

Western NC Athletic - 5

East Henderson
 North Henderson
 Pisgah
 Tuscola
 West Henderson
 Brevard (2A)
 Franklin (2A)
 Smoky Mountain (2A)

Mountain Athletic - 5

Asheville
 Enka
 Erwin
 North Buncombe
 Reynolds, AC
 McDowell (4A)
 Roberson, TC (4A)

Big South - 5

Ashbrook
 East Gaston
 Forestview
 North Gaston
 South Point
 Cramer, Stuart (2A)
 Hunter Huss (2A)
 Lake Norman Charter (2A)

South Mountain Athletic - 3

Burns
 Crest
 Kings Mountain
 Chase (2A)
 Draughn (2A)
 East Burke (2A)
 East Rutherford (2A)
 R-SCentral (2A)
 Shelby (2A)

Northwestern - 6

Foard, Fred T.
 Freedom
 Hibriten
 Hickory
 Patton
 St. Stephens
 South Caldwell (4A)
 Watauga (4A)

North Piedmont - 5

North Iredell
 North Lincoln
 South Iredell
 Statesville
 West Iredell
 Alexander Central (4A)
 Lake Norman (4A)
 Mooresville (4A)

South Piedmont - 10

Carson, Jesse
 Central Cabarrus
 Concord
 Cox Mill
 East Rowan
 Hickory Ridge
 Northwest Cabarrus
 Robinson, Jay
 South Rowan
 West Rowan

Southern Carolina - 6

Anson
 Cuthbertson
 Marvin Ridge
 Piedmont
 Sun Valley
 Weddington

Mid-Piedmont - 7

Asheboro
 Central Davidson
 Ledford Senior
 North Forsyth
 Southern Guilford
 Southwestern Randolph
 Western Guilford

Mid-State - 9

Eastern Alamance
 Eastern Guilford
 McMichael, Dalton
 Morehead, John M.
 Northeast Guilford
 Northern Guilford
 Rockingham County
 Western Alamance
 Williams, Walter M.

Big Eight - 7

Cedar Ridge
 Chapel Hill
 Northern Vance
 Northwood
 Orange
 Southern Durham
 Webb, J.F.

Cape Fear Valley - 7

Byrd, Douglas
 Gray's Creek
 Lee County
 Sanford, Terry
 Southern Lee
 Union Pines
 Westover

Two Rivers - 6

Cleveland
 Corinth Holders
 Smithfield-Selma
 South Johnston
 Triton
 Western Harnett

Big East - 6

Fike
 Hunt
 Nash Central
 Northern Nash
 Southern Nash
 Rocky Mount

Eastern Carolina - 3

Aycock, C.B.
 Eastern Wayne
 Southern Wayne
 Conley, D.H. (4A)
 New Bern (4A)
 Rose, J.H. (4A)
 South Central (4A)

Mid-eastern - 3

South Brunswick
 Topsail
 West Brunswick
 Ashley (4A)
 Hoggard (4A)
 Laney (4A)
 New Hanover (4A)

Coastal - 7

Havelock
 Jacksonville
 Richlands
 Swansboro
 West Carteret
 West Craven
 White Oak