

2019 Track & Field Regional Assignments

1A

East	Mideast	Midwest	West
Host School: Holmes HS	Pender HS	Davie County HS	Avery County (at Lenoir-Rhyne University)
Date: May 10th	May 11th	May 10th	May 11th
Camden County	Chatham Central	Albemarle	Alleghany
Cape Hatteras	Chatham Charter	Bishop McGuinness	Andrews
East Carteret	East Columbus	Bradford Preparatory School	Avery County
Gates County	Eastern NC School for the Deaf	Cabarrus Charter	Bessemer City
John A. Holmes	Franklin Academy	Carolina International School	Cherokee
Jones Senior	Granville Central	Christ the King	Cherryville
KIPP Pride	Henderson Collegiate	Community School of Davidson	East Wilkes
Lejeune	Hobbton	Cornerstone Charter Academy	Elkin
Manteo	Lakewood	East Surry	Hayesville
Mattamuskeet	Louisburg	Gray Stone Day	Highland School of Technology
North Edgecombe	Neuse Charter	Leadership Academy	Highlands
Northampton County	North Duplin	Mount Airy	Hiwassee Dam
Northside - Pinetown	Northwest Halifax	North Moore	Lincoln Charter
Ocracoke	Oxford Preparatory	North Rowan	Mitchell
Pamlico County	Pender	North Stanly	Mountain Island Charter
Perquimans	Princeton	North Stokes	Murphy
Riverside	Raleigh Charter	Pine Lake Preparatory	Nantahala
Rocky Mount Preparatory	Research Triangle	Queens Grant	NC School for Deaf
South Creek	Rosewood	South Davidson	Polk County
Southeast Halifax	South Robeson	South Stanly	Robbinsville
Southside	Union	South Stokes	Rosman
Tarboro	Voyager Academy	Starmount	Swain County
Washington County	West Columbus	Sugar Creek	Thomas Jefferson Classical Academy
Weldon	Woods Charter	Union Academy	Tri-County Early College
		West Montgomery	
		Winston-Salem Prep Academy	

2A

East	Mideast	Midwest	West
Host School: Beddingfield HS (at Fike HS)	Franklinton HS	Surry Central HS	Bandys HS
Date: May 11th	May 10th	May 11th	May 11th
Ayden - Grifton	Bartlett Yancey	Anson	Ashe County
Beddingfield	Bunn	Atkins	Bandys
Bertie	Carrboro	Carver	Brevard
Croatan	Clinton	Central Academy of Tech & Arts	Bunker Hill
Currituck County	Cummings	Central Davidson	Charles D. Owen
Dixon	Durham School of the Arts	East Davidson	Chase
East Duplin	East Bladen	East Gaston	Draughn
Farmville Central	East Montgomery	East Lincoln	East Burke
First Flight	Eastern Randolph	Forbush	East Henderson
Goldsboro	Fairmont	Forest Hills	East Rutherford
Greene Central	Graham	Lake Norman Charter	Foard
Heide Trask	J.F. Webb	Ledford Senior	Franklin
Hertford County	Jordan-Matthews	Lexington Senior	Hendersonville
James Kenan	Midway	Mount Pleasant	Hibriten
Kinston	NC School of Science & Math	North Davidson	Lincolnton
Nash Central	North Johnston	North Surry	Madison
North Lenoir	Providence Grove	Oak Grove	Maiden
North Pitt	Randleman	Salisbury	Mountain Heritage
Northeastern	Red Springs	South Point	Newton-Conover
Pasquotank County	Reidsville	South Rowan	North Lincoln
Richlands	South Columbus	Surry Central	North Wilkes
Roanoke Rapids	South Granville	Thomasville	Patton
South Lenoir	St. Pauls	Trinity	Pisgah
SouthWest Edgecombe	T. Wingate Andrews	Walkertown	R-S Central
Southwest Onslow	Warren County	West Davidson	Shelby
Spring Creek	West Bladen	West Iredell	Smoky Mountain
Wallace-Rose Hill	Whiteville	West Stanly	West Lincoln
Washington	Vance County	West Stokes	West Wilkes
West Craven		Wheatmore	Wilkes Central

3A**East****Host School: Franklinton HS****Date: May 11th**

C.B. Aycock
 Clayton
 Cleveland
 D.H. Conley
 East Wake
 Eastern Wayne
 Fike
 Franklinton
 Havelock
 Hunt
 J.H. Rose
 Jacksonville
 New Hanover
 North Brunswick
 Northern Nash
 Northside - Jacksonville
 Rocky Mount
 Smithfield-Selma
 South Brunswick
 South Johnston
 Southern Nash
 Southern Wayne
 Swansboro
 Topsail
 West Brunswick
 West Carteret
 West Johnston
 White Oak

Mideast**Southern Lee HS****May 11th**

Cape Fear
 Cedar Ridge
 Chapel Hill
 Douglas Byrd
 E.E. Smith
 East Chapel Hill
 Eastern Alamance
 Eastern Guilford
 Gray's Creek
 Harnett Central
 Hillside
 Lee County
 Northeast Guilford
 Northern Durham
 Northwood
 Orange
 Person
 Southeast Guilford
 Southern Alamance
 Southern Durham
 Southern Lee
 Terry Sanford
 Triton
 Union Pines
 Walter M. Williams
 Western Alamance
 Western Harnett
 Westover

Midwest**Monroe HS****May 11th**

A.L. Brown
 Asheboro
 Ben L. Smith
 Central Cabarrus
 Concord
 Cox Mill
 Dudley
 East Rowan
 Jay M. Robinson
 Jesse Carson
 McMichael
 Monroe
 Morehead
 Mount Tabor
 North Forsyth
 Northern Guilford
 Northwest Cabarrus
 Parkland
 Parkwood
 Piedmont
 Rockingham County
 Southern Guilford
 Southwest Guilford
 Southwestern Randolph
 Sun Valley
 Weddington
 West Rowan
 Western Guilford

West**North Henderson HS****May 11th**

A.C. Reynolds
 Alexander Central
 Ashbrook
 Asheville
 Burns
 Charlotte Catholic
 Crest
 Cuthbertson
 Enka
 Erwin
 Forestview
 Freedom
 Hickory
 Huss
 Kings Mountain
 Marvin Ridge
 North Buncombe
 North Gaston
 North Henderson
 North Iredell
 South Iredell
 St. Stephens
 Statesville
 Stuart Cramer
 T.C. Roberson
 Tuscola
 Watauga
 West Caldwell
 West Henderson

4A**East****Host School: Sanderson HS****Date: May 11th**

Ashley
 Athens Drive
 Broughton
 Corinth Holders
 E.A. Laney
 Enloe
 Garner Magnet
 Heritage
 Hoggard
 Knightdale
 Leesville Road
 Millbrook
 New Bern
 Rolesville
 Sanderson
 South Central
 South Garner
 Southeast Raleigh
 Wake Forest
 Wakefield

Mideast**Green Hope HS****May 11th**

Apex
 Apex Friendship
 Cardinal Gibbons
 Cary
 Fuquay - Varina
 Green Hope
 Hoke County
 Holly Springs
 Jack Britt
 Jordan
 Lumberton
 Middle Creek
 Overhills
 Panther Creek
 Pine Forest
 Purnell Swett
 Riverside-Durham
 Seventy-First
 South View

Midwest**Davie County HS****May 11th**

David W. Butler
 Davie
 East Forsyth
 Glenn
 Grimsley
 Hickory Ridge
 High Point Central
 Independence
 Northwest Guilford
 Page
 Pinecrest
 Porter Ridge
 R.J. Reynolds
 Ragsdale
 Richmond
 Rocky River
 Ronald Reagan
 Scotland
 West Forsyth

West**Providence HS****May 11th**

Ardrey Kell
 East Mecklenburg
 Garinger
 Harding University
 Hopewell
 Hough
 Lake Norman
 Mallard Creek
 McDowell
 Mooresville
 Myers Park
 North Mecklenburg
 Olympic
 P.O. Berry Academy of Technology
 Providence
 South Caldwell
 South Mecklenburg
 West Charlotte
 West Mecklenburg
 Zebulon B. Vance