

**NCHSAA ALL-TIME INDOOR TRACK AND FIELD STATE CHAMPIONS
WOMEN**

EVENT	YEAR	NAME	SCHOOL	RECORD	
60 YARD DASH	1987	Nickie Harris	Richmond	7.38	
	1988	Marlene Poole	Grimsley	7.27	
	1989	Marlene Poole	Dudley	7.14	
	1990	Alice Vinson	Sun Valley	7.23	
	1991	Lynetta Golden	South Stokes	7.08	
	1992	Monique Wilkins	North Forsyth	7.34	
	1993	Toi Wilson	D. H. Conley	7.14	
	1994	Sabrina Thompson	Fike	7.16	
	55 METER DASH	1995	Sabrina Thompson	Fike	7.15
		1996	Sabrina Thompson	Fike	7.00
		1997	Aspen Powell	Pincrest	7.22
		1998	Demetria Washington	Terry Sanford	7.20
		1999	Lasonia Collins	Independence	7.10
		2000	Kiki Collins	Grimsley	7.15
2001		Tempess Stark	Northwest Cabarrus	7.26	
2002		Tempess Stark	Northwest Cabarrus	7.20	
2003		Tempess Stark	Northwest Cabarrus	7.09	
2004		Portia Baker	Southwest Guilford	7.13	
2005	Chalonda Silver	Rocky Mount	7.10		
2006	Gabby Mayo	Southeast Raleigh	6.87		

(Play moved to 1A/2A/3A and 4A in 2007)

1A/2A/3A				4A		
2007	Kelsey McCorkle	South Central	7.11	Gabby Mayo	Southeast Raleigh	6.87
2008	Stormy Kendrick	Forestview	7.02	Nyosha Bryant	West Charlotte	6.94
2009	Stormy Kendrick	Forestview	7.04	Dominique Weathers	Vance	7.04
2010	Erin Tucker	Robinson, J.	7.19	Ebony Scott	Southeast Raleigh	7.00
2011	Zikeena Parker*	Rocky Mount	7.28	Olicia Sharp*	Wakefield	7.21
2012	Paisley Simmons	T.W. Andrews	7.17	Jden Williams	Wakefield	6.96

300 YARD DASH	1987	Alisa Foust	Jacksonville	:38.30	
	1988	Marlene Poole	Grimsley	:37.04	
	1989	Marlene Poole	Dudley	:36.47	
	1990	Tonya Avery	Jacksonville	:37.72	
	1991	Tonya Avery	Jacksonville	:37.71	
	1992	Katrina Jarrett	North Rowan	:38.40	
	1993	Toi Wilson	D. H. Conley	:37.52	
	1994	Sabrina Thompson	Fike	:37.40	
	300 METER DASH	1995	Crystal Cox	Pine Forest	:40.46
		1996	Crystal Cox	Pine Forest	:41.09
1997		Crystal Cox	Pine Forest	:40.56	
1998		Demetria Washington	Terry Sanford	:40.44	
1999		Lasonia Collins	Independence	:40.19	
2000		Carol Merritt	Garner	:41.40	
2001		Tempess Stark	Northwest Cabarrus	:42.41	
2002		Portia Baker	Southwest Guilford	:41.07	
2003		Portia Baker	Southwest Guilford	39.87	
2004		Portia Baker	Southwest Guilford	39.55	
2005		Felicia Paulding	Harding	40.73	
2006		Gabby Mayo	Southeast Raleigh	38.94	

UPDATED 2/12 AMA

1A/2A/3A

2007	Kelsey McCorkle	South Central	40.22
2008	Radiance Basden	Western Guilford	40.65
2009	Trisha Bennett	Winston-Salem Pr	40.39
2010	Breahna Morrison	Weddington	41.26
2011	Briana Haith*	Granville Central	39.94
2012	Briana Haith	Granville Central	39.81

4A

Gabrielle Glenn	Charlotte Providence	40.45
Nyosha Bryant	West Charlotte	41.23
Taylor Dewberry	Mount Tabor	40.32
Ariah Graham	Wakefield	39.85
Ariah Graham*	Wakefield	39.17
Tyler Brockington	Dudley	39.25

600 YARD RUN

1987	Tomi Ogunba	East Mecklenburg	1:30.50
1988	Tomi Ogunba	East Mecklenburg	1:28.10
1989	Leslie McCaskill	East Mecklenburg	1:28.72
1990	Marlene Poole	Dudley	1:29.14
1991	Frances Morgan	East Mecklenburg	1:30.36
1992	Bridget Johnson	Ben Smith	1:30.80
1993	Michelle McRae	Williams	1:27.10
1994	Keeya McManus	Olympic	1:31.80

500 METER RUN

1995	Crystal Cox	Pine Forest	1:17.53
1996	Florencia Hunt	Hillside	1:17.87
1997	Kiona Kirkpatrick	Providence	1:19.25
1998	Demetria Washington	Terry Sanford	1:17.42
1999	Tondra White	Olympic	1:20.58
2000	Daniello David	Seventy First	1:21.02
2001	Samantha Murillo	Davie County	1:18.15
2002	Jeretha Massey	Ben Smith	1:18.03
2003	Carlitha Sturdivant	Independence	1:18.05
2004	Janet Carruthers	Harding	1:19.59
2005	Ebonie Cunningham	Southeast Raleigh	1:16.45
2006	Lynda Hiller	Apex	1:18:11

1A/2A/3A

2007	Erika Charles	DSA	1:17.36
2008	Brandy Swann	Jacksonville	1:19.08
2009	Kaneisha Williams	Dudley	1:17.39
2010	Francesca Evans	Cummings	1:17.04
2011	Sage Proffitt*	North Buncom	1:18.99
2012	Sage Proffitt	North Buncom	1:17.53

4A

Ebonie Cunningham	Southeast Raleigh	1:14.41
Lauren Gulley	Mallard Creek	1:17.33
Sanura Eley-O'Reil	Jack Britt	1:14.89
T'Shelia Mungo	Independence	1:15.53
Keni Harrison*	Clayton	1:16.26
Tiana Patillo	Wakefield	1:17.29

1000 YARD RUN

1987	Kerry Porter	Jordan	2:57.40
1988	Tomi Ogunba	East Mecklenburg	2:51.07
1989	Amy Neal	East Forsyth	2:50.66
1990	Trudy Stallings	Dudley	2:49.55
1991	Karen Godlock	Polk County	2:50.28
1992	Mia Richardson	McMichael	2:46.19
1993	Ami Herrman	Providence	2:49.67
1994	Laura Hughes	Sun Valley	2:47.20

1000 METER RUN

1995	Mandy Becker	Fuquay-Varina	3:10.06
1996	Mandy Becker	Fuquay-Varina	3:06.08
1997	Jennifer Dimsdale	Polk County	3:10.56
1998	Jennifer Dimsdale	Polk County	3:08.77
1999	Karen Medlin	Athens Drive	3:09.64
2000	Karen Medlin	Athens Drive	3:11.30
2001	Karen Medlin	Broughton	3:07.32
2002	Julia Lucas	Myers Park	2:56.73
2003	Krystle Medlin	Southeast Raleigh	3:05.54
2004	Krystle Medlin	Southeast Raleigh	3:05.85
2005	Callan Fike	Athens Drive	3:07.03

2006	Katie Fields	Pinecrest	3:01.5
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1A/2A/3A

4A

2007	Heather Beichner	Cardinal Gibbons	3:10.26	Amanda Lapp	Southeast Raleigh	3:02.45
2008	Laura Hoer	T.C. Roberson	3:05.49	Marya Slater	West Johnston	3:09.07
2009	Ryanna Henderson	Jacksonville	3:03.22	Maraya Slatter	West Johnston	3:04.74
2010	Destine Kirkman	Harding Univ	3:08.66	Becca Deloache	Myers Park	2:56.70
2011	Sarah Rapp*	Cardinal Gibbons	3:06.43	Jennie Cunningham*	Pinecrest	3:02.98
2012	Emily Vance	Overhills	3:08.46	Jennie Cunningham	Pinecrest	2:57.41

ONE MILE RUN

1987	Stacey Watkins	Grimsley	5:14.50
1988	Cessy Hudson	East Burke	5:23.61
1989	Leslie McCaskill	East Mecklenburg	5:33.70
1990	Andrea Bailey	Millbrook	5:23.36
1991	Andrea Bailey	Millbrook	5:14.70
1992	Karen Godlock	Polk County	5:18.40
1993	Karen Godlock	Polk County	5:09.12
1994	Frances Wagner	E. E. Smith	5:18.50

1600 METER RUN

1995	Mandy Becker	Fuquay-Varina	5:12.43
1996	Mandy Becker	Fuquay-Varina	5:14.88
1997	Jennifer Dimsdale	Polk County	5:21.53
1998	Sarah Vance Goodman	T.C. Roberson	5:12.26
1999	Alisha Little	East Burke	5:13.10
2000	Casey McGraw	Freedom	5:16.93
2001	Katherine Merrill	Jordan	5:21.00
2002	Erika Schneble	Hendersonville	5:06.16
2003	Taylor Steelman	Mount Tabor	5:16.99
2004	Katie Fields	Pinecrest	5:14.83
2005	Callan Fike	Athens Drive	5:20.50
2006	Callan Fike	Athens Drive	5:16.24

1A/2A/3A

4A

2007	Kylie Smith	T.C. Roberson	5:25.96	Callan Fike	Raleigh Athens Drive	5:11.93
2008	Ryanna Henderson	Jacksonville	5:18.37	Andie Cozzarelli	Apex	5:10.21
2009	Laura Hoer	T.C. Roberson	5:18.27	Samantha George	Millbrook	5:13.94
2010	Sarah Rapp	Cardinal Gibbons	5:19.31	Samantha George	Millbrook	5:03.82
2011	Sarah Rapp*	Cardinal Gibbons	5:14.63	Lauren Colberg*	Green Hope	5:12.89
2012	Blake Dodge	West Carteret	5:09.54	Darby Middlebrook	Watauga	5:01.72

TWO MILE RUN

1987	Stacey Watkins	Grimsley	11:29.60
1988	Silica Johnson	Grimsley	12:03.00
1989	Windi McIntire	Watauga	11:53.19
1990	Silica Johnson	Grimsley	11:25.10
1991	Andrea Bailey	Millbrook	11:32.45
1992	Karen Godlock	Polk County	11:15.70
1993	Karen Godlock	Polk County	11:25.24
1994	Meredith Faircloth	Broughton	12:13.30

3200 METER RUN

1995	Mandy Becker	Fuquay-Varina	11:22.68
1996	Erin Musson	Wilkes Central	11:56.16
1997	Fran Lattie	Lumberton	12:00.92
1998	Sarah Vance Goodman	T.C. Roberson	10:48.48
1999	Alisha Little	East Burke	11:16.20
2000	Casey McGraw	Freedom	11:28.27
2001	Ginger Wheeler	Mount Tabor	11:41.80
2002	Carly Matthews	Mount Tabor	10:52.67
2003	Amy Dibianca	Mount Tabor	11:27.10

2004	Alissa Wilke	Providence	11:30.97
2005	Alissa Wilke	Providence	11:29.37
2006	Caroline Kirby	T.C. Roberson	11:25.02

1A/2A/3A

4A

2007	Kathryn Dispennette	T.C. Roberson	11:49.31	Andie Cozzarelli	Apex	11:29.79
2008	Lindsay Ester	Burl Williams	11:31.21	Andie Cozzarelli	Apex	11:23.53
2009	Sarah Rapp	Cardinal Gibbons	11:46.85	Kim Spano	N. Mecklenburg	11:10.25
2010	Sarah Rapp	Cardinal Gibbons	11:39.15	Lexie Schustrom	Pinecrest	11:10.25
2011	Sarah Rapp*	Cardinal Gibbons	11:27.59	Julie Swaim*	Reagan	11:10.31
2012	Mary Grace Doggett	Cardinal Gibbons	11:36.58	Anna McBride	Davie County	11:04.51

ONE MILE RELAY

1987	Tahnya Carter Ashley Taylor Marlene Poole Danez Lyons	Grimsley	4:18.0
1988	Danez Lyons Alisa Stone Marlene Poole Silica Johnson	Grimsley	4:11.1
1989	Ayo Johnson Kumba Fuller Angie Artis Marlene Poole	Dudley	4:07.36
1990	Cynthia Parker Donna Alston Karen McIlwain Belinda Hope	Hillside	4:11.91
1991	Grace Crawford Millie James Pat Miller Frances Morgan	East Mecklenburg	4:16.36
1992	Bridget Johnson Dara Flemings Halima Haith Rahma (Rocky) Mateen	Ben Smith	4:15.1
1993	Erika Strowd Dakar Scott Tamera Smith Keeya McManus	Olympic	4:17.1
1994	Keeya McManus Shawnta Person Dakar Scott Tamera Smith	Olympic	4:14.0
1600 METER RELAY			
1995	Andrya Brown Crystal Cox Loraine Claytor Melinda Woodard	Pine Forest	4:11.1
1996	Carol Haskin	Providence	4:14.09

UPDATED 2/12 AMA

				Sylvia Lalinde Chrissy Zemak Kiona Kirkpatrick		
	1997			Lindsay Taylor Carrie Storie Donna Bealer Brenda Taylor	Watauga	4:06.46
	1998			Keisha Williams Markita Mackey Janelle Johnson Nicolette Shackelford	West Charlotte	4:14.69
	1999			Samantha Porter Lasonia Collins Cheraton Love Janelle Johnson	Independence	4:02.70
	2000			Samantha Porter Shante Williams Phyllesha Blackmon	Independence	4:15.80
	2001			Weahdee Blidee Whitney Hill Stephanie Hall Carla Wabibi	Olympic	4:13.17
	2002			Jeretha Massey Christina Woodward Adelia Fuller Lateisha Johnson	Ben Smith	4:10.52
	2003			Erica Montgomery Julia Morton Claire Ritenle Alycia Polzene	Mount Tabor	4:12.58
	2004				Harding	4:03.36
	2005			Felicia Paulding Alexis Ivey Sherelle Froneberger Janet Carothers	Harding	4:09.71
	2006			Alexis Ivey Felicia Paulding Brittany Carrol Janet Carothers	Harding	4:06.39

1A/2A/3A

2007	Jasmine Irby Christine Council Cassie Brannon Latia Page	Parkland	4:16.29	4A Ebonie Cunningham Tyra Green Shenise Gilyard Amanda Lapp	Southeast Raleigh	4:04.65
2008	Brittney Cuthrell	Western Guilford	4:05.98	Becca Deloache	Myers Park	4:11.91

	Crystal Webley Jasmin Richardson Radiance Basden			Rachel Myrick Kristen Thalman Katherine Shintay		
2009	Kierra Demery Natalie Nelson Tyler Brockington Kaneisha Williams	Dudley	4:08.98		Mount Tabor	4:02.60
2010	Carly Griffith Haley Kapheim Brittany Sturdivant Breahna Morrison	Weddington	4:12.69		Southeast Raleigh	3:57.52
2011	Taylor Dove* Anna Lipocky* Brittany Fritz* Taylor Berry*	Marvin Ridge	4:17.13	Olivia Sharp* Michaela Birek* Kayla Johnson* Ariah Graham*	Wakefield	4:02.16
2012	Mikaela Seibert Veronica Pfaff Raven Covington Nikolete Hurrinus	Cuthebertson	4:09.24	Tiana Patillo Olivia Sharp Dejah Jones Ariah Graham	Wakefield	3:51.74

TWO MILE RELAY	1987	Leslie McCaskill Kim Eldridge Valerie Sowers Jamie Oxendine		East Mecklenburg	10:19.7
	1988	Ayo Johnson Kumba Fuller Irish Dick Sanya Lewis		Dudley	10:35.8
	1989	Ayo Johnson Tonia Malloy Krystie Horne Paula Johnson		Dudley	10:15.16
TWO MILE RELAY (cont)	1990	Trudy Stallings Tonia Malloy Ayo Johnson Paula Johnson		Dudley	10:06.92
	1991	Millie James Shantel Jung Julie Vanhellemont Peg Martin		East Mecklenburg	10:49.72
	1992	Paula Johnson Jamie Perkins Yzette Bynum April Walker		Dudley	10:28.7
	1993	Kristen Iking Kelley Wolff Liz Wolff		Providence	10:28.6

UPDATED 2/12 AMA

		Ami Herrman		
	1994	Michelle Ruble Jennifer Wyatt Shana Jung Natalie DeLorme	East Mecklenburg	10:35.7
3200 METER RELAY	1995	Michelle Ruble Virginia Fluit Shana Jung Natalie DeLorme	East Mecklenburg	10:38.1
	1996	Michelle Ruble Kathryn Daniel Rhonda Gibson Shana Jung	East Mecklenburg	10:23.4
	1997	Jessica Thomas Lauren Yoder Anne Highley Becca Walker	Myers Park	10:23.12
	1998	Jessica Thomas Alex Autry Lauren Yoder Kathryn Daniel	Myers Park	10:19.88
	1999	Theresa Gilligan Myra Keever Melissa McGhee	Cary	10:15.66
	2000	Ginger Wheeler Julia Morton Maria Gonzales Amy Dibianca	Mount Tabor	10:28.69
	2001	Suzanna Bailey Leslie Jimison Sarah Johnson Allie Park	Page	10:01.48
	2002	Amy Dibianca Carly Matthews Taylor Steelman Julia Morton	Mount Tabor	9:54.76
	2003	Amy Dibianca Taylor Steelman Kenzie Metlwain Julia Morton	Mount Tabor	9:53.99
	2004		Providence	10:04.31
	2005		Pinecrest	9:58.06
	2006	Candy Pambu Desinia Johnson Kristina Layden Robin Allen	Southeast Raleigh	10:01.19

UPDATED 2/12 AMA

1A/2A/3A				4A		
2007	Kayla Price Samantha Sawyer Dannielle Hobbs Christina Hobbs	Sun Valley	10:12.36	Becca DeLoache Cahterine Shoemaker Allison Hofmann Taylor Holt	Myers Park	10:01.93
2008	Katherine Justice Ryanna Henderson Nicole Davis Brandy Swann	Jacksonville	9:52.25	Brittany Estermyer Sheridan Jordan Jenna Christensen Kristen Azarelo	Cary	9:51.50
2009	Kayla Price Amy Hofmann Samantha Sawyer Jessica Thompson	Sun Valley	9:56.56		Myers Park	9:42.51
2010	Brittany Fritz Kayli Buckley Caitlyn Colo Alyssa Clark	Marvin Ridge	10:04.57		Cary	9:30.90
2011	Mallary Price* Carly Griffith* Shannon Martin* Chelsea Matson*	Weddington	10:02.05	Erin Foshee* Sheridan Jordan* Jenna Christensen* Deanna Foshee*	Cary	9:31.98
2012	Kelly Erickson Samantha Schleiker Katie Cease Blake Dodge	West Carteret	9:49.34	Lauren Colberg Erica Amatori Sarah Alexander Jessica Rossabi	Green Hope	9:25.85

60 YARD HURDLES	1987	Shana Mitchell	Apex	8.79	
	1988	Lorie Peele	Hillside	8.74	
	1989	Lorie Peele	Hillside	8.43	
	1990	Cassandra Adams	Richmond	8.50	
	1991	Yohanna Chavis	Myers Park	8.95	
	1992	Jennifer Kalanick	Grimsley	8.74	
	1993	DeAnne Davis	Cummings	8.60	
	1994	DeAnne Davis	Cummings	8.48	
	55 METER HIGH HURDLES	1995	DeAnne Davis	Cummings	8.37
		1996	DeAnne Davis	Cummings	8.21
1997		Brenda Taylor	Watauga	8.28	
1998		Latasha Pharr	North Rowan	8.50	
1999		Kim Jones	Grimsley	8.45	
2000		Latasha Pharr	North Rowan	8.33	
2001		Latasha Pharr	North Rowan	8.15	
2002		Chandra Pulliam	Cummings	8.19	
2003		Chandra Pulliam	Cummings	8.07	
2004		Dominique Price	Cummings	8.28	
2005		Jennifer Webster	Providence	8.39	
2006		Gabby Mayo	Southeast Raleigh	7.92	

1A/2A/3A				4A		
2007	Latoya James	Cummings	8.18	Ashley Bethune	Harding	8.08
2008	Sherice Walker	Cummings	8.16	Ashley Bethune	Harding	8.10
2009	Sherice Walker	Cummings	8.07	Brittany Carroll	Harding	8.22
2010	Erin Tucker	Robinson, J	8.28	Danielle Davis	Southeast Ra	8.12
2011	Juanita Leto*	Concord	8.45	Mollie Williams*	Clayton	8.38

UPDATED 2/12 AMA

2012	Francesca Evans	Cummings	8.42	Alexis Perry	Jordan	8.18
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HIGH JUMP

1987	Chentelle LeGendre	Jacksonville	5' 9"
1988	Chentelle LeGendre	Jacksonville	5' 2"
1989	Kim Jones	Statesville	5' 4"
1990	Kim Jones	Statesville	5' 5"
1991	Kim Jones	Statesville	5' 9.25"
1992	Kim Jones	Statesville	5' 6"
1993	Halima Haith	Ben Smith	5' 2"
1994	Adriane Sims	Douglas Byrd	5' 6"
1995	Lindsay Taylor	Watauga	5' 4"
1996	Adriane Sims	Douglas Byrd	5'10"
1997	Lindsay Taylor	Watauga	5' 8.5"
1998	Allison Bowden	Leesville Road	5' 6"
1999	Jo Ann Jackson	Millbrook	5' 4"
2000	Adrienne Lunsford	Northern Durham	5'4"
2001	Debbie Martin	Apex	5'4"
2002	Debbie Martin	Apex	5'8"
2003	Debbie Martin	Apex	5'6"
2004	Patience Coleman	Southern Durham	5'10"
2005	Jennifer Webster	Providence	5'4"
2006	Patience Coleman	Southern Durham	5'6"

1A/2A/3A

4A

2007	Amy Wenner	Ragsdale	5'2"	Patience Coleman	Southern Durham	5'8"
2008	Jordan Lee	Cedar Ridge	5'4"	Shanika McRae	Pinecrest	5'2"
2009	Sarah Watts	T.C. Roberson	5'0"	Andrea Beck	Mount Tabor	5'4"
2010	Jasmine Williams	Nash Central	5'2"	Cassidie Cierra Burdick	Butler	5'4"
2011	Emily Kimble*	Owen	5'4"	Sarah Graham*	Wake Forest	5'8"
2012	Makayla Roten	West Wilkes	5'6"	Alexis Perry	Jordan	5'6"

LONG JUMP

1987	Jeanell McIver	High Point Andrews	16' 11.5"
1988	Tammy Houston	Garinger	17' 10"
1989	Marcella Gardin	Ashbrook	18' 0"
	Shevon Martin	East Forsyth	18' 0"
1990	Alice Vinson	Sun Valley	17' 11"
1991	Kim Jones	Statesville	17' 10"
1992	Rahma Mateen	Ben Smith	18' 5.75"
1993	Amanda Johnson	East Carteret	17' .75"
1994	April Phillips	Myers Park	16' 9"
1995	Nikki Wells	Richmond County	18'1"
1996	DeAnne Davis	Cummngs	18' 4.25"
1997	Maria Steadman	Millbrook	18'4"
1998	Kim Jones	Grimsley	18' 9.25"
1999	Randi Chapman	Northern Durham	18' 2.75"
2000	Ronda White	Olympic	18' 5"
2001	Kellie Todd	Wake Forest-Rolesville	18' 0.5"
2002	Vonteena Knotts	Butler	17' 9.75"
2003	Sherina Steele	West Rowan	18'7"
2004	Camelia Morman	Hillside	18'0.25"
2005	Pat Springs	Mt. Tabor	18'10"
2006	Nyosha Bryant	Harding	18' 3"

1A/2A/3A

4A

2007	Kiara Crutchfield	Ragsdale	18' 3-1/2"	Ranae Nelson	Harding	19' 1/4"
2008	Sherice Walker	Cummings	17' 7-1/2"	Jacinda Evans	Southern Durham	19' 1 1/4"
2009	Sherice Walker	Cummings	18' 11-3/4"	Nyosha Bryant	West Charlotte	19' 0"

UPDATED 2/12 AMA

2010	Teanna Cuthbertson	North Rowan	18' 6-3/4"	Joann Blakney	West Mecklenberg	18' 0"
2011	Shelby Hall*	Graham	17' 5-3/4"	Ariah Graham*	Wakefield	17' 11-1/4"
2012	Courtney Crawford	McMichael	18'1-1/4"	Ariah Graham	Wakefield	19'

TRIPLE JUMP	1987	Karen Dixon	Rose	36' 1"
	1988	Nikki Poteat	Dudley	37' 10"
	1989	Alice Vinson	Sun Valley	36' 11"
	1990	Alice Vinson	Sun Valley	38' 5.75"
	1991	Tonya Avery	Jacksonville	37' 6.75"
	1992	Crystal Carlton	Wilkes Central	35' 11.25"
	1993	Twyla Smith	Pincrest	38' 2"
	1994	DeAnne Davis	Cummings	38' 9.75"
	1995	Twyla Smith	Pincrest	40' 11.5"
	1996	DeAnne Davis	Cummings	40' 8"
	1997	Taressa Davis	Southern Durham	38' 9.75"
	1998	Virginia Lacombe	South Caldwell	36' 7.5"
	1999	Latasha Pharr	North Rowan	39' 1.5"
	2000	Latasha Pharr	North Rowan	39' 7"
	2001	Jennifer Cloud	Northwest Guilford	37' 9"
	2002	Sherina Steele	West Rowan	38' 1"
	2004	Camelia Morman	Hillside	38' 9.5"
	2005	Amelia Black	Millbrook	36' 1.5"
	2006	Danielle Thorpe	Jordan	38' .5"

1A/2A/3A

4A

2007	Sherice Walker	Cummings	38' 7-1/2"	Chrishawn Williams	Southeast Raleigh	37' 3.5"
2008	Sherice Walker	Cummings	37' 10"	Chrishawn Williams	Southeast Raleigh	37'5.75"
2009	Sherice Walker	Cummings	38' 8"	Chrishawn Williams	Southeast Raleigh	38' 2"
2010	Kortney Williams	Cummings	36' 7-3/4"	Tristine Johnson	Jordan	38'5-1/4"
2011	Francesca Evans*	Cummings	36' 11-3/4"	Alexis Hall*	Page	37'9-1/4"
2012	Francesca Evans	Cummings	39'1/2"	Shemiah Brooks	Southwest Guilford	39'7"

SHOT PUT

1987	Janene McClure	Hendersonville	37' 5"
1988	Janene McClure	Hendersonville	43' 5"
1989	Kelly Sensing	Erwin	38' 3"
1990	Dashontia Atkinson	Smithfield-Selma	39' 11"
1991	Vernia Wilson	Jacksonville	35' 4.5"
1992	Peaches Johnson	Hendersonville	36' 11"
1993	Vernia Wilson	Jacksonville	40' 2.5"
1994	Michelle Clayton	East Forsyth	38' 11"
1995	Saleemah Abdullah	Leesville Road	35' 10.5"
1996	Eve Hammet	Providence	39' 10"
1997	Tara Clinding	North Rowan	38' 9.75"
1998	Keisha Boggan	West Mecklenburg	35' 8"
1999	Tara Clinding	North Rowan	39' 3"
2000	Lashonda Horton	J.H. Rose	38' 2"
2001	Kristie Boggan	West Mecklenburg	37' 4.25"
2002	Christina Hernandez	A.C. Reynolds	40' 11"
2004	Kamorean Hayes	Harding	39" 10.25"
2005	Norjai Palma	Cary	42' 01"
2006	Norjai Palma	Cary	41' 7"

1A/2A/3A

4A

2007	Morrison Deirdra	Wilkes Central	37' 5-3/4"	Kamorean Hayes	Harding	48' 11-3/4"
2008	Morrison Deirdra	Wilkes Central	39' 5-1/2"	Aslynn Halvorson	Butler	44' 7- 3/4"
2009	Gayshawn Watkins	East Rutherford	40' 6-1/2"	Clair Watkins	Butler	42' 11-1/2"
2010	Alisha Bradshaw	Salisbury	38' 9"	Clair Watkins	Butler	39' 7-1/4"

2011	Alisha Bradshaw*	Salisbury	40' 11-1/2"	Sequoia Watkins*	Roberson, T.C.	38' 5-1/4"
2012	Hailey Cook	Hendersonville	40'	Breanna Warren	Western Guilford	37'

POLE VAULT

2000	Jodie Nettles	Providence	11' 3"
2001	Erica Derrickson	Millbrook	11' 0"
2002	Jessica Fowler	Hendersonville	9' 6"
2003	Jessica Fowler	Hendersonville	10'6"
2004	Tracy Prehoniak	Vance	10"6"
2005	Sallie Gurganus	Watauga	10'6"
2006	Sallie Gurganus	Watauga	11'6"

1A/2A/3A

4A

2007	Kristina Parker	White Oak	10'6"	Joanna Wright	R.J. Reynolds	12'1"
2008	Jordan Lee	Cedar Ridge	9' 6"	Tori Rivers	Clayton	10' 6"
2009	Rebekah Johnston	White Oak	9' 6"	Cassie Crawford	Panther Creek	11' 6"
2010	Elizabeth Ambler	Northern Guilford	10'3"	Cassie Crawford	Panther Creek	11'6"
2011	Sage Proffitt*	North Buncom	10'6"	Sydney White*	East Forsyth	12'2"
2012	Sage Proffitt	North Buncom	12'	Sydney White	East Forsyth	12'

* -ran outdoors, not indoors

NCHSAA ALL-TIME INDOOR TRACK AND FIELD STATE CHAMPIONS

MEN

EVENT	YEAR	NAME	SCHOOL	RECORD	
60 YARD DASH	1987	James Parker	Fike	6.49	
	1988	Frank Adams	Ashbrook	6.51	
	1989	A. J. McDonald	Richmond	6.42	
	1990	Michael Watkins	St. Stephens	6.36	
	1991	Vida Jones	North Forsyth	6.40	
	1992	Darius Brewington	T. W. Andrews	6.34	
	1993	Ken Laws	Garner	6.35	
	1994	John Avery	Asheville	6.34	
	55 METER DASH	1995	Tyrone Graham	T. W. Andrews	6.42
		1996	Chris Justice	Grimsley	6.21
		1997	Montay Wilds	North Forsyth	6.38
		1998	Walter Hauser	Mount Tabor	6.42
		1999	Tubyasus Alford	David Butler	6.45
		2000	Chris Martin	East Mecklenburg	6.34
2001		Duan Barrino	Vance	6.40	
2002		J-Mee Samuels	Mount Tabor	6.43	
2003		J-Mee Samuels	Mount Tabor	6.29	
2004		Corey Brown	West Charlotte	6.29	
2005		J-Mee Samuels	Mount Tabor	6.83	
2006		Brandon Banks	Garner	6.38	

(Play moved to 1A/2A/3A and 4A in 2007)

1A/2A/3A

4A

2007	Bryce Sherman	Carver	6.52	Trenton Guy Jr.	West Charlotte	6.35
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UPDATED 2/12 AMA

2008	Darryl Williams	White Oak	6.41	T.J. Graham	Wakefield	6.39
2009	Karl Clemens	Overhills	6.51	Torrance Hunt	Jordan	6.25
2010	Torri Tillman	Marvin Ridge	6.54	Desmond Lawerance	Southern Durham	6.50
2011	Romar Morris*	Salisbury	6.41	Mar-Keo Jones*	Knightdale	6.55
2012	Tevin Hester	Granville Central	6.39	Jermaine Lewis	West Forsyth	6.45

300 YARD DASH	1987	Doramus Brewer	Hillside	:32.5	
	1988	A. J. McDonald	Richmond	:32.76	
	1989	A. J. McDonald	Richmond	:32.06	
	1990	Chip Thompson	Dudley	:32.67	
	1991	Willie Cornwell	Olympia	:32.72	
	1992	Darius Brewington	T. W. Andrews	:31.7	
	1993	Rakeem Felton	Cummings	:32.60	
	1994	Rakeem Felton	Cummings	:33.1	
	300 METER DASH	1995	Chris Wylie	Myers Park	:35.96
		1996	Darrick Ingram	Lumberton	:35.62
1997		Tyson Gardin	Ashbrook	:36.04	
1998		Darren Tuitt	East Mecklenburg	:34.95	
1999		Walt Hauser	Mount Tabor	:35.48	
2000		Chris Martin	East Mecklenburg	:35.23	
2001		Duan Barrino	Vance	35.04	
2002		Mike Loyd	Mount Tabor	:34.90	
2003		J-Mee Samuels	Mount Tabor	34.69	
2004		Corey Brown	West Charlotte	35.48	
2005		Trenton Guy	West Charlotte	35.09	
2006		Karjuan Williams	New Bern	34.77	

1A/2A/3A

4A

2007	Handy Dawes	Nash Central	35.90	Trenton Guy Jr.	West Charlotte	34.62
2008	William Graves	Southern Guilford	36.55	T.J. Graham	Wakefield	34.99
2009	Darryl Demps	Hendersonville	35.77	Fuqwaun Greene	New Bern	34.49
2010	Eric Winfrey	Byrd, Douglas	35.02	Jarret Samuels	Vance	34.73
2011	Eric Winfrey*	Byrd, Douglas	34.62	Aaron Covington*	Wakefield	34.61
2012	Antonio Henderson	St. Pauls	35.90	Christopher Boyd	Smith	35.03

600 YARD RUN	1987	Rodney Williams	Hillside	1:15.3	
	1988	Doramus Brewer	Hillside	1:15.3	
	1989	Aaron Ledbetter	Richmond	1:15.68	
	1990	Andre Steele	Salisbury	1:13.70	
	1991	Dave Adair	Garinger	1:14.63	
	1992	Noel Peterkin	T. W. Andrews	1:16.44	
	1993	Tim Adams	Richmond County	1:16.3	
	1994	Marcus Gladden	North Rowan	1:16.2	
	500 METER RUN	1995	Chris Wylie	Myers Park	1:06.15
		1996	Omar Clinton	Pine Forest	1:06.05
1997		Lamont Pennington	Hillside	1:07.14	
1998		Darren Tuitt	East Mecklenburg	1:07.15	
1999		Darrell Colbert	West Charlotte	1:07.25	
2000		Chris Martin	East Mecklenburg	1:07.03	
2001		Kenny Perry	Jacksonville	1:07.70	
2002		Jerrold Wiley	Mount Tabor	1:06.56	
2003		Ragan Clay	North Forsyth	1:05.70	
2004		Jerrold Wiley	Mount Tabor	1:07.23	
2005		Brandon Jones	Independence	1:06.32	
2006		Karjuan Williams	New Bern	1:04.92	

UPDATED 2/12 AMA

1A/2A/3A

2007	Mike Eddy	Asheboro	1:06.10	Lamarr Davis	East Wake	1:04.05
2008	William Graves	Southern Guilford	1:06.97	Anthony Hendrix	New Bern	1:05.24
2009	Rashad Wilkerson	Parkland	1:07.05	Andrew Hendrix	New Bern	1:03.65
2010	Aaron Tribble	Highlands Tech	1:06.44	Devin Johnson	Knightdale	1:06.29
2011	Cobe Scott*	White Oak	1:07.04	Aaron Covington*	Wakefield	1:04.76
2012	Kris Lordman	Asheville	1:07.36	Brian Davis	Fuquay-Varina	1:05.21

4A**1000 YARD RUN**

1987	Vince Howard	Page	2:27.9
1988	Tim Hall	Garinger	2:20.64
1989	Jeff Gallagher	Hendersonville	2:19.6
1990	Brad Carter	Reidsville	2:21.44
1991	Chris O'Shields	Sun Valley	2:24.54
1992	Chris Bachl	Williams	2:22.6
1993	Pat Fitzgerald	Sun Valley	2:21.81
1994	Jonathan Weldon	Thomasville	2:20.8

1000 METER RUN

1995	Bill Jackson	Southwest Guilford	2:38.62
1996	Shane Austin	Watauga	2:38.66
1997	Lamont Pennington	Hillside	2:35.89
1998	Joe Lion	Watauga	2:38.68
1999	Phillip West	Cary	2:32.18
2000	Edmund Kelly	Pinecrest	2:40.14
2001	Matt Debole	Mount Tabor	2:37.02
2002	Matt Debole	Mount Tabor	2:32.33
2003	Matt Debole	Mount Tabor	2:33.99
2004	Eric Mack	North Forsyth	2:34.53
2005	Aaron Mabry	Pisgah	2:34.63
2006	Josh Morgan	T.C. Roberson	2:35.21

1A/2A/3A

2007	Stephon Roach	Reidsville	2:36.16	Dylan Ferris	East Forsyth	2:33.29
2008	John Wolfe	Polk County	2:36.76	Dylan Ferris	East Forsyth	2:29.03
2009	Christian Crifasi	Eastern Randolph	2:35.80	Alex Taylor	Providence	2:34.36
2010	Isaac Presson	Asheville	2:35.61	Jack Anderson	Reagan	2:35.77
2011	Jacob Englert*	Forestview	2:35.88	Craig Engels*	Reagan	2:34.09
2012	David Keeler	Eastern Alamanc	2:38.57	Craig Engels	Reagan	2:29.60

4A**ONE MILE RUN**

1987	Eric Hichman	Ashbrook	4:28.2
1988	Vince Howard	Page	4:30.98
1989	David Chabot	Garinger	4:32.60
1990	Patrick Phillips	Watauga	4:30.92
1991	Paul Kinser	Page	4:27.38
1992	Chris Bachl	Williams	4:31.3
1993	Brian Zmijewski	Sun Valley	4:22.60
1994	Jonathan Weldon	Thomasville	4:22.9

1600 METER RUN

1995	Will Hodges	Watauga	4:32.56
1996	Lamont Pennington	Hillside	4:28.50
1997	Lamont Pennington	Hillside	4:26.16
1998	Darrell Metcalf	North Buncombe	4:31.27
1999	Darrell Metcalf	North Buncombe	4:31.00
2000	Brian Greer	Watauga	4:26.91
2001	Stephen Haas	North Mecklenburg	4:18.31
2002	Matt Debole	Mount Tabor	4:20.23
2003	Bobby Mack	North Forsyth	4:10.61
2004	Nick Hutchins	Millbrook	4:20.88
2005	Chase Eckard	South Caldwell	4:31.63
2006	Josh Morgan	T.C. Roberson	4:23.81

1A/2A/3A

			4A			
2007	Kevin Wanichko	Southern Nash	4:31.77	Dakota Lowery	West Johnston	4:28.01
2008	Patrick Campbell	Mooreville	4:34.49	Dylan Ferris	East Forsyth	4:26.04
2009	John Wolfe	Polk County	4:28.91	Zak Roshdy	Green Hope	4:20.71
2010	Isaac Presson	Asheville	4:17.96	Black Williams	Northern Durham	4:28.78
2011	William Bass*	Nash Central	4:26.46	Chris Garrett*	West Johnston	4:24.01
2012	Paul Lilley	Rocky Mount	4:31.28	Craig Engels	Reagan	4:19.46

TWO MILE RUN

1987	David Honea	Enka	9:57.1	
1988	Vince Howard	Page	9:38.9	
1989	Patrick Phillips	Watauga	9:48.01	
1990	Brant Armentrout	Mount Tabor	9:37.1	
1991	Paul Kinser	Page	9:41.82	
1992	Fred Gant	Cummings	9:55.3	
1993	Brian Zmijewski	Sun Valley	10:04.28	
1994	Robbie Howell	Apex	9:53.7	
3200 METER RUN	1995	Buddy Priest	Person	9:42.05
	1996	Buddy Priest	Person	9:27.92
	1997	Aaron Keller	North Henderson	9:28.58
	1998	Joe Lion	Watauga	9:49.55
	1999	David Stroupe	Watauga	9:49.60
	2000	Ricky Brookshire	Watauga	9:14.71
	2001	Stephen Haas	North Mecklenburg	9:38.01
	2002	Jeff Gosselin	North Mecklenburg	9:22.25
	2003	Bobby Mack	North Forsyth	9:28.89
	2004	Matt Hamrick	Mount Tabor	9:32.91
	2005	Sandy Roberts	Broughton	9:20.00
	2006	Sandy Roberts	Broughton	9:26.11

1A/2A/3A

			4A			
2007	Jonathan Sunde	Charlotte Catholic	9:51.71	Andy Wacker	Pinecrest	9:38.44
2008	Patrick Campbell	Mooreville	9:36.95	Dakota Peachee	West Johnston	9:38.73
2009	Steven Bollinger	Olympic	9:37.55	Mohammed Abushouk	Cary	9:31.01
2010	Jake Hurysz	Eastern Alamance	9:10.96	Mitch Mallory	Wakefield	9:20.39
2011	William Bass*	Nash Central	9:53.18	Jordan Martin*	Reagan	9:43.47
2012	Steve Mulherin	NC Science & Math	9:42.19	Sam Roberson	Broughton	9:23.25

ONE MILE RELAY

1987	Adrian Steele Anthony Britton Jasper Cuthrell Harvey Archie	North Rowan	3:30.50
1988	A. J. McDonald Odeil Lloyd Stanley Franklin Lawrence Lloyd	Richmond	3:33.49
1989	Nelson David Aaron Ledbetter Stanley Franklin A. J. McDonald	Richmond	3:29.83
1990	Pernell Williams Kenny Shaw Darius Brewington Duane Hill	T. W. Andrews	3:32.8

1600 METER RELAY	1991	Pernell Williams Kenny Shaw Darius Brewington Duane Hill	T. W. Andrews	3:29.56
	1992	Pernell Williams Noel Peterkin Kendrick McClain Darius Brewington	T. W. Andrews	3:34.8
	1993	Kevin Pettiford Ahmad Spidle Hollis Watkins Reginald Love	Hillside	3:38.4
	1994	Travis Batts Roshad Montgomery Chris Rey Grady Blackmon	Pine Forest	3:32.6
	1995	RoShad Montgomery Christia Rey Travis Batts Grady Blackmon	Pine Forest	3:27.26
	1996	Jawon Bennett Mellick Cox Eric Williams David Wliaz	Pine Forest	3:32.49
	1997	Darren Tuitt Greg Hipp Maurice Glenn Leon Bingham	East Mecklenburg	3:32.38
	1998	Terrence Chapel Shannon Allen Seneca Rogers Steven Enoch	Cummings	3:37.49
	1999	Antwan Hughes Mike Loyd Albert Gaynor Walt Hauser	Mount Tabor	3:33.75
	2000	Robert Boulware Duan Barrino Reggie Hall Jeremy Grier	Vance	3:31.76
	2001	Taylor Blevine Ben Alsup Will Ely Hunter Graham	R.J. Reynolds	3:33.19
	2002	J-Mee Samuels Jerrold Wiley Tim Leones	Mount Tabor	3:28.35

UPDATED 2/12 AMA

Mike Loyd

2003	Josh Abrams Reggie Hall Jason Moore Mallory Felder	Vance	3:26.78
2004		Ben L. Smith	3:27.16
2005	Brent LaRue Kenny Harmon Lionel Mathabone Johny Svoboda	East Forsyth	3:28.16
2006	Karjuan Williams Andrew Hendrix Daryl Reynolds Edward Armstrong	New Bern	3:25.24

1A/2A/3A

4A

2007	Rashad Wilkerson D'Ray Vanhoy Charles Lindsay Jarrell Elliott	Parkland	3:31.23	John Curtiss Josh Caravella Chris King Miles Walker	Providence	3:30.74
2008	James Raley McKinley Morning Brandon Hairston Jibril Mohammed	Carver	3:29.37	Demario House Santonio Johnson Bobby Grier Stanley Wright	West Charlotte	3:29.43
2009	Darryl Demps Tyler Combs Eddie Hernandez Brandon Neale	Hendersonville	3:28.19		New Bern	3:21.79
2010	Donte' Smith Chase Helton Darrell Mainor Eric Winfrey	Byrd, Douglas	3:32.56		Wakefield	3:27.63
2011	Kris Lordman* Jason Thompson* TJ Davidson* Calvin Clark*	Asheville	3:32.77	Devin Johnson* Mar-Keo Jones* Da'Quan Smalls* Burkheart Ellis Jr.*	Knightdale	3:21.58
2012	Mikal Polanco Jayvonne Oneal Dashalin King Patrick Owens	Beddingfield	3:32.77	Henry Kiedy Marquavious Johnson Khalid Powell Da'Quan Smalls	Knightdale	3:25.64

TWO MILE RELAY	1987	Todd Walters David Smith Robbie Smith Brad Richardson	Sun Valley	8:20.0
	1988	David Wiggins John Roseboro Kevin Alston Shaole Dawson	Hillside	8:15.92
	1989	Phillip Honeycutt Aaron Ledbetter	Richmond	8:11.92

		Stanley Franklin Daniel Smith		
	1990	Gary Hardin Mike Brooks Kyle Armentrout Brant Armentrout	Mount Tabor	8:30.96
	1991	Carson Hedrick John Bradford Lucas Hunt Chris O'Shields	Sun Valley	8:33.69
	1992	Robbie Howell Jose Martinez Stacey Cochran Sammy Taylor	Athens Drive	8:30.5
	1993	Steven Kelley Jason Page Kevin Biljy Kevin Pierpoint	Millbrook	8:26.8
	1994	Ulf Schwall Pen Peery John Hooks Joel McSwain	East Mecklenburg	8:33.2
3200 METER RELAY	1995	Kevin Cutts Greg Prudhomme Pen Rury Matt Head	East Mecklenburg	8:16.7
	1996	Aaron Henry Omar Clinton Daniel Alvarez Kevon Blair	Pine Forest	8:22.38
	1997	Lucas Kaufman David Willis Greg Hipp Andres Colon	East Mecklenburg	8:29.48
	1998	Brendan St. Denis Edmund Kelley Drew Martin Tron Chavis	Pinecrest	8:20.31
	1999	Keith Waldron Irvin Hunter Chalom Pittman Darrell Colbert	West Charlotte	8:20.33
	2000	McNeil Cronih Scott Vasser Fritz Vaughan Matt Debole	Mount Tabor	8:28.99
	2001	Ryan Wiedenman Sajid Reshamwala	Apex	8:22.42

UPDATED 2/12 AMA

Richard Steere
Wes Boone

2002	Eric Mack Clay Ragan Jeremy Helsabeck Bobby Mack	North Forsyth	8:06.13
2003	Eric Mack Jordan Olsen Clay Ragan Bobby Mack	North Forsyth	8:23.87
2004		South View	8:20.17
2005	Jordan Rickard Jonathan Stone Tim Jefferson Chase Williams	Pinecrest	8:10.89
2006	Anthony Hendrix Andrew Hendrix Daniel Castelow Karjuan Williams	New Bern	8:05.25

1A/2A/3A

4A

2007	Gabe McGowan Eric Fichtel Josh Pickett Hosh Dubin	T.C. Roberson	8:25.66	John Curtiss Kyle Davidson Miles Walker Alex Taylor	Providence	8:10.15
2008	Nathan Craig Chase Martin Joseph Newman Patrick Campbell	Mooresville	8:20.62	Banks Barnes Anthony Hendrix Rodney Stewart Andrew Hendrix	New Bern	8:05.70
2009	Tyrell Mauldin John Harwell Tre Williams Isaac Presson	Asheville	8:21.40		New Bern	8:15.45
2010	Michael Tomayo Tyron Alston James Fladeland Jake Hurysz	Eastern Alamance	8:15.51		Sanderson	8:14.56
2011	Michael Colven* Drew Buckley* Alec Lane* Chris Van Gulp*	Marvin Ridge	8:28.65	Macon Gambill* George Oliver* Syeed Muhammed* Josh Copus*	Mount Tabor	8:15.64
2012	Mark Pietryka Nick Tyrey Patrick Wolf Tommy Schotzinger	Cardinal Gibbons	8:15.80	Macon Gambill Andrew Krivsky George Oliver Joshua Copus	Mount Tabor	8:05.86

60 YARD HURDLES	1987	Scot Fletcher	Parkland	7.75
	1988	Scot Fletcher	Parkland	7.50
	1989	Rory Maxwell	Garinger	7.61
	1990	Miles Onafowora	Ashbrook	7.68

UPDATED 2/12 AMA

		1991	Sam Mooring	South View	7.46
		1992	Jeff Savage	Fike	7.53
		1993	Bobby Tisdale	Western Guilford	7.54
		1994	Allen Simmons	Southern Vance	7.44
	55 METER HURDLES	1995	Jacobie Jones	Jacksonville	7.59
		1996	Alvin Grimes	J. H. Rose	7.48
		1997	Brandon Isaac	Ben Smith	7.65
		1998	Jeremy Carter	Leesville Road	7.71
		1999	Chad Laws	Garner	7.65
		2000	Robert Boulware	Vance	7.48
		2001	Robert Boulware	Vance	7.44
		2002	Mike Loyd	Mount Tabor	7.23
		2003	Cade Liverman	A.C. Reynolds	7.42
		2004	Cade Liverman	A.C. Reynolds	7.34
		2005	Johnny Dutch	Clayton	7.40
		2006	Johnny Dutch	Clayton	7.13

1A/2A/3A
4A

2007	John Bostick	North Rowan	7.62	Johnny Dutch	Clayton	7.11
2008	John Bostick	North Rowan	7.60	Wayne Davis	Southeast Raleigh	7.11
2009	Cordell Livingston	Southwest Guilford	7.47	Wayne Davis	Southeast Raleigh	7.05
2010	David Shaw	St. Pauls	7.74	Sherman Ragland III	Southern Durham	7.45
2011	Daishon Barger*	West Rowan	7.37	Timothy Hardy*	Knightdale	7.71
2012	Isaiah Moore	Cummings	7.48	Hezekiah Ward	Southeast Guilford	7.57

HIGH JUMP

		1987	Joe Woods	Richmond	6'4"
		1988	Cory Fuller	New Hanover	6'4"
		1989	Jon DeBerry	Richmond	6'8"
		1990	Jon DeBerry	Richmond	6'8"
		1991	Quincey Adkins	North Rowan	6'4"
		1992	Omarr Dixon	Athens Drive	6'9"
		1993	George Simmons	Southeast Guilford	6'6"
		1994	Josh Fant	Chapel Hill	6'6"
		1995	Ben Williams	Broughton	6'4"
		1996	Titus Haygood	Garinger	6'6"
		1997	Nathan Page	South Rowan	6'4"
		1998	Greg Yeldell	North Rowan	6'8"
		1999	Patrick Bullock	Apex	6'2"
		2000	Patrick Bullock	Apex	6'6"
		2001	A.J. Davis	Northern Durham	6'6"
		2002	Jesse Williams	Broughton	7'0"
		2003	Nick Ledbetter	Garinger	6'8"
		2004	Demarcus Stallings	North Rowan	6'6"
		2005	Demarcus Stallings	North Rowan	6'10"
		2006	Tim Lovick	Garner	6'8"

1A/2A/3A
4A

2007	Isaiah Thompson	Asheville	6'6"	Marcus Worthy	R.J. Reynolds	6'2"
2008	Dusty Kenealy	Rockingham County	6'6"	Michael Graham	Cary	6'4"
2009	Logan Elliston	Western Alamance	6'10"	Demarcus Northe	Westover	6'4"
2010	Tanner Anderson	East Burke	6'10"	Steven Bell	Southeast Raleigh	6'6"
2011	Spencer Walden*	Union Pines	6'4"	Alex Loudon*	East Wake	6'8"
2012	William Brown	Salisbury	6'6"	Jonathan Addison	Enloe	6'8"

LONG JUMP

		1987	Clifton Etheridge	Hendersonville	23' .75"
		1988	Andy Hash	Watauga	23' 2.5"

UPDATED 2/12 AMA

1989	Adrienne Morgan	High Point Central	23' 3.25"
1990	Robert Lee	Clinton	23' 1"
1991	Brian Ellis	North Rowan	23' 9.75"
1992	Shenan Robinson	Millbrook	21' 11.16"
1993	Chris Matthews	Union Pines	23' 5"
1994	John Avery	Asheville	23' 8.75"
1995	Joey Steele	Richmond County	22' 5.75"
1996	Tomie Patrick	Southern Vance	22' 11.75"
1997	Marcus O'Neal	Dudley	24' 7.25"
1998	Greg Yeldell	North Rowan	23' 1"
1999	Charles Hawkins	Seventy-First	24' 6"
2000	Brandon Summers	Ben Smith	22' 1"
2001	A.J. Davis	Northern Durham	23' 1"
2002	A.J. Davis	Northern Durham	24' .5"
2003	Andre Tillman	North Rowan	23' 1.25"
2004	Dexter Adams	Page	23' 9"
2005	Trenton Guy	West Charlotte	23' 6"
2006	Brandon Banks	Garner	23' 5.5"

1A/2A/3A

4A

2007	Phillip Bush	North Rowan	23' 6-1/2"	Mike Daniels	Southeast Raleigh	23' 3.25"
2008	Cody Earnhardt	East Lincoln	22' 6-1/2"	Mike Price	New Bern	23' 7.25"
2009	Diego Lawrence	Marvin Ridge	23' 4"	Lincoln Carr	Pine Forest	22' 7-1/2"
2010	Torri Tillman	Marvin Ridge	22'5-1/4"	Jarret Samuels	Vance	24'
2011	Jason Thompson*	Asheville	22'3-1/4"	Joshua Dunston*	Knightdale	23' 3-1/2"
2012	Isaiah Moore	Cummings	22'2-3/4"	Jonathan Addison	Enloe	23'4-1/2"

TRIPLE JUMP

1987	Joe Woods	Richmond	47' 10.25"
1988	Marco Johnson	Grimsley	47' 5.25"
1989	Tyrell Taitt	Scotland	49' 8.25"
1990	Brian Ellis	North Rowan	48' 5"
1991	Brian Ellis	North Rowan	49' 8.25"
1992	Jerome Kiaku	Athens Drive	46' 10.5"
1993	Michael McDuffie	Hoke	46' 11.5"
1994	Darron Frazier	East Carteret	46' 10.75"
1995	Jay Kanakoa	North Buncombe	46' 6"
1996	Greg Yeldell	North Rowan	49' 9"
1997	Ernest Hill	Pincrest	48' 6.5"
1998	Greg Yeldell	North Rowan	49' 10"
1999	Darnell Tillman	North Rowan	47' 7.5"
2000	Duan Barrino	Vance	45' 4"
2001	A.J. Davis	Northern Durham	47' 1.5"
2002	A.J. Davis	Northern Durham	48' 1"
2003	Terry Wood	North Rowan	48' 6.5"
2004	Andre Tillman	North Rowan	49' 4.25"
2005	Brandon Cathcart	Salisbury	48' .50"
2006	Alphonso Jordan	Hopewell	46' 3.5"

1A/2A/3A

4A

2007	Josh Foster	Fike	44' 4-3/4"	Austin Davis	Northern Durham	47' 3"
2008	Jamel Allison	Mooreville	46' 7-3/4"	Lincoln Carr	Pine Forest	48' 6"
2009	Cordell Livingston	Southwest Guilford	46'	Lincoln Carr	Pine Forest	48' 5-1/2"
2010	John Minott	Union Pines	47'8"	Steven Bell	Southeast Raleigh	47'4-1/2"
2011	Daisaun White*	Asheville	46'4-1/2"	Carl Marant*	Sanderson	46' 10"
2012	Matt Colvin	Southern Guilford	45'6-1/4"	Jaylon Holt	Southeast Raleigh	47'5-1/2"

SHOT PUT

1987	Burnice Cross	Hillside	53' 8"
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1988	Harlis Meaders	Sun Valley	55' 6"
1989	Demetrius Wilson	Apex	52' 9.5"
1990	Ed Robertson	T. W. Andrews	57' 11"
1991	Ed Robertson	T. W. Andrews	57' 7.75"
1992	Calvin Jackson	North Rowan	53' 2.5"
1993	Jeff Pflaumbaum	Enka	52' .75"
1994	Jeff Pflaumbaum	Enka	55' 4"
1995	Kelvin Jones	Mount Tabor	56' 2"
1996	James Wagstaff	East Mecklenburg	53' 7.5"
1997	Jeff Chambers	North Rowan	52' 6.75"
1998	Ike Oglesby	East Rowan	53' 2.75"
1999	Nick Smith	A.C. Reynolds	51' 9.5"
2000	Nick Smith	A.C. Reynolds	53' 3"
2001	Ben Whitney	Ragsdale	52' 6"
2002	Mitchell Pope	South Caldwell	57' .5"
2003	Eric Smalls	Southeast Raleigh	53' .5"
2004	Emmanuel Ross	Apex	55' 4.5"
2005	Tony Baker	Ragsdale	56' 1"
2006	Robert Boulware	R.J. Reynolds	53' 6.5"

1A/2A/3A

4A

2007	Adrian Little	Farmville Central	54' 3-1/2"	John Sabacinski	Northwest Guilford	48' 8"
2008	Jake Deaton	Mooreville	55' 5-1/4"	Giavonni Scott	Ardrey Kell	50' 11.25"
2009	Kenneth Rowland	Northside (Jax)	57' 7-3/4"	Ashton Anglin-Ston	Garner	50' 7"
2010	Ryan Minor	South Brunswick	54'1-1/2"	Ryan Kelly	Reagan	51'11-1/2"
2011	Ryan Minor*	South Brunswick	57'0"	Nick Sansotta*	Butler	53' 9"
2012	James Rowland	Nothside	52'3-1/2"	Jon Beyle	East Chapel Hill	56'2-1/2"

POLE VAULT

1987	Bryant Noles	Sun Valley	13' 0"
1988	Chris Lamb	Laney	13' 6"
1989	Jeff Allen	East Wake	13' 6.5"
1990	Carlos McCain	Salisbury	13' 0"
1991	Shannon Pope	T. W. Andrews	13' 11.75"
1992	Shannon Pope	T. W. Andrews	15' 1"
1993	Joel Freeman	Northern Nash	14' 0"
1994	Patrick Kranick	Millbrook	14' 6"
1995	Jay Kanakoa	North Buncombe	13'
1996	Shaka Givins	Fike	13' 6"
1997	Matt Price	East Rowan	14' 6"
1998	Matt Price	East Rowan	15' 2"
1999	Brian Pearce	Tarboro	14' 10"
2000	Steve Taylor	Leesville Road	14' 7"
2001	Steve Taylor	Leesville Road	15' 0"
2002	Damien Gunnell	West Brunswick	14' 6"
2003	Phillip Childers	South Point	14' 6"
2004	Daniel Keller	Southwest Guilford	14'
2005	Daniel Keller	Southwest Guilford	14'
2006	Davud Wiggom	Sanderman	13'6"

1A/2A/3A

4A

2007	Ryan Oakes	White Oak	14'6"	Scott Houston	Northwest Guilford	15'3"
2008	Landon Patterson	Mount Pleasant	15' 0"	Scott Houston	Northwest Guilford	16'6"
2009	Evan Sandling	Rockingham County	14' 6"	Stephen Hodapp	Butler	15'
2010	Landon Hunt	Robbinsville	14'6"	Tyler Ankarstran	Millbrook	14'6"
2011	Alex Lomax*	Maiden	13'6"	Justin Vegas*	East Forsyth	14'6"
2012	Ethan Smith	Cedar Ridge	14'6"	Austin Vegas	East Forsyth	15'

*= ran outdoors, not indoors