

TO: NCHSAA TRACK COACHES & ATHLETIC DIRECTORS
FROM: CHIQUANA DANCY, DIRECTOR
RE: TRACK & FIELD REMINDERS – REGIONALS
DATE: APRIL 26, 2019

As we approach the 2019 Regionals, please make note of the following information:

- All regional sites and dates are posted on the NCHSAA website.
- You must use MileSplit (<http://nc.milesplit.com>) to enter athletes into the regional meet. If you have not already done so, please create a profile for your team and begin entering your athletes. For questions and issues with NC MileSplit, please contact Jason Creasy at jason.creasy11@gmail.com or jcreasy@milesplit.com, and your regional director. **Be sure to have a copy of your entry confirmations with you at the Regional Meet.**
- If you hosted a meet at your school/site during the regular season, you are **REQUIRED** to enter the complete results into MileSplit (See page 97 of NCHSAA Handbook).
- The entry deadline for all regionals is **Saturday, May 4th at 6:00pm**. After that time, late entries will **ONLY** be accepted using the Late Entry Form posted on the Track & Field page of the NCHSAA website (www.nchsaa.org). **Please take the necessary steps to get your entries submitted on time.**
- As a coach, it is your responsibility to make sure that each athlete is properly entered with the correct time, jump, or throw. **Any performances achieved while an athlete was competing “unattached” cannot be used to qualify for regionals.**
- **NOTE:** If you have athletes who are **close** to the qualifying standard, please submit them for **consideration**. Regional directors will accept ALL qualifiers, or a maximum of 12 for 6-lane tracks and 16 for 8-lane tracks using non-qualifiers. **Non-qualifiers are not guaranteed a spot in the regionals, but they cannot fill one of the spots if they have not been entered.**
- **RANKINGS ON MILESPLIT ARE NOT APPLICABLE TO REGIONAL QUALIFICATION!!**
- Each school may enter a maximum of three (3) competitors in each individual event and one team per relay event.
- If you have wheelchair or amputee athletes who have qualified for the regionals, please send the appropriate Notification Form to my attention **as soon as possible, but no later than Friday, May 3rd at noon**. The form can be found on the Track & Field page of the NCHSAA website (www.nchsaa.org). Please also note that it is the coach’s responsibility to make sure your wheelchair competitor has the proper throwing and racing equipment, including anchoring tools.

Please visit the Track & Field page on our website for required forms, qualifying standards, and any other pertinent information. Thank you!