

## NCHSAA 4A Indoor Track State Championships - 2/11/2023

## JDL Fast Track

## Results

## Event 1 Girls Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyler Glover	11	Ardrey Kell	42-11.25
2 Macy Dulaney	11	Mallard Cree	40-05.50
3 Alexandria Jefferson	10	Rocky River	40-01.50
4 Summer Laskey	12	Athens Drive	35-07.75
5 Alesia Sylverain	10	Hickory Ridg	34-03.50
6 Sonia Katahdin	11	Grimsley	33-07.50
7 Andie Ackles	12	Holly Spring	33-06.50
8 Sady Moody	12	SW Guilford	33-02.75
9 Destiny Faison	12	Clayton	32-11.00
10 Gloria Nutsigbe	12	Berry, Phillip O	32-10.50
11 Kristin Oliver	12	Piedmont	31-07.25
12 Nia Roberts	10	Pine Forest	31-00.25
12 Raziyah Malloy	10	Parkland	31-00.25
14 Peyton Estes	11	Rolesville H	30-11.75
15 Rachel Onwu	11	Marvin Ridge	30-11.25
16 Christina Jones	12	SE Raleigh	30-11.00
17 Kylie Howson	12	Weddington H	30-08.00
--- Shakayla Sides	12	Reagan	FOUL

## Event 3 Boys Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Tony Taylor	12	Leesville Rd	55-03.25
2 Gatlin Lundy	12	Cuthbertson	53-01.25
3 Devin Coleman	12	Providence	52-05.25
4 Jahnau Ritzie	12	Glenn	51-06.50
5 Cooper Williams	10	Davie County	50-05.25
6 Edward Brown	11	Jordan	49-05.00
7 Kolton Weaver	11	Weddington H	49-00.75
8 Josh Kreis	12	Independence	48-03.25
9 Austin Ramirez	12	AC Reynolds	48-01.00
10 Russell Barnett	12	AC Reynolds	47-06.00
11 Justin Johnson	10	Mount Tabor	46-01.75
12 Grady Dupree-Isaac	12	Jordan	45-06.25
13 DeMarcus Mashack	10	Mount Tabor	44-02.25
14 Gavin Patterson	11	SE Raleigh	43-07.25
15 Brad Pawlak	12	Corinth Hold	43-00.50
16 Zain Jones	11	Cleveland Hi	42-06.00
17 Carlton Wright	11	Mount Tabor	42-05.00
18 Ethan Graham	11	Athens Drive	39-11.25
19 Kedar Mangum	11	Cleveland Hi	38-08.25
20 Christopher Stewart	11	Weddington H	37-04.00
--- Wyatt Pugh	11	Porter Ridge	FOUL

## Event 4 Boys Shot Put Wheelchair Wheelchair

Name	Yr	School	Finals
<b>Finals</b>			
1 Zachary Moore	12	Sun Valley	11-07.00

## Event 5 Girls Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Jahaila Wright	11	Olympic	18-06.75
2 Mason Porter	12	Cleveland Hi	18-05.25
3 Kori Randle	11	Garner	18-03.75
4 Alexa Nestor	12	Green Level	17-10.25
5 Carmen PenaSoto	11	Olympic	17-10.00
6 Sanai Forte	11	Harding Univ	17-08.00
7 Oluwanifemi Kalejaiye	12	Athens Drive	17-08.00
8 Isabelle Liu	11	Cuthbertson	17-06.00
9 Lena Richardson	12	Panther Cree	17-00.25
10 Maya Studney	12	Cuthbertson	16-09.50
11 Kelly MacBride	10	Panther Cree	16-07.00
12 Sebla Miracle	9	Asheville	16-03.50
13 Savannah Goodwin	12	Wake Forest	16-02.50
14 Akeya Harrison	12	Richmond Sen	16-00.50
15 Meredith Palmer	11	Cuthbertson	15-05.25

## Event 6 Boys Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyson Adams	12	West Forsyth	22-09.50
2 Andrew Steele	11	Reagan	22-06.00
3 Jaivon Pegues	12	W. Guilford	21-10.25
4 Kobe Mack	10	Parkland	21-05.50
5 Josh Sokeye	12	Marvin Ridge	21-01.00
6 Gabriel Matthews	12	Enloe	21-00.75
7 Charles Carter	12	Athens Drive	20-10.75
8 Cole Carter	11	Cardinal Gib	20-07.75
9 Takhari McArthur	10	Glenn	20-05.00
10 Blake Simmons	11	Mount Tabor	20-04.00
11 Nyan Brown	9	Mallard Cree	20-03.25
12 Javariante Core	12	W. Guilford	20-00.75
13 Shakir Clark	12	Julius Chamb	19-10.50
14 Lawson Windsor	12	Cuthbertson	19-09.75
15 William Murphy	12	Glenn	19-09.00
16 Chandler Clarke	11	SE Raleigh	18-07.00

## Event 7 Girls Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Rafaela Drake	11	Riverside (4	38-06.50
2 Jahaila Wright	11	Olympic	37-06.00
3 Carmen PenaSoto	11	Olympic	37-01.50
4 Isabelle Liu	11	Cuthbertson	37-00.50
5 Maya Studney	12	Cuthbertson	37-00.00
6 Alora Williams	11	Willow Sprin	36-01.25
7 Lena Richardson	12	Panther Cree	35-10.00
8 Morgan Brown	11	Independence	35-03.00
9 Kira Nicholas	11	Rocky River	34-09.00
10 Maddi McCoy	9	Marvin Ridge	34-05.50
11 Kayla Matthews	10	Enloe	34-04.50
12 Deja Brooks	10	W. Guilford	34-03.25
13 Jasmine Higgins	12	Mallard Cree	34-01.00

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## JDL Fast Track

## Results

## Finals ... (Event 7 Girls Triple Jump)

Name	Yr	School	Finals
14 Aniyah Wallace	11	Butler	33-07.00
15 Akeya Harrison	12	Richmond Sen	J33-07.00

## Event 8 Boys Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Javariante Core	12	W. Guilford	46-10.00
2 Christian Seibert	12	Cuthbertson	44-06.75
3 Chris Brown	12	S. Mecklenburg	43-11.75
4 Matias Rampolla	11	Ardrey Kell	43-09.25
5 Jashawn Middleton	12	Cleveland Hi	43-07.25
6 Brandon Harris	11	Reagan	43-02.00
7 Josh Sokeye	12	Marvin Ridge	43-01.25
8 Jonathan Koger	12	Reagan	42-11.25
9 Joel Huang	11	Apex	42-07.00
10 Gabriel Matthews	12	Enloe	42-03.00
11 Chandler Clarke	11	SE Raleigh	42-02.25
12 Jeremiah Bailey	12	Reagan	41-11.25
13 Jaivon Pegues	12	W. Guilford	41-07.75
14 Joshua Avery	12	Asheville	41-01.50
15 Lawson Windsor	12	Cuthbertson	40-06.50
16 Ryan Farness	11	Char Catholic	40-05.25
17 Taiwon Brown	10	Weddington H	40-03.50
18 Kobe Mack	10	Parkland	40-02.00
19 Donoven Brown	10	Pincrest	39-10.50
20 Ocir Black	12	Parkland	38-10.00
21 Shaun Thomas	12	Pincrest	37-09.75
22 Tre Coddington	10	Asheville	36-06.75
--- Jaiden Hubbard	12	West Forsyth	FOUL
--- Tristian Simms-Lassiter	11	Wake Forest	FOUL

## Event 9 Girls High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Kirstin Smalls	11	Panther Cree	5-08.00
2 Audrey Jenkins	11	Grimsley	5-04.00
2 Aria Wegh	11	Marvin Ridge	5-04.00
4 Hayleigh Bryant	12	NW Guilford	J5-04.00
5 Taiya Lovett	11	Overhills	5-02.00
6 Danielle Hazlewood	12	Lake Norman	J5-02.00
6 Kyla Crumpler	12	Cardinal Gib	J5-02.00
8 Kyla Dailey	10	Mallard Cree	J5-02.00
9 Alexa Nestor	12	Green Level	5-00.00
10 Deja Brooks	10	W. Guilford	4-10.00
10 Emma Kelly	12	Weddington H	4-10.00
12 Timbitee Esayas	11	Holly Spring	J4-10.00
13 Kayla Purdy	11	Porter Ridge	J4-10.00
13 Kate Cushing	10	Cuthbertson	J4-10.00
15 Ashlynn Wimberly	10	Mallard Cree	4-08.00
16 Saidee Stone	11	Cleveland Hi	J4-08.00
16 Mason Porter	12	Cleveland Hi	J4-08.00
--- Natalie Griffith	12	Apex Friends	NH

## Event 10 Boys High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Jonathan Koger	12	Reagan	6-08.00
2 Shaun Thomas	12	Pincrest	J6-08.00
3 Jordan Wolverton	11	Mount Tabor	6-06.00
4 Sheldon Ulmer	12	NW Guilford	J6-06.00
5 Reid Herring	12	Providence	6-04.00
6 Jonathan Parks	11	A.L. Brown	6-00.00
7 Stephen Radway	11	Rolesville H	J6-00.00
8 Keyshawn Jackson	12	Harding Univ	J6-00.00
9 Tanner Travis	12	Weddington H	5-10.00
10 Reagan Wise	12	Panther Cree	J5-10.00
11 Tyrene Stanback	11	Richmond Sen	J5-10.00
12 Nigel Lawrence	12	Chapel Hill	J5-10.00
13 Damien Hinnant	12	Panther Cree	5-08.00
--- James Swaringen	11	Asheville	NH
--- Aidan Lockhart	12	Hough, Willi	NH

## Event 11 Girls Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Lena Richardson	12	Panther Cree	12-00.00
2 Sonia Katahdin	11	Grimsley	11-06.00
3 Summer Laskey	12	Athens Drive	J11-06.00
4 Stephanie Ayana Jackson	11	Hillside	11-00.00
5 Abigail Cornell	12	Broughton	J11-00.00
6 Eleni Fiore	11	Weddington H	10-06.00
6 Isabella Leonard	10	Cardinal Gib	10-06.00
8 Hannah Riley	12	Mount Tabor	J10-06.00
9 Haley Hanes	12	West Forsyth	J10-06.00
10 Meredith Barr	12	Myers Park	J10-06.00
11 Olivia Burroughs	11	Watauga	10-00.00
11 Lauren Ceccarini	11	Weddington H	10-00.00
13 Briggs McCarter	12	Providence	J10-00.00
14 Noelle Childs	10	West Forsyth	J10-00.00
15 Paiden Castelblanco	11	Asheville	9-06.00

## Event 12 Boys Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Tan	10	Wakefield	14-00.00
2 Eli Clark	11	Weddington H	13-06.00
3 Reagan Wise	12	Panther Cree	J13-06.00
4 Lawson Windsor	12	Cuthbertson	13-00.00
5 Noah Smith	12	Leesville Rd	J13-00.00
6 Jack Adler	11	East Chapel	12-06.00
7 Austin Sweet	9	Davie County	J12-06.00
8 Lloyd Armstrong	10	Wakefield	J12-06.00
8 Andrew Riley	10	Mount Tabor	J12-06.00
10 Jacob Parker	11	W. Cabarrus	12-00.00
11 Joseph Beck	10	Apex	J12-00.00
12 Jackson Carpenter	12	Ardrey Kell	11-06.00
--- Ryan Davis	12	Weddington H	NH

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JDL Fast Track

Results

Event 13 Girls 4x800 M Relay

Team	Relay	Finals
<b>Finals</b>		
1 Mount Tabor	A	9:18.98
1) Bronwyn Parks 11	2) Hannah Riley 12	
3) Eliza Brand 11	4) Katie McFerrin 11	
2:18.901 (2:18.901)	4:38.701 (2:19.801)	7:00.745 (2:22.044)
9:18.973 (2:18.228)		
2 Cuthbertson	A	9:41.97
1) Lillian Nasta 12	2) Josie Schihl 9	
3) Addison Miller 9	4) Justine Preisano 11	
2:21.901 (2:21.901)	4:46.317 (2:24.416)	7:17.928 (2:31.612)
9:41.968 (2:24.040)		
3 Apex	A	9:45.51
1) Addie Fornes 11	2) Sarah Galdi 11	
3) Sophia Taylor 11	4) Ella Arnold 12	
2:22.502 (2:22.502)	4:53.042 (2:30.540)	7:24.710 (2:31.668)
9:45.504 (2:20.794)		
4 Weddington H	A	9:47.41
1) Elizabeth Ritter 12	2) Valeria Mas 12	
3) Kathryn Grace 9	4) Paige Starkie 12	
2:26.061 (2:26.061)	4:56.722 (2:30.661)	7:24.831 (2:28.109)
9:47.403 (2:22.572)		
5 Cardinal Gibbons	A	9:51.23
	2) Addy Mitchell 10	
3) Peyton LaNasa 11		
2:22.627 (2:22.627)	4:52.740 (2:30.113)	7:24.526 (2:31.786)
9:51.221 (2:26.695)		
6 Marvin Ridge	A	9:53.45
1) Lauren Horwitt 11	2) Julia Mayer 10	
3) Hadley Wilson 11	4) Isabella Gentile 9	
2:28.017 (2:28.017)	4:58.061 (2:30.044)	7:29.286 (2:31.226)
9:53.449 (2:24.164)		
7 Heritage	A	9:57.08
1) Ainsley Donovan 12	2) Viola Korir 12	
3) Madison Groves 10	4) Ella White 11	
2:32.602 (2:32.602)	4:54.450 (2:21.848)	7:28.563 (2:34.114)
9:57.074 (2:28.512)		
8 Panther Creek	A	9:57.57
1) Camryn Quinn 10	2) Ishi Varshney 11	
3) Annette Lee 10	4) Taylor Crawford 11	
2:30.869 (2:30.869)	5:02.397 (2:31.528)	7:33.956 (2:31.560)
9:57.567 (2:23.611)		
9 Holly Springs	A	10:04.74
1) Savannah Krupica 11	2) McKenzie Collins 11	
3) Rylee Barbee 10	4) Ellis Vaughan 10	
2:30.277 (2:30.277)	5:05.356 (2:35.080)	7:41.072 (2:35.716)
10:04.736 (2:23.664)		
10 Asheville	A	10:07.05
1) Sadie Hambright 9	2) Stella Slingsby 10	
3) Andromache Lemmel 9	4) Charlotte Goebel 10	
2:34.143 (2:34.143)	5:08.592 (2:34.450)	7:41.835 (2:33.243)
10:07.050 (2:25.216)		

11 Cary	A	10:07.42
1) Rachel Klett 11	2) Yves Morrison 12	
3) Payton Murphy 11	4) Sadey Smith 9	
2:34.570 (2:34.570)	4:56.050 (2:21.480)	7:33.161 (2:37.112)
10:07.418 (2:34.257)		
12 West Forsyth	A	10:07.77
1) Abby Reutinger 11	2) Lulu Serang 10	
3) Dempsey Baldini 9	4) Sophie Cowart 12	
2:30.991 (2:30.991)	5:00.246 (2:29.255)	7:33.086 (2:32.840)
10:07.766 (2:34.680)		
13 Leesville Road	A	10:09.20
1) Zoe Etheridge 11	2) Lily Leshner 9	
3) Ruth Metaferia 9	4) Kate Slobodnyak 10	
2:30.392 (2:30.392)	5:08.660 (2:38.268)	7:39.606 (2:30.946)
10:09.197 (2:29.591)		
14 Myers Park	A	10:09.93
1) Charlotte Britt 11	2) Claire Dixon 10	
3) Katherine Zarzour 12	4) Taelyn Ingram 9	
2:34.190 (2:34.190)	5:03.971 (2:29.782)	7:42.708 (2:38.738)
10:09.922 (2:27.214)		
15 Green Level	A	10:11.36
1) Eliza Greengrass 11	2) Sadie Wortman 9	
3) Samantha Petersen 9	4) Delaney Coleman 10	
2:26.221 (2:26.221)	5:00.071 (2:33.850)	7:30.863 (2:30.792)
10:11.357 (2:40.495)		
16 A.C. Reynolds	A	10:29.19
1) Evva Hamilton 10	2) Ella Chase 9	
3) Cora Elliott 9	4) Ella Kepple 12	
2:31.039 (2:31.039)	5:09.918 (2:38.879)	7:53.828 (2:43.910)
10:29.183 (2:35.356)		
17 R.J. Reynolds	A	10:37.78
1) Mary Grace Iauco 9	2) Katy Cox 9	
3) Ellie Reynolds 11	4) Elizabeth Smith 11	
2:30.543 (2:30.543)	5:07.985 (2:37.442)	7:58.482 (2:50.498)
10:37.772 (2:39.290)		
--- Reagan	A	DNF
1) Kate Henderson 10	2) Lily Hayes 9	
3) Tori Clinger 12	4) Sarah Fassinger 10	
2:25.353 (2:25.353)	5:00.593 (2:35.240)	7:36.748 (2:36.155)

Event 14 Boys 4x800 M Relay

Team	Relay	Finals
<b>Finals</b>		
1 Mount Tabor	A	8:00.05
1) Conner Inman 12	2) Andrew Riley 10	
3) Luke Armentrout 12	4) Andrew Burrell 12	
2:02.883 (2:02.883)	4:01.183 (1:58.300)	6:02.169 (2:00.986)
8:00.046 (1:57.878)		
2 Charlotte Catholic	A	8:03.40
1) Ian Pierce 12	2) AJ Painter 12	
3) Nick Potter 12	4) Logan Hill 11	
2:01.189 (2:01.189)	4:01.824 (2:00.635)	6:04.234 (2:02.411)
8:03.398 (1:59.164)		

## NCHSAA 4A Indoor Track State Championships - 2/11/2023

## JDL Fast Track

## Results

## Finals ... (Event 14 Boys 4x800 M Relay)

Team	Relay	Finals
3 Green Hope	A	8:08.13
1) Andrew Vo 12	2) Dax Mahone 11	
3) Sebastian Percival Shim 11	4) Gavin Hansen 12	
2:01.327 (2:01.327)	4:03.941 (2:02.614)	6:04.343 (2:00.402)
8:08.124 (2:03.781)		
4 Holly Springs	A	8:13.39
1) Landon Patterson 10	2) Joel Henrich 12	
3) Gavin Fenton 10	4) Joseph Fahey 12	
2:03.618 (2:03.618)	4:05.146 (2:01.528)	6:08.522 (2:03.376)
8:13.384 (2:04.863)		
5 Cuthbertson	A	8:13.98
1) Charlie Schihl 11	2) Peter Schihl 12	
3) Brandt Anderson 10	4) Timothy Salicco 12	
2:04.520 (2:04.520)	4:08.562 (2:04.043)	6:13.161 (2:04.599)
8:13.974 (2:00.813)		
6 T.C. Roberson	A	8:14.29
1) Nicholas Gibson 11	2) Ryan Chong 12	
3) Josiah Kaiser 12	4) Kevin Cordero 11	
2:04.109 (2:04.109)	2:04.551 (0.442)	6:13.650 (4:09.099)
8:14.286 (2:00.636)		
7 Panther Creek	A	8:17.82
1) Ari Seran 12	2) Arnav Earve 12	
3) Adithya Rajaram 11	4) Prithvi Kotapati 12	
2:03.325 (2:03.325)	6:12.729 (4:09.404)	8:17.816 (2:05.088)
8 R.J. Reynolds	A	8:18.07
1) Emory Waite 10	2) Andrew York 11	
3) Walt Petersen 12	4) Cedar Nichols-Barnhart 10	
2:03.986 (2:03.986)	6:20.525 (4:16.540)	8:18.064 (1:57.539)
9 Apex Friendship	A	8:20.33
1) Connor Uenking 12	2) Gus Rutledge 12	
3) Owen Pearson 12	4) William Newman 12	
2:04.646 (2:04.646)	6:19.268 (4:14.622)	8:20.328 (2:01.060)
10 Mallard Creek	A	8:20.42
1) Tynarie Mckinney 9	2) Kevin Noble Jr. 10	
3) Charles Rogers 12	4) Christian Wheeler 12	
2:04.304 (2:04.304)	6:13.514 (4:09.210)	8:20.420 (2:06.906)
11 South Mecklenburg	A	8:21.67
1) Preston Harbin 11	2) Adam Simpson 12	
3) Aaron Vargas 10	4) Caleb Roesch 12	
2:03.054 (2:03.054)	6:22.215 (4:19.162)	8:21.664 (1:59.450)
12 Leesville Road	A	8:22.62
1) Bo Groff 12	2) Jacob Dokulil 11	
3) Ken Ishii 11	4) Banks Blizzard 10	
2:07.648 (2:07.648)	4:12.557 (2:04.909)	6:19.859 (2:07.302)
8:22.614 (2:02.756)		
13 A.L. Brown	A	8:23.36
1) JP Bautista 11		
3) Oliver Godinez 11	4) Fabian Godinez 12	
1:32.546 (1:32.546)	6:21.109 (4:48.563)	8:23.358 (2:02.249)
14 Marvin Ridge	A	8:24.23
3) Aiden Tauro 12		
2:03.658 (2:03.658)	4:13.291 (2:09.633)	6:21.472 (2:08.181)
8:24.230 (2:02.758)		

15 West Forsyth	A	8:29.17
1) Brandt Doty 12	2) Colby Groce 11	
3) Owen Newsome 12	4) Wesley Haggstrom 12	
2:04.900 (2:04.900)	6:23.181 (4:18.281)	8:29.161 (2:05.980)
16 Weddington H	A	8:29.42
1) Ian Mas 11	2) Daniel Fiore 9	
3) Luke Mckelvey 11	4) Cole Ashley 12	
2:04.000 (2:04.000)	4:15.734 (2:11.734)	6:22.165 (2:06.432)
8:29.412 (2:07.247)		
17 Riverside (4a)	A	8:29.82
1) Philip Blum 10	2) Owen Transue 12	
3) Beau Brebner 10	4) Justin Lawrence 9	
2:02.630 (2:02.630)	4:12.013 (2:09.383)	6:23.576 (2:11.563)
8:29.812 (2:06.237)		
18 Green Level	A	8:32.56
1) Alex Fernandez 12	2) Advait Chervu 12	
3) Evan Hall 12	4) Jake Lominack 10	
2:01.318 (2:01.318)	6:21.880 (4:20.563)	8:32.556 (2:10.676)
19 Asheville	A	8:32.74
	2) Dalton Etheridge 10	
3) Burroughs Law 10		
2:06.564 (2:06.564)	6:23.165 (4:16.602)	8:32.739 (2:09.574)
20 Millbrook	A	8:33.23
1) Ryan Adams 11	2) Hayden Little 10	
3) Benjamin Panebianco 12	4) Lucas Schwinger 12	
2:09.153 (2:09.153)	4:14.376 (2:05.223)	6:21.953 (2:07.578)
8:33.228 (2:11.275)		
21 Chapel Hill	A	8:34.26
	2) Cogan McMichaels 12	
3) Dylan Whitmire 11	4) Hank Neal 11	
6:27.072 (6:27.072)	8:34.255 (2:07.183)	
22 Athens Drive	A	8:43.48
1) Connor O'Toole 11	2) Mason Jaeger	
3) Jacob Taylor	4) Jonathan Taylor 10	
2:09.554 (2:09.554)	4:22.084 (2:12.530)	8:43.476 (4:21.392)

## Event 15 Girls 55 M Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Aria Wegh	11	Marvin Ridge	7.93q
2 Alexa Nestor	12	Green Level	8.13q
3 Joslyna Hamilton	11	Rolesville H	8.15q
4 Jayda Lewis	10	Mallard Cree	8.25q
5 Carmen PenaSoto	11	Olympic	8.31q
6 Selena Carlyle	11	Clayton	8.39q
7 Kori Randle	11	Garner	8.41q
8 Amaya Hopkins	12	S. Mecklenburg	8.45q
9 Jordan Rochester	10	Rolesville H	8.59
10 Zamearea Simpson	12	Garner	8.64
11 Nyree Andrews	11	Mallard Cree	8.67
12 Aaalayah Raleigh	10	W. Guilford	8.69
13 Sydney Shryock	12	Hough, Willi	8.76
14 Jessica Rodriguez	11	N. Mecklenburg	8.81
15 Jasmine Stokes	12	Rocky River	8.81
16 Farrah Anderson	9	Marvin Ridge	8.83
17 Morgan Brown	11	Independence	8.91

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## JDL Fast Track

## Results

**Preliminaries ... (Event 15 Girls 55 M Hurdles)**

Name	Yr	School	Prelims
18	Zoe Cousin	12 Ardrey Kell	8.92
19	Carleigh McCullough	10 SE Raleigh	8.93
20	Jaziya Odom	10 Mount Tabor	8.94
21	Kate Cushing	10 Cuthbertson	9.04
22	Alex Thomas	12 Asheville	9.10
23	Chorley Truitt	12 Green Level	9.16
24	Tatiana Blake	10 Cuthbertson	9.31
25	Cheila Tokiti	10 Independence	9.82
26	Jordan Henderson	10 Heritage	9.99
---	Kendal Hudson	12 Mooresville	DQ

**Event 15 Girls 55 M Hurdles**

Name	Yr	School	Finals
1	Aria Wegh	11 Marvin Ridge	7.86
2	Joslyn Hamilton	11 Rolesville H	8.15
3	Alexa Nestor	12 Green Level	8.16
4	Carmen PenaSoto	11 Olympic	8.35
5	Jayda Lewis	10 Mallard Cree	8.35
6	Kori Randle	11 Garner	8.36
7	Selena Carlyle	11 Clayton	8.43
8	Amaya Hopkins	12 S. Mecklenburg	8.54

**Event 16 Boys 55 M Hurdles**

Name	Yr	School	Prelims
1	Xavier Branker	12 Ardrey Kell	7.59q
2	Daunte Marshall	12 A.L. Brown	7.65q
3	Khairi Steadman	12 Rocky River	7.71q
4	Timothy Richardson	12 Knightdale	7.85q
5	Charles Spellings	11 Cuthbertson	7.87q
6	Desmond Smith	11 Hillside	7.90q
7	Jordan Wolverton	11 Mount Tabor	7.92q
8	Raymond English	11 N. Guilford	7.93q
9	Jackson McCoy	11 Garner	7.95
10	Jaylen Morrow	11 Julius Chamb	8.00
11	Xavier Ratliff	11 RJ Reynolds	8.01
12	Joel Nti	11 N. Mecklenburg	8.02
13	Kobe Mack	10 Parkland	8.03
14	Dominick DeAngelo	11 Millbrook	8.05
15	Thomas Fields	11 Rolesville H	8.05
16	Matias Rampolla	11 Ardrey Kell	8.06
17	Ronald Logan	12 Porter Ridge	8.07
18	Jonathan Koger	12 Reagan	8.12
19	Johntay Gaither	10 S. Iredell	8.13
20	Tristin Reutter	12 Topsail	8.27
21	Jack McGrath	11 Panther Cree	8.32
22	Ocir Black	12 Parkland	13.85

**Event 16 Boys 55 M Hurdles**

Name	Yr	School	Finals
1	Xavier Branker	12 Ardrey Kell	7.48
2	Daunte Marshall	12 A.L. Brown	7.53

3	Desmond Smith	11 Hillside	7.61
4	Timothy Richardson	12 Knightdale	7.63
5	Charles Spellings	11 Cuthbertson	7.80
6	Khairi Steadman	12 Rocky River	7.85
7	Raymond English	11 N. Guilford	7.89
8	Jordan Wolverton	11 Mount Tabor	7.97

**Event 17 Girls 55 M**

Name	Yr	School	Finals
1	Joslyn Hamilton	11 Rolesville H	6.92
2	Aria Wegh	11 Marvin Ridge	6.98
3	Ai'yana Gray-Williams	12 Parkland	7.01
4	Londyn Atkinson	9 Rolesville H	7.09
5	Zyon Alston	10 Hillside	7.11
6	Victoria Knight	12 Weddington H	7.16
7	Ziyah Etchison	12 Parkland	7.21

**Event 18 Boys 55 M**

Name	Yr	School	Prelims
1	Christian Dixon	10 Mallard Cree	6.32q
2	Antwan Hughes Jr	11 Parkland	6.33q
3	Calen McKinney	12 Porter Ridge	6.41q
4	Benjamin Black	11 Mallard Cree	6.44q
5	Tanner Leach	12 Corinth Hold	6.45q
6	Josiah Wrice	11 Butler	6.49q
7	Dazmin James	12 Clayton	6.50q
8	Barfuo Boakye-Boaten	12 Asheville	6.52q
9	Jaiden Lee	12 Mallard Cree	6.54
10	Tyson Adams	12 West Forsyth	6.57
11	Andrew Steele	11 Reagan	6.60
12	Judah Oquendo	12 Hickory Ridg	6.63
13	M.A. Skeins	11 AC Reynolds	6.64
14	Tylen McClain	9 N. Mecklenburg	7.13

**Event 18 Boys 55 M**

Name	Yr	School	Finals
1	Antwan Hughes Jr	11 Parkland	6.19
2	Christian Dixon	10 Mallard Cree	6.28
3	Calen McKinney	12 Porter Ridge	6.37
4	Benjamin Black	11 Mallard Cree	6.39
5	Dazmin James	12 Clayton	6.42
6	Tanner Leach	12 Corinth Hold	6.45
7	Josiah Wrice	11 Butler	6.46
8	Barfuo Boakye-Boaten	12 Asheville	6.49

**Event 20 Boys 55 M Wheelchair Wheelchair**

Name	Yr	School	Finals
1	Adam Smith	11 Marvin Ridge	11.59
2	Zachary Moore	12 Sun Valley	13.36

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JDL Fast Track

Results

Event 21 Girls 4x200 M Relay

Team	Relay	Finals
<b>Finals</b>		
1 Parkland Magnet IB	A	1:42.41
1) Oteria Dubose 12	2) Ziyah Etchison 12	
3) Ai'yana Gray-Williams 12	4) Megan Hatcher 11	
2 Clayton	A	1:45.33
1) Selena Carlyle 11	2) Autumn Joyce 11	
3) Elena Gorena 11	4) Amilia Speller 11	
3 Garner	A	1:45.54
1) Kori Randle 11	2) Jaida Dawes 12	
3) Amaya Keys 12	4) Shaune' Ingraham 11	
4 Olympic	A	1:45.60
1) T'Sheylah Moore 12		
3) Journee Gordon 11	4) I'Ja Walter 11	
5 Weddington H	A	1:45.62
1) Victoria Knight 12	2) Gabrielle Knight 10	
3) Elektra Koulouris 11		
6 Cuthbertson	A	1:45.62
1) Isabelle Liu 11	2) Miranda Watts 11	
3) Meredith Palmer 11	4) Maya Studney 12	
7 Hillside	A	1:45.87
1) Alajah Rogers	2) Noni Wise 10	
3) Maya Southerland 10		
8 Reagan	A	1:46.30
1) Bailey Huff 10	2) Evangeline Saunders 11	
3) Alexis Vaughan 11	4) Carmealla Marino 10	
9 Butler	A	1:46.61
1) Tyaja Jennings 11	2) Aniyah Wallace 11	
3) Kendall Hicks 10	4) Tessa Collard 9	
10 Rolesville H	A	1:47.10
1) Akeirra Wilson 12	2) Jada Clark 12	
3) Jordan Rochester 10	4) Londyn Atkinson 9	
11 Mallard Creek	A	1:47.38
1) Shiasia Mitchell 9	2) Jayda Lewis 10	
3) Laila Ramadan 9		
12 South Mecklenburg	A	1:48.24
1) Nadia Bolden 11	2) Hannah Harris 11	
3) Leah Harris 12	4) Sydney Justice 12	
13 Panther Creek	A	1:48.80
1) Isys Nelms 11	2) Kelly MacBride 10	
3) Victoria Keitt 11		
14 Porter Ridge	A	1:49.12
1) Kennedy Williams 9	2) Margaret Garner 11	
3) Julia Zayachowsky 12	4) Allison Greenwalt 12	
15 Willow Spring	A	1:49.20
1) Latrice Barther 10	2) Alora Williams 11	
3) Janiyah Mckinnie 10	4) Ayani Patterson 10	
16 Wakefield	A	1:49.46
1) Nyah Adair 9	2) Imani Sharp 10	
3) Landon Spencer 10	4) Zuri Davis 9	
17 Marvin Ridge	A	1:50.28
1) Annika Gregson 12	2) Natasha Simmons 11	
3) Farrah Anderson 9	4) Mia Lieberman 9	

18 Cleveland High School	A	1:52.69
1) Taylor Hinton		
3) Kennedy Hinton 9	4) Olivia Hunt 9	

Event 22 Boys 4x200 M Relay

Team	Relay	Finals
<b>Finals</b>		
1 Parkland Magnet IB	A	1:29.51
1) Antwan Hughes Jr 11	2) Kobe Mack 10	
3) Micah Walker 10	4) Justin Powell 12	
2 Western Guilford	A	1:31.09
	2) Christopher Coltrane Gaston 10	
3) Camren Winfield 10	4) Jordan Good 12	
3 Corinth Holders	A	1:32.62
1) James McLean 10	2) Nolan O'Neill 12	
3) Byron Durham 11	4) Tanner Leach 12	
4 Porter Ridge	A	1:32.71
1) Harrison Johnson 11	2) Calen McKinney 12	
3) Ronald Logan 12	4) Daniel Kennedy 11	
5 Green Hope	A	1:32.91
1) Christian Wright 12	2) Owen Zalc 12	
3) Kaiden Granko 12	4) Sean Hill 9	
6 South Garner	A	1:34.26
1) Isaiah Sykes 11	2) Anthony Boykins Jr 9	
3) Tareeq Brewer 10	4) DaShawn Winters 12	
7 Clayton	A	1:34.55
1) Matthew Walker	2) Lamine Suma 12	
3) Jayden Blackmon 12	4) Dazmin James 12	
8 Butler	A	1:35.21
1) Tyler Dent 9	2) Kamron Holman 11	
3) Jaylen Jones 12	4) Josiah Wrice 11	
9 Cleveland High School	A	1:35.29
1) Jordan Gulley 11	2) Shawn Williams 11	
3) DeAngelo Ruffin Jr 9	4) Jashawn Middleton 12	
10 Asheville	A	1:35.96
1) Barfuo Boakye-Boaten 12	2) Addison Cain 10	
3) Noah Shaw 11		
--- Reagan	A	DNF
1) Landan Callahan 11	2) Andrew Steele 11	
3) Jerry Summers 10	4) Brandon Harris 11	
--- Cuthbertson	A	DNF
1) Reece Morgan 12	2) Keenan Jackson 11	
3) Richard G Johnson 11	4) Killian Fahy 12	
--- Mallard Creek	A	DQ
1) Benjamin Black 11		
3) Christian Dixon 10	4) Jaiden Lee 12	

Event 23 Girls 1600 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Charlotte Bell	11	Cuthbertson	4:45.19
34.602 (34.602)	1:11.392 (36.790)	1:47.655 (36.264)	
2:22.812 (35.157)	2:58.335 (35.524)	3:33.891 (35.556)	
4:09.910 (36.020)	4:45.186 (35.276)		

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## JDL Fast Track

## Results

## Finals ... (Event 23 Girls 1600 M)

	Name	Yr	School	Finals
2	Stella Kermes	11	Cuthbertson	4:47.27
	34.904 (34.904)	1:11.635 (36.731)	1:48.474 (36.839)	
	2:24.064 (35.590)	2:59.859 (35.796)	3:36.069 (36.210)	
	4:12.076 (36.008)	4:47.270 (35.194)		
3	Hannah Rae Shaffer	10	Cardinal Gib	4:51.00
	34.827 (34.827)	1:11.556 (36.729)	1:48.103 (36.548)	
	2:23.875 (35.772)	3:00.212 (36.338)	3:36.626 (36.414)	
	4:13.908 (37.283)	4:51.000 (37.092)		
4	Alyssa Preisano	12	Cuthbertson	4:56.47
	34.241 (34.241)	1:11.135 (36.894)	1:48.718 (37.583)	
	2:25.344 (36.626)	3:03.230 (37.887)	3:42.032 (38.802)	
	4:19.848 (37.816)	4:56.470 (36.622)		
5	Joiner Evans	11	Mount Tabor	5:07.88
	35.153 (35.153)	1:11.842 (36.690)	1:49.332 (37.490)	
	2:27.994 (38.663)	3:07.158 (39.164)	3:47.646 (40.489)	
	4:28.419 (40.773)	5:07.872 (39.454)		
6	Allie Kinlaw	10	Page	5:09.51
	36.702 (36.702)	1:13.369 (36.667)	1:52.134 (38.766)	
	2:31.332 (39.198)	3:10.108 (38.777)	3:49.906 (39.798)	
	4:30.594 (40.688)	5:09.502 (38.908)		
7	Elizabeth Healy	10	Riverside (4	5:12.89
	36.201 (36.201)	1:13.082 (36.881)	1:52.396 (39.314)	
	2:31.918 (39.522)	3:12.248 (40.330)	3:53.189 (40.942)	
	4:33.962 (40.773)	5:12.885 (38.924)		
8	Kaitlyn Obremski	12	Topsail	5:15.36
	35.074 (35.074)	1:12.046 (36.972)	1:49.536 (37.490)	
	2:28.296 (38.761)	3:07.963 (39.667)	3:49.094 (41.131)	
	4:31.671 (42.578)	5:15.358 (43.687)		
9	Eliza Brand	11	Mount Tabor	5:16.88
	35.934 (35.934)	1:12.529 (36.596)	1:51.404 (38.876)	
	2:31.432 (40.028)	3:12.406 (40.974)	3:54.294 (41.888)	
	4:36.242 (41.949)	5:16.880 (40.638)		
10	Kaleigh McHale	9	Middle Creek	5:17.01
	37.487 (37.487)	1:14.596 (37.109)	1:55.564 (40.968)	
	2:37.319 (41.756)	3:19.431 (42.112)	4:01.789 (42.358)	
	4:42.880 (41.091)	5:17.005 (34.126)		
11	Elizabeth Ritter	12	Weddington H	5:17.57
	35.648 (35.648)	1:12.756 (37.108)	1:51.877 (39.122)	
	2:32.638 (40.762)	3:14.430 (41.792)	3:57.220 (42.790)	
	4:39.420 (42.200)	5:17.568 (38.148)		
12	Kaylie Dziedzina	12	Green Level	5:17.63
	37.224 (37.224)	1:15.631 (38.408)	1:55.698 (40.068)	
	2:36.595 (40.897)	3:17.391 (40.796)	3:58.604 (41.214)	
	4:39.193 (40.589)	5:17.622 (38.429)		
13	Lily Rogers	12	Middle Creek	5:17.94
	36.340 (36.340)	1:13.778 (37.438)	1:53.026 (39.248)	
	2:34.025 (41.000)	3:16.640 (42.616)	3:58.754 (42.114)	
	4:39.955 (41.201)	5:17.932 (37.977)		
14	Mandi Pollard	10	Corinth Hold	5:21.50
	35.768 (35.768)	1:12.946 (37.178)	1:51.638 (38.692)	
	2:31.584 (39.947)	3:12.686 (41.102)	3:54.984 (42.299)	
	4:38.425 (43.441)	5:21.496 (43.072)		

15	Ruth Metaferia	9	Leesville Rd	5:34.12
	37.982 (37.982)	1:16.497 (38.516)	1:58.065 (41.568)	
	2:40.441 (42.376)	3:24.144 (43.704)	4:08.436 (44.292)	
	4:52.773 (44.338)	5:34.120 (41.347)		

## Event 24 Boys 1600 M

	Name	Yr	School	Finals
	<b>Finals</b>			
1	Jacob Laney	12	Porter Ridge	4:11.21
	31.670 (31.670)	1:03.277 (31.608)	1:34.592 (31.315)	
	2:07.224 (32.633)	2:38.589 (31.365)	3:08.612 (30.024)	
	3:39.068 (30.456)	4:11.202 (32.134)		
2	Caden Townshend	12	Weddington H	4:15.07
	31.632 (31.632)	1:03.032 (31.400)	1:34.362 (31.330)	
	2:07.046 (32.685)	2:38.917 (31.871)	3:09.918 (31.001)	
	3:41.218 (31.301)	4:15.070 (33.852)		
3	Marco Evans	12	Cary	4:18.40
	31.982 (31.982)	1:03.444 (31.462)	1:34.746 (31.303)	
	2:07.362 (32.616)	2:39.278 (31.916)	3:10.264 (30.986)	
	3:43.642 (33.378)	4:18.392 (34.750)		
4	Seth Caudill	12	Asheville	4:18.74
	32.006 (32.006)	1:03.947 (31.941)	1:35.504 (31.558)	
	2:07.528 (32.024)	2:39.528 (32.001)	3:11.348 (31.820)	
	3:46.534 (35.186)	4:18.739 (32.206)		
5	Krister Sjoblad	12	Athens Drive	4:19.57
	31.733 (31.733)	1:02.744 (31.012)	1:34.104 (31.360)	
	2:06.786 (32.682)	2:39.739 (32.954)	3:12.752 (33.014)	
	3:46.261 (33.509)	4:19.562 (33.301)		
6	Caleb Roesch	12	S. Mecklenburg	4:21.02
	31.768 (31.768)	1:03.680 (31.912)	1:35.662 (31.982)	
	2:07.966 (32.305)	2:40.766 (32.800)	3:14.603 (33.837)	
	3:48.224 (33.621)	4:21.018 (32.795)		
7	Tate Shore	10	Reagan	4:25.15
	32.046 (32.046)	1:04.643 (32.597)	1:36.902 (32.260)	
	2:09.873 (32.971)	2:44.029 (34.156)	3:18.712 (34.684)	
	3:52.522 (33.810)	4:25.143 (32.621)		
8	Ian Pierce	12	Char Catholic	4:29.34
	32.268 (32.268)	1:04.899 (32.632)	1:37.304 (32.405)	
	2:11.002 (33.698)	2:45.569 (34.568)	3:21.544 (35.975)	
	3:56.658 (35.115)	4:29.331 (32.673)		
9	Luke Young	12	Green Hope	4:31.27
	31.842 (31.842)	1:04.319 (32.477)	1:37.650 (33.332)	
	2:11.278 (33.628)	2:45.843 (34.565)	3:21.254 (35.411)	
	3:56.418 (35.165)	4:31.264 (34.846)		
10	Ian Rouse	12	Jordan	4:34.98
	31.686 (31.686)	1:03.660 (31.974)	1:35.331 (31.672)	
	2:07.896 (32.566)	2:41.385 (33.489)	3:16.375 (34.990)	
	3:53.436 (37.062)	4:34.978 (41.542)		
---	Luke Armentrout	12	Mount Tabor	DNF
	32.342 (32.342)	1:07.154 (34.812)		
---	Luke Liming	11	Cary	DNF

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## Results

## Event 25 Girls 500 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Megan Hatcher	11	Parkland	1:15.83
1:16.724 (1:16.724)			
2 Kyndal Saunders	12	Corinth Hold	1:15.97
3 T'Sheylah Moore	12	Olympic	1:16.24
4 Madelyn Flower	11	Apex	1:16.47
5 Margaret Garner	11	Porter Ridge	1:16.73
6 Amaya Hopkins	12	S. Mecklenburg	1:16.94
7 Rebecca Cornett	12	Cuthbertson	1:18.29
8 Journee Gordon	11	Olympic	1:18.70
9 Molly Canon	11	Char Catholic	1:19.14
10 Janelle Caldeira	10	Cary	1:19.42
11 Viola Korir	12	Heritage	1:19.75
12 Raylee Grieco	12	Leesville Rd	1:20.00
13 Saniya Hall	10	Parkland	1:20.53
14 Caroline Parillo	12	Cuthbertson	1:20.67
15 Leah Butler	12	Hopewell	1:20.69
1:18.694 (1:18.694)			
16 Sky Bleu Tyson	10	Palisades Hi	1:21.02
17 Nya Folk	11	Cardinal Gib	1:21.25

## Event 26 Boys 500 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Jordan Polk	12	Jordan	1:04.25
2 Max DeAngelo	11	Millbrook	1:04.30
3 Jordan Good	12	W. Guilford	1:04.38
4 Christian Parker	--	SW Guilford	1:04.41
5 Killian Fahy	12	Cuthbertson	1:05.03
6 Tim Brown	11	Hough, Willi	1:05.44
7 Xavier Branker	12	Ardrey Kell	1:06.85
8 Erick Pryor	11	SE Guilford	1:07.43
9 Chase Harrison	11	Leesville Rd	1:07.90
10 Jaden Miller	11	Cardinal Gib	1:08.32
11 Morris Johnson	11	Hough, Willi	1:08.37
12 Jace Wynn	10	Middle Creek	1:08.50
13 Amari Barrow	9	Cuthbertson	1:08.53
14 Justin Powell	12	Parkland	1:08.67
15 Sean Crumpler	12	Hopewell	1:08.70
16 Zyon Hailey	9	N. Mecklenburg	1:08.85
17 Landon Jones	10	N. Guilford	1:08.92
18 Nolan Donaghy	12	Hopewell	1:09.20
19 Michael Keller	10	Marvin Ridge	1:14.51
--- Josiah Wrice	11	Butler	DNF

## Event 27 Girls 1000 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Justine Preisano	11	Cuthbertson	2:54.73
33.642 (33.642)	1:08.344 (34.702)	1:43.597 (35.254)	
2:19.402 (35.805)	2:54.726 (35.324)		

2 Stella Kermes	11	Cuthbertson	2:55.65
34.473 (34.473)	1:09.791 (35.318)	1:45.411 (35.621)	
2:21.103 (35.692)	2:55.643 (34.540)		
3 Charlotte Bell	11	Cuthbertson	2:55.67
34.347 (34.347)	1:09.509 (35.162)	1:44.564 (35.056)	
2:20.725 (36.161)	2:55.667 (34.942)		
4 Caroline Echols	12	RJ Reynolds	2:56.74
33.859 (33.859)	1:08.899 (35.040)	1:44.834 (35.936)	
2:21.560 (36.726)	2:56.738 (35.178)		
5 Kasey Dingman	9	Lake Norman	2:56.81
33.939 (33.939)	1:08.769 (34.830)	1:44.742 (35.973)	
2:21.541 (36.799)	2:56.806 (35.266)		
6 Natalia Martin	12	Olympic	3:01.49
33.949 (33.949)	1:09.147 (35.198)	1:45.464 (36.318)	
2:23.167 (37.703)	3:01.488 (38.322)		
7 Sarah Fassinger	10	Reagan	3:02.11
34.821 (34.821)	1:11.687 (36.866)	1:50.665 (38.978)	
2:29.237 (38.572)	3:02.105 (32.869)		
8 Ella Kepple	12	AC Reynolds	3:05.05
35.719 (35.719)	1:12.793 (37.074)	1:50.303 (37.511)	
2:27.580 (37.277)	3:05.047 (37.467)		
9 Isabella Gentille	9	Marvin Ridge	3:05.91
35.307 (35.307)	1:12.271 (36.964)	1:50.919 (38.648)	
2:28.995 (38.076)	3:05.904 (36.909)		
10 Katie McFerrin	11	Mount Tabor	3:06.22
34.027 (34.027)	1:09.847 (35.820)	1:48.219 (38.372)	
2:28.624 (40.406)	3:06.213 (37.590)		
11 Maggie Whitham	9	Cardinal Gib	3:06.59
34.857 (34.857)	1:12.097 (37.241)	1:50.570 (38.473)	
2:29.376 (38.806)	3:06.589 (37.213)		
12 Ishi Varshney	11	Panther Cree	3:06.72
35.072 (35.072)	1:11.789 (36.717)	1:49.654 (37.866)	
2:28.133 (38.480)	3:06.717 (38.584)		
13 Clara Davis	10	Leesville Rd	3:07.35
36.552 (36.552)	1:13.881 (37.330)	1:52.680 (38.799)	
2:30.586 (37.906)	3:07.346 (36.760)		
14 Emily Karmanocky	12	A.L. Brown	3:08.24
36.287 (36.287)	1:13.153 (36.866)	1:51.629 (38.477)	
2:30.697 (39.068)	3:08.233 (37.537)		
15 Ellis Vaughan	10	Holly Spring	3:08.32
35.319 (35.319)	1:12.694 (37.376)	1:51.023 (38.329)	
2:29.856 (38.834)	3:08.319 (38.464)		
16 Eliza Greengrass	11	Green Level	3:09.90
35.077 (35.077)	1:12.390 (37.313)	1:51.687 (39.297)	
2:31.513 (39.827)	3:09.895 (38.382)		
17 Julia Mayer	10	Marvin Ridge	3:11.13
36.318 (36.318)	1:13.398 (37.080)	1:52.022 (38.624)	
2:31.613 (39.591)	3:11.124 (39.512)		
18 Hannah Riley	12	Mount Tabor	3:12.42
34.569 (34.569)	1:11.521 (36.953)	1:52.233 (40.712)	
2:35.207 (42.975)	3:12.416 (37.209)		
19 Bronwyn Parks	11	Mount Tabor	3:12.88
34.814 (34.814)	1:11.542 (36.728)	1:50.835 (39.294)	
2:33.306 (42.471)	3:12.875 (39.570)		



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## JDL Fast Track

## Results

## Finals ... (Event 27 Girls 1000 M)

	Name	Yr	School	Finals
20	Mandi Pollard	10	Corinth Hold	3:13.72
	36.033 (36.033)	1:13.806 (37.773)	1:53.261 (39.456)	
	2:34.113 (40.852)	3:13.714 (39.601)		
21	Paige Starkie	12	Weddington H	3:14.51
	35.560 (35.560)	1:14.073 (38.513)	1:53.135 (39.063)	
	2:33.448 (40.313)	3:14.509 (41.062)		
---	Ella Arnold	12	Apex	DNF

## Event 28 Boys 1000 M

	Name	Yr	School	Finals
<b>Finals</b>				
1	RJ Gajan	12	Marvin Ridge	2:29.91
	29.016 (29.016)	59.535 (30.519)	1:30.685 (31.150)	
	2:01.047 (30.362)	2:29.903 (28.857)		
2	Andrew Burrell	12	Mount Tabor	2:31.20
	29.584 (29.584)	1:00.042 (30.458)	1:31.730 (31.688)	
	2:02.059 (30.330)	2:31.192 (29.133)		
3	Logan Dingman	12	Lake Norman	2:32.17
	29.465 (29.465)	59.887 (30.422)	1:30.240 (30.354)	
	2:00.721 (30.481)	2:32.169 (31.449)		
4	Caden Townshend	12	Weddington H	2:33.30
	29.192 (29.192)	59.612 (30.420)	1:31.147 (31.536)	
	2:02.271 (31.124)	2:33.300 (31.029)		
5	Kyle Barney	10	Marvin Ridge	2:33.80
	29.810 (29.810)	1:00.335 (30.525)	1:32.053 (31.719)	
	2:03.513 (31.460)	2:33.800 (30.288)		
6	Zack Gilbertson	12	Pinecrest	2:33.86
	29.478 (29.478)	1:01.730 (32.253)	1:34.225 (32.495)	
	2:05.280 (31.056)	2:33.860 (28.580)		
7	Griffin Wald	12	Middle Creek	2:34.49
	29.229 (29.229)	59.813 (30.584)	1:30.961 (31.148)	
	2:02.078 (31.118)	2:34.490 (32.412)		
8	Max Langenbach	10	Cary	2:35.23
	29.596 (29.596)	1:00.060 (30.464)	1:31.229 (31.169)	
	2:02.633 (31.404)	2:35.224 (32.592)		
9	John Howard	11	Ragsdale	2:36.76
	29.441 (29.441)	1:00.279 (30.838)	1:32.385 (32.106)	
	2:04.363 (31.979)	2:36.752 (32.389)		
10	Nick Frye	12	Corinth Hold	2:37.35
	30.562 (30.562)	1:02.580 (32.018)	1:35.020 (32.440)	
	2:06.850 (31.830)	2:37.349 (30.500)		
11	Declan Harden	11	Chapel Hill	2:37.72
	29.706 (29.706)	1:02.016 (32.310)	1:34.504 (32.488)	
	2:06.626 (32.122)	2:37.712 (31.086)		
12	Logan Hill	11	Char Catholic	2:37.97
	30.059 (30.059)	1:01.229 (31.170)	1:33.637 (32.408)	
	2:06.219 (32.583)	2:37.961 (31.742)		
13	Wyatt Carey	12	Jack Britt	2:38.21
	30.027 (30.027)	1:02.709 (32.682)	1:35.611 (32.902)	
	2:07.884 (32.274)	2:38.203 (30.319)		
14	Walt Petersen	12	RJ Reynolds	2:38.49
	30.060 (30.060)	1:02.262 (32.202)	1:35.315 (33.054)	
	2:08.088 (32.774)	2:38.484 (30.396)		

15	Dax Mahone	11	Green Hope	2:38.78
	30.873 (30.873)	1:03.217 (32.344)	1:35.930 (32.714)	
	2:08.375 (32.445)	2:38.778 (30.403)		
16	Andrew Vo	12	Green Hope	2:40.23
	29.914 (29.914)	1:02.470 (32.557)	1:35.918 (33.448)	
	2:09.428 (33.511)	2:40.226 (30.798)		
17	Timothy Salicco	12	Cuthbertson	2:42.46
	30.207 (30.207)	1:02.405 (32.198)	1:35.526 (33.122)	
	2:08.879 (33.353)	2:42.454 (33.576)		
18	Andrew Riley	10	Mount Tabor	2:43.79
	30.584 (30.584)	1:03.024 (32.440)	1:36.609 (33.586)	
	2:10.708 (34.099)	2:43.784 (33.076)		
---	Marco Evans	12	Cary	DNF
---	Luke Armentrout	12	Mount Tabor	DNF
---	Tate Shore	10	Reagan	DNF

## Event 29 Girls 300 M

	Name	Yr	School	Finals
<b>Finals</b>				
1	Ai'yana Gray-Williams	12	Parkland	39.17
2	Aria Wegh	11	Marvin Ridge	39.22
3	Shaune' Ingraham	11	Garner	40.32
4	I'Ja Walter	11	Olympic	40.67
5	Noni Wise	10	Hillside	41.11
6	Joslyn Hamilton	11	Rolesville H	41.33
7	Victoria Knight	12	Weddington H	41.59
8	Ziyah Etchison	12	Parkland	42.37
9	Kyndal Saunders	12	Corinth Hold	43.41
---	Megan Hatcher	11	Parkland	DNF
---	T'Sheylah Moore	12	Olympic	DNF

## Event 30 Boys 300 M

	Name	Yr	School	Finals
<b>Finals</b>				
1	Jordan Polk	12	Jordan	34.94
2	Jordan Good	12	W. Guilford	35.06
3	Christian Parker	--	SW Guilford	35.07
4	Killian Fahy	12	Cuthbertson	35.31
5	Josiah Wrice	11	Butler	35.37
6	Reece Morgan	12	Cuthbertson	35.40
7	Dominick DeAngelo	11	Millbrook	35.55
8	Micah Walker	10	Parkland	35.59
9	Ethan O'Neil	11	Weddington H	35.98
10	Christian Dixon	10	Mallard Cree	36.04
11	Jaden Miller	11	Cardinal Gib	36.13
12	Judah Oquendo	12	Hickory Ridg	36.16
13	Sean Townes	12	Heritage	36.36
14	Jack Stephenson	12	Athens Drive	36.38
15	Jeremiah Gray	11	Willow Sprin	37.46
16	Tareeq Brewer	10	South Garner	37.85
---	Keenan Jackson	11	Cuthbertson	DNF
---	Antwan Hughes Jr	11	Parkland	DQ

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Results

Event 33 Girls 3200 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Mary Bonner Dalton	11	Myers Park	10:26.49
2 Hannah Rae Shaffer	10	Cardinal Gib	10:36.56
3 Chandler Welsh	11	RJ Reynolds	10:41.00
4 Alyssa Preisano	12	Cuthbertson	10:54.98
5 Hannah Caudill	12	Asheville	10:56.78
6 Ella Pasko	11	Marvin Ridge	11:01.82
7 Joiner Evans	11	Mount Tabor	11:10.62
8 Keely Bradle	12	Providence	11:11.26
9 Elizabeth Ritter	12	Weddington H	11:16.64
10 Josie Schihl	9	Cuthbertson	11:18.52
11 Caroline Cornell	11	Green Level	11:21.09
12 Kaylie Dziedzina	12	Green Level	11:22.36
13 Audrey Wright	12	Weddington H	11:28.31
14 Lauren Horwitt	11	Marvin Ridge	11:33.26
15 Elizabeth Healy	10	Riverside (4	11:33.31
16 ella Moore		Mooresville	11:33.66
17 Camryn Quinn	10	Panther Cree	11:39.36
--- Lillian Nasta	12	Cuthbertson	DNF
--- Ishi Varshney	11	Panther Cree	DNF

Event 34 Boys 3200 M

Name	Yr	School	Finals
<b>Finals</b>			
1 Jacob Laney	12	Porter Ridge	9:11.19
2 Luke Liming	11	Cary	9:18.21
3 Raghav Gopalakrishnan	11	Ardrey Kell	9:19.63
4 Noah Valyo	11	Athens Drive	9:26.02
5 Marco Evans	12	Cary	9:30.92
6 Krister Sjoblad	12	Athens Drive	9:33.83
7 Liam Young	12	Green Hope	9:40.38
8 Yichen Sun	12	Chapel Hill	9:41.92
9 Luke Armentrout	12	Mount Tabor	9:43.50
10 Connor Tyrrell	10	Riverside (4	9:48.49
11 Tate Shore	10	Reagan	9:53.54
12 Ian Rouse	12	Jordan	9:55.88
13 AJ Painter	12	Char Catholic	9:59.52
--- Luke Young	12	Green Hope	DNF

Event 35 Girls 4x400 M Relay

Team	Relay	Finals
<b>Finals</b>		
1 Olympic	A	4:00.31
	2) Journee Gordon 11	
3) I'Ja Walter 11	4) T'Sheylah Moore 12	
1:00.765 (1:00.765)	2:00.469 (59.704)	3:02.000 (1:01.532)
4:00.304 (58.304)		
2 Parkland Magnet IB	A	4:04.21
1) Oteria Dubose 12	2) Saniya Hall 10	
3) Nyssa West 10	4) Megan Hatcher 11	
1:01.525 (1:01.525)	2:02.565 (1:01.040)	3:05.209 (1:02.644)
4:04.209 (59.001)		

3 Weddington H	A	4:06.50
	2) Elektra Koulouris 11	
3) Kyra Durham 12	4) Victoria Knight 12	
1:01.211 (1:01.211)	2:05.258 (1:04.047)	3:05.958 (1:00.700)
4:06.495 (1:00.538)		
4 Garner	A	4:06.70
1) Kori Randle 11	2) Amaya Keys 12	
3) Laila Fuller	4) Shaune' Ingraham 11	
1:03.045 (1:03.045)	2:04.911 (1:01.866)	3:07.355 (1:02.444)
4:06.695 (59.340)		
5 Cuthbertson	A	4:06.99
1) Rebecca Cornett 12	2) Meredith Palmer 11	
3) Maggie Houp 10	4) Caroline Parillo 12	
59.658 (59.658)	2:02.351 (1:02.693)	3:04.967 (1:02.617)
4:06.983 (1:02.016)		
6 Corinth Holders	A	4:07.50
1) Sophia Patton 12	2) Sanaia Hill 12	
3) Jahzara McIver 9	4) Kyndal Saunders 12	
1:04.997 (1:04.997)	2:07.547 (1:02.551)	3:08.467 (1:00.920)
4:07.491 (59.024)		
7 Apex	A	4:07.69
1) Ella Arnold 12	2) Madison McClamrock 9	
3) Addie Fornes 11	4) Madelyn Flower 11	
1:03.264 (1:03.264)	2:04.505 (1:01.241)	3:08.993 (1:04.488)
4:07.684 (58.692)		
8 Clayton	A	4:09.60
1) Autumn Joyce 11	2) Amelia Speller 11	
3) Selena Carlyle 11	4) Elena Gorena 11	
1:02.468 (1:02.468)	2:04.839 (1:02.372)	3:07.496 (1:02.658)
4:09.595 (1:02.099)		
9 Mount Tabor	A	4:09.89
	2) Sloane Whalen 10	
3) Eliza Brand 11	4) Hannah Riley 12	
1:01.498 (1:01.498)	2:05.736 (1:04.238)	3:08.587 (1:02.851)
4:09.881 (1:01.295)		
10 Apex Friendship	A	4:10.83
1) Nia Kane 12	2) Lauren Artman 10	
3) Devan Veach 11	4) Ava Rodriguez 11	
1:01.912 (1:01.912)	2:07.387 (1:05.475)	3:10.129 (1:02.742)
4:10.827 (1:00.698)		
11 Reagan	A	4:11.27
1) Alexis Vaughan 11	2) Bailey Huff 10	
3) Evangeline Saunders 11		
1:03.287 (1:03.287)	2:06.423 (1:03.136)	3:09.139 (1:02.717)
4:11.264 (1:02.125)		
12 Rolesville H	A	4:12.12
1) Londyn Atkinson 9	2) Joslyn Hamilton 11	
3) Jada Clark 12	4) DeiAshia Reed 10	
1:03.766 (1:03.766)	2:07.113 (1:03.348)	3:11.822 (1:04.710)
4:12.119 (1:00.297)		
13 Panther Creek	A	4:12.42
1) Taylor Crawford 11	2) Victoria Keitt 11	
3) Kelly MacBride 10	4) Chessoni Waite 11	
1:01.482 (1:01.482)	2:06.746 (1:05.264)	3:09.223 (1:02.477)
4:12.417 (1:03.194)		

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Finals ... (Event 35 Girls 4x400 M Relay)		
Team	Relay	Finals
14 Marvin Ridge	A	4:13.12
1) Isabella Gentile 9	2) Natasha Simmons 11	
3) Charli Forrester 12	4) Lindsey Czaniecki 12	
1:02.951 (1:02.951)	2:04.484 (1:01.533)	3:09.806 (1:05.322)
4:13.116 (1:03.310)		
15 Hillside	A	4:13.22
1) Maya Southerland 10	2) Alajah Rogers	
3) Noni Wise 10	4) Katelynn Smith 12	
1:02.474 (1:02.474)	2:03.952 (1:01.478)	3:10.844 (1:06.892)
4:13.218 (1:02.374)		
16 Porter Ridge	A	4:14.50
1) Kennedy Williams 9	2) Mylen Cadiang 9	
3) Allison Greenwalt 12	4) Margaret Garner 11	
1:03.112 (1:03.112)	2:06.317 (1:03.205)	3:13.925 (1:07.608)
4:14.500 (1:00.576)		
17 South Mecklenburg	A	4:15.20
1) Amelia Kulpa 10	4) Amaya Hopkins 12	
3) Hannah Harris 11		
1:03.931 (1:03.931)	2:10.920 (1:06.990)	3:15.859 (1:04.939)
4:15.194 (59.335)		
18 Cardinal Gibbons	A	4:16.71
3) Peyton LaNasa 11	2) Nya Folk 11	
	4) Maggie Whitham 9	
1:00.948 (1:00.948)	2:06.476 (1:05.528)	3:12.643 (1:06.168)
4:16.704 (1:04.061)		
19 Cary	A	4:16.73
1) Yves Morrison 12	2) Abby Corn	
3) Amaya Rodgers 11	4) Janelle Caldeira 10	
1:01.446 (1:01.446)	2:05.055 (1:03.609)	3:09.022 (1:03.968)
4:16.727 (1:07.705)		

Event 36 Boys 4x400 M Relay		
Team	Relay	Finals
<b>Finals</b>		
1 Cuthbertson	A	3:26.96
1) Reece Morgan 12	2) Keenan Jackson 11	
3) Amari Burrow 9	4) Killian Fahy 12	
51.853 (51.853)	1:45.303 (53.450)	2:37.938 (52.635)
3:26.953 (49.015)		
2 Reagan	A	3:27.99
1) Hezi Saunders	2) Alexander Vaughan 12	
3) Landan Callahan 11	4) Jerry Summers 10	
53.216 (53.216)	1:43.826 (50.610)	2:36.227 (52.402)
3:27.985 (51.758)		
3 Hough, William A	A	3:29.44
1) Morris Johnson 11	2) Wyatt Stoner 11	
3) Colin Dickey 10	4) Tim Brown 11	
53.683 (53.683)	2:11.748 (1:18.066)	2:39.663 (27.915)
3:29.433 (49.771)		
4 Western Guilford	A	3:30.13
3) Jordan Good 12	2) Kayvon Pickett 12	
	4) Leo Cortes 11	
54.157 (54.157)	1:48.202 (54.046)	2:41.679 (53.477)
3:30.125 (48.447)		

5 Parkland Magnet IB	A	3:30.61
1) Justin Powell 12	2) Micah Walker 10	
3) Antwan Hughes Jr 11	4) Ian Franco 12	
52.000 (52.000)	1:43.291 (51.291)	2:36.463 (53.173)
3:30.610 (54.147)		
6 Mount Tabor	A	3:31.60
1) Jordan Wolverton 11	2) Andrew Riley 10	
	4) Andrew Burrell 12	
54.284 (54.284)	1:47.413 (53.129)	2:40.916 (53.503)
3:31.596 (50.680)		
7 Cary	A	3:31.76
1) Joaquin Ebert 12	2) Donovan Ladson 11	
3) Josh Brewington 12	4) Colin Peterson 11	
53.162 (53.162)	1:46.429 (53.268)	2:38.766 (52.338)
3:31.751 (52.985)		
8 Green Hope	A	3:31.80
1) Owen Zalc 12	2) Christian Wright 12	
3) Andrew Vo 12	4) Sebastian Percival Shim 11	
1:45.576 (1:45.576)	2:10.969 (25.394)	2:39.342 (28.373)
3:31.791 (52.450)		
9 Weddington H	A	3:32.03
1) Logan Carl 10	2) Ian Mas 11	
3) Caden Townshend 12	4) Ethan O'Neil 11	
54.515 (54.515)	1:47.351 (52.836)	2:40.968 (53.618)
3:32.027 (51.060)		
10 Chapel Hill	A	3:32.72
1) Declan Harden 11	2) Nigel Lawrence 12	
3) Cameron Disser 12	4) Gideon Jones 10	
54.231 (54.231)	1:47.949 (53.718)	2:41.524 (53.575)
3:32.717 (51.194)		
11 Apex Friendship	A	3:32.89
1) Eddie Falco 12	2) Jalen Lewis 12	
3) Owen Pearson 12	4) Connor Uenking 12	
53.274 (53.274)	1:47.530 (54.256)	2:39.836 (52.306)
3:32.889 (53.053)		
12 Mallard Creek	A	3:32.95
1) Darren Morrison 12	2) Christian Wheeler 12	
3) Nyan Brown 9	4) Jaiden Lee 12	
53.516 (53.516)	1:47.059 (53.544)	2:39.336 (52.278)
3:32.947 (53.611)		
13 Marvin Ridge	A	3:33.47
	2) Aiden Tauro 12	
3) Will Caulder 11	4) RJ Gajan 12	
54.825 (54.825)	1:48.541 (53.716)	2:42.130 (53.590)
3:33.461 (51.331)		
14 Myers Park	A	3:34.23
1) Sebastian Barbe 12	2) Alex Hensley 11	
3) Jax McGuire 10	4) Brendon Mason --	
52.644 (52.644)	1:46.665 (54.021)	2:42.002 (55.338)
3:34.228 (52.226)		
15 Willow Spring	A	3:34.45
1) Josiah Gray 11	2) Joshua Ortiz 11	
3) Sebion Wright 10	4) Jeremiah Gray 11	
53.497 (53.497)	1:48.328 (54.832)	2:42.339 (54.011)
3:34.445 (52.107)		

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Finals ... (Event 36 Boys 4x400 M Relay)		
Team	Relay	Finals
16 Panther Creek	A	3:34.98
1) Surafele Sintayehu 12		
3) Cody Poythress 11	4) Toby Alain 11	
55.404 (55.404)	1:48.817 (53.414)	2:42.282 (53.466)
3:34.980 (52.698)		
17 Pinecrest	A	3:36.25
1) Jadin Baptist 11	2) Jack Kester 12	
3) Zack Gilbertson 12	4) Shaun Thomas 12	
52.400 (52.400)	1:44.984 (52.584)	2:39.939 (54.956)
3:36.242 (56.303)		
18 Holly Springs	A	3:36.26
1) Tracy Harrington 9	2) Joel Henrich 12	
3) Joseph Fahey 12	4) Landon Patterson 10	
54.050 (54.050)	1:47.440 (53.390)	2:41.783 (54.344)
3:36.254 (54.471)		
19 East Mecklenburg	A	3:36.30
1) Andrew Holt 9	2) Marcus Mason 11	
3) Peter Rantala 12	4) Ethan Smith 10	
53.663 (53.663)	1:47.847 (54.184)	2:41.873 (54.026)
3:36.293 (54.421)		
20 Green Level	A	3:36.58
1) Ye Liu 12	2) Matt Pickover 12	
3) Brendan Klem 11	4) Jackson Spells 11	
54.885 (54.885)	1:47.818 (52.934)	2:43.383 (55.565)
3:36.580 (53.198)		
21 Cleveland High School	A	3:36.68
1) Ronalon Renwick 10	2) DeAngelo Ruffin Jr 9	
3) Will Thomas 12	4) Zalin Ingram 11	
53.912 (53.912)	1:47.068 (53.156)	2:40.951 (53.883)
3:36.671 (55.720)		
22 Charlotte Catholic	A	3:36.85
1) Logan Hill 11	2) Grant Coughlin 11	
3) Nick Potter 12		
54.682 (54.682)	1:48.858 (54.176)	2:44.132 (55.275)
3:36.849 (52.717)		
23 Porter Ridge	A	3:40.40
1) Aiden Webb 11	2) Calen McKinney 12	
3) Micah Laney 12	4) Jacob Laney 12	
53.196 (53.196)	1:50.439 (57.243)	2:45.667 (55.228)
3:40.400 (54.734)		
24 Millbrook	A	3:41.46
1) Jaiden Jefferson	2) Isaiah Barnes	
3) Andre Phelps 11	4) Isaiah Mitchell 10	
55.238 (55.238)	1:47.831 (52.593)	2:40.837 (53.006)
3:41.456 (1:00.619)		
25 Clayton	A	3:47.21
1) Ethan Acosta 10	2) Zachary Broadus 11	
3) Jeremiah Mertilien 9	4) Chase Coughlin 10	
56.799 (56.799)	2:50.489 (1:53.690)	3:47.206 (56.718)

Women - Team Rankings - 15 Events Scored

1) Cuthbertson High School	79
2) Olympic	63
3) Parkland Magnet IB	47
4) Marvin Ridge	39
5) Rolesville High School	26
5) Garner	26
7) Panther Creek	23
7) Cardinal Gibbons	23
9) Weddington High School	22.5
10) Grimsley	18
11) Mount Tabor	17
12) Hillside	15
13) Apex	13
13) Athens Drive	13
13) Mallard Creek	13
16) Riverside (4A)	12
17) R.J. Reynolds	11
17) Clayton	11
17) Green Level	11
17) Corinth Holders	11
21) Myers Park	10
21) Ardrey Kell	10
23) Cleveland High School	8
24) Lake Norman	6.5
25) Rocky River High School	6
26) Northwest Guilford	5
27) Porter Ridge	4
27) Asheville	4
27) South Mecklenburg	4
27) Broughton	4
27) Overhills	4
27) Hickory Ridge	4
33) Page	3
33) Harding University	3
33) Willow Spring	3
33) Reagan	3
37) Heritage	2
37) Holly Springs	2
39) Providence	1
39) Southwest Guilford	1
39) Independence	1
39) Topsail	1
39) A.C. Reynolds	1

Men - Team Rankings - 17 Events Scored

1) Cuthbertson High School	51
2) Western Guilford	43
3) Reagan	32
4) Porter Ridge	31
5) Parkland Magnet IB	30
6) Mount Tabor	28.5
7) Jordan	23
7) Ardrey Kell	23
7) Weddington High School	23
10) Marvin Ridge	22
11) Cary	21
12) Athens Drive	14
12) Leesville Road	14
14) Mallard Creek	13

NCHSAA 4A Indoor Track State Championships - 2/11/2023

JDL Fast Track

Results

14) Green Hope	13	39) Enloe	3
16) A.L. Brown	11	39) Rocky River High School	3
16) Southwest Guilford	11	39) T.C. Roberson	3
16) Pinecrest	11	44) Sun Valley	2
19) Wakefield	10.5	44) Middle Creek	2
20) Providence	10	44) Rolesville High School	2
20) Millbrook	10	44) Northern Guilford	2
20) West Forsyth	10	48) Harding University	1
23) Corinth Holders	9	48) Southeast Guilford	1
23) Charlotte Catholic	9	48) Chapel Hill	1
23) Hough, William A	9	48) Cardinal Gibbons	1
23) South Mecklenburg	9	48) Independence	1
27) Panther Creek	8	48) R.J. Reynolds	1
28) Butler	7		
29) Davie County	6		
29) Hillside	6		
29) Lake Norman	6		
29) Clayton	6		
29) Asheville	6		
34) Holly Springs	5		
34) Northwest Guilford	5		
34) Glenn	5		
34) Knightdale	5		
38) Cleveland High School	4		
39) East Chapel Hill	3		
39) South Garner	3		