.69	Martin Hicks	J.F. Webb	10.78	Michael Cunningham	Parkwood	10.97	Chad Jordan	Perquimans	10.97			
2002	Shaton Palmer	Millbrook	10.97	Travis Padgett	Crest	10.84	Tony Leath	Eastern Guilford	10.88	Trevan Davis	Thomasville	10.80			
2003	Corey Brown	West Charlotte	10.80	Jarnard Abernathy	East Gaston	10.78	Keith Chatman	Bandys	10.87	Jimmy Russell	Hendersonville	11.01			
2004	Chris Davis	Providence	10.63	Matt Pritchett	Enka	10.78	Willie Perry	West Caldwell	10.80	John Carr	Wallace-Rose Hill	10.91			
2005	J.R. Rogers	Sanderson	10.60	Jerek Hewett	West Brunswick	10.40	Willie Perry	West Caldwell	10.66	John Carr	Wallace-Rose Hill	11.07			
2006	Ricco Bell	Charlotte Vance	10.48	Atolani Akinkuotu	South Central	10.61	Phillip Bush	North Rowan	10.71	Antoinne McNeill	East Carteret	11.16			
2007	Trenton Guy Jr.	West Charlotte	10.53	Bryce Sherman	Carver	10.51	Phillip Bush	North Rowan	10.84	Corey Wilkerson	Jordan-Matthews	10.89			
2008	T.J. Graham	Wakefield	10.44	Darryl Williams	White Oak	10.65	Tobias Palmer	Northwood	10.58	Corey Wilkerson	Jordan-Matthews	10.71			
2009	Hunter Furr	Mount Tabor	10.65	Karl Clemens	Overhills	11.11	Romar Morris	Salisbury	10.80	Kadeem Harmon	W-S Prep	11.03			
2010	Mar-Keo Jones	Knightdale	10.86	Kendall Kee	Crest	10.84	Romar Morris	Salisbury	10.54	Herbert Robinson	West Montgomery	10.97			
2011	Keith Marshall	Millbrook	10.68	Harvey McSwain II	Crest	10.83	Kedrick Davis	Berry Academy	10.47	Freddie Parker	Albemarle	10.84			
2012	Jahmaal Daniel	Terry Sanford	10.55	Cameron Hudson	Berry Academy	10.47	Tevin Hester	Granville Central	10.56	Brandon Little	Monroe	10.91			
2013	Jahmaal Daniel	Terry Sanford	10.56	T.J. Logan	Northern Guilford	10.65	Maurice Eaddy	Jordan-Matthews	10.66	Trentavis Friday	Cherryville	10.48			
2014	Quashawn Cunningham	Mallard Creek	10.61	Jahmaal Daniel	Terry Sanford	10.62	Brian Sessoms	Carver	10.85	Trentavis Friday	Cherryville	10.59			
2015	Daniel Estrada	NW Guilford	10.46	Kadarius Lotharp	Sun Valley	10.35	Trey'l Beasley	Holmes	10.88	Jarius Collins	North Edgecombe	11.00			
2016	Cravont Charleston	Mallard Creek	10.38	Titus Toms	Burns	10.74	Tyshawn Smith	Lincolnton	10.65	Jeremiah Wilson	Riverside-Martin	11.04			
2017	Brandon Ray	Athens Drive	10.67	Mya Daye	Northern Vance	11.96	Bruce Squires	Chase	10.77	Araybian Lilly	West Montgomery	12.65			
2018	Jaylen Coleman	Porter Ridge	10.83	Cameron Council	Northwood	10.64	Josh Moore	West Craven	10.93	Josh Polk	Hobpton	10.92			
2019	Cameron Rose	Hickory Ridge	10.58	Emerson Douds	Weddington	10.77	Raheem Carson	Bunker Hill	11.01	Kimani McDaniels	Tarboro	10.88			



Men's Outdoor Track State Individual Event Champions



800 METER RUN (880 YARDS UNTIL 1980)

1922	Andrew Bell	Greensboro	2:11.00	1943	No Record			1965	Jeff West	Myers Park	1:56.20
1923	Isley	Friendship	2:21.60	1944	Bullock	Durham	2:10.40	1966	John Puckett	North Mecklenburg	1:57.30
1924	Gallagher	Charlotte Central	2:14.80	1945	Bullock	Durham	2:11.00	1967	Thompson	West Charlotte	1:58.00
1925	Harney	Greensboro	2:06.80	1946	Bullock	Durham	2:08.10	1968	Tommy Gibbons	Garinger	1:56.80
1926	Barbee	Charlotte Central	2:08.20	1947	Stegall	Charlotte Central	2:04.10	1969	Wesley Debnam	Broughton	1:55.30
1927	Phoenix	Greensboro	2:05.40	1948	Garrison	High Point		1970	Allen McDevitt	J.H. Rose	1:56.60
1928	Rankin	New Hanover	2:09.20	1949	Wesley Ledford	Raleigh	2:01.20	1971	John Brown	Myers Park	1:54.70
1929	Rankin	New Hanover	2:06.60	1950	Wesley Ledford	Raleigh	2:03.50	1972	Dan Quinn	Fike	1:54.10
1930	Rankin	New Hanover	2:03.40	1951	Spangler	R.J. Reynolds	2:05.40	1973	William Southerland	Charlotte Vance	1:55.50
1931	Turpie	Charlotte Central	2:05.80	1952	Whit Spearman	Charlotte Central	2:04.40	1974	Jeff Moody	Pinecrest	1:55.70
1932	Frazier	Oxford	2:06.80	1953	Borner	R.J. Reynolds	2:04.60	1975	Dennis Huntley	Bowman	1:54.90
1933	Sprye	High Point	2:05.00	1954	Dave Scurlock	Greensboro	2:01.80	1976	Jim Abbott	Cary	1:56.30
	Worth	Durham	2:05.00	1955	Dave Scurlock	Greensboro	1:56.20	1977	Robert Dancey	Tarboro	1:56.29
1934	Worth	Durham	2:06.60	1956	Ratcliff	R.J. Reynolds	2:02.10	1978	Robert Dancey	Tarboro	1:55.28
1935	Davis	Goldsboro	2:04.20	1957	Fred Wilson	East Mecklenburg	2:01.00	1979	Brett Plummer	Tarboro	1:55.40
1936	Sprye	High Point	2:05.50	1958	Reggie Cox	Chadbourn	2:04.50	1980	Greg Roseboro	Hillside	1:51.39
1937	Jordan	Durham	2:05.90	1959	Tom Stockton	Myers Park	2:00.50	1981	John Evans	North Forsyth	1:52.33
1938	Wise	Charlotte Central	2:09.30	1960	Arthur Jacobson	Lumberton	2:00.80	1982	Greg Richardson	Charlotte Vance	1:52.10
1939	Thomas	R.J. Reynolds	2:07.30	1961	Arthur Jacobson	R.J. Reynolds	2:05.50	1983	Brian Ponder	Enka	1:56.49
1940	Montgomery	High Point	2:06.40	1962	William Atwater	Siler City	2:03.10	1984	Jimmy Scott	Glenn	1:52.21
1941	Jim Reid	Charlotte Central	2:04.10	1963	Weldon	Myers Park	1:57.90	1985	Thayne Harmon	Garinger	1:55.54
1942	Jim Reid	Charlotte Central	2:02.30	1964	David Starnes	Hendersonville	1:56.90				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Jimmy Scott	Glenn	1:52.21	Jimmy Scott	Glenn	1:52.21	Allen McDevitt	Surry Central	1:59.20		
1987	Raphael Hightower	Kinston	1:55.39	Damon Josey	Concord	1:55.59	Allen McDevitt	Surry Central	1:55.91		
1988	Brad Carter	Reidsville	1:54.32	Chris Griggs	Eastern Guilford	1:56.15	Greg Taylor	Swain County	1:54.30		
1989	Brad Carter	Reidsville	1:52.96	Dustin Allred	Asheboro	1:58.56	Jeff Gallagher	Hendersonville	1:56.56		
1990	Michael James	Harding	1:51.99	Jason Newman	West Carteret	1:57.28	Jason Lawrence	Surry Central	1:59.19		
1991	Pete Zeman	Cary	1:56.14	Jason Newman	West Carteret	1:54.77	Jason Lawrence	Surry Central	1:58.46		
1992	Jon Austin	East Gaston	1:55.90	Albert Royster	Western Alamance	1:54.93	Matthew Allen	Monroe	1:56.71		
1993	Chris Mitchell	Williams	1:57.36	Reggie Pittman	Southeast Halifax	1:56.79	Brad Briggs	West Davidson	1:57.04		

4A				3A				2A				1A			
1994	Robbie Howell	Apex	1:53.56	Eli Huge	Franklin	1:55.80	Jason Taylor	West Wilkes	1:58.23	Shane Hull	Surry Central	2:02.85			
1995	Will Hodges	Watauga	1:57.53	Spencer Harris	Franklin	1:58.13	Jimmy Phillips	East Henderson	1:59.56	Jason Hartness	Murphy	2:02.98			
1996	Lamont Pennington	Hillside	1:56.02	Terrice McClain	Washington	1:58.31	Jimmy Phillips	East Henderson	1:57.01	Brad Schafer	Murphy	2:03.90			
1997	Lamont Pennington	Hillside	1:54.48	Dustin Tysinger	Central Davidson	1:59.10	Aaron Keller	North Henderson	2:00.83	Terry Speller	Williamston	2:01.88			
1998	Tron Chavis	Pinecrest	1:53.40	Ricardo Bell	Havelock	1:55.73	Sean Barnett	SW Onslow	1:59.15	Evan Rives	West Davidson	2:00.74			
1999	Irving Hunter	West Charlotte	1:57.41	Ricardo Bell	Havelock	1:54.45	Robbie West	North Henderson	2:00.00	Evan Rives	West Davidson	2:00.49			
2000	Brian Greer	Watauga	1:56.48	Bobby Moffat	Fuquay-Varina	1:56.91	Amiean Kelly	Surry Central	1:59.04	Mathew Gibby	West Davidson	1:57.81			
2001	Hunter Graham	R.J. Reynolds	1:56.06	Adam McGugan	Western Guilford	1:55.74	Aaron Grant	North Henderson	1:59.97	Mathew Gibby	West Davidson	1:55.23			
2002	Matt Debole	Mount Tabor	1:56.13	Travis Campbell	Enka	1:59.02	Bryan Burney	Eastern Alamance	1:54.68	Mathew Gibby	West Davidson	2:01.40			
2003	Doug Noreen	Apex	1:53.71	Jason Newman	Mooresville	1:57.09	Aaron Grant	North Henderson	1:56.38	Dustin Carlson	Swain County	2:01.44			
2004	Brandon Jones	Independence	1:52.72	Nate Styron	White Oak	1:57.61	Aaron Mabry	Pisgah	1:56.97	Mark DeWeese	Murphy	1:59.19			
2005	Lamarr Davis	East Wake	1:53.74	Brian Burkhardt	Weddington	1:57.51	Weston Lawler	First Flight	1:56.48	Mark DeWeese	Murphy	2:01.26			
2006	Dylan Ferris	East Forsyth	1:51.95	Josh Morgan	T.C. Roberson	1:56.63	Drew Tucker	West Stokes	1:52.73	Sam Brison	South Stokes	2:00.83			
2007	Dylan Ferris	East Forsyth	1:51.48	Michael Allen	Ragsdale	1:58.72	Drew Tucker	West Stokes	1:54.21	Philip Curley	NCSSM	1:57.57			
2008	Dylan Ferris	East Forsyth	1:52.32	Isaac Presson	Asheville	1:58.05	John Schilkowsky	Patton	1:57.28	John Wolfe	Polk County	1:58.46			
2009	Anthony Hendrix	New Bern	1:54.12	David McCuiston	Marvin Ridge	1:54.90	John Schilkowsky	Patton	1:54.04	John Wolfe	Polk County	1:55.50			
2010	Clyde Wilson	Jack Britt	1:54.72	Isaac Presson	Asheville	1:52.07	Aaron Combs	Starmount	1:53.40	Matus Kriska	Mt. Airy	1:59.40			
2011	Carl Walton	NW Guilford	1:54.60	Michael Tamayo	Eastern Alamance	1:54.05	Michael Jushchuk	Carrboro	1:59.72	Chris Hack	Lake Norman Char.	1:59.83			
2012	Craig Engels	Reagan	1:54.43	John Crossley	West Carteret	1:54.48	Cannon Heath	South Lenoir	1:56.50	Zach Millsaps	Elkin	1:58.94			
2013	Philip Hall	Terry Sanford	1:52.84	John Crossley	West Carteret	1:54.14	Jason Barber	West Stokes	1:58.34	Elijah Inuwa	Central Academy	1:58.75			
2014	Dakota Schuab	Pine Forest	1:52.89	Jon Knight	Northern Guilford	1:52.30	Elijah Inuwa	Central Academy	1:55.78	Justin Kenard	North Stokes	1:59.01			
2015	Vincent Crisp	N. Mecklenburg	1:52.57	Tanis Baldwin	East Henderson	1:52.11	Elijah Inuwa	Central Academy	1:51.70	Justin Kenard	North Stokes	1:58.44			
2016	Jayquan Williams	Green Hope	1:51.46	Noah Shore	Asheville	1:56.23	Daniel Alvarez-Orlachia	Surry Central	1:57.51	Jeremy Kankula	Atkins	1:59.57			
2017	Andrew Brooks	Broughton	1:53.88	Ricky Kidwell	Swansboro	1:56.11	Daniel Alvarez-Orlachia	Surry Central	1:56.81	Jeremy Kankula	Atkins	2:00.48			
2018	Ian Delgado	Green Hope	1:53.38	Kyle Durham	Weddington	1:54.63	Michael Quispe	Croatan	1:54.89	Everette Rhymer	South Davidson	1:58.06			
2019	Kyle Goodman	E. Mecklenburg	1:51.97	Kyle Durham	Weddington	1:51.72	Zach Hughes	First Flight	1:55.89	Christopher Lomax	Elkin	1:56.78			



Men's Outdoor Track State Individual Event Champions



1600 METER RUN (1 Mile UNTIL 1980)

1921	Andrew Bell	Greensboro	4:54.20	1943	No Record		1965	Truett Goodwin	Durham	4:22.00	
1922	Andrew Bell	Greensboro	4:51.00	1944	Piephoff	Greensboro	4:47.00	1966	Ken Helms	East Mecklenburg	4:24.30
1923	Fogleman	High Point	4:55.40	1945	Powell	Durham	4:50.50	1967	Frank Spratt	Chapel Hill	4:17.70
1924	Gallagher	Charlotte Central	4:57.00	1946	Bobby Byrd	Durham	4:44.00	1968	Silas Mayfield	Hillside	4:17.30
1925	Barclay	Statesville	4:44.50	1947	Bobby Byrd	Durham	4:44.00	1969	Jim Wilkins	Roxboro	4:16.10
1926	Phoenix	Greensboro	4:49.00	1948	Bobby Byrd	Durham	4:36.90	1970	Jim Wilkins	Roxboro	4:15.20
1927	Phoenix	Greensboro	4:47.30	1949	Bobby Byrd	Durham	4:31.60	1971	Joe Browder	Grimsley	4:18.60
1928	Phoenix	Greensboro	4:46.20	1950	Shockley	Raleigh	4:39.00	1972	Tom Ward	Chapel Hill	4:14.20
1929	Jones	Asheville	4:40.60	1951	Newman	High Point	4:53.70	1973	Tom Ward	Chapel Hill	4:14.00
1930	Williamson	High Point	4:41.00	1952	Jim Beatty	Charlotte Central	4:40.50	1974	Henry Jones	Ashbrook	4:09.80
1931	Seaman Hudson	Raleigh	4:36.40	1953	Jim Beatty	Charlotte Central	4:31.90	1975	Dennis Huntley	Bowman	4:15.50
1932	Frazier	Oxford	4:43.40	1954	Rigsbee	Hillsborough	4:43.70	1976	David Eakins	East Durham	4:19.90
1933	Morse	Charlotte Central	4:43.20	1955	Cowles Leippert	R.J. Reynolds	4:41.10	1977	Leland Adams	Asheville	4:22.65
1934	Holt	Old Town	4:40.00	1956	Cowles Leippert	R.J. Reynolds	4:38.50	1978	Glenn Sparrow	South Point	4:17.15
1935	Hendrix	Greensboro	4:46.00	1957	Jerry Fincher	East Mecklenburg	4:34.00	1979	Gelnn Sparrow	South Point	4:19.90
1936	Chastain	High Point	4:53.00	1958	David Gilmore	Myers Park	4:28.80	1980	Jeff Hutchinson	West Rowan	4:08.01
1937	Hanes	Charlotte Central	4:40.60	1959	Eddie West	Myers Park	4:25.00	1981	Greg Richardson	Charlotte Vance	4:15.70
1938	Vawter	R.J. Reynolds	4:51.50	1960	Rocky Soderburg	Garinger	4:23.00	1982	Greg Richardson	Charlotte Vance	4:16.58
1939	Moore	Rural Hall	4:45.80	1961	Rocky Soderburg	Garinger	4:28.40	1983	Jim Farmer	Broughton	4:13.10
1940	Tyndall	Greenville	4:42.80	1962	No Record			1984	Reggie Littlejohn	A.L. Brown	4:13.78
1941	Julian McKenzie	Salisbury	4:31.80	1963	Gibbons	Garinger	4:28.00	1985	Thayne Harmon	Garinger	4:19.41
1942	No Record			1964	Truett Goodwin	Durham	4:28.90				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Paul DeWitt	Cary	4:19.59	Paul DeWitt	Cary	4:19.59	John High	Zebulon	4:30.23						
1987	Eric Hichman	Ashbrook	4:15.06	Shannon Reynolds	Western Harnett	4:19.11	Donald Jenkins	Salisbury	4:27.33						
1988	Vince Howard	Page	4:19.43	Chris Griggs	Eastern Guilford	4:20.80	Mark Birens	Monroe	4:24.65						
1989	Nelson Solorzano	Douglas Byrd	4:25.71	Robbie Sellati	Sun Valley	4:24.46	John Cuthrell	Roanoke Rapids	4:25.93						
1990	Jamie Griggs	Eastern Guilford	4:24.88	Jamie Griggs	Eastern Guilford	4:24.88	Lemuel Anderson	Manteo	4:28.17						
1991	paul Kinser	Page	4:21.09	Eric Pragle	North Buncombe	4:16.56	Jason Lawrence	Surry Central	4:26.10						
1992	John Cline	Myers Park	4:23.79	Reginald Pittman	Southeast Halifax	4:20.66	Jon Weldon	Thomasville	4:27.92						
1993	Robert Easter	Garinger	4:19.01	Bryan Zmijewski	Sun Valley	4:21.22	Jon Weldon	Thomasville	4:21.95						
4A				3A				2A				1A			
1994	Robbie Howell	Apex	4:15.40	Eli Huge	Franklin	4:19.33	Jon Weldon	Thomasville	4:19.54	Shane Hull	Surry Central	4:30.28			
1995	Will Hodges	Watauga	4:17.37	Jeff Conelly	North Buncombe	4:23.18	Bill Jackson	SE Guilford	4:23.83	Mike Perry	Lejeune	4:30.60			
1996	Lamont Pennington	Hillside	4:22.24	Jason Dingess	Statesville	4:30.78	Aaron Keller	North Henderson	4:18.56	Lee Marrow	South Davidson	4:34.38			
1997	Lamont Pennington	Hillside	4:18.42	Darrell Metcalf	North Buncombe	4:30.75	Aaron Keller	North Henderson	4:25.35	Alan Marion	Surry Central	4:36.97			
1998	Bradsher Wilkins	Orange	4:17.42	Darrell Metcalf	North Buncombe	4:23.90	Allan Marion	Surry Central	4:27.84	Matt McRae	Murphy	4:37.30			
1999	Ricky Brookshire	Watauga	4:23.40	Jessie Norman	Fuquay-Varina	4:25.13	Shiloh Mielke	North Henderson	4:30.38	D.J. Dore	Durham Magnet	4:34.20			
2000	Ricky Brookshire	Watauga	4:07.99	Nate McCall	East Lincoln	4:27.97	John Henderson	North Henderson	4:29.49	Jeffrey Sparks	Tar Heel	4:40.72			
2001	Stephen Haas	N. Mecklenburg	4:16.29	Phillip Stafford	NW Cabarrus	4:23.92	Mark Hoffman	Lincolnton	4:26.90	Casey Xiong	Albemarle	4:31.93			
2002	Matt Debole	Mount Tabor	4:13.75	Lance Hall	Ragsdale	4:28.87	David Blackley	Shelby	4:30.54	Chris Hiatt	Surry Central	4:27.11			
2003	Matt Debole	Mount Tabor	4:09.64	Brandon Helms	Piedmont	4:23.48	Daniel Slayden	Reidsville	4:31.50	Aaron Frost	Swain County	4:38.06			
2004	Chase Eckard	South	4:15.52	Jeremy Hyder	Hickory	4:23.96	Richard Bernard	Charlotte	4:26.45	Mark DeWeese	Murphy	4:34.18			
2005	Jack Bolas	Chapel Hill	4:08.23	Will Collins	Eastern Wayne	4:23.60	Alexis Torre	Gray's Creek	4:23.06	Mark DeWeese	Murphy	4:29.14			
2006	Jack Bolas	Chapel Hill	4:04.38	Josh Morgan	T.C. Roberson	4:23.41	Sean Sewell	Cardinal Gibbons	4:24.58	Sam Brison	South Stokes	4:34.25			
2007	Dylan Ferris	East Forsyth	4:14.12	Ryan Hill	Hickory	4:23.96	Sean Sewell	Cardinal Gibbons	4:17.69	Philip Curley	NCSSM	4:28.65			
2008	Dylan Ferris	East Forsyth	4:17.96	Patrick Campbell	Mooresville	4:18.16	Jeremy Gerlach	Cedar Ridge	4:28.90	John Wolfe	Polk County	4:26.34			
2009	Zak Roshdy	Green Hope	4:16.32	Steven Bollinger	Olympic	4:20.15	Chase Miller	Wilkes Central	4:58.68	John Wolfe	Polk County	4:26.64			
2010	Blake Williams	No. Durham	4:13.11	Issac Presson	Asheville	4:15.99	Chase Miller	Wilkes Central	4:28.28	Matus Kriska	Mt. Airy	4:33.89			
2011	Blake Williams	No. Durham	4:19.20	Braedon Koerwitz	J.M. Robinson	4:18.80	Brather Cline	East Lincoln	4:30.36	Matus Kriska	Mt. Airy	4:24.55			
2012	Craig Engels	Reagan	4:18.24	Jimmy Hollingsworth	Northern Guilford	4:20.36	A.J. Tucker	Cedar Ridge	4:22.47	Levi Rolles	NCSSM	4:25.34			
2013	Philip Hall	Terry Sanford	4:13.03	John Crossley	West Carteret	4:21.25	A.J. Tucker	Cedar Ridge	4:21.23	Zach Boone	Mitchell	4:31.22			
2014	Ian Milder	Mount Tabor	4:15.63	Philip Hall	Terry Sanford	4:16.11	Blanton Gillespie	Shelby	4:28.11	Chris O'Brien	Raleigh Charter	4:31.22			
2015	Philip Hall	South View	4:12.07	Tanis Baldwin	East Henderson	4:17.10	Blanton Gillespie	Shelby	4:24.40	Zach Boone	Mitchell	4:24.51			
2016	Kenny Kneisel	Mount Tabor	4:15.08	Noah Shore	Asheville	4:14.48	Noah Graham	Brevard	4:26.69	Adam Urbaniuk	Hayesville	4:30.29			
2017	Connor Lane	Cardinal Gibbons	4:17.58	Haven Honeycutt	Asheville	4:19.94	Noah Graham	Brevard	4:23.52	Luke Bennett	Voyager Academy	4:30.11			
2018	Ian Delgado	Green Hope	4:18.56	Laderique McNeill	Harnett Central	4:14.14	Skylar Stultz	First Flight	4:20.52	Lucas Brown	Queens Grant	4:28.60			
2019	Anton Idhammar	Cary	4:15.55	Kyle Stamper	Cuthbertson	4:22.04	Jason Thomson	North Lincoln	4:22.07	Brent Surratt	South Davidson	4:19.06			



Men's Outdoor Track State Individual Event Champions



200 METER DASH (220 YARDS UNTIL 1980)

1922	Branch	Selma	24.00	1944	Phil Feeney	Greensboro	23.50	1966	Lewis Jewell	Myers Park	21.70
1923	Councilman	Burlington	26.40	1945	Laddie Terrell	Raleigh	23.80	1967	Lewis Jewell	Myers Park	22.10
1924	R.W. Smith	Charlotte Central	24.30	1946	Breedon	Greensboro	23.00	1968	McGrew Booker	Jacksonville	22.00
1925	Houghens	R.J. Reynolds	23.00	1947	Jimmy Cain	Raleigh	22.40	1969	Pike Jones	Myers Park	21.70
1926	Wade Ison	Charlotte Central	22.60	1948	Talmadge Henry	Greensboro	22.90	1970	Pike Jones	Myers Park	21.80
1927	Farmer	New Hanover	22.80	1949	Jones	High Point	22.80	1971	Dennis Jones	Rocky Mount	21.80
1928	Farmer	New Hanover	23.40	1950	William McDaniels	Durham	23.10	1972	Charles Romes	Hillside	21.90
1929	Hancock	New Hanover	22.60	1951	Jimmy Hale	Greensboro	22.40	1973	Carter Suggs	Tarboro	21.10
1930	Goodwin	Greensboro	23.20	1952	Bobby Honeycutt	Durham	22.50	1974	Carter Suggs	Tarboro	21.00
1931	Frank Sizemore	High Point	22.40	1953	Bobby Honeycutt	Durham	23.00	1975	Anthony Parker	West Mecklenburg	21.40
1932	Frank Sizemore	High Point	22.80	1954	Bobby Honeycutt	Durham	22.40	1976	Otie Melvin	Terry Sanford	21.00
1933	Spain	Durham	na	1955	Don Moss	Charlotte Central	22.80	1977	Derius Covington	Richmond	21.42
1934	Elmore Hackney	Durham	22.00	1956	West	Greenville	22.70	1978	Jeff Cairo	Jacksonville	21.66
1935	Southerland	Durham	22.90	1957	Scot Bowers	Broughton	22.50	1979	Kelvin Bryant	Tarboro	21.60
1936	Johnson	Barium Springs	23.00	1958	Bill Houston	Myers Park	21.60	1980	Alston Glenn	Northern Durham	21.02
1937	Bill Wartman	Charlotte Central	22.80	1959	Bill Houston	Myers Park	22.00	1981	Alston Glenn	Northern Durham	21.44
1938	Bill Wartman	Charlotte Central	22.60	1960	John McNinch	Garinger	22.70	1982	Nathan McCorkle	Newton-Conover	21.30
1939	Joe Hornbuckle	Durham	23.10	1961	Wayne Serett	East Mecklenburg	22.70	1983	Daron Council	Lee County	21.15
1940	Bill Lyon	Durham	22.50	1962	Dave Dunaway	Jacksonville	21.60	1984	Lee McNeill	St. Pauls	21.23
1941	John Spearman	Greenville	23.20	1963	Dave Dunaway	Jacksonville	21.50	1985	Tim Worley	Lumberton	21.66
1942	No Record			1964	Carroll Maxwell	Hendersonville	21.40				
1943	No Record			1965	George Soule	Myers Park	21.70				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Randy Jones	Glenn	21.30	Randy Jones	Glenn	21.30	Richard Wright	St. Pauls	22.20						
1987	Randy Jones	Glenn	21.55	Randy Jordan	Warren County	21.20	Roosevelt Colson	Whiteville	21.87						
1988	Rayford Phillips	Independence	21.63	Randy Jordan	Warren County	21.28	Adam Boyd	Salisbury	22.02						
1989	Clyde Stephens	Hillside	21.92	Dean Lytle	Brevard	21.49	Andre Steele	Salisbury	21.91						
1990	Dave Adair	Garinger	21.42	Darius Brewington	T.W. Andrews	21.51	Robert Carelock	Monroe	21.99						
1991	Dave Adair	Garinger	21.31	Darius Brewington	T.W. Andrews	21.23	Mike Dowby	East Montgomery	22.11						
1992	Pablo Smith	Glenn	21.62	Steve McKnight	A.L. Brown	22.23	Kevin Lotharp	Forest Hills	21.95						
1993	Alvis Whited	Orange	21.21	Darius Brewington	T.W. Andrews	21.24	Kevin Lotharp	Forest Hills	22.21						
4A				3A				2A				1A			
1994	Theodore Chavis	Hillside	21.59	Chris Frazier	Statesville	21.86	Keith Marrow	Ayden-Grifton	21.69	Saleem Lopez	Roanoke	22.08			
1995	Ramondo North	West Charlotte	21.45	Yieta Johnson	Havelock	22.26	Bennie Geter	North Rowan	22.02	Turell Little	East Montgomery	22.70			
1996	Ramondo North	West Charlotte	21.66	Yieta Johnson	Havelock	22.28	Bennie Geter	North Rowan	21.88	Derek Stiles	Camden	22.80			
1997	Darren Tuitt	E. Mecklenburg	21.37	Thomas Littlejohn	Asheville	22.04	Jontae Snipes	Eastern Alamance	22.11	Brian Waters	SW Onslow	22.80			
1998	Charles Hawkins	Seventy-First	21.64	Marcus O'Neal	Dudley	21.53	Billy Blackstock	Reidsville	21.82	Seneca Rogers	Cummings	22.75			
1999	Duan Barrino	Charlotte Vance	21.35	Derrick High	Southern Nash	21.94	Jason Green	North Henderson	22.49	B.J. Jessup	Elkin	22.57			
2000	Donnie Beamer	Independence	21.44	Jeremy Holman	Hillside	22.16	Emmanuel Carr	Wallace-Rose Hill	22.06	Frederick Fisher	Pamlico	22.25			
2001	Donnie Beamer	Independence	21.22	Brett Wilson	Northeast Guilford	22.14	Emmanuel Carr	Wallace-Rose Hill	21.85	Chad Jordan	Perquimans	22.46			
2002	Mike Loyd	Mount Tabor	21.44	Manny Lawson	Eastern Wayne	22.09	Albert Ashcraft	Monroe	22.11	Trevan Davis	Thomasville	22.39			
2003	Corey Brown	West Charlotte	21.58	Joel Jackson	T.C. Roberson	22.04	Albert Ashcraft	Monroe	21.86	Jimmy Russell	Hendersonville	22.17			
2004	Johnathon Hancock	West Charlotte	21.74	Matt Pritchett	Enka	21.55	Willie Perry	West Caldwell	21.89	Brandon Small	Lejeune	22.56			
2005	J-Mee Samuels	Mount Tabor	20.61	Jerek Hewett	West Brunswick	21.32	Willie Perry	West Caldwell	21.98	John Carr	Wallace-Rose Hill	22.72			
2006	Brandon Banks	Garner	21.55	Atolani Akinkuotu	South Central	21.96	Brandon Ashcraft	Monroe	22.26	Antoinne McNeil	East Carteret	21.72			
2007	Antonio Sales	East Chapel Hill	21.34	Bryce Sherman	Carver	21.43	Phillip Bush	North Rowan	21.66	Lamar Whidbee	Perquimans	22.20			
2008	T.J. Graham	Wakefield	20.82	Darryl Williams	White Oak	21.45	Jamaal Williams	SW Onslow	21.87	Corey Wilkerson	Jordan-Matthews	22.02			
2009	Hunter Furr	Mount Tabor	21.37	Brandon Hairston	Carver	22.40	Romar Morris	Salisbury	21.85	Thomas Fryar	Jones	21.90			
2010	Mar-Keo Jones	Knightdale	21.68	Eric Winfrey	Douglas Byrd	21.58	Romar Morris	Salisbury	21.47	C.J. Brinson	W-S Prep	22.23			
2011	Anthony Bynum	Hopewell	21.33	Harvey McSwain	Crest	21.50	Camron Hudson	Berry Academy	21.33	Herbert Robinson	West Montgomery	22.03			
2012	Joseph Horton	Knightdale	21.03	T.J. Logan	Northern Guilford	21.54	Cameron Cooper	Cedar Ridge	21.85	Jaquil Capel	West Montgomery	22.03			
2013	Jahmaal Daniel	Terry Sanford	21.39	T.J. Logan	Northern Guilford	21.61	James Drummond	Lexington	21.23	Trentavis Friday	Cherryville	21.71			
2014	Quashawn Cunningham	Mount Tabor	21.53	Jahmaal Daniels	Terry Sanford	22.02	Brian Sessoms	Carver	21.88	Trentavis Friday	Cherryville	20.95			
2015	Christian Bass	Wake Forest	21.24	Kadarius Lotharp	Sun Valley	21.54	Brian Sessoms	Carver	21.73	Tyreik Gaskin	Southside	22.65			
2016	Dontavian Smith	Person	21.51	Nadir Thompson	Southern Nash	21.55	Bruce Squires	Chase	21.89	Josh Polk	Hobpton	21.82			
2017	Ishaq Smith	North Mecklenburg	21.83	Cameron Council	Northwood	21.74	Bruce Squires	Chase	22.10	Josh Polk	Hobpton	21.76			
2018	Cameron Rose	Hickory Ridge	21.74	Cameron Council	Northwood	21.41	Josh Moore	West Craven	21.96	Josh Polk	Hobpton	21.94			
2019	Cameron Rose	Hickory Ridge	21.37	Emerson Douds	Weddington	21.78	Jenovah McKiver	T.W. Andrews	21.97	Kimani McDaniels	Tarboro	21.77			



Men's Outdoor Track State Individual Event Champions



400 METER DASH (440 YARDS UNTIL 1980)

1921	Koenig	Greensboro	53.60	1943	No Record		1965	Jeff Prather	West Mecklenburg	49.20	
1922	Waldo	Wilson	54.40	1944	Roy McKnight	Charlotte Central	53.00	1966	Gary Tratto	Harding	50.50
1923	Wyrick	Greensboro	57.60	1945	Cave	Raleigh	54.00	1967	Ed Camp	West Charlotte	50.20
1924	R. Wilkins	Greensboro	57.40	1946	Jimmy Cain	Raleigh	52.70	1968	Thomas Little	R.J. Reynolds	49.30
1925	Packer	High Point Central	55.00	1947	Jimmy Cain	Raleigh	50.50	1969	Ron Hunt	Jacksonville	49.50
1926	Farris	Charlotte Central	53.80	1948	Jones	High Point	52.80	1970	Whitfield	Hillside	49.70
1927	Payne	Asheville	53.80	1949	Propst	Charlotte Central	51.80	1971	Richard Holmes	Smithfield	48.60
1928	Ilsen	New Hanover	54.60	1950	Wesley Ledford	Raleigh	52.90	1972	Wayne Douthit	R.J. Reynolds	48.90
1929	Meacham	Charlotte Central	53.80	1951	Stone	Durham	54.60	1973	Fred Cundiff	Ben L. Smith	49.20
1930	Robinson	New Hanover	53.60	1952	Massey	Charlotte Central	51.10	1974	Ron Davis	Durham	48.50
1931	James Montgomery	High Point	53.00	1953	Harwood	R.J. Reynolds	52.30	1975	Jim Parrott	Pisgah	48.40
1932	James Montgomery	High Point	52.80	1954	Johnson	Burlington	51.70	1976	James Fields	New Bern	48.10
1933	McNulty	R.J. Reynolds	53.00	1955	Tommy Hutchins	Charlotte Central	52.00	1977	Broderick Bennett	East Mecklenburg	48.52
1934	Southerland	Durham	53.20	1956	Bobby Powell	Myers Park	50.10	1978	Carlton Bell	Tarboro	48.86
1935	James	Goldsboro	54.20	1957	Jimmy Mooney	Myers Park	50.70	1979	Carlton Frazier	East Mecklenburg	48.31
1936	Sprye	High Point	52.90	1958	Jimmy Mooney	Myers Park	50.50	1980	Carlton Frazier	East Mecklenburg	47.36
1937	Jimmy Williams	Durham	52.70	1959	Larry Budd	R.J. Reynolds	52.10	1981	Reuben Pierce	E.E. Smith	48.17
1938	Dalton Clower	R.J. Reynolds	53.70	1960	Tom Hunter	Chapel Hill	51.80	1982	Chris Brooks	Broughton	47.30
1939	Dalton Clower	R.J. Reynolds	52.30	1961	Steve Phile	R.J. Reynolds	51.20	1983	Delton Hall	Grimsley	46.41
1940	Dalton Clower	R.J. Reynolds	50.90	1962	No Record			1984	Shane Manuel	Washington	48.35
1941	Dalton Clower	R.J. Reynolds	51.80	1963	Carroll Maxwell	Hendersonville	50.00	1985	Michael Brooks	Page	47.56
1942	No Record			1964	Carroll Maxwell	Hendersonville	48.30				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Keith Malone	Grimsley	48.25	Keith Malone	Grimsley	48.25	Jemal Jones	White Oak	49.00						
1987	Dennis Waddell	Charlotte Vance	47.98	Elliot Armstrong	Asheboro	48.20	Walter Jones	Roanoke Rapids	49.04						
1988	Doramus Brewer	Hillside	47.63	Brian Davis	Southern Durham	49.42	Andre Steele	Salisbury	48.28						
1989	Steve Brown	Millbrook	48.05	Dion Mapp	Cummings	47.69	Andre Steele	Salisbury	47.41						
1990	Dave Adair	Garinger	47.20	Andre Steele	Salisbury	47.51	Jeremiah Williams	Clinton	49.16						
1991	Dave Adair	Garinger	46.91	Andre Steele	Salisbury	46.86	Preston Thomas	Northwood	48.95						
1992	Lewis Harris	Anson County	49.01	Noel Peterkin	T.W. Andrews	48.23	Preston Thomas	Northwood	48.78						
1993	Reggie Love	Hillside	48.34	Rakeem Felton	Cummings	48.95	Bruce Smith	Weldon	49.19						
4A				3A				2A				1A			
1994	Jasmine Johnson	Harding	48.49	Derrick Hylton	Bartlett Yancey	50.12	Marcus Gladden	North Rowan	48.50	Bree Smith	Weldon	49.13			
1995	Chris Wylie	Myers Park	46.97	Chris Waters	Franklin	49.08	Michael Miller	East Duplin	48.72	Aswad Credle	Pamlico	50.99			
1996	Tyrone Dozier	Leesville Road	48.01	Chris Waters	Franklin	49.19	Saladine Peets	Albemarle	49.90	Jared Maliska	Hayesville	50.80			
1997	Tyrone Dozier	Leesville Road	47.50	Keddrain Bowen	Washington	48.79	Jontae Snipes	Eastern Alamance	49.86	Jared Maliska	Hayesville	50.22			
1998	Monterrio Adams	Ashbrook	48.73	Tim Wells	Fike	50.05	Billy Blackstock	Reidsville	49.25	Seneca Rogers	Cummings	50.31			
1999	Keith McMillian	Southern Wayne	47.49	Derrick High	Southern Nash	47.92	Charlie Drummond	Newton-Conover	51.06	Dontae Morgan	Cummings	50.16			
2000	Chris Martin	East Mecklenburg	48.06	Monterrio Adams	Forestview	48.71	Charlie Drummond	Newton-Conover	49.71	Gwyhan Parker	Red Springs	50.56			
2001	B.J. Henderson	Sanderson	49.18	Brett Wilson	Northeast Guilford	47.10	Emmanuel Carr	Wallace-Rose Hill	49.65	Deronte Polite	Pamlico	50.32			
2002	Andrew Pearman	South Mecklenburg	48.20	Marques Wollford	White Oak	48.76	Andrew Barber	T.W. Andrews	48.65	Mathew Gibby	West Davidson	48.67			
2003	A.J. Kaschak	Athens Drive	49.65	Anthony Beamon	West Carteret	50.08	Bryan Burney	Eastern Alamance	49.15	Blair Jonston	Albemarle	51.03			
2004	Zebedee Johnson	Garinger	48.28	Ivan Scott	T.C. Roberson	49.31	Ryan Witherspoon	Monroe	48.86	Phlip Hardman	Heide Trask	49.55			
2005	Steve Gardner	Leesville Road	48.83	Brandon Small	Jacksonville	48.79	Blake Floyd	Croatan	49.81	Drew McManus	Albemarle	51.51			
2006	Karjuan Williams	New Bern	47.28	Marcelis Martis	Jacksonville	49.23	Brandon Ashcraft	Monroe	48.86	Lindsay Hunt	Swain County	50.74			
2007	Lamarr Davis	East Wake	47.46	Mike Eddy	Asheboro	48.97	LePatrick Currie	St. Pauls	49.69	Raphael Nixon	Heide Trask	49.89			
2008	Dmitri Bouttry	Myers Park	47.48	Jarrell Elliott	Parkland	48.17	William Graves	Southern Guilford	48.29	Jarvis Murphy	Ayden-Grifton	50.48			
2009	Eric Winfrey	Douglas Byrd	47.77	Brandon Hairston	Carver	48.51	Cardin Jones	Carrboro	49.41	Darryl Demps	Hendersonville	49.24			
2010	Jarrett Samuels	Charlotte Vance	48.12	Eric Winfrey	Douglas Byrd	47.51	Dyronne Mabry	Atkins	49.56	Aaron Tribble	Highland Tech	48.40			
2011	Burkheart Ellis Jr.	Knightdale	48.05	Eric Winfrey	Douglas Byrd	48.73	Larry Gibson	Berry Academy	49.41	Marty DeFrancesco Jr.	Bishop McGuinness	49.38			
2012	Kwame Donyinah	Myers Park	47.48	Larry Gibson	Berry Academy	48.96	Marcus McDowell	East Lincoln	48.72	Trentavis Friday	Cherryville	48.12			
2013	Marquavious Johnson	Knightdale	47.16	LeAndre McGill	Northeast Guilford	48.85	Amari Devaughn	T.W. Andrews	48.50	Trentavis Friday	Cherryville	48.00			
2014	Jamaree Murray	Southeast Raleigh	47.77	Ty Jaye Robbins-Lockhart	Piedmont	47.49	Stepfon Rodman	Washington	49.05	Trentavis Friday	Chr	47.87			
2015	Kymani Dula	Southern Alamance	48.21	Ty Jaye Robbins-Lockhart	Piedmont	46.72	Aurelio Ottey	Southwest Onslow	48.64	Terrace Ellis	Albemarle	49.70			
2016	Jalen Jones	Hoke County	47.91	R.J. Russell	Richlands	48.86	Derek Puryear	T.W. Andrews	48.94	Tony Davis	Atkins	49.65			
2017	Jalen Jones	Hoke County	47.89	Cameron Council	Northwood	48.39	Lathan Kee	Shelby	48.59	Brody Smith	Mitchell	50.20			
2018	Randolph Ross	Garner	47.58	Dahlia Cutler	Cuthbertson	56.15	Josh Hardin	Ashe County	47.99	Brody Smith	Mitchell	48.98			
2019	Randolph Ross	Garner	46.80	Joshua Parks	A.L. Brown	47.52	Jenovah McKiver	T.W. Andrews	48.59	Cole Krehnbrink	Pine Lake Prep	49.61			



Men's Outdoor Track State Individual Event Champions



300 METER INTERMEDIATE HURDLES 3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Elbert Ellis	Hillside	37.29	Elbert Ellis	Hillside	37.29	Harvey Archy	North Rowan	39.95						
1987	Elbert Ellis	Hillside	36.84	Scott Grell	Western Alamance	37.80	Harvey Archy	North Rowan	39.30						
1988	Michael Clark	Smithfield-Selma	37.64	Greg Jeffries	T.W. Andrews	39.05	Brian Payne	Thomasville	39.05						
1989	Larry Harrington	Millbrook	38.18	Greg Jeffries	T.W. Andrews	37.98	Jeffrey Waters	East Duplin	38.77						
1990	Rico Moser	Garinger	39.23	Neveth Gidney	Shelby	38.83	Robert Flythe	South Brunswick	38.58						
1991	John Leak	West Mecklenburg	38.31	Charles Barger	North Rowan	38.80	Maurice Perry	Northwood	38.79						
1992	Fred Douglas	Northern Nash	38.00	Chris Heath	Tarboro	39.02	Adil Diggs	Thomasville	39.92						
1993	Jeff Savage	Fike	37.93	Kennan Lott	A.L. Brown	38.86	Keenan Parks	Ayden-Grifton	38.99						
4A				3A				2A				1A			
1994	Frank Bonsu	Sanderson	38.51	Ronnie Glover	Durham	39.45	Anthony Marshall	Southeast Guilford	39.90	Seth Adams	Robbinsville	39.82			
1995	Lane Jesseph	Myers Park	38.72	Michael Carroll	SW Edgecombe	39.57	Robert Steele	North Rowan	37.71	Andre Brinton	Richlands	41.07			
1996	Ramondo North	West Charlotte	38.64	Frank Harris	High Point Central	39.76	Albert Whitaker	Southeast Halifax	39.31	Darren Shuff	North Stokes	40.92			
1997	Aaron Sink	Sanderson	37.81	Glen Hicks	South Caldwell	38.73	Randy Marion	Mooreville	39.10	Warren Evans	North Brunswick	40.17			
1998	Jeremy Carter	Leesville Road	38.41	Chad Milsaps	North Gaston	38.78	Mario Williams	North Rowan	38.33	Antonio King	Cummings	39.22			
1999	Tico Waiters	Myers Park	38.39	Jamal Brand	T.W. Andrews	38.80	Chris Douglas	Bandys	38.44	Mike Hinton	Cummings	41.11			
2000	Robert Boulware	Charlotte Vance	38.06	Freddy Turner	Hillside	38.70	Antonio Kelly	South Columbus	39.17	Antonio King	Cummings	38.81			
2001	Robert Boulware	Charlotte Vance	37.72	Jamal Brand	T.W. Andrews	38.04	Markes Hardin	Lexington	39.62	Mike Hinton	Cummings	38.75			
2002	John Gattis	Northern Durham	38.60	Jermaine Baker	Southern Wayne	39.63	Mike Hinton	Cummings	38.32	Al Rush	South Stanly	38.80			
2003	Reggie Hall	Charlotte Vance	37.94	Gerald Kennedy	Dudley	39.10	Michael Enzlow	Cummings	38.91	Ty Gibbs	Robbinsville	9.87			
2004	Cade Liverman	A.C. Reynolds	38.00	Jerre Wyatt	Ben L. Smith	38.37	Andre Tillman	North Rowan	38.55	Frankie Adams	Union	41.68			
2005	Brent LaRue	East Forsyth	37.14	Johnny Dutch	Clayton	38.01	Larry Jackson	North Rowan	39.29	Michael Townsend	South Stokes	40.93			
2006	Johnny Dutch	Clayton	36.60	Jeremy Bell	Northern Nash	38.35	Donte Wooden	Cummings	39.44	Michael Washington	Dixon	40.24			
2007	Spencer Adams	Butler	36.04	Charles Lindsay	Parkland	38.55	John Bostick	North Rowan	39.18	Darius Little	Thomasville	38.85			
2008	Keare Smith	Southeast Raleigh	37.64	Danny Allen	Nash Central	37.89	Rodney Smith	North Rowan	39.16	T.J. Wilson	Princeton	38.86			
2009	Ben Major	E.E. Smith	36.84	Cordell Livingston	Southwest Guilford	39.03	David Shaw	St. Pauls	39.09	Trey Jones	Robbinsville	38.94			
2010	Anthony Colon	Broughton	38.12	D. Breedlove	Forestview	39.39	Kewitt Koonce	Kinston	39.13	T.J. Wilson	Princeton	38.58			
2011	Stanley Broaden	Ashley	37.41	Demonte Wilson	Crest	38.36	Thomas Jones	Cummings	38.80	Johnny Oglesby	North Rowan	38.71			
2012	Erin Jenkins	Charlotte Vance	37.92	Wesley Tucker	Jacksonville	38.17	Thomas Jones	Cummings	38.26	Johnny Oglesby	North Rowan	39.08			
2013	Xavier Brown	South View	37.38	Breon Borders	Statesville	38.59	Thomas Jones	Cummings	37.61	Ethan Bischof	Heide Trask	39.82			
2014	Xavier Brown	South View	37.38	Damian Silver	Nash Central	39.63	Isaiah Moore	Cummings	37.61	Tyler Sprouse	Camden County	40.63			
2015	McKinly Brown	Hillside	37.10	Corey Thompson	East Gaston	38.03	Dylan Andrade	Forbush	37.48	Vidusha Rao	Raleigh Charter	40.48			
2016	Raymonte Dow	High Point Central	37.39	Earl Green	Southern Guilford	38.97	Elliott Graves	Reidsville	37.65	Jermaine Smith	South Creek	40.69			
2017	Dexter McDuffie	South Central	37.91	Jacobi Lloyd	Jacksonville	37.95	Will Manneh	T.W. Andrews	38.90	Enoch Cheung	Raleigh Charter	39.94			
2018	Dexter McDuffie	South Central	37.66	Cory Gaither	South Iredell	37.18	Brendon Hodge	Croatan	37.98	Aaron Pryce	John A. Holmes	39.81			
2019	Jabari Dalton	South Mecklenburg	37.66	Khaleb McRae	Southern Durham	36.78	Brendon Hodge	Croatan	40.02	Aaron Pryce	John A. Holmes	40.73			



Men's Outdoor Track State Individual Event Champions



3200 METER RUN

3A & 4A COMPETED JOINTLY IN 1986

4A			3A			2A			1A/2A			
1986	Mike Clinebell	Watauga	9:08.00	Mike Clinebell	Watauga	9:08.00	Colin Smith	West Brunswick	9:53.20			
1987	Eric Hitchman	Ashbrook	9:20.08	David Honea	Enka	9:39.11	John Kaneer	Bunker Hill	9:49.56			
1988	Glen Mays	R.J. Reynolds	9:22.14	Shanon Reynolds	Western Harnett	9:34.52	John Kaneer	Bunker Hill	9:44.56			
1989	Frankie Prevatte	Lumberton	9:25.57	Robbie Sellati	Sun Valley	9:36.82	Chad Daniels	Clayton	9:45.33			
1990	Kyle Armentrout	Mount Tabor	9:14.76	Eric Pragle	North Buncombe	9:34.30	Mike Helms	West Stanly	9:43.32			
1991	Paul Kinser	Page	9:36.99	Eric Pragle	North Buncombe	9:32.81	Jon Weldon	Thomasville	9:50.85			
1992	Brian Calloway	Providence	9:41.86	Fred Gant	Cummings	9:32.17	Jon Weldon	Thomasville	9:44.99			
1993	Robert Easter	Garinger	9:26.26	Brandon Coonse	Hibriten	9:21.40	Tommy Trehern	Swain County	9:35.10			
4A			3A			2A			1A			
1994	Justin Niedszziak	Providence	9:27.14	Todd Morgan	WF-Rolesville	9:36.21	Jon Weldon	Thomasville	9:27.32	Patrick Edwards	Surry Central	9:58.41
1995	Will Hodges	Watauga	9:26.90	Corby Pons	Franklin	9:50.56	Daniel Poole	West Stanly	9:47.51	Mike Perry	Lejeune	10:03.00
1996	Buddy Priest	Person	9:27.51	Jason Dingess	Statesville	9:57.35	Aaron Keller	North Henderson	9:35.42	Jody Mitchell	Surry Central	10:06.76
1997	Nick Winkel	Rocky Mount	9:31.19	James Slagle	WF-Rolesville	10:02.83	Shiloh Mielke	North Henderson	9:57.43	Erik Perkins	Swain County	10:15.54
1998	Bradsher Wilkins	Orange	9:24.78	Jessie Norman	Fuquay-Varina	9:44.00	Shiloh Mielke	North Henderson	10:04.25	Matt McRae	Murphy	10:08.13
1999	Ricky Brookshire	Watauga	9:26.55	Jessie Norman	Fuquay-Varina	9:43.47	Shiloh Mielke	North Henderson	9:47.50	D.J. Dore	Durham Magnet	10:08.04
2000	Ricky Brookshire	Watauga	9:33.90	Rocky Bilotta	R-S Central	9:46.69	John Henderson	North Henderson	9:54.66	Erik Perkins	Swain County	10:16.22
2001	Stephen Haas	N. Mecklenburg	9:28.44	Lance Hall	Ragsdale	9:39.85	John Henderson	North Henderson	9:55.59	Clarence Kinley	South Davidson	10:13.77
2002	Bobby Mack	North Forsyth	9:25.18	Lance Hall	Ragsdale	9:41.46	Adam Lindsay	Reidsville	9:58.47	Chris Hiatt	Surry Central	9:58.40
2003	Bobby Mack	North Forsyth	9:12.09	Brandon Helms	Piedmont	9:56.44	Will Ricks	Roanoke Rapids	9:54.96	Adam Stanley	Surry Central	10:06.55
2004	Sandy Roberts	Broughton	9:27.02	Ollie Ehlinger	T.C. Roberson	9:50.34	Brandon Pung	Owen	9:35.56	Miguel Ocampo	Surry Central	10:19.61
2005	Sandy Roberts	Broughton	9:14.33	Will Collins	Eastern Wayne	9:38.52	Brandon Pung	Owen	9:39.52	Miguel Ocampo	Surry Central	9:59.49
2006	Sandy Roberts	Broughton	9:08.65	Ryan Hill	Hickory	9:40.34	Brad Popple	East Lincoln	9:45.70	Sam Brison	South Stokes	10:18.64
2007	Taylor Gilland	Chapel Hill	9:23.52	Ryan Hill	Hickory	9:24.87	Sean Sewell	Cardinal Gibbons	9:25.83	Philip Curley	NCSSM	10:21.05
2008	Taylor Gilland	Chapel Hill	9:28.14	Ryan Hill	Hickory	9:24.80	Josey Weaver	Madison	9:58.49	Matus Kriska	Mt. Airy	10:07.21
2009	Taylor Gilland	Chapel Hill	9:01.68	Steven Bollinger	Olympic	9:37.16	Chase Miller	Wilkes Central	9:58.68	Matus Kriska	Mt. Airy	9:57.64
2010	Mitch Mallory	Wakefield	9:14.58	Jake Hurysz	Eastern Alamance	9:11.88	Chase Miller	Wilkes Central	10:04.00	Dalton Wally	Gray Stone Day	10:17.71
2011	Mitch Mallory	Wakefield	9:13.00	Mitch McLeod	Chapel Hill	9:30.59	Travis Alfaro	Lincolnton	9:51.10	Bobby Baraldi	NCSSM	10:02.31
2012	Sam Roberson	Broughton	9:20.73	Mitch McLeod	Chapel Hill	9:38.13	Corbin Boyles	Maiden	9:45.18	Levi Rolles	NCSSM	9:53.87
2013	Ian Milder	Mount Tabor	9:19.71	Tanis Baldwin	East Henderson	9:31.00	A.J. Tucker	Cedar Ridge	9:32.18	Zach Boone	Mitchell	10:08.15
2014	Ian Milder	Mount Tabor	9:08.99	Tanis Baldwin	East Henderson	9:26.31	Corbin Boyles	Maiden	9:36.96	Zach Boone	Mitchell	9:45.54
2015	Philip Hall	South View	9:24.68	Matthew Conner	Weddington	9:37.32	Harrison Conner	Franklin	9:57.89	Zach Boone	Mitchell	9:45.88
2016	Connor Lane	Car. Gibbons	9:06.43	Matthew Conner	Weddington	9:18.41	Noah Graham	Brevard	9:31.44	Hayden Alexander	Thomas Jefferson	9:46.85
2017	Connor Lane	Cardinal Gibbons	8:59.90	David Melville	Northern Guilford	9:21.59	Noah Graham	Brevard	9:35.82	Luke Bennett	Voyager Academy	9:48.92
2018	John Tatter	R.J. Reynolds	9:22.72	David Melville	Northern Guilford	9:16.27	Ben Armentrout	Atkins	9:33.46	Jake Baugher	C.S. of Davidson	9:50.22
2019	Lowell Hensgen	Cardinal Gibbons	9:22.14	Ben Verchick	Union Pines	9:21.57	Brian Risse	North Lincoln	9:30.59	Ryan Jenkins	Swain County	9:46.71



Men's Outdoor Track State Relay Event Champions



400 METER RELAY

3A & 4A COMPETED JOINTLY IN 1986

4A		3A		3A		1A/2A		
1986	T.W. Andrews	41.45		T.W. Andrews	41.45	Whiteville	43.01	
1987	Douglas Byrd	41.62		Wilkes Central	42.36	Southwest Guilford	42.95	
1988	Jacksonville	41.47		Bertie	42.42	Fuquay-Varina	42.87	
1989	Douglas Byrd	41.91		T.W. Andrews	42.41	Hendersonville	43.18	
1990	North Forsyth	41.83		T.W. Andrews	42.16	Monroe	43.19	
1991	South View	41.80		T.W. Andrews	42.26	Forest Hills	43.17	
1992	J.H. Rose	42.09		T.W. Andrews	42.37	Whiteville	43.50	
1993	Hillside	42.42		High Point Central	42.63	Ayden-Grifton	43.24	
	4A		3A		2A		1A	
1994	Hillside	41.90	Fike	2.93	Ayden-Grifton	42.79	Williamston	45.12
1995	West Charlotte	42.41	J.F. Webb	43.11	Cummings	42.90	Lejeune	44.32
1996	Garinger	42.01	T.W. Andrews	42.84	Salisbury	42.30	Williamston	44.70
1997	Mount Tabor	42.37	Harnett Central	43.11	West Montgomery	43.17	South Robeson	43.52
1998	Mount Tabor	41.96	Hillside	42.66	West Iredell	42.51	Midway	44.01
1999	Douglas Byrd	41.24	Hillside	42.46	North Stanly	43.34	Pamlico	41.19
2000	Garner	41.30	J.F. Webb	42.28	Lexington	43.12	Pamlico	42.44
2001	Mount Tabor	42.11	Andrews	42.54	Lexington	42.73	Thomasville	43.00
2002	Scotland	41.82	Crest	42.45	Lexington	42.97	Thomasville	42.52
2003	Providence	42.26	T.C. Roberson	42.44	Northern Vance	43.60	South Stanly	43.99
2004	West Charlotte	42.13	Crest	42.42	West Caldwell	43.07	Heide Trask	43.03
2005	Sanderson	41.67	Asheville	42.65	Graham	43.08	Southside	42.87
2006	Charlotte Vance	41.52	Andrews	42.51	Forest Hills	42.87	Jordan-Matthews	42.41
2007	West Charlotte	41.84	Carver	41.80	Forest Hills	43.25	Jordan-Matthews	41.68
2008	Butler	42.03	South Johnston	42.50	Shelby	43.05	Union	43.51
2009	Mount Tabor	41.33	Marvin Ridge	42.15	Tarboro	43.10	W-S Prep	43.05
2010	Knightdale	42.24	Crest	42.15	Tarboro	42.50	Monroe	43.30
2011	Millbrook	42.01	Mount Pleasant	42.54	Berry Academy	41.78	North Rowan	43.16
2012	Knightdale	41.93	Berry Academy	42.25	Forest Hills	42.37	Monroe	43.76
2013	WF-Rolesville	41.30	Northern Guilford	41.99	Bunn	42.20	Union	43.13
2014	Mallard Creek	41.48	Freedom	41.99	Carver	48.08	North Edgecombe	43.02
2015	Mallard Creek	41.44	Sun Valley	42.01	Bunn	42.07	West Montgomery	43.69
2016	Mallard Creek	41.54	Sun Valley	41.75	North Brunswick	42.51	West Montgomery	43.29
2017	Parkland	41.46	Weddington	42.04	Forest Hills	42.24	Wallace-Rose Hill	43.08
2018	N. Mecklenburg	41.84	Williams	41.87	Forest Hills	42.20	Pender	43.47
2019	Keasean Dirks		Parkwood	41.62	Anson	42.98	John A. Holmes	42.14
	Tazhae Woods						Nakevin Hill	
	Zavion Hamilton						Zakeem Brooks	
	Daniel Moyer, Jr.						Kentreaz Coston	
							Aaron Pryce	



Men's Outdoor Track State Relay Event Champions



800 METER RELAY

3A & 4A COMPETED JOINTLY IN 1986

	4A		3A		1A/2A		
1986	Glenn	1:26.44	Glenn	1:26.44	Hendersonville	1:30.04	
1987	Hillside	1:26.44	Asheboro	1:26.47	North Rowan	1:28.82	
1988	Douglas Byrd	1:26.46	Bertie	1:28.56	North Rowan	1:29.80	
1989	Douglas Byrd	1:27.01	T.W. Andrews	1:27.39	Lexington	1:28.58	
1990	Seventy-First	1:27.74	T.W. Andrews	1:26.54	Clinton	1:28.71	
1991	Olympic	1:27.74	T.W. Andrews	1:25.35	Monroe	1:29.64	
1992	Grimsley	1:28.56	T.W. Andrews	1:28.38	Forest Hills	1:30.36	
1993	Jordan	1:28.39	T.W. Andrews	1:28.16	Ayden-Grifton	1:29.42	
	4A		3A		1A		
1994	Hillside	1:28.82	Bertie	1:29.71	Weldon	1:32.32	
1995	Lumberton	1:28.44	T.W. Andrews	1:29.86	Richlands	1:33.17	
1996	Garinger	1:26.35	Southeast Guilford	1:28.38	Camden	1:32.07	
1997	East Mecklenburg	1:26.70	Southeast Guilford	1:28.73	South Robeson	1:32.39	
1998	Lumberton	1:27.22	Dudley	1:27.30	Cummings	1:30.19	
1999	Douglas Byrd	1:26.97	Hillside	1:28.33	Cummings	1:31.29	
2000	Garner	1:26.87	Hillside	1:27.62	Pamlico	1:30.95	
2001	Lumberton	1:27.33	J.F. Webb	1:29.05	Pamlico	1:31.72	
2002	Mount Tabor	1:27.43	Southern Durham	1:28.70	Thomasville	1:29.25	
2003	West Charlotte	1:27.08	Ben L. Smith	1:27.67	Williamston	1:31.03	
2004	Sanderson	1:28.07	Ben L. Smith	1:26.96	Heide Trask	1:30.06	
2005	Sanderson	1:28.33	Crest	1:27.72	North Brunswick	1:29.77	
2006	West Charlotte	1:46.20	Parkland	1:28.50	Jordan-Matthews	1:28.32	
2007	Southeast Raleigh	1:26.90	T.W. Andrews	1:28.06	Jordan-Matthews	1:28.11	
2008	Butler	1:27.02	Carver	1:27.62	Hendersonville	1:30.27	
2009	West Charlotte	1:27.08	Southwest Guilford	1:29.63	Hendersonville	1:28.10	
2010	Charlotte Vance	1:27.73	Crest	1:26.64	Hendersonville	1:29.64	
2011	Knightdale	1:26.05	Kings Mountain	1:29.29	West Montgomery	1:29.79	
2012	Enloe	1:26.61	Southern Nash	1:29.32	Monroe	1:28.65	
2013	Mallard Creek	1:26.81	South Central	1:27.26	Monroe	1:29.67	
2014	Butler	1:26.14	Northeast Guilford	1:27.76	Murphy	1:30.66	
2015	Mallard Creek	1:27.07	Sun Valley	1:27.76	Southside	1:31.40	
2016	Hoke County	1:25.89	Sun Valley	1:27.60	Mount Airy	1:30.52	
2017	Parkland	1:26.56	West Craven	1:28.03	Mount Airy	1:29.70	
2018	Reagan	1:26.39	Williams	1:26.53	John A. Holmes	1:31.18	
2019	Dylan James Keasean Dirks Tazhae Woods Daniel Moyer, Jr.	Reagan 1:25.49	Marcos Chapman Joshua Parks Dezmond Adams Jalen Neal	A.L. Brown 1:26.87	Avion Price Kentron King Jordan Jones Juan Riddick	Northeastern 1:29.37	Josiah Carter Zakeem Brooks Kentreaz Coston Aaron Pryce



Men's Outdoor Track State Relay Event Champions



1600 METER RELAY

3A & 4A COMPETED JOINTLY IN 1986

	4A		3A		1A/2A	
1986	Grimsley	3:19.60	Grimsley	3:19.60	Hendersonville	3:24.14
1987	Hillside	3:13.92	East Wake	3:23.19	North Rowan	3:21.43
1988	Smithfield-Selma	3:16.79	T.W. Andrews	3:23.41	Salisbury	3:22.44
1989	Hillside	3:16.21	T.W. Andrews	3:21.89	Salisbury	3:21.57
1990	Fike	3:17.81	Pender	3:20.85	Monroe	3:23.32
1991	Douglas Byrd	3:20.69	T.W. Andrews	3:15.51	Monroe	3:25.38
1992	Hillside	3:21.12	T.W. Andrews	3:20.28	Monroe	3:23.38
1993	Jacksonville	3:19.54	T.W. Andrews	3:20.91	Hendersonville	3:25.45
	4A		3A		1A	
1994	Pine Forest	3:18.49	Franklin	3:24.12	Williamston	3:34.54
1995	Pine Forest	3:17.67	Williams	3:25.93	Williamston	3:34.27
1996	Pine Forest	3:18.21	Southeast Guilford	3:22.34	Hayesville	3:33.11
1997	East Mecklenburg	3:18.55	Southeast Guilford	3:20.02	Camden County	3:34.47
1998	East Mecklenburg	3:18.21	Southern Nash	3:23.10	Cummings	3:26.83
1999	E.E. Smith	3:22.32	Southern Nash	3:23.54	Red Springs	3:30.34
2000	East Mecklenburg	3:19.61	Ben L. Smith	3:25.95	Pamlico	3:27.72
2001	Jacksonville	3:19.47	Western Guilford	3:23.40	West Davidson	3:31.72
2002	S. Mecklenburg	3:20.91	Dudley	3:20.71	Camden County	3:30.41
2003	Southeast Raleigh	3:20.54	Dudley	3:25.40	Southside	3:33.14
2004	Southeast Raleigh	3:19.47	Ben L. Smith	3:23.27	Rosewood	3:35.28
2005	Apex	3:20.08	Nash Central	3:21.46	Robbinsville	3:30.87
2006	Charlotte Vance	3:17.71	Jacksonville	3:22.72	Heide Trask	3:33.43
2007	West Charlotte	3:18.25	Nash Central	3:23.82	Dixon	3:27.11
2008	New Bern	3:18.01	Carver	3:21.47	Hendersonville	3:24.50
2009	New Bern	3:14.47	Marvin Ridge	3:21.03	Hendersonville	3:20.42
2010	Southeast Raleigh	3:16.29	Douglas Byrd	3:22.71	Murphy	3:27.05
2011	Knightdale	3:15.41	Douglas Byrd	3:24.14	Swain County	3:29.06
2012	Knightdale	3:18.37	Berry Academy	3:20.50	Monroe	3:26.05
2013	Knightdale	3:12.87	Northeast Guilford	3:19.60	Monroe	3:28.97
2014	Southeast Raleigh	3:16.12	Piedmont	3:24.13	Cherryville	3:28.00
2015	Southeast Raleigh	3:20.33	West Carteret	3:19.39	Rosewood	3:29.46
2016	Overhills	3:19.10	Jacksonville	3:19.71	Rosewood	3:29.00
2017	Mallard Creek	3:20.26	Cuthbertson	3:19.91	Atkins	3:28.87
2018	Cary	3:20.16	White Oak	3:18.67	Avery County	3:32.72
2019	Demetrius Martin East Mecklenburg	3:21.34	Weddington	3:17.92	Antico Dalton	Mountain Island Ch. 3:29.85
	Emmanuel Stewart			Thomas McCabe	Jaden Fisher	
	Kyle Goodman			David Wallis	Anthony Phillips	
	Lee Campbell			Brendon Hodge	Jacob Laughlin	
		Kyle Durham		Noah Bibus		
		Will Mazur				
		Jake Toomey				
		Emerson Douds				



Men's Outdoor Track State Relay Event Champions



3200 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

	4A		3A		2A		1A/2A	
1986	Event Not Offered		Event Not Offered		Event Not Offered		Event Not Offered	
1987	Event Not Offered		Event Not Offered		Event Not Offered		Event Not Offered	
1988	Watauga	7:58.77	Sun Valley	7:57.77	North Rowan	8:06.93	North Rowan	8:06.93
1989	Mount Tabor	7:51.70	T.W. Andrews	8:06.62	Albemarle	8:11.90	Albemarle	8:11.90
1990	Harding	7:59.12	North Buncombe	8:06.41	Southwestern Randolph	8:21.40	Southwestern Randolph	8:21.40
1991	Athens Drive	8:02.62	North Buncombe	7:57.85	Monroe	8:10.89	Monroe	8:10.89
1992	Northern Nash	8:08.04	Sun Valley	7:56.74	Monroe	8:08.56	Monroe	8:08.56
1993	Millbrook	7:58.61	Franklin	8:08.40	Murphy	8:17.41	Murphy	8:17.41
	4A		3A		2A		1A	
1994	Millbrook	8:00.83	Franklin	8:15.16	North Rowan	8:15.22	Murphy	8:17.98
1995	East Mecklenburg	8:00.27	Franklin	8:03.67	Northside-Jax	8:08.38	Murphy	8:28.94
1996	Apex	7:58.21	Franklin	8:07.09	Clayton	8:25.89	Surry Central	8:27.51
1997	West Charlotte	7:58.88	North Buncombe	8:12.18	Owen	8:06.52	SW Onslow	8:34.85
1998	West Charlotte	7:49.07	North Buncombe	8:11.60	Owen	8:18.98	Murphy	8:33.05
1999	West Charlotte	7:57.68	North Buncombe	8:07.37	Owen	8:20.59	Hendersonville	8:28.30
2000	Watauga	7:49.00	Asheville	na	Lincolnton	8:10.41	Swain County	8:30.30
2001	Leesville Road	7:53.85	White Oak	8:08.13	North Henderson	8:14.70	South Davidson	8:22.51
2002	North Forsyth	7:52.19	Mooresville	8:16.76	North Henderson	8:19.66	Surry Central	8:22.71
2003	North Forsyth	7:49.65	Mooresville	8:09.60	North Henderson	8:09.26	Hayesville	8:58.04
2004	Southeast Raleigh	7:52.71	Weddington	8:07.19	Reidsville	8:14.93	Surry Central	8:21.94
2005	Pinecrest	7:53.74	T.C. Roberson	8:03.67	Reidsville	8:09.27	Murphy	8:38.24
2006	Pinecrest	7:45.82	T.C. Roberson	8:01.73	Reidsville	8:02.09	South Stokes	8:36.43
2007	New Bern	7:50.66	Franklin	7:59.57	Cardinal Gibbons	8:04.63	NCSSM	8:23.25
2008	New Bern	7:46.12	Asheville	7:56.98	Brevard	8:14.80	East Wilkes	8:11.61
2009	New Bern	7:48.11	Marvin Ridge	7:50.54	Brevard	8:11.46	Hendersonville	8:09.33
2010	Broughton	7:49.33	Eastern Alamance	7:48.48	Berry Academy	8:14.78	Hendersonville	8:19.12
2011	Ardrey Kell	7:49.80	Eastern Alamance	7:48.64	Berry Academy	8:06.85	NCSSM	8:13.37
2012	Reagan	7:50.60	Berry Academy	8:03.46	Beddingfield	8:09.97	NCSSM	8:16.90
2013	Knightdale	7:46.19	Chapel Hill	7:57.04	Cedar Ridge	8:11.21	NCSSM	8:14.93
2014	Mount Tabor	7:48.33	Northern Guilford	7:59.96	NCSSM	8:07.15	Murphy	8:29.47
2015	Southeast Raleigh	7:55.01	Cardinal Gibbons	7:56.09	Polk County	8:03.06	Research Triangle	8:15.01
2016	Green Hope	7:38.83	Richlands	7:47.56	Northeastern	8:06.22	South Davidson	8:09.31
2017	Green Hope	7:47.17	Weddington	7:58.75	Croatan	8:04.03	Atkins	8:18.01
2018	Green Hope	7:54.09	Weddington	7:50.82	Croatan	8:01.80	Lincoln Charter	8:17.42
2019	Ted Sielatycki Stephen Atkinson Jackson Martin Nathan Flexman	Cary 7:52.90	Krystopher Durham Stephen Larson Jake Toomey Jackson O'Hara	Weddington 7:52.18	Tyler Sylvia Joseph Davidson Warner Campbell Zach Hughes	First Flight 8:12.80	Alex Haines Chase Pierce Caleb Jones Andrew Bryson	Murphy 8:21.60



Women's Outdoor Track State Individual Event Champions



SHOTPUT

1972	Pope	Southern Nash	36'07.50"	1977	Jozette Lawrence	Lejeune	41'07.50"	1982	Sarah Gardner	Davie County	41'08.25"
1973	Campbell	Hoke County	36'05.50"	1978	Lisa Gray	Ragsdale	43'08.00"	1983	Katrina Swanson	Myers Park	39'11.75"
1974	Dixon	Southern Guilford	38'04.50"	1979	Lisa Gray	Ragsdale	43'04.75"	1984	Susan Childers	Havelock	39'04.00"
1975	Dixon	Southern Guilford	38'08.00"	1980	Hubin	Williams	38'04.50"	1985	Ida Pierce	Douglas Byrd	37'05.50"
1976	Dixon	Southern Guilford	41'07.00"	1981	Faye Strothers	Parkland	42'11.50"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Michelle Rhyne	Northwest Cabarrus	38'08.50"	Michelle Rhyne	Northwest Cabarrus	38'08.50"	Janene McClure	Hendersonville	37'03.00"			
1987	Sylvia Crumpler	Cape Fear	38'00.00"	Michelle Rhyne	Northwest Cabarrus	40'00.00"	Janene McClure	Hendersonville	39'09.50"			
1988	Sylvia Crumpler	Cape Fear	39'07.00"	Michelle Rhyne	Northwest Cabarrus	39'02.50"	Janene McClure	Hendersonville	42'05.00"			
1989	Sylvia Crumpler	Cape Fear	38'09.75"	Kelly Sensing	Clyde A. Erwin	37'04.50"	Janet Clark	North Stokes	38'00.00"			
1990	Dashontia Atkinson	Smithfield-Selma	41'01.00"	Ameika Robinson	Concord	36'05.25"	Zondra Johnson	Hendersonville	36'03.75"			
1991	Wendy Utley	Cary	37'03.50"	Nish Neal	Rockingham	38'00.75"	Zondra Johnson	Hendersonville	37'04.00"			
1992	Tracy Connor	South Rowan	39'03.75"	Nish Neal	Rockingham	36'08.75"	Zondra Johnson	Hendersonville	39'02.50"			
1993	Vernia Wilson	Jacksonville	41'05.50"	Nish Neal	Rockingham	35'11.25"	Joyce Land	Williamston	34'04.50"			
4A				3A				1A				
1994	Mechelle Clayton	East Forsyth	39'07.75"	Valerie Metz	Asheville	34'05.75"	Kathy Smith	Lincolnton	38'07.50"	Concita Simmons	North Stokes	35'07.00"
1995	Eve Hammett	Providence	39'05.50"	Myra Williams	South Brunswick	40'01.75"	Leigh Branon	Forbush	36'06.50"	Tonya Owens	Lakewood	33'00.00"
1996	Latasha Allmond	Pincrest	38'08.00"	Myra Williams	South Brunswick	42'05.25"	Koletta Harris	Northside	38'11.50"	Lashica Johnson	South Stanly	34'02.00"
1997	Keisha Boggan	W. Mecklenburg	38'00.00"	Bertie	Crystal Chamblee	37'05.25"	Clifeteana McKiver	East Duplin	36'09.50"	Tracy Pickett	Swansboro	38'08.50"
1998	Nena Lekwauwa	Mount Tabor	38'09.50"	Kia Sessoms	Hertford	38'01.75"	Tara Clinding	North Rowan	39'04.25"	Kenya Hackett	East Wilkes	34'10.00"
1999	Jessica Hawkins	SE Raleigh	37'10.00"	Kia Sessoms	Hertford	40'01.00"	Tara Clinding	North Rowan	39'09.00"	Ebony Alston	Louisburg	38'07.25"
2000	Kristie Boggan	W. Mecklenburg	38'02.00"	Defaye Frazier	Havelock	40'03.50"	Shanara Mintz	Bessemer City	40'06.75"	Beverly Burnett	Cummings	38'10.25"
2001	Kristie Boggan	W. Mecklenburg	39'01.00"	Geneva Yarborough	Western Guilford	38'03.00"	Katrina Lewis	Southeast Halifax	39'06.50"	Beverly Burnett	Cummings	38'03.25"
2002	Alesia Walters	Garner	40'05.00"	Lashondria Humphrey	West Brunswick	34'09.50"	Beverly Burnette	Cummings	44'01.50"	Shanara Mintz	Bessemer City	43'04.75"
2003	Christina Hernandez	A.C. Reynolds	41'05.00"	Sheena Anderson	Parkland	38'01.50"	Nakisha Stewart	Bunn	38'00.50"	Tiffany McGaha	Andrews	37'09.00"
2004	Kamorean Hayes	Harding	47'07.00"	Adrian Griffin	Harneet Central	36'01.00"	Lily Tallent	West Lincoln	37'01.75"	Kendall Ridenhour	Albemarle	38'11.00"
2005	Kamorean Hayes	Harding	47'09.00"	LaWanda Henry	Triton	40'07.00"	Nakisha Stewart	Bunn	39'00.00"	Tiffany McGaha	Andrews	38'03.25"
2006	Kamorean Hayes	Harding	48'07.00"	Chelsey McClean	North Gaston	36'00.50"				Tiffany McGaha	Andrews	37'02.00"
2007	Kamorean Hayes	Harding	51'03.50"	Courtney Prichard	Havelock	36'11.00"	Morrison Deirdra	Wilkes Central	38'09.00"	Nikia Simmons	North Stokes	34'02.00"
2008	Aslynn Halvorson	Butler	42'04.00"	Haley Hackett	Southeast Guilford	37'06.00"	Morrison Deirdra	Wilkes Central	40'00.50"	Amanda Cagle	Cherokee	37'00.00"
2009	Aslynn Halvorson	Butler	44'02.00"	Latoya Wright	Harnett Central	38'05.25"	Gayshawna Watkins	East Rutherford	39'11.50"	Shandellah Martin	North Stokes	32'09.75"
2010	Clair Watkins	Butler	41'08.50"	Danita Whitaker	Rocky Mount	39'06.00"	Cookie Wingfield	Kinston	41'03.50"	Hailey Cook	Hendersonville	38'10.00"
2011	Sequoia Watkins	T.C. Roberson	42'05.25"	Kayl Padgett	West Brunswick	42'07.00"	Alisha Bradshaw	Salisbury	39'07.00"	Hailey Cook	Hendersonville	40'02.50"
2012	Brianna Tate	Grimsley	42'11.25"	Whitney Williams	South Johnston	38'09.75"	Mookie Chavis	Bunn	38'03.25"	Hailey Cook	Hendersonville	42'11.75"
2013	Breanna Warren	W. Guilford	43'10.25"	Alexis Dickerson	Western Alamance	39'08.25"	Alex Cooke	North Surry	39'10.00"	Hailey Cook	Hendersonville	43'03.50"
2014	Alycia Springs	Mallard Creek	44'11.00"	Alexis Dickerson	Western Alamance	38'06.50"	Alex Cooke	North Surry	41.09.00"	Samantha Welborn	Starmount	35'10.75"
2015	Khayla Dawson	Olympic	47'11.00"	Hannah Stokes	Weddington	38'06.00"	Samantha Layko	Croatan	39'06.50"	Kimonta Lloyd	Hayesville	37'03.50"
2016	Khayla Dawson	Olympic	49'00.00"	Tiana Taylor	Eastern Guilford	39'07.75"	LesLeigh Tabor	Franklin	37'03.00"	Tanazsa Simpson	Pender	39'05.25"
2017	Kayla Beasley	Hillside	42'10.00"	Kamryn Henderson	Marvin Ridge	40'03.00"	LesLeigh Tabor	Franklin	41'10.00"	Tiffany Holloway	Andrews	41'02.00"
2018	Veronica Fraley	Wakefield	47'02.00"	Kayla Beasley	Hillside	43'07.50"	Patience Marshall	Anson	42'03.00"	Hydia Davis	Pamlico	39'02.00"
2019	Kaitlin McGoogan	Ragsdale	38'11.75"	Samantha Ennis	Northwood	42'04.00"	Emily Shain	Lincolnton	43'11.50"	Sonti Robinson	Pender	34'05.50"



Women's Outdoor Track State Individual Event Champions



1972	Cook	Dudley	103'11.00"	1977	Becky Brown	Myers Park	112'05.00"	1982	Jackie Gandy	Thomasville	128'09.00"
1973	Lynn Cruickshank	Lejeune	107'02.00"	1978	Becky Brown	Myers Park	132'08.00"	1983	Wanda Haythe	J.F. Webb	133'05.00"
1974	Lynn Cruickshank	Lejeune	117'05.00"	1979	Lisa Gray	Ragsdale	132'00.00"	1984	Vanessa Hatch	T.W. Andrews	121'03.00"
1975	Lynn Cruickshank	Lejeune	127'02.00"	1980	Jackie Gandy	Thomasville	124'04.00"	1985	Barbara Myers	West Mecklenburg	117'06.00"
1976	McClenlon	Ragsdale	123'10.00"	1981	Doris Bloxson	Scotland County	128'07.00"				

DISCUS

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Ellen Miller	South Rowan	126'01.00"	1986	Ellen Miller	South Rowan	126'01.00"	1986	Ann Walters	Monroe	112'03.00"				
1987	Sylvia Crumpler	Cape Fear	115'01.00"	1987	Jessie Hoeverman	West Carteret	115'01.00"	1987	Janene McClure	Hendersonville	130'05.00"				
1988	Diana Jones	Cary	117'02.00"	1988	Candy Graves	Cummings	127'00.50"	1988	Janene McClure	Hendersonville	130'06.00"				
1989	Laura Plott	Tuscola	124'06.00"	1989	Candra Gayle	Concord	127'08.00"	1989	Wendy Moss	Murphy	117'03.00"				
1990	Dashontia Atkinson	Smithfield-Selma	141'04.00"	1990	Kim Pakowski	D.H. Conley	119'05.00"	1990	Ebony Lloyd	Murphy	113'08.75"				
1991	Tracy Hoback	North Mecklenburg	119'01.00"	1991	Kim Pakowski	D.H. Conley	115'10.00"	1991	Darlene Vick	Farmville Central	115'10.00"				
1992	Tracy Connor	South Rowan	118'00.00"	1992	Christian Murphy	Rockingham	115'03.00"	1992	Darlene Vick	Farmville Central	118'02.00"				
1993	Alayne Joyner	Broughton	121'04.00"	1993	Elizabeth Harrison	Sun Valley	125'07.00"	1993	Amy Vincent	Farmville Central	120'01.00"				
4A				3A				2A				1A			
1994	Mechelle Clayton	East Forsyth	116'01.00"	1994	Meyetta Grimes	Washington	115'03.00"	1994	Missy Shelton	Madison	127'03.00"	1994	Concita Simmons	North Stokes	132'07.00"
1995	Kelly Karres	Myers Park	114'06.00"	1995	Myra Williams	South Brunswick	125'00.00"	1995	Latoya Mungro	West Caldwell	128'06.00"	1995	Tracy Pickett	Swansboro	106'06.00"
1996	Monica-Gail Baker	Hillsdale	124'07.00"	1996	Shanna Brown	North Iredell	103'02.00"	1996	Latoya Mungro	West Caldwell	121'10.00"	1996	Tracy Pickett	Swansboro	109'07.00"
1997	Becky Maier	Mount Tabor	121'05.00"	1997	Miriam McCleod	North Gaston	121'08.00"	1997	Clifeteana McKiver	East Duplin	133'01.00"	1997	Tracy Pickett	Swansboro	112'10.00"
1998	Jessica Hawkins	SE Raleigh	126'05.00"	1998	Miriam McCleod	North Gaston	118'02.75"	1998	Clifeteana McKiver	East Duplin	130'11.00"	1998	Michelle Giudici	Elkin	115'07.00"
1999	Sonya Bell	N. Mecklenburg	121'06.00"	1999	Kia Sessoms	Hertford	112'01.75"	1999	Tish Franklin	Madison	117'07.00"	1999	Michelle Giudici	Elkin	126'08.00"
2000	Sonya Bell	N. Mecklenburg	122'10.00"	2000	Danisha Norwood	SW Edgecombe	113'01.00"	2000	Katrina Lewis	Southeast Halifax	103.09.00"	2000	Miranda Long	Cherokee	116'09.50"
2001	Christina Hernandez	A.C. Reynolds	126'03.00"	2001	Brianna Dunston	Southern Nash	116'07.00"	2001	Katrina Lewis	Southeast Halifax	114'06.00"	2001	Miranda Long	Cherokee	118'04.00"
2002	Christina Hernandez	A.C. Reynolds	137'04.00"	2002	Jessica Doyle	West Brunswick	108'03.50"	2002	Whitney McGee	Forest Hills	124'09.00"	2002	Shanara Mintz	Besemer City	118'00.50"
2003	Christina Hernandez	A.C. Reynolds	139'00.00"	2003	Chanel Raynor	West Carteret	107'03.00"	2003	Diana Rahming	Monroe	117'03.00"	2003	Tiffany McGaha	Andrews	124'00.00"
2004	Kamorean Hayes	Harding	147'02.00"	2004	Jordan Huffman	East Rowan	117'06.00"	2004	Lily Tallent	West Lincoln	122'08.00"	2004	Kendall Ridenhour	Albamarle	126'02.00"
2005	Kamorean Hayes	Harding	142'08.00"	2005	Rachel Karriker	East Rowan	111'01.00"	2005	Lindsey Pate	West Henderson	119'08.00"	2005	Tiffany McGaha	Andrews	134'00.00"
2006	Kamorean Hayes	Harding	155'03.00"	2006	Vicki Mitchell	West Craven	117'09.00"	2006	Lindsey Pate	West Henderson	114'02.00"	2006	Tiffany McGaha	Andrews	139'01.00"
2007	Kamorean Hayes	Harding	148'02.00"	2007	Vicki Mitchell	West Craven	124'10.00"	2007	Aurion Waddell	Southern Vance	121'07.00"	2007	Judith Dillashaw	Avery County	111'06.00"
2008	Aslynn Halvorson	Butler	139'10.00"	2008	Cori Goins	Western Guilford	118'07.00"	2008	Tremonisha Taylor	Southern Vance	113'06.00"	2008	Judith Dillashaw	Avery County	117'09.00"
2009	Aslynn Halvorson	Butler	139'07.00"	2009	Sequoia Watkins	T.C. Roberson	125'00.00"	2009	Tremonisha Taylor	Southern Vance	141'00.00"	2009	Lynn Davis	Williamston	101'00.00"
2010	Sequoia Watkins	T.C. Roberson	142'04.00"	2010	Tremanisha Taylor	Southern Vance	137'00.00"	2010	Alisha Bradshaw	Salisbury	129'11.50"	2010	Hailey Cook	Hendersonville	109'09.00"
2011	Sequoia Watkins	T.C. Roberson	141'06.00"	2011	Kayl Padgett	West Brunswick	133'11.00"	2011	Alisha Bradshaw	Salisbury	119'10.00"	2011	Hailey Cook	Hendersonville	116'10.00"
2012	Breanna Warren	W. Guilford	132'04.00"	2012	Lyssa Wallace-O'Neill	Jacksonville	117'04.00"	2012	Morgan Lau	Cedar Ridge	112'03.00"	2012	Hailey Cook	Hendersonville	117'10.00"
2013	Breanna Warren	W. Guilford	142'07.00"	2013	Lyssa Wallace-O'Neill	Jacksonville	128'03.00"	2013	Samantha Layko	Croatan	122'01.00"	2013	Hailey Cook	Hendersonville	146'05.00"
2014	Bryanna Hames	Myers Park	159'01.00"	2014	Alexis Dickerson	Western Alamance	113'02.00"	2014	Samantha Layko	Croatan	131'05.00"	2014	Samantha Welborn	Starmount	112'10.00"
2015	Alycia Springs	Mallard Creek	142'09.00"	2015	Nakeisha Jones	Hunt	117'08.00"	2015	Samantha Layko	Croatan	128'11.00"	2015	Avianna Hopkins	Queens Grant	119'08.00"
2016	Khayla Dawson	Olympic	140'01.00"	2016	Ania Dawson	Southern Guilford	126'06.00"	2016	Amy Yarborough	Hendersonville	115'09.00"	2016	Avianna Hopkins	Queens Grant	117'01.00"
2017	Candice Whitley	SE Raleigh	142'07.00"	2017	Ne'ja Ervin	East Gaston	122'08.75"	2017	Maya Stanley	Northside-Jax	121'08.00"	2017	Tiffany Holloway	Andrews	128'02.00"
2018	Veronica Fraley	Wakefield	142'02.00"	2018	Amanda Wahler	T.C. Roberson	129'05.00"	2018	Patience Marshall	Anson	134'08.00"	2018	Sarah Pullium	Murphy	121'10.00"
2019	Kaitlin McGoogan	Ragsdale	142'09.00"	2019	Shekinah Cooke	SE Guilford	140'08.00"	2019	Teteateh Snoh	Durham Sch. Arts	143'10.00"	2019	Sarah Pullium	Murphy	126'11.00"



Women's Outdoor Track State Individual Event Champions



LONG JUMP

1972	Pinnix	T.W. Andrews	16'00.00"	1977	Belsma	Sanford	18'10.00"	1982	Katrina Grier	West Charlotte	19'06.75"
1973	Kathy McMillian	Hoke County	17'07.00"	1978	McNeill	Cape Fear	19'07.00"	1983	Teresa Allen	Garinger	19'06.75"
1974	Kathy McMillian	Hoke County	18'00.00"	1979	Lisa Staton	Salisbury	18'04.75"	1984	Latanya Wynn	Pinecrest	19'01.50"
1975	Kathy McMillian	Hoke County	20'02.50"	1980	Dee Dee Slade	Reidsville	19'03.00"	1985	Kim Austin	Beddingfield	18'10.00"
1976	Kathy McMillian	Hoke County	21'07.00"	1981	Katrina Grier	West Charlotte	20'01.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Kim Austin	Beddingfield	19'11.00"	Kim Austin	Beddingfield	19'11.00"	Linda Bryant	Manteo	18'09.50"						
1987	Pam Frost	Harding	18'01.75"	Sherry Smith	West Henderson	17'10.875"	Sandra Davis	Polk Central	19'02.50"						
1988	Von Ross	West Charlotte	18'09.25"	Anita Curry	Williams	18'01.50"	Christy Cagle	Hayesville	17'09.75"						
1989	Von Ross	West Charlotte	18'04.75"	Tasha Horton	Hibriten	18'02.50"	Nikki Harris	North Stanly	17'11.00"						
1990	Della Taylor	Lumberton	17'11.75"	Tenisha Pinnix	T.W. Andrews	18'10.00"	Christy Cagle	Hayesville	16'10.00"						
1991	Rahma Mateen	Ben L. Smith	19'01.50"	Kim Jones	Statesville	18'08.50"	Nikki Harris	North Stanly	18'04.50"						
1992	Rahma Mateen	Ben L. Smith	18'08.00"	Kim Jones	Statesville	18'06.75"	Nikki Harris	North Stanly	19'02.00"						
1993	Rhonda Parks	Triton	18'11.75"	Michelle Tate	Lexington	18'01.00"	Amanda Johnson	East Carteret	18'07.75"						
4A				3A				2A				1A			
1994	T. Patterson	Enloe	18'08.00"	Keione Covington	Asheboro	17'11.75"	Shana Harris	Southern Guilford	17'09.00"	Marcia Colson	South Stanly	17'04.75"			
1995	Devon Armstrong	Leesville Road	18'09.75"	Keione Covington	Asheboro	18'01.75"	DeAnne Davis	Cummings	18'00.50"	Marcia Colson	South Stanly	17'08.25"			
1996	Kim Jones	Grimsley	18'04.00"	Keione Covington	Asheboro	18'10.00"	DeAnne Davis	Cummings	18'10.75"	Conova Young	Lejeune	17'00.83"			
1997	Kim Jones	Grimsley	19'00.00"	Keione Covington	Asheboro	18'06.50"	Kirsten Bowden	Newton-Conover	17'04.00"	Taneshia Walker	Camden	16'07.00"			
1998	Kim Jones	Grimsley	18'08.00"	Toshima Dabbs	Morehead	17'11.00"	Cora Johnson	East Carteret	18'09.75"	Lisa Maliska	Hayesville	17'03.00"			
1999	Kim Jones	Grimsley	19'07.00"	Anissa Gainey	Clayton	18'06.00"	Latasha Pharr	North Rowan	18'02.00"	Valesha Small	Dixon	17'02.75"			
2000	Ronda White	Olympic	19'08.75"	Meka Battle	Southern Nash	17'07.50"	Cora Johnson	East Carteret	19'04.00"	Virginia Smith	Jordan Matthews	17'03.00"			
2001	Kellie Todd	WF-Rolesville	18'10.00"	Sheena Dawkins	T.W. Andrews	17'01.00"	Tiffany Perry	Southern Vance	18'05.50"	Katrelle Armwood	Durham Sch. of Arts	17'05.50"			
2002	Anna Raynor	South Johnston	18'00.00"	Chrystal Marsh	Anson	17'10.25"	Sheena Dawkins	T.W. Andrews	18'03.75"	Katrelle Armwood	Durham Sch. of Arts	18'05.25"			
2003	Melissa Council	Cary	17'11.00"	Sherina Steele	West Rowan	18'09.75"	Moriah Jones	North Rowan	17'11.50"	Jenny Alyn Scott	Surry Central	16'06.00"			
2004	Vonteena Knotts	Butler	19'04.50"	Mae Boone	Hertford	18'11.00"	Alicia Person	Southern Vance	17'04.00"	Gerri-Lena White	Williamston	17'00.50"			
2005	Danielle Thorpe	C.E. Jordan	18'03.50"	Kiara Crutchfield	Ragsdale	17'08.00"	Alicia Person	Southern Vance	18'04.00"	Erica Little	North Stokes	17'11.75"			
2006	Chirshawn Williams	SE Raleigh	18'07.00"	Dekalah Price	T.W. Andrews	17'09.00"	Taryn Wentz	Forest Hills	18'05.00"	Melanie Frye	West Wilkes	18'01.00"			
2007	Ashlynn Chais	Scotland	18'07.00"	Kiara Crutchfield	Ragsdale	18'05.00"	Latoya James	Cummings	18'01.50"	Jasmine Young	East Columbus	17'06.00"			
2008	Jacinda Evans	S. Durham	19'09.75"	Jessica Morgan	Parkland	18'11.00"	Sherice Walker	Cummings	19'01.75"	Jasmine Young	East Columbus	17'05.00"			
2009	Chirshawn Williams	SE Raleigh	19'04.00"	Jessica Barnes	SW Edgecombe	18'01.75"	Sherice Walker	Cummings	19'03.00"	Jania Bogle	Princeton	17'02.25"			
2010	Jessica Morgan	Parkland	18'09.50"	Shauna Terry	Southern Vance	17'10.50"	Briana Haith	Granville Central	17'11.00"	Teaunna Cuthbertson	North Rowan	19'03.25"			
2011	Danielle Davis	SE Raleigh	18'11.25"	Tori Elliott	Cox Mill	17'10.00"	Shelby Hall	Graham	17'06.00"	Teaunna Cuthbertson	North Rowan	17'10.00"			
2012	Alexis Perry	C.E. Jordan	18'05.00"	Onya Edwards	Charlotte Catholic	16'11.00"	Raven Covington	Cuthbertson	17'04.00"	Teaunna Cuthbertson	North Rowan	17'07.25"			
2013	Shakinah Brooks	SE Raleigh	19'05.00"	Courtney Crawford	McMichael	18'08.50"	Julia Scoles	South Iredell	18'00.25"	Kendall Cox	Monroe	17'10.00"			
2014	Sydnei Murphy	Apex	19'05.25"	Kacia Vines	Cedar Ridge	17'10.00"	Tainasha Vines	Bunn	18'07.50"	Sydney McCoy	Camden County	17'11.00"			
2015	Sydnei Murphy	Apex	20'03.00"	Kacia Vines	Cedar Ridge	18'07.00"	Kenya Majors	Cummings	18'01.25"	Vanisha Wilshire	Louisburg	18'01.00"			
2016	Jade Jordan	Pine Forest	18'07.25"	Torri Weathers	Hickory Ridge	18'00.00"	Kenaye Majors	Cummings	18'06.50"	Sydney McCoy	Camden County	17'01.50"			
2017	Jade Jordan	Pine Forest	19'06.50"	Mackenzie Whitaker	West Carteret	18'07.50"	Kelsia Moore	Cummings	19'01.00"	Eminey Redmond	Southside	17'06.00"			
2018	Morgan Smalls	Panther Creek	19'03.50"	M'Smrya Seward	Franklinton	18'09.50"	Nicole Barnes	T.W. Andrews	18'07.50"	Breah Taylor	East Carteret	18'03.00"			
2019	Jirah Sidberry	Rocky River	18'11.75"	Ija Mumford	Parkland	18'03.75"	Jydia Faucette	Cummings	18'01.75"	Breah Taylor	East Carteret	17'10.50"			



Women's Outdoor Track State Individual Event Champions



TRIPLE JUMP

1978	Lisa Staton	Salisbury	38'11.00"	1983	Sherrie Clark	Jacksonville	39'05.00"
1979	Sue Heard	Jacksonville	38'09.00"	1984	Mary McKoy	Richmond	39'11.25"
1980	Teretha Coe	North Forsyth	37'10.75"	1985	Debra Alexander	East Forsyth	40'05.50"
1981	Colette Williams	E.E. Smith	40'06.50"				
1982	Colette Williams	E.E. Smith	38'11.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Kim Austin	Beddingfield	39'01.50"	Kim Austin	Beddingfield	39'01.50"	Tafoya Taylor	Albemarle	35'09.00"						
1987	Kiaren Dixon	J.H. Rose	37'00.25"	Samantha Smith	Lincolnton	36'07.50"	Crystal Sherrill	Salisbury	36'04.50"						
1988	Sabrina Hill	Millbrook	38'06.50"	L'Tonya Hall	Washington	38'05.00"	Cheryl Hopkins	Farmville Central	37'07.75"						
1989	Melissa Morrison	A.L. Brown	39'11.75"	Alice Vinson	Sun Valley	39'00.50"	Nikki Friday	Lexington	39'10.50"						
1990	Tonya Avery	Jacksonville	38'09.50"	Nikki Friday	Lexington	42'00.00"	Nikki Harris	North Stanly	36'02.75"						
1991	tonya Avery	Jacksonville	38'11.00"	Nicole Crews	McMichael	38'00.00"	Nikki Harris	North Stanly	38'05.25"						
1992	Lakesha Bennett	Scotland	38'01.00"	Shawn Hill	Harnett Central	39'00.00"	Nikki Harris	North Stanly	39'04.25"						
1993	Jamila Hunter	Millbrook	38'01.75"	DeAnne Davis	Cummings	38'11.00"	Irene Johnson	West Brunswick	37'00.25"						
4A				3A				2A				1A			
1994	Twyla Smith	Pinecrest	38'11.50"	Keione Covington	Asheboro	37'02.50"	DeAnne Davis	Cummings	38'11.00"	Marcia Colson	South Stanly	34'05.25"			
1995	Twyla Smith	Pinecrest	41'02.50"	Keoine Covington	Asheboro	36'10.50"	DeAnne Davis	Cummings	39'09.00"	Marcia Colson	South Stanly	35'06.75"			
1996	Shauntee Hill	Jacksonville	38'00.50"	Lashonda Stubbs	Eastern Randolph	38'06.00"	DeAnne Davis	Cummings	40'02.00"	Crystal Corbett	North Brunswick	34'10.00"			
1997	Toni Kilgor	Huss	39'08.00"	Taressa Davis	Southern Durham	38'07.00"	Kirsten Bowden	Newton-Conover	38'08.50"	Brandy McCullum	Lejeune	33'03.25"			
1998	Toni Kilgor	Huss	39'00.00"	Toshima Dabbs	Morehead	38'04.50"	Latasha Pharr	North Rowan	36'05.50"	Deidre Mapp	Cummings	35'03.50"			
1999	Randi Chapman	N. Durham	39'06.50"	Meka Battle	Southern Nash	40'00.00"	Latasha Pharr	North Rowan	39'00.00"	Katrelle Armwood	Durham Magnet	35'04.75"			
2000	Ronda White	Olympic	41'01.50"	Meka Battle	Southern Nash	39'11.00"	Latasha Pharr	North Rowan	40'09.00"	Paula Moore	Cummings	36'05.25"			
2001	Sharonda Johnson	SE Raleigh	37'09.50"	Tatyana Kirichenko	Western Guilford	38'06.50"	Latasha Pharr	North Rowan	39'11.00"	Paula Moore	Cummings	37'10.25"			
2002	Sharonda Johnson	SE Raleigh	39'03.50"	Nathifa Forde	Ragsdale	37'07.50"	Sheena Dawkins	T.W. Andrews	37'05.75"	Katrelle Armwood	Durham Sch. of Arts	36'03.00"			
2003	Krystal Barringer	Harding	38'00.75"	Camelia Morman	Hillside	39'08.00"	Alicia Person	Southern Vance	37'07.50"	Jazmin Skipper	Mount Airy	34'03.00"			
2004	Brittany Dixson	Millbrook	39'06.50"	Camelia Morman	Hillside	38'07.50"	Sarah Portee	T.W. Andrews	36'05.50"	Eman Al-Aswadi	Durham Sch. of Arts	35'09.75"			
2005	Amelia Black	Millbrook	37'09.50"	Camelia Morman	Hillside	36'10.75"	Alicia Person	Southern Vance	37'00.00"	Eman Al-Aswadi	Durham Sch. of Arts	35'02.00"			
2006	Monique Vines	SE Raleigh	37'05.00"	Dekalah Price	T.W. Andrews	38'04.75"	Taryn Wentz	Forest Hills	37'04.00"	Glasha Covington	Albemarle	35'09.00"			
2007	Chrishawn Williams	SE Raleigh	37'07.00"	Radiance Basden	Western Guilford	38'10.50"	Sherice Walker	Cummings	38'05.50"	Joule Breedlove	Swain County	38'01.25"			
2008	Jacinda Evans	S. Durham	39'01.00"	Radiance Basden	Western Guilford	39'08.50"	Sherice Walker	Cummings	39'03.00"	Glasha Covington	Albemarle	38'03.75"			
2009	Jazie Daniels	Page	39'05.50"	Danielle Butts	South Central	40'11.00"	Sherice Walker	Cummings	39'09.00"	Jennifer Cousart	Highland Tech	34'06.50"			
2010	Shemiah Brooks	SW Guilford	39'10.00"	Danielle Butts	South Central	39'01.00"	Kortney Williams	Cummings	37'01.00"	Jamie Glenn	Monroe	38'01.00"			
2011	Shemiah Brooks	SW Guilford	39'03.00"	Danielle Butts	South Central	40'11.00"	Francesca Evans	Cummings	38'10.50"	Jamie Glenn	Monroe	34'08.50"			
2012	Shemiah Brooks	SW Guilford	28'10.00"	Jackie Reid	North Gaston	37'02.00"	Francesca Evans	Cummings	39'03.00"	Jamie Glenn	Monroe	38'04.00"			
2013	Dejah Hayes	W. Guilford	38'07.00"	Chelsey Hargrave	Williams	39'00.75"	Tainasha Vines	Bunn	38'06.00"	Chryssandra Tatum	Lejeune	39'00.00"			
2014	Sydnei Murphy	Apex	39'07.50"	Lydia Laws	Western Alamance	37'02.50"	Tainasha Vines	Bunn	39'01.50"	Vanisha Wilshire	Louisburg	36'11.00"			
2015	Sydnei Murphy	Apex	40'00.75"	Tamilia Wright	Williams	39'00.50"	Tainasha Vines	Bunn	38'08.75"	Vanisha Wilshire	Louisburg	39'04.00"			
2016	Michelle Cobb	T.C. Roberson	38'08.00"	Imani Bennett	Southern Guilford	39'01.00"	Peighton Simmons	T.W. Andrews	38'00.00"	Emma Frye	North Stokes	35'08.50"			
2017	Michelle Cobb	T.C. Roberson	38'11.50"	Kalynn McNair	Asheboro	38'10.75"	Peighton Simmons	T.W. Andrews	39'00.75"	Breah Taylor	East Carteret	37'05.50"			
2018	Morgan Smalls	Panther Creek	40'07.50"	Kalynn McNair	Asheboro	38'01.00"	Nicole Barnes	T.W. Andrews	36'08.00"	Breah Taylor	East Carteret	38'01.50"			
2019	Morgan Smalls	Panther Creek	40'09.00"	Kaylah Britt	Northside-Jax	39'03.50"	Kendall Jordan	Cummings	40'04.75"	Breah Taylor	East Carteret	38'09.00"			



Women's Outdoor Track State Individual Event Champions



HIGH JUMP

1972	Wall	Dudley	5'02.00"	1977	N. Ray	Western Guilford	5'05.00"	1982	Cindy Floyd	Swansboro	5'06.00"
1973	Robbins	Southeast Guilford	5'00.50"	1978	Vanessa Smith	R.J. Reynolds	5'07.75"	1983	April Cook	Watauga	5'08.25"
1974	Robbins	Southeast Guilford	5'02.00"	1979	Chris Arends	Jordan	5'08.00"	1984	Teri LeBlanc	South Mecklenburg	5'06.00"
1975	Sampson	West Carteret	5'01.00"	1980	N. Ray	Western Guilford	5'06.00"	1985	Marquita Misenheimer	Northwest Cabarrus	5'02.00"
1976	Michelle Langan	South Mecklenburg	5'07.00"	1981	April Cook	Watauga	5'06.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A			3A			3A			1A/2A			
1986	Jodi Doss	Williams	5'06.00"	Jodi Doss	Williams	5'06.00"	Melissa Rogers	Southwestern Randolph	5'06.00"			
1987	Leshawn Hewitt	Jordan	5'02.00"	Vicki Peek	Enka	5'04.00"	Melissa Rogers	Southwestern Randolph	5'06.00"			
1988	Sabrina Hill	Millbrook	5'04.00"	Nicky Hudson	Harnett Central	5'04.00"	Susie Britt	Albemarle	5'02.00"			
1989	Quicha Floyd	Page	5'04.00"	Tara Lindsay	Asheboro	5'06.00"	Lola Jones	North Rowan	5'04.00"			
1990	Wendy Palmer	Person	5'06.00"	Kim Jones	Statesville	5'06.00"	Shelly Whitaker	Randleman	5'06.00"			
1991	Quicha Floyd	Page	5'06.00"	Kim Jones	Statesville	5'08.00"	Peace Shepherd	Swansboro	5'06.00"			
1992	Wendy Palmer	Person	5'08.00"	Kim Jones	Statesville	5'04.00"	Sandra Teel	East Carteret	5'04.00"			
1993	Jamila Forte	Enloe	5'04.00"	Shana Harris	Southern Guilford	5'04.00"	Kim McPhatter	Union Pines	5'04.00"			
4A			3A			2A			1A			
1994	Rhonda Parks	Triton	5'06.00"	Latosha Etheridge	Fike	5'05.00"	Kim McPhatter	Union Pines	5'06.00"	Caroline Norton	Elkin	5'00.00"
1995	Adrienne Sims	Douglas Byrd	5'08.50"	Lindsey Ridgeway	Williams	5'05.00"	Joanie Mungro	West Caldwell	5'02.00"	Julie Stackhouse	Hayesville	5'04.50"
1996	Adrienne Sims	Douglas Byrd	5'08.00"	Monique Judkins	Reidsville	5'06.00"	Crystal Forney	Bunker Hill	5'02.00"	Julie Stackhouse	Hayesville	5'00.00"
1997	Adrienne Sims	Douglas Byrd	6'00.00"	Monique Judkins	Reidsville	5'08.00"	Ashley Pinnix	SW Guilford	5'00.00"	Julie Stackhouse	Hayesville	5'04.00"
1998	Sha-Mecca Twitty	West Carteret	5'06.00"	Virginia Lacombe	South Caldwell	5'08.00"	Allison Lentz	Brevard	5'04.00"	Gina Rosser	South Davidson	5'05.00"
1999	Sha-Mecca Twitty	West Carteret	5'04.00"	Carol Kiser	Concord	5'04.00"	Nancy Hinson	Ledford	5'02.00"	Gina Rosser	South Davidson	5'04.00"
2000	Joann Jackson	Millbrook	5'06.00"	Ashley Schrimmer	Havelock	5'04.00"	Tiffany Perry	Southern Vance	5'06.00"	Shannon Meadows	Hendersonville	5'02.00"
2001	Joann Jackson	Millbrook	5'04.00"	Tiffany Mitchell	Western Harnett	5'06.00"	Tiffany Perry	Southern Vance	5'04.00"	Shannon Meadows	Hendersonville	5'08.00"
2002	Debbie Martin	Apex	5'08.00"	Megan Seehorn	East Lincoln	5'02.00"	Vikki Williams	South Brunswick	5'04.00"	Chevon Keith	Union	5'00.00"
2003	Anna Raynor	South Johnston	5'09.00"	Ashley Talley	North Iredell	5'08.00"	Leigh Ann Dillon	Eastern Guilford	5'04.00"	Maya Bennett	East Surry	5'05.00"
2004	Mattie Bethea	Mount Tabor	5'06.00"	Patience Coleman	Southern Durham	5'08.00"	Sarah Portee	T.W. Andrews	5'02.00"	Jessica Peaks	Durham Sch. of Arts	5'02.00"
2005	Jennifer Webster	Providence	5'06.00"	Patience Coleman	Southern Durham	5'04.00"	Jordan Lee	Cedar Ridge	5'02.00"	Jessica Peaks	Durham Sch. of Arts	5'04.00"
2006	Patience Coleman	S. Durham	5'10.00"	Ashley Talley	North Iredell	5'08.00"	Danielle Adams	Northside-Jax	5'04.00"	Brittany Alston	Jordan Matthews	5'02.00"
2007	Patience Coleman	S. Durham	5'08.00"	Laura Langley	Southern Nash	5'08.00"	Jordan Lee	Cedar Ridge	5'06.00"	Sarah Herd	Cherryville	5'02.00"
2008	Cierra Burdick	S. Mecklenburg	5'05.00"	Laura Langley	Southern Nash	5'04.00"	Danielle Adams	Northside-Jax	5'06.00"	Shaquiela Robinson	South Robeson	5'02.00"
2009	Brittany Burton	Person	5'06.00"	Shenika Scales	Morehead	5'03.00"	Meredith Foster	West Henderson	5'03.00"	Shaquiela Robinson	South Robeson	5'06.00"
2010	Sarah Graham	WF-Rolesville	5'06.00"	Danielle Butts	South Central	5'06.00"	Libby Florence	Cedar Ridge	5'03.00"	Shaquiela Robinson	South Robeson	5'04.00"
2011	Sarah Graham	WF-Rolesville	5'08.00"	Danielle Butts	South Central	5'04.00"	Cheyenne Miller	East Rutherford	5'07.00"	Stephanie Johnson	Andrews	5'04.00"
2012	Alexis Perry	Jordan	5'08.00"	LaTrondra Murrow	Harding	5'06.00"	Hunter Welborn	Starmount	5'06.00"	Makayla Roten	West Wilkes	5'04.00"
2013	Gustell Preston	Mount Tabor	5'06.00"	Qizeah Jackson	Westover	5'04.00"	Hunter Welborn	Starmount	5'06.00"	Makayla Roten	West Wilkes	5'06.00"
2014	Jordyn Brown	Jordan	5'04.00"	Qizeah Jackson	Westover	5'08.00"	Charity Snelling	Franklinton	5'05.00"	Hunter Welborn	Starmount	5'08.00"
2015	Jordyn Brown	Jordan	5'06.00"	Julia Scoles	South Iredell	5'06.00"	Joya Blackwell	Hertford County	5'06.00"	Kylie Polsgrove	Avery County	5'06.00"
2016	Kenya Livingston	Rocky River	5'08.00"	Maci Bunting	Asheboro	5'06.00"	Mikel Franklin	T.W. Andrews	5'07.00"	McKenzie Scott	Queens Grant	5'02.00"
2017	Morgan Smalls	Panther Creek	5'08.00"	Jaelyn Warren	Cuthbertson	5'04.00"	Joya Blackwell	Hertford County	5'04.00"	McKenzie Scott	Queens Grant	5'04.00"
2018	Morgan Smalls	Panther Creek	6'00.25"	Gabrielle Ryan	Hillside	5'02.00"	Kennedy Conner	Franklin	5'04.00"	Tierra Benders	East Carteret	5'02.00"
2019	Morgan Smalls	Panther Creek	5'10.00"	Rebekah Smith	Franklinton	5'04.00"	Angel Bowden	Durham Sch. Arts	5'03.00"	Kathlyn Mauck	Mount Airy	5'02.00"



Women's Outdoor Track State Individual Event Champions



POLE VAULT

4A

1999	Becky Post	WF-Rolesville	9'00.00"
2000	Jodie Nettles	Providence	11'00.00"
2001	Erica Dickerson	Millbrook	11'07.00"
2002	Kinsey Batts	Cary	10'06.00"
2003	Tracy Prohoniak	Vance	10'06.00"
2004	Sallie Gurganus	Watauga	11'00.00"
2005	Sallie Gurganus	Watauga	11'08.00"
2006	Sallie Gurganus	Watauga	12'01.00"
2007	Joanna Wright	R.J. Reynolds	11'06.00"
2008	Taylor Cook	Watauga	11'00.00"
2009	Cassie Crawford	Panther Creek	11'06.00"
2010	Cassie Crawford	Panther Creek	12'06.00"
2011	Sydney White	East Forsyth	12'07.00"
2012	Sydney White	East Forsyth	12'09.00"
2013	Kristen Lee	Wakefield	13'00.00"
2014	Anna Eaton	Apex	12'06.00"
2015	Anna Eaton	Apex	12'06.00"
2016	Chesney Ward	Ragsdale	13'02.00"
2017	Olivia Goodwin	Cary	12'06.00"
2018	Lindsay Absher	West Forsyth	13'03.00"
2019	Lindsay Absher	West Forsyth	12'00.00"

3A

Jessica Pierce	Southern Nash	9'00.00"
Michelle Velez	T.C. Roberson	10'00.00"
Tatyana Kirichenko	Western Guilford	11'00.00"
Ashley Marino	North Buncombe	10'06.00"
Amanda Massey	North Buncombe	9'00.00"
Jenny Cambron	Asheville	9'06.00"
Victoria Shobe	Weddington	11'06.00"
Caitlin Thornley	Ragsdale	12'00.00"
Jordan Daywalt	Statesville	11'06.00"
Jordan Daywalt	Statesville	11'06.00"
Ashleigh Culpepper	Franklin	10'00.00"
Ashleigh Culpepper	Franklin	10'06.00"
Sage Proffitt	North Buncombe	11'06.00"
Sage Proffitt	North Buncombe	11'06.00"
Brooke Shelton	Ledford	11'06.00"
Liz Wood	Cuthbertson	11'06.00"
Shaye Stegall	Marvin Ridge	10'06.00"
Tessa Sheets	Northwood	12'01.00"
Tessa Sheets	Northwood	12'06.00"
Riley Felts	Weddington	12'00.00"
Ava Studney	Cuthbertson	11'06.00"

2A

Erin Johnson	Swansboro	7'06.00"
Erin Johnson	Swansboro	9'00.00"
Rhonette Phillips	West Brunswick	10'00.00"
Natalie Savewich	Mount Pleasant	9'06.00"
Natalie Savewich	Mount Pleasant	10'00.00"
Melissa Cabe	West	9'06.00"
Arielle Dawkins	Western Guilford	10'00.50"
Megan Williams	Ledford	10'00.00"
Katrina Krider	Ashe County	9'06.00"
Megan Williams	Ledford	10'06.00"
Raven Stanley	Surry Central	9'00.00"
K.C. Watson	Swansboro	9'03.00"
Raven Stanley	Surry Central	10'00.00"
Korie Bennett	Swansboro	10'06.00"
Liz Wood	Cuthbertson	10'06.00"
Danielle Brown	Franklin	11'02.00"
Josephine Johnson	Draughn	9'06.00"
Leanna Seagraves	Draughn	9'00.00"
Netanya Linares	Parkwood	10'00.00"
Sarah Brown	Surry Central	12'00.00"
Sarah Brown	Surry Central	12'06.50"

1A

Terri Matthews	Starmount	8'00.00"
Terri Matthews	Starmount	9:06.00"
Susan Shore	Starmount	9'00.00"
Jessica Fowler	Hendersonville	10'06.00"
Susan Shore	Starmount	9'06.00"
Shea Snow	Starmount	10'07.00"
Shea Snow	Starmount	10'00.00"
Melanie Frye	West Wilkes	9'06.00"
Caitlin Ritchie	South Stanly	9'06.00"
Gretta Eller	West Wilkes	9'00.00"
Jasmine Patterson	South Stanly	9'00.00"
Jasmine Patterson	South Stanly	9'06.00"
Tess Rogers	North Stokes	11'00.00"
Tess Rogers	North Stokes	10'06.00"
Tess Rogers	North Stokes	10'06.00"
Moriah Boyette	North Stokes	10'03.00"
Maddie Cole	Robbinsville	10'00.00"
Sarah Hyatt	Swain County	8'06.00"
Hailey Sheppard	North Stokes	9'00.00"
Lakelyn Bass	Hobbton	11'00.00"
Hallah Panther	Cherokee	10'00.00"



Women's Outdoor Track State Individual Event Champions



100 METER HIGH HURDLES (110 YARDS UNTIL 1980)

1974	Williford	New Bern	15.50	1979	JoAnn Stallings	Holmes	14.80	1984	Teri LeBlanc	South Mecklenburg	13.89
1975	Scott	Page	15.20	1980	Sonya Marshall	Olympic	14.40	1985	Pam Doggett	Dudley	14.50
1976	Stella Johnson	West Charlotte	15.00	1981	Clara Hairston	East Forsyth	13.60				
1977	Stella Johnson	West Charlotte	14.20	1982	Colette Williams	E.E. Smith	13.40				
1978	Williams	Scotland	14.50	1983	Ida Pendergraft	Hillside	14.30				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Pam Doggett	Dudley	13.88	Pam Doggett	Dudley	13.88	Lisa Taylor	Salisbury	15.46						
1987	Melissa Morrison	A.L. Brown	14.78	Laura Hargett	Asheboro	15.93	Lisa Taylor	Salisbury	15.52						
1988	Melissa Morrison	A.L. Brown	15.19	Paige Ingram	Hibriten	15.75	Monica Teeter	Mooresville	15.83						
1989	Melissa Morrison	A.L. Brown	14.09	Angela Williams	Western Guilford	15.44	Beth Burleson	Mitchell	15.73						
1990	Cassandra Adams	Richmond	14.66	Beth Burleson	Mitchell	15.20	Beth Burleson	Mitchell	15.20						
1991	Fay Peteakin	Hoke County	15.19	Christy Rogers	Sun Valley	15.33	Sara White	Surry Central	15.32						
1992	Jennifer Kalanick	Grimsley	15.10	Christy Rogers	Sun Valley	15.16	Sara White	Surry Central	15.31						
1993	Joann Smith	New Bern	15.17	DeAnne Davis	Cummings	14.67	Sara White	Surry Central	15.10						
4A				3A				2A				1A			
1994	Twyla Smith	Pinecrest	14.64	Beverly Ford	High Point Central	15.85	DeAnne Davis	Cummings	14.65	Julie Stackhouse	Hayesville	16.46			
1995	Brenda Taylor	Watauga	14.62	Tishan Melton	Beddingfield	15.11	DeAnne Davis	Cummings	14.56	Julie Stackhouse	Hayesville	15.72			
1996	Brenda Taylor	Watauga	14.53	Marshari Williams	Southern Durham	14.85	DeAnne Davis	Cummings	14.63	Julie Stackhouse	Hayesville	16.02			
1997	Brenda Taylor	Watauga	14.23	Marshari Williams	Southern Durham	15.08	Deidre Mapp	Cummings	15.63	Julie Stackhouse	Hayesville	15.45			
1998	Kim Jones	Grimsley	14.66	Lavernia Chambers	Hillside	14.90	Latasha Pharr	North Rowan	14.43	Deidre Mapp	Cummings	15.75			
1999	Kim Jones	Grimsley	14.03	Ronetta Burgess	Washington	15.90	Latasha Pharr	North Rowan	14.79	Ebony Cunningham	Polk County	15.81			
2000	Candice Sessoms	Jacksonville	14.70	Michelle Velez	T.C. Roberson	15.20	Latasha Pharr	North Rowan	14.06	Katrelle Armwood	Durham Sch.of Arts	15.38			
2001	Ashley Dutch	Broughton	14.70	Lavarnia Chambers	Hillside	14.90	Latasha Pharr	North Rowan	14.19	Chandra Pulliam	Cummings	14.35			
2002	Krystal Barringer	Harding	15.20	Sherina Steele	West Rowan	15.19	Chandra Pulliam	Cummings	14.59	Katrelle Armwood	Durham Sch. of Arts	15.38			
2003	Krystal Barringer	Harding	14.69	Alicia Turner	Hillside	14.95	Arlene Mitchell	Southern Vance	15.22	Melinda Mayfield	Durham Sch. of Arts	15.84			
2004	Krystal Barringer	Harding	15.02	Atir Carter	Hillside	15.00	Dominique Price	Cummings	14.97	Kenya Kerr	Hendersonville	16.41			
2005	Gabby Mayo	SE Raleigh	14.41	Atir Carter	Hillside	15.02	Latoya James	Cummings	14.93	Michelle Bracey	Williamston	16.26			
2006	Gabby Mayo	SE Raleigh	13.60	Manika Gamble	Jacksonville	15.01	Latoya James	Cummings	14.34	Melanie Frye	West Wilkes	16.05			
2007	Gabby Mayo	SE Raleigh	13.73	Sophia Treakle	Asheville	14.90	Latoya James	Cummings	13.98	Joanna Davis	South Stokes	16.25			
2008	Ashley Bethune	Harding	14.28	Sophia Treakle	Asheville	14.87	Sherice Walker	Cummings	14.21	Natalie Moreland	Mount Airy	16.26			
2009	Brittany Carroll	Harding	14.20	Maklisha Ford	NW Cabarrus	15.50	Sherice Walker	Cummings	14.50	Camille Wilkerson	W-S Prep	15.31			
2010	Keni Harrison	Clayton	14.56	Erin Tucker	J.M. Robinson	14.54	Kortney Williams	Cummings	14.66	Teaunna Cuthbertson	North Rowan	15.14			
2011	Keni Harrison	Clayton	13.69	Xaviera Bass	Nash Central	14.89	Nora McKiver	T.W. Andrews	14.60	Meloney Ramos	North Rowan	15.41			
2012	Mollie Williams	Clayton	13.66	Ariel Davis	Northern Guilford	14.39	Nora McKiver	T.W. Andrews	14.22	Reneazia Collins	Monroe	15.48			
2013	Mollie Williams	Clayton	13.98	Kayla Mitchell	Overhills	14.79	Nora McKiver	T.W. Andrews	14.37	Reneazia Collins	Monroe	15.52			
2014	Jacklyn Howell	SE Raleigh	13.52	Kylie McMillan	Southern Guilford	14.11	Kayla Moore	Cummings	14.75	Kylie Polsgrove	Avery County	15.17			
2015	Ebony Williams	Parkland	13.44	Kylie McMillan	Southern Guilford	13.81	Kayla Moore	Cummings	14.38	Kylie Polsgrove	Avery County	14.94			
2016	Akira Rhodes	Mallard Creek	13.76	Sydni Fields	Cleveland	14.98	Kayla Moore	Cummings	13.71	Ashya Smith	Winston-Salem Prep	15.40			
2017	Akira Rhodes	Mallard Creek	13.90	Alion Belvin	Asheville	15.00	Nicole Barnes	T.W. Andrews	14.19	Ashya Smith	Winston-Salem Prep	15.63			
2018	Akira Rhodes	Mallard Creek	13.66	Nyile Facey	Southwest Guilford	14.06	Nicole Barnes	T.W. Andrews	13.99	Shamonda Bell	Princeton	15.43			
2019	Taylor McKinnon	Cardinal Gibbons	13.88	Alexis Patterson	Parkland	13.91	Kendall Jordan	Cummings	14.11	Ja'Ciya Guthrie	Bessemer City	15.04			



Women's Outdoor Track State Individual Event Champions



100 METER DASH (100 YARDS UNTIL 1980)

1972	Little	Hoke County	11.60	1977	Stanback	Pinecrest	11.10	1982	Pat Braxton	Jacksonville	12.40
1973	Leak	Bowman	11.10	1978	Stanback	Pinecrest	10.90	1983	Carla McLaughlin	Northern Durham	11.70
1974	Roundtree	Elm City	11.40	1979	Denise Dayle	Hillside	11.00	1984	Carla McLaughlin	Northern Durham	11.88
1975	Kathy McMillian	Hoke County	11.00	1980	Denise Dayle	Hillside	12.00	1985	Lamonda Miller	Chase	11.90
1976	Kathy McMillian	Hoke County	11.10	1981	Mamie Wilson	Northern Durham	11.80				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Adrienne Ferguson	Dudley	11.96	Adrienne Ferguson	Dudley	11.96	Linda Bryant	Manteo	11.90						
1987	Marlene Poole	Grimsley	12.32	San Harrison	T.W. Andrews	12.32	Rachel Small	Lexington	12.26						
1988	Marlene Poole	Grimsley	12.26	Alice Vinson	Sun Valley	12.65	Tammy Ballard	North Brunswick	12.62						
1989	Marlene Poole	Dudley	11.74	Alice Vinson	Sun Valley	12.20	Rachel Small	Lexington	12.63						
1990	Marlene Poole	Dudley	11.95	Alice Vinson	Sun Valley	12.03	Melissa Harris	West Montgomery	12.79						
1991	Tarsha Bess	West Charlotte	11.88	Katrina Jarrett	North Rowan	12.30	Nikki Harris	North Stanly	12.51						
1992	Elisha Marshall	Douglas Byrd	12.18	Sherry Faust	Southern Alamance	12.43	Amanda Johnson	East Carteret	12.59						
1993	Kim Wilson	Grimsley	12.20	Toi Wilson	D.H. Conley	11.83	Amanda Johnson	East Carteret	12.41						
4A				3A				2A				1A			
1994	Elisha Marshall	Douglas Byrd	12.18	Sabrina Thompson	Fike	12.09	Latoya Johnson	Eastern Alamance	12.57	Wendy Wilson	Chatham Central	13.14			
1995	Dana Hoopes	Harding	11.93	Sabrina Thompson	Fike	11.95	Carmen Weldon	Salisbury	12.40	Conova Young	Lejeune	12.91			
1996	Crystal Cox	Pine Forest	11.80	Sabrina Thompson	Fike	11.95	Rashca Barrow	Currituck	12.23	Conova Young	Lejeune	12.67			
1997	Crystal Cox	Pine Forest	11.86	Shirena James	Hickory	12.51	Jenny Cassell	Southern Guilford	12.42	Conova Young	Lejeune	12.48			
1998	Demetria Washington	Terry Sanford	12.10	Anissa Gainey	Clayton	12.20	Michelin Middlebrooks	High Point Central	12.49	Shayla Horne	Bladenboro	12.49			
1999	Danielle Davis	Seventy-First	12.03	Anissa Gainey	Clayton	12.12	Leeanne Minton	West Wilkes	12.78	Shalyce Smith	James Kenan	12.79			
2000	Felicia Fant	Olympic	11.96	Anissa Gainey	Clayton	12.06	Tameka Peterson	Wallace-Rose Hill	12.17	Shalyce Smith	James Kenan	12.62			
2001	Michelle Dixon	Southeast Raleigh	12.18	Nasheena Quick	T.W. Andrews	12.45	Tameka Peterson	Wallace-Rose Hill	12.07	Cynethia Rooks	Northampton-West	12.52			
2002	Shamaya Poe	West Charlotte	***	Tempess Stark	Northwest Cabarrus	12.18	Nashenna Quick	T.W. Andrews	12.37	Evette Brown	South Stokes	12.24			
2003	Joya Rodgers	Harding	12.21	Tempess Stark	Northwest Cabarrus	12.21	Lovetta Perry	Southern Vance	12.39	Cynethia Rooks	Northampton-West	12.33			
2004	Erica Montgomery	Mount Tabor	11.78	Mae Boone	Hertford	12.35	Shontay Dodd	Greene Central	12.25	Evette Brown	South Stokes	12.18			
2005	Shamya Poe	West Charlotte	11.84	Toree Roseboro	East Lincoln	12.22	Ashley McKiver	T.W. Andrews	12.31	Christina Gray	North Brunswick	12.50			
2006	Gabby Mayo	Southeast Raleigh	11.14	Kelsey McCorkle	South Central	11.83	Alexis Jenkins	North Brunswick	12.62	Jania Bogle	Princeton	12.69			
2007	Gabby Mayo	Southeast Raleigh	11.43	Stormy Kendrick	Forestview	11.79	Lindsay Fuller	Cedar Ridge	12.27	Jania Bogle	Princeton	12.35			
2008	Jacinda Evans	Southern Durham	11.77	Kelsey McCorkle	South Central	11.83	Lindsay Fuller	Cedar Ridge	12.40	Jania Bogle	Princeton	12.47			
2009	Nyosha Bryant	West Charlotte	11.92	Stormy Kendrick	Forestview	12.11	Lindsay Fuller	Cedar Ridge	12.44	Jania Bogle	Princeton	12.25			
2010	Vashti Bandy	Butler	12.05	Maleena Reid	North Gaston	11.92	Paisley Simmons	T.W. Andrews	12.08	Leroya Banks	Perquimans	12.30			
2011	Gabrielle Gray	High Point Central	11.94	Nyshedra Brown	West Craven	12.33	Marisa Bellamy	Bunn	11.91	Leroya Banks	Perquimans	12.10			
2012	Alexis Murphy	Apex	11.60	Nyshedra Brown	West Craven	11.77	Paisley Simmons	T.W. Andrews	12.03	Chasity Roberts	Jones	12.41			
2013	Jasmine Dawson	West Johnston	11.70	Qizeah Jackson	Westover	12.18	Paisley Simmons	T.W. Andrews	12.05	Sloan Williams	Winston-Salem Prep	12.33			
2014	Katlin Sherman	Parkland	11.88	Courtney Warner	C.B. Aycock	11.93	Reneazia Collins	Monroe	12.42	Sloan Williams	Winston-Salem Prep	12.18			
2015	Katlin Sherman	Parkland	11.53	Courtney Warner	C.B. Aycock	11.80	Tia Glover	St. Pauls	12.37	Deonica Reid	Winston-Salem Prep	12.43			
2016	Tamara Clark	High Point Central	11.52	Mya Daye	Northern Vance	12.06	Tajah Walston	Cummings	11.94	Sydney McCoy	Camden County	12.17			
2017	Tamara Clark	High Point Central	11.72	Mya Daye	Northern Vance	11.96	Nicole Barnes	T.W. Andrews	12.09	Araybian Lilly	West Montgomery	12.65			
2018	Jonah Ross	Garner	11.84	Alexis Patterson	Parkland	11.78	Tahalia Fairman	Southwest Onslow	12.30	Araybian Lilly	West Montgomery	12.48			
2019	Jonah Ross	Garner	11.83	Alexis Patterson	Parkland	11.95	Allaysia Farrar	Cummings	11.92	Ja'Ciya Guthrie	Bessemer City	12.08			



Women's Outdoor Track State Individual Event Champions



800 METER DASH (880 YARDS UNTIL 1980)

1972	Ralston	Ragsdale	2:43.20	1977	Julie Shea	Cardinal Gibbons	2:16.60	1982	Delphine Mabry	SouthWest Edgecombe	2:13.50
1973	McMais	Southeast Guilford	2:32.80	1978	Briscoe	Chapel Hill	2:17.10	1983	Kathy Ormsby	Richmond	2:18.10
1974	Kittrell	West Carteret	2:27.30	1979	Mary Shea	Cardinal Gibbons	2:13.20	1984	Leah Ann Miller	North Rowan	2:15.73
1975	Julie Shea	Cardinal Gibbons	2:14.40	1980	S. Owens	Western Guilford	2:15.20	1985	Marrienne Carraher	Lee County	2:12.43
1976	Lynn Lashley	Millbrook	2:12.40	1981	Delphine Mabry	SouthWest Edgecombe	2:21.10				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Missie Purgason	Washington	2:18.37	Missy Purgason	Washington	2:18.37	No Record					
1987	Tonya Willis	Morehead	2:18.37	Francine Dumas	T.C. Roberson	2:18.12	Maria Trent		NC Science & Math	2:25.22		
1988	Tomi Ogumba	East Mecklenburg	2:18.34	Jennifer Bennett	West Carteret	2:19.99	Patty Shoaf		West Davidson	2:23.45		
1989	Leslie McCaskill	East Mecklenburg	2:17.66	Jennifer Bennett	West Carteret	2:22.24	Ros Hall		Murphy	2:25.27		
1990	Amy Neal	East Forsyth	2:15.30	Amy Thatcher	Enka	2:23.09	Claudia Newman		East Montgomery	2:18.50		
1991	Amy Clark	North Mecklenburg	2:16.88	Suzanne Black	Sun Valley	2:21.20	Karen Godlock		Polk County	2:19.30		
1992	Michelle McRae	Williams	2:17.13	Mia Richardson	McMichael	2:16.81	Karen Godlock		Polk County	2:17.53		
1993	Winifred Winston	Hoke County	2:18.58	Laura Hughes	Sun Valley	2:22.61	Karen Godlock		Polk County	2:16.34		
4A				3A				2A				
1994	U. McLean	Enloe	2:17.72	Laura Hughes	Sun Valley	2:20.79	Amy Knox	West Henderson	2:25.80	Jill Lawrence	Surry Central	2:31.10
1995	Keeya McManus	Olympic	2:14.90	Mary Osada	T.C. Roberson	2:21.08	Sarah Day	Ledford	2:26.35	Cathy Pryor	South Davidson	2:28.80
1996	Florencia Hunt	Hillside	2:15.86	Amanda Becker	Fuquay-Varina	2:18.60	Jennifer Dimsdale	Polk County	2:20.20	Julie Stackhouse	Hayesville	2:20.70
1997	Ursula McLean	West Charlotte	2:19.46	Amanda Becker	Fuquay-Varina	2:19.01	Sarah Day	Ledford	2:20.62	Julie Stackhouse	Hayesville	2:22.82
1998	Donna Bealer	Watauga	2:16.78	Melinda Dubose	Enka	2:20.14	Kara Gillespie	Surry Central	2:23.67	Jennifer Dimsdale	Polk County	2:21.60
1999	Karen Medlin	Athens Drive	2:18.32	Nayly Bulkeley	Southwest Guilford	2:19.53	Heidi Sloop	West Wilkes	2:25.25	Jennifer Dimsdale	Polk County	2:25.12
2000	Molly Doyle	Sanderson	2:19.10	Kelly Derry	Franklin	2:21.62	Krystal Knoll	North Stanly	2:27.54	Jessica Heitpas	Rosewood	2:26.66
2001	Karen Medlin	Broughton	2:18.79	Jessica Carrol	Harding	2:20.08	Jessica Durrant	North Henderson	2:27.40	Jessica Heitpas	Rosewood	2:24.12
2002	Julia Lucas	Myers Park	2:15.28	Jeretha Massey	Ben L. Smith	2:20.02	Michelle Matthews	Swansboro	2:20.68	Shea Tamey	Murphy	2:21.00
2003	Krystle Medlin	SE Raleigh	2:20.20	Hannah Parks	Glenn	2:21.17	Michelle Matthews	Swansboro	2:23.56	Kayla Robertson	Surry Central	2:22.43
2004	Krystle Medlin	SE Raleigh	2:16.40	Chinelle McFadden	Hillside	2:21.07	Colleen McKown	Brevard	2:22.22	Kayla Robertson	Surry Central	2:24.81
2005	Aja Jackson	Waddell	2:16.90	Stephanie Snyder	Enka	2:18.93	Christina Moore	Pender	2:18.43	Chelsie Dillard	North Stokes	2:26.57
2006	Lindsay Broyhill	Page	2:15.42	Sarah Dugan	T.C. Roberson	2:21.00	Kennedy Wolfe	Cedar Ridge	2:20.01	Chelsie Dillard	North Stokes	2:26.42
2007	Callan Fike	Athens Drive	2:14.60	Brandy Swann	Jacksonville	2:17.14	Kennedy Wolfe	Cedar Ridge	2:22.77	Tara Lindeman	Hendersonville	2:20.83
2008	Maraya Slatter	West Johnston	2:17.83	Ryanna Henderson	Jacksonville	2:15.15	Heather Beichner	Cardinal Gibbons	2:18.61	Tara Lindeman	Hendersonville	2:15.56
2009	Becca Deloache	Myers Park	2:13.87	LeaAnna Godwin	Triton	2:16.81	Morgan Turner	Lincolnton	2:21.03	Chelsea Treadway	Swain County	2:20.47
2010	Jocelyn Keen	Fuquay-Varina	2:12.79	Taryn Stern	Hickory Ridge	2:20.52	Kaylan Lance	Brevard	2:19.76	Chelsea Treadway	Swain County	2:19.50
2011	Shelby Howell	New Hanover	2:13.05	Megan Kunkel	Cardinal Gibbons	2:17.74	Grace Morken	Carrboro	2:13.09	Chelsea Treadway	Swain County	2:14.70
2012	Shelby Howell	New Hanover	2:11.99	Blake Dodge	West Carteret	2:16.03	Grace Morken	Carrboro	2:18.26	Hunter Latimer	Gray Stone Day	2:21.94
2013	Megan Sullivan	Broughton	2:13.29	Blake Dodge	West Carteret	2:13.23	Grace Morken	Carrboro	2:16.71	Malia Ellington	Comm. Sch. Davidson	2:20.37
2014	Lauren Moody	T.C. Roberson	2:12.84	Blake Dodge	West Carteret	2:13.86	Maysa Araba	Carrboro	2:16.41	Malia Ellington	Comm. Sch. Davidson	2:15.87
2015	G'Jasmyne Butler	Leesville Road	2:11.07	Anna Vess	A.C. Reynolds	2:17.41	Maysa Araba	Carrboro	2:15.18	Malia Ellington	Comm. Sch. Davidson	2:12.26
2016	Nevada Mareno	Leesville Road	2:08.51	Anna Vess	A.C. Reynolds	2:13.28	Brittany Stanly	Mount Pleasant	2:13.53	Emma Pindur	Swain County	2:22.77
2017	TiCoiya Gidderon	High Point Central	2:11.93	Emme Fisher	West Carteret	2:15.69	Kaleigh Hanson	Croatan	2:19.28	Emma Pindur	Swain County	2:19.26
2018	TiCoiya Gidderon	High Point Central	2:13.76	Megan Marvin	Chapel Hill	2:12.74	Kaleigh Hanson	Croatan	2:19.43	Victoria Swepson	Research Triangle	2:20.40
2019	Caroline Todd	Cardinal Gibbons	2:15.08	Megan Marvin	Chapel Hill	2:13.26	Faith Younts	Patton	2:21.92	Victoria Swepson	Research Triangle	2:18.84



Women's Outdoor Track State Individual Event Champions



1600 METER RUN (1 MILE UNTIL 1980)

1972	Elder	Ragsdale	6:05.60	1977	Julie Shea	Cardinal Gibbons	4:43.10	1982	Kathy Ormsby	Richmond	4:59.00
1973	Taylor	North Pitt	5:22.20	1978	Gail Hafley	Sanderson	5:05.70	1983	Kathy Ormsby	Richmond	4:56.80
1974	Taylor	North Pitt	5:21.10	1979	Mary Shea	Cardinal Gibbons	4:58.00	1984	Wendy McLees	Grimsley	5:05.17
1975	Lashley	Millbrook	5:16.60	1980	Joan Nesbitt	East Mecklenburg	5:05.70	1985	Marriane Carraher	Lee County	5:18.21
1976	Julie Shea	Cardinal Gibbons	4:50.80	1981	Kathy Ormsby	Richmond	4:59.00				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Francine Dumas	T.C. Roberson	5:02.29	Francine Dumas	T.C. Roberson	5:02.29	Amy Bingham	NC Science & Math	5:38.45						
1987	Cessy Hudson	East Burke	5:07.03	Francine Dumas	T.C. Roberson	5:10.69	Maria Trent	NC Science & Math	5:35.90						
1988	Cessy Hudson	East Burke	5:10.38	Charlotte Smith	Shelby	5:23.85	Erin Smyth	Lejeune	5:24.49						
1989	Carrie Hoag	Garinger	5:13.14	Jennifer Olive	Enka	5:16.96	Erin Smyth	Lejeune	5:22.20						
1990	Kelly Clark	Lee County	5:07.79	Mia Richardson	McMichael	5:24.91	Julie Barba	Lejeune	5:20.41						
1991	Ami Herrman	Providence	5:04.42	Mia Richardson	McMichael	5:16.70	Karen Godlock	Polk County	5:08.84						
1992	Ami Herrman	Providence	4:51.59	Mia Richardson	McMichael	5:10.94	Karen Godlock	Polk County	5:06.34						
1993	Ami Herrman	Providence	5:09.92	Rebekah Frick	East Rowan	5:24.84	Karen Godlock	Polk County	5:05.69						
4A				3A				2A				1A			
1994	Francis Warner	E.E. Smith	4:59.92	Laura Hughes	Sun Valley	5:15.67	Amy Knox	West Henderson	5:25.60	Suzanne Shelton	East Surry	5:39.44			
1995	Meredith Faircloth	Broughton	5:09.29	Amanda Becker	Fuquay-Varina	5:08.01	Sarah Day	Ledford	5:25.41	Kristy Whitaker	Murphy	5:31.98			
1996	Florencia Hunt	Hunt	5:09.01	Amanda Becker	Fuquay-Varina	5:05.79	Jennifer Dimmsdale	Polk County	5:08.18	Julie Stackhouse	Hayesville	5:17.00			
1997	Fran Lattie	Lumberton	5:19.31	Sarah Vance Goodman	T.C. Roberson	5:03.05	Sarah Day	Ledford	5:13.97	Kristy Whitaker	Murphy	5:31.46			
1998	Mary Floyd	Enloe	5:12.03	Sarah Vance Goodman	T.C. Roberson	5:03.80	Heidi Sloop	West Wilkes	5:23.26	Jennifer Dimsdale	Polk County	5:19.05			
1999	Alisha Little	East Burke	5:08.40	Christina Berndt	Fred T. Foard	5:10.04	Heidi Sloop	West Wilkes	5:15.55	Ariel Glassman	Hendersonville	5:15.34			
2000	Julia Lucas	Myers Park	5:05.59	Danielle Deines	T.C. Roberson	5:20.73	Heidi Sloop	West Wilkes	5:22.04	Jessie Stackhouse	Hayesville	5:37.39			
2001	Rachel Kitson	Chapel Hill	5:11.93	Alica Valtin	Western Harnett	5:08.69	Heidi Sloop	West Wilkes	5:20.55	Erika Schneble	Hendersonville	5:16.85			
2002	Julia Lucas	Myers Park	5:06.02	Jessica Collins	Eastern Wayne	5:18.76	Christal Rayle	Randleman	5:30.01	Erika Schneble	Hendersonville	5:06.67			
2003	Taylor Steelman	Mount Tabor	5:06.39	Hannah Parks	Glenn	5:19.48	LeighAnn Taylor	Monroe	5:18.65	Kayla Robertson	Surry Central	5:15.49			
2004	Kate Merrill	Jordan	5:07.83	Hannah Parks	Glenn	5:22.07	LeighAnn Taylor	Monroe	5:16.44	Summer Graham	Princeton	5:27.04			
2005	Aja Jackson	Waddell	5:09.76	Hannah Parks	Glenn	5:13.34	Christina Moore	Pender	5:13.07	Elisabeth Elliot	Polk County	5:33.34			
2006	Callan Fike	Athens Drive	5:06.15	Hannah McArdle	T.C. Roberson	5:18.83	Heather Beichner	Cardinal Gibbons	5:08.50	Heather Hoffman	Bishop McGuinness	5:26.78			
2007	Callan Fike	Athens Drive	4:59.83	Ryanna Henderson	Jacksonville	5:14.67	Heather Beichner	Cardinal Gibbons	5:09.50	Anna Hayes	East Wilkes	5:25.99			
2008	Kimberly Spano	N. Mecklenburg	5:07.91	Kenyetta Iyevbele	Olympic	5:07.29	Heather Beichner	Cardinal Gibbons	4:57.05	Jade Farlow	South Stanly	5:19.02			
2009	Carolyn Baskir	East Chapel Hill	4:56.87	Laura Hoer	T.C. Roberson	5:00.31	Halsey Merritt	Cardinal Gibbons	5:16.82	Kristen Stout	Hendersonville	5:20.96			
2010	Samantha George	Millbrook	4:55.67	Sarah Rapp	Cardinal Gibbons	5:04.10	Francesca Perone	Carrboro	5:25.44	Carol Blankenship	East Wilkes	5:06.62			
2011	Samantha George	Millbrook	4:58.75	Sarah Rapp	Cardinal Gibbons	5:07.05	Grace Morken	Carrboro	5:13.09	Kristen Stout	Hendersonville	5:19.32			
2012	Samantha George	Millbrook	4:51.54	Jentzen Jones	Fike	5:13.07	Grace Morken	Carrboro	5:09.13	Elizabeth Lackey	Hendersonville	5:25.27			
2013	Mattie Blue	Broughton	5:02.52	Blake Dodge	West Carteret	4:59.35	Grace Morken	Carrboro	5:13.00	Malia Ellington	Comm. Sch. Davidson	5:01.37			
2014	Blair Ramsey	Grimsley	4:57.20	Anna Vess	A.C. Reynolds	5:00.39	Maysa Araba	Carrboro	5:03.52	Malia Ellington	Comm. Sch. Davidson	4:59.88			
2015	Elly Henes	Green Hope	4:58.84	Anna Vess	A.C. Reynolds	5:03.49	Maysa Araba	Carrboro	4:55.78	Malia Ellington	Comm. Sch. Davidson	5:04.85			
2016	Nevada Mareno	Leesville Road	4:51.57	Anna Vess	A.C. Reynolds	5:00.09	Brittany Stanley	Mount Pleasant	4:59.96	Jo Snow	Mount Airy	5:22.39			
2017	Isabel Zimmerman	Reagan	5:00.46	Sarah LaTour	Cuthbertson	5:03.03	Mariah Howlett	Lake Norman Charter	5:03.80	Caitlyn Burkett	Franklin Academy	5:21.43			
2018	Carmen Alder	Pinecrest	4:57.84	Elise Wright	T.C. Roberson	5:01.52	Mariah Howlett	Lake Norman Charter	5:00.67	Victoria Swepson	Research Triangle	5:21.52			
2019	Carmen Alder	Pinecrest	5:03.98	Hayley Whoolery	West Johnston	5:02.12	Angie Allen	North Lincoln	5:10.87	Victoria Swepson	Research Triangle	5:25.68			



Women's Outdoor Track State Individual Event Champions



200 METER DASH (220 YARDS UNTIL 1980)

1972	Crowell	East Mecklenburg	26.10	1977	Stanback	Pinecrest	25.30	1982	Mamie Wilson	Northern Durham	24.60
1973	Leak	Bowman	25.40	1978	Stanback	Pinecrest	24.60	1983	Carla McLaughlin	Northern Durham	24.30
1974	Kathy McMillian	Hoke County	25.40	1979	Pam Belton	Seventy-First	25.00	1984	Carla McLaughlin	Northern Durham	24.13
1975	Kathy McMillian	Hoke County	25.40	1980	Gwen Ray	Smithfield-Selma	24.30	1985	Lamonda Miller	Chase	24.64
1976	Kathy McMillian	Hoke County	24.40	1981	Pam Belton	Seventy-First	24.80				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A								
1986	Adrienne Ferguson	Dudley	24.40	Adrienne Ferguson	Dudley	24.40	No Record									
1987	Marlene Poole	Grimsley	25.64	San Harrison	T.W. Andrews	25.29	Linda Bryant	Manteo		24.98						
1988	Marlene Poole	Grimsley	24.78	L'Tonya Hall	Washington	25.37	Annette Harris	South Granville		25.85						
1989	Marlene Poole	Dudley	25.04	Alice Vinson	Sun Valley	25.06	Rachel Small	Lexington		25.77						
1990	Marlene Poole	Dudley	24.53	Alice Vinson	Sun Valley	24.81	Annette Harris	South Granville		26.22						
1991	Josette Battle	Millbrook	24.54	Katrina Jarrett	North Rowan	24.95	Cheryl Bowman	Forest Hills		26.58						
1992	Takeisha Quick	Pine Forest	24.86	Alicia Pope	North Lenoir	25.63	Amanda Johnson	East Carteret		25.79						
1993	Kim Wilson	Grimsley	25.13	Katrina Jarrett	North Rowan	24.83	Amanda Johnson	East Carteret		25.79						
4A				3A				2A				1A				
1994	Kim Richardson	New Bern	25.03	Sabrina Thompson	Fike	24.68	Carmen Weldon	Salisbury	25.82	Julie Stackhouse	Hayesville	27.25				
1995	Crystal Cox	Pine Forest	24.39	Sabrina Thompson	Fike	25.16	Carmen Weldon	Salisbury	25.15	Julie Stackhouse	Hayesville	26.98				
1996	Crystal Cox	Pine Forest	24.18	Sabrina Thompson	Fike	24.61	Racheca Barrow	Currituck	25.12	Angela Grissett	South Robeson	25.78				
1997	Crystal Cox	Pine Forest	24.38	Shirena James	Hickory	25.91	Anissa Gainey	Clayton	25.54	Conova Young	Lejeune	26.01				
1998	Demetria Washington	Terry Sanford	24.37	Shirena James	Hickory	25.13	Michelin Middlebrooks	High Point Central	25.61	Rachel McEntyre	Polk County	25.57				
1999	Lasonja Collins	Independence	24.34	Anissa Gainey	Clayton	24.79	Nancy Hinson	Ledford	25.56	Shalyce Smith	James Kenan	26.44				
2000	Felicia Fant	Olympic	24.92	Anissa Gainey	Claton	25.18	Dana Bembry	Holmes	25.59	Shalyce Smith	James Kenan	25.99				
2001	Bernadette Washington	R.J. Reynolds	24.67	Suzzette McSwain	Dudley	25.79	LeTrey Parker	Southern Guilford	25.07	Cynethia Rooks	Northampton-West	25.67				
2002	Phykesha Blackman	Independence	25.40	Tiffany Roberts	Southwest Guilford	24.54	Dana Bembry	Holmes	25.40	Evette Brown	South Stokes	25.52				
2003	Melissa Council	Cary	24.45	Portia Baker	Southwest Guilford	24.39	Terria Sinclair	Saint Pauls	25.44	Ebony Robinson	Durham Sch. of Arts	25.64				
2004	Erica Montgomery	Mount Tabor	24.59	Portia Baker	Southwest Guilford	25.23	Shontay Dodd	Greene Central	25.39	Evette Brown	South Stokes	25.87				
2005	Lamarra Currie	Apex	24.28	Gabrielle Daniel	East Chapel Hill	25.33	Ashley McKiver	T.W. Andrews	25.65	Shaquita Copeland	Perquimans	25.96				
2006	Gabby Mayo	Southeast Raleigh	23.51	Kelsey McCorkle	South Central	24.73	Morgan McEachin	Red Springs	25.70	Shaquita Copeland	Perquimans	26.16				
2007	Gabby Mayo	Southeast Raleigh	23.72	Kelsey McCorkle	South Central	24.79	Maria Johnson	Farmville Central	25.12	Jania Bogle	Princeton	25.99				
2008	Jacinda Evans	Southern Durham	24.47	Kelsey McCorkle	South Central	23.63	Brittany Wilkins	Cummings	25.27	Jania Bogle	Princeton	25.30				
2009	Nyosha Bryant	West Charlotte	24.12	Stormy Kendrick	Forestview	25.13	Marissa Bellamy	Bunn	24.69	Leroya Banks	Perquimans	24.86				
2010	Dominique Weathers	Charlotte Vance	24.45	Maleena Reid	North Gaston	24.91	Briana Haith	Granville Central	24.33	Leroya Banks	Perquimans	25.37				
2011	Alexis Murphy	Apex	24.57	Nyshedra Brown	West Craven	24.91	Marissa Bellamy	Bunn	24.39	Chasity Roberts	Jones	25.38				
2012	Alexis Murphy	Apex	23.96	Nyshedra Brown	West Craven	24.37	Paisley Simmons	T.W. Andrews	24.74	Janieyah Collins	Monroe	25.22				
2013	Tyra Lea	Wakefield	23.95	Qizeah Jackson	Westover	24.54	Paisley Simmons	T.W. Andrews	24.61	Reneazia Collins	Monroe	25.47				
2014	Katlin Sherman	Parkland	24.05	Courtney Warner	C.B. Aycock	24.87	Reneazia Collins	Monroe	25.48	Aaliyah Craft	Walkertown	26.02				
2015	Tamara Clark	High Point Central	23.69	Courtney Warner	C.B. Aycock	24.23	Starbesha Satterwhite	Warren County	25.22	Deonica Reid	Winston-Salem Prep	25.36				
2016	Tamara Clark	High Point Central	23.53	Taylor Henderson	Eastern Guilford	24.40	Payton Russell	North Rowan	24.83	Desire Brown	Heide Trask	25.32				
2017	Tamara Clark	High Point Central	23.59	Mya Daye	Northern Vance	24.69	Payton Russell	North Rowan	25.14	Araybian Lilly	West Montgomery	12.65				
2018	Kyna Robinson	Southeast Raleigh	24.20	Alexis Patterson	Parkland	24.39	Tahalia Fairman	Southwest Onslow	25.39	Araybian Lilly	West Montgomery	25.73				
2019	Jonah Ross	Garner	23.96	Alysia Johnson	Hillside	23.73	Allysia Farrar	Cummings	24.85	Ja'Ciya Guthrie	Bessemer City	25.30				



Women's Outdoor Track State Individual Event Champions



400 METER DASH (440 YARDS UNTIL 1980)

1972	Crowell	East Mecklenburg	1:00.30	1977	Sherrill	Jordan	57.90	1982	Tonya White	Page	56.50
1973	Lide	Hoke County	1:00.70	1978	Sherrill	Jordan	54.80	1983	April Cook	Watauga	55.60
1974	Swindell	New Bern	59.30	1979	Sherrill	Jordan	55.10	1984	ickie Staton	Southwest Edgecombe	56.85
1975	Vickie Bryant	Jacksonville	57.70	1980	V. Weaver	Hillside	57.00	1985	Tanya Fillmore	Gariner	56.54
1976	Vickie Bryant	Jacksonville	56.20	1981	Tonya Jefferies	Page	56.60				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Sonja Thomas	Dudley	56.14	Sonja Thomas	Dudley	56.14	Mia Gibson	North Rowan	58.43						
1987	Sonja Thomas	Dudley	56.27	Clara Russell	Cummings	58.70	Melissa Rogers	Southwestern Randolph	57.37						
1988	Teneen Royal	Smithfield-Selma	57.54	Crystal Littlejohn	East Rutherford	59.66	Kresha Estes	South Granville	58.20						
1989	Monica Hockaday	Hillside	56.11	Wanda Phillips	Tarboro	58.69	April Jackson	North Rowan	59.44						
1990	Tonya Avery	Jacksonville	55.74	Tonie Lazenby	West Iredell	57.78	Charlene Steed	Louisburg	59.32						
1991	Treshell Mayo	Sanderson	55.91	Tonie Lazenby	West Iredell	57.13	Tracey Burwell	South Granville	58.91						
1992	Treshell Mayo	Sanderson	56.92	Toi Wilson	D.H. Conley	59.05	Mikki Dollyhigh	Surry Central	59.91						
1993	Michelle McRae	Williams	55.76	Toi Wilson	D.H. Conley	55.71	Brooke Chapman	Hendersonville	58.93						
4A				3A				2A				1A			
1994	Shawnta Person	Olympic	57.41	Toi Wilson	D.H. Conley	56.84	Brooke Chapman	Hendersonville	58.69	Jill Lawrence	Surry Central	59.92			
1995	Crystal Cox	Pine Forest	56.97	Jackie Houston	Kings Mountain	58.68	Brooke Chapman	Hendersonville	57.26	Shalisha Greg	Elkin	1:02.00			
1996	Demetria Washington	Terry Sanford	54.35	Jackie Houston	Kings Mountain	56.98	Juanita Highes	South Granville	57.55	Erin Gubitz	Northampton-East	1:01.44			
1997	Demetria Washington	Terry Sanford	54.78	Jackie Houston	Kings Mountain	57.09	Edi Ntuon	NC Science & Math	58.91	Julie Stackhouse	Hayesville	57.80			
1998	Kennisha Morten	Seventy-First	56.97	Toshima Dabbs	Morehead	58.14	Edi Ntuon	NC Science & Math	58.21	Latoya Walters	Cummings	1:00.08			
1999	Carol Merritt	Garner	56.47	Demiko Picott	Hertford	59.49	Catherine Holmes	Charles D. Owen	1:00.30	Kristal Troy	Tar Heel	59.82			
2000	Victoria Gadson	N. Mecklenburg	55.76	Jeretha Massey	Ben L. Smith	59.02	Marquita Houston	Monroe	59.42	Vanessa Lambert	Swain County	59.27			
2001	Samantha Murrillo	Davie County	56.72	Jeretha Massey	Ben L. Smith	58.16	Amy Steadman	Brevard	59.80	Cynethia Rooks	Northampton-West	57.40			
2002	Carlitha Sturdivant	Independence	57.81	Jeretha Massey	Ben L. Smith	57.76	Candyra Sellers	Western Alamance	58.86	Mary Mayfield	Durham Sch. of Arts	57.46			
2003	Carlitha Sturdivant	Independence	57.91	Portia Baker	Southwest Guilford	56.79	Italie Murphy	Cedar Ridge	59.06	Cynethia Rooks	Northampton-West	57.41			
2004	Janet Carothers	Harding	55.98	Portia Baker	Southwest Guilford	55.82	Italie Murphy	Cedar Ridge	56.27	Christina Gray	North Brunswick	57.75			
2005	Ebonie Cunningham	Southeast Raleigh	56.47	Kia Haskins	Hillside	58.27	Italie Murphy	Cedar Ridge	58.02	Christina Gray	North Brunswick	58.04			
2006	Ebonie Cunningham	Southeast Raleigh	55.10	Tiaera Reynolds	Dudley	57.02	Brittany Fennell	West Henderson	57.57	Shaquita Copeland	Perquimans	58.66			
2007	Ebonie Cunningham	Southeast Raleigh	55.17	Kelsey McCorkle	South Central	56.60	Crystal Smith	Farmville Central	57.79	Chelsea Mudd	South Stokes	1:01.11			
2008	Nyosha Bryant	West Charlotte	55.58	Brandy Swann	Jacksonville	56.75	Felisha Garren	North Henderson	56.75	Trisha Bennett	Winston-Salem Prep	58.70			
2009	Sanura Eley-O'Reilly	Jack Britt	54.07	Breanna Alston	Southeast Guilford	58.45	Briana Haith	Granville Central	56.85	Trisha Bennett	Winston-Salem Prep	57.56			
2010	Sanura Eley-O'Reilly	Jack Britt	53.45	Breahna Morrison	Weddington	55.69	Briana Haith	Granville Central	55.76	Colleen McGuire	NC Science & Math	58.31			
2011	Ariah Graham	Wakefield	55.01	Naomi Alston	Douglas Byrd	56.48	Marissa Bellamy	Bunn	56.74	Holly Gaines	Chatham Central	59.06			
2012	Ariah Graham	Wakefield	55.14	Naomi Alston	Douglas Byrd	56.01	Marissa Bellamy	Bunn	55.73	Reneazia Collins	Monroe	57.41			
2013	Tiana Patillo	Wakefield	55.46	Maya Evans	Fike	55.93	Jaleesa Smoot	Salisbury	56.59	Reneazia Collins	Monroe	56.28			
2014	Layla White	Cary	55.41	Nikolete Hurrinus	Cuthberston	56.98	Reneazia Collins	Monroe	56.39	Shakai Ward	Elkin	57.59			
2015	McKinley McNeill	Parkland	54.31	Jasmine Parquet	Eastern Alamance	56.13	Payton Russell	North Rowan	55.70	Shakai Ward	Elkin	57.14			
2016	McKinley McNeill	Parkland	53.50	Cambria Shuford	Statesville	56.28	Payton Russell	North Rowan	56.44	Desire Brown	Heide Trask	57.53			
2017	Kiya Oviokus	Southeast Guilford	53.53	Michaela Nelms	Nash Central	55.80	Payton Russell	North Rowan	56.15	Araybian Lilly	West Montgomery	58.33			
2018	Maya Singletary	Hoke County	53.42	Dahlia Cutler	Cuthbertson	56.15	Samantha Payne	Ledford	57.30	Araybian Lilly	West Montgomery	57.06			
2019	Ella Mainwaring Foster	Providence	55.13	Alysia Johnson	Hillside	53.50	Tahalia Fairman	Southwest Onslow	56.57	Lauren Tolbert	Highland Tech	57.15			



Women's Outdoor Track State Individual Event Champions



300 METER INTERMEDIATE HURDLES (220 YARDS UNTIL 1980; 200 METERS 1980-1984)

1979	JoAnn Stallings	Holmes	29.50	1984	Pam Doggett	Dudley	27.92
1980	Clara Hairston	East Forsyth	28.50	1985	Pam Doggett	Dudley	44.73
1981	Sandra Nichols	Thomasville	28.30				
1982	Tracy Briston	R.J. Reynolds	28.50				
1983	Ida Pendergraft	Hillside	28.50				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A					
1986	Pam Doggett	Dudley	42.00	Pam Doggett	Dudley	42.00	Pauline Rogers	Southwestern Randolph	46.81				
1987	Wanda Medly	Dudley	45.14	Tara Burns	Cummings	45.98	Denita Watkins	North Stanly	46.26				
1988	Tonya Pope	Fike	44.20	Tara Burns	Cummings	46.10	Lisa Taylor	Salisbury	45.80				
1989	Marseilla McKenzie	Hoke County	44.81	Debbie Hollingsworth	East Henderson	46.91	Zandra Hoyles	Salisbury	47.70				
1990	Marseilla McKenzie	Hoke County	44.41	Vicki Pittman	Tarboro	45.49	Sara White	Surry Central	45.89				
1991	Marseilla McKenzie	Hoke County	44.446	Vicki Pittman	Tarboro	45.43	Lee Anne Ross	South Stanly	46.96				
1992	Cameron Bader	Sanderson	46.29	Laonda McCorkle	High Point Central	46.01	Sara White	Surry Central	46.19				
1993	Joann Smith	New Bern	44.07	DeAnne Davis	Cummings	45.44	Sara White	Surry Central	44.90				
4A				3A				2A				1A	
1994	Twyla Smith	Pinecrest	43.78	Renee Hudson	Tarboro	46.57	DeAnne Davis	Cummings	45.56	Julie Stackhouse	Hayesville	47.86	
1995	Brenda Taylor	Watauga	43.81	Natasha Harris	Asheboro	46.57	DeAnne Davis	Cummings	44.94	Julie Stackhouse	Hayesville	45.83	
1996	Brenda Taylor	Watauga	43.30	Heather Carpenter	Southern Durham	46.21	DeAnne Davis	Cummings	45.40	Deanne Wood	Surry Central	47.50	
1997	Brenda Taylor	Watauga	42.14	Tiffany Smith	Fike	45.29	Lisa Bradsher	Cummings	45.79	Shayla Horne	Bladenboro	46.60	
1998	Melissa Henderson	Jordan	45.40	Tiffany Smith	Fike	44.87	Latoya Burt	South Granville	46.24	Deidre Mapp	Cummings	46.36	
1999	Rolanda Gabriel	Butler	45.39	Tiffany Smith	Fike	45.32	Latasha Pharr	North Rowan	46.93	Katrelle Armwood	Durham Magnet	45.92	
2000	Nneka Martin	Cary	44.23	Leslie Bigelow	Hickory	46.06	Latasha Pharr	North Rowan	44.05	Allison Adams	East Wilkes	47.80	
2001	Ashley Dutch	Broughton	44.94	Leteisha Johnson	Ben L. Smith	46.70	Latasha Pharr	North Rowan	46.09	Chandra Pulliam	Cummings	45.23	
2002	Demetria Powell	Jordan	45.18	Michelle Duffey	Hillside	45.58	Chandra Pulliam	Cummings	44.61	Katrelle Armwood	Durham Sch. of Arts	45.80	
2003	Melissa Council	Cary	43.61	Michelle Duffey	Hillside	43.73	Jessica Sims	West Henderson	46.11	Jessica Autry	Midway	47.47	
2004	Erika Foushee	Enloe	44.02	Michelle Duffey	Hillside	44.22	Morgan Peterson	Mountain Heritage	45.37	Alexis Jenkins	North Brunswick	47.18	
2005	Gabby Mayo	Southeast Raleigh	44.62	Lateasa Michael	Anson	45.14	Latoya James	Cummings	43.96	Alexis Jenkins	North Brunswick	47.18	
2006	Gabby Mayo	Southeast Raleigh	43.56	Manika Gamble	Jacksonville	44.63	Latoya James	Cummings	44.15	Natalie Moreland	Mount Airy	46.69	
2007	Tacara Morrisey	E.E. Smith	44.56	Sophia Treakle	Asheville	44.67	Latoya James	Cummings	43.76	Saresa Hudson	Pender	46.84	
2008	Victoria Robinson	J.H. Rose	45.37	Sophia Treakle	Asheville	43.15	Sherice Walker	Cummings	44.74	Maggie Conner	Polk County	46.54	
2009	Victoria Robinson	J.H. Rose	43.23	Tyler Brockington	Dudley	45.02	Janieyah Collins	Monroe	45.52	Camille Wilkerson	Winston-Salem Prep	44.55	
2010	Keni Harrison	Clayton	42.53	Amber Holloway	West Rowan	44.10	Francesca Evans	Cummings	44.64	Saresa Hudson	Pender	45.58	
2011	Keni Harrison	Clayton	41.41	Rikki Jay	Franklin	44.47	Nora McKiver	T.W. Andrews	43.69	Janieyah Collins	Monroe	45.29	
2012	Tyler Brockington	Dudley	41.81	Lydia Laws	Western Alamance	44.84	Nora McKiver	T.W. Andrews	44.87	Janieyah Collins	Monroe	45.34	
2013	Tametris Morrison	Southeast Raleigh	42.72	Lydia Laws	Western Alamance	43.79	Nora McKiver	T.W. Andrews	42.70	Kylie Polsgrove	Avery County	46.17	
2014	Jacklyn Howell	Southeast Raleigh	44.67	Lydia Laws	Western Alamance	43.62	Kayla Moore	Cummings	45.77	Kylie Polsgrove	Avery County	45.71	
2015	Ebony Williams	Parkland	42.19	Kylie McMillan	Southern Guilford	43.78	Kayla Moore	Cummings	46.07	Kylie Polsgrove	Avery County	45.49	
2016	Shellbi Chapman	Leesville Road	43.17	Sydni Fields	Cleveland	44.59	Kayla Moore	Cummings	43.79	Ashya Smith	Winston-Salem Prep	47.05	
2017	Jessica Wright	Hillside	42.99	Jorja Medders	Marvin Ridge	44.36	Zacora McKnight	T.W. Andrews	44.71	Taniqua Knight	Albemarle	46.89	
2018	Sierra Fletcher	Southeast Raleigh	41.87	Jessica Wright	Hillside	44.50	Nicole Barnes	T.W. Andrews	44.37	Taniqua Knight	Albemarle	46.47	
2019	Lindsay Cooper	N. Mecklenburg	43.64	Karisma Marte	Eastern Alamance	43.26	Kendall Jordan	Cummings	43.03	Somahje Porter	Albemarle	46.76	



Women's Outdoor Track State Individual Event Champions



3200 METER RUN (2 MILE UNTIL 1980)

1978	Mary Shea	Cardinal Gibbons	10:17.50	1983	Kathy Ormsby	Richmond	11:08.40
1979	Mary Shea	Cardinal Gibbons	10:08.40	1984	Charlotte Carlson	Northwest Cabarrus	11:24.14
1980	Karen Thompson	East Henderson	11:20.10	1985	Patty King	St. Stephens	11:28.92
1981	Lene Hestdal	Myers Park	11:37.30				
1982	Charlotte McCall	McDowell County	11:24.40				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Cessy Hudson	East Burke	11:09.30	Cessy Hudson	East Burke	11:09.30	No Record								
1987	Stacey Williams	Grimsley	11:11.84	Francine Dumas	T.C. Roberson	11:30.46	Larissa Teigen	Lejeune	11:59.33						
1988	Cessy Hudson	East Burke	11:18.05	Robyn Land	Wilkes Central	11:59.44	Erin Smyth	Lejeune	11:59.32						
1989	Windy McIntyre	Watauga	11:38.79	Jennifer Coffey	St. Stephens	11:49.43	Erin Smyth	Lejeune	12:01.99						
1990	Silica Johnson	Grimsley	11:18.14	Jennifer Coffey	St. Stephens	11:58.60	Alex Reck	NC Science & Math	11:53.91						
1991	Ami Herrman	Providence	11:17.51	Mia Richardson	McMichael	12:00.93	Karen Godlock	Polk County	11:28.84						
1992	Ami Herrman	Providence	11:01.33	Suzanne Black	Sun Valley	11:36.26	Karen Godlock	Polk County	11:25.36						
1993	Ami Herrman	Providence	11:21.85	Rebekah Frick	East Rowan	11:59.26	Karen Godlock	Polk County	11:14.00						
4A				3A				2A				1A			
1994	Jennifer Lakas	S. Mecklenburg	11:26.93	Erin Musson	Wilkes Central	11:46.36	Amy Knox	West Henderson	11:54.40	Jenny Warford	Jordan Matthews	12:31.93			
1995	Meredith Faircloth	Broughton	11:20.53	Sarah Vance Goodman	T.C. Roberson	11:13.75	Debbie Won	NCSSM	12:11.23	Laura Wilson	Murphy	12:01.65			
1996	Angie Morey	Chapel Hill	11:34.43	Sarah Vance Goodman	T.C. Roberson	10:58.42	Debbie Won	NCSSM	11:46.61	Jenny Warford	Jordan Matthews	11:59.59			
1997	Whitney Woods	Watauga	11:30.07	Sarah Vance Goodman	T.C. Roberson	11:16.08	Stephanie Jilcott	NCSSM	12:13.58	Jamie Hollingsworth	Rosewood	12:14.41			
1998	Marina Chase	Watauga	11:21.50	Sarah Vance Goodman	T.C. Roberson	10:54.64	Diana Henderson	North Henderson	11:47.03	Jennifer Dimsdale	Polk County	12:25.39			
1999	Alisha Little	East Burke	11:04.39	Erin Kelley	T.C. Roberson	11:28.52	Diana Henderson	North Henderson	11:18.16	Ariel Glassman	Hendersonville	11:20.78			
2000	Julia Lucas	Myers Park	11:19.49	Danielle Deines	T.C. Roberson	11:30.21	Heidi Sloop	West Wilkes	11:48.97	Erika Schneble	Hendersonville	12:49.26			
2001	Rachel Kitson	Chapel Hill	11:15.32	Alica Valtin	Western Harnett	11:36.94	Heidi Sloop	West Wilkes	11:50.44	Erika Schneble	Hendersonville	11:22.24			
2002	Julia Lucas	Myers Park	10:46.22	Jessica Collins	Eastern Wayne	11:37.86	Shiyrah Mielke	North Henderson	12:12.94	Erika Schneble	Hendersonville	11:00.97			
2003	Katherine Merrill	Jordan	11:09.17	Kate McCarthy	East Chapel Hill	13:25.00	LeighAnn Taylor	Monroe	11:44.13	Kasey Smith	South Stokes	11:51.54			
2004	Kate Merrill	Jordan	11:17.50	Latanya Lesine	Hillside	12:10.62	Lindsay Groce	Wilkes Central	11:32.78	Summer Graham	Princeton	12:03.09			
2005	Brittany Johnson	Green Hope	11:15.59	Clair Kelley	T.C. Roberson	11:39.82	Tria Metzler	Bunn	11:31.90	Elisabeth Elliot	Polk County	12:03.13			
2006	Andie Cozzarelli	Apex	11:01.35	Lindsay Ester	Williams	11:40.07	Tria Metzler	Bunn	11:29.49	Elisabeth Elliot	Polk County	11:57.21			
2007	Andie Cozzarelli	Apex	11:15.90	Caroline Kirby	T.C. Roberson	11:33.33	Morgan Turner	Lincolnton	11:46.24	Elizabeth Humphries	Jordan Matthews	12:03.05			
2008	Lauren Bishop	Pinecrest	11:15.13	Caroline Kirby	T.C. Roberson	11:22.50	Morgan Turner	Lincolnton	11:35.53	Kristen Stout	Hendersonville	11:39.70			
2009	Kimberly Spano	N. Mecklenburg	11:05.07	Kenyetta Iyevbele	Olympic	11:30.23	Halsey Meritt	Cardinal Gibbons	11:46.64	Faith Trammell	Robbinsville	11:49.07			
2010	Laura Hoer	T.C. Roberson	10:46.29	Sarah Rapp	Cardinal Gibbons	11:00.10	Alex Travenier	Northeastern	12:14.27	Carol Blankenship	East Wilkes	11:29.54			
2011	Anna McBride	Davie County	10:46.08	Sarah Rapp	Cardinal Gibbons	11:03.44	Aleshia Reece	Madison	11:43.09	Kristen Stout	Hendersonville	11:53.25			
2012	Anna McBride	Davie County	10:47.82	Mary Grace Doggett	Cardinal Gibbons	11:21.84	Allie Castro	North Lincoln	11:18.62	Kristen Parries	Mount Airy	12:10.51			
2013	Pegah Kamrani	E. Chapel Hill	10:47.60	Sophie Ebihara	Cardinal Gibbons	11:08.52	Callie Wynn	West Davidson	11:12.28	Malia Ellington	Comm.Sch. Davidson	11:42.66			
2014	Kayla Montgomery	Mount Tabor	10:47.74	Anna Vess	A.C. Reynolds	10:52.18	No Record			Malia Ellington	Comm. Sch. Davidson	12:02.69			
2015	Elly Henes	Green Hope	10:39.47	Sophie Ebihara	Cardinal Gibbons	11:06.99	Helen Morken	Carrboro	11:24.70	Malia Ellington	Comm.Sch. Davidson	11:28.59			
2016	Nevada Mareno	Leesville Road	10:17.70	Anna Vess	A.C. Reynolds	11:19.41	Kaitlyn Stone	West Stokes	10:53.80	Michaela Gammon	Lincoln Charter	11:54.64			
2017	Isabel Zimmerman	Reagan	10:47.88	Sarah LaTour	Cuthbertson	11:22.35	Mariah Howlett	Lake Norman Char.	11:02.51	Abigail Hemric	North Stokes	11:55.40			
2018	Carmen Alder	Pinecrest	10:54.80	Anna Bristle	Parkwood	10:56.79	Mariah Howlett	Lake Norman Char.	10:57.13	Caitlyn Burkett	Franklin Academy	12:02.84			
2019	Natalie Tyner	Laney	10:37.34	Jonna Strange	North Iredell	10:53.20	Hannah Preisser	Carrboro	11:31.43	Hannah Oliver	Elkin	11:36.10			



Women's Outdoor Track State Relay Event Champions



400 METER RELAY (440 YARDS UNTIL 1980)

1972	Hoke County	52.00	1977	Dudley	49.30	1982	East Forsyth	48.10
1973	Hoke County	51.20	1978	East Guilford	49.00	1983	North Mecklenburg	48.40
1974	Ragsdale	51.70	1979	Pinecrest	49.70	1984	Dudley	48.46
1975	T.W. Andrews	49.40	1980	T.W. Andrews	48.80	1985	Jacksonville	48.51
1976	Hoke County	50.30	1981	Goldsboro	48.60			

3A & 4A COMPETED JOINTLY IN 1986

4A			3A			2A			1A/2A		
1986	Dudley	48.59		Dudley	48.59				Lexington	50.51	
1987	Ashbrook	48.86		T.W. Andrews	49.58				Lexington	49.37	
1988	Ashbrook	48.53		T.C. Roberson	49.71				South Granville	49.59	
1989	New Bern	48.63		Harnett Central	49.64				Lexington	49.27	
1990	New Bern	47.73		Statesville	49.37				Chase	50.73	
1991	New Bern	48.58		North Lenoir	49.71				Chase	50.14	
1992	Pine Forest	48.44		High Point Central	49.01				Forest Hills	50.43	
1993	Dudley	48.34		Cummings	49.83				Forest Hills	49.35	
4A			3A			2A			1A		
1994	New Bern	48.67		Fike	49.69		Salisbury	50.26		Murphy	52.68
1995	Harding	49.14		Southern Durham	49.29		Cummings	50.42		South Robeson	52.10
1996	Pine Forest	48.05		Fike	49.16		Cummings	50.12		Lejeune	50.88
1997	W. Mecklenburg	47.66		High Point Central	49.70		Western Guilford	50.25		Lejeune	50.15
1998	Independence	47.41		Dudley	48.71		East Carteret	49.73		Lejeune	50.17
1999	Independence	48.53		Dudley	49.01		Northern Vance	50.91		Graham	50.33
2000	Olympic	47.76		Hillside	49.71		Holmes	48.86		Graham	50.90
2001	Independence	48.05		T.W. Andrews	48.97		Holmes	50.31		Northampton	51.71
2002	Jack Britt	47.99		Southwest Guilford	49.44		T.W. Andrews	48.87		Williamston	51.29
2003	Harding	48.36		Glenn	48.90		Southern Vance	49.50		Williamston	50.69
2004	Charlotte Vance	47.60		Ben L. Smith	49.95		Northside-Jax	48.63		Williamston	50.37
2005	West Charlotte	48.44		Glenn	48.9		T.W. Andrews	49.67		Thomasville	51.34
2006	Harding	47.22		Andrews	49.06		Cummings	49.06		Princeton	50.99
2007	Harding	48.14		Parkland	49.25		Hibriten	50.99		Topsail	50.45
2008	Harding	45.37		South Central	47.24		Hibriten	49.81		James Kenan	50.27
2009	SE Raleigh	47.33		Parkland	48.13		Cedar Ridge	49.73		Winston-Salem Prep	49.84
2010	W. Mecklenburg	47.56		South Central	46.94		St. Pauls	49.57		North Rowan	49.48
2011	W. Mecklenburg	48.11		South Central	47.35		Carver	49.46		North Rowan	48.31
2012	Parkland	47.73		Westover	49.81		St. Pauls	49.52		Winston-Salem Prep	48.51
2013	Parkland	47.22		Phillip O. Berry	48.68		T.W. Andrews	48.27		Winston-Salem Prep	48.93
2014	Parkland	46.99		Weddington	49.00		Beddingfield	49.35		Winston-Salem Prep	49.62
2015	Mallard Creek	46.69		Rocky Mount	49.08		Cummings	48.81		Winston-Salem Prep	50.45
2016	Southeast Raleigh	46.25		Cox Mill	48.27		Cummings	48.52		Winston-Salem Prep	50.98
2017	High Point Central	46.54		Clyde A. Erwin	48.32		T.W. Andrews	48.32		East Carteret	50.18
2018	Southeast Raleigh	47.33		Parkland	47.28		Lake Norman Char.	49.56		Murphy	51.04
2019	Jahzara Hart Kyna Robinson Ani Judd Tia Outlaw	Southeast Raleigh 46.11	Jadai Stevenson-Damon Diamond Lyerly Del'Nique Penn Ija Mumford	Parkland 47.10	Aquariah McIntosh Ziavia Calvin Ny'Lasia Brown Alyssa Thompson Rowe	Lexington 48.04	Latecyia Johnson Andralyn Livingston Makayla Brazelton Breah Taylor	48.04	East Carteret 49.88		



Women's Outdoor Track State Relay Event Champions



800 METER RELAY (880 YARDS UNTIL 1980)

1972	Hoke County	1:48.34	1977	Reid Ross	1:43.00	1982	Northern Durham	1:41.10
1973	New Bern	1:48.30	1978	Reid Ross	1:43.77	1983	Northern Durham	1:42.00
1974	Hoke County	1:45.10	1979	Dudley	1:44.00	1984	Dudley	1:40.24
1975	Hoke County	1:44.00	1980	T.W. Andrews	1:42.00	1985	T.W. Andrews	1:42.89
1976	Hoke County	1:43.40	1981	T.W. Andrews	1:40.50			

3A & 4A COMPETED JOINTLY IN 1986

	4A			3A			1A/2A	
1986	Dudley	1:40.67		Dudley	1:40.67		Lejeune	1:46.69
1987	Grimsley	1:39.41		T.W. Andrews	1:44.10		Albemarle	1:45.45
1988	Richmond	1:42.85		T.C. Robeson	1:45.46		Albemarle	1:46.03
1989	Dudley	1:41.76		Tarboro	1:44.04		Lexington	1:43.20
1990	New Bern	1:42.70		T.W. Andrews	1:43.49		South Granville	1:48.04
1991	Jacksonville	1:41.93		Lexington	1:45.32		Forest Hills	1:47.04
1992	New Bern	1:41.58		North Lenoir	1:44.65		Red Springs	1:46.57
1993	Dudley	1:42.21		High Point Central	1:46.58		Forest Hills	1:44.79
	4A			3A			1A	
1994	North Forsyth	1:42.31		Fike	1:44.74		North Brunswick	1:52.48
1995	Pine Forest	1:42.64		Southern Durham	1:43.19		Union	1:52.70
1996	West Mecklenburg	1:42.61		Fike	1:41.21		Union	1:48.49
1997	Jacksonville	1:41.52		Hickory	1:45.79		Lakewood	1:48.04
1998	West Mecklenburg	1:40.06		Southern Nash	1:42.20		Polk County	1:45.57
1999	Independence	1:39.84		Hickory	1:44.55		Polk County	1:45.12
2000	Independence	1:42.00		T.W. Andrews	1:43.43		Cummings	1:47.80
2001	R.J. Reynolds	1:42.65		T.W. Andrews	1:47.37		Red Springs	1:48.74
2002	Independence	1:44.58		Southwest Guilford	1:42.65		Durham School of Arts	1:44.35
2003	Mount Tabor	1:42.66		Hillside	1:44.41		Durham School of Arts	1:46.47
2004	Harding	1:40.00		Hillside	1:44.77		Durham School of Arts	1:44.60
2005	Harding	1:39.85		Ben L. Smith	1:44.96		Durham School of Arts	1:47.74
2006	Harding	1:29.86		Parkland	1:42.18		Albemarle	1:49.23
2007	Harding	1:54.34		Northeast Guilford	1:42.49		Topsail	1:45.51
2008	Myers Park	1:40.65		Dudley	1:42.08		Winston-Salem Prep	1:43.28
2009	Southeast Raleigh	1:39.14		Dudley	1:41.48		Winston-Salem Prep	1:42.93
2010	Wakefield	1:40.13		South Central	1:39.32		North Rowan	1:44.12
2011	West Mecklenburg	1:40.29		South Central	1:43.61		Monroe	1:42.15
2012	Parkland	1:39.62		Williams	1:44.27		Monroe	1:41.30
2013	Parkland	1:37.83		Phillip O. Berry	1:43.75		Monroe	1:42.66
2014	Parkland	1:36.99		Eastern Guilford	1:42.47		Murphy	1:48.56
2015	Parkland	1:36.43		Rocky Mount	1:43.36		Winston-Salem Prep	1:45.03
2016	Parkland	1:37.05		Eastern Guilford	1:41.59		Bessemer City	1:49.62
2017	Hillside	1:38.16		Northern Guilford	1:42.69		Bessemer City	1:46.30
2018	Southeast Raleigh	1:38.23		Parkland	1:38.96		Southside	1:46.09
2019	Jahzara Hart Kyna Robinson Ani Judd Nneka Udoye	Southeast Raleigh 1:37.30	Ija Mumford Alexis Patterson Del'Nique Penn Diamond Lyerly	Parkland 1:38.29	Chioma Asiegbunam Katie Easley Ryan Selden Jordyn Earl	Lake Norman Charter 1:43.63	Jayla Williams Jessica Gakeri Damyja Ortiz Tamia Johnson	Winston-Salem Prep 1:46.19



Women's Outdoor Track State Relay Event Champions



1600 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

	4A		3A		1A/2A			
1986	Dudley	3:51.70	Dudley	3:51.70	No Record			
1987	Grimsley	3:50.44	Cummings	4:03.80	No Record			
1988	Ashbrook	3:56.50	Williams	4:08.62	Tryon	4:06.64		
1989	Dudley	3:51.87	Tarboro	4:03.56	Albemarle	4:08.45		
1990	Dudley	3:52.76	Tarboro	4:00.31	Randleman	4:11.22		
1991	Ben L. Smith	3:55.55	Tarboro	4:10.01	Swansboro	4:10.60		
1992	Ben L. Smith	3:58.00	T.W. Andrews	4:09.03	Surry Central	4:11.50		
1993	Jacksonville	3:59.40	Tarboro	4:06.75	Surry Central	4:10.17		
	4A		3A		1A			
1994	North Forsyth	3:58.93	Tarboro	4:08.49	Cummings	4:07.34	Surry Central	4:18.16
1995	Pine Forest	3:56.09	Southern Durham	4:00.14	Cummings	4:06.14	Murphy	4:18.64
1996	Pine Forest	3:56.87	Fike	4:04.29	East Henderson	4:14.06	Murphy	4:19.92
1997	Watauga	3:53.84	Southern Nash	4:07.65	South Granville	4:05.51	Murphy	4:17.72
1998	East Mecklenburg	3:53.54	Dudley	4:00.62	North Rowan	4:14.69	Cummings	4:13.96
1999	Independence	3:56.73	Ben L. Smith	4:08.53	Currituck	4:14.95	Starmount	4:25.50
2000	West Charlotte	3:56.33	Ben L. Smith	4:09.13	Holmes	4:08.96	Cummings	4:12.58
2001	R.J. Reynolds	4:02.29	Ben L. Smith	3:59.91	Swansboro	4:14.28	Cummings	4:16.40
2002	Independence	3:57.22	Hillside	4:00.96	Northern Vance	4:12.34	Albemarle	4:08.09
2003	Harding	3:58.44	Hillside	3:57.11	West Wilkes	4:07.91	Southside	4:12.86
2004	Harding	3:55.88	Hillside	3:56.79	Northside-Jax	4:02.21	Durham School of Arts	4:09.69
2005	Harding	3:57.30	Hillside	4:07.14	Eastern Alamance	4:01.37	Durham School of Arts	4:12.69
2006	Harding	3:54.48	Parkland	3:59.47	North Henderson	4:09.32	West Wilkes	4:19.40
2007	Harding	3:54.34	Dudley	4:01.30	Durham School of Arts	4:10.30	Bishop McGuinness	4:12.66
2008	Mount Tabor	3:53.40	Dudley	4:00.35	Cardinal Gibbons	4:11.97	Winston-Salem Prep	4:08.85
2009	Millbrook	3:53.54	Dudley	3:55.47	Swansboro	4:09.03	Bishop McGuinness	4:04.48
2010	Wakefield	3:49.83	Weddington	4:00.13	Cummings	4:08.64	NC Science & Math	4:08.42
2011	Wakefield	3:53.69	North Buncombe	4:02.19	Polk County	4:06.40	Monroe	4:10.25
2012	Wakefield	3:47.72	Marvin Ridge	4:01.96	Polk County	4:02.37	West Wilkes	4:11.29
2013	Parkland	3:47.70	Westover	3:57.98	Carrboro	4:05.12	Murphy	4:08.52
2014	Parkland	3:47.88	Westover	3:57.59	No Record		Elkin	4:08.99
2015	Parkland	3:46.57	Eastern Guilford	3:57.10	Newton-Conover	4:06.82	Comm. Sch. Davidson	4:04.26
2016	Southeast Raleigh	3:48.73	Nash Central	4:03.00	North Rowan	4:07.76	Swain County	4:16.43
2017	Hillside	3:44.84	Nash Central	3:59.03	Croatan	4:07.97	Swain County	4:13.10
2018	Providence	3:51.59	Hillside	3:52.23	Croatan	4:02.93	Polk County	4:05.81
2019	Nimeesha Coleman Providence	3:50.80	Hillside	3:51.26	Ledford	4:00.23	Polk County	4:07.20
	Ella Mainwaring Foster		Imari Deloatch		Breanna Walls		Mariah Overholt	
	Amanda Watson		Shaliyah Wilkerson		Skylar Payne		Marissa Twitty	
	Ariana Rivera		Emmaya Waters		Lyrik Thorne		Olivia Overholt	
			Alysia Johnson		Samantha Payne		Izzy Jackson	



Women's Outdoor Track State Relay Event Champions



3200 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

4A			3A			1A/2A					
1986	Did Not Offer Event		Did Not Offer Event			Did Not Offer Event					
1987	Did Not Offer Event		Did Not Offer Event			Did Not Offer Event					
1988	East Mecklenburg	9:36.07	Washington			9:54.88	Lejeune	10:11.33			
1989	Dudley	9:29.36	Sun Valley			10:02.72	Lejeune	10:00.43			
1990	Hillside	0:44.23	Sun Valley			10:04.21	Polk County	10:04.30			
1991	East Mecklenburg	9:42.31	Sun Valley			10:03.16	Polk County	9:56.36			
1992	Seventy-First	9:51.91	Sun Valley			9:55.40	Polk County	10:06.70			
1993	Cary	9:52.30	Sun Valley			9:48.45	Polk County	10:20.72			
4A			3A			2A			1A		
1994	East Mecklenburg	9:56.42	Sun Valley	9:57.61	West Henderson	10:06.50	Murphy	10:36.79			
1995	East Mecklenburg	9:48.96	Franklin	9:49.93	Charles D. Owen	9:59.70	Murphy	10:16.60			
1996	West Mecklenburg	9:46.00	T.C. Roberson	9:51.76	NC Science & Math	10:07.20	Murphy	10:19.09			
1997	Cary	9:41.61	T.C. Roberson	9:55.17	Southwest Guilford	10:13.09	Murphy	10:14.41			
1998	Watauga	9:34.07	T.C. Roberson	9:44.00	Surry Central	10:19.04	Murphy	10:15.68			
1999	Watauga	9:36.61	Southwest Guilford	9:49.46	North Stanly	10:33.72	Hayesville	10:30.30			
2000	Southeast Raleigh	9:26.84	T.C. Roberson	*****	Charles D. Owen	10:20.54	Hayesville	10:29.10			
2001	Mount Tabor	9:33.50	Hillside	9:47.70	Brevard	10:21.21	Hendersonville	10:09.60			
2002	Mount Tabor	9:32.67	Eastern Wayne	10:07.43	North Henderson	10:06.08	Hendersonville	9:55.25			
2003	Mount Tabor	9:37.08	Hillside	9:30.29	Brevard	10:12.06	South Stokes	10:20.64			
2004	Southeast Raleigh	9:36.41	Hillside	9:34.87	Brevard	9:54.70	Surry Central	10:13.70			
2005	Green Hope	9:44.62	T.C. Roberson	9:52.64	West Henderson	10:03.80	Durham School of Arts	10:15.54			
2006	Myers Park	9:32.59	T.C. Roberson	10:06.17	Cardinal Gibbons	9:39.46	Hayesville	10:08.72			
2007	Northwest Guilford	9:41.38	Sun Valley	9:30.78	Cardinal Gibbons	10:06.39	Hayesville	10:08.37			
2008	Myers Park	9:26.09	T.C. Roberson	9:25.56	Cardinal Gibbons	9:55.84	East Wilkes	9:57.28			
2009	Myers Park	9:11.20	T.C. Roberson	9:40.01	Cardinal Gibbons	9:57.11	East Wilkes	9:53.04			
2010	Cary	9:18.33	Marvin Ridge	9:40.26	Carrboro	9:46.00	NC Science & Math	9:50.11			
2011	Cary	9:06.17	Cardinal Gibbons	9:29.25	Carrboro	9:49.09	Gray Stone Day	9:52.07			
2012	Broughton	9:11.48	Marvin Ridge	9:36.59	Carrboro	9:48.60	Mount Airy	9:42.16			
2013	Broughton	9:10.26	West Carteret	9:22.11	Carrboro	9:42.41	Bishop McGuinness	10:00.91			
2014	Cary	9:09.58	A.C. Reynolds	9:20.23	NCSSM	10:03.05	Bishop McGuinness	9:56.73			
2015	Cary	9:14.45	Marvin Ridge	9:40.82	East Lincoln	9:45.16	Swain County	9:51.83			
2016	Leesville Road	9:06.82	Cuthbertson	9:29.86	Smoky Mountain	9:54.83	Mount Airy	9:48.24			
2017	Mount Tabor	9:26.00	Chapel Hill	9:26.90	First Flight	9:52.86	Swain County	10:10.14			
2018	Cardinal Gibbons	9:26.83	Chapel Hill	9:18.55	North Lincoln	9:48.27	Franklin Academy	10:17.96			
2019	Brenda Gray Myers Park	9:31.73	Chapel Hill	9:23.62	Carrboro	9:54.12	Franklin Academy	10:26.82			
	Sofia Christofaro				Elise Deshusses		Caitlyn Burkett				
	Beasley Gordon				Madeline Ramsden		Nicole Rafferty				
	Cora Cooke				Rachel Buck		Taylor Roberts				
					Cora Van Raay		Laurel Lapish				



Women's Outdoor Track Team State Champions



OPEN CLASSIFICATION

1972	Hoke	1977	Western Guilford	1982	Northern Durham
1973	Hoke	1978	Hillside & Durham Jordan (CO-CHAMPS)	1983	Northern Durham
1974	Hoke	1979	Pinecrest	1984	Dudley
1975	Hoke	1980	Hillside	1985	Dudley
1976	Hoke	1981	Fayetteville E. E. Smith		

PLAY WENT TO TWO CLASSIFICATIONS IN 1986

	3A/4A				
1986	Dudley	1986		1986	Albemarle

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A		3A		1A/2A
1987	Grimsley	1987	Cummings	1987	Albemarle
1988	Grimsley	1988	Cummings	1988	South Granville
1989	Dudley	1989	Sun Valley	1989	Lejeune
1990	Dudley	1990	Sun Valley	1990	Murphy
1991	Jacksonville	1991	Sun Valley	1991	Polk County
1992	Greensboro Ben L. Smith	1992	Sun Valley	1992	Surry Central
1993	Jacksonville & Dudley (CO-CHAMPS)	1993	Sun Valley	1993	East Carteret

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

	4A		3A		2A		1A
1994	North Forsyth	1994	Fike	1994	Cummings	1994	Hayesville
1995	Watauga	1995	Southern Durham	1995	Cummings	1995	Murphy
1996	Watauga	1996	Southern Durham	1996	Cummings	1996	Hayesville
1997	Watauga	1997	T.C. Roberson	1997	Cummings	1997	Lejeune
1998	West Mecklenburg	1998	T.C. Roberson	1998	Hibriten	1998	Polk County
1999	Independence	1999	Western Guilford	1999	North Rowan	1999	Polk County
2000	Olympic	2000	T.C. Roberson	2000	North Rowan	2000	Cummings
2001	R.J. Reynolds	2001	T.W. Andrews	2001	North Rowan	2001	Cummings
2002	Independence	2002	Hillside	2002	T.W. Andrews	2002	Durham School of the Arts
2003	Mount Tabor	2003	Hillside	2003	Southern Vance	2003	Durham School of the Arts & South Stokes (CO-CHAMPS)
2004	Harding University	2004	Hillside	2004	T.W. Andrews	2004	Durham School of the Arts
2005	Harding University	2005	Hillside	2005	T.W. Andrews	2005	Durham School of the Arts
2006	Southeast Raleigh	2006	Ragsdale	2006	Cummings	2006	West Wilkes
2007	Harding University	2007	T.C. Roberson	2007	Cummings	2007	Topsail
2008	David Butler	2008	Jacksonville	2008	Cummings	2008	Winston-Salem Prep
2009	Southeast Raleigh	2009	T.C. Roberson	2009	Cummings	2009	Winston-Salem Prep
2010	Wakefield	2010	South Central	2010	Cummings	2010	North Rowan
2011	Wakefield	2011	South Central	2011	Carrboro	2011	Hendersonville
2012	Wakefield	2012	North Buncombe	2012	Carrboro	2012	Monroe
2013	Southeast Raleigh	2013	Berry Academy	2013	Carrboro	2013	Monroe
2014	Parkland	2014	Western Alamance	2014	Monroe	2014	Bishop McGuinness
2015	Parkland	2015	Southern Guilford	2015	Cummings	2015	Winston-Salem Prep
2016	Southeast Raleigh	2016	Eastern Guilford	2016	Cummings	2016	Swain County
2017	Hillside	2017	West Carteret	2017	T.W. Andrews	2017	North Stokes
2018	Panther Creek	2018	Hillside	2018	Lake Norman Charter	2018	Murphy
2019	Panther Creek	2019	Parkland	2019	Cummings	2019	Murphy



Men's Outdoor Track Team State Champions



OPEN CLASSIFICATION

1913	High Point	1932	High Point	1951	Durham
1914	Friendship	1933	Charlotte Central	1952	Charlotte Central & Durham (CO-CHAMPS)
1915	Friendship	1934	Durham	1953	Durham, R.J.Reynolds
1916	Friendship	1935	High Point	1954	Durham
1917	Friendship	1936	High Point	1955	R. J. Reynolds
1918	Friendship	1937	Charlotte Central	1956	Myers Park
1919	Friendship	1938	Charlotte Central	1957	Raleigh Broughton
1920	Friendship	1939	Durham	1958	Myers Park
1921	Chapel Hill	1940	Durham	1959	Myers Park
1922	Chapel Hill	1941	Charlotte Central	1960	Myers Park
1923	Charlotte Central	1942	Charlotte Central	1961	Myers Park
1924	Charlotte Central	1943	Durham	1962	R. J. Reynolds
1925	Charlotte Central	1944	Charlotte Central	1963	Myers Park
1926	Charlotte Central	1945	Raleigh	1964	Hendersonville
1927	Charlotte Central	1946	Durham	1965	Myers Park
1928	Greensboro	1947	Durham	1966	Myers Park
1929	Charlotte Central	1948	Durham	1967	Myers Park
1930	Charlotte Central	1949	Durham		
1931	Charlotte Central	1950	Durham		

PLAY WENT TO TWO CLASSIFICATIONS IN 1968

	3A/4A				1A/2A
1968	Jacksonville	1968	Jacksonville	1968	Hendersonville
1969	Terry Sanford	1969	Terry Sanford	1969	Hendersonville
1970	Myers Park	1970	Myers Park	1970	Hendersonville
1971	Myers Park	1971	Myers Park	1971	Hendersonville

PLAY RETURNED TO ONE CLASS IN 1972

1972	Myers Park	1977	Richmond County	1982	Vance
1973	Tarboro	1978	Tarboro	1983	Grimsley
1974	Tarboro	1979	Tarboro	1984	Broughton & Hillside (CO-CHAMPS)
1975	Bertie	1980	Myers Park	1985	Independence
1976	Terry Sanford	1981	Northern Durham		

3A/4A

1986	Glenn	1986	
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PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A		3A		1A/2A
1987	Hillside	1987	Sun Valley	1987	Hendersonville
1988	Richmond County	1988	T.W. Andrews	1988	Salisbury
1989	Scotland County	1989	T.W. Andrews	1989	Salisbury
1990	Scotland County & Garinger (CO-CHAMPS)	1990	T.W. Andrews	1990	Monroe
1991	Richmond County	1991	T.W. Andrews	1991	Clinton
1992	Northern Nash	1992	T.W. Andrews	1992	West Columbus
1993	Hillside	1993	T.W. Andrews	1993	West Columbus

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994



Men's Outdoor Track Team State Champions



4A

1994	Hillside
1995	West Charlotte
1996	Leesville Road
1997	East Mecklenburg
1998	Leesville Road & Pinecrest (TIE)
1999	West Charlotte
2000	Charlotte Vance
2001	Mount Tabor
2002	Mount Tabor
2003	West Charlotte
2004	Southeast Raleigh
2005	R.J. Reynolds
2006	New Bern
2007	New Bern
2008	New Bern
2009	New Bern
2010	Charlotte Vance
2011	Knightdale
2012	Knightdale
2013	Knightdale
2014	Mount Tabor
2015	Mallard Creek
2016	Hillside
2017	West Forsyth
2018	Green Hope
2019	Cary

3A

1994	Franklin
1995	Franklin
1996	T.W. Andrews
1997	J.F. Webb & T.C. Roberson (TIE)
1998	Southern Nash
1999	Southern Nash
2000	Hillside
2001	T.W. Andrews
2002	Greensboro Ben L. Smith
2003	Greensboro Ben L. Smith
2004	Greensboro Ben L. Smith
2005	Jacksonville & T.C. Roberson (TIE)
2006	Northern Nash
2007	Mooreville
2008	Mooreville
2009	Marvin Ridge
2010	Asheville
2011	Douglas Byrd
2012	Berry Academy
2013	Northern Guilford
2014	Terry Sanford
2015	Marvin Ridge
2016	Jacksonville
2017	Weddington
2018	Weddington
2019	Weddington

2A

1994	North Rowan
1995	North Rowan
1996	North Rowan
1997	North Rowan
1998	North Rowan
1999	North Henderson
2000	Newton-Conover
2001	North Henderson
2002	North Henderson
2003	North Rowan
2004	North Rowan
2005	North Rowan
2006	North Brunswick
2007	North Rowan
2008	Shelby
2009	Salisbury
2010	Salisbury
2011	Berry Academy
2012	Cedar Ridge
2013	Cedar Ridge
2014	North Brunswick
2015	North Brunswick
2016	North Brunswick
2017	North Brunswick
2018	Forest Hills
2019	North Lincoln

1A

1994	Surry Central
1995	Lejeune
1996	Surry Central
1997	Southwest Onslow
1998	Cummings
1999	Hendersonville
2000	Pamlico
2001	Pamlico
2002	Surry Central
2003	Hendersonville
2004	Heide Trask
2005	North Brunswick
2006	South Stokes
2007	NC School of Science & Math
2008	Hendersonville
2009	Hendersonville
2010	NC School of Science & Math
2011	North Rowan
2012	North Rowan
2013	Heide Trask
2014	North Stokes
2015	North Stokes
2016	Mount Airy
2017	Mount Airy
2018	Polk County
2019	John A. Holmes



Men's Outdoor Track Championship M.V.P.



PLAY WENT TO TWO CLASSIFICATIONS IN 1986

	3A/4A				1A/2A
1986	Randy Jones Cliff Ethridge	Glenn Hendersonville	1986	Grover Hill Cliff Ethridge	Hendersonville Hendersonville

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A			3A			1A/2A	
1987	Elbert Ellis Darrin Moore	Hillside J.H. Rose	1987	Randy Jordan Darin Barbee	Warren Co. Sun Valley	1987	Walter Jones Tyrone Joyner	Roanoke Rapids Farmville Central
1988	R.J. McDonald	Richmond Co.	1988	Randy Jordan	Warren Co.	1988	Tyrone Joyner	Farmville Central
1989	Larry Harrington Tyrell Tait	Millbrook Scotland Co.	1989	Robbie Sellati Jeff Allen	Sun Valley East Wake	1989	Andre Steele Robert Cunningham	Salisbury Whiteville
1990	Kyle Armentrout Kerry Kennedy	Mount Tabor Millbrook	1990	Darius Brewington Blair Ellis	T.W. Andrews North Rowan	1990	Robert Carelock Doug Linen	Monroe East Duplin
1991	Dave Adair	Garinger	1991	Darius Brewington	T.W. Andrews	1991	Travis Banks	Clinton
1992	John Cline	Myers Park	1992	Chris Heath	Tarboro	1992	Kevin Lotharp Adel Diggs	Forest Hills Jacksonville
1993	Alvis Whitted	Orange	1993	Darius Brewington	T.W. Andrews	1993	Eric Riddick	Richlands

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

	4A			3A		2A		1A			
1994	Theodore Chavis	Hillside	1994	Eli Huger	Franklin	1994	Jon Weldon	Thomasville	1994	Eric Riddick	Richlands
1995	Will Hodges	Watauga	1995	Mike Lavender	Hunt	1995	Robert Steele	North Rowan	1995	Mike Perry	Lejeune
1996	Tyrone Dozier	Leesville Road	1996	Jason Dingess	Statesville	1996	Greg Yeldell	North Rowan	1996	Clayton Vaden	North Stokes
1997	Lamont Pennington	Hillside	1997	William Montgomery	T.C. Roberson	1997	Greg Yeldell	North Rowan	1997	Brian Waters	SW Onslow
1998	Jeremy Carter	Leesville Road	1998	William Montgomery	T.C. Roberson	1998	Greg Yeldell	North Rowan	1998	Cummings Steve Enoch	Cummings Cummings
1999	Bradsher Wilkins	Orange	1999	Derrick High	Southern Nash	1999	Shiloh Mielke	North Henderson	1999	Steve Enoch	Cummings
2000	Ricky Brookshire	Watauga	2000	Josh Morgan	T.W. Andrews	2000	Chuckie Reed	High Point Central	2000	Antonio King	Cummings
2001	Mike Loyd	Mount Tabor	2001	Brett Wilson	Northeast Guilford	2001	Derrek Bryant	High Point Central	2001	Mike Hinton	Cummings
2002	A.J. Davis	Northern Durham	2002	Manny Lawson	Eastern Wayne	2002	Mike Hinton	Cummings	2002	Trevan Davis	Thomasville
2003	Corey Brown	West Charlotte	2003	Brandon Helms	Piedmont	2003	Terry Wood	North Rowan	2003	Jimmy Russell	Hendersonville
2004	Johnathan Hancock	West Charlotte	2004	Jerre Wyatta	Ben L. Smith	2004	Andre Tillman	North Rowan	2004	Philip Hardman	Heide Trask
2005	Joe Kindred	Fuquay-Varina	2005	Johnny Dutch Jerek Hewett	Clayton West Brunswick	2005	Brandon Cathcart	Salisbury	2005	Mark DeWeese	Murphy
2006	Johnny Dutch	Clayton	2006	Josh Morgan	T.C. Roberson	2006	Thomas Huntley	East Lincoln	2006	Sam Brinson	South Stokes
2007	Trenton Guy, Jr.	West Charlotte	2007	Bryce Sherman	W-S Carver	2007	Sean Sewell	Cardinal Gibbons	2007	Philip Curley	NCSSM
2008	Dylan Ferris	East Forsyth	2008	Jamel Allison	Mooresville	2008	Josey Weaver	Madison	2008	John Wolfe	Polk County
2009	Anthony Hendrix	New Bern	2009	Cordell Livingston	Southwest Guilford	2009	Romar Morris	Salisbury	2009	David Lindsay	W-S Prep
2010	Jarrett Samuels	Charlotte Vance	2010	Isaac Presson	Asheville	2010	Romar Morris	Salisbury	2010	T.J. Wilson	Princeton
2011	Courtland Clavette	A.C. Reynolds	2011	Eric Winfrey	Douglas Byrd	2011	Cameron Hudson	Berry Academy	2011	Johnny Oglesby	North Rowan
2012	Craig Engels	Reagan	2012	Cameron Hudson	Berry Academy	2012	Isaiah Moore	Cummings	2012	Johnny Oglesby	North Rowan
2013	Philip Hall	Terry Sanford	2013	T.J. Logan	Northern Guilford	2013	Isaiah Moore	Cummings	2013	Trentavis Friday	Cherryville
2014	Ian Milder	Mount Tabor	2014	Philip Hall	Terry Sanford	2014	Isaiah Moore	Cummings	2014	Trentavis Friday	Cherryville
2015	Keon Howe	Mallard Creek	2015	Kadarius Lotharp	Sun Valley	2015	Jaylen Washington	North Brunswick	2015	Trevor Carr	Camden Co.
2016	Marcus Krah	Hillside	2016			2016	Elliott Graves	Reidsville	2016		
2017			2017	Cameron Council	Northwood	2017	Jahylen Washington	North Brunswick	2017		
2018	Randolph Ross	Garner	2018	Jamar Davis	Orange	2018	Scott McClendon	Forest Hills	2018	Josh Polk	Hobbtton
2019	Chancelor Crawford	Mallard Creek	2019	Emerson Douds	Weddington	2019	Brendon Hodge	Croatan	2019	Kimani McDaniels	Tarboro



Women's Outdoor Track Championship M.V.P.



PLAY WENT TO TWO CLASSIFICATIONS IN 1986

1986	3A/4A	Dudley Beddingfield	1986	1A/2A	Vanessa Smith Janene McClure	South Granville Hendersonville
	Pam Doggett & Adrienne Ferguson Kim Austin					

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A			3A		1A/2A		
1987	Marlene Poole Sylvia Crumpler	Grimsley Cape Fear	1987	Francine Dumas Michelle Rhyne	T.C. Roberson Northwest Cabarrus	1987	Maria Trent Janene McClure	NCSSM Hendersonville
1988	Marlene Poole Sabrina Hill	Grimsley Millbrook	1988	Robyn Land Candy Graves	Wilkes Central Cummings	1988	Erin Smyth Janene McClure	Lejeune Hendersonville
1989	Marlene Poole	Grimsley	1989	Alice Vinson Candra Gayle	Sun Valley Concord	1989	Erin Smyth Janet Clark	Lejeune North Stokes
1990	Marlene Poole Dashontia Atkinson	Dudley Smithfield-Selma	1990	Alice Vinson Nikki Friday	Sun Valley Lexington	1990	Ebony Lloyd Julie Barba	Murphy Lejeune
1991	Tonya Avery	Jacksonville	1991	Katrina Jarrett	North Rowan	1991	Karen Godlock	Polk County
1992	Amy Herman	Providence	1992	Mia Richardson	McMichael	1992	Karen Godlock	Polk County
1993	Joanna Smith	New Bern	1993	DeAnne Davis	Cummings	1993	Karen Godlock	Polk County

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

	4A			3A		2A		1A			
1994	Twyla Smith	Pinecrest	1994	Sabrina Thompson	Fike	1994	DeAnne Davis	Cummings	1994	Julie Stackhouse	Hayesville
1995	Crystal Cox	Pine Forest	1995	Sabrina Thompson	Fike	1995	DeAnne Davis	Cummings	1995	Julie Stackhouse	Hayesville
1996	Brenda Taylor	Watauga	1996	Sabrina Thompson	Fike	1996	DeAnne Davis	Cummings	1996	Julie Stackhouse	Hayesville
1997	Brenda Taylor	Watauga	1997	Sarah Vance Goodman	T.C. Roberson	1997	Clifeteana McIver	East Duplin	1997	Julie Stackhouse	Hayesville
				Shrinea James	Hickory						
1998	Kim Jones	Grimsley	1998	Sarah Vance Goodman	T.C. Roberson	1998	Latasha Pharr	North Rowan	1998	Jennifer Dimsdale	Polk County
1999	Kim Jones	Grimsley	1999	Annisia Gainey	Clayton	1999	Latasha Pharr	North Rowan	1999	Ariel Glassman	Hendersonville
2000	Felicia Fant	Olympic	2000	Michelle Velez	T.C. Roberson	2000	Latasha Pharr	North Rowan	2000	Paula Moore	Cummings
2001	Brenadette Washington	R.J. Reynolds	2001	Tatyana Krichenko	Western Guilford	2001	Latasha Pharr	North Rowan	2001	Cyethia Rooks	Northampton-West
2002	Julia Lucas	Myers Park	2002	Sherina Steele	West Rowan	2002	Sheena Dawkins	T.W. Andrews	2002	Katrell Armwood	Durham Sch. of Arts
2003	Melissa Council	Cary	2003	Michelle Duffey	Hillside	2003	Leigh Ann Taylor	Monroe	2003	Kasey Smith	South Stokes
2004	Erica Montgomery	Mount Tabor	2004	Mae Boone	Hertford	2004	Sarah Portee	T.W. Andrews	2004	Summer Graham	Princeton
2005	Gabby Mayo	Southeast Raleigh	2005	Atir Carter	Hillside	2005	Ashley McKiver	T.W. Andrews	2005	Christina Gray	North Brunswick
2006	Gabby Mayo	Southeast Raleigh	2006	Kelsey McCorkle	South Central	2006	Latoya James	Cummings	2006	Melanie Frye	West Wilkes
2007	Gabby Mayo	Southeast Raleigh	2007	Kelsey McCorkle	South Central	2007	Latoya James	Cummings	2007	Joule Breedlove	Swain County
				Sophia Treakle	Asheville						
2008	Jacinda Evans	Southern Durham	2008	Kelsey McCorkle	South Central	2008	Sherice Walker	Cummings	2008	Jania Bogle	Princeton
2009	Nyosha Bryant	West Charlotte	2009	Laura Hoer	T.C. Roberson	2009	Sherice Walker	Cummings	2009	Camille Wilkerson	Winston-Salem Prep
2010	Keni Harrison	Clayton	2010	Danielle Butts	South Central	2010	Briana Heath	Granville Central	2010	Teaunna Cuthbertson	North Rowan
2011	Keni Harrison	Clayton	2011	Tori Elliott	Cox Mill	2011	Marisa Bellamy	Bunn	2011	Meloney Ramos	North Rowan
2012	Alexis Perry	Jordan	2012	Sage Proffitt	North Buncombe	2012	Francesca Evans	Cummings	2012	Janieyah Collins	Monroe
2013	Tiana Patillo	Wakefield	2013	Blake Dodge	West Carteret	2013	Nora McKiver	T.W. Andrews	2013	Renezia Collins	Monroe
2014	Katlin Sherman	Parkland	2014	Lydia Laws	Western Alamance	2014	Renezia Collins	Monroe	2014	Maria Ellington	Comm. Sch. Davidson
2015	Sydney Murphy	Apex	2015	Kylie McMillian	Southern Guilford	2015	Maysa Araba	Carrboro	2015	Maria Ellington	Comm. Sch. Davidson
2016	Nevada Mareno	Leesville Road	2016			2016	Kayla Moore	Cummings	2016		
2017			2017			2017			2017		
2018	Morgan Smalls	Panther Creek	2018	Alexis Patterson	Parkland	2018	Nicole Barnes	T.W. Andrews	2018	Araybian Lilly	West Montgomery
2019	Morgan Smalls	Panther Creek	2019	Alexis Patterson	Parkland	2019	Kendall Jordan	Cummings	2019	Ja'Ciya Guthrie	Bessemer City



Outdoor Track Wheelchair & Adaptive Event Championships



Year Event First Held in Parenthesis

Women's Shot Put Wheelchair (2010)

		4A		3A		2A		1A	
2010	Deja Barber	SE Raleigh	5'04.25"	Not Held		Not Held		Not Held	
2011	Deja Barber	SE Raleigh	5'00.00"	Not Held		Not Held		Not Held	
2012	Deja Barber	SE Raleigh	5'04.00"	Not Held		Not Held		Not Held	
2013	Not Held			Not Held		Not Held		Not Held	
2014	Not Held			Taylor Kirk	East Rowan	9'02.00"	Catherine Armstrong	SW Edgecombe	7'04.00"
2015	Cara King	Apex	10'04.00"	Not Held		Not Held		Not Held	
2016	Cara King	Apex	10'11.00"	Taylor Kirk	East Rowan	8'11.50"	Courtney Booze	West Stokes	7'07.00"
2017	Cara King	Apex	12'04.00"	Not Held		Not Held		Alyssa Lynch	Neuse Charter
2018	Cara King	Apex	13'07.50"	Not Held		Not Held		Not Held	14'05.75"
2019								Daisy Hearn	Pender
									8'03.75"

Women's Discus Wheelchair (2013)

		4A		3A		2A		1A	
2013	Not Held			Not Held		Catherine Armstrong	SW Edgecombe	18'06.00"	Not Held
2014	Not Held			Not Held		Courtney Booze	West Stokes	22'03.00"	Not Held
2015	Cara King	Apex	25'04.00"	Not Held		Not Held		Not Held	
2016	Cara King	Apex	26'09.00"	Not Held		Not Held		Not Held	
2017	Cara King	Apex	32'11.00"	Not Held		Not Held		Not Held	
2018	Cara King	Apex	34'09.00"	Not Held		Not Held		Not Held	
2019								Daisy Hearn	Pender
									19'03.00"

Women's 100 Meter Dash Wheelchair (2011)

		4A		3A		2A		1A	
2011	Deja Barber	SE Raleigh	45.58	Jill Moore	NW Cabarrus	20.63	Not Held		Not Held
2012	Deja Barber	SE Raleigh	41.04	Not Held			Catherine Armstrong	SW Edgecombe	28.59
2013	Not Held			Not Held			Catherine Armstrong	SW Edgecombe	29.28
2014	Not Held			Not Held			Catherine Armstrong	SW Edgecombe	30.14
2015	Cara King	Apex	22.32	Not Held			Not Held		Not Held
2016	Cara King	Apex	28.80	Not Held			Not Held		Not Held
2017	Cara King	Apex	23.04	Elizabeth Becker	Weddington	20.48	Not Held		Not Held
2018	Cara King	Apex	22.42	Not Held			Not Held		Not Held

Women's 200 Meter Dash Wheelchair (2011)

		4A		3A		2A		1A	
2011	Not Held			Jill Moore	NW Cabarrus	36.86	Not Held		Not Held
2012	Not Held			Not Held			Catherine Armstrong	SW Edgecombe	54.97
2013	Not Held			Not Held			Not Held		Not Held
2014	Not Held			Not Held			Not Held		Not Held
2015	Cara King	Apex	44.90	Not Held			Not Held		Not Held
2016	Cara King	Apex	50.54	Not Held			Not Held		Not Held
2017	Cara King	Apex	47.77	Elizabeth Becker	Weddington	36.82	Not Held		Not Held
2018	Cara King	Apex	42.03	Not Held			Not Held		Not Held



Outdoor Track Wheelchair & Adaptive Event Championships



Women's 400 Meter Dash Wheelchair (2011)

4A

2011 Not Held
 2012 Not Held
 2013 Not Held
 2014 Not Held
 2015 Not Held
 2016 Not Held
 2017 Not Held

Jill Moore NW Cabarrus 1:05.54
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Elizabeth Becker Weddington 1:12.08

3A

2A

Not Held
 Catherine Armstrong SW Edgecombe 50.09
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held

1A

Women's 800 Meter Dash Wheelchair (2010)

4A

2010 Not Held
 2011 Not Held
 2012 Not Held
 2013 Not Held
 2014 Not Held
 2015 Not Held
 2016 Not Held
 2017 Not Held

Lindsey Good Weddington 3:09.52
 Jill Moore NW Cabarrus 2:17.66
 Not Held
 Not Held
 Not Held
 Not Held
 Elizabeth Becker Weddington 2:37.65

3A

2A

Not Held
 Not Held
 Catherine Armstrong SW Edgecombe 3:38.28
 Catherine Armstrong SW Edgecombe 3:45.52
 Catherine Armstrong SW Edgecombe 3:43.69
 Not Held
 Not Held
 Not Held

1A

Women's 1600 Meter Dash Wheelchair (2009)

4A

2009 Not Held
 2010 Not Held
 2011 Not Held
 2012 Not Held
 2013 Not Held
 2014 Not Held
 2015 Not Held
 2016 Not Held
 2017 Not Held

Jill Moore NW Cabarrus 5:08.74
 Jill Moore NW Cabarrus 4:43.87
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held

3A

2A

Not Held
 Not Held
 Not Held
 Not Held
 Catherine Armstrong SW Edgecombe 7:31.10
 Not Held
 Not Held
 Not Held

1A

Women's 3200 Meter Dash Wheelchair (2009)

4A

2009 Not Held
 2010 Not Held
 2011 Not Held
 2012 Not Held
 2013 Not Held
 2014 Not Held
 2015 Not Held
 2016 Not Held
 2017 Not Held

Jill Moore NW Cabarrus 10:34.38
 Jill Moore NW Cabarrus 9:58.92
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held

3A

2A

Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held
 Not Held

1A



Outdoor Track Wheelchair & Adaptive Event Championships



Men's Shot Put Wheelchair (2012)

4A				3A		2A			1A			
2012	Matthew McDonald	WF-Rolesville	10'01.75"	Not Held					Not Held			
2013	Ty Ruvolis	Mount Tabor	8'03.50"	Not Held			Bryce Floyd	South Lenoir	11'08.00"	Not Held		
2014	Ty Ruvolis	Mount Tabor	9'04.50"	Not Held			Bryce Floyd	South Lenoir	12'11.00"	Not Held		
2015	Not Held			Not Held			Dylan Pinder	North Johnston	13'04.00"	Not Held		
2016	Omar Sanchez	Broughton	15'00.00"	Taylor Kirk	East Rowan	8'11.50"	Bryce Floyd	South Lenoir	16'03.00"	Ty'Quen Fain	Perquimans Co.	19'01.00"
2017	Miles Hill	No. Durham	16'07.50"	Tylor Brown	Piedmont	10'06.00"	Dylan Pinder	North Johnston	15'00.00"	Phillip Kostelecky	Rosewood	9'01.75"
2018	Ladale Gambrell	Broughton	16'06.50"	Miles Hill	Northern Durham	16'04.25"	Not Held			Not Held		
2019	Christopher Coke	Ragsdale	14'03.00"	William Fuller	Carson	11'00.00"						

Men's Discus Wheelchair (2012)

4A				3A		2A			1A			
2012	Matthew McDonald	WF-Rolesville	26'03.00"	Not Held								
2013	Ty Ruvolis	Mount Tabor	15'01.00"	Not Held			Bryce Floyd	South Lenoir	31'07.00"	Not Held		
2014	Marcus Lumamba	Mount Tabor	27'03.00"	Not Held			Bryce Floyd	South Lenoir	33'08.00"	Not Held		
2015	Omar Sanchez	Broughton	28'07.00"	Not Held			Dylan Pinder	North Johnston	28'08.00"	Not Held		
2016	Omar Sanchez	Broughton	35'03.00"	Not Held			Bryce Floyd	South Lenoir	38'03.00"	Not Held		
2017	Miles Hill	No. Durham	44'08.00"	William Fuller	Carson	23'08.00"	Dylan Pinder	North Johnston	40'10.00"	Phillip Kostelecky	Rosewood	11'03.00"
2018	Ladale Gambrell	Broughton	55'07.00"	Miles Hill	Northern Durham	46'08.00"	Not Held			Not Held		
2019	Christopher Coke	Ragsdale	39'01.00"	William Fuller	Carson	29'07.00"						

Men's 100 Meter Dash Wheelchair (2012)

4A				3A		2A			1A			
2012	Matthew McDonald	WF-R	29.38	Not Held								
2013	Not Held			Not Held			Bryce Floyd	South Lenoir	33.02	Not Held		
2014	Marcus Lumamba	Mt. Tabor	30.48	Not Held			Dylan Pinder	North Johnston	25.50	Not Held		
2015	Omar Sanchez	Broughton	28.48	Not Held			Dylan Pinder	North Johnston	25.68	Not Held		
2016	Omar Sanchez	Broughton	24.60	Not Held			Dylan Pinder	North Johnston	23.77	Ty'Quen Fain	Perquimans Co.	18.98
2017	Miles Hill	No. Durham	28.25	William Fuller	Carson	34.43	Dylan Pinder	North Johnston	24.62	Not Held		
2018	Ladale Gambrell	Broughton	21.70	Miles Hill	Northern Durham	23.76	Not Held			Not Held		
2019	Isaiah Fultz	South View	21.91	William Fuller	Carson	27.20						

Men's 200 Meter Dash Wheelchair (2012)

4A				3A		2A			1A			
2012	Matthew McDonald	WF-Rolesville	1:09.86	Not Held								
2013	Not Held			Not Held			Bryce Floyd	South Lenoir	1:07.69	Not Held		
2014	Marcus Lumamba	Mt. Tabor	1:08.42	Not Held			Not Held			Not Held		
2015	Omar Sanchez	Broughton	51.27	Not Held			Dylan Pinder	North Johnston	52.19	Not Held		
2016	Omar Sanchez	Broughton	50.75	Not Held			Dylan Pinder	North Johnston	49.46	Ty'Quen Fain	Perquimans Co.	36.29
2017	Miles Hill	No. Durham	57.77	Not Held			Dylan Pinder	North Johnston	50.97	Not Held		
2018	Ladale Gambrell	Broughton	46.59	Miles Hill	Northern Durham	53.59	Not Held			Not Held		
2019	Christopher Coke	Ragsdale	58.12									

Men's 400 Meter Dash Wheelchair (2015)

4A				3A		2A			1A			
2015	Not Held			Not Held			Antoine Perry	Franklinton	2:14.14	Not Held		
2016	Christopher Coke	Ragsdale	2:05.10	Not Held			Not Held			Ty'Quen Fain	Perquimans Co.	1:19.61
2017	Not Held			Not Held			Not Held			Not Held		

Men's 800 Meter Dash Wheelchair (2017)

4A				3A		2A			1A			
2017	Not Held			Not Held						Not Held		



Outdoor Track Wheelchair & Adaptive Event Championships



Men's 100 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	14.43	Not Held
2015	Desmond Jackson	Hillside	13.43	Not Held
2016	Desmond Jackson	Hillside	13.03	Not Held
2017	Desmond Jackson	Hillside	12.67	Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's 200 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	31.78	Not Held
2015	Desmond Jackson	Hillside	29.65	Not Held
2016	Desmond Jackson	Hillside	29.46	Not Held
2017	Desmond Jackson	Hillside	27.83	Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's 400 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	1:17.96	Not Held
2015	Not Held			Not Held
2016	Desmond Jackson	Hillside	1:10.76	Not Held
2017	No Finishers			Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's Long Jump Ambulatory (2014)

4A

2014	Desmond Jacson	Hillside	14'07.50"	Not Held
2015	Desmond Jackson	Hillside	15'10.00"	Not Held
2016	Not Held			Not Held
2017	No Finishers			Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

