

30 medals for men).

(h) Game Ball - The Wilson Vivido is the official adopted ball of the state soccer championship.

4.9 **SOFTBALL**

4.9.1 **General**

- (a) Information on Mailings, Classifications, Payment of Officials, Eligibility Sheets, Ejections, Playoff Declaration, NCHSAA Clinic Dates, Body Paint and Noisemakers are found under General Requirements for Interscholastic Activities (See 4.1).
- (b) Date of First Practice - February 13
- (c) Preseason Scrimmages - See 4.1.5
- (d) Date of First Game - February 27
- (e) Health and Safety Guidelines - Reference General Requirements for Interscholastic Athletic Activities for a listing of guidelines (See 4.1.20) and Health and Safety Guidelines (See 2.3) for all the information.
- (f) Number of Regular Season Contests - Total 22 games (including any games played in invitational tournaments).
- (1) No more than four per week, provided fourth single game is on a non-school day for both.
- (2) Four games in three days is still permissible without using a non-school day (e.g. doubleheader on a school day).
- (3) Teams may participate in one tournament with up to three games, counting that tournament as a single contest relative to the season limitation of 22 games. Any games above and beyond the allowable three games in a single tournament must be counted toward the season limitation.
- (4) It is permissible for a student-athlete to participate in a junior varsity and varsity game in the same day; however, any student-athlete is still subject to the weekly and seasonal limitations (four games a week, not to exceed three days, total of 22).
- (5) Teams and student-athletes are limited to two games on a school day. The limitation extends to four games, if on a non-school day.
- (6) Junior varsity conference tournament games must count toward the 22-game limit.
- (7) Varsity conference tournament games are considered part of the state playoffs.
- (g) Starting Time - During the regular season, a time no earlier than 5:00 p.m. is recommended unless facilities dictate otherwise, e.g. no lights.
- (h) Tournaments - Tournaments are governed by daily, weekly and seasonal limitations.
- (i) Equipment
- (1) Balls must have the authenticating NFHS ball mark. Teams shall use a 12-inch softball with a Co-efficient of Restitution not exceeding .47. Conferences are encouraged to adopt the same kind of softball for use throughout their league play.
NOTE: Use of NCHSAA adopted balls is strongly recommended for regular season play. In first round of playoff events through state finals, the adopted balls will be required to ensure consistency and fair play.
- (2) Bats must meet ASA or USA Softball bat performance standards and have a certifying stamp on each bat.
NOTE: Some bats which may have passed initial ASA or USA Softball performance standards, could now be considered illegal. Please check the following website for an up-to-date listing of non-approved bats: <https://usa.asasoftball.com/e/BB1P2000.asp>. It is recommended member schools perform bat checks throughout the season.
- (3) Coaches must wear a skull cap style helmet or NOCSAE certified helmet when coaching in the Coaches Box during games.
- (j) Ten-Run Rule - The ten-run rule has been adopted by the NCHSAA for softball; if a team is ahead by 10 runs after five complete innings, the game is terminated.
- (k) Doubleheaders - Permitted when mutually agreed upon by teams involved.
- (1) Doubleheaders are two back-to-back games, at the same level, with a reasonable (30 minutes) time between contests.
- (2) Split doubleheaders are also permissible (two separate opponents).
- (3) By mutual agreement, two member schools may agree to play two five (5) inning games in a doubleheader.
- (l) Suspended Games - North Carolina has adopted the suspended game rule, mandatory in all regular season and state playoff games. A game called for any reason, where a winner cannot be determined will be treated as a suspended game.
- (1) If the game is to be completed it will be continued from the point of suspension, with the line-

up and batting order of each team the same as the lineup and batting order at the moment of suspension, subject to the rules of the game.

(2) If more than 4 1/2 innings have been played and a winner can be determined, the game is over (including playoff games).

(3) After 5 innings, if the visiting team scores a tying or go ahead run in their top half of the inning and the home team does not have an opportunity to bat or complete its time at bat, the game is treated as a suspended game.

(4) If a game is called prior to the completion of a full inning after the fifth inning, the game becomes a suspended game in the following situation: the visiting team has scored one or more runs to tie the score or to take the lead, and the home team has not tied the score or retaken the lead.

NOTE - PLAY - The sixth inning begins with score H-6, V-5. Visitors score two runs in their half of the inning. Game is called because of rain with (a) two outs in the bottom of the sixth and the score H-6, V-7; or (b) following the completion of the home team's turn at bat with the score H-6, V-7.

RULING - In (a) the game is suspended and resumed on the next possible date at the point of interruption. In (b) the game is official, with the final score H-6, V-7.

(5) A suspended game does not count against the weekly limitations in the week in which it is completed.

(m) Rained-Out Games - If any rained-out softball game which would affect the winning of a conference title is to be played, it shall be rescheduled on the same field (exception: suspended games do not have to be rescheduled on the same field), unless changed by mutual agreement of the two schools.

(n) Postponed Games - Postponed games must be made up in the order of postponement on the next possible date (Excluding Sunday).

(1) In the regular season, Saturday will not be used as a make-up day unless mutually agreed upon by both teams.

(2) In the playoffs, Saturdays must be used. If one team will not play, the game is forfeited to the opponent.

(o) Protest - Each conference is to establish a softball protest committee. The committee's decision on any properly protested conference softball game will be final.

(p) Schedules - Schools are required to submit varsity and junior varsity schedules to their appropriate regional supervisor by January 15.

(q) Filming, Videotaping or Video Streaming - See 2.2.17.

4.9.2 Playoffs

(a) Representatives and Ties in Standings - If two or more of the conference's teams are tied for a playoff berth at the end of the regular season,

(1) The team that won from the other(s) during the season gets the berth, or

(2) If the teams split during the regular season, the approved tie breaking system shall be used (See 4.1.11).

(b) Reporting Playoff Qualifiers - For reporting potential qualifiers to state playoffs, conference presidents are required to submit the appropriate information on the NCHSAA website immediately upon conclusion of the regular season.

(1) The information includes overall won-loss record and winning percentage for all conference schools. This must be submitted prior to appropriate deadlines. The overall winning percentage and finish in conference standings will be considered when determining which schools qualify for wild-card berths in playoffs.

(2) Upon conclusion of the conference tournament, the conference president will immediately submit the adjusted overall records of all teams. These are the records that will be listed on the brackets themselves when playoff qualifiers are posted.

(3) Failure to comply with the initial reporting procedure may result in a penalty to the conference.

(c) Qualifiers - See 4.1.17 (Playoff Berths/Qualification)

(d) Seeding - See 4.1.18.

(e) Playoff Brackets - Will be posted on the NCHSAA Website once seeding is complete.

(f) Schedule - Deadline for reporting qualifiers: May 6 (11:59 p.m.)

Seeding	May 8	Fourth Round	May 19
First Round	May 9	Regional	May 23-27
Second Round	May 12	State	June 2-3
Third Round	May 16		

(1) All games are single elimination, with the exception of the regional and state championship series, which are the best two out of three games.

(2) Competing teams should contact each other to work out details for their contest(s).

(3) Deadlines are set for completion of each round, but competing schools may play on an earlier date by mutual consent.

- (g) Officials
 - (1) For the first two rounds of state playoffs, umpires are to be assigned by the local officials association of the higher seeded team.
 - (2) After the first two rounds, umpires must come from a neutral association or from an association mutually agreed upon.
 - (3) Three (3) umpires will be used in all Regional Series games.
 - (4) Assignments for regional and state championship games will be made by the NCHSAA office.
- (h) Game Times - On fields with lights, game time will be 7:00 p.m., unless mutually agreed upon to play at 6:00 p.m.
 - (1) Any other exceptions, such as field with no lights, must be approved by the NCHSAA.
 - (2) Where the distance is more than 100 miles for the visiting team, game time will be 6:00 p.m.
 - (3) Saturday - Teams may play at any time if mutually agreed upon. If teams cannot mutually agree, the higher seeded team may choose a starting time between 1:00 p.m. and 7:00 p.m.
NOTE - Time should be between 1:00 p.m. and 6:00 p.m. if the visiting team is over 100 miles one-way.
- (i) Admission - See Ticket Pricing Chart (page 115)
- (j) Protest Committee - The competing teams are required to coordinate a protest committee that includes a minimum of three school administrators prior to playing. The committee will act on any protest at the time it may occur and its decision is final.
Note - Parents are not permitted to serve on this committee.
- (k) Postponed Games - Must be rescheduled on the next day (except on Sunday). Both schools and the NCHSAA must be involved in the decision to postpone any playoff contest.
- (l) Team Expenses and Financial Arrangements - The NCHSAA receives 0% of the net gate from the first round; 15% of the net gate from second and third round; 20% from fourth round games; and 25% of the net gate from each game in the regional playoff series. In all rounds prior to the state championship, participating schools will divide the remainder equally after applying the following expense formula:
 - (1) Where the distance between the competing schools is 100 miles or less, the visiting school will pay its own transportation and meals and the host school will provide the playing facility, ticket takers, security and balls at no charge. The umpires are to be paid from gate receipts.
 - (2) Where the distance is more than 100 miles, the same plan should be followed except that the umpires are paid by the host school, rather than from gate receipts.
 - (3) All concession rights are retained by the host school.
 - (4) Participating schools are responsible for dividing any deficit or net.
 - (5) The principal of the host school, or appointed game manager, must forward the financial report and ticket accountability form to the NCHSAA within 10 days after the contest.
- (m) Ticket Accountability and Financial Forms - All forms can be found on the designated reporting platform.
- (n) Game Ball - The Wilson A9011 B-NCHS (WTA9011BSST) with .47 COR for fast-pitch, with the NFHS authenticating ball mark, is the official softball for the state championship series.
- (o) Regional Awards - Team plaques will be presented to the regional champion and regional runner-up.

- 4.9.3 **State Championship Series**
- (a) Dates - June 2-3, 2023
 - (b) Required Information - Teams qualifying for the state championships must submit their roster and team information (see NCHSAA website) no later than Monday at noon prior to the state championship series.
 - (c) Series - The state finals shall be a best two out of three game series. Game times and sites will be established by the NCHSAA. The higher seeded team will be designated as the home team for games 1 and 3. If equal seeds meet, the NCHSAA will draw to determine the home team.
 - (d) Admission - See Ticket Pricing Chart (page 115). May be amended due to weather. Each team will receive 8 complimentary tickets/ passes (5 VIP and 3 School Administrator).
 - (e) Protest Committee - See 4.9.2(j)
 - (f) Officials - Will be assigned by the NCHSAA Assistant Commissioner for Officiating.
 - (g) Bats - Some bats which may have passed initial ASA or USA Softball performance standards, could be deemed illegal during bat checks prior to the state championships.
 - (h) Radio and TV Fee - See 2.2.18
 - (i) Gate Receipts - The net balance will be divided as follows: 20% to each of the competing teams and 60% to the NCHSAA.
 - (j) Team Expenses - Travel and expenses for 18 players plus a coach and manager, shall be allowed at the rate designated by the NCHSAA [See 4.3.3.(c)].

- (k) Awards - Plaques will be presented to the championship and runner-up team in all classes. Members of the championship and runner-up teams will receive individual awards (a total of 25).

4.10 SWIMMING AND DIVING

4.10.1 General

- (a) Information on Mailings, Classifications, Payment of Officials, Eligibility Sheets, Ejections, Playoff Declaration, NCHSAA Clinic Dates, Body Paint and Noisemakers are found under General Requirements for Interscholastic Activities (See 4.1).
- (b) Date of First Practice - October 31
- (c) Preseason Scrimmages - See 4.1.5.
- (d) Date of First Meet - November 14.
- (e) Schools are required to register with NCPrepSwimming by November 15; the cost is \$20.00 per year.
- (f) Number of Regular Season Contests - No more than three may be scheduled per week. A student-athlete is limited to one contest a day.
- (g) Participation Clarification - See 4.10.2(c)(1)(i)
- (h) Outside Participation - Swimmers and divers may not choose to participate in outside competition and then join the school's regular season team for participation in the state playoffs.
 - (1) Once a school calls for practice and competition begins, the swimmer/diver must join and participate with the school team.
 - (2) A student-athlete may not swim in an outside competition and then join the school team at a later date (if the school has a regular season team).
- (i) Health and Safety Guidelines - Reference General Requirements for Interscholastic Athletic Activities for a listing of guidelines (See 4.1.20) and Health and Safety Guidelines (See 2.3) for all the information.
- (j) Filming, Videotaping or Video Streaming - See 2.2.7.
- (k) Diving Judges Panel - To serve on a diving judges panel:
 - (1) A high school coach must pass the NCHSAA diving judge test;
 - (2) A USA diving official must be registered as an NCHSAA Official;
 - (3) All other persons must be registered as an NCHSAA swimming official and pass the NCHSAA diving judge test.
- (l) Relay Meet - The following format has been adopted by the NCHSAA in accordance with the NFHS Order of Events. Qualifying times for events 1, 2, 3, 4, 5, 6, 19 and 20 are eligible for regional entry.
 - (1) (1,2) 50 Freestyle
 - (2) (3,4) 200 Medley Relay
 - (3) (5,6) 200 Freestyle Relay
 - (4) (7,8) 4x100 Individual Medley Relay
 - (5) (9,10) 200 Butterfly Relay
 - (6) (11,12) 400 Freestyle Relay (8x50)
 - (7) (13,14) 500 Freestyle Relay
 - (i) 50-100-200-100-50; or;
 - (ii) 200-150-100-50
 - (8) (15,16) 200 Backstroke Relay
 - (9) (17,18) 200 Breaststroke Relay
 - (10) (19,20) 400 Freestyle Relay (4x100)
- (m) Pentathlon meet - The following format has been adopted by the NCHSAA in accordance with NFHS Order of Events with unlimited entries. Qualifying times are eligible for regional entry.
 - (1) (1,2) 100 Backstroke
 - (2) (3,4) 100 Breaststroke
 - (3) (5,6) 100 Butterfly
 - (4) (7,8) 100 Freestyle
 - (5) (9,10) 200 Individual Medley

4.10.2 Regional Information

- (a) Dates - February 2 - 4, 2023.
 - (1) Diving competition is held the day before swimming, unless facilities allow otherwise or there are special circumstances.
 - (2) Regional assignments, along with the most current information about regional sites, dates and times, are posted on the NCHSAA website.
- (b) Qualifying Requirements
 - (1) Swimming and Diving - Individuals representing their school, where no team is fielded, may also qualify by competing during the regular season and times must be achieved in high school competition.