



North Carolina High School Athletic Association Wheelchair Competitor Notification Form

Please Submit by **JANUARY 15, 2020** to:

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In an effort to better plan for the Indoor Track & Field State Meet, we are asking each school that has a wheelchair competitor to inform our office by completing and submitting this form.

Name of Athlete: _____ Sex: _____ Grade: _____

School Name: _____ NCHSAA Classification: _____

Please indicate by checking the box of the event(s) your athlete will contest during the Indoor Track & Field season (state meets).

- Shot Put
 55-meter dash
 300-meter dash

NOTE: If there are any events that your wheelchair competitor is currently contesting that is not listed above, please provide the event name and the personal best performance below. We will use this information to help establish qualifying standards.

Event Name: _____ Personal Best: _____

All wheelchair athletes must meet or exceed the minimum standards established by the NCHSAA at a sanctioned qualifying meet.

2019-20 Standards

EVENT	WOMEN (Hand-Held)	WOMEN (F.A.T.)	MEN (Hand-Held)	MEN (F.A.T.)
Shot put	6'0"	6'0"	8'0"	8'0"
55-meter dash	26.0	26.24	23.0	23.24
300-meter	1:18.00	1:18.24	N/A	N/A