



First Responder Quick Guide for Management of a Concussed Student-Athlete

Concussion Injury History is filled out on behalf of student-athlete (S-A).



S-A is referred to the Licensed Health Care Provider (LHCP) for evaluation.

LHCP Concussion Evaluation Recommendations and **LHCP Concussion Return to Learn Recommendations** completed by LHCP.

First Responder (FR) is selected by the LHCP to monitor the S-A's Return to Play Protocol.



RETURN TO PLAY (RTP) PROTOCOL

The RTP Protocol is monitored by the FR through stage 4. The FR must sign the FR Verification (between stage 4 and 5) attesting that they have reviewed the S-A's progress with the examining LHCP either electronically, by phone, or in person and that the S-A was cleared by the LHCP to complete stage 5.

The FR notifies the examining LHCP that the S-A remained asymptomatic after stage 5 is completed. If signs or symptoms occur after stage 5 the S-A **MUST** return to the LHCP overseeing the S-A's care.



RETURN TO PLAY FORM

The examining LHCP **MUST** sign the Return to Play (RTP) Form before the S-A is allowed to resume full participation in athletics. If signs or symptoms occur after stage 5 the S-A **MUST** return to the LHCP overseeing the S-A's care.

The student-athlete's parent/legal custodian **MUST** sign the RTP Form giving their consent before their child resumes full participation in athletics.



Athlete Resumes Full Participation in Athletics