

TO: NCHSAA INDOOR TRACK COACHES  
FROM: CHIQUANA DANCY, DIRECTOR  
RE: INDOOR TRACK PROCEDURES AND REMINDERS  
DATE: DECEMBER 17, 2018

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Happy Holidays! As you prepare for the Christmas and New Year break, please make note of the following information:

- The State Meet will be held at JDL Fast Track in Winston-Salem, NC. The schedule is provided below.
- Jason Creasy is the web administrator for NC MileSplit. We will continue to use (<http://nc.milesplit.com>) for state meet registration. Athletes who meet the 2018-19 qualifying standards should be entered into the state meet via this site. Please visit the Indoor Track page on our website for instructions on how to register your team/athletes. Create a profile for your team **NOW**. You can start entering qualifiers into the State Meet (via MileSplit) **NOW** as well. **Please have a copy of your meet registration confirmation at the State Meet.**
- As a coach, it is your responsibility to make sure that each athlete is properly registered into the state meet with the correct time, jump, or throw.
- If you have not done so by now, please be sure to inform our office of any wheelchair participants by **January 15, 2019**. Please use the **Wheelchair Athlete Notification Form** posted on the indoor track page.
- **REMINDER:** Schools are no longer required to submit a Host Meet Approval form (Indoor Meets on Outdoor Facilities) if there are five (5) or more schools participating. Anything less than five (5) still needs to be approved by the NCHSAA (updated form found on the Indoor Track page). **All meets, and their corresponding full results are required to be entered onto NC MileSplit within 48 hours of the time of the event.**
- As a reminder, the following sanctions will remain active during the 2018-19 Indoor Track season:
  - **Each school must comply with all rules as outlined in the 2019 NFHS Rules Book and enforced by the NCHSAA.**
  - **Failure of a Meet Director to submit qualifying results within the 48-hour period from the time of event will result in a fine of \$100.00 (which is in conjunction with the penalties and fines regulations in the NCHSAA Handbook) and that entire team being ineligible to compete in the 2019 Indoor Track State Championships.**
  - **ALL Results from Indoor Qualifying meets listing State Meet Qualifiers MUST BE submitted in Meet Management Software (HyTek, RaceTab, etc.) to:**
    - NCHSAA, attention Chiquana Dancy ([chiquana@nchsaa.org](mailto:chiquana@nchsaa.org)).
    - MileSplit (<http://nc.milesplit.com>) or Jason Creasy ([jason.creasy11@gmail.com](mailto:jason.creasy11@gmail.com))
  - **Any school failing to comply with this procedure will be ineligible to host any certified indoor track meets until further notice from the NCHSAA. Additionally, a reprimand and/or probation could be imposed.**

- This procedure is not to penalize student athletes, but to emphasize the accountability responsibilities of the Meet Director to assist us in verifying qualifying marks for entry into our state championship. Qualifying standards and forms requesting to use an outdoor facility for an indoor meet are available on line at [www.nchsaa.org](http://www.nchsaa.org).
- To further assist you with understanding Track & Field rules, we posted the NFHS 2018-19 rule changes and points of emphasis on the Indoor Track page of our website. We hope this information will be a beneficial addition to the Indoor Track season.
- Please review the following documents that are posted on the Indoor Track page:
  - **Break Lines at JDL Fast Track**
  - **NFHS Pole Vault Notification: Variable Weight Pole Memo**
- Important Dates:
  - **February 2, 2019 – Deadline for submitting entries into State Meet (will close at 9:00pm)**
  - February 4, 2019 – Will accept late entries until 3:00pm on this date (must use Late Entry Form posted on the NCHSAA website)
  - February 6, 2019 – Indoor Track Championship Conference call (Times to be determined)
  - **February 8 & 9, 2019 – NCHSAA Indoor Track State Championship at JDL Fast Track in Winston Salem**
    - **3A: Friday, Feb. 8 – afternoon**
    - **1A/2A: Saturday, Feb. 9 – morning**
    - **4A: Saturday, Feb. 9 – afternoon**