



Men's Indoor Track & Field State Meet Event Records



				High Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Jesse Williams	Broughton	2002	7' 0"	Jesse Williams	Broughton	2002	7' 0"	Christopher Garrick	Marvin Ridge	2015	6' 11"	Demarcus Stallings	North Rowan	2005	6' 10"
												Tanner Anderson	East Burke	2010	6' 10"
				Long Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Marcus O'Neal	Dudley	1997	24' 7.25"	Marcus O'Neal	Dudley	1997	24' 7.25"	Brian Ellis	North Rowan	1991	23' 9.75"	Isaiah Moore	Cummings	2014	23' 0.5"
				Triple Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Eric Haddock	Southeast Raleigh	2019	49'10.25"	Eric Haddock	Southeast Raleigh	2019	49'10.25"	Greg Yeldell	North Rowan	1998	49' 10"	Greg Yeldell	North Rowan	1998	49' 10"
				Shot Put											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Jon Beyle	East Chapel Hill	2013	61' 10"	Jon Beyle	East Chapel Hill	2013	61' 10"	Ed Robertson	T.W. Andrews	1990	57' 11"	Jake Soorus	North Lincoln	2020	55' 6.5"
				Pole Vault											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Spencer Evans	Lake Norman	2020	16' 7"	Spencer Evans	Lake Norman	2020	16' 7"	Tristian Shaver	Ledford	2015	15' 6"	Jake Justice	Polk County	2019	14'10"
				55 Meter Hurdles											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Wayne Davis	Southeast Raleigh	2009	:07.05	Wayne Davis	Southeast Raleigh	2009	:07.05	Damian Silver	Nash Central	2014	:07.45	Jayhlen Washington	North Brunswick	2017	:07.37
				55 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Chris Justice	Grimsley	1996	:06.21	Chris Justice	Grimsley	1996	:06.21	Terrell Robinson, Jr.	Mount Tabor	2020	:06.35	Juwan Crowder	Forest Hills	2015	:06.33
				1600 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Bobby Mack	North Forsyth	2003	4:10.61	Bobby Mack	North Forsyth	2003	4:10.61	Cameron Ponder	Mount Tabor	2018	4:16.06	Jason Thomson	North Lincoln	2019	4:21.11
				500 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Andrew Hendrix	New Bern	2009	1:03.65	Andrew Hendrix	New Bern	2009	1:03.65	Khaleb McRae	Southern Durham	2018	1:04.45	Jenoah McKiver	T.W. Andrews	2020	
				1000 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Kyle Durham	Weddington	2019	2:28.85	Dylan Ferris	East Forsyth	2008	2:29.03	Kyle Durham	Weddington	2019	2:28.85	Skylar Stultz	First Flight	2018	2:32.72
				300 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
J Johnson	Panther Creek	2017	:34.39	J Johnson	Panther Creek	2017	:34.39	Emerson Douds	Weddington	2018	34.52	Elliott Graves	Reidsville	2016	:35.18
				3200 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Jake Hurysz	Eastern Alamance	2010	9:10.96	Ricky Brookshire	Watauga	2000	9:14.71	Jake Hurysz	Eastern Alamance	2010	9:10.96	Ben Armentrout	Atkins	2020	9:28.22



Indoor Track & Field State Meet Relay Event Records



Men's 4x200 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Eric Haddock Romell McRae Christian Ruffin Brian Williams	Southeast Raleigh	2019	1:27.87	Eric Haddock Romell McRae Christian Ruffin Brian Williams	Southeast Raleigh	2019	1:27.87	Doug Dracon Mark Conner Denison Livingston Emerson Douds	Weddington	2018	1:29.46	J.C. Smith Shaquan Graham Jayhlen Washington Cameron Barnhill	North Brunswick	2017	1:30.35

Men's 4x400 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Andrew Hendrix Fuqwaan Greene Miles Sparks Anthony Hendrix	New Bern	2009	3:21.79	Andrew Hendrix Fuqwaan Greene Miles Sparks Anthony Hendrix	New Bern	2009	3:21.79	Doug Dracon Denison Livingston Kyle Durham Emerson Douds	Weddington	2018	3:24.21	Darryl Demps Tyler Combs Eddie Hernandez Brandon Neal	Hendersonville	2009	3:28.19

Men's 4x800 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Christian Cotazar Michael Staples Javier Alejandro Phillip Hall	South View	2015	7:57.23	Christian Cotazar Michael Staples Javier Alejandro Phillip Hall	South View	2015	7:57.23	Jackson O'Hara Kyle Durham Jake Toomey Will Mazur	Weddington	2018	7:59.48	Jason Risse Johnny Grant Jason Thomson Brian Risse	North Lincoln	2018	8:12.93

Women's 4x200 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Miasha Bryant Katlin Sherman Shanone Cannon Ebony Williams	Parkland	2015	1:39.92	Miasha Bryant Katlin Sherman Shanone Cannon Ebony Williams	Parkland	2015	1:39.92	Ija Mumford Alexis Patterson Del'Nique Penn Diamond Lyerly	Parkland	2019	1:41.95	Kelsia Moore Tajah Walston Lashonda Tate Jaida Torain	Cummings	2016	1:47.19

Women's 4x400 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Monzerad Creary Dejah Jones Olicia Sharp Ariah Graham	High Point Central	2017	3:48.73	Monzerad Creary Dejah Jones Olicia Sharp Ariah Graham	High Point Central	2017	3:48.73	Emmaya Waters Shaliyah Wilkerson Imari Deloatch Alysia Johnson	Hillside	2019	4:00.08	Brittney Cuthrell Crystal Wibley Jasmin Richardson Radiance Basden	Western Guilford	2008	4:05.98

Women's 4x800 Meter Relay

State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Taylor Hemming Nevada Mareno Sydney Winchel Jasmine Butler	Leesville Road	2015	9:25.42	Taylor Hemming Nevada Mareno Sydney Winchel Jasmine Butler	Leesville Road	2015	9:25.42	Abby Weber Mara Pirone Virginia Pridgen Megan Marvin	Chapel Hill	2020	9:30.01	Blake Dodge Emma Gomez Samantha Schlieker Katie Cease	West Carteret	2013	9:45.89



Women's Indoor Track & Field State Meet Event Records



				High Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Morgan Smalls	Panther Creek	2019	6' 1"	Morgan Smalls	Panther Creek	2019	6' 1"	Patience Coleman	Southern Durham	2004	5' 10"	Hunter Wellborn	Starmount	2014	5' 6"
				Long Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Morgan Smalls	Panther Creek	2019	19'11.25"	Morgan Smalls	Panther Creek	2019	19'11.25"	Ija Mumford	Parkland	2019	18'5.75"	Sherice Walker	Cummings	2009	18'11.25"
				Triple Jump											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Morgan Smalls	Panther Creek	2019	41'09.75"	Morgan Smalls	Panther Creek	2019	41'09.75"	Chelsea Hargrave	Williams	2014	38' 9"	DeAnne Davis	Cummings	1996	40' 8"
				Shot Put											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Kamorean Hayes	Harding	2007	48' 11.75"	Kamorean Hayes	Harding	2007	48' 11.75"	Kayla Beasley	Hillside	2018	44'11.75"	Patience Marshall	Anson	2018	44'08"
				Pole Vault											
State				4A				3A				1A/2A			
Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.	Name	School	Year	Perf.
Lindsay Absher	West Forsyth	2019	13' 6"	Lindsay Absher	West Forsyth	2019	13' 6"	Riley Felts	Weddington	2018	12'07.5"	Sarah Brown	Surry Central	2020	12' 00"
				55 Meter Hurdles											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Ebony Williams	Parkland	2015	:07.81	Ebony Williams	Parkland	2015	:07.81	Zariyah Black	Eastern Guilford	2020	:07.96	Alyssa Thompson Rowe	Lexington	2020	:07.99
				55 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Gabby Mayo	Southeast Raleigh	2007	:06.87	Gabby Mayo	Southeast Raleigh	2007	:06.87	Sabrina Thompson	Fike	1996	:07.00	Kayla Smith	Lincolnton	2020	:07.03
				1600 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nevada Mareno	Leesville Road	2015	4:57.77	Nevada Mareno	Leesville Road	2015	4:57.77	Elise Wright	T.C. Roberson	2018	5:00.71	Malia Ellington	C.S. of Davidson	2014	4:58.43
				500 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Kyna Robinson	Southeast Raleigh	2018	1:12.33	Kyna Robinson	Southeast Raleigh	2018	1:12.33	Alysia Johnson	Hillside	2019	1:14.05	Araybian Lilly	West Montgomery	2017	1:16.79
				1000 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Nevada Mareno	Leesville Road	2015	2:53.81	Nevada Mareno	Leesville Road	2015	2:53.81	Blake Dodge	West Carteret	2014	2:58.25	Malia Ellington	C.S. of Davidson	2014	2:59.72
				300 Meter Dash											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Tamara Clark	High Point Central	2017	:37.81	Tamara Clark	High Point Central	2017	:37.81	Alysia Johnson	Hillside	2019	:39.32	Briana Heath	Granville Central	2012	:39.81
				3200 Meter Run											
State				4A				3A				1A/2A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Sara Platek	Ragsdale	2017	10:31.57	Sara Platek	Ragsdale	2017	10:31.57	Sarah Vance Goodman	T.C. Roberson	1998	10:48.48	Sarah Vance Goodman	T.C. Roberson	1998	10:48.48



Indoor Track & Field Team State Champions



Men's

YEAR	CHAMPION	YEAR	CHAMPION
1987	Hillside	1997	Hillside
1988	Hillside	1998	North Rowan
1989	Richmond County	1999	West Charlotte
1990	North Rowan	2000	East Mecklenburg
1991	North Rowan	2001	Mount Tabor
1992	T.W. Andrews	2002	Mount Tabor
1993	Sun Valley	2003	North Rowan
1994	Northern Nash	2004	North Rowan
1995	Pine Forest	2005	West Charlotte
1996	Pine Forest	2006	New Bern, R.J. Reynolds (tie)

COMPETITION WENT TO TWO CLASSIFICATIONS IN 2007

4A		1A/2A/3A	
2007	Southeast Raleigh	2007	Parkland
2008	New Bern, East Forsyth (tie)	2008	Mooreville
2009	Southeast Raleigh	2009	Southwest Guilford
2010	Southeast Raleigh	2010	Asheville
2011	Knightdale	2011	Asheville
2012	Knightdale, SE Guilford (tie)	2012	Cardinal Gibbons
2013	Knightdale	2013	Cummings

COMPETITION WENT TO THREE CLASSIFICATIONS IN 2014

4A		3A		1A/2A	
2014	Knightdale	2014	Marvin Ridge	2014	North Brunswick
2015	South View	2015	Marvin Ridge	2015	North Brunswick
2016	Green Hope	2016	Weddington	2016	North Brunswick
2017	Panther Creek	2017	Marvin Ridge	2017	North Brunswick
2018	Green Hope	2018	Weddington	2018	Croatan
2019	Southeast Raleigh	2019	Weddington	2019	Croatan
2020	Panther Creek (co-) Millbrook (co-)	2020	Weddington	2020	Atkins

Women's

YEAR	CHAMPION	YEAR	CHAMPION
1987	Grimsley	1997	Watauga
1988	Grimsley	1998	West Mecklenburg
1989	Dudley	1999	North Rowan
1990	Dudley	2000	Olympic
1991	East Mecklenburg	2001	Mount Tabor
1992	Ben L. Smith	2002	Mount Tabor
1993	Providence	2003	Mount Tabor
1994	North Forsyth	2004	Mount Tabor
1995	North Forsyth	2005	Harding
1996	Cummings	2006	Southeast Raleigh

4A		1A/2A/3A	
2007	Southeast Raleigh	2007	Cummings
2008	Southeast Raleigh	2008	Cummings
2009	Mount Tabor	2009	Cummings
2010	Southeast Raleigh	2010	Cummings
2011	Wakefield	2011	Cardinal Gibbons
2012	Wakefield	2012	Cummings
2013	Wakefield	2013	West Carteret

4A		3A		1A/2A	
2014	Parkland	2014	Marvin Ridge	2014	Cummings
2015	Parkland	2015	Marvin Ridge	2015	Cummings
2016	Southeast Raleigh	2016	Chapel Hill	2016	Cummings
2017	High Point Central	2017	Cuthbertson	2017	T.W. Andrews
2018	Southeast Raleigh	2018	Cuthbertson	2018	T.W. Andrews
2019	Southeast Raleigh	2019	Cuthbertson	2019	Cummings
2020	Panther Creek	2020	Cuthbertson	2020	Cummings



Indoor Track & Field Men's State Championship M.V.P.



Open Classification

1987 Joe Woods, Richmond Co.
 1988 Vince Howard, Page
 1989 A.J. McDonald, Richmond Co.
 1990 Patrick Phillips, Watauga
 1991 Brian Ellis, North Rowan
 1992 Darius Brewington, T.W. Andrews
 1993 Brian Zmijewski, Sun Valley

1994 John Avery, Asheville
 1995 Jay Kanokoa, North Buncombe
 1996 Omar Clinton, Pine Forest
 1997 Lamont Pennington, Hillside
 1998 Greg Yeldell, North Rowan
 1999 Darrell Colbert, West Charlotte
 2000 Chris Martin, East Mecklenburg

2001 A.J. Davis, Northern Durham
 2002 A.J. Davis, Northern Durham
 2003 Bobby Mack, North Forsyth
 2004 Andre Tillman, North Rowan
 2005 Trenton Guy, West Charlotte
 2006 Karjuan Williams, New Bern

4A Classification

2007 Trenton Guy, West Charlotte
 2008 Dylan Ferris, East Forsyth
 2009 Fuquawn Greene, New Bern
 2010 Steven Bell, SE Raleigh
 2011 Aaron Covington, Wakefield
 2012 Craig Engles, Reagan
 2013 Bakri Abushouk, Cary

4A Classification

2014 Kimani Hoffman, Knightdale
 2015 Philip Hall, South View
 2016 Marcus Krah, Hillside
 2017 J Johnson, Panther Creek
 2018 Randolph Ross, Garner
 2019 Eric Haddock, Southeast Raleigh
 2020 Dominique Alexander, Millbrook

1A/2A/3A Classification

2007 Isaiah Thompson, Asheville
 2008 William Graves, Southern Guilford
 2009 Cordell Livingston, SW Guilford
 2010 Isaac Presson, Asheville
 2011 William Bass, Nash Central
 2012 Isaiah Moore, Cummings
 2013 Isaiah Moore, Cummings

3A Classification

2014 Ladante Elerby, Terry Sanford
 2015 Tanis Baldwin, E. Henderson
 2016 Mitchell Resor, Weddington
 2017 Gabriel Stainback, Concord
 2018 Cameron Ponder, Mount Tabor
 2019 Kyle Durham, Weddington
 2020 Jieem Bullock, North Brunswick

1A/2A Classification

2014 Isaiah Moore, Cummings
 2015 Jayhlen Washington, North Brunswick
 2016 Elliott Graves, Reidsville
 2017 Jahylen Washington, North Brunswick
 2018 Nolan Hodge, Northeastern & Dakota Oxendine, St. Pauls
 2019 Brendan Hodge, Croatan
 2020 Savion Thompson, Reidsville



Indoor Track & Field Women's State Championship M.V.P.



Open Classification

1987 Stacey Watkins, Grimsley
 1988 Tomi Ogunba, E. Mecklenburg
 1989 Monica Hockaday, Hillside
 1990 Alice Vinson, Sun Valley
 1991 Frances Morgan, East Mecklenburg
 1992 Karen Godlock, Polk County
 1993 Ami Herman, Providence

1994 Deanne Davis, Cummings
 1995 Mandy Becker, Fuquay-Varina
 1996 Deanne Davis, Cummings
 1997 Lindsay Taylor, Watauga
 1998 Demetria Washington, Terry Sanford
 1999 Lasonia Collins, Independence
 2000 Latasha Pharr, North Rowan

2001 Ginger Wheeler, Mount Tabor
 2002 Carly Matthews, Mount Tabor
 2003 Sherina Steele, West Rowan
 2004 Portia Baker, SW Guilford
 2005 Jennifer Webster, Providence
 2006 Gabby Mayo, SE Raleigh

4A Classification

2007 Joanna Wright, R.J. Reynolds
 2008 Nyosha Bryant, W. Charlotte
 2009 Nyosha Bryant, W. Charlotte
 2010 Hannah Hensly, Pinecrest
 2011 Aria Graham, Wakefield
 2012 Alexis Perry, Jordan
 2013 Tyra Lea, Wakefield

4A Classification

2014 Ama-Selina Tchume, Wakefield
 2015 Ebony Williams, Parkland
 2016 Elly Henes, Green Hope
 2017 Tamara Clark, High Point Central
 2018 Kyna Robinson, Southeast Raleigh
 2019 Morgan Smalls, Panther Creek
 2020 Morgan Smalls, Panther Creek

1A/2A/3A Classification

2007 Latoya James, Cummings
 2008 Sherice Walker, Cummings
 2009 Sherice Walker, Cummings
 2010 Sarah Rapp, Cardinal Gibbons
 2011 Sarah Rapp, Cardinal Gibbons
 2012 Francesca Evans, Cummings
 2013 Blake Dodge, West Carteret

3A Classification

2014 Blake Dodge, West Carteret
 2015 Kylie McMillan, Southern Guilford
 2016 Mackenzie Whitaker, West Carteret
 2017 Sarah LaTour, Cuthbertson
 2018 Sarah LaTour, Cuthbertson
 2019 Alexis Patterson, Parkland
 2020 Zariyah Black, Eastern Guilford

1A/2A Classification

2014 Malia Ellington, C.S. Davidson
 2015 Malia Ellington, C.S. Davidson
 2016 Kanyae Majores, Cummings
 2017 Nicole Barnes, T.W. Andrews
 2018 Nicole Barnes, T.W. Andrews
 2019 Nicole Barnes, T.W. Andrews
 2020 Kendall Jordan, Cummings



Women's Indoor Track & Field Individual Event State Champions



60 Yard / 55 Meter Dash Became 55 Meter Dash in 1995 Open Classification

1987	Nickie Harris	Richmond	7.38
1988	Marlene Poole	Grimsley	7.27
1989	Marlene Poole	Dudley	7.14
1990	Alice Vinson	Sun Valley	7.23
1991	Lynetta Golden	South Stokes	7.08
1992	Monique Wilkins	North Forsyth	7.34
1993	Toi Wilson	D.H. Conley	7.14
1994	Sabrina Thompson	Fike	7.16
1995	Sabrina Thompson	Fike	7.15
1996	Sabrina Thompson	Fike	7.00
1997	Aspen Powell	Pinecrest	7.22
1998	Demetria Washington	Terry Sanford	7.20
1999	Lasonia Collins	Independence	7.10
2000	Kiki Collins	Grimsley	7.15
2001	Tempess Stark	Northwest Cabarrus	7.26
2002	Tempess Stark	Northwest Cabarrus	7.20
2003	Tempess Stark	Northwest Cabarrus	7.09
2004	Portia Baker	Southwest Guilford	7.13
2005	Chalonda Silver	Rocky Mount	7.10
2006	Gabby Mayo	Southeast Raleigh	6.87

1A/2A/3A

2007	Kelsey McCorkle	South Central	7.11
2008	Stormy Kendrick	Forestview	7.02
2009	Stormy Kendrick	Forestview	7.04
2010	Erin Tucker	J.M. Robinson	7.19
2011	Zikeena Parker*	Rocky Mount	7.28
2012	Paisley Simmons	T.W. Andrews	7.17
2013	Paisley Simmons	T.W. Andrews	7.17

1A/2A

2014	Reneazia Collins	Monroe	7.24
2015	Deonica Reid	Winston-Salem Prep	7.23
2016	Tajah Walston	Cummings	7.26
2017	Nicole Barnes	T.W. Andrews	7.19
2018	Nicole Barnes	T.W. Andrews	7.16
2019	Allysia Farrar	Cummings	7.17
2020	Kayla Smith	Lincolnton	7.03

4A

Gabby Mayo	Southeast Raleigh	6.87
Nyosha Bryant	West Charlotte	6.94
Dominique Weathers	Vance	7.04
Ebony Scott	Southeast Raleigh	7.00
Olicia Sharp*	Wakefield	7.21
Jden Williams	Wakefield	6.96
Sabrina Moore	North Mecklenburg	7.10

3A

Kylie McMillian	Southern Guilford	7.25
Alex Council	Northwood	7.17
Natasha Johnson	Eastern Wayne	7.21
Taylor Henderson	Eastern Guilford	7.22
Del'Nique Penn	Parkland	7.13
Alexis Patterson	Parkland	7.02
Zariyah Black	Eastern Guilford	7.96

4A

Charminique Hackney	Cary	7.05
Sydnei Murphy	Apex	6.95
Tamara Clark	High Point Central	7.04
Tamara Clark	High Point Central	6.89
Leah Bolden	High Point Central	7.07
Jonah Ross	Garner	7.03
Shawnti Jackson	Wakefield	6.91



Women's Indoor Track & Field Individual Event State Champions



300 Yard / 300 Meter Dash Became 300 Meter Dash in 1995 Open Classification

1987	Alisa Foust	Jacksonville	38.30
1988	Marlene Poole	Grimsley	37.04
1989	Marlene Poole	Dudley	36.47
1990	Tonya Avery	Jacksonville	37.72
1991	Tonya Avery	Jacksonville	37.71
1992	Katrina Jarrett	North Rowan	38.40
1993	Toi Wilson	D.H. Conley	37.52
1994	Sabrina Thompson	Fike	37.40
1995	Crystal Cox	Pine Forest	40.46
1996	Crystal Cox	Pine Forest	41.09
1997	Crystal Cox	Pine Forest	40.56
1998	Demetria Washington	Terry Sanford	40.44
1999	Lasonia Collins	Independence	40.19
2000	Carol Merritt	Garner	41.40
2001	Tempess Stark	Northwest Cabarrus	42.41
2002	Portia Baker	Southwest Guilford	41.07
2003	Portia Baker	Southwest Guilford	39.87
2004	Portia Baker	Southwest Guilford	39.55
2005	Felicia Paulding	Harding	40.73
2006	Gabby Mayo	Southeast Raleigh	38.94
1A/2A/3A			
2007	Kelsey McCorkle	South Central	40.22
2008	Radiance Basden	Western Guilford	40.65
2009	Trisha Bennett	Winston-Salem Prep	40.39
2010	Breahna Morrison	Weddington	41.26
2011	Briana Haith*	Granville Central	39.94
2012	Briana Haith	Granville Central	39.81
2013	Reneazia Collins	Monroe	40.56
1A/2A			
2014	Shakai Ward	Elkin	41.60
2015	Shakai Ward	Elkin	41.81
2016	Tajah Walston	Cumming	40.95
2017	Payton Russell	North Rowan	40.29
2018	Araybian Lilly	West Montgomery	41.34
2019	Allysia Farrar	Lexington	40.50
2020	Allysia Farrar	Cummings	40.90

4A		
Gabrielle Glenn	Providence	40.45
Nyosha Bryant	West Charlotte	41.23
Taylor Dewberry	Mount Tabor	40.32
Ariah Graham	Wakefield	39.85
Ariah Graham*	Wakefield	39.17
Tyler Brockington	Dudley	39.25
Tyra Lee	Wakefield	38.76
3A		
Cambria Shuford	Statesville	41.43
Courtney Warner	C.B. Aycock	40.67
Kev'via Copening	Ledford	40.80
Micheala Nelms	Nash Central	40.64
Jordan Sales	J.H. Rose	40.61
Alysia Johnson	Hillside	39.92
Ai'yana Gray-Williams	Parkland	40.80

4A		
Ama-Selina Tchume	Providence	39.21
Ebony Williams	Parkland	39.06
Tamara Clark	High Point Central	39.23
Tamara Clark	High Point Central	37.81
Kyna Robinson	Southeast Raleigh	39.73
Sierra Fletcher	Southeast Raleigh	39.49
Shawnti Jackson	Wakefield	39.01



Women's Indoor Track & Field Individual Event State Champions



500 Yard / 500 Meter Dash Became 500 Meter Dash in 1995 Open Classification

1987	Tomi Ogunba	East Mecklenburg	1:30.50
1988	Tomi Ogunba	East Mecklenburg	1:28.10
1989	Leslie McCaskill	East Mecklenburg	1:28.72
1990	Marlene Poole	Dudley	1:29.14
1991	Frances Morgan	East Mecklenburg	1:30.36
1992	Bridget Johnson	Ben L. Smith	1:30.80
1993	Michelle McRae	Williams	1:27.10
1994	Keeya McManus	Olympic	1:31.80
1995	Crystal Cox	Pine Forest	1:17.53
1996	Florencia Hunt	Hillside	1:17.87
1997	Kiona Kirkpatrick	Providence	1:19.25
1998	Demetria Washington	Terry Sanford	1:17.42
1999	Tondra White	Olympic	1:20.58
2000	Daniello David	Seventy-First	1:21.02
2001	Samantha Murillo	Davie County	1:18.15
2002	Jeretha Massey	Ben L. Smith	1:18.03
2003	Carlitha Sturdivant	Independence	1:18.05
2004	Janet Carruthers	Harding	1:19.59
2005	Ebonie Cunningham	Southeast Raleigh	1:16.45
2006	Lynda Hiller	Apex	1:18.11
1A/2A/3A			
2007	Erika Charles	Durham Sch. of Arts	1:17.36
2008	Brandy Swann	Jacksonville	1:19.08
2009	Kaneisha Williams	Dudley	1:17.39
2010	Francesca Evans	Cummings	1:17.04
2011	Sage Proffitt*	North Buncombe	1:18.99
2012	Sage Proffitt	North Buncombe	1:17.53
2013	Maya Evans	Fike	1:16.50
1A/2A			
2014	Reneazia Collins	Monroe	1:19.09
2015	Wimi Gbadegesin	Durham Sch. of Arts	1:21.37
2016	Julia Grainda	C. S. Davidson	1:21.60
2017	Araybian Lilly	West Montgomery	1:16.79
2018	Araybian Lilly	West Montgomery	1:17.99
2019	Samantha Payne	Ledford	1:17.58
2020	Victoria Swepson	Research Triangle	1:19.64

4A		
Ebonie Cunningham	Southeast Raleigh	1:14.41
Lauren Gulley	Mallard Creek	1:17.33
Sanura Eley-O'Reil	Jack Britt	1:15.89
T'Shelia Mungo	Independence	1:15.53
Keni Harrison*	Clayton	1:16.26
Tiana Patillo	Wakefield	1:17.29
Layla White	Cary	1:14.94
3A		
Kacie Hicks	Marvin Ridge	1:20.84
Cambria Shuford	Statesville	1:18.24
Mackenzie Whitaker	West Carteret	1:21.13
Carisha Leonard	Nash Central	1:17.81
Megan Marvin	Chapel Hill	1:17.66
Alysia Johnson	Hillside	1:14.05
Alyssa Hernandez	Northern Guilford	1:15.57

4A		
Layla White	Cary	1:15.12
Layla White	Cary	1:14.10
McKinley McNeill	Parkland	1:14.24
Maya Singletary	Hoke County	1:13.47
Kyna Robinson	Southeast Raleigh	1:12.33
Ella Manwaring Foster	Providence	1:16.34
Sanu Jallow	Berry Academy	1:15.00



Women's Indoor Track & Field Individual Event State Champions



1000 Yard / 1000 Meter Dash

Became 1000 Meter Dash in 1995

Open Classification

1987	Kerry Porter	Jordan	2:57.40
1988	Tomi Ogunba	East Mecklenburg	2:51.07
1989	Amy Neal	East Forsyth	2:50.66
1990	Trudy Stallings	Dudley	2:49.55
1991	Karen Godlock	Polk County	2:50.28
1992	Mia Richardson	McMichael	2:46.19
1993	Ami Herrman	Providence	2:49.67
1994	Laura Hughes	Sun Valley	2:47.20
1995	Mandy Becker	Fuquay-Varina	3:10.06
1996	Mandy Becker	Fuquay-Varina	3:06.08
1997	Jennifer Dimsdale	Polk County	3:10.56
1998	Jennifer Dimsdale	Polk County	3:08.77
1999	Karen Medlin	Athens Drive	3:09.64
2000	Karen Medlin	Athens Drive	3:11.30
2001	Karen Medlin	Broughton	3:07.32
2002	Julia Lucas	Myers Park	2:56.73
2003	Krystle Medlin	Southeast Raleigh	3:05.54
2004	Krystle Medlin	Southeast Raleigh	3:05.85
2005	Callan Fike	Athens Drive	3:07.03
2006	Katie Fields	Pinecrest	3:01.50

1A/2A/3A

2007	Heather Beichner	Cardinal Gibbons	3:10.26
2008	Laura Hoer	T.C. Roberson	3:05.49
2009	Ryanna Henderson	Jacksonville	3:03.22
2010	Destine Kirkman	Harding University	3:08.66
2011	Sarah Rapp*	Cardinal Gibbons	3:06.43
2012	Emily Vance	Overhills	3:08.46
2013	Blake Dodge	West Carteret	3:01.59

1A/2A

2014	Malia Ellington	C. S. Davidson	2:59.72
2015	Malia Ellington	C. S. Davidson	3:09.14
2016	Alex Rodman	First Flight	3:02.92
2017	Alex Rodman	First Flight	3:03.33
2018	Victoria Swepson	Research Triangle	3:07.82
2019	Victoria Swepson	Research Triangle	3:05.05
2020	Lauren Tolbert	Highland Tech	3:03.88

4A

Amanda Lapp	Southeast Raleigh	3:02.45
Marya Slater	West Johnston	3:09.07
Maraya Slater	West Johnston	3:04.74
Becca Deloache	Myers Park	2:56.70
Jennie Cunningham*	Pinecrest	3:02.98
Jennie Cunningham	Pinecrest	2:57.41
Jennie Cunningham	Pinecrest	2:57.46

3A

Blake Dodge	West Carteret	2:58.25
Naomi Cartier	Asheville	3:02.59
Anna Passannante	Chapel Hill	2:58.37
Sarah LaTour	Cuthbertson	3:02.34
Elise Wright	T.C. Roberson	2:39.22
Megan Marvin	Chapel Hill	3:02.56
Megan Marvin	Chapel Hill	3:00.76

4A

Nevada Mareno	Leesville Road	2:56.24
Nevada Mareno	Leesville Road	2:53.81
G'Jasmyne Butler	Leesville Road	2:58.33
Janay Hall	South View	3:01.03
Sophie Faircloth	Reagan	3:03.80
Cora Cooke	Myers Park	2:55.97
Lorien Bathgate	Grimsley	2:59.27



Women's Indoor Track & Field Individual Event State Champions



1 Mile / 1600 Meter Dash

Became 1600 Meter Dash in 1995

Open Classification

1987	Stacey Watkins	Grimsley	5:14.50
1988	Cessy Hudson	East Burke	5:23.61
1989	Leslie McCaskill	East Mecklenburg	5:33.70
1990	Andrea Bailey	Millbrook	5:23.36
1991	Andrea Bailey	Millbrook	5:14.70
1992	Karen Godlock	Polk County	5:18.40
1993	Karen Godlock	Polk County	5:09.12
1994	Frances Wagner	E.E. Smith	5:18.50
1995	Mandy Becker	Fuquay-Varina	5:12.43
1996	Mandy Becker	Fuquay-Varina	5:14.88
1997	Jennifer Dimsdale	Polk County	5:21.53
1998	Sarah Vance Goodman	T.C. Roberson	5:12.26
1999	Alisha Little	East Burke	5:13.10
2000	Casey Mcgraw	Freedom	5:16.93
2001	Katherine Merrill	Jordan	5:21.00
2002	Erika Schneble	Hendersonville	5:06.16
2003	Taylor Steelman	Mount Tabor	5:16.99
2004	Katie Fields	Pinecrest	5:14.83
2005	Callan Fike	Athens Drive	5:20.50
2006	Callan Fike	Athens Drive	5:16.24

1A/2A/3A

2007	Kylie Smith	T.C. Roberson	5:25.96
2008	Ryanna Henderson	Jacksonville	5:18.37
2009	Laura Hoer	T.C. Roberson	5:18.27
2010	Sarah Rapp	Cardinal Gibbons	5:19.31
2011	Sarah Rapp*	Cardinal Gibbons	5:14.63
2012	Blake Dodge	West Carteret	5:09.54
2013	Blake Dodge	West Carteret	5:12.35

1A/2A

2014	Malia Ellington	C. S. Davidson	4:58.43
2015	Malia Ellington	C. S. Davidson	5:35.27
2016	Brittany Stanley	Mount Pleasant	5:08.46
2017	Alex Rodman	First Flight	5:09.61
2018	Alex Rodman	First Flight	5:18.37
2019	Sofia Wong	NCSSM	5:21.57
2020	Angie Allen	North Lincoln	5:12.96

4A

Callan Fike	Athens Drive	5:11.93
Andie Cozzarelli	Apex	5:10.21
Samantha George	Millbrook	5:13.94
Samantha George	Millbrook	5:03.82
Lauren Colberg*	Green Hope	5:12.89
Darby Middlebrook	Watauga	5:01.72
Maura McDonald	Green Hope	5:10.30

3A

Blake Dodge	West Carteret	5:08.12
Alexa King	Marvin Ridge	5:09.90
Alexa King	Marvin Ridge	5:12.10
Katherine Dokholya	Chapel Hill	5:09.05
Elise Wright	T.C. Roberson	5:00.71
Leah Helms	Cuthbertson	5:11.05
Frances Whitworth	Mount Tabor	5:04.69

4A

Blair Ramsey	Grimsley	4:59.41
Nevada Mareno	Leesville Road	4:57.77
Blair Ramsey	Grimsley	5:01.83
Isabel Zimmerman	Reagan	5:03.58
Sophie Faircloth	Reagan	5:02.92
Carmen Alder	Pinecrest	5:02.77
Carmen Alder	Pinecrest	5:00.50



Women's Indoor Track & Field Individual Event State Champions



2 Mile / 3200 Meter Dash Became 3200 Meter Dash in 1995

Open Classification

1987	Stacey Watkins	Grimsley	11:29.60
1988	Silica Johnson	Grimsley	12:03.00
1989	Windi McIntire	Watauga	11:53.19
1990	Silica Johnson	Grimsley	11:25.10
1991	Andrea Bailey	Millbrook	11:32.45
1992	Karen Godlock	Polk County	11:15.70
1993	Karen Godlock	Polk County	11:25.24
1994	Meredith Faircloth	Broughton	12:13.30
1995	Mandy Becker	Fuquay-Varina	11:22.68
1996	Erin Musson	Wilkes Central	11:56.16
1997	Fran Lattie	Lumberton	12:00.92
1998	Sarah Vance Goodman	T.C. Roberson	10:48.48
1999	Alisha Little	East Burke	11:16.20
2000	Casey McGraw	Freedom	11:28.27
2001	Ginger Wheeler	Mount Tabor	11:41.80
2002	Carly Matthews	Mount Tabor	10:52.67
2003	Amy Dibianca	Mount Tabor	11:27.10
2004	Aliisa Wilke	Providence	11:30.97
2005	Aliisa Wilke	Providence	11:29.37
2006	Caroline Kirby	T.C. Roberson	11:25.02

1A/2A/3A

2007	Kathryn Dispennette	T.C. Roberson	11:49.31
2008	Lindsay Ester	Williams	11:31.21
2009	Sarah Rapp	Cardinal Gibbons	11:46.85
2010	Sarah Rapp	Cardinal Gibbons	11:39.15
2011	Sarah Rapp*	Cardinal Gibbons	11:27.59
2012	Mary Grace Doggett	Cardinal Gibbons	11:36.58
2013	Mary Grace Doggett	Cardinal Gibbons	11:13.85

1A/2A

2014	Malia Ellington	C. S. Davidson	11:27.96
2015	Malia Ellington	C. S. Davidson	11:19.82
2016	Brittany Stanley	Mount Pleasant	11:27.81
2017	Anna-Kathryn Kilby	Forbush	11:44.03
2018	Anna-Kathryn Kilby	Forbush	11:35.57
2019	Hannah Preisser	Carrboro	11:06.00
2020	Angie Allen	North Lincoln	11:27.23

4A

Andie Cozzarelli	Apex	11:29.79
Andie Cozzarelli	Apex	11:23.53
Kim Spano	North Mecklenburg	11:10.25
Lexie Schustrom	Pinecrest	11:10.25
Julie Swaim*	Reagan	11:10.31
Anna McBride	Davie County	11:04.51
Bianca Bishop	Providence	11:15.23

3A

Sophie Ebihara	Cardinal Gibbons	10:55.82
Sophie Ebihara	Cardinal Gibbons	11:13.93
Anna Vess	A.C. Reynolds	10:57.71
Emme Fisher	West Carteret	11:29.14
Sarah LaTour	Cuthbertson	11:03.16
Jonna Strange	North Iredell	10:53.15
Jonna Strange	North Iredell	10:52.42

4A

Kayla Montgomery	Mount Tabor	10:43.87
Elly Henes	Green Hope	10:43.45
Sara Platek	Ragsdale	10:31.94
Sara Platek	Ragsdale	10:31.57
Carmen Alder	Pinecrest	11:08.83
Katharine Priu	Cardinal Gibbons	10:56.87
Carmen Alder	Pinecrest	11:09.50



Women's Indoor Track & Field Individual Event State Champions



60 Yard Hurdles / 55 Meter Hurdles

Became 55 Meter Hurdles in 1995

Open Classification

1987	Shana Mitchell	Apex	8.79
1988	Lorie Peele	Hillside	8.74
1989	Lorie Peele	Hillside	8.43
1990	Cassandra Adams	Richmond	8.50
1991	Yohanna Chavis	Myers Park	8.95
1992	Jennifer Kalanick	Grimsley	8.74
1993	DeAnne Davis	Cummings	8.60
1994	DeAnne Davis	Cummings	8.48
1995	DeAnne Davis	Cummings	8.37
1996	DeAnne Davis	Cummings	8.21
1997	Brenda Taylor	Watauga	8.28
1998	Latasha Pharr	North Rowan	8.33
1999	Kim Jones	Grimsley	8.45
2000	Latasha Pharr	North Rowan	8.33
2001	Latasha Pharr	North Rowan	8.15
2002	Chandra Pulliam	Cummings	8.19
2003	Chandra Pulliam	Cummings	8.07
2004	Dominique Price	Cummings	8.28
2005	Jennifer Webster	Providence	8.39
2006	Gabby Mayo	Southeast Raleigh	7.92

1A/2A/3A

2007	Latoya James	Cummings	8.18
2008	Sherice Walker	Cummings	8.16
2009	Sherice Walker	Cummings	8.07
2010	Erin Tucker	J.M. Robinson	8.28
2011	Juanita Leto*	Concord	8.45
2012	Francesca Evans	Cummings	8.42
2013	Nora McKiver	T.W. Andrews	8.21

1A/2A

2014	Kayla Moore	Cummings	8.20
2015	Kayla Moore	Cummings	8.49
2016	Kayla Moore	Cummings	8.28
2017	Kayla Moore	Cummings	8.03
2018	Nicole Barnes	T.W. Andrews	8.11
2019	Alyssa Thompson Rowe	Lexington	8.18
2020	Alyssa Thompson Rowe	Lexington	7.99

4A

Ashley Bethune	Harding	8.08
Ashley Bethune	Harding	8.10
Brittany Carroll	Harding	8.22
Danielle Davis	Southeast Raleigh	8.12
Mollie Williams*	Clayton	8.38
Alexis Perry	Jordan	8.18
Hunter Roberts	Southwest Guilford	8.10

3A

Kylie McMillan	Southern Guilford	8.08
Kylie McMillan	Southern Guilford	8.11
Torri Weathers	Hickory Ridge	8.60
Randi Yeomans	West Carteret	8.56
Charnessa Reid	Mount Tabor	8.16
Alexis Patterson	Parkland	8.03
Zariyah Black	Eastern Guilford	7.96

4A

Jacklyn Howell	Southeast Raleigh	7.95
Ebony Williams	Parkland	7.81
Breanne Bygrave	Wakefield	7.89
Akira Rhodes	Mallard Creek	8.03
Sierra Fletcher	Southeast Raleigh	8.02
Sierra Fletcher	Southeast Raleigh	8.04
Akala Garrett	Harding University	8.03



Women's Indoor Track & Field Individual Event State Champions



High Jump

Open Classification

1987	Chentelle LeGendre	Jacksonville	5'09"
1988	Chentelle LeGendre	Jacksonville	5'02"
1989	Kim Jones	Statesville	5'04"
1990	Kim Jones	Statesville	5'05"
1991	Kim Jones	Statesville	5'09.25"
1992	Kim Jones	Statesville	5'06"
1993	Halima Haith	Ben L. Smith	5'02"
1994	Adriane Sims	Douglas Byrd	5'06"
1995	Lindsay Taylor	Watauga	5'08.5"
1996	Adriane Sims	Douglas Byrd	5'10"
1997	Lindsay Taylor	Watauga	5'08.5"
1998	Allison Bowden	Leesville Road	5'06"
1999	Jo Ann Jackson	Millbrook	5'04"
2000	Adrienne Lunsford	Northern Durham	5'04"
2001	Debbie Martin	Apex	5'04"
2002	Debbie Martin	Apex	5'08"
2003	Debbie Martin	Apex	5'06"
2004	Patience Coleman	Southern Durham	5'10"
2005	Jennifer Webster	Providence	5'04"
2006	Patience Coleman	Southern Durham	5'06"
1A/2A/3A			
2007	Amy Wenner	Ragsdale	5'02"
2008	Jordan Lee	Cedar Ridge	5'04"
2009	Sarah Watts	T.C. Roberson	5'00"
2010	Jasmine Williams	Nash Central	5'02"
2011	Emily Kimble*	Owen	5'04"
2012	Makayla Roten	West Wilkes	5'06"
2013	Makayla Roten	West Wilkes	5'06"
1A/2A			
2014	Hunter Welborn	Starmount	5'06"
2015	Kylie Polsgrove	Avery County	5'04"
2016	Mikel Franklin	T.W. Andrews	5'06"
2017	Brianna Sanders	North Brunswick	5'04"
2018	Kathlyn Mauck	Mount Airy	5'02"*
	Kennedy Conner	Franklin	5'02"*
2019	Heidi Sabatini	First Flight	5'04"
2020	Lauren Taylor	East Lincoln	5'04"

4A		
Patience Coleman	Southern Durham	5'08"
Shanika McRae	Pincrest	5'02"
Andrea Beck	Mount Tabor	5'04"
Cassidie Cierra Burdick	Butler	5'04"
Sarah Graham*	Wake Forest	5'08"
Alexis Perry	Jordan	5'06"
Amara Bell	Southeast Raleigh	5'04"
3A		
Elizabeth Oleson	Hickory Ridge	5'08"
Brittany Small	East Rowan	5'06"
Maggie Bamber	Swansboro	5'04"
Maci Bunting	Asheboro	5'04"
Kayla Carson	East Chapel Hill	5'04"
Netanya Linares	Cuthbertson	5'04"
Rebekah Smith	Franklinton	5'04"

4A		
Jordyn Brown	Jordan	5'04"
Jordyn Brown	Jordan	5'06"
Kenya Livingston	Rocky River	5'08"
Kenya Livingston	Rocky River	5'09"
Morgan Smalls	Panther Creek	5'08"
Morgan Smalls	Panther Creek	6'01"
Morgan Smalls	Panther Creek	5'10.75"



Women's Indoor Track & Field Individual Event State Champions



Long Jump

Open Classification

1987	Jeanell McIver	T.W. Andrews	16'11.5"
1988	Tammy Houston	Garinger	17'10"
1989	Marcella Gardin	Ashbrook	18'00"
	Shevon Martin	East Forsyth	18'00"
1990	Alice Vinson	Sun Valley	17'11"
1991	Kim Jones	Statesville	17'10"
1992	Rahma Mateen	Ben L. Smith	18'05.75"
1993	Amanda Johnson	East Carteret	17'00.75"
1994	April Phillips	Myers Park	16'09"
1995	Nikki Wells	Richmond	18'01"
1996	DeAnne Davis	Cummings	18'04.25"
1997	Maria Steadman	Millbrook	18'04"
1998	Kim Jones	Grimsley	18'09.25"
1999	Randi Chapman	Northern Durham	18'02.75"
2000	Ronda White	Olympic	18'05"
2001	Kellie Todd	W. F.-Rolesville	18'00.5"
2002	Vonteena Knotts	Butler	17'09.75"
2003	Sherina Steele	West Rowan	18'07"
2004	Camelia Morman	Hillside	18'00.25"
2005	Pat Springs	Mount Tabor	18'10"
2006	Nyosha Bryant	Harding	18'03"
	1A/2A/3A		
2007	Kiara Crutchfield	Ragsdale	18'03.5"
2008	Sherice Walker	Cummings	17'07.5"
2009	Sherice Walker	Cummings	18'11.75"
2010	Teanna Cuthbertson	North Rowan	18'06.75"
2011	Shelby Hall*	Graham	17'05.75"
2012	Courtney Crawford	McMichael	18'01.25"
2013	Lydia Laws	Western Alamance	17'04"
	1A/2A		
2014	Kayla Moore	Cummings	18'03"
2015	Deonica Reid	W-Salem Prep	17'02.25"
2016	Kenvae Majors	Cummings	17'11.75"
2017	Nicole Barnes	T.W. Andrews	18'01.25"
2018	Nicole Barnes	T.W. Andrews	17'07.25"
2019	Jydia Faucette	Cummings	17'03.00"
2020	Kendall Jordan	Cummings	18'10.00"

	4A		
	Ranae Nelson	Harding	19'00.25"
	Jacinda Evans	Southern Durham	19'01.25"
	Nyosha Bryant	West Charlotte	19'00"
	Joann Blakney	West Mecklenburg	18'00"
	Ariah Graham*	Wakefield	17'11.25"
	Ariah Graham	Wakefield	19'00"
	Sabrina Moore	North Mecklenburg	18'07"
	3A		
	Chelsey Hargrave	Williams	17'10.5"
	Courtney Cefalo	Ledford	17'04.75"
	Mackenzie Whitaker	West Carteret	17'10.5"
	Mackenzie Whitaker	West Carteret	18'03.25"
	Zinzili Kelley	Douglas Byrd	18'01.25"
	Ija Mumford	Parkland	18'05.75"
	Ija Mumford	Parkland	18'01.50"

	4A		
	Sydnei Murphy	Apex	19'04"
	Sydnei Murphy	Apex	19'07"
	Lauren White	Rolesville	18'06.5"
	Jade Jordan	Pine Forest	18'04"
	Jirah Sidberry	Rocky River	18'08.5"
	Morgan Smalls	Panther Creek	19'11.25"
	Morgan Smalls	Panther Creek	19'8.50"



Women's Indoor Track & Field Individual Event State Champions



Triple Jump

Open Classification

1987	Karen Dixon	J.H. Rose	36'01"
1988	Nikki Poteat	Dudley	37'10"
1989	Alice Vinson	Sun Valley	36'11"
1990	Alice Vinson	Sun Valley	38'05.75"
1991	Tonya Avery	Jacksonville	37'06.75"
1992	Crystal Carlton	Wilkes Central	35'11.25"
1993	Twyla Smith	Pinecrest	38'02"
1994	DeAnne Davis	Cummings	38'09.75"
1995	Twyla Smith	Pinecrest	40'11.5"
1996	DeAnne Davis	Cummings	40'08"
1997	Taressa Davis	Southern Durham	38'09.75"
1998	Virginia Lacombe	South Caldwell	36'07.5"
1999	Latasha Pharr	North Rowan	39'01.5"
2000	Latasha Pharr	North Rowan	39'07"
2001	Jennifer Cloud	Northwest Guilford	37'09"
2002	Sherina Steele	West Rowan	38'01"
2003			
2004	Camelia Morman	Hillside	38'09.50"
2005	Amelia Black	Millbrook	36'01.5"
2006	Danielle Thorpe	Jordan	38'00.5"
	1A/2A/3A		
2007	Sherice Walker	Cummings	38'07.5"
2008	Sherice Walker	Cummings	37'10"
2009	Sherice Walker	Cummings	38'08"
2010	Kortney Williams	Cummings	36'07.75"
2011	Francesca Evans*	Cummings	36'11.75"
2012	Francesca Evans	Cummings	39'00.5"
2013	Teshlyn Smith	South Granville	36'08"
	1A/2A		
2014	Hunter Welborn	Starmount	36'05"
2015	Peighton Simmons	T.W. Andrews	36'11"
2016	Peighton Simmons	T.W. Andrews	37'02.5"
2017	Peighton Simmons	T.W. Andrews	39'08"
2018	Nicole Barnes	T.W. Andrews	36'01.75"
2019	Kendall Jordan	Cummings	35'08.50"
2020	Kendall Jordan	Cummings	38'11.00"

	4A		
	Chrishawn Williams	Southeast Raleigh	37'03.5"
	Chrishawn Williams	Southeast Raleigh	37'05.75"
	Chrishawn Williams	Southeast Raleigh	38'02"
	Tristine Johnson	Jordan	38'05.25"
	Alexis Hall*	Page	37'09.25"
	Shemiah Brooks	Southwest Guilford	39'07"
	Tyra Lee	Wakefield	37'06"
	3A		
	Chelsey Hargrave	Williams	38'09"
	Tamilia Wright	Williams	36'10"
	Imani Bennett	Southern Guilford	38'01"
	Mackenzie Whitaker	West Carteret	38'05"
	Hassani Burris	Ashbrook	38'02.75"
	Jayda Hunter	Jacksonville	38'06.50"
	Jayda Hunter	Jacksonville	38'07.50"

	4A		
	Alexis Davis	Butler	37'05.5"
	Sydnei Murphy	Apex	39'10.5"
	Jada Woods	Hopewell	37'11.25"
	Michelle Cobb	T.C. Roberson	37'09.5"
	Jirah Sidberry	Rocky River	39'08.0"
	Morgan Smalls	Panther Creek	41'09.75"
	Morgan Smalls	Panther Creek	41'07.75"



Women's Indoor Track & Field Individual Event State Champions



Shot Put

Open Classification

1987	Janene McClure	Hendersonville	37'05"
1988	Janene McClure	Hendersonville	43'05"
1989	Kelly Sensing	Erwin	38'03"
1990	Dashontia Atkinson	Smithfield-Selma	39'11"
1991	Vernia Wilson	Jacksonville	35'04.5"
1992	Peaches Johnson	Hendersonville	36'11"
1993	Vernia Wilson	Jacksonville	40'02.5"
1994	Michelle Clayton	East Forsyth	38'11"
1995	Saleemah Abdullah	Leesville Road	35'10.5"
1996	Eve Hammet	Providence	39'10"
1997	Tara Clinding	North Rowan	38'09.75"
1998	Keisha Boggan	West Mecklenburg	35'08"
1999	Tara Clinding	North Rowan	39'03"
2000	Lashonda Horton	J.H. Rose	38'02"
2001	Kristie Boggan	West Mecklenburg	37'04.25"
2002	Christina Hernandez	A.C. Reynolds	40'11"
2003			
2004	Kamorean Hayes	Harding	39'10.25"
2005	Norjai Palma	Cary	42'01"
2006	Norjai Palma	Cary	41'07"
	1A/2A/3A		
2007	Morrison Deirdra	Wilkes Central	37'05.75"
2008	Morrison Deirdra	Wilkes Central	39'05.5"
2009	Gayshawn Watkins	East Rutherford	40'06.25"
2010	Alisha Bradshaw	Salisbury	38'09"
2011	Alisha Bradshaw*	Salisbury	40'11.5"
2012	Hailey Cook	Hendersonville	40'00"
2013	Hailey Cook	Hendersonville	41'06.25"
	1A/2A		
2014	Alex Cooke	North Surry	40'07.75"
2015	Samantha Layko	Croatan	39'06.75"
2016	LesLeigh Tabor	Franklin	37'06"
2017	LesLeigh Tabor	Franklin	43'00"
2018	Patience Marshall	Anson	44'08.00"
2019	Blamo Snoh	Durham Sch. Arts	39'03.75"
2020	Teteateh Snoh	Durham Sch. Arts	42'11.00"

	4A		
	Kamorean Hayes	Harding	48'11.75"
	Aslynn Halvorson	Butler	44'07.75"
	Clair Watkins	Butler	42'11.5"
	Clair Watkins	Butler	39'07.25"
	Sequoia Watkins*	T.C. Roberson	38'05.25"
	Breanna Warren	Western Guilford	37'00"
	Breanna Warren	Western Guilford	44'06.75"
	3A		
	Alexis Dickerson	Western Alamance	41'01.25"
	Ngozi Frances Obuseh	Marvin Ridge	36'06.75"
	Katelyn Prakash	Weddington	36'01.5"
	Keyanna Spivey	Rocky Mount	37'07.25"
	Kayla Beasley	Hillside	44'11.75"
	Makayla Watkins	Western Guilford	38'07.00"
	Jayda Hunter	Jacksonville	38'08.25"

	4A		
	Alycia Springs	Mallard Creek	43'11"
	Khayla Dawson	Olympic	47'05.5"
	Khayla Dawson	Olympic	47'06"
	Kayla Beasley	Hillside	44'08"
	Veronica Fraley	Wakefield	47'01"
	Destiny Griffin	West Forsyth	42'08"
	Sydney Freeman	Millbrook	42'00"



Women's Indoor Track & Field Individual Event State Champions



Pole Vault

Open Classification

2000	Jodie Nettles	Providence	11'03"
2001	Erica Derrickson	Millbrook	11'00"
2002	Jessica Fowler	Hendersonville	9'06"
2003	Jessica Fowler	Hendersonville	10'06"
2004	Tracy Prehoniak	Vance	10'06"
2005	Sallie Gurganus	Watauga	10'06"
2006	Sallie Gurganus	Watauga	11'06"

1A/2A/3A

2007	Kristina Parker	White Oak	10'06"
2008	Jordan Lee	Cedar Ridge	9'06"
2009	Rebekah Johnston	White Oak	9'06"
2010	Elizabeth Ambler	Northern Guilford	10'03"
2011	Sage Proffitt*	North Buncombe	10'06"
2012	Sage Proffitt	North Buncombe	12'00"
2013	Tess Rogers	North Stokes	10'06"

1A/2A

2014	Danielle Brown	Franklin	10'00"
2015	Ce'nedra Dillard	North Pitt	8'06"
2016	Emma Laughter	Hendersonville	8'00"
2017	Leanna Seagraves	Draughn	9'08"
2018	Sarah Brown	Surry Central	11'00"
2019	Sarah Brown	Surry Central	11'06"
2020	Sarah Brown	Surry Central	12'00"

Joanna Wright	R.J. Reynolds	12'01"
Tori Rivers	Clayton	10'06"
Cassie Crawford	Panther Creek	11'06"
Cassie Crawford	Panther Creek	11'06"
Sydney White*	East Forsyth	12'02"
Sydney White	East Forsyth	12'00"
Kristin Lee	Wakefield	12'06"

4A

Mariel Finger	North Gaston	11'00"
Savannah Creed	South Johnston	11'00"
Tessa Sheets	Northwood	11'00"
Tessa Sheets	Northwood	12'07"
Riley Felts	Weddington	12'07.5"
Lainie Baumgardner	Cuthbertson	11'00"
Ava Studney	Cuthbertson	11'00"

3A

Anna Eaton	4A	12'00"
Zoe Early	Apex	12'00"
Chesney Ward	Ragsdale	12'06"
Olivia Goodwin	Cary	11'06"
Elise Hall	Leesville Road	12'00"
Lindsay Absher	West Forsyth	13'06"
Susannah Truitt	Panther Creek	11'09"



Women's Indoor Track & Field Relay Event State Champions



800 Meter Relay

	1A/2A			3A			4A		
2015	Mikel Franklin LaDeja Miller Shabria Bethea Peighton Simmons	T.W. Andrews	1:48.94	Imani Williams Sydni Fields Cassidy McNierney Alyssa Rivera	Cleveland	1:49.78	Miaysha Bryant Katlin Sherman Shanone Carter Ebony Williams	Parkland	1:39.92
2016	Kelsia Moore Tajah Walston Lashonda Tate Jaida Torain	Cummings	1:47.19	Imani Williams Naelee Stone Sydni Fields Cassidy McNierney	Cleveland	1:46.96	Samantha Davis Charminique Hackney Kaila Lewis Asya Macon	Southeast Raleigh	1:41.58
2017	Brianna Nachtigal Trista Taylor Netanya Linares Kennedie Gaither	Parkwood	1:48.94	Michaela Nelms Myia Spivey Teona Hill T'Keyah Macklin	Nash Central	1:46.61	Leah Bolden Tamara Clark Zhamoura McPhail Lauren Williams	High Point Central	1:40.76
2018	Alyssa Thompson Rowe Kianna McCandies Ny'Lasia Brown Serenity Davis	Lexington	1:48.53	Shamara Tolliver Del'Nique Penn Diamond Lyerly Alexis Patterson	Parkland	1:43.48	Ani Judd Sierra Fletcher Kyna Robinson Zarejha Hall	Southeast Raleigh	1:41.40
2019	Alyssa Thompson Rowe Ziavia Calvin Ny'Lasia Brown Taylor Bennett	Lexington	1:47.91	Ija Mumford Alexis Patterson Del'Nique Penn Diamond Lyerly	Parkland	1:41.95	Sierra Fletcher Jahzara Hart Ani Judd Kyna Robinson	Southeast Raleigh	1:40.01
2020	Alyssa Thompson Rowe Ziavia Calvin Ny'Lasia Brown Aquariah McIntosh	Lexington	1:48.20	Victoria Teasley Mackenzie Townsend Jade McLain Addison Benz	Cuthbertson	1:43.19	Jahzara Hart Ani Judd Nneka Udoeye Kassidy Jones	Southeast Raleigh	1:42.30



Women's Indoor Track & Field Relay Event State Champions



1600 Meter Relay Open Classification

1987	Tahnaya Carter Marlene Poole	Ashley Taylor Danez Lyons	Grimsley	4:18.00	1997	Lindsay Taylor Donna Bealer	Carrie Storie Brenda Taylor	Watauga	4:06.46
1988	Danez Lyons Marlene Poole	Alisa Stone Silica Johnson	Grimsley	4:11.10	1998	Keisha Williams Janelle Johnson	Markita Mackey Nicolette Shackelford	West Charlotte	4:14.69
1989	Ayo Johnson Angie Artis	Kumba Fuller Marlene Poole	Dudley	4:07.36	1999	Samantha Porter Cheraton Love	Lasonia Collins Janelle Johnson	Independence	4:02.70
1990	Cynthia Parker Karen McIlwain	Donna Alston Belinda Hope	Hillside	4:11.91	2000	Samantha Porter Phyllesha Blackmon	Shante Williams	Independence	4:15.80
1991	Grace Crawford Pat Miller	Millie James Frances Morgan	East Mecklenburg	4:16.36	2001	Weahdee Blidee Stephanie Hall	Whitney Hill Carla Wabibi	Olympic	4:13.17
1992	Bridget Johnson Halima Haith	Dara Flemings Rahma (Rocky) Mateen	Ben L. Smith	4:15.10	2002	Jeretha Massey Adelia Fuller	Christian Woodward Lateisha Johnson	Ben L. Smith	4:10.52
1993	Erika Strowd Tamera Smith	Dakar Scott Keeya McManus	Olympic	4:17.10	2003	Erica Montgomery Claire Ritenle	Julia Morton Alycia Polzene	Mount Tabor	4:12.58
1994	Keeya McManus Dakar Scott	Shawnta Person Tamera Smith	Olympic	4:14.00	2004			Harding	4:03.36
1995	Andrya Brown Loraine Clayton	Crystal Cox Melinda Woodard	Pine Forest	4:11.10	2005	Felicia Paulding Sherelle Froneberger	Alexis Ivey Janet Carothers	Harding	4:09.71
1996	Carol Haskin Chrissy Zemak	Sylvia Lalinde Kiona Kirkpatrick	Providence	4:14.09	2006	Alexis Ivey Brittany Carrol	Felicia Paulding Janet Carothers	Harding	4:06.39

1A/2A/3A

2007	Jasmine Irby Cassie Brannon	Christine Council Latia Page	Parkland	4:16.29
2008	Brittney Cuthrell Jasmin Richardson	Crystal Webley Radiance Basden	Western Guilford	4:05.98
2009	Kierra Demery Tyler Brockington	Natalie Nelson Kaneisha Williams	Dudley	4:08.98
2010	Carly Griffith Brittany Sturdivant	Haley Kapheim Breahna Morrison	Weddington	4:12.69
2011	Taylor Dove* Brittany Fritz*	Anna Lipocky* Taylor Berry*	Marvin Ridge	4:17.13
2012	Mikaela Seibert Raven Covington	Veronica Pfaff Nikolete Hurrinus	Cuthbertson	4:09.24
2013	Blake Dodge Katie Cease	Blair Pearce Becky Branche	West Carteret	4:07.65

1A/2A

2014	Simi Gbadegsin Lydia Gamble	Destiny Stevons Hana Ratcliffe	Durham Sch. of Arts	4:21.96
2015	Tori Riggs McKayla Walker	Tyler Glenn Lydia Best	Croatan	4:24.86
2016	Madeline Mayfield Jessica Bevard	Shalin Revels Jo Snow	Mount Airy	4:14.94
2017	Jessica Bevard Shalin Revels	Madeline Mayfield Jo Snow	Mount Airy	4:12.93
2018	Trinity White Gracie Damico	Maleia Smith Kaleigh Hanson	Croatan	4:15.16

3A

Courtney Blanden	Cyan Mercer	Weddington	4:09.87
Maria Sanchez	Tracey Weeks		
Maria Sanchez	Morgan Garrett	Weddington	4:12.22
Jessica Sommers	Cyan Mercer		
T'Keyah Macklin	Caresha Leonard	Nash Central	4:09.57
Anaiya Harris	Teona Hill		
T'Keyah Macklin	Carisha Leonard	Nash Central	4:07.43
Teona Hill	Michaela Nelms		
Ashlan Bowdry	Emmaya Waters	Hillside	4:05.89
Shaliyah Wilkerson	Jessica Wright		

4A

2007	Ebonie Cunningham Shenise Gilyard	Tyra Green Amanda Lapp	Southeast Raleigh	4:04.65
2008	Becca Deloache Kristen Thalman	Rachel Myrick Katherine Shintay	Myers Park	4:11.91
2009			Mount Tabor	4:02.60
2010			Southeast Raleigh	3:57.52
2011	Olivia Sharp* Kayla Johnson*	Michaela Birek* Ariah Graham*	Wakefield	4:02.16
2012	Tiana Patillo Dejah Jones	Olivia Sharp Ariah Graham	Wakefield	3:51.74
2013	Tiana Patillo Destiny Robinson	Dejah Jones JeMay Ward	Wakefield	3:53.30

4A

			Wakefield	4:08.94
McKinley McNeill	Katlin Sherman	Parkland	3:55.16	
Kimani Davis	Ebony Williams			
Kleo Torres	Saidah Hardwick	Southeast Raleigh	3:53.64	
Kyna Robinson	Sierra Fletcher			
Monzerad Creary	TiCoiya Gidderon	High Point Central	3:48.73	
Zhamoura McPhail	Tamara Clark			
Sierra Fletcher	Zarejha Hall	Southeast Raleigh	4:01.89	
Alayna Sutte	Kyna Robinson			



Women's Indoor Track & Field Relay Event State Champions

1600 Meter Relay

1A/2A

3A

4A

2019	Kendall Jordan	Jydia Faucette	Cummings	4:13.45	Emmaya Waters	Shaliyah Wilkerson Hillside	4:00.08	Nimeesha Coleman	Ella Mainwaring Foster Providence	3:54.36
	Britney Aguilar	Allysia Farrar			Imari Deloatch	Alysia Johnson		Amanda Watson	Ariana Rivera	
2020	Jydia Faucette	Iysis Martinez	Cummings	4:12.60	Mackenzie Townsend	Caroline Palmer Cuthbertson	4:04.42	Arianna Brown	Saniya Smith Mallard Creek	3:59.58
	Tamesia Pinnix	Allysia Farrar			Presley Worf	Addison Benz		Liyah Jones	Kaylyn Brown	



Women's Indoor Track & Field Relay Event State Champions



3200 Meter Relay Open Classification

1987	Leslie McCaskill Valerie Sowers	Kim Eldridge Jamie Oxendine	East Mecklenburg	10:19.70	1997	Jessica Thomas Lauren Yoder	Alex Autry Kathryn Daniel	Myers Park	10:23.12
1988	Ayo Johnson Irish Dick	Kumba Fuller Sanya Lewis	Dudley	10:35.80	1998	Jessica Thomas Lauren Yoder	Alex Autry Kathryn Daniel	Myers Park	10:19.88
1989	Ayo Johnson Krystie Horne	Tonia Malloy Paula Johnson	Dudley	10:15.16	1999	Theresa Gilligan Melissa McGhee	Myra Keever	Cary	10:15.66
1990	Trudy Stallings Ayo Johnson	Tonia Malloy Paula Johnson	Dudley	10:06.92	2000	Ginger Wheeler Maria Gonzales	Julia Morton Amy Dibianca	Mount Tabor	10:28.69
1991	Millie James Julie Vanhellemont	Shantel Jung Peg Martin	East Mecklenburg	10:49.72	2001	Suzanna Bailey Sarah Johnson	Leslie Jimison Allie Park	Page	10:01.48
1992	Paula Johnson Yzette Bynum	Jamie Perkins April Walker	Dudley	10:28.70	2002	Amy Dibianca Taylor Steelman	Carly Matthews Julia Morton	Mount Tabor	9:54.76
1993	Kristen Iking Liz Wolff	Kelley Wolff Ami Herrman	Providence	10:28.60	2003	Amy Dibianca Kenzie Metlwain	Taylor Steelman Julia Morton	Mount Tabor	9:53.99
1994	Michelle Ruble Shana Jung	Jennifer Wyatt Natalie DeLorme	East Mecklenburg	10:35.70	2004			Providence	10:04.31
1995	Michelle Ruble Shana Jung	Virginia Fluitt Natalie DeLorme	East Mecklenburg	10:38.10	2005			Pinecrest	9:58.06
1996	Michelle Ruble Rhonda Gibson	Kathryn Daniel Shana Jung	East Mecklenburg	10:23.40	2006	Candy Pambu Kristina Layden	Desinia Johnson Robin Allen	Southeast Raleigh	10:01.19

1A/2A/3A

2007	Kayla Price Dannielle Hobbs	Samantha Sawyer Christina Hobbs	Sun Valley	10:12.36
2008	Katherine Justice Nicole Davis	Ryanna Henderson Brandy Swann	Jacksonville	9:52.25
2009	Kayla Price Samantha Sawyer	Amy Hofmann Jessica Thompson	Sun Valley	9:56.56
2010	Brittany Fritz Caitlyn Colo	Kayli Buckley Alyssa Clark	Marvin Ridge	10:04.57
2011	Mallary Price* Shannon Martin*	Carly Griffith* Chelsea Matson*	Weddington	10:02.05
2012	Kelly Erickson Katie Cease	Samantha Schleiker Blake Dodge	West Carteret	9:49.34
2013	Blake Dodge Katie Cease	Samantha Schleiker Emma Gomez	West Carteret	9:45.89

1A/2A

2014	Sarah Grace Johnson Claire McDonough	Carly Kreber Bailey Seach	Bishop McGuinness	10:21.89
2015	Rebecca Fesperman Hunter Cashion	Lissi Gordon Malia Ellington	C. S. Davidson	10:09.65
2016	Lydia Best Tori Riggs	Kaleigh Hanson Marissa Yarbrough	Croatan	10:27.43
2017	Jill O'Dell Nina Perry	Hailey Schreyer Alex Rodman	First Flight	10:03.65
2018	Reese Hogan Gwen O'Brien	Makeena DeLuca Kaleigh Hanson	Croatan	10:04.02

3A

2014	Blake Dodge Madeline Fisher	Emme Fisher Emma Gomez	West Carteret	9:59.30
2015	Annie Pierce Alina Rovnak	Abby Doyle Sophie Ebihara	Cardinal Gibbons	10:04.23
2016	Jennae Jacob Katie Ropers	Alexa King Lindsay Harrison	Marvin Ridge	9:50.04
2017	Lexi Noch Charlotte Spivey	Gabriella Castro Sarah LaTour	Cuthbertson	9:47.82
2018	Sydney Burke Anna Brown	Sarah Bechtel Elizabeth Starkie	Weddington	9:42.39

4A

2007	Becca DeLoache Allison Hofmann	Catherine Shoemaker Taylor Holt	Myers Park	10:01.93
2008	Brittany Estermyer Jenna Christensen	Sheridan Jordan Kristen Azarelo	Cary	9:51.50
2009			Myers Park	9:42.51
2010			Cary	9:30.90
2011	Erin Foshee* Jenna Christensen*	Sheridan Jordan* Deanna Foshee*	Cary	9:31.98
2012	Lauren Colberg Sarah Alexander	Erica Amatori Jesica Rossabi	Green Hope	9:25.85
2013	Gina Daniel Bianca Bishop	Kayla Glova Grace Sullivan	Providence	9:37.43

4A

2014	Sarah Bigelow Phoebe Clawson	G'Jasmyne Butler Taylor Hemming	Leesville Road	9:27.60
2015	Taylor Hemming Sydney Winchel	G'Jasmyne Butler Nevada Mareno	Leesville Road	9:25.42
2016	Kleo Torres Obomate Asimiera	Asya Macon Kyna Robinson	Southeast Raleigh	9:32.93
2017	Mariah Atwater Aureillya Harris	D'Amari Bryant Nyah Sidbury	Rocky River	9:38.93
2018	Ainsley Cooper Samantha Troup	Gwen Parks Sophie Faircloth	Reagan	9:35.78



Women's Indoor Track & Field Relay Event State Champions



3200 Meter Relay

1A/2A

3A

4A

2019	Makenna DeLuca	Kaleigh Hanson	Croatan	10:09.15	Gabriella Castro	Kailyn St. Hilaire	Cuthbertson	9:34.34	Gwen Parks	Ainsley Cooper	Reagan	9:46.11
	Reese Hogan	Courtney Drum			Madeline Hill	Leah Helms			Samantha Troup	Sophie Faircloth		
2020	Kelbi Pierce	Lori Glavan	North Lincoln	9:56.39	Abby Weber	Mara Pirone	Chapel Hill	9:30.01	Mylena Beckham	Camille Herring	Berry Academy	9:44.95
	Alyssa Galvin	Angie Allen			Virginia Pridgen	Megan Marvin			Zaciah Knight	Sanu Jallow		



Men's Indoor Track & Field Individual Event State Champions



60 Yard / 55 Meter Dash Became 55 Meter Dash in 1995 Open Classification

1987	James Parker	Fike	6.49
1988	Frank Adams	Ashbrook	6.51
1989	A.J. McDonald	Richmond	6.42
1990	Michael Watkins	St. Stephens	6.36
1991	Vida Jones	North Forsyth	6.40
1992	Darius Brewington	T.W. Andrews	6.34
1993	Ken Laws	Garner	6.35
1994	John Avery	Asheville	6.34
1995	Tyrone Graham	T.W. Andrews	6.42
1996	Chris Justice	Grimsley	6.21
1997	Montay Wilds	North Forsyth	6.38
1998	Walter Hauser	Mount Tabor	6.42
1999	Tubyasus Alford	Butler	6.45
2000	Chris Martin	East Mecklenburg	6.34
2001	Duan Barrino	Vance	6.40
2002	J-Mee Samuels	Mount Tabor	6.43
2003	J-Mee Samuels	Mount Tabor	6.29
2004	Corey Brown	West Charlotte	6.29
2005	J-Mee Samuels	Mount Tabor	6.83
2006	Brandon Banks	Garner	6.38

1A/2A/3A

2007	Bryce Sherman	Carver	6.52
2008	Darryl Williams	White Oak	6.41
2009	Karl Clemens	Overhills	6.51
2010	Torri Tillman	Marvin Ridge	6.54
2011	Romar Morris*	Salisbury	6.41
2012	Tevin Hester	Granville Central	6.39
2013	Chris Graham	North Brunswick	6.52

1A/2A

2014	Daequon Carr	Kinston	6.45
2015	Juwan Crowder	Forest Hills	6.33
2016	Elliott Graves	Reidsville	6.53
2017	Cameron Barnhill	North Brunswick	6.38
2018	Tiyae Johnson	Kinston	6.52
2019	David Wallis	Croatan	6.60
2020	Cameron Attucks	Atkins	6.47

4A

Trenton Guy, Jr.	West Charlotte	6.35
T.J. Graham	Wakefield	6.39
Torrance Hunt	Jordan	6.25
Desmond Lawrence	Southern Durham	6.50
Mar-Keo Jones*	Knightdale	6.55
Jemaine Lewis	West Forsyth	6.45
Jahmaal Daniel	Terry Sanford	6.35

3A

Jahmaal Daniel	Terry Sanford	6:46
Kadarius Lotharp	Sun Valley	6.45
Kadarius Lotharp	Sun Valley	6.35
Josh-Lester Harris	J.F. Webb	6.43
Kamari Norman	Hillside	6.47
Jaylen Wright	Southern Durham	6.35
Terrell Robinson, Jr.	Mount Tabor	6.32

4A

Quashawn Cunningham	Mallard Creek	6.45
Nyheim Hines	Garner	6.28
Cravont Charleston	Mallard Creek	6.24
J Johnson	Panther Creek	6.33
Rondell Terry	Garner	6.41
Michael Gupton	Rolesville	6.31
Michael Gupton	Rolesville	6.22



Men's Indoor Track & Field Individual Event State Champions



300 Yard / 300 Meter Dash Became 300 Meter Dash in 1995 Open Classification

1987	Doramus Brewer	Hillside	32.50
1988	A.J. McDonald	Richmond	32.76
1989	A.J. McDonald	Richmond	32.06
1990	Chip Thompson	Dudley	32.67
1991	Willie Cornwell	Olympic	32.72
1992	Darius Brewington	T.W. Andrews	31.70
1993	Rakeem Felton	Cummings	32.60
1994	Rakeem Felton	Cummings	33.10
1995	Chris Wylie	Myers Park	35.96
1996	Darrick Ingram	Lumberton	35.62
1997	Tyson Gardin	Ashbrook	36.04
1998	Darren Tuitt	East Mecklenburg	34.95
1999	Walt Hauser	Mount Tabor	35.48
2000	Chris Martin	East Mecklenburg	35.23
2001	Duan Barrino	Vance	35.04
2002	Mike Loyd	Mount Tabor	34.90
2003	J-Mee Samuels	Mount Tabor	34.69
2004	Corey Brown	West Charlotte	35.48
2005	Trenton Guy	West Charlotte	35.09
2006	Karjuan Williams	New Bern	34.77
1A/2A/3A			
2007	Handy Dawes	Nash Central	35.90
2008	William Graves	Southern Guilford	36.55
2009	Darryl Demps	Hendersonville	35.77
2010	Eric Winfrey	Douglas Byrd	35.02
2011	Eric Winfrey*	Douglas Byrd	34.62
2012	Antonio Henderson	St. Pauls	35.90
2013	James Drummond	Lexington	35.18
1A/2A			
2014	Brandon Massey	Parkwood	36.64
2015	Elliott Graves	Reidsville	35.19
2016	Elliott Graves	Reidsville	35.18
2017	Josh Polk	Hobpton	35.39
2018	Josh Moore	West Craven	35.53
2019	Josh Hardin	Ashe County	35.50
2020	Josh Hardin	Ashe County	35.35

4A		
Trenton Guy, Jr.	West Charlotte	34.62
T.J. Graham	Wakefield	34.99
Fuqwaun Green	New Bern	34.49
Jarret Samuels	Vance	34.73
Aaron Covington*	Wakefield	34.61
Christopher Boyd	Ben L. Smith	35.03
Phillip Bryant	Northwest Guilford	35.07
3A		
Jahmaal Daniel	Terry Sanford	36.24
Jakwon Higgins	Terry Sanford	35.42
Jaylon Sanders	West Rowan	35.40
Nadir Thompson	Southern Nash	34.78
Emerson Douds	Weddington	34.52
Emerson Douds	Weddington	34.53
Aidan McNally	Cuthbertson	34.86

4A		
Jamaree Murray	Southeast Raleigh	34.74
Dylan Peebles	Wakefield	34.53
Jayon Woodard	Southeast Raleigh	35.02
J Johnson	Panther Creek	34.39
Jalen Herring	Middle Creek	34.91
Randolph Ross	Garner	34.55
Dominique Alexander	Millbrook	35.03



Men's Indoor Track & Field Individual Event State Champions



500 Yard / 500 Meter Dash Became 500 Meter Dash in 1995 Open Classification

1987	Rodney Williams	Hillside	1:15.30
1988	Doramus Brewer	Hillside	1:15.30
1989	Aaron Ledbetter	Richmond	1:15.68
1990	Andre Steele	Salisbury	1:13.70
1991	Dave Adair	Garinger	1:14.63
1992	Noel Peterkin	T.W. Andrews	1:16.44
1993	Tim Adams	Richmond	1:16.30
1994	Marcus Gladden	North Rowan	1:16.20
1995	Chris Wylie	Myers Park	1:06.15
1996	Omar Clinton	Pine Forest	1:06.05
1997	Lamont Pennington	Hillside	1:07.14
1998	Darren Tuitt	East Mecklenburg	1:07.03
1999	Darrell Colbert	West Charlotte	1:07.25
2000	Chris Martin	East Mecklenburg	1:07.03
2001	Kenny Perry	Jacksonville	1:07.70
2002	Jerrold Wiley	Mount Tabor	1:06.56
2003	Ragan Clay	North Forsyth	1:05.70
2004	Jerrold Wiley	Mount Tabor	1:07.23
2005	Brandon Jones	Independence	1:06.32
2006	Karjuan Williams	New Bern	1:04.92
1A/2A/3A			
2007	Mike Eddy	Asheboro	1:06.10
2008	William Graves	Southern Guilford	1:06.97
2009	Rashad Wilkerson	Parkland	1:07.05
2010	Aaron Tribble	Highland Tech	1:06.44
2011	Cobe Scott*	White Oak	1:07.04
2012	Kris Lordman	Asheville	1:07.36
2013	Traevin Drayton-Ferguson	Berry	1:06.12
1A/2A			
2014	Amari Devaughn	T.W. Andrews	1:06.75
2015	Caleb Albrecht	Franklin	1:07.48
2016	Derrick Puryear	T.W. Andrews	1:06.15
2017	Michael Quispe	Croatan	1:07.80
2018	Michael Quispe	Croatan	1:06.53
2019	Noah Bibus	Croatan	1:08.30
2020	Jenoah McKiver	T.W. Andrews	1:06.08

4A		
Lamarr Davis	East Wake	1:04.05
Anthony Hendrix	New Bern	1:05.24
Andrew Hendrix	New Bern	1:03.65
Devin Johnson	Knightdale	1:06.29
Aaron Covington*	Wakefield	1:04.76
Brian Davis	Fuquay-Varina	1:05.21
Marquavious Johnson	Knightdale	1:04.48
3A		
Saadq Sweezer	Eastern Alamance	1:05.38
R.J. Russell	Richlands	1:06.41
Jaylon Sanders	West Rowan	1:05.84
Rayshawn Massey	Jacksonville	1:06.47
Khaleb McRae	Southern Durham	1:04.45
Kacey Pratt	Hillside	1:05.30
Mitchell Norris	Asheville	1:05.62

4A		
Marquavious Johnson	Knightdale	1:04.05
T.J. Bleichner	Fuquay-Varina	1:05.37
Joshua Cooper	Ardrey Kell	1:06.32
William Hoffmann	Green Hope	1:04.70
Randolph Ross	Garner	1:05.61
Randolph Ross	Garner	1:04.94
Danny Renard	Heritage	1:04.92



Men's Indoor Track & Field Individual Event State Champions



1000 Yard / 1000 Meter Dash

Became 1000 Meter Dash in 1995

Open Classification

1987	Vince Howard	Page	2:27.90
1988	Tim Hall	Garinger	2:20.64
1989	Jeff Gallagher	Hendersonville	2:19.60
1990	Brad Carter	Reidsville	2:21.44
1991	Chris O'Shields	Sun Valley	2:24.54
1992	Chris Bachl	Williams	2:22.60
1993	Pat Fitzgerald	Sun Valley	2:21.81
1994	Jonathan Weldon	Thomasville	2:20.80
1995	Bill Jackson	Southwest Guilford	2:38.62
1996	Shane Austin	Watauga	2:38.66
1997	Lamont Pennington	Hillside	2:35.89
1998	Joe Lion	Watauga	2:38.68
1999	Phillip West	Cary	2:32.18
2000	Edmund Kelly	Pinecrest	2:40.14
2001	Matt Debole	Mount Tabor	2:37.02
2002	Matt Debole	Mount Tabor	2:32.33
2003	Matt Debole	Mount Tabor	2:33.99
2004	Eric Mack	North Forsyth	2:34.53
2005	Aaron Mabry	Pisgah	2:34.63
2006	Josh Morgan	T.C. Roberson	2:35.21

1A/2A/3A

2007	Stephon Roach	Reidsville	2:36.16
2008	John Wolfe	Polk County	2:36.76
2009	Christian Crifasi	Eastern Randolph	2:35.80
2010	Isaac Presson	Asheville	2:35.61
2011	Jacob Englert*	Forestview	2:35.88
2012	David Keeler	Eastern Alamance	2:38.57
2013	John Crossley	West Carteret	2:30.34

1A/2A

2014	Elijah Inuwa	Central Academy	2:37.23
2015	Elijah Inuwa	Central Academy	2:36.60
2016	Daniel Alvarez-Orlachia	Surry Central	2:36.35
2017	Daniel Alvarez-Orlachia	Surry Central	2:39.94
2018	Skylar Stultz	First Flight	2:32.72
2019	Brian Risse	North Lincoln	2:36.54
2020	Walter Sellers	Atkins	2:34.75

4A

Dylan Ferris	East Forsyth	2:33.29
Dylan Ferris	East Forsyth	2:29.03
Alex Taylor	Providence	2:34.36
Jack Anderson	Reagan	2:35.77
Craig Engels*	Reagan	2:34.09
Craig Engels	Reagan	2:29.60
Bakri Abushouk	Cary	2:32.73

3A

Jon Knight	Northern Guilford	2:33.32
Connor Peeples	Cardinal Gibbons	2:32.98
Mitchell Resor	Weddington	2:35.11
Mason Bhatia	Marvin Ridge	2:36.59
Cameron Ponder	Mount Tabor	2:33.55
Kyle Durham	Weddington	2:28.85
Jake Toomey	Weddington	2:35.99

4A

Wyatt Maxey	Providence	2:30.06
Philip Hall	South View	2:29.86
Jayquan Williams	Green Hope	2:31.00
Christian Pigues	Rolesville	2:30.44
Ian Delgado	Green Hope	2:30.97
Will Atkins	West Forsyth	2:31.54
Thomas Vo	Green Hope	2:32.43



Men's Indoor Track & Field Individual Event State Champions



1 Mile / 1600 Meter Dash

Became 1600 Meter Dash in 1995

Open Classification

1987	Eric Hichman	Ashbrook	4:28.20
1988	Vince Howard	Page	4:30.98
1989	David Chabot	Garinger	4:32.60
1990	Patrick Phillips	Watauga	4:30.92
1991	Paul Kinser	Page	4:27.38
1992	Chris Bachl	Williams	4:31.30
1993	Brian Zmijewski	Sun Valley	4:22.60
1994	Jonathan Weldon	Thomasville	4:22.90
1995	Will Hodges	Watauga	4:32.56
1996	Lamont Pennington	Hillside	4:28.50
1997	Lamont Pennington	Hillside	4:26.16
1998	Darrell Metcalf	North Buncombe	4:31.27
1999	Darrell Metcalf	North Buncombe	4:31.00
2000	Brian Greer	Watauga	4:26.91
2001	Stephen Haas	North Mecklenburg	4:18.31
2002	Matt Debole	Mount Tabor	4:20.23
2003	Bobby Mack	North Forsyth	4:10.61
2004	Nick Hutchins	Millbrook	4:20.88
2005	Chase Eckard	South Caldwell	4:31.63
2006	Josh Morgan	T.C. Roberson	4:23.81
1A/2A/3A			
2007	Kevin Wanichko	Southern Nash	4:31.77
2008	Patrick Campbell	Mooreville	4:34.49
2009	John Wolfe	Polk County	4:28.91
2010	Isaac Presson	Asheville	4:17.96
2011	William Bass*	Nash Central	4:26.46
2012	Paul Lilley	Rocky Mount	4:31.28
2013	Andrew Fea	North Lincoln	4:27.44
1A/2A			
2014	Zach Boone	Mitchell	4:28.13
2015	Elijah Inuwa	Central Academy	4:27.14
2016	Justin Tucker	Shelby	4:29.60
2017	Noah Graham	Brevard	4:30.45
2018	Dakota Mendenhall	Forbush	4:25.45
2019	Jason Thomson	North Lincoln	4:21.11
2020	Jason Thomson	North Lincoln	4:24.85

4A		
Dakota Lowery	West Johnston	4:28.01
Dylan Ferris	East Forsyth	4:26.04
Zak Roshdy	Green Hope	4:20.71
Black Williams	Northern Durham	4:28.78
Chris Garrett*	West Johnston	4:24.01
Craig Engels	Reagan	4:19.46
Bakri Abushouk	Cary	4:14.56
3A		
Andrew Fea	North Lincoln	4:28.62
Tanis Baldwin	East Henderson	4:17.71
Mitchell Resor	Weddington	4:20.20
Austin Carroll	Corinth Holders	4:22.35
Cameron Ponder	Mount Tabor	4:16.06
Kyle Durham	Weddington	4:20.90
Jake Toomey	Weddington	4:23.97

4A		
Ian Milder	Mount Tabor	4:21.63
Philip Hall	South View	4:24.69
Kenny Kneisel	Mount Tabor	4:21.76
Cameron Ponder	Mount Tabor	4:20.64
Finn McBride	Green Hope	4:20.09
Anton Idhammar	Cary	4:23.80
Carson Williams	Cardinal Gibbons	4:21.15



Men's Indoor Track & Field Individual Event State Champions



2 Mile / 3200 Meter Dash

Became 3200 Meter Dash in 1995

Open Classification

1987	David Honea	Enka	9:57.10
1988	Vince Howard	Page	9:38.90
1989	Patrick Phillips	Watauga	9:48.01
1990	Brant Armentrout	Mount Tabor	9:37.10
1991	Paul Kinser	Page	9:41.82
1992	Fred Gant	Cummings	9:55.30
1993	Brian Zmijewski	Sun Valley	10:04.28
1994	Robbie Howell	Apex	9:53.70
1995	Buddy Priest	Person	9:42.05
1996	Buddy Priest	Person	9:27.92
1997	Aaron Keller	North Henderson	9:28.58
1998	Joe Lion	Watauga	9:49.55
1999	David Stroupe	Watauga	9:49.60
2000	Ricky Brookshire	Watauga	9:14.71
2001	Stephen Haas	North Mecklenburg	9:38.01
2002	Jeff Gosselin	North Mecklenburg	9:22.25
2003	Bobby Mack	North Forsyth	9:28.89
2004	Matt Hamrick	Mount Tabor	9:32.91
2005	Sandy Roberts	Broughton	9:20.00
2006	Sandy Roberts	Broughton	9:26.11

1A/2A/3A

2007	Jonathan Snude	Charlotte Catholic	9:51.71
2008	Patrick Campbell	Mooreville	9:36.95
2009	Steven Bollinger	Olympic	9:37.55
2010	Jake Hurysz	Eastern Alamance	9:10.96
2011	William Bass*	Nash Central	9:53.18
2012	Steve Mulherin	NC Science & Math	9:42.19
2013	A.J. Tucker	Cedar Ridge	9:30.70

1A/2A

2014	Zach Boone	Mitchell	9:43.26
2015	Zach Boone	Mitchell	9:35.19
2016	Noah Graham	Brevard	9:46.03
2017	Noah Graham	Brevard	9:49.26
2018	Nathan Richards	Franklin	9:46.91
2019	Erick Ramirez-Ramos	Surry Central	9:31.89
2020	Ben Armentrout	Atkins	9:28.22

4A

Andy Wacker	Pinecrest	9:38.44
Dakota Peachee	West Johnston	9:38.73
Mohammed Abushouk	Cary	9:31.01
Mitch Mallory	Wakefield	9:20.39
Jordan Martin*	Reagan	9:43.47
Sam Roberson	Broughton	9:23.25
Bakri Abushouk	Cary	9:25.40

3A

Tanis Baldwin	East Henderson	9:28.20
Tanis Baldwin	East Henderson	9:26.26
David Melville	Northern Guilford	9:25.30
David Melville	Northern Guilford	9:28.55
David Melville	Northern Guilford	9:28.11
Haven Honeycutt	Asheville	9:23.56
Jacob Gallant	Mount Tabor	9:18.17

4A

Ian Miler	Mount Tabor	9:18.76
Philip Hall	South View	9:27.02
Kenny Kneisel	Mount Tabor	9:33.02
Connor Lane	Cardinal Gibbons	9:16.13
Peyton Barish	Green Hope	9:30.98
Carson Williams	Cardinal Gibbons	9:25.52
John Malach	Broughton	9:22.96



Men's Indoor Track & Field Individual Event State Champions



60 Yard Hurdles / 55 Meter Hurdles

Became 55 Meter Hurdles in 1995

Open Classification

1987	Scot Fletcher	Parkland	7.75
1988	Scot Fletcher	Parkland	7.50
1989	Rory Maxwell	Garinger	7.61
1990	Miles Onafowora	Ashbrook	7.68
1991	Sam Mooring	South View	7.46
1992	Jeff Savage	Fike	7.53
1993	Bobby Tisdale	Western Guilford	7.54
1994	Allen Simmons	Southern Vance	7.44
1995	Jacobie Jones	Jacksonville	7.59
1996	Alvin Grimes	J.H. Rose	7.48
1997	Brandon Isaac	Ben L. Smith	7.65
1998	Jeremy Carter	Leesville Road	7.71
1999	Chad Laws	Garner	7.65
2000	Robert Boulware	Vance	7.48
2001	Robert Boulware	Vance	7.44
2002	Mike Loyd	Mount Tabor	7.23
2003	Cade Liverman	A.C. Reynolds	7.42
2004	Cade Liverman	A.C. Reynolds	7.34
2005	Johnny Dutch	Clayton	7.40
2006	Johnny Dutch	Clayton	7.13
1A/2A/3A			
2007	John Bostick	North Rowan	7.62
2008	John Bostick	North Rowan	7.60
2009	Cordell Livingston	Southwest Guilford	7.47
2010	David Shaw	St. Pauls	7.74
2011	Daishon Barger*	West Rowan	7.37
2012	Isaiah Moore	Cummings	7.48
2013	Isaiah Moore	Cummings	7.44
1A/2A			
2014	Isaiah Moore	Cummings	7.55
2015	Elliott Graves	Reidsville	7.72
2016	Elliott Graves	Reidsville	7.44
2017	Jayhlen Washington	North Brunswick	7.37
2018	Brendon Hodge	Croatan	7.71
2019	Brendon Hodge	Croatan	7.67
2020	Aazon Timmons	Cummings	7.51

4A		
Johnny Dutch	Clayton	7.11
Wayne Davis	Southeast Raleigh	7.11
Wayne Davis	Southeast Raleigh	7.05
Sherman Ragland III	Southern Durham	7.45
Timothy Hardy*	Knightdale	7.71
Hezekiah Ward	Southeast Guilford	7.57
Caleb Mathis	Davie County	7.57
3A		
Damian Silver	Nash Central	7.45
Andrew Spear	West Carteret	7.82
Earl Green	Southern Guilford	7.56
Jacobi Lloyd	Jacksonville	7.55
Aveon Reid	Forestview	7.61
Benjamin Buie	Southern Lee	7.46
Mekhi Wall	Dudley	7.53

4A		
Marcus Krah	Hillside	7.43
Marcus Krah	Hillside	7.24
Marcus Krah	Hillside	7.23
Cedric McGriff	Providence	7.39
Joshua Brockman	Ardrey Kell	7.48
Justin Leaston	Millbrook	7.50
Brandon Johnson	East Forsyth	7.56



Men's Indoor Track & Field Individual Event State Champions



High Jump

Open Classification

1987	Joe Woods	Richmond	6'04"
1988	Cory Fuller	New Hanover	6'04"
1989	Jon DeBerry	Richmond	6'08"
1990	Jon DeBerry	Richmond	6'08"
1991	Quincey Adkins	North Rowan	6'04"
1992	Omarr Dixon	Athens Drive	6'09"
1993	George Simmons	Southeast Guilford	6'06"
1994	Josh Fant	Chapel Hill	6'06"
1995	Ben Williams	Broughton	6'04"
1996	Titus Haygood	Garinger	6'06"
1997	Nathan Page	South Rowan	6'04"
1998	Greg Yeldell	North Rowan	6'08"
1999	Patrick Bullock	Apex	6'02"
2000	Patrick Bullock	Apex	6'06"
2001	A.J. Davis	Northern Durham	6'06"
2002	Jesse Williams	Broughton	7'00"
2003	Nick Ledbetter	Garinger	6'08"
2004	Demarcus Stallings	North Rowan	6'06"
2005	Demarcus Stallings	North Rowan	6'10"
2006	Tim Lovick	Garner	6'08"
	1A/2A/3A		
2007	Isaiah Thompson	Asheville	6'06"
2008	Dusty Kenealy	Rockingham County	6'06"
2009	Logan Elliston	Western Alamance	6'10"
2010	Tanner Anderson	East Burke	6'10"
2011	Spencer Walden*	Union Pines	6'04"
2012	William Brown	Salisbury	6'06"
2013	Isaiah Moore	Cummings	6'06"
	1A/2A		
2014	Terrance Brown	North Brunswick	6'06"
2015	Michael Streater	North Rowan	6'04"
2016	Luke Sheets	West Wilkes	6'00"
2017	Dakota Oxendine	St. Pauls	6'04"
2018	Dakota Oxendine	St. Pauls	6'07"
2019	Alex Reavis	Bandys	6'08"
2020	Levi Higgins	Mountain Heritage	6'06"

	4A		
	Marcus Worthy	R.J. Reynolds	6'02"
	Michael Graham	Cary	6'04"
	Demarcus Northe	Westover	6'04"
	Steven Bell	Southeast Raleigh	6'06"
	Alex Louden*	East Wake	6'08"
	Jonathan Addison	Enloe	6'08"
	Josh Edwards	Mount Tabor	6'04"
	3A		
	Andrew Hower	Jesse Carson	6'06"
	Christopher Garrick	Marvin Ridge	6'11"
	Gabe Stainback	Concord	6'04"
	Gabriel Stainback	Concord	6'06"
	William Benkendorfer	East Chapel Hill	6'04"
	Julien Stephens	Jacksonville	6'06"
	Jieem Bullock	North Brunswick	6'04"

	4A		
	Jamie Brown	Knightdale	6'04"
	Keon Howe	Mallard Creek	6'08"
	Joseph Ibrahim	West Forsyth	6'08"
	Seth Clyburn	West Forsyth	6'04"
	Randolph Ross	Garner	6'10"
	Charles McBride	Apex	6'08"
	Kendall Artis	Rolesville	6'08"



Men's Indoor Track & Field Individual Event State Champions



Long Jump

Open Classification

1987	Clifton Etheridge	Hendersonville	23'00.75"
1988	Andy Hash	Watauga	23'02.5"
1989	Adrienne Morgan	High Point Central	23'03.25"
1990	Robert Lee	Clinton	23'01"
1991	Brian Ellis	North Rowan	23'09.75"
1992	Shenan Robinson	Millbrook	21'11.16"
1993	Chris Matthews	Union Pines	23'05"
1994	John Avery	Asheville	23'08.75"
1995	Joey Steele	Richmond County	22'05.75"
1996	Tomie Patrick	Southern Vance	22'11.75"
1997	Marcus O'Neal	Dudley	24'07.25"
1998	Greg Yeldell	North Rowan	23'01"
1999	Charles Hawkins	Seventy-First	24'06"
2000	Brandon Summers	Ben L. Smith	22'01"
2001	A.J. Davis	Northern Durham	23'01"
2002	A.J. Davis	Northern Durham	24'00.5"
2003	Andre Tillman	North Rowan	23'01.25"
2004	Dexter Adams	Page	23'09"
2005	Trenton Guy	West Charlotte	23'06"
2006	Brandon Banks	Garner	23'05.5"
	1A/2A/3A		
2007	Phillip Bush	North Rowan	23'06.5"
2008	Cody Earnhardt	East Lincoln	22'06.5"
2009	Diego Lawrence	Marvin Ridge	23'04"
2010	Torri Tillman	Marvin Ridge	22'05.25"
2011	Jason Thompson*	Asheville	22'03.25"
2012	Isaiah Moore	Cummings	22'02.75"
2013	Cameron Stinson	Hickory	23'00"
	1A/2A		
2014	Isaiah Moore	Cummings	23'00.5"
2015	Jayhlen Washington	North Brunswick	21'10"
2016	Jayhlen Washington	North Brunswick	21'11"
2017	Jayhlen Washington	North Brunswick	22'02.25"
2018	Nolan Hodge	Northeastern	21'06.50"
2019	Dustin Blevins	West Stokes	21'04.25"
2020	Savion Thompson	Reidsville	23'01.50"

	4A		
	Mike Daniels	Southeast Raleigh	23'03.25"
	Mike Price	New Bern	23'07.25"
	Lincoln Carr	Pine Forest	22'07.5"
	Jarret Samuels	Vance	24'00"
	Joshua Dunston*	Knightdale	23'03.5"
	Jonathan Addison	Enloe	23'04.5"
	Malik Goldston	Riverside-Durham	23'03.5"
	3A		
	Kalen McNeil	Northeast Guilford	22'07"
	Julian Gaines	Marvin Ridge	22'01.5"
	Kalin Moore	Terry Sanford	21'05.5"
	Gabriel Stainback	Concord	22'08.50"
	Jamar Davis	Orange	22'02.50"
	Dionte Alston	Hunt	23'05.50"
	Jieem Bullock	North Brunswick	22'07.00"

	4A		
	Kimani Hoffman	Knightdale	22'11"
	Jeremy Davis	Ben L. Smith	22'11.5"
	Marcus Krah	Hillside	22'04.75"
	J Johnson	Panther Creek	22'08.5"
	Eric Haddock	Southeast Raleigh	23'06.00"
	Eric Haddock	Southeast Raleigh	24'05.00"
	Keshaun Black	Mooreville	23'02.00"



Men's Indoor Track & Field Individual Event State Champions



Triple Jump

Open Classification

1987	Joe Woods	Richmond	47'10.25"
1988	Marco Johnson	Grimsley	47'05.25"
1989	Tyrell Taitt	Scotland	49'08.25"
1990	Brian Ellis	North Rowan	48'05"
1991	Brian Ellis	North Rowan	49'08.25"
1992	Jerome Kiaku	Athens Drive	46'10.5"
1993	Michael McDuffie	Hoke	46'11.5"
1994	Darron Frazier	East Carteret	46'10.75"
1995	Jay Kanakoa	North Buncombe	46'06"
1996	Greg Yeldell	North Rowan	49'09"
1997	Ernest Hill	Pinecrest	48'06.5"
1998	Greg Yeldell	North Rowan	49'10"
1999	Darnell Tillman	North Rowan	47'07.5"
2000	Duan Barrino	Vance	45'04"
2001	A.J. Davis	Northern Durham	47'01.5"
2002	A.J. Davis	Northern Durham	48'01"
2003	Terry Wood	North Rowan	48'06.5"
2004	Andre Tillman	North Rowan	49'04.25"
2005	Brandon Cathcart	Salisbury	48'00.5"
2006	Alphonso Jordan	Hopewell	46'03.5"
	1A/2A/3A		
2007	Josh Foster	Fike	44'04.75"
2008	Jamel Allison	Mooreville	46'07.75"
2009	Cordell Livingston	Southwest Guilford	46'00"
2010	John Minott	Union Pines	47'08"
2011	Daisaun White*	Asheville	46'04.5"
2012	Matt Colvin	Southern Guilford	45'06.25"
2013	Jordan Warren	Hickory Ridge	47'02"
	1A/2A		
2014	Dimoun Huitt	Bunker Hill	43'03.5"
2015	Jahylen Washington	North Brunswick	45'00.5"
2016	Di'Joun Huitt	Bunker Hill	46'07"
2017	Jayhlen Washington	North Brunswick	46'02.50"
2018	Justin Fuchs	North Davidson	43'09.50"
2019	Niejel Wilkins	Kinston	46'03.00"
2020	Savion Thompson	Reidsville	45'06.50"

	4A		
	Austin Davis	Northern Durham	47'03"
	Lincoln Carr	Pine Forest	48'06"
	Lincoln Carr	Pine Forest	48'05.5"
	Steven Bell	Southeast Raleigh	47'04.5"
	Carl Marant*	Sanderson	46'10"
	Jaylon Holt	Southeast Raleigh	47'05.5"
	Kimani Hoffman	Knightdale	46'06.5"
	3A		
	Noah Tyson	Asheville	46'03.25"
	Mekhi McGuyver	Asheville	45'01.5"
	Satorrius Uddyback	Asheville	43'04"
	Marcus McDonald	Southern Durham	44'09"
	Jamar Davis	Orange	46'02.50"
	Ahmad Joyner	Southwest Guilford	45'05.00"
	Jordan Purvis	Southern Durham	45'08.00"

	4A		
	Kimani Hoffman	Knightdale	48'01"
	Darryl Shaw	Jack Britt	47'05.25"
	Marcus Krah	Hillside	47'01"
	Tyrese Kelly	Pinecrest	48'00.5"
	Christopher Alexander	Rocky River	47'09.5"
	Eric Haddock	Southeast Raleigh	49'10.25"
	Josh Green	Reagan	48'00.00"



Men's Indoor Track & Field Individual Event State Champions



Shot Put

Open Classification

1987	Burnice Cross	Hillside	53'08"
1988	Harlis Meaders	Sun Valley	55'06"
1989	Demetrius Wilson	Apex	52'09.5"
1990	Ed Robertson	T.W. Andrews	57'11"
1991	Ed Robertson	T.W. Andrews	57'07.75"
1992	Calvin Jackson	North Rowan	53'02.5"
1993	Jeff Pflaumbaum	Enka	52'00.75"
1994	Jeff Pflaumbaum	Enka	55'04"
1995	Kelvin Jones	Mount Tabor	56'02"
1996	James Wagstaff	East Mecklenburg	53'07.5"
1997	Jeff Chambers	North Rowan	52'06.75"
1998	Ike Oglesby	East Rowan	53'02.75"
1999	Nick Smith	A.C. Reynolds	51'09.5"
2000	Nick Smith	A.C. Reynolds	53'03"
2001	Ben Whitney	Ragsdale	52'06"
2002	Mitchell Pope	South Caldwell	57'00.5"
2003	Eric Smalls	Southeast Raleigh	53'00.5"
2004	Emmanuel Ross	Apex	55'04.50"
2005	Tony Baker	Ragsdale	56'01"
2006	Robert Boulware	R.J. Reynolds	53'06.5"
1A/2A/3A			
2007	Adrian Little	Farmville Central	54'03.5"
2008	Jake Deaton	Mooreville	55'05.25"
2009	Kenneth Rowland	Northside-Jax	57'07.75"
2010	Ryan Minor	South Brunswick	54'01.5"
2011	Ryan Minor*	South Brunswick	57'00"
2012	James Rowland	Northside-PT	52'03.5"
2013	Colin Minor	South Brunswick	53'05.5"
1A/2A			
2014	Derrick Wheeler	North Brunswick	49'00.75"
2015	Derrick Wheeler	North Brunswick	53'07.25"
2016	Magnus Herweyer	Carrboro	54'09.25"
2017	Gabriel King	Mount Airy	50'03.50"
2018	Ryan Eldridge	North Surry	52'05.00"
2019	Carter Wilson	Ashe County	52'09.75"
2020	Jake Soorus	North Lincoln	55'06.50"

4A	
John Sabacinski	Northwest Guilford 48'08"
Giavonni Scott	Ardrey Kell 50'11.25"
Ashton Anglin-Ston	Garner 50'07"
Ryan Kelly	Reagan 51'11.5"
Nick Sansotta*	Butler 53'09"
Jon Beyle	East Chapel Hill 56'02.5"
Jon Beyle	East Chapel Hill 61'10"
3A	
Colin Minor	South Brunswick 57'01"
Tyson Fortenberry	Ashbrook 50'05.25"
Tyson Fortenberry	Ashbrook 55'09.5"
Sherrod Greene	Rocky Mount 55'03.75"
Joshua Faison	Smithfield-Selma 50'09.00"
Milton Chandler	Jacksonville 51'01"
Alec Mock	Weddington 55'10.75"

4A		
Ryan Davis	Pine Forest	54'05.25"
Ryan Davis	Pine Forest	57'04.25"
Daniel McArthur	Mooreville	55'08.75"
Austin Harrison	West Forsyth	57'05.25"
Timon Edelen	Wakefield	53'08.75"
Mason Ellis	West Forsyth	60'00.25"
Davin Vann	Cary	56'10.25"



Men's Indoor Track & Field Individual Event State Champions



Pole Vault Open Classification

1987	Bryant Noles	Sun Valley	13'00"	1997	Matt Price	East Rowan	14'06"				
1988	Chris Lamb	Laney	13'06"	1998	Matt Price	East Rowan	15'02"				
1989	Jeff Allen	East Wake	13'06.5"	1999	Brian Pearce	Tarboro	14'10"				
1990	Carlos McCain	Salisbury	13'00"	2000	Steve Taylor	Leesville Road	14'07"				
1991	Shannon Pope	T.W. Andrews	13'11.75"	2001	Steve Taylor	Leesville Road	15'00"				
1992	Shannon Pope	T.W. Andrews	15'01"	2002	Damien Gunnell	West Brunswick	14'06"				
1993	Joel Freeman	Northern Nash	14'00"	2003	Phillip Childers	South Point	14'06"				
1994	Patrick Kranick	Millbrook	14'06"	2004	Daniel Keller	Southwest Guilford	14'00"				
1995	Jay Kanakoa	North Buncombe	13'00"	2005	Daniel Keller	Southwest Guilford	14'00"				
1996	Shaka Givins	Fike	13'06"	2006	David Wiggom	Sanderson	13'06"				
		1A/2A/3A				4A					
2007	Ryan Oakes	White Oak	14'06"		Scott Houston	Northwest Guilford	15'03"				
2008	Landon Patterson	Mount Pleasant	15'00"		Scott Houston	Northwest Guilford	16'06"				
2009	Evan Sandling	Rockingham County	14'06"		Stephen Hodapp	Butler	15'00"				
2010	Landon Hunt	Robbinsville	14'06"		Tyler Ankarstran	Millbrook	14'06"				
2011	Alex Lomax*	Maiden	13'06"		Justin Vegas*	East Forsyth	14'06"				
2012	Ethan Smith	Cedar Ridge	14'06"		Austin Vegas	East Forsyth	15'00"				
2013	Thor Smith	Northern Guilford	14'06"		Phillip Thomas	Cary	14'06"				
		1A/2A				3A				4A	
2014	Laith Nickell	North Stokes	12'00"		Corey Ginley	East Henderson	15'00"		Joe Devries	Apex	15'06"
2015	Laith Nickell	North Stokes	12'00"		Tristian Shaver	Ledford	15'06"		Michael Utech	Apex	15'06"
2016	Laith Nickell	North Stokes	13'00"		Carter Clasper	Marvin Ridge	15'00"		Elijah Cole	Millbrook	16'00"
2017	Tyler Fitzgerald	Surry Central	14'06"		Bogue Dick	Swansboro	13'06"		Jonathan Lehe	Lake Norman	13'06"
2018	Jake Justice	Polk County	14'04"		Ben Finger	North Gaston	15'00"		Spencer Evans	Lake Norman	15'00"
2019	Jake Justice	Polk County	14'10"		Patrick Freeman	Mount Tabor	15'00"		Spencer Evans	Lake Norman	15'00"
2020	Walker Malachowski	Mount Pleasant	14'00"		Nick Callis	Weddington	15'00"		Spencer Evans	Lake Norman	16'07"



Men's Indoor Track & Field Relay Event State Champions



800 Meter Relay

1A/2A				3A				4A					
2015	Keandre Yeoman	Chris Graham	North Brunswick	1:32.71									
	Shaquan Graham	Jayhlen Washington											
2016	Shaquan Graham	J.C. Smith	North Brunswick	1:34.16	Shamon Elliot	Kalin Moore	Terry Sanford	1:33.10	J. Johnson	Brandon Holmes	Panther Creek	1:31.67	
	Jayhlen Washington	Cameron Barnhill			Lorenz Clark	William Wicks			Caleb Cross	Jimmy Jones			
2017	JC Smith	Shaquan Graham	North Brunswick	1:30.35	Kenneth Cotton	James McCurry	Southern Lee	1:34.06	Savien Hayes	Trequan Barnes	Parkland	1:30.18	
	Jayhlen Washington	Cameron Barnhill			Chandler Cotton	Benjamine Buie			Joseph Littlejohn	Justen Burnette			
2018	Tiyae Johnson	Saquan Pompey	Kinston	1:33.17	Doug Dracon	Mark Conner	Weddington	1:29.46	Romell McRae	Chris McKay	Southeast Raleigh	1:30.18	
	Nathaniel Harper-Harris	Jimere Summers			Denison Livingston	Emerson Douds			Tyler Williams	Brian Williams			
2019	Brendon Hodge	David Wallis	Croatan	1:33.55	Brandon Black	Christian Phelps	Cuthbertson	1:30.13	Eric Haddock	Romell McRae	Southeast Raleigh	1:27.87	
	Travis Garner-McGraw	Noah Bibus			Ashton Spangler	Aidan McNally			Christian Ruffin	Brian Williams			
2020	Wonderful Banks	Daniel Lamb	Northeastern	1:33.60	Dylan Look	Ben Hawley	Cuthbertson	1:30.53	Jayden King-Penn	Daniel Moyer, Jr	Reagan	1:30.21	
	Jordan Jones	Juan Riddick			Max Reisinger	Ethan Mathis			Tristen Bowden	Tazhae Woods			



Men's Indoor Track & Field Relay Event State Champions



1600 Meter Relay Open Classification

1987	Adrian Steele Jasper Cuthrell	Anthony Britton Harvey Archie	North Rowan	3:30.50	1997	Darren Tuitt Maurice Glenn	Greg Hipp Leon Bingham	East Mecklenburg	3:32.38
1988	A.J. McDonald Stanley Franklin	Odeil Lloyd Lawrence Lloyd	Richmond	3:33.49	1998	Terrence Chapel Seneca Rogers	Shannon Allen Steven Enoch	Cummings	3:37.49
1989	Nelson David Stanley Franklin	Aaron Ledbetter A.J. McDonald	Richmond	3:29.83	1999	Antwan Hughes Albert Gaynor	Mike Loyd Walt Hauser	Mount Tabor	3:33.75
1990	Pernell Williams Darius Brewington	Kenny Shaw Duane Hill	T.W. Andrews	3:32.80	2000	Robert Boulware Reggie Hall	Duan Barrino Jeremy Grier	Vance	3:31.76
1991	Pernell Williams Darius Brewington	Kenny Shaw Duane Hill	T.W. Andrews	3:29.56	2001	Taylor Blevine Will Ely	Ben Alsup Hunter Graham	R.J. Reynolds	3:33.19
1992	Pernell Williams Kendrick McClain	Noel Peterkin Darius Brewington	T.W. Andrews	3:34.80	2002	J-Mee Samuels Tim Leones	Jerrod Wiley Mike Loyd	Mount Tabor	3:28.35
1993	Kevin Pettiford Hollis Watkins	Ahmad Spidle Reginald Love	Hillside	3:38.40	2003	Josh Abrams Jason Moore	Reggie Hall Mallory Felder	Vance	3:26.78
1994	Travis Batts Chris Rey	Roshad Montgomery Grady Blackmon	Pine Forest	3:32.60	2004			Ben L. Smith	3:27.16
1995	Roshad Montgomery Travis Batts	Christian Rey Grady Blackmon	Pine Forest	3:27.26	2005	Brent LaRue Lionel Mathabone	Kenny Harmon Johny Svoboda	East Forsyth	3:28.16
1996	Jawon Bennett Travis Batts	Mellick Cox Grady Blackmon	Pine Forest	3:32.49	2006	Karjuan Williams Darly Reynolds	Andrew Hendrix Edward Armstrong	New Bern	3:25.24

1A/2A/3A

2007	Rashad Wilkerson Charles Lindsay	D'Ray Vanhoy Jarrell Elliott	Parkland	3:31.23
2008	James Raley Brandon Hairston	McKinley Morning Jibril Mohammed	Carver	3:29.37
2009	Darryl Demps Eddie Hernandez	Tyler Combs Brandon Neale	Hendersonville	3:28.19
2010	Donte' Smith Darrell Mainor	Chase Helton Eric Winfrey	Douglas Byrd	3:32.56
2011	Kris Lordman* T.J. Davidson*	Jason Thompson* Calvin Clark*	Asheville	3:32.77
2012	Mikal Polanco Dashalin King	Jayvonne Oneal Patrick Owens	Beddingfield	3:32.77
2013	Garry Woosley DeAndre McGill	LeDante Berry LeAndre McGill	Northeast Guilford	3:29.55

1A/2A

2014	Aaron Hamilton Tedric Shannon	Cedric Shannon Trevor Overton	Northeastern	3:29.67
2015	Caleb Brown Jacob Wolfe	Eli Hall Sean Doyle	Polk County	3:34.82
2016	Kenny Hewitt Cedric Shannon	Seth Overman Tedric Shannon	Northeastern	3:33.66
2017	Robert Brenneman Michael Quispe	Joseph Bulfer Tyler Robinson	Croatan	3:31.90
2018	Brendon Hodge Joseph Bulfer	Noah Bibus Michael Quispe	Croatan	3:33.24

3A

2014	LeDante Berry DeAndre McGill	Javien Carter LeAndre McGill	Northeast Guilford	3:30.01
2015	Darius Futrell Kevon Pascoe	Keith Miller-Brian R.J. Russell	Richlands	3:30.21
2016	Edward Anthony Dashoun Brown	Aaron Ashworth Lane Dukes	White Oak	3:32.13
2017	Denison Livingston Kyle Durham	Doug Cracon Emerson Douds	Weddington	3:30.37
2018	Doug Dracon Kyle Durham	Denison Livingston Emerson Douds	Weddington	3:24.21

4A

2007	John Curtiss Chris King	Josh Caravella Miles Walker	Providence	3:30.74
2008	Demario House Bobby Grier	Santonio Johnson Stanley Wright	West Charlotte	3:29.43
2009			New Bern	3:21.79
2010			Wakefield	3:27.63
2011	Devin Johnson* Da'Quan Smalls*	Mar-Keo Jones* Burkheart Ellis Jr.*	Knightdale	3:21.58
2012	Henry Kiedy Khalid Powell	Marquavious Johnson Da'Quan Smalls	Knightdale	3:25.64
2013	Henry Kiedy Bernard Freeman	Marcell Johnson Marquavious Johnson	Knightdale	3:22.10

4A

2014	Corey Aikens Marcell Johnson	Nathaniel Harvey Marquavious Johnson	Knightdale	3:21.10
2015	Jayquan Williams Terrance Adams	Ananaba Jayon Woodard	Southeast Raleigh	3:24.50
2016	William Hoffmann Blake Watson	Henry Pehr Jayquan Williams	Green Hope	3:26.64
2017	Elijah Knight Kayin Fails	Todd Shorts James Lundergan	Cary	3:25.53
2018	Christopher Mondie Michael Biddle	Sean Petersen Ian Delgado	Green Hope	3:27.90



Men's Indoor Track & Field Relay Event State Champions



1600 Meter Relay

1A/2A

2019	Brendon Hodge	David Wallis	Croatan	3:30.58
	Thomas McCabe	Noah Bibus		
2020	Jacob Johnston	James Wallace	Croatan	3:33.77
	Oscar Irizarry	Thomas McCabe		

3A

Kyle Durham	Jake Toomey	Weddington	3:25.53
Jackson O'Hara	Emerson Douds		
Zachary Ross	Ryan Kobziak	Cuthbertson	3:27.90
Jacob Koerner	Aidan McNally		

4A

Christian Ruffin	Romell McRae	Southeast Raleigh	3:25.94
Brian Williams	Noah Larios		
Dillon Leacock	Ethan Wood	Millbrook	3:31.95
Dominique Alexander	Elliot Fernandez		



Men's Indoor Track & Field Relay Event State Champions



3200 Meter Relay Open Classification

1987	Todd Walters Robbie Smith	David Smith Brad Richardson	Sun Valley	8:20.00	1997	Lucas Kaufman Greg Hipp	David Willis Andres Colon	East Mecklenburg	8:29.48
1988	David Wiggins Kevin Alston	John Roseboro Shaole Dawson	Hillside	8:15.92	1998	Brendan St. Denis Drew Martin	Edmund Kelley Tron Chavis	Pinecrest	8:20.31
1989	Phillip Honeycutt Stanley Franklin	Aaron Ledbetter Daniel Smith	Richmond	8:11.92	1999	Keith Waldron Chalom Pittman	Irvin Hunter Darrell Colbert	West Charlotte	8:20.33
1990	Gary Hardin Kyle Armentrout	Mike Brooks Brant Armentrout	Mount Tabor	8:30.96	2000	McNeil Cronih Fritz Vaughan	Scott Vasser Matt Debole	Mount Tabor	8:28.99
1991	Carson Hedrick Lucas Hunt	John Bradford Chris O'Shields	Sun Valley	8:33.69	2001	Ryan Wiedenman Richard Steere	Sajid Reshamwala Wes Boone	Apex	8:22.42
1992	Robbie Howell Stacey Cochran	Jose Martinez Sammy Taylor	Athens Drive	8:30.50	2002	Eric Mack Jeremy Helsabeck	Clay Ragan Bobby Mack	North Forsyth	8:06.13
1993	Steven Kelley Kevin Biljy	Jason Page Kevin Pierpoint	Millbrook	8:26.80	2003	Eric Mack Clay Ragan	Jordan Olsen Bobby Mack	North Forsyth	8:23.87
1994	Ulf Schwall John Hooks	Pen Perry Joel McSwain	East Mecklenburg	8:33.20	2004			South View	8:20.17
1995	Kevin Cutts Pen Rury	Greg Prudhomme Matt Head	East Mecklenburg	8:16.70	2005	Jordan Rickard Tim Jefferson	Jonathan Stone Chase Williams	Pinecrest	8:10.89
1996	Aaron Henry Daniel Alvarez	Omar Clinton Kevon Blair	Pine Forest	8:22.38	2006	Anthony Hendrix Daniel Castelov	Andrew Hendrix Karjuan Williams	New Bern	8:05.25

1A/2A/3A

2007	Gabe McGowan Josh Pickett	Eric Fichtel Hosh Dubin	T.C. Roberson	8:25.66
2008	Nathan Craig Joseph Newman	Chase Martin Patrick Campbell	Mooreville	8:20.62
2009	Tyrell Mauldin Tre Williams	John Harwell Isaac Presson	Asheville	8:21.40
2010	Michael Tomayo James Fladeland	Tyron Alston Jake Hurysz	Eastern Alamance	8:15.51
2011	Michael Colven* Alec Lane*	Drew Buckley* Chris Van Gulp*	Marvin Ridge	8:28.65
2012	Mark Pietryka Patrick Wolf	Nick Tyrey Tommy Schotzinger	Cardinal Gibbons	8:15.80
2013	Alec Lane Carter Pennington	Kendon Corbett Nicholas Futia	Marvin Ridge	8:18.21

4A

2007	John Curtiss Miles Walker	Kyle Davidson Alex Taylor	Providence	8:10.15
2008	Banks Barnes Rodney Steward	Anthony Hendrix Andrew Hendrix	New Bern	8:05.70
2009			New Bern	8:15.45
2010			Sanderson	8:14.56
2011	Macon Gambill* Syeed Muhammed*	George Oliver* Josh Copus*	Mount Tabor	8:15.64
2012	Macon Gambill George Oliver	Andrew Krivsky Josh Copus*	Mount Tabor	8:05.86
2013	Marquavious Johnson Marcell Johnson	Henry Kiedy Adonis Williams	Knightdale	8:01.07

1A/2A

2014	Shawn Marcie Harrison Conner	Emanuel Williams Caleb Albrecht	Franklin	8:22.74
2015	Sean Doyle Caleb Brown	Mitchell Brown Jacob Wolfe	Polk County	8:15.58
2016	Sean Doyle Jeremy Allsbrook	Jacob Wolfe Mitchell Brown	Polk County	8:33.49
2017	Noah Schoenacher Andrew Robinson	William Coye Noah Graham	Brevard	8:23.46
2018	Jason Risse Jason Thomson	Johnny Grant Brian Risse	North Lincoln	8:12.93

3A

Brian Callinan Zach Durand	Austin Payeur Jake Blizzard	Marvin Ridge	8:16.04
Matthew Conner Alex Hazan	Ryan Hobbs Mitchell Resor	Weddington	8:06.56
Haven Honeycutt Davis Turner	Noah Shore Terry Young	Asheville	8:01.84
Santez Booze Haven Honeycutt	Kodi Coddington Davis Turner	Asheville	8:08.14
Jackson O'Hara Jake Toomey	Kyle Durham Will Mazur	Weddington	7:59.48

4A

Jonathan Bakley William Jordan	Corey Colberg Brad Pehr	Green Hope	8:01.62
Christian Cortazar Javier Alejandro	Michael Staples Philip Hall	South View	7:57.23
Ian Foley Michael Moerk	Cameron Ponder Kenny Kneisel	Mount Tabor	7:59.95
Ian Delgado Matthew Kehn	Ares Epps Sean Petersen	Green Hope	8:11.52
Michael Biddle Sean Petersen	Matthew Kehn Ian Delgado	Green Hope	8:06.97



Men's Indoor Track & Field Relay Event State Champions



3200 Meter Relay

1A/2A

3A

4A

2019	Tyler Sylvia	Aidan May	First Flight	8:26.14	Kyrstopher Durham	Stephen Larson	Weddington	8:09.68	Elijah Cernoch	Justin Hayes	Panther Creek	8:07.88
	Warner Campbell	Zach Hughes			Jake Toomey	Will Mazur			Casper Serrano	Ian Harrison		
2020	Henry Stecher	Max Bowlin	First Flight	8:17.04	Dylan Look	Ben Hawley	Chapel Hill	8:05.71	Casper Serrano	Milan Desai	Panther Creek	8:01.43
	Warner Campbell	Zach Hughes			Max Reisinger	Ethan Mathis			Justin Hayes	Ian Harrison		