

North Carolina Administrative Code (NCAC)
Title 16 - STATE BOARD OF EDUCATION
Chapter 06 - ELEMENTARY AND SECONDARY EDUCATION
Subchapter E - STUDENTS
Section 06E .0206 - ATHLETIC TRAINERS (FIRST RESPONDERS)

16 NCAC 06E .0206 ATHLETIC TRAINERS

(a) Each Local Education Agency (LEA) shall designate for each high school within its jurisdiction either a licensed athletic trainer who is qualified pursuant to Article 34 of Chapter 90 of the General Statutes of North Carolina or a first responder. These persons may be employed on a full-time or part-time basis or may serve as a volunteer.

(b) If not a licensed athletic trainer, a first responder shall:

- (1) have completed and continue to maintain certification in cardiopulmonary resuscitation as certified by an organization such as the American Red Cross or the American Heart Association;
- (2) have completed and continue to maintain certification in first aid as certified by an organization such as the American Red Cross or the American Heart Association;
- (3) have completed and continue to maintain training in concussion management as offered by an organization such as the National Federation of State High School Associations (NFHS).
- (4) have completed and continue to maintain continuing education in injury prevention and management as offered by an organization such as the National Federation of State High School Associations (NFHS); and
- (5) complete 10 hours total of staff development each school year specific to first aid and injury recognition and prevention. The 10 hours may include hours necessary for recertifications or renewals.

(c) The licensed athletic trainer or first responder shall not have concurrent coaching responsibilities during the time in which the person is working as a licensed athletic trainer or first responder.

(d) A licensed athletic trainer or first responder shall attend all football practices and games, unless excused by the superintendent due to emergency.

(e) Each LEA shall monitor school athletic trainer's or the first responder's compliance with this Rule.

History Note: Authority G.S. 115C-12(12); 115C-12(23);
Emergency Adoption Eff. August 20, 2019;
Eff. March 1, 2020

Link to [NCAC 16 06E .0206](#) Athletic Trainers
(Formally State Board of Education Policy ATHL-000)