



2022 -2023

INDOOR TRACK PROCEDURES AND REMINDERS

- **The 2023 NCHSAA Indoor Track and Field State Championships will be held**
 - February 10 – 11, 2023 @ JDL Fast Track, Winston-Salem, NC
 - 3A: Friday, Feb. 10 Afternoon
 - 1A/2A: Saturday, Feb. 11 Morning
 - 4A: Saturday, Feb. 11 Afternoon
- **Entry Deadline and Qualification**
 - Qualifying standards are posted on the NCHSAA website
 - **February 4, 2023 (9 pm) – Deadline for submitting qualifying entries into State Meet**
 - All qualifying entries must be entered on NC MileSplit (<http://nc.milesplit.com>)
 - **It is the coach's responsibility to make sure each athlete is properly registered for the state meet with the correct qualifying marks. Athletes can be entered into the State Meet as they meet the qualifying standard.**
 - **Please have a copy of your meet registration confirmation at the State Meet.**
- **NC MileSplit**
 - Please visit the Indoor Track page on our website for instructions on how to create a team page and register your athletes. Create a profile for your team **ASAP**.
 - Web Administrator/Meet Results: Jason Creasy jason.creasy@flosports.tv
- **Reporting Meet Results**
 - ALL Results from Indoor Qualifying meets listing State Meet Qualifiers **MUST BE** submitted and uploaded in Meet Management Software (HyTek, RaceTab, etc.) to:
 - **Jason Creasy**
 - **MileSplit (<http://nc.milesplit.com>)**
 - Any school failing to comply with this procedure will be ineligible to host any certified indoor track meets until further notice from the NCHSAA. Additionally, a reprimand and/or probation could be imposed.
- **REMINDER:** Schools are no longer required to submit a Host Meet Approval form (Indoor Meets on Outdoor Facilities) **if there are five (5) or more schools participating**. Anything less than five (5) still needs to be approved by the NCHSAA (updated form found on the Indoor Track page). **All meets and their corresponding full results are required to be entered into NC MileSplit within 48 hours of the time of the event.**
- **Other Reminders**
 - Each school must comply with all rules as outlined in the 2023 NFHS Rules Book and enforced by the NCHSAA.

- Failure of a Meet Director to submit qualifying results within the 48-hour period from the time of an event could result in penalties imposed by the NCHSAA in accordance with the 22-23 NCHSAA handbook
- Please be sure to inform our office of any wheelchair participants by **January 10, 2023**. Please use the **Wheelchair Athlete Notification Form** posted on the Indoor Track page.
- Please review the Indoor Track and Field page on the NCHSAA website throughout the year.