

4A EAST CONFERENCES

2023-2024

Big Carolina 3A/4A

D.H. Conley
New Bern
Havelock (3A)
Jacksonville (3A)
J.H. Rose (3A)
Northside-Jax (3A)
South Central (3A)

Midwestern 3A/4A

Ashley
Hoggard
Laney
New Hanover
Topsail
North Brunswick (3A)
South Brunswick (3A)
West Brunswick (3A)

Greater Neuse River 4A

Corinth Holders
Clayton
Cleveland
Fuquay-Varina
Garner
South Garner
Southeast Raleigh
Willow Spring

Northern Athletic 4A

Heritage
Knightdale
Millbrook
Rolesville
Wake Forest
Wakefield

CAP 6 4A

Athens Drive
Broughton
Cardinal Gibbons
Enloe
Leesville Road
Sanderson

Southwest Wake 4A

Apex
Apex Friendship
Cary
Green Hope
Green Level
Holly Springs
Middle Creek
Panther Creek

DAC-VII 4A

C.E. Jordan
Chapel Hill
East Chapel Hill
Hillside
Northern Durham
Riverside-Durham

United 8 3A/4A

Jack Britt
Gray's Creek
Lumberton
South View
Purnell Swett
Douglas Byrd (3A)
Cape Fear (3A)
Seventy-First (3A)

All American 3A/4A

Overhills
Pine Forest
E.E. Smith (3A)
Harnett Central (3A)
Terry Sanford (3A)
Triton (3A)
Western Harnett (3A)
Westover (3A)

Sandhills 3A/4A

Hoke County
Pinecrest
Richmond
Lee County (3A)
Scotland (3A)
Southern Lee (3A)
Union Pines (3A)

4A WEST CONFERENCES

2023-2024

Metro 4A

Grimsley
Northern Guilford
Northwest Guilford
Page
Ragsdale
Southeast Guilford
Southwest Guilford
Western Guilford

Central Piedmont 4A

Davie County
East Forsyth
Glenn
Mount Tabor
Parkland
Reagan
RJ Reynolds
West Forsyth

Greater Metro 4A

A.L. Brown
Cox Mill
Hickory Ridge
Lake Norman
 Mooresville
South Iredell
West Cabarrus

Southern Carolina 4A

Cuthbertson
Marvin Ridge
Porter Ridge
Sun Valley
Weddington

Southwestern 4A

Butler
Charlotte Catholic
East Mecklenburg
Garinger
Independence
Providence
Rocky River

So Meck 4A

Ardrey Kell
Berry Academy
Myers Park
Olympic
Palisades
South Mecklenburg

Queen City Athletic 3A/4A

Chambers, Julius L.
Hopewell
Hough
Mallard Creek
North Mecklenburg
Harding University (3A)
West Charlotte (3A)
West Mecklenburg (3A)

Northwestern 3A/4A

Alexander Central
South Caldwell
Watauga
Ashe County (3A)
Freedom (3A)
Hibriten (3A)

The Mountain 3A/4A

Asheville
McDowell
T.C. Roberson
Enka (3A)
Erwin (3A)
North Buncombe (3A)
Reynolds, A.C. (3A)