

Mideastern

Ashley (4A)
 Hoggard (4A)
 Laney (4A)
 New Hanover (3A)
 North Brunswick (3A)
 South Brunswick (3A)
 Topsail (3A)
 West Brunswick (3A)

Eastern Carolina

New Bern (4A)
 South Central (4A)
 C.B. Aycock (3A)
 D.H. Conley (3A)
 Eastern Wayne (3A)
 J.H. Rose (3A)
 Southern Wayne (3A)

Northern Athletic

Corinth Holders
 Heritage
 Knightdale
 Rolesville
 Wake Forest
 Wakefield

CAP 7

Broughton
 Cardinal Gibbons
 Enloe
 Leesville Road
 Millbrook
 Sanderson
 Southeast Raleigh

Patriot Athletic

Overhills (4A)
 Pine Forest (4A)
 South View (4A)
 Cape Fear (3A)
 Douglas Byrd (3A)
 E.E. Smith (3A)
 Gray's Creek (3A)
 Terry Sanford (3A)
 Westover (3A)

Sandhills Athletic

Hoke County
 Jack Britt
 Lumberton
 Pinecrest
 Purnell Swett
 Richmond County
 Scotland County
 Seventy-First

South Wake Athletic

Apex
 Apex Friendship
 Fuquay-Varina
 Garner
 Holly Springs
 Middle Creek
 South Garner

Triangle 6

Athens Drive
 Cary
 Green Hope
 Jordan
 Panther Creek
 Riverside-Durham

Metro

Grimsley
 High Point Central
 Northwest Guilford
 Page
 Ragsdale

Central Piedmont

Davie
 East Forsyth
 Glenn
 R.J. Reynolds
 Reagan
 West Forsyth

I-Meck

Hopewell
 Hough
 Lake Norman
 Mallard Creek
 Mooresville
 North Mecklenburg
 Vance
 West Charlotte

Southwestern

Butler
 East Mecklenburg
 Garinger
 Hickory Ridge
 Independence
 Myers Park
 Porter Ridge
 Rocky River

South Meck 7

Ardrey Kell
 Berry Academy
 Harding University
 Olympic
 Providence
 South Mecklenburg
 West Mecklenburg

Northwestern

McDowell (4A)
 South Caldwell (4A)
 Alexander Central (3A)
 Freedom (3A)
 Hickory (3A)
 St. Stephens (3A)
 Watauga (3A)
 West Caldwell (3A)