

## 2019 NCHSAA 3A Midwest Regional Championships - 5/11/2019

Track & Field  
Monroe High School  
Performance List

## Event 323 Girls 100 Meter Dash NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	11.70
2	Alyson Davis	12	Northern Guilford	11.99
3	Tracey Manigault	12	Cox Mill	12.06
4	Del'Nique Penn	12	Parkland	12.08
5	Ija Mumford	9	Parkland	12.32
6	Aaliyah Carson	10	Concord	12.37
7	Makayla Watkins	11	Western Guilford	12.54
8	T'Kye Presley	10	Cox Mill	12.54
9	Joselyn Council	10	Jay M Robinson	12.64
10	Kyndall Barrow	10	Dudley	12.64
11	Amber Featherson	11	Western Guilford	12.64
12	Danae Ferguson	10	Asheboro	12.69
13	Chaunesse Barringer	9	Northwest Cabarrus	12.74
14	Jasmine Greene	9	Cox Mill	12.94
15	Kelis Miller	9	Southwest Guilford	13.00
16	Emma Barnes	9	Parkwood	13.03

## Event 353 Girls 200 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	23.89
2	Tracey Manigault	12	Cox Mill	24.32
3	Del'Nique Penn	12	Parkland	24.93
4	Alyson Davis	12	Northern Guilford	25.33
5	Diamond Lyerly	12	Parkland	25.34
6	Joselyn Council	10	Jay M Robinson	25.88
7	Aaliyah Carson	10	Concord	25.96
8	T'Kye Presley	10	Cox Mill	26.22
9	Nahsheeda Facey	11	Southwest Guilford	26.27
10	Kelis Miller	9	Southwest Guilford	26.34
11	Kyndall Barrow	10	Dudley	26.34
12	Mikaila Gadson	12	Jesse Carson	26.35
13	Amaya Williams	10	A.L. Brown	26.54
14	Amber Featherson	11	Western Guilford	26.64
15	Kayla McGirt	10	Southwest Guilford	26.84
16	Emma Barnes	9	Parkwood	26.95

## Event 339 Girls 400 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Alyssa Hernandez	10	Northern Guilford	55.79
2	Amaya Barnette	10	Jay M Robinson	58.88
3	Tieka Thompson	12	Mount Tabor	58.97
4	Laniyah Oliver	12	Western Guilford	59.26
5	Imani Tatum	12	Dudley	59.70
6	Mikaila Gadson	12	Jesse Carson	1:00.07
7	Iyanna Martin	9	Dudley	1:00.54

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## Event 339 ... (Girls 400 Meter Dash NCHSAA 3A)

	Name	Year	School	Seed Time
8	Kyla Houston	11	Sun Valley	1:01.14
9	Deja Phillipe	12	West Rowan	1:02.24
10	Laparis Smith	11	Dudley	1:02.24
11	Ellie Maher	12	Weddington High School	1:04.09
12	Kendra Barnes	10	Cox Mill	1:04.64
13	Morgan Powell	12	Southwest Guilford	1:05.24
14	Murphy Riggs	10	Southwest Guilford	1:07.50
15	Emma Sechler	11	Cox Mill	1:08.21
16	Julia Holdren	11	Cox Mill	1:08.94

## Event 347 Girls 800 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Sarah Bechtel	12	Weddington High School	2:17.96
2	Elizabeth Starkie	10	Weddington High School	2:23.23
3	Katie Verrill	12	Piedmont	2:24.09
4	Anna Brown	11	Weddington High School	2:25.88
5	Katie Howell	10	Northern Guilford	2:26.22
6	Nora Haulsee	10	Mount Tabor	2:27.90
7	Maya Whitaker	12	Southwest Guilford	2:28.00
8	Kaitlyn Szymanski	11	Piedmont	2:28.64
9	Abbie Boone	12	Northern Guilford	2:29.18
10	Amanda Marais	9	Cox Mill	2:30.02
11	Toncia Jackson	10	Western Guilford	2:33.82
12	Kaban Nyara	10	Southwest Guilford	2:36.97
13	Calista Foret	10	Cox Mill	2:37.83
14	Natalie Williams	9	Cox Mill	2:38.27
15	Vanessa Jones	11	North Forsyth	2:40.04
16	Diamond McDowell	10	Asheboro	2:43.64

## Event 333 Girls 1600 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Sarah Bechtel	12	Weddington High School	5:04.82
2	Frances Whitworth	11	Mount Tabor	5:10.50
3	Anna Ritter	10	Weddington High School	5:21.98
4	Jessie Connick	11	Cox Mill	5:28.18
5	Amanda Marais	9	Cox Mill	5:33.73
6	Sydney Burke	12	Weddington High School	5:35.03
7	Addison Causey	10	Mount Tabor	5:44.72
8	Grace Moeller	12	Northern Guilford	5:44.80
9	Kaitlyn Jones	9	Cox Mill	5:45.70
10	Vanessa Jones	11	North Forsyth	5:46.60
11	Kaitlyn Warner	9	Rockingham County	5:48.07
12	Kelli Mendoza-Cruz	12	Parkland	5:51.59
13	Courtnei Jackson	12	Southwestern Randolph	5:56.16
14	Monica Hernandez	12	Southwest Guilford	6:06.00

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## Event 333 ... (Girls 1600 Meter Run NCHSAA 3A)

	Name	Year	School	Seed Time
15	Izzy Stum	10	Southwest Guilford	6:07.78
16	Kimberly Barrera	11	Jesse Carson	6:08.51

## Event 361 Girls 3200 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Frances Whitworth	11	Mount Tabor	11:02.39
2	Emma Fredericks	11	Northern Guilford	11:24.98
3	Sara Pace	11	Mount Tabor	11:27.87
4	Kathleen Abrams	11	Weddington High School	11:36.26
5	Anna Davis	11	Weddington High School	11:40.65
6	Emma Jones	9	Weddington High School	11:44.68
7	Jessie Connick	11	Cox Mill	11:57.63
8	Jessica Hardiman	12	Northern Guilford	12:05.39
9	Addison Causey	10	Mount Tabor	12:29.36
10	Kaitlyn Warner	9	Rockingham County	12:33.00
11	Kaitlyn Jones	9	Cox Mill	12:38.81
12	Allyson Halbach	11	Concord	12:45.75
13	Calista Foret	10	Cox Mill	12:50.32
14	Kelli Mendoza-Cruz	12	Parkland	13:17.90
15	Izzy Stum	10	Southwest Guilford	13:21.00
16	Megan Deal	11	Jesse Carson	13:42.51

## Event 321 Girls 100 Meter Hurdles NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	14.02
2	Mandi Hamouda	12	Southwest Guilford	14.58
3	Riley Newkirk	9	Western Guilford	14.61
4	Amaya English	11	Northern Guilford	14.81
5	Mykayla Wall	12	Dudley	14.94
6	Jadai Stevenson-Damon	10	Parkland	15.19
7	Layla Hooks	9	Northern Guilford	15.91
8	Joy Jackson	12	Cox Mill	16.34
9	Jaden Mittman	10	Western Guilford	16.45
10	Katelyn Sprinkle	12	East Rowan	16.50
11	Q-Adree Lylaani Fitzgerald	10	Mount Tabor	16.89
12	Trice Kears	11	Southwest Guilford	17.07
13	Danasha Southern	12	Southern Guilford	17.19
14	Gracie Sprinkle	10	East Rowan	17.24
15	Haley Dale	12	Jay M Robinson	17.34
16	Meccaylah McRae	11	Dudley	17.60

## Event 345 Girls 300 Meter Hurdles NCHSAA 3A

	Name	Year	School	Seed Time
1	Mandi Hamouda	12	Southwest Guilford	45.41
2	Amaya English	11	Northern Guilford	46.10
3	Tracey Manigault	12	Cox Mill	46.14

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## Event 345 ... (Girls 300 Meter Hurdles NCHSAA 3A)

Name	Year	School	Seed Time
4 T'Kye Presley	10	Cox Mill	46.31
5 Mykayla Wall	12	Dudley	46.44
6 Amari Simington	12	Parkland	46.44
7 Aliana Boyd	11	Sun Valley	48.56
8 Nahsheeda Facey	11	Southwest Guilford	48.58
9 Layla Hooks	9	Northern Guilford	49.18
10 Brianna Hargrove	11	Jesse Carson	50.54
11 Haley Dale	12	Jay M Robinson	50.95
12 Emilia Maj	10	Northern Guilford	51.58
13 Miriam Stevenson	12	Concord	51.74
14 Taela Sheridan	12	Parkland	51.94
15 Nona Goffney-Brown	9	Dudley	52.04
16 Tempest Robbins	12	West Rowan	52.14

## Event 337 Girls 4x100 Meter Relay NCHSAA 3A

Team	Relay	Seed Time
1 Parkland	A	46.89
2 Northern Guilford	A	48.68
3 Cox Mill	A	48.97
4 Western Guilford	A	49.44
5 Dudley	A	49.64
6 Northwest Cabarrus	A	50.64
7 Southwest Guilford	A	51.07
8 Weddington High School	A	51.55
9 Monroe	A	51.73
10 A.L. Brown	A	51.84
11 Concord	A	52.20
12 Asheboro	A	52.34
13 East Rowan	A	53.09
14 Smith, Ben L	A	53.56
15 Rockingham County	A	54.80

## Event 331 Girls 4x200 Meter Relay NCHSAA 3A

Team	Relay	Seed Time
1 Parkland	A	1:40.62
2 Dudley	A	1:44.71
3 Western Guilford	A	1:45.10
4 Jay M Robinson	A	1:46.70
5 Northwest Cabarrus	A	1:47.85
6 Mount Tabor	A	1:48.55
7 A.L. Brown	A	1:49.28
8 Weddington High School	A	1:49.38
9 Cox Mill	A	1:49.38
10 Monroe	A	1:50.72
11 Jesse Carson	A	1:51.72

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## Event 331 ... (Girls 4x200 Meter Relay NCHSAA 3A)

	Team	Relay	Seed Time
12	Southwest Guilford	A	1:52.07
13	Smith, Ben L	A	1:54.80
14	Rockingham County	A	1:55.36

## Event 365 Girls 4x400 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Northern Guilford	A	4:02.98
2	Weddington High School	A	4:10.35
3	Parkland	A	4:12.46
4	Dudley	A	4:13.52
5	Jay M Robinson	A	4:15.29
6	Western Guilford	A	4:16.16
7	Mount Tabor	A	4:19.09
8	Northwest Cabarrus	A	4:22.24
9	Cox Mill	A	4:31.65
10	Monroe	A	4:32.95
11	Southwest Guilford	A	4:34.50
12	Rockingham County	A	5:01.00

## Event 319 Girls 4x800 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Weddington High School	A	9:29.44
2	Northern Guilford	A	10:01.01
3	Mount Tabor	A	10:21.89
4	Piedmont	A	10:46.86
5	Cox Mill	A	10:48.77
6	Southwest Guilford	A	10:51.38
7	Western Guilford	A	11:01.83
8	Jesse Carson	A	11:03.53
9	Northwest Cabarrus	A	11:18.44
10	Rockingham County	A	11:49.34

## Event 309 Girls High Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Mackenzie Kuelz	10	Weddington High School	5-04.00
2	Sherray Parker	12	Concord	5-04.00
3	Nahsheeda Facey	11	Southwest Guilford	5-04.00
4	Layla Hooks	9	Northern Guilford	5-02.00
5	Maya Whitaker	12	Southwest Guilford	5-02.00
6	Jaden Mittman	10	Western Guilford	5-00.00
7	Destiny Colman	9	Parkland	5-00.00
8	Annalise Fisher	11	Weddington High School	5-00.00
9	Aliciah Fields	10	Northwest Cabarrus	5-00.00
10	Arianna Lovingood-Smith	9	Asheboro	5-00.00
11	Diamond McDowell	10	Asheboro	4-10.00
12	Zoe Schubert	10	Weddington High School	4-10.00

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## Event 311 Girls Pole Vault NCHSAA 3A

	Name	Year	School	Seed Mark
1	Sami Eberhard	12	Weddington High School	11-04.00
2	Elizabeth Wood	12	Mount Tabor	10-09.00
3	Jacquelyn Rossi	9	Weddington High School	10-00.00
4	Madison Walker	11	Jay M Robinson	9-06.00
5	Adrienne Ellison	12	Weddington High School	8-06.00
6	Daisy Whittington	11	Mount Tabor	8-06.00
7	Lilly Garcia	10	Northwest Cabarrus	8-03.00
8	Marianne Yingling	11	Southwest Guilford	8-00.00
9	Jasmine Hiatt	11	Asheboro	6-06.00
10	LaTaeja Page	10	Southwest Guilford	6-06.00

## Event 313 Girls Long Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Ija Mumford	9	Parkland	18-09.50
2	Tikita Urey	12	Western Guilford	18-00.50
3	Danae Ferguson	10	Asheboro	17-07.00
4	Chaunesse Barringer	9	Northwest Cabarrus	17-06.50
5	Jadai Stevenson-Damon	10	Parkland	17-02.00
6	Amari Simington	12	Parkland	17-02.00
7	Brianna Lester	11	McMichael	16-03.00
8	Jasmine Greene	9	Cox Mill	16-02.00
9	Fransaya Sio	10	Cox Mill	16-01.00
10	Eryka Baker	12	Dudley	15-11.75
11	Yazzmyn Johnson	12	Asheboro	15-11.00
12	Brooklyn Cooke	11	Northwest Cabarrus	15-09.25
13	Aaliyah Carson	10	Concord	15-09.00
14	G.G. Dunn	9	Northwest Cabarrus	15-08.00
15	Arianna Lovingood-Smith	9	Asheboro	15-07.50
16	Shaliyah Griffin	10	Monroe	15-04.00

## Event 317 Girls Triple Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Ija Mumford	9	Parkland	39-03.00
2	Danae Ferguson	10	Asheboro	36-10.00
3	Amaya English	11	Northern Guilford	36-07.50
4	Katie Gilliland	10	Western Guilford	35-09.00
5	Murphy Riggs	10	Southwest Guilford	35-05.50
6	Diamond Lyerly	12	Parkland	35-04.00
7	Jasmine Greene	9	Cox Mill	35-00.00
8	Amari Simington	12	Parkland	34-08.00
9	Layla Hooks	9	Northern Guilford	34-08.00
10	Eryka Baker	12	Dudley	34-07.00
11	Fransaya Sio	10	Cox Mill	34-03.50
12	Arianna Lovingood-Smith	9	Asheboro	34-01.00
13	Abigail Guinto Avila	10	Concord	33-03.50

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## Event 317 ... (Girls Triple Jump NCHSAA 3A)

	Name	Year	School	Seed Mark
14	Leah Hines	9	Cox Mill	33-03.50
15	Macey Mcduffie	10	Weddington High School	33-01.00
16	Adrienne Ray	11	Central Cabarrus	32-09.25

## Event 301 Girls Shot Put NCHSAA 3A

	Name	Year	School	Seed Mark
1	Makayla Watkins	11	Western Guilford	40-00.00
2	Ono Abhulimen	11	Mount Tabor	35-02.00
3	Iyonna Parker	9	Jesse Carson	34-09.00
4	Mahalia Stainback	10	Concord	34-02.50
5	Makayla Anderson	10	Northwest Cabarrus	33-06.00
6	Emerson Brown	12	Cox Mill	33-06.00
7	Prince Stainback	12	Concord	33-02.50
8	Tamya Davidson	9	Southwest Guilford	33-00.00
9	Lani Isley	10	Jesse Carson	32-04.50
10	Iyahna Neal	12	East Rowan	32-00.00
11	Jordan Greene	10	Northwest Cabarrus	31-09.00
12	Mya Harris	11	Southern Guilford	31-05.00
13	Samantha Miller	10	Mount Tabor	30-11.00
14	Emma Barnes	9	Parkwood	30-07.00
15	Supreme Diggs	11	Southern Guilford	30-06.50
16	Brook Fowler	10	Mount Tabor	30-06.00

## Event 305 Girls Discus Throw NCHSAA 3A

	Name	Year	School	Seed Mark
1	Makayla Watkins	11	Western Guilford	126-09.50
2	Ono Abhulimen	11	Mount Tabor	125-06
3	Iyahna Neal	12	East Rowan	110-03
4	Iyonna Parker	9	Jesse Carson	107-00
5	Mya Harris	11	Southern Guilford	105-01
6	Makayla Anderson	10	Northwest Cabarrus	103-02
7	Nancy Gamewell	12	Jesse Carson	102-08
8	Kassiah Prince	12	Cox Mill	95-06
9	Mikayla Penn	10	Northern Guilford	94-04
10	Prince Stainback	12	Concord	94-00
11	Kayla Baker	12	Monroe	88-05
12	Nyah Edwards	10	Central Cabarrus	86-09
13	Angel Roland	12	Monroe	85-11
14	Krystal Sanns	11	Jesse Carson	83-11
15	Ashanti McMullen	10	Central Cabarrus	81-09
16	Brook Fowler	10	Mount Tabor	81-06

## Event 324 Boys 100 Meter Dash NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Emerson Douds	12	Weddington High School	10.62
2	Jalen Houston	11	West Rowan	10.64

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	Name	Year	School	Seed Time
3	Terrell Robinson Jr	9	Mount Tabor	10.73
4	Jamel Mcelveen	12	Southwest Guilford	10.83
5	Jalen Neal	12	A.L. Brown	10.84
6	Wyne McGriff	11	Parkwood	10.92
7	Kameron Austin	9	Southern Guilford	10.94
8	Malik Dalton	12	McMichael	11.03
9	Justin Miles	10	Parkland	11.04
10	William Sapp	10	Southwest Guilford	11.04
11	Jacquez Roseboro	12	Parkland	11.04
12	Shamed Gibbs	10	Smith, Ben L	11.12
13	Amir Wilson	11	Southern Guilford	11.14
14	Zion Johnson	12	Southern Guilford	11.16
15	Jayden Hickman	12	North Forsyth	11.19
16	Zach Barksdale	12	Parkwood	11.20

## Event 326 Boys 100 Meter Dash Wheelchair Wheelchair NCHSAA 3A

	Name	Year	School	Seed Time
1	William Fuller	11	Jesse Carson	28.79

## Event 354 Boys 200 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Savien Hayes	12	Parkland	21.24
2	Emerson Douds	12	Weddington High School	21.25
3	Joshua Parks	12	A.L. Brown	21.44
4	Jalen Neal	12	A.L. Brown	21.60
5	Kendrick Hargrove	11	Jay M Robinson	21.84
6	Wyne McGriff	11	Parkwood	22.01
7	Sam Angiulli	12	Northern Guilford	22.09
8	Jamel Mcelveen	12	Southwest Guilford	22.17
9	Justin Miles	10	Parkland	22.18
10	Terrell Robinson Jr	9	Mount Tabor	22.19
11	Isiah Hall	12	Sun Valley	22.24
12	Zach Barksdale	12	Parkwood	22.32
13	Nicholas Witherspoon	12	Smith, Ben L	22.34
14	Chandler McClendon	12	Parkwood	22.56
15	William Sapp	10	Southwest Guilford	22.64
16	Malik Dalton	12	McMichael	22.74

## Event 340 Boys 400 Meter Dash NCHSAA 3A

	Name	Year	School	Seed Time
1	Joshua Parks	12	A.L. Brown	47.48
2	Emerson Douds	12	Weddington High School	48.15
3	Savien Hayes	12	Parkland	48.87
4	Sam Angiulli	12	Northern Guilford	50.14
5	Nicholas Witherspoon	12	Smith, Ben L	50.41
6	Nate Williams	11	Northern Guilford	50.42



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	Name	Year	School	Seed Time
7	Christian Hawkins	12	Smith, Ben L	50.94
8	Jamari Bivens	12	Monroe	51.34
9	Peter Dejonge	10	Weddington High School	51.52
10	Julian Martin	12	Southern Guilford	51.60
11	Dylan Tucker	11	Jay M Robinson	51.61
12	JaRon Williams	10	Cox Mill	51.65
13	Jamiah McMillan	12	Southern Guilford	51.78
14	Tyress McIntyre	10	Mount Tabor	51.85
15	Ramal Wright-Boyd	11	Cox Mill	52.53
16	Cooper Wright		East Rowan	52.64

## Event 348 Boys 800 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Kyle Durham	12	Weddington High School	1:53.69
2	Kobe Brown	12	Southwest Guilford	1:55.47
3	Will Mazur	12	Weddington High School	1:56.12
4	Jake Toomey	11	Weddington High School	1:57.62
5	Lukis Padu	12	Sun Valley	1:59.97
6	Jon Spaar	12	Mount Tabor	2:02.30
7	Hayden Coty	12	Mount Tabor	2:02.45
8	Alex Garcia	10	Cox Mill	2:05.07
9	Finley Simmons	9	Mount Tabor	2:05.16
10	Shemar Roberts	12	Smith, Ben L	2:05.35
11	Benny Melville	12	Northern Guilford	2:05.39
12	Adonnance Brown	11	A.L. Brown	2:06.67
13	Spencer Leinbach	10	Southwest Guilford	2:06.93
14	Kevin Stegall	10	A.L. Brown	2:07.32
15	Thomas Waldo	12	West Rowan	2:08.07
16	Juan Pacheco	11	Asheboro	2:09.82

## Event 334 Boys 1600 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Kyle Durham	12	Weddington High School	4:16.97
2	Jackson O'Hara	12	Weddington High School	4:21.64
3	Will Mazur	12	Weddington High School	4:22.69
4	John Ciprich	12	Piedmont	4:26.53
5	James Vlasis	12	Mount Tabor	4:26.64
6	Finley Simmons	9	Mount Tabor	4:30.51
7	Max Thomas	12	Mount Tabor	4:31.89
8	Alex Garcia	10	Cox Mill	4:40.76
9	Thomas Waldo	12	West Rowan	4:40.86
10	Bradley Bennett	12	Cox Mill	4:41.00
11	Hunter Levy	12	Cox Mill	4:41.00
12	Aman Tsegay	10	Southwest Guilford	4:43.97
13	Ernesto Barrios-Zavala	10	Northern Guilford	4:45.43

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	Name	Year	School	Seed Time
14	Ethan Bailey	11	Jay M Robinson	4:46.00
15	Gabe Blackwelder	10	A.L. Brown	4:47.18

## Event 362 Boys 3200 Meter Run NCHSAA 3A

	Name	Year	School	Seed Time
1	Jack Dingman	10	Northern Guilford	9:21.24
2	Jacob Gallant	11	Mount Tabor	9:24.37
3	John Ciprich	12	Piedmont	9:37.06
4	Travis Leach	12	Southwest Guilford	9:43.15
5	William Scurry	12	Mount Tabor	9:51.04
6	James Vlasis	12	Mount Tabor	10:01.56
7	Stephen Larson	12	Weddington High School	10:04.06
8	Michael Paxton	10	Weddington High School	10:08.20
9	Wesley Larson	10	Weddington High School	10:08.73
10	Lucas Paschal	12	Piedmont	10:08.75
11	Max Villarreal	11	Southwest Guilford	10:21.21
12	Hunter Levy	12	Cox Mill	10:22.49
13	Aman Tsegay	10	Southwest Guilford	10:22.65
14	Ethan Bailey	11	Jay M Robinson	10:30.86
15	Ernesto Barrios-Zavala	10	Northern Guilford	10:31.71
16	Spencer Connick	10	Cox Mill	10:35.83

## Event 322 Boys 110 Meter Hurdles NCHSAA 3A Prelims

	Name	Year	School	Seed Time
1	Joshua Parks	12	A.L. Brown	13.98
2	Mekhi Wall	9	Dudley	14.44
3	Jalen Houston	11	West Rowan	14.54
4	Joshua Marsh	12	Monroe	14.66
5	Khairi Williams	10	Mount Tabor	14.74
6	Maurice Tinsley Jr.	11	Rockingham County	15.34
7	Justin Davis	11	Concord	15.59
8	Samuel Bowers	11	Parkland	15.64
9	Jordan Martin	12	Morehead	15.77
10	Kameron Palmer	12	Mount Tabor	15.88
11	Jaheim Covington	11	Asheboro	16.21
12	Tristan Turner	9	A.L. Brown	16.34
13	Isaiah Clark	10	Concord	16.37
14	Wendell Smith	12	Southwest Guilford	16.46
15	Jalin Vincent	12	Southern Guilford	16.47
16	Jalyl Baker	9	Mount Tabor	16.48

## Event 346 Boys 300 Meter Hurdles NCHSAA 3A

	Name	Year	School	Seed Time
1	Joshua Marsh	12	Monroe	39.94
2	Mekhi Wall	9	Dudley	40.22
3	Cameron Maddox	12	Sun Valley	40.47

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## Event 346 ... (Boys 300 Meter Hurdles NCHSAA 3A)

	Name	Year	School	Seed Time
4	Khairi Williams	10	Mount Tabor	40.62
5	Julius Burch	12	Southern Guilford	41.07
6	Jalen Houston	11	West Rowan	41.25
7	Maurice Tinsley Jr.	11	Rockingham County	41.84
8	Christian Turner	12	Jesse Carson	41.94
9	Justin Davis	11	Concord	42.16
10	Marcus Hesske	11	Parkwood	42.26
11	Chandler Dowell	11	Parkland	42.26
12	Samuel Bowers	11	Parkland	42.30
13	Utah Brown	10	Jesse Carson	43.14
14	Wendell Smith	12	Southwest Guilford	43.28
15	Tristan Turner	9	A.L. Brown	43.35
16	Jordan Martin	12	Morehead	43.38

## Event 338 Boys 4x100 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Parkwood	A	42.30
2	Southwest Guilford	A	42.41
3	A.L. Brown	A	43.20
4	Weddington High School	A	43.25
5	Jay M Robinson	A	43.27
6	Dudley	A	43.58
7	Sun Valley	A	43.62
8	East Rowan	A	43.67
9	Southern Guilford	A	43.68
10	West Rowan	A	43.74
11	Smith, Ben L	A	43.84
12	Northwest Cabarrus	A	44.21
13	Mount Tabor	A	44.38
14	Parkland	A	44.52
15	Cox Mill	A	44.53
16	Monroe	A	44.84

## Event 332 Boys 4x200 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Parkland	A	1:28.64
2	Sun Valley	A	1:28.91
3	Southwest Guilford	A	1:29.44
4	A.L. Brown	A	1:29.57
5	Jay M Robinson	A	1:30.23
6	Dudley	A	1:30.39
7	Mount Tabor	A	1:30.72
8	Southern Guilford	A	1:30.85
9	Parkwood	A	1:31.18
10	Smith, Ben L	A	1:31.21

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## Event 332 ... (Boys 4x200 Meter Relay NCHSAA 3A)

	Team	Relay	Seed Time
11	Monroe	A	1:31.56
12	Weddington High School	A	1:31.94
13	Northwest Cabarrus	A	1:32.44
14	Cox Mill	A	1:32.98
15	Western Guilford	A	1:34.53
16	Morehead	A	1:35.00

## Event 366 Boys 4x400 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Weddington High School	A	3:22.99
2	Southern Guilford	A	3:26.21
3	Parkland	A	3:28.36
4	Smith, Ben L	A	3:28.80
5	Sun Valley	A	3:29.04
6	A.L. Brown	A	3:30.27
7	Southwest Guilford	A	3:30.38
8	Mount Tabor	A	3:31.33
9	Dudley	A	3:31.80
10	Monroe	A	3:32.50
11	Northwest Cabarrus	A	3:34.20
12	Northern Guilford	A	3:34.75
13	Western Guilford	A	3:35.66
14	Cox Mill	A	3:35.87
15	Jay M Robinson	A	3:36.10
16	Jesse Carson	A	3:41.80

## Event 320 Boys 4x800 Meter Relay NCHSAA 3A

	Team	Relay	Seed Time
1	Weddington High School	A	7:44.41
2	Mount Tabor	A	8:10.29
3	A.L. Brown	A	8:26.23
4	Piedmont	A	8:30.95
5	Sun Valley	A	8:32.77
6	Northern Guilford	A	8:36.02
7	Southwest Guilford	A	8:36.67
8	Western Guilford	A	8:43.38
9	Cox Mill	A	8:43.45
10	Central Cabarrus	A	8:48.84
11	Northwest Cabarrus	A	8:53.04
12	Dudley	A	8:58.20
13	Rockingham County	A	9:39.68

## Event 310 Boys High Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Kolby Cuthrell	12	Southwest Guilford	6-04.00
2	Rico Sastoque	12	Northwest Cabarrus	6-04.00

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Performance List****Event 310 ... (Boys High Jump NCHSAA 3A)**

	Name	Year	School	Seed Mark
3	Rashawn Pleasant	11	Northern Guilford	6-02.00
4	Latrell Moore	12	Asheboro	6-02.00
5	Jeriah Ford	12	West Rowan	6-01.00
6	DeNorris Hunsucker	11	Cox Mill	6-00.00
7	Khyri Tucker	12	Southern Guilford	6-00.00
8	Evan Armstrong	11	Weddington High School	6-00.00
9	Jeffrey Galla	12	Cox Mill	5-10.00
10	Jaden Smith	11	Concord	5-10.00
11	Ayden Gamble	10	Dudley	5-08.00
12	Brayden Lillie	10	Northwest Cabarrus	5-08.00
13	Jalyn Hammonds	10	Monroe	5-08.00
14	Jacobe McRae	10	Dudley	5-06.00
15	Brandon Hopson	10	Southwest Guilford	5-04.00

**Event 312 Boys Pole Vault NCHSAA 3A**

	Name	Year	School	Seed Mark
1	Patrick Freeman	12	Mount Tabor	15-04.00
2	Marcus Hesske	11	Parkwood	15-00.00
3	Nick Callis	11	Weddington High School	14-02.00
4	Andy McLean	12	Mount Tabor	13-06.00
5	Matthew Phillips	11	Northwest Cabarrus	12-02.00
6	Connor Blumsack	10	Weddington High School	12-00.00
7	Collin Hendriksma	10	Weddington High School	11-06.00
8	Jaidin Daughterty	11	Southwest Guilford	11-06.00
9	Reid Hastings	9	Mount Tabor	11-00.00
10	Will Daniel	11	Northwest Cabarrus	10-06.00
11	Jimmie Powell	11	Asheboro	9-00.00
12	Kahleal Hill	11	Asheboro	9-00.00
13	Darius Fernandez	11	Asheboro	8-06.00

**Event 314 Boys Long Jump NCHSAA 3A**

	Name	Year	School	Seed Mark
1	Kolby Cuthrell	12	Southwest Guilford	23-00.50
2	Jalen Bristow	11	Mount Tabor	22-07.25
3	Kameron Palmer	12	Mount Tabor	21-08.25
4	Joshua Marsh	12	Monroe	21-08.00
5	Rico Sastoque	12	Northwest Cabarrus	21-05.00
6	Ryan Cuthbertson	11	A.L. Brown	21-03.50
7	Vincent Wilkins Jr.	9	Parkland	21-03.25
8	Cameron Clibourne	12	Rockingham County	21-02.00
9	Nick Lyerly	12	A.L. Brown	21-01.50
10	Ahmad Joyner	12	Southwest Guilford	21-01.50
11	Reshad King	12	Rockingham County	20-11.50
12	justin hooker	12	Rockingham County	20-11.00
13	William Black	12	Weddington High School	20-10.50

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## Event 314 ... (Boys Long Jump NCHSAA 3A)

	Name	Year	School	Seed Mark
14	Shaleak Knotts	9	Monroe	20-09.50
15	Tyler Thompson	10	Weddington High School	20-08.75
16	Tristan Campbell	12	Mount Tabor	20-08.75

## Event 318 Boys Triple Jump NCHSAA 3A

	Name	Year	School	Seed Mark
1	Ahmad Joyner	12	Southwest Guilford	46-00.50
2	Kobe Funderburk	12	Parkwood	44-06.00
3	Sam Wall	12	East Rowan	44-01.50
4	Tristan Campbell	12	Mount Tabor	43-00.00
5	Nate Williams	11	Northern Guilford	42-10.00
6	justin hooker	12	Rockingham County	42-06.00
7	Jakari Gardner	12	West Rowan	42-03.00
8	Ronnie Baker	10	Southwest Guilford	42-02.00
9	Elijah Graham	12	West Rowan	41-11.75
10	Jordan McNair	10	Asheboro	41-10.00
11	Cameron Clibourne	12	Rockingham County	41-08.00
12	Ryan Cuthbertson	11	A.L. Brown	41-06.00
13	Christian Henry	11	Cox Mill	41-05.50
14	Rico Sastoque	12	Northwest Cabarrus	41-03.00
15	Marquis Graham	12	Asheboro	41-00.00
16	Chandler Rivers	11	Central Cabarrus	40-11.00

## Event 302 Boys Shot Put NCHSAA 3A

	Name	Year	School	Seed Mark
1	Alec Mock	11	Weddington High School	54-00.50
2	Ronald Gilliard	12	Dudley	51-01.00
3	Christian Bennett	12	East Rowan	47-04.00
4	Ronnie Watterson	11	Weddington High School	47-03.00
5	Teolyn Woodruff	12	Jesse Carson	47-02.00
6	Luke Noonan	10	Piedmont	45-05.50
7	Dyvon Mckinney	11	Asheboro	45-02.50
8	Andre Hill	11	Northwest Cabarrus	44-03.00
9	Roman Johnson	12	Southern Guilford	43-08.00
10	Amir Weston	11	Central Cabarrus	42-10.00
11	Joseph Turner	11	Southwestern Randolph	42-00.00
12	Alaric Eaton	12	Mount Tabor	41-11.00
13	Jacob Eaton	12	Mount Tabor	41-10.50
14	Jacob Barlow	11	Northern Guilford	41-07.50
15	Sokrates Redmond	11	Southern Guilford	41-04.00
16	Ethan Epstein	11	Cox Mill	40-08.00

## Event 304 Boys Shot Put Wheelchair Wheelchair NCHSAA 3A

	Name	Year	School	Seed Mark
1	William Fuller	11	Jesse Carson	10-02.00

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Performance List****Event 308 Boys Discus Throw Wheelchair Wheelchair NCHSAA 3A**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
1	William Fuller	11	Jesse Carson	32-03

**Event 306 Boys Discus Throw NCHSAA 3A**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
1	Alec Mock	11	Weddington High School	157-00
2	Christian Bennett	12	East Rowan	133-03
3	Ronald Gilliard	12	Dudley	132-07
4	Roman Johnson	12	Southern Guilford	131-04
5	Joseph Collins	12	Jesse Carson	130-06
6	Tobi Fawole	11	Northern Guilford	129-02
7	Luke Noonan	10	Piedmont	128-02
8	Clint Bost	12	Concord	124-08
9	Andre Hill	11	Northwest Cabarrus	123-05
10	Samuel Calleja	11	A.L. Brown	121-09
11	Mikhail Gomez-murillo	11	Jesse Carson	120-03
12	Jacob Eaton	12	Mount Tabor	118-02
13	Amir Weston	11	Central Cabarrus	113-04
14	Ronnie Watterson	11	Weddington High School	112-03
15	Korey Wright	10	Southern Guilford	111-08
16	Ryan Wood	11	Northwest Cabarrus	110-11