North Carolina High School Athletic Association
Wheelchair Competitor Notification Form

Please Submit by JANUARY 15, 2020 to:

Chiquana Dancy
chiquana@nchsaa.org
FAX: 919-240-7399

In an effort to better plan for the Indoor Track & Field State Meet, we are asking each school that has a wheelchair competitor to inform our office by completing and submitting this form.

Name of Athlete: _______________________________  Sex: ___  Grade: ___

School Name: ________________________________  NCHSAA Classification: ______

Please indicate by checking the box of the event(s) your athlete will contest during the Indoor Track & Field season (state meets).

☐ Shot Put
☐ 55-meter dash
☐ 300-meter dash

NOTE: If there are any events that your wheelchair competitor is currently contesting that is not listed above, please provide the event name and the personal best performance below. We will use this information to help establish qualifying standards.

Event Name: _________________________________  Personal Best: _____________________

All wheelchair athletes must meet or exceed the minimum standards established by the NCHSAA at a sanctioned qualifying meet.

2019-20 Standards

<table>
<thead>
<tr>
<th>EVENT</th>
<th>WOMEN (Hand-Held)</th>
<th>WOMEN (F.A.T.)</th>
<th>MEN (Hand-Held)</th>
<th>MEN (F.A.T.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shot put</td>
<td>6’0”</td>
<td>6’0”</td>
<td>8’0”</td>
<td>8’0”</td>
</tr>
<tr>
<td>55-meter dash</td>
<td>26.0</td>
<td>26.24</td>
<td>23.0</td>
<td>23.24</td>
</tr>
<tr>
<td>300-meter dash</td>
<td>1:18.00</td>
<td>1:18.24</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>