

## 2022-2023 NCHSAA Wrestling Dual Team Conferences

### Number of Automatic Playoff Berths in ( )

#### 1A East

2-4 Teams = 1 Berth

5+ Teams = 2 Berths

#### Four Rivers/Carolina (1)

Neuse Charter

North East Carolina Prep

Rosewood

Tarboro

#### Coastal Plains/Waccamaw (2)

Lejeune

Northside-Pinetown

Pamlico County

Pender

Southside

*East Carteret (2A)*

*Heide Trask (2A)*

#### Triangle North/Mid-Carolina (1)

Chatham Central

North Moore

Voyager Academy

*Bartlett Yancey (2A)*

*Cummings (2A)*

*Graham (2A)*

*Jordan-Matthews (2A)*

*Seaforth (2A)*

#### Piedmont Athletic (1)

Eastern Randolph

Uwharrie Charter

*Providence Grove (2A)*

*Randleman (2A)*

*Southwestern Randolph (2A)*

*Trinity (2A)*

*Wheatmore (2A)*

#### Northwest Piedmont (1)

Bishop McGuinness

Carver

NC Leadership Academy

#### Central Carolina (1)

North Rowan

South Davidson

Thomasville

*East Davidson (2A)*

*Lexington (2A)*

*Salisbury (2A)*

*West Davidson (2A)*

#### Yadkin Valley (2)

Albemarle

South Stanly

Union Academy

*Jay M. Robinson (2A)*

*Mount Pleasant (2A)*

*North Stanly (2A)*

1A West

2-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northwest (2)

Alleghany

East Wilkes

Elkin

Mount Airy

North Stokes

South Stokes

Starmount

Southern Piedmont (2)

Bessemer City

Cherryville

Thomas Jefferson

*Burns (2A)*

*East Gaston (2A)*

*Shelby (2A)*

Catawba Shores/Metro 8 (2)

Apprentice Academy

Bradford Preparatory

Corvian Community

Langtree Charter

Mountain Island Charter

*Lincoln Charter (2A)*

Western Highlands (2)

Avery

Draughn

Mitchell

Mountain Heritage

Rosman

*Madison (2A)*

*Owen (2A)*

Smoky Mountain (2)

Andrews

Cherokee

Hayesville

Murphy

Robbinsville

Swain County

2A East

2-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northeastern Coastal (1)

Hertford County

Holmes

Manteo

Northeastern

*Currituck County (3A)*

*First Flight (3A)*

Coastal Plains/Waccamaw (1)

East Carteret

Heide Trask

*Lejeune (1A)*

*Northside-Pinetown (1A)*

*Pamlico (1A)*

*Pender (1A)*

*Southside (1A)*

Eastern Plains (2)

Ayden-Grifton

Farmville Central

Greene Central

North Pitt

SouthWest Edgecombe

Washington

West Craven

East Central/Southeastern Athletic (1)

North Lenoir

South Lenoir

Southwest Onslow

St. Pauls

Neuse 6 (1)

Beddingfield

Eastern Wayne

North Johnston

The Big East (1)

Bunn

Louisburg

Nash Central

Roanoke Rapids

*Franklinton (3A)*

*Northern Nash (3A)*

*Rocky Mount (3A)*

*Southern Nash (3A)*

Super Six/Northern Lakes Athletic (1)

Granville Central

NCSSM

South Granville

Webb

*Carrboro (3A)*

*DSA (3A)*

*Southern Durham (3A)*

*Vance County (3A)*

Triangle North/Mid-Carolina (2)

Bartlett Yancey

Cummings

Graham

Jordan-Matthews

Seaforth

*Chatham Central (1A)*

*North Moore (1A)*

*Voyager Academy (1A)*

2A West

2-4 Teams = 1 Berth

5+ Teams = 2 Berths

Piedmont Athletic (2)

Providence Grove

Randleman

Southwestern Randolph

Trinity

Wheatmore

*Eastern Randolph (1A)*

*Uwharrie Charter (1A)*

Mid-State (2)

Andrews, T.W.

McMichael

Morehead

North Forsyth

Reidsville

Walkertown

West Stokes

Rocky River (1)

Anson

Forest Hills

Monroe

West Stanly

*Central Academy (3A)*

*Parkwood (3A)*

Central Carolina (1)

East Davidson

Lexington

Salisbury

West Davidson

*South Davidson (1A)*

*Thomasville (1A)*

Catawba Shores/Metro 8 (Must qualify as WC)

Lincoln Charter

*Apprentice Academy (1A)*

*Bradford Preparatory (1A)*

*Corvian Community (1A)*

*Langtree Charter (1A)*

*Mountain Island Charter (1A)*

Yadkin Valley (1)

Mount Pleasant

North Stanly

Robinson, J.M.

*Albemarle (1A)*

*South Stanly (1A)*

*Union Academy (1A)*

Foothills (2)

East Surry

Forbush

North Surry

North Wilkes

Surry Central

West Wilkes

Wilkes Central

Southern Piedmont (1)

Burns

East Gaston

Shelby

*Bessemer City (1A)*

*Cherryville (1A)*

*Thomas Jefferson (1A)*

Mountain Foothills 7 (2)

Brevard

Chase

East Rutherford

Hendersonville

Patton

Polk County

R-S Central

Western Highlands (1)

Madison

Owen

*Avery (1A)*

*Draughn (1A)*

*Mitchell (1A)*

*Mountain Heritage (1A)*

*Rosman (1A)*

Catawba Valley Athletic (2)

Bandys

Bunker Hill

East Burke

Lincolnton

Maiden

Newton-Conover

West Caldwell

West Lincoln

3A East

2-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northeastern Coastal (1)

Currituck County  
First Flight  
*Hertford County (2A)*  
*Holmes (2A)*  
*Manteo (2A)*  
*Northeastern (2A)*

Coastal (2)

Croatan  
Dixon  
Richlands  
Swansboro  
West Carteret  
White Oak

Big East (2)

Havelock  
Jacksonville  
Northside-Jacksonville  
Rose, J.H.  
South Central  
*Conley, D.H. (4A)*  
*New Bern (4A)*

Mid-eastern (1)

North Brunswick  
South Brunswick  
West Brunswick  
*Ashley (4A)*  
*Hoggard (4A)*  
*Laney (4A)*  
*New Hanover (4A)*  
*Topsail (4A)*

Quad County (2)

Aycock, C.B.  
East Wake  
Fike  
Hunt  
Smithfield-Selma  
South Johnston  
Southern Wayne  
West Johnston

United 8 (1)

Byrd, Douglas  
Cape Fear  
Seventy-First  
*Britt, Jack (4A)*  
*Gray's Creek (4A)*  
*Lumberton (4A)*  
*South View (4A)*  
*Swett, Purnell (4A)*

All American (2)

Harnett Central  
Sanford, Terry  
Smith, E.E.  
Triton  
Western Harnett  
Westover  
*Overhills (4A)*  
*Pine Forest (4A)*

Sandhills (1)

Lee County  
Scotland County  
Southern Lee  
Union Pines  
*Hoke County (4A)*  
*Pinecrest (4A)*  
*Richmond Sr. (4A)*

The Big East (1)

Franklinton  
Northern Nash  
Rocky Mount  
Southern Nash  
*Bunn (2A)*  
*Louisburg (2A)*  
*Nash Central (2A)*  
*Roanoke Rapids (2A)*

Northern Lakes Athletic/Super Six (1)

Carrboro  
DSA  
Southern Durham  
Vance County  
*Granville Central (2A)*  
*NCSSM (2A)*  
*South Granville (2A)*  
*Webb, J.F. (2A)*

Central (2)

Cedar Ridge  
Eastern Alamance  
Northwood  
Orange  
Person  
Western Alamance  
Williams, Walter

3A West

2-5 Teams = 1 Berth

6+ = 2 Berths

Rocky River (1)

Central Academy

Parkwood

*Anson (2A)*

*Forest Hills (2A)*

*Monroe (2A)*

*West Stanly (2A)*

Mid Piedmont (2)

Asheboro

Central Davidson

Ledford

Montgomery Central

North Davidson

Oak Grove

South Piedmont (2)

Carson, Jesse

Central Cabarrus

Concord

East Rowan

Northwest Cabarrus

South Rowan

West Rowan

Mid-State (2)

Atkins

Dudley

Eastern Guilford

High Point Central

Northeast Guilford

Rockingham County

Smith, Ben L.

Southern Guilford

Queen City (1)

West Charlotte

West Mecklenburg

*Chambers, Julius L. (4A)*

*Hopewell (4A)*

*Hough (4A)*

*Mallard Creek (4A)*

*North Mecklenburg (4A)*

Big South (2)

Ashbrook

Cramer, Stuart

Crest

Forestview

Huss, Hunter

Kings Mountain

North Gaston

South Point

Western Foothills (2)

East Lincoln

Foard, Fred T.

Hickory

North Iredell

North Lincoln

St. Stephens

Statesville

West Iredell

Northwestern (1)

Ashe County

Freedom

Hibriten

*Alexander Central (4A)*

*South Caldwell (4A)*

*Watauga (4A)*

The Mountain (1)

Enka

Erwin

North Buncombe

*Asheville (4A)*

*McDowell (4A)*

*Reynolds, A.C. (4A)*

*Roberson, T.C. (4A)*

Mountain 7 (2)

East Henderson

Franklin

North Henderson

Pisgah

Smoky Mountain

Tuscola

West Henderson

4A East

2-5 Teams = 1 Berth

6+ = 2 Berths

Big East (1)

Conley, D.H.

New Bern

*Havelock (3A)*

*Jacksonville (3A)*

*Northside-Jacksonville (3A)*

*Rose, J.H. (3A)*

*South Central (3A)*

Mideastern (1)

Ashley

Hoggard

Laney

New Hanover

Topsail

*North Brunswick (3A)*

*South Brunswick (3A)*

*West Brunswick (3A)*

Greater Neuse River (2)

Corinth Holders

Clayton

Cleveland

Fuquay-Varina

Garner

South Garner

Southeast Raleigh

Willow Spring

Northern Athletic (2)

Heritage

Knightdale

Millbrook

Rolesville

Wake Forest

Wakefield

CAP 6 (2)

Athens Drive

Broughton

Cardinal Gibbons

Enloe

Leesville Road

Sanderson

Southwest Wake (2)

Apex

Apex Friendship

Cary

Green Hope

Green Level

Holly Springs

Middle Creek

Panther Creek

DAC-VII (2)

Chapel Hill

East Chapel Hill

Hillside

Jordan, C.E.

Northern Durham

Riverside-Durham

Southern Alamance

United 8 (1)

Britt, Jack

Gray's Creek

Lumberton

South View

Swett, Purnell

*Byrd, Douglas (3A)*

*Cape Fear (3A)*

*Seventy-First (3A)*

All American (1)

Overhills

Pine Forest

*Harnett Central (3A)*

*Sanford, Terry (3A)*

*Smith, E.E. (3A)*

*Triton (3A)*

*Western Harnett (3A)*

*Westover (3A)*

Sandhills (1)

Hoke County

Pinecrest

Richmond Sr.

*Lee County (3A)*

*Scotland County (3A)*

*Southern Lee (3A)*

*Union Pines (3A)*

4A West

2-5 Teams = 1 Berth

6+ = 2 Berths

Metro (2)

Grimsley  
Northern Guilford  
Northwest Guilford  
Page  
Ragsdale  
Southeast Guilford  
Southwest Guilford  
Western Guilford

Central Piedmont (2)

Davie  
East Forsyth  
Glenn  
Mount Tabor  
Parkland  
Reagan  
Reynolds, R.J.  
West Forsyth

Greater Metro (2)

Brown, A.L.  
Cox Mill  
Hickory Ridge  
Lake Norman  
 Mooresville  
South Iredell  
West Cabarrus

Southern Carolina (2)

Cuthbertson  
Marvin Ridge  
Piedmont  
Porter Ridge  
Sun Valley  
Weddington

Southwestern (2)

Butler  
Charlotte Catholic  
East Mecklenburg  
Garinger  
Independence  
Providence  
Rocky River

So. Meck (2)

Ardrey Kell  
Berry Academy  
Harding University  
Myers Park  
Olympic  
South Mecklenburg

Queen City (1)

Chambers, Julius L.  
Hopwell  
Hough  
Mallard Creek  
North Mecklenburg  
*West Charlotte (3A)*  
*West Mecklenburg (3A)*

Northwestern (1)

Alexander Central  
South Caldwell  
Watauga  
*Ashe County (3A)*  
*Freedom (3A)*  
*Hibriten (3A)*

The Mountain (1)

Asheville  
McDowell  
Reynolds, A.C.  
Roberson, T.C.  
*Enka (3A)*  
*Erwin (3A)*  
*North Buncombe (3A)*