

**2023 State Championship Swimming Schedule  
Triangle Aquatic Center, Cary**

1A/2A: February 9, 2023

4A: February 10, 2023

3A: February 11, 2023

**ONLINE COACHES AND CAPTAINS MEETING**

Tuesday, February 7, 2023

1A/2A 8:00 am

4A 9:30 am

3A 11:00 am

**PRELIMS**

Facility Opens for Participating Teams: 7:15 am

Facility Opens for Spectators: 7:45 am

Pool Opens for General Warm-ups: 7:45 am

Specific Lanes: 8:15 - 8:30 am

Clear Pool: 8:30 am

Prelims: 8:45 am until Completion

**FINALS**

Facility Opens for Participating Teams: 3:45 pm

Facility Opens for Spectators: 4:00 pm

General Warm-ups: 4:00 pm

Specific Lanes: 4:30 pm – 4:45 pm

Clear Pool: 4:45 pm

National Anthem: 4:55 pm

Finals: 5:00 pm