

116 Schools

Central Carolina - 10

Central Davidson
 East Davidson
 Ledford
 Lexington
 North Davidson
 Oak Grove
 Salisbury
 South Rowan
 Thomasville
 West Davidson

Coastal 8 - 5

Croatan (2A)
 Dixon (2A)
 Heide Trask (2A)
 Richlands (2A)
 Southwest Onslow (2A)
 East Carteret (1A)
 Lejeune (1A)
 Pender (1A)

East Central - 7

Clinton
 East Duplin
 Goldsboro
 James Kenan
 Midway
 Spring Creek
 Wallace-Rose Hill

Eastern Carolina - 7

Ayden-Grifton
 Greene Central
 Kinston
 North Lenoir
 South Lenoir
 Washington
 West Craven

Eastern Plains - 6

Beddingfield
 Farmville Central
 Nash Central
 North Johnston
 North Pitt
 SouthWest Edgecombe

Mid-State - 7

Bartlett Yancey
 Carrboro
 Cummings
 Durham School of the Arts
 Graham
 N.C. School of Science & Math
 Reidsville

Mountain Six - 6

Brevard
 East Henderson
 Franklin
 Hendersonville
 Pisgah
 Smoky Mountain

Mountain Valley - 4

Ashe County (2A)
 North Wilkes (2A)
 West Wilkes (2A)
 Wilkes Central (2A)
 Alleghany (1A)
 East Wilkes (1A)
 Elkin (1A)
 Starmount (1A)

Northeastern Coastal - 6

Bertie
 Currituck County
 First Flight
 Hertford County
 Northeastern
 Pasquotank County

Northern Carolina - 7

Bunn (2A)
 J.F. Webb (2A)
 Northern Vance (2A)
 Roanoke Rapids (2A)
 South Granville (2A)
 Southern Vance (2A)
 Warren County (2A)
 Granville Central (1A)
 Louisburg (1A)

Northwestern Foothills - 7

Bunker Hill
 Draughn
 East Burke
 Fred T. Foard
 Hibriten
 Patton
 West Iredell

PAC 7 - 7

Eastern Randolph
 Jordan-Matthews
 Providence Grove
 Randleman
 T.W. Andrews
 Trinity
 Wheatmore

Rocky River - 6

Anson County
 Central Academy
 East Montgomery
 Forest Hills
 Mount Pleasant
 West Stanly

South Fork Athletic - 8

Bandys
 East Lincoln
 Lake Norman Charter
 Lincolnton
 Maiden
 Newton-Conover
 North Lincoln
 West Lincoln

Southwestern Athletic - 6

Chase
 East Gaston
 East Rutherford
 R-S Central
 Shelby
 South Point

Three Rivers - 7

East Bladen (2A)
 Fairmont (2A)
 Red Springs (2A)
 South Columbus (2A)
 St. Pauls (2A)
 West Bladen (2A)
 Whiteville (2A)
 East Columbus (1A)
 South Robeson (1A)
 West Columbus (1A)

Western Highlands - 3

Madison (2A)
 Mountain Heritage (2A)
 Owen (2A)
 Avery County (1A)
 Mitchell (1A)
 Polk County (1A)

Western Piedmont Athletic - 7

Atkins
 Carver
 Forbush
 North Surry
 Surry Central
 Walkertown
 West Stokes