

2022-2023 NCHSAA Wrestling Dual Team Conferences

Number of Automatic Playoff Berths in ()

1A East

1-4 Teams = 1 Berth

5+ Teams = 2 Berths

Four Rivers/Carolina (1)

Neuse Charter

North East Carolina Prep

Rosewood

Tarboro

Coastal Plains/Waccamaw (2)

Lejeune

Northside-Pinetown

Pamlico County

Pender

Southside

East Carteret (2A)

Heide Trask (2A)

Triangle North/Mid-Carolina (1)

Chatham Central

North Moore

Voyager Academy

Bartlett Yancey (2A)

Cummings (2A)

Graham (2A)

Jordan-Matthews (2A)

Seaforth (2A)

Piedmont Athletic (1)

Eastern Randolph

Uwharrie Charter

Providence Grove (2A)

Randleman (2A)

Southwestern Randolph (2A)

Trinity (2A)

Wheatmore (2A)

Northwest Piedmont (1)

Bishop McGuinness

Carver

NC Leadership Academy

Central Carolina (1)

North Rowan

South Davidson

Thomasville

East Davidson (2A)

Lexington (2A)

Salisbury (2A)

West Davidson (2A)

Yadkin Valley (2)

Albemarle

South Stanly

Union Academy

Jay M. Robinson (2A)

Mount Pleasant (2A)

North Stanly (2A)

1A West

1-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northwest (2)

Alleghany

East Wilkes

Elkin

Mount Airy

North Stokes

South Stokes

Starmount

Southern Piedmont (2)

Bessemer City

Cherryville

Thomas Jefferson

Burns (2A)

East Gaston (2A)

Shelby (2A)

Catawba Shores/Metro 8 (2)

Apprentice Academy

Bradford Preparatory

Corvian Community

Langtree Charter

Mountain Island Charter

Lincoln Charter (2A)

Western Highlands (2)

Avery

Draughn

Mitchell

Mountain Heritage

Rosman

Madison (2A)

Owen (2A)

Smoky Mountain (2)

Andrews

Cherokee

Hayesville

Murphy

Robbinsville

Swain County

2A East

1-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northeastern Coastal (1)

Hertford County

Holmes

Manteo

Northeastern

Currituck County (3A)

First Flight (3A)

Coastal Plains/Waccamaw (1)

East Carteret

Heide Trask

Lejeune (1A)

Northside-Pinetown (1A)

Pamlico (1A)

Pender (1A)

Southside (1A)

Eastern Plains (2)

Ayden-Grifton

Farmville Central

Greene Central

North Pitt

SouthWest Edgecombe

Washington

West Craven

East Central/Southeastern Athletic (1)

North Lenoir

South Lenoir

Southwest Onslow

St. Pauls

Neuse 6 (1)

Beddingfield

Eastern Wayne

North Johnston

The Big East (1)

Bunn

Louisburg

Nash Central

Roanoke Rapids

Franklinton (3A)

Northern Nash (3A)

Rocky Mount (3A)

Southern Nash (3A)

Super Six/Northern Lakes Athletic (1)

Granville Central

NCSSM

South Granville

Webb

Carrboro (3A)

DSA (3A)

Southern Durham (3A)

Vance County (3A)

Triangle North/Mid-Carolina (2)

Bartlett Yancey

Cummings

Graham

Jordan-Matthews

Seaforth

Chatham Central (1A)

North Moore (1A)

Voyager Academy (1A)

2A West

1-4 Teams = 1 Berth

5+ Teams = 2 Berths

Piedmont Athletic (2)

Providence Grove

Randleman

Southwestern Randolph

Trinity

Wheatmore

Eastern Randolph (1A)

Uwharrie Charter (1A)

Mid-State (2)

Andrews, T.W.

McMichael

Morehead

North Forsyth

Reidsville

Walkertown

West Stokes

Rocky River (1)

Anson

Forest Hills

Monroe

West Stanly

Central Academy (3A)

Parkwood (3A)

Central Carolina (1)

East Davidson

Lexington

Salisbury

West Davidson

South Davidson (1A)

Thomasville (1A)

Catawba Shores/Metro 8 (1)

Lincoln Charter

Apprentice Academy (1A)

Bradford Preparatory (1A)

Corvian Community (1A)

Langtree Charter (1A)

Mountain Island Charter (1A)

Yadkin Valley (1)

Mount Pleasant

North Stanly

Robinson, J.M.

Albemarle (1A)

South Stanly (1A)

Union Academy (1A)

Foothills (2)

East Surry

Forbush

North Surry

North Wilkes

Surry Central

West Wilkes

Wilkes Central

Southern Piedmont (1)

Burns

East Gaston

Shelby

Bessemer City (1A)

Cherryville (1A)

Thomas Jefferson (1A)

Mountain Foothills 7 (2)

Brevard

Chase

East Rutherford

Hendersonville

Patton

Polk County

R-S Central

Western Highlands (1)

Madison

Owen

Avery (1A)

Draughn (1A)

Mitchell (1A)

Mountain Heritage (1A)

Rosman (1A)

Catawba Valley Athletic (2)

Bandys

Bunker Hill

East Burke

Lincolnton

Maiden

Newton-Conover

West Caldwell

West Lincoln

3A East

1-4 Teams = 1 Berth

5+ Teams = 2 Berths

Northeastern Coastal (1)

Currituck County

First Flight

Hertford County (2A)

Holmes (2A)

Manteo (2A)

Northeastern (2A)

Coastal (2)

Croatan

Dixon

Richlands

Swansboro

West Carteret

White Oak

Big East (2)

Havelock

Jacksonville

Northside-Jacksonville

Rose, J.H.

South Central

Conley, D.H. (4A)

New Bern (4A)

Mideastern (1)

North Brunswick

South Brunswick

West Brunswick

Ashley (4A)

Hoggard (4A)

Laney (4A)

New Hanover (4A)

Topsail (4A)

Quad County (2)

Aycock, C.B.

East Wake

Fike

Hunt

Smithfield-Selma

South Johnston

Southern Wayne

West Johnston

United 8 (1)

Byrd, Douglas

Cape Fear

Seventy-First

Britt, Jack (4A)

Gray's Creek (4A)

Lumberton (4A)

South View (4A)

Swett, Purnell (4A)

All American (2)

Harnett Central

Sanford, Terry

Smith, E.E.

Triton

Western Harnett

Westover

Overhills (4A)

Pine Forest (4A)

Sandhills (1)

Lee County

Scotland County

Southern Lee

Union Pines

Hoke County (4A)

Pinecrest (4A)

Richmond Sr. (4A)

The Big East (1)

Franklinton

Northern Nash

Rocky Mount

Southern Nash

Bunn (2A)

Louisburg (2A)

Nash Central (2A)

Roanoke Rapids (2A)

Northern Lakes Athletic/Super

Six (1)

Carrboro

DSA

Southern Durham

Vance County

Granville Central (2A)

NCSSM (2A)

South Granville (2A)

Webb, J.F. (2A)

Central (2)

Cedar Ridge

Eastern Alamance

Northwood

Orange

Person

Western Alamance

Williams, Walter

3A West

1-5 Teams = 1 Berth

6+ = 2 Berths

Rocky River (1)

Central Academy

Parkwood

Anson (2A)

Forest Hills (2A)

Monroe (2A)

West Stanly (2A)

Mid Piedmont (2)

Asheboro

Central Davidson

Ledford

Montgomery Central

North Davidson

Oak Grove

South Piedmont (2)

Carson, Jesse

Central Cabarrus

Concord

East Rowan

Northwest Cabarrus

South Rowan

West Rowan

Mid-State (2)

Atkins

Dudley

Eastern Guilford

High Point Central

Northeast Guilford

Rockingham County

Smith, Ben L.

Southern Guilford

Queen City (1)

West Charlotte

West Mecklenburg

Chambers, Julius L. (4A)

Hopewell (4A)

Hough (4A)

Mallard Creek (4A)

North Mecklenburg (4A)

Big South (2)

Ashbrook

Cramer, Stuart

Crest

Forestview

Huss, Hunter

Kings Mountain

North Gaston

South Point

Western Foothills (2)

East Lincoln

Foard, Fred T.

Hickory

North Iredell

North Lincoln

St. Stephens

Statesville

West Iredell

Northwestern (1)

Ashe County

Freedom

Hibriten

Alexander Central (4A)

South Caldwell (4A)

Watauga (4A)

The Mountain (1)

Enka

Erwin

North Buncombe

Asheville (4A)

McDowell (4A)

Reynolds, A.C. (4A)

Roberson, T.C. (4A)

Mountain 7 (2)

East Henderson

Franklin

North Henderson

Pisgah

Smoky Mountain

Tuscola

West Henderson

4A East

1-5 Teams = 1 Berth

6+ = 2 Berths

Big East (1)

Conley, D.H.

New Bern

Havelock (3A)

Jacksonville (3A)

Northside-Jacksonville (3A)

Rose, J.H. (3A)

South Central (3A)

Mideastern (1)

Ashley

Hoggard

Laney

New Hanover

Topsail

North Brunswick (3A)

South Brunswick (3A)

West Brunswick (3A)

Greater Neuse River (2)

Corinth Holders

Clayton

Cleveland

Fuquay-Varina

Garner

South Garner

Southeast Raleigh

Willow Spring

Northern Athletic (2)

Heritage

Knightdale

Millbrook

Rolesville

Wake Forest

Wakefield

CAP 6 (2)

Athens Drive

Broughton

Cardinal Gibbons

Enloe

Leesville Road

Sanderson

Southwest Wake (2)

Apex

Apex Friendship

Cary

Green Hope

Green Level

Holly Springs

Middle Creek

Panther Creek

DAC-VII (2)

Chapel Hill

East Chapel Hill

Hillside

Jordan, C.E.

Northern Durham

Riverside-Durham

Southern Alamance

United 8 (1)

Britt, Jack

Gray's Creek

Lumberton

South View

Swett, Purnell

Byrd, Douglas (3A)

Cape Fear (3A)

Seventy-First (3A)

All American (1)

Overhills

Pine Forest

Harnett Central (3A)

Sanford, Terry (3A)

Smith, E.E. (3A)

Triton (3A)

Western Harnett (3A)

Westover (3A)

Sandhills (1)

Hoke County

Pinecrest

Richmond Sr.

Lee County (3A)

Scotland County (3A)

Southern Lee (3A)

Union Pines (3A)

4A West

1-5 Teams = 1 Berth

6+ = 2 Berths

Metro (2)

Grimsley
Northern Guilford
Northwest Guilford
Page
Ragsdale
Southeast Guilford
Southwest Guilford
Western Guilford

Central Piedmont (2)

Davie
East Forsyth
Glenn
Mount Tabor
Parkland
Reagan
Reynolds, R.J.
West Forsyth

Greater Metro (2)

Brown, A.L.
Cox Mill
Hickory Ridge
Lake Norman
 Mooresville
South Iredell
West Cabarrus

Southern Carolina (2)

Cuthbertson
Marvin Ridge
Piedmont
Porter Ridge
Sun Valley
Weddington

Southwestern (2)

Butler
Charlotte Catholic
East Mecklenburg
Garinger
Independence
Providence
Rocky River

So. Meck (2)

Ardrey Kell
Berry Academy
Harding University
Myers Park
Olympic
South Mecklenburg

Queen City (1)

Chambers, Julius L.
Hopwell
Hough
Mallard Creek
North Mecklenburg
West Charlotte (3A)
West Mecklenburg (3A)

Northwestern (1)

Alexander Central
South Caldwell
Watauga
Ashe County (3A)
Freedom (3A)
Hibriten (3A)

The Mountain (1)

Asheville
McDowell
Reynolds, A.C.
Roberson, T.C.
Enka (3A)
Erwin (3A)
North Buncombe (3A)