

NCHSAA 4A Indoor Track State Championships - 2/11/2023

JDL Fast Track
Performance List

Event 1 Girls Shot Put

4A Meet Record: 48-11.75 2007

Karmorean Hayes, Harding

State Meet Rec: 48-11.75 2007

Karmorean Hayes, Harding

Name	Year	School	Seed Mark
1 Tyler Glover	11	Ardrey Kell	46-06.00
2 Macy Dulaney	11	Mallard Creek	42-01.00
3 Alexandria Jefferson	10	Rocky River High School	39-11.00
4 Summer Laskey	12	Athens Drive	36-01.00
5 Shakayla Sides	12	Reagan	35-03.50
6 Amira Ofunniyin	12	Panther Creek	34-06.00
7 Destiny Faison	12	Clayton	34-02.00
8 Kylie Howson	12	Weddington High School	33-09.50
9 Sady Moody	12	Southwest Guilford	33-07.75
10 Nia Roberts	10	Pine Forest	33-02.00
11 Rachel Onwu	11	Marvin Ridge	32-11.00
12 Kristin Oliver	12	Piedmont	32-06.00
13 Alesia Sylverain	10	Hickory Ridge	32-03.00
14 Sonia Katahdin	11	Grimsley	32-03.00
15 Raziyah Malloy	10	Parkland Magnet IB	32-02.00
16 Andie Ackles	12	Holly Springs	32-00.50
17 Peyton Estes	11	Rolesville High School	32-00.00

Event 3 Boys Shot Put

4A Meet Record: 61-10 2013

Jon Beyle, East Chapel Hill

State Meet Rec: 61-10 2013

Jon Beyle, East Chapel Hill

Name	Year	School	Seed Mark
1 Jahnaul Ritzie	12	Glenn	54-04.50
2 Kolton Weaver	11	Weddington High School	53-08.50
3 Tony Taylor	12	Leesville Road	53-07.50
4 Christopher Stewart	11	Weddington High School	53-02.50
5 Gatlin Lundy	12	Cuthbertson High School	51-04.50
6 Devin Coleman	12	Providence	50-09.50
7 Carlton Wright	11	Mount Tabor	49-04.00
8 Russell Barnett	12	A.C. Reynolds	49-01.00
9 Josh Kreis	12	Independence	48-11.00
10 Austin Ramirez	12	A.C. Reynolds	47-09.00
11 Grady Dupree-Isaac	12	Jordan	47-07.00
12 Gavin Patterson	11	Southeast Raleigh	47-05.25
13 Edward Brown	11	Jordan	47-03.00
14 Kedar Mangum	11	Cleveland High School	46-01.00
15 Cooper Williams	10	Davie County	45-09.50
16 Wyatt Pugh	11	Porter Ridge	45-01.00
17 Zain Jones	11	Cleveland High School	44-11.50
18 Ethan Graham	11	Athens Drive	44-09.00
19 Justin Johnson	10	Mount Tabor	44-09.00
20 DeMarcus Mashack	10	Mount Tabor	44-08.00
21 Brad Pawlak	12	Corinth Holders	44-04.00

Event 4 Boys Shot Put Wheelchair Wheelchair

Name	Year	School	Seed Mark
1 Zachary Moore	12	Sun Valley	11-02.00

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Event 5 Girls Long Jump

4A Meet Record: 19-11.25 2/9/2019

Morgan Smalls, Panther Cree

State Meet Rec: 19-11.25 2019

Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1 Kori Randle	11	Garner	18-09.00
2 Jahaila Wright	11	Olympic	18-01.00
3 Maya Studney	12	Cuthbertson High School	18-00.50
4 Mason Porter	12	Cleveland High School	17-10.50
5 Alexa Nestor	12	Green Level	17-09.00
6 Lena Richardson	12	Panther Creek	17-03.25
7 Oluwanifemi Kalejaiye	12	Athens Drive	17-03.00
8 Kelly MacBride	10	Panther Creek	17-03.00
9 Carmen PenaSoto	11	Olympic	17-02.50
10 Savannah Goodwin	12	Wake Forest HS	17-02.00
11 Isabelle Liu	11	Cuthbertson High School	17-01.75
12 Sanai Forte	11	Harding University	17-01.00
13 Sebla Miracle	9	Asheville	17-01.00
14 Akeya Harrison	12	Richmond Senior	17-01.00
15 Meredith Palmer	11	Cuthbertson High School	17-00.50
16 Stephanie Ayana Jackson	11	Hillside	16-08.50

Event 6 Boys Long Jump

4A Meet Record: 24-07.25 1997

Marcus O'Neal, Dudley

State Meet Rec: 24-07.25 1997

Marcus O'Neal, Dudley

Name	Year	School	Seed Mark
1 Tyson Adams	12	West Forsyth	25-01.50
2 Andrew Steele	11	Reagan	23-11.50
3 Jaivon Pegues	12	Western Guilford	22-05.00
4 Jack Tan	10	Wakefield	22-01.00
5 Josh Sokeye	12	Marvin Ridge	21-07.00
6 Cole Carter	11	Cardinal Gibbons	21-06.50
7 William Murphy	12	Glenn	21-05.00
8 Blake Simmons	11	Mount Tabor	21-04.00
9 Kobe Mack	10	Parkland Magnet IB	21-03.75
10 Chandler Clarke	11	Southeast Raleigh	21-02.75
11 Lawson Windsor	12	Cuthbertson High School	21-01.50
12 Charles Carter	12	Athens Drive	21-01.00
13 Nyan Brown	9	Mallard Creek	21-00.00
14 Takhari McArthur	10	Glenn	21-00.00
15 Javariante Core	12	Western Guilford	21-00.00

Event 7 Girls Triple Jump

4A Meet Record: 41-09.75 2/9/2019

Morgan Smalls, Panther Cree

State Meet Rec: 41-09.75 2019

Morgan Smalls, Panther Creek

Name	Year	School	Seed Mark
1 Isabelle Liu	11	Cuthbertson High School	38-05.00
2 Jahaila Wright	11	Olympic	38-03.00
3 Carmen PenaSoto	11	Olympic	37-05.00
4 Maya Studney	12	Cuthbertson High School	37-01.25
5 Rafaela Drake	11	Riverside (4a)	36-07.50
6 Lena Richardson	12	Panther Creek	36-06.50
7 Alora Williams	11	Willow Spring	35-02.00
8 Akeya Harrison	12	Richmond Senior	35-01.00

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Event 7 ... (Girls Triple Jump)

	Name	Year	School	Seed Mark
9	Morgan Brown	11	Independence	35-00.50
10	Jasmine Higgins	12	Mallard Creek	34-08.00
11	Aniyah Wallace	11	Butler	34-07.00
12	Deja Brooks	10	Western Guilford	34-07.00
13	Kira Nicholas	11	Rocky River High School	34-07.00
14	Maddi McCoy	9	Marvin Ridge	34-06.25

Event 8 Boys Triple Jump

4A Meet Record: 49-10.25 2/9/2019

Eric Haddock, Southeast Ra

State Meet Rec: 49-10.25 2019

Eric Haddock, East Chapel Hill

	Name	Year	School	Seed Mark
1	Javariante Core	12	Western Guilford	45-04.00
2	Jaiden Hubbard	12	West Forsyth	44-05.00
3	Chandler Clarke	11	Southeast Raleigh	44-04.50
4	Josh Sokeye	12	Marvin Ridge	44-03.00
5	Jashawn Middleton	12	Cleveland High School	44-00.00
6	Tyson Adams	12	West Forsyth	43-10.50
7	Matias Rampolla	11	Ardrey Kell	43-09.50
8	Chris Brown	12	South Mecklenburg	43-05.75
9	Christian Seibert	12	Cuthbertson High School	43-04.25
10	Brandon Harris	11	Reagan	43-04.00
11	Joel Huang	11	Apex	43-02.00
12	Jonathan Koger	12	Reagan	42-10.75
13	Jaivon Pegues	12	Western Guilford	42-08.75
14	Ryan Farness	11	Charlotte Catholic	42-07.50
15	Jeremiah Bailey	12	Reagan	42-06.50
16	Shaun Thomas	12	Pinecrest	42-05.00
17	Ocir Black	12	Parkland Magnet IB	42-01.25
18	Joshua Avery	12	Asheville	42-01.25
19	Donoven Brown	10	Pinecrest	42-01.00
20	Tristian Simms-Lassiter	11	Wake Forest HS	41-10.00
21	Kobe Mack	10	Parkland Magnet IB	41-09.50
22	Tre Coddington	10	Asheville	41-08.75
23	Lawson Windsor	12	Cuthbertson High School	41-07.00
24	Taiwon Brown	10	Weddington High School	41-06.50

Event 9 Girls High Jump

4A Meet Record: 6-01 2/9/2019

Morgan Smalls, Panther Cree

State Meet Rec: 6-01 2019

Morgan Smalls, Panther Creek

	Name	Year	School	Seed Mark
1	Aria Wegh	11	Marvin Ridge	5-05.00
2	Natalie Griffith	12	Apex Friendship	5-04.00
3	Emma Kelly	12	Weddington High School	5-02.00
4	Audrey Jenkins	11	Grimsley	5-02.00
5	Kirstin Smalls	11	Panther Creek	5-02.00
6	Alexa Nestor	12	Green Level	5-02.00
7	Saidee Stone	11	Cleveland High School	5-01.00
8	Kyla Dailey	10	Mallard Creek	5-01.00
9	Hayleigh Bryant	12	Northwest Guilford	5-01.00
10	Ashlynn Wimberly	10	Mallard Creek	5-01.00
11	Deja Brooks	10	Western Guilford	5-01.00

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Event 9 ... (Girls High Jump)

	Name	Year	School	Seed Mark
12	Mason Porter	12	Cleveland High School	5-00.00
13	Kayla Purdy	11	Porter Ridge	5-00.00
14	Danielle Hazlewood	12	Lake Norman	5-00.00
15	Kate Cushing	10	Cuthbertson High School	5-00.00
16	Timbitee Esayas	11	Holly Springs	5-00.00
17	Kyla Crumpler	12	Cardinal Gibbons	5-00.00
18	Taiya Lovett	--	Overhills	5-00.00

Event 10 Boys High Jump

4A Meet Record: 7-01 2/12/2022 Kyzaiah Stone, Cleveland Hi

State Meet Rec: 7-01 2/12/2022 Kyzaiah Stone, Cleveland Hi

	Name	Year	School	Seed Mark
1	Jonathan Koger	12	Reagan	6-11.00
2	Shaun Thomas	12	Pinecrest	6-08.00
3	Jordan Wolverton	11	Mount Tabor	6-06.00
4	Jonathan Parks	11	A.L. Brown	6-04.00
5	Sheldon Ulmer	12	Northwest Guilford	6-04.00
6	Reid Herring	12	Providence	6-04.00
7	Tanner Travis	12	Weddington High School	6-02.00
8	Nigel Lawrence	12	Chapel Hill	6-01.00
9	Damien Hinnant	12	Panther Creek	6-00.00
10	Reagan Wise	12	Panther Creek	6-00.00
11	Tyrene Stanback	11	Richmond Senior	6-00.00
12	Aidan Lockhart	12	Hough, William A	6-00.00
13	Keyshawn Jackson	12	Harding University	6-00.00
14	James Swaringen	11	Asheville	6-00.00

Event 11 Girls Pole Vault

4A Meet Record: 13-06 2/9/2019 Lindsay Absher, West Forsyth

State Meet Rec: 13-06 2019 Lindsay Absher, West Forsyth

	Name	Year	School	Seed Mark
1	Lena Richardson	12	Panther Creek	12-07.00
2	Summer Laskey	12	Athens Drive	11-06.00
3	Chorley Truitt	12	Green Level	11-06.00
4	Haley Hanes	12	West Forsyth	11-00.00
5	Eleni Fiore	11	Weddington High School	11-00.00
6	Hannah Riley	12	Mount Tabor	11-00.00
7	Sonia Katahdin	11	Grimsley	11-00.00
8	Abigail Cornell	12	Broughton	11-00.00
9	Meredyth Barr	12	Myers Park	10-06.00
10	Noelle Childs	10	West Forsyth	10-06.00
11	Paiden Castelblanco	11	Asheville	10-00.00
12	Olivia Burroughs	11	Watauga	10-00.00
13	Isabella Leonard	10	Cardinal Gibbons	10-00.00
14	Lauren Ceccarini	11	Weddington High School	10-00.00
15	Briggs McCarter	12	Providence	10-00.00

Event 12 Boys Pole Vault

4A Meet Record: 16-07 2/15/2020 Spencer Evans, Lake Norman

State Meet Rec: 16-07 2020 Spencer Evans, Lake Norman

	Name	Year	School	Seed Mark
1	Jack Tan	10	Wakefield	14-03.00

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Event 12 ... (Boys Pole Vault)

	Name	Year	School	Seed Mark
2	Andrew Riley	10	Mount Tabor	13-06.00
3	Ryan Davis	12	Weddington High School	13-06.00
4	Jacob Parker	11	West Cabarrus	13-00.00
5	Noah Smith	12	Leesville Road	13-00.00
6	Austin Sweet	9	Davie County	13-00.00
7	Reagan Wise	12	Panther Creek	13-00.00
8	Eli Clark	11	Weddington High School	13-00.00
9	Lawson Windsor	12	Cuthbertson High School	12-06.00
10	Jack Adler	11	East Chapel Hill	12-06.00
11	Lloyd Armstrong	10	Wakefield	12-06.00
12	Owen Lee	10	Apex Friendship	12-06.00
13	Jackson Carpenter	12	Ardrey Kell	12-00.00
14	Joseph Beck	10	Apex	12-00.00

Event 13 Girls 4x800 Meter Relay

4A Meet Record:	9:24.12	2/12/2022	Cuthbertson High School, Cuthbertson C Bell, L Nasta, G Lassiter, J Preisano
State Meet Rec:	9:24.12	2/12/2022	Cuthbertson High School, Cuthbertson C Bell, L Nasta, G Lassiter, J Preisano

	Team	Relay	Seed Time
1	Cuthbertson High School	A	8:57.98
	1) Lillian Nasta 12	2) Josie Schihl 9	3) Addison Miller 9
			4) Justine Preisano 11
2	Mount Tabor	A	9:29.86
	1) Bronwyn Parks 11	2) Hannah Riley 12	3) Eliza Brand 11
			4) Katie McFerrin 11
3	Cardinal Gibbons	A	9:37.06
	1) Hannah Rae Shaffer 10	2) Addy Mitchell 10	3) Peyton LaNasa 11
			4) Ina Lazarczyk 10
4	Apex	A	9:54.41
	1) Addie Fornes 11	2) Sarah Galdi 11	3) Sophia Taylor 11
			4) Ella Arnold 12
5	R.J. Reynolds	A	9:55.77
	1) Mary Grace Iauco 9	2) Katy Cox 9	3) Ellie Reynolds 11
			4) Elizabeth Smith 11
6	Marvin Ridge	A	9:58.12
	1) Lauren Horwitt 11	2) Julia Mayer 10	3) Hadley Wilson 11
			4) Isabella Gentille 9
7	Reagan	A	9:58.57
	1) Kate Henderson 10	2) Lily Hayes 9	3) Tori Clinger 12
			4) Sarah Fassinger 10
8	Weddington High School	A	10:00.50
	1) Elizabeth Ritter 12	2) Valeria Mas 12	3) Kathryn Grace 9
			4) Paige Starkie 12
9	Green Level	A	10:01.16
	1) Eliza Greengrass 11	2) Sadie Wortman 9	3) Samantha Petersen 9
			4) Delaney Coleman 10
10	Heritage	A	10:02.45
	1) Ainsley Donovan 12	2) Viola Korir 12	3) Madison Groves 10
			4) Ella White 11
11	Leesville Road	A	10:02.80
	1) Zoe Etheridge 11	2) Lily Leshner 9	3) Ruth Metaferia 9
			4) Kate Slobodnyak 10
12	Cary	A	10:07.31
	1) Rachel Klett 11	2) Yves Morrison 12	3) Erica Rash 10
			4) Sadey Smith 9
13	Myers Park	A	10:09.95
	1) Charlotte Britt 11	2) Claire Dixon 10	3) Katherine Zarzour 12
			4) Taelyn Ingram 9
14	Holly Springs	A	10:13.03
	1) Savannah Krupica 11	2) McKenzie Collins 11	3) Rylee Barbee 10
			4) Ellis Vaughan 10
15	West Forsyth	A	10:14.29
	1) Abby Reuting 11	2) Lulu Serang 10	3) Dempsey Baldini 9
			4) Sophie Cowart 12
16	Panther Creek	A	10:14.79
	1) Camryn Quinn 10	2) Ishi Varshney 11	3) Annette Lee 10
			4) Taylor Crawford 11

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Event 13 ... (Girls 4x800 Meter Relay)

Team	Relay	Seed Time
17 A.C. Reynolds	A	10:14.85
1) Evva Hamilton 10	2) Ella Chase 9	3) Cora Elliott 9
4) Katie Purnell 12		
18 Asheville	A	10:16.24
1) Sadie Hambright 9	2) Stella Slingsby 10	3) Andromache Lemmel 9
4) Charlotte Goebel 10		

Event 14 Boys 4x800 Meter Relay

4A Meet Record: 7:57.23 2015

Southview

C. Cotazar, M. Staples, J. Alejandro, P. Hall

State Meet Rec: 7:57.23 2015

Southview

C. Cotazar, M. Staples, J. Alejandro, P. Hall

Team	Relay	Seed Time
1 Mount Tabor	A	8:02.75
1) Conner Inman 12	2) Andrew Riley 10	3) Luke Armentrout 12
4) Andrew Burrell 12		
2 Charlotte Catholic	A	8:05.62
1) Ian Pierce 12	2) AJ Painter 12	3) Nick Potter 12
4) Logan Hill 11		
3 Cary	A	8:08.72
1) Marco Evans 12	2) Max Langenbach 10	3) Luke Liming 11
4) Lex Lundergan 10		
4 Marvin Ridge	A	8:14.01
1) Michael Keller 10	2) Kyle Barney 10	3) Aiden Tauro 12
4) RJ Gajan 12		
5 Athens Drive	A	8:15.35
1) Noah Valyo 11	2) Connor O'Toole 11	3) Krister Sjoblad 12
4) Jonathan Taylor 10		
6 Holly Springs	A	8:16.66
1) Landon Patterson 10	2) Joel Henrich 12	3) Gavin Fenton 10
4) Joseph Fahey 12		
7 Cuthbertson High School	A	8:17.43
1) Charlie Schihl 11	2) Peter Schihl 12	3) Brandt Anderson 10
4) Timothy Salicco 12		
8 Leesville Road	A	8:17.56
1) Bo Groff 12	2) Jacob Dokulil 11	3) Ken Ishii 11
4) Banks Blizzard 10		
9 Millbrook	A	8:18.65
1) Ryan Adams 11	2) Hayden Little 10	3) Benjamin Panebianco 12
4) Lucas Schwinger 12		
10 Green Hope	A	8:18.81
1) Andrew Vo 12	2) Dax Mahone 11	3) Sebastian Percival Shim 11
4) Gavin Hansen 12		
11 Riverside (4a)	A	8:23.35
1) Philip Blum 10	2) Owen Transue 12	3) Beau Brebner 10
4) Justin Lawrence 9		
12 Weddington High School	A	8:23.88
1) Ian Mas 11	2) Daniel Fiore 9	3) Luke Mckelvey 11
4) Cole Ashley 12		
13 Chapel Hill	A	8:25.50
1) Declan Harden 11	2) Cogan McMichaels 12	3) Dylan Whitmire 11
4) Hank Neal 11		
14 Asheville	A	8:25.75
1) Seth Caudill 12	2) Dalton Etheridge 10	3) Burroughs Law 10
4) Nolan Ray 11		
15 Apex Friendship	A	8:26.22
1) Connor Uenking 12	2) Gus Rutledge 12	3) Owen Pearson 12
4) William Newman 12		
16 A.L. Brown	A	8:27.08
1) JP Bautista 11	2) Eliel Carrillo Lopez 11	3) Oliver Godinez 11
4) Fabian Godinez 12		
17 Mallard Creek	A	8:27.10
1) Tynarie Mckinney 9	2) Kevin Noble Jr. 10	3) Charles Rogers 12
4) Christian Wheeler 12		
18 West Forsyth	A	8:27.12
1) Brandt Doty 12	2) Colby Groce 11	3) Owen Newsome 12
4) Wesley Haggstrom 12		
19 Panther Creek	A	8:27.63
1) Ari Seran 12	2) Arnav Earve 12	3) Adithya Rajaram 11
4) Prithvi Kotapati 12		
20 Green Level	A	8:27.88
1) Alex Fernandez 12	2) Advaita Cheruvu 12	3) Evan Hall 12
4) Jake Lominack 10		
21 R.J. Reynolds	A	8:28.08
1) Emory Waite 10	2) Andrew York 11	3) Walt Petersen 12
4) Cedar Nichols-Barnhart 10		

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Event 14 ... (Boys 4x800 Meter Relay)

Team	Relay	Seed Time
22 T.C. Roberson 1) Nicholas Gibson 11 2) Ryan Chong 12 3) Josiah Kaiser 12 4) Kevin Cordero 11	A	8:28.91
23 South Mecklenburg 1) Preston Harbin 11 2) Adam Simpson 12 3) Aaron Vargas 10 4) Caleb Roesch 12	A	8:29.03

Event 15 Girls 55 Meter Hurdles Prelims

4A Meet Record: 7.81 2015		Ebony Williams, Parkland	
State Meet Rec: 7.81 2015		Ebony Williams, Parkland	
Name	Year	School	Seed Time
1 Aria Wegh	11	Marvin Ridge	8.12
2 Katelynn Smith	12	Hillside	8.21
3 Jayda Lewis	10	Mallard Creek	8.26
4 Amaya Hopkins	12	South Mecklenburg	8.30
5 Joslyn Hamilton	11	Rolesville High School	8.30
6 Alexa Nestor	12	Green Level	8.32
7 Carmen PenaSoto	11	Olympic	8.34
8 Morgan Brown	11	Independence	8.35
9 Zamearea Simpson	12	Garner	8.44
10 Nyree Andrews	11	Mallard Creek	8.54
11 Kori Randle	11	Garner	8.61
12 Jordan Henderson	10	Heritage	8.61
13 Selena Carlyle	11	Clayton	8.64
14 Jordan Rochester	10	Rolesville High School	8.67
15 Jaziya Odom	10	Mount Tabor	8.80
16 Jasmine Stokes	12	Rocky River High School	8.85
17 Jessica Rodriquez	11	North Mecklenburg	8.89
18 Farrah Anderson	9	Marvin Ridge	8.95
19 Carleigh McCullough	10	Southeast Raleigh	8.95
20 Zoe Cousin	12	Ardrey Kell	8.96
21 Aaaliyah Raleigh	10	Western Guilford	8.96
22 Kate Cushing	10	Cuthbertson High School	9.04
23 Chorley Truitt	12	Green Level	9.06
24 Alex Thomas	12	Asheville	9.08
25 Sydney Shryock	12	Hough, William A	9.10
26 Cheila Tokiti	10	Independence	9.12
27 Tatiana Blake	10	Cuthbertson High School	9.13

Event 16 Boys 55 Meter Hurdles Prelims

4A Meet Record: 7.05 2009		Wayne Davis, Southeast Raleigh	
State Meet Rec: 7.05 2009		Wayne Davis, Southeast Raleigh	
Name	Year	School	Seed Time
1 Xavier Branker	12	Ardrey Kell	7.45
2 Nikyan Hodge	12	Olympic	7.60
3 Daunte Marshall	12	A.L. Brown	7.64
4 Jaylen Morrow	11	Julius Chambers High School	7.67
5 Desmond Smith	11	Hillside	7.72
6 Timothy Richardson	12	Knightdale	7.74
7 Jackson McCoy	11	Garner	7.75
8 Charles Spellings	11	Cuthbertson High School	7.78
9 Khairi Steadman	12	Rocky River High School	7.79
10 Jordan Wolverton	11	Mount Tabor	7.83

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Event 16 ... (Boys 55 Meter Hurdles Prelims)

	Name	Year	School	Seed Time
11	Kobe Mack	10	Parkland Magnet IB	7.88
12	Xavier Ratliff	11	R.J. Reynolds	7.89
13	Joel Nti	11	North Mecklenburg	7.94
14	Dominick DeAngelo	11	Millbrook	7.97
15	Ocir Black	12	Parkland Magnet IB	8.00
16	Tyson Adams	12	West Forsyth	8.01
17	Raymond English	11	Northern Guilford	8.03
18	Thomas Fields	11	Rolesville High School	8.04
19	Tristin Reutter	12	Topsail	8.04
20	Isaiah Deloatch	10	Hillside	8.05
21	Ronald Logan	12	Porter Ridge	8.05
22	Matias Rampolla	11	Ardrey Kell	8.06
23	Lawson Windsor	12	Cuthbertson High School	8.12
24	Johntay Gaither	10	South Iredell	8.19
25	Jack McGrath	11	Panther Creek	8.20
26	Jonathan Koger	12	Reagan	8.21
27	Jerry Atunku	12	Cary	8.22

Event 17 Girls 55 Meter Dash Prelims

4A Meet Record: 6.76 2/12/2022 Shawnti Jackson, Wakefield
 State Meet Rec: 6.76 2/12/2022 Shawnti Jackson, Wakefield

	Name	Year	School	Seed Time
1	Ai'yana Gray-Williams	12	Parkland Magnet IB	7.04
2	Aria Wegh	11	Marvin Ridge	7.08
3	Joslyn Hamilton	11	Rolesville High School	7.09
4	Londyn Atkinson	9	Rolesville High School	7.12
5	Ziyah Etchison	12	Parkland Magnet IB	7.17
6	Victoria Knight	12	Weddington High School	7.18
7	Zyon Alston	10	Hillside	7.19

Event 18 Boys 55 Meter Dash Prelims

4A Meet Record: 6.21 1996 Chris Justice, Grimsley
 State Meet Rec: 6.21 1995 Chris Justice, Grimsley

	Name	Year	School	Seed Time
1	Antwan Hughes Jr	11	Parkland Magnet IB	6.29
2	Christian Dixon	10	Mallard Creek	6.32
3	Dazmin James	12	Clayton	6.42
4	Tyson Adams	12	West Forsyth	6.42
5	Barfuo Boakye-Boaten	12	Asheville	6.44
6	M.A. Skeins	11	A.C. Reynolds	6.44
7	Jaiden Lee	12	Mallard Creek	6.45
8	Calen McKinney	12	Porter Ridge	6.45
9	Tanner Leach	12	Corinth Holders	6.45
10	Benjamin Black	11	Mallard Creek	6.47
11	Josiah Wrice	11	Butler	6.48
12	Andrew Steele	11	Reagan	6.53
13	Cayden Forbes	12	Chapel Hill	6.53
14	Judah Oquendo	12	Hickory Ridge	6.53
15	Tylen McClain	9	North Mecklenburg	6.54

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JDL Fast Track
Performance List

Event 20 Boys 55 Meter Dash Wheelchair Wheelchair

	Name	Year	School	Seed Time
1	Adam Smith	11	Marvin Ridge	13.30
2	Zachary Moore	12	Sun Valley	16.41

Event 21 Girls 4x200 Meter Relay

4A Meet Record:	1:39.92	2015	Parkland
			M. Bryant, K. Sherman, S. Cannon, E. Willias
State Meet Rec:	1:39.92	2015	Parkland
			M. Bryant, K. Sherman, S. Cannon, E. Willias

	Team	Relay	Seed Time
1	Parkland Magnet IB	A	1:40.34
	1) Oteria Dubose 12	2) Ziyah Etchison 12	3) Ai'yana Gray-Williams 12
			4) Megan Hatcher 11
2	Clayton	A	1:44.14
	1) Selena Carlyle 11	2) Autumn Joyce 11	3) Elena Gorena 11
			4) Amilia Speller 11
3	Olympic	A	1:44.65
	1) T'Sheylah Moore 12	2) Jahaila Wright 11	3) Journee Gordon 11
			4) I'Ja Walter 11
4	Garner	A	1:44.78
	1) Kori Randle 11	2) Jaida Dawes 12	3) Amaya Keys 12
			4) Shaune' Ingraham 11
5	Mallard Creek	A	1:45.26
	1) Shiasia Mitchell 9	2) Jayda Lewis 10	3) Laila Ramadan 9
			4) Bry'anna Woodward 12
6	Rolesville High School	A	1:46.13
	1) Akeirra Wilson 12	2) Jada Clark 12	3) Jordan Rochester 10
			4) Londyn Atkinson 9
7	Cuthbertson High School	A	1:46.30
	1) Isabelle Liu 11	2) Miranda Watts 11	3) Meredith Palmer 11
			4) Maya Studney 12
8	Reagan	A	1:46.65
	1) Bailey Huff 10	2) Evangeline Saunders 11	3) Alexis Vaughan 11
			4) Carmealla Marino 10
9	Marvin Ridge	A	1:46.77
	1) Annika Gregson 12	2) Natasha Simmons 11	3) Farrah Anderson 9
			4) Mia Lieberman 9
10	Panther Creek	A	1:46.84
	1) Isys Nelms 11	2) Kelly MacBride 10	3) Victoria Keitt 11
			4) Lena Richardson 12
11	Hillside	A	1:46.95
	1) Alajah Rogers	2) Noni Wise 10	3) Maya Southerland 10
			4) Katelynn Smith 12
12	Cleveland High School	A	1:47.34
	1) Mason Porter 12	2) Saidee Stone 11	3) Kennedy Hinton 9
			4) Olivia Hunt 9
13	Willow Spring	A	1:47.35
	1) Latrice Barther 10	2) Alora Williams 11	3) Janiyah Mckinnie 10
			4) Ayani Patterson 10
14	Weddington High School	A	1:47.55
	1) Victoria Knight 12	2) Gabrielle Knight 10	3) Elektra Koulouris 11
			4) Ragan Giddins 9
15	Butler	A	1:47.61
	1) Tyaja Jennings 11	2) Aniyah Wallace 11	3) Kendall Hicks 10
			4) Tessa Collard 9
16	South Mecklenburg	A	1:47.67
	1) Nadia Bolden 11	2) Hannah Harris 11	3) Leah Harris 12
			4) Sydney Justice 12
17	Wakefield	A	1:48.03
	1) Nyah Adair 9	2) Imani Sharp 10	3) Landon Spencer 10
			4) Zuri Davis 9
18	Porter Ridge	A	1:48.06
	1) Kennedy Williams 9	2) Margaret Garner 11	3) Julia Zayachkowsky 12
			4) Allison Greenwalt 12

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Event 22 Boys 4x200 Meter Relay

4A Meet Record: 1:27.87 2/9/2019

Southeast Raleigh, Southeast Ra
E Haddock, R McRae, C Ruffin, B Williams

State Meet Rec: 1:27.87 2019

Southeast Raleigh
E. Haddock, R. McRae, C. Ruffin, B. Williams

Team	Relay	Seed Time
1 Parkland Magnet IB 1) Antwan Hughes Jr 11 2) Kobe Mack 10 3) Micah Walker 10 4) Justin Powell 12	A	1:28.78
2 Cuthbertson High School 1) Reece Morgan 12 2) Keenan Jackson 11 3) Richard G Johnson 11 4) Killian Fahy 12	A	1:29.11
3 Reagan 1) Landan Callahan 11 2) Andrew Steele 11 3) Jerry Summers 10 4) Brandon Harris 11	A	1:29.64
4 Clayton 1) CJ Martin 11 2) Lamine Suma 12 3) Jayden Blackmon 12 4) Dazmin James 12	A	1:29.72
5 Cleveland High School 1) Jordan Gulley 11 2) Shawn Williams 11 3) DeAngelo Ruffin Jr 9 4) Jashawn Middleton 12	A	1:30.59
6 Butler 1) Tyler Dent 9 2) Kamron Holman 11 3) Jaylen Jones 12 4) Josiah Wrice 11	A	1:30.67
7 Mallard Creek 1) Benjamin Black 11 2) Nyan Brown 9 3) Christian Dixon 10 4) Jaiden Lee 12	A	1:30.74
8 Western Guilford 1) Kayvon Pickett 12 2) Christopher Coltrane Gaston 13) Camren Winfield 10 4) Jordan Good 12	A	1:31.19
9 South Garner 1) Isaiah Sykes 11 2) Anthony Boykins Jr 9 3) Tareeq Brewer 10 4) DaShawn Winters 12	A	1:31.58
10 Asheville 1) Barfuo Boakye-Boaten 12 2) Addison Cain 10 3) Noah Shaw 11 4) Nick Williams 10	A	1:31.63
11 Corinth Holders 1) James McLean 10 2) Nolan O'Neill 12 3) Byron Durham 11 4) Tanner Leach 12	A	1:31.64
12 Green Hope 1) Christian Wright 12 2) Owen Zalc 12 3) Kaiden Granko 12 4) Sean Hill 9	A	1:31.70
13 Porter Ridge 1) Harrison Johnson 11 2) Calen McKinney 12 3) Ronald Logan 12 4) Daniel Kennedy 11	A	1:31.91

Event 23 Girls 1600 Meter Run

4A Meet Record: 4:53.08 2/12/2022

Maddie Huecker, Lake Norman

State Meet Rec: 4:53.08 2/12/2022

Maddie Huecker, Lake Norman

Name	Year	School	Seed Time
1 Charlotte Bell	11	Cuthbertson High School	4:47.84
2 Alyssa Preisano	12	Cuthbertson High School	4:49.40
3 Stella Kermes	11	Cuthbertson High School	4:50.00
4 Hannah Rae Shaffer	10	Cardinal Gibbons	4:58.14
5 Kaitlyn Obremski	12	Topsail	5:05.00
6 Kasey Dingman	9	Lake Norman	5:05.51
7 Joiner Evans	11	Mount Tabor	5:06.56
8 Elizabeth Ritter	12	Weddington High School	5:09.12
9 Eliza Brand	11	Mount Tabor	5:09.58
10 Allie Kinlaw	10	Page	5:12.47
11 Keely Bradle	12	Providence	5:14.52
12 Elizabeth Healy	10	Riverside (4a)	5:14.99
13 Mandi Pollard	10	Corinth Holders	5:15.22
14 Lily Rogers	12	Middle Creek	5:16.70
15 Ishi Varshney	11	Panther Creek	5:18.70
16 Kaylie Dziedzina	12	Green Level	5:19.31
17 Maggie Whitham	9	Cardinal Gibbons	5:19.42

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Event 23 ... (Girls 1600 Meter Run)

	Name	Year	School	Seed Time
18	Kaleigh McHale	9	Middle Creek	5:20.12
19	Ruth Metaferia	9	Leesville Road	5:20.16

Event 24 Boys 1600 Meter Run

4A Meet Record: 4:10.61 2003

Bobby Mack, North Forsyth

State Meet Rec: 4:10.61 2003

Bobby Mack, North Forsyth

	Name	Year	School	Seed Time
1	Jacob Laney	12	Porter Ridge	4:16.78
2	Caden Townshend	12	Weddington High School	4:16.80
3	Marco Evans	12	Cary	4:18.60
4	Caleb Roesch	12	South Mecklenburg	4:19.31
5	Luke Liming	11	Cary	4:20.56
6	Ian Rouse	12	Jordan	4:20.88
7	Noah Valyo	11	Athens Drive	4:21.16
8	Seth Caudill	12	Asheville	4:21.20
9	Krister Sjoblad	12	Athens Drive	4:21.56
10	Tate Shore	10	Reagan	4:23.31
11	Luke Young	12	Green Hope	4:24.21
12	Logan Dingman	12	Lake Norman	4:25.33
13	Luke Armentrout	12	Mount Tabor	4:26.47
14	Griffin Wald	12	Middle Creek	4:26.58
15	Ian Pierce	12	Charlotte Catholic	4:27.00

Event 25 Girls 500 Meter Dash

4A Meet Record: 1:12.33 2/10/2018

Kyna Robinson, Southeast Ra

State Meet Rec: 1:12.33 2018

Kyna Robinson, Southeast Raleigh

	Name	Year	School	Seed Time
1	Megan Hatcher	11	Parkland Magnet IB	1:15.31
2	Margaret Garner	11	Porter Ridge	1:16.92
3	Amaya Hopkins	12	South Mecklenburg	1:17.07
4	Madelyn Flower	11	Apex	1:17.30
5	Sarah Fassinger	10	Reagan	1:17.60
6	T'Sheylah Moore	12	Olympic	1:17.72
7	Kyndal Saunders	12	Corinth Holders	1:17.89
8	Rebecca Cornett	12	Cuthbertson High School	1:18.09
9	Sky Bleu Tyson	10	Palisades High School	1:18.55
10	Molly Canon	11	Charlotte Catholic	1:18.78
11	Raylee Grieco	12	Leesville Road	1:18.82
12	Nya Folk	11	Cardinal Gibbons	1:19.03
13	Viola Korir	12	Heritage	1:19.41
14	Saniya Hall	10	Parkland Magnet IB	1:19.67
15	Janelle Caldeira	10	Cary	1:19.70
16	Leah Butler	12	Hopewell	1:19.90
17	Journee Gordon	11	Olympic	1:19.99
18	Madison Moraja	12	Weddington High School	1:20.05
19	Caroline Parillo	12	Cuthbertson High School	1:20.23

Event 26 Boys 500 Meter Dash

4A Meet Record: 1:03.65 2009

Andrew Hendrix, New Bern

State Meet Rec: 1:03.65 2009

Andrew Hendrix, New Bern

	Name	Year	School	Seed Time
1	Christian Parker	--	Southwest Guilford	1:03.80

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Event 26 ... (Boys 500 Meter Dash)

	Name	Year	School	Seed Time
2	Jordan Good	12	Western Guilford	1:04.16
3	Max DeAngelo	11	Millbrook	1:04.21
4	Josiah Wrice	11	Butler	1:04.91
5	Killian Fahy	12	Cuthbertson High School	1:04.93
6	Tim Brown	11	Hough, William A	1:05.42
7	Justin Powell	12	Parkland Magnet IB	1:05.62
8	Jaden Miller	11	Cardinal Gibbons	1:05.81
9	Jordan Polk	12	Jordan	1:06.36
10	Nolan Donaghy	12	Hopewell	1:06.44
11	Sean Crumpler	12	Hopewell	1:06.64
12	Xavier Branker	12	Ardrey Kell	1:06.67
13	Michael Keller	10	Marvin Ridge	1:07.08
14	Chase Harrison	11	Leesville Road	1:07.09
15	Erick Pryor	11	Southeast Guilford	1:07.44
16	Zyon Hailey	9	North Mecklenburg	1:07.55
17	Nikyan Hodge	12	Olympic	1:07.87
18	Jace Wynn	10	Middle Creek	1:07.90
19	Morris Johnson	11	Hough, William A	1:07.94
20	Christian Wheeler	12	Mallard Creek	1:08.06
21	Amari Barrow	9	Cuthbertson High School	1:08.15
22	Landon Jones	10	Northern Guilford	1:08.24

Event 27 Girls 1000 Meter Run

4A Meet Record: 2:53.81 2015
State Meet Rec: 2:53.81 2015

Nevada Mareno, Leesville Road
Nevada Mareno, Leesville Road

	Name	Year	School	Seed Time
1	Charlotte Bell	11	Cuthbertson High School	2:49.32
2	Stella Kermes	11	Cuthbertson High School	2:50.37
3	Hannah Rae Shaffer	10	Cardinal Gibbons	2:55.53
4	Justine Preisano	11	Cuthbertson High School	2:55.56
5	Kasey Dingman	9	Lake Norman	2:58.17
6	Caroline Echols	12	R.J. Reynolds	2:58.37
7	Hannah Riley	12	Mount Tabor	3:00.08
8	Natalia Martin	12	Olympic	3:00.82
9	Bronwyn Parks	11	Mount Tabor	3:02.16
10	Isabella Gentile	9	Marvin Ridge	3:02.72
11	Maggie Whitham	9	Cardinal Gibbons	3:03.23
12	Katie McFerrin	11	Mount Tabor	3:03.85
13	Ishi Varshney	11	Panther Creek	3:04.28
14	Sarah Fassinger	10	Reagan	3:04.43
15	Eliza Greengrass	11	Green Level	3:04.59
16	Ella Arnold	12	Apex	3:04.86
17	Emily Karmanocky	12	A.L. Brown	3:04.89
18	Elizabeth Ritter	12	Weddington High School	3:05.52
19	Clara Davis	10	Leesville Road	3:05.58
20	Julia Mayer	10	Marvin Ridge	3:05.65
21	Allie Kinlaw	10	Page	3:05.86
22	Ella Kepple	12	A.C. Reynolds	3:05.88
23	Mandi Pollard	10	Corinth Holders	3:06.01
24	Keely Bradle	12	Providence	3:06.47

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Event 27 ... (Girls 1000 Meter Run)

Name	Year	School	Seed Time
25 Ellis Vaughan	10	Holly Springs	3:06.50
26 Paige Starkie	12	Weddington High School	3:07.15

Event 28 Boys 1000 Meter Run

4A Meet Record: 2:29.03 2008

Dylan Ferris, East Forsyth

State Meet Rec: 2:28.85 2/8/2019

Kyle Durham, Weddington H

Name	Year	School	Seed Time
1 Caden Townshend	12	Weddington High School	2:30.18
2 Logan Dingman	12	Lake Norman	2:30.25
3 RJ Gajan	12	Marvin Ridge	2:31.46
4 Andrew Burrell	12	Mount Tabor	2:31.49
5 Marco Evans	12	Cary	2:31.69
6 Jacob Laney	12	Porter Ridge	2:32.24
7 Griffin Wald	12	Middle Creek	2:35.37
8 Krister Sjoblad	12	Athens Drive	2:36.06
9 Kyle Barney	10	Marvin Ridge	2:36.17
10 Max Langenbach	10	Cary	2:36.18
11 Logan Hill	11	Charlotte Catholic	2:36.39
12 John Howard	11	Ragsdale	2:36.49
13 Wyatt Carey	12	Jack Britt	2:36.51
14 Walt Petersen	12	R.J. Reynolds	2:36.75
15 Tate Shore	10	Reagan	2:36.75
16 Luke Armentrout	12	Mount Tabor	2:36.77
17 Declan Harden	11	Chapel Hill	2:36.90
18 Dax Mahone	11	Green Hope	2:36.98
19 Nick Frye	12	Corinth Holders	2:37.05
20 Zack Gilbertson	12	Pinecrest	2:37.06
21 Timothy Salicco	12	Cuthbertson High School	2:37.07
22 Andrew Vo	12	Green Hope	2:37.11
23 Andrew Riley	10	Mount Tabor	2:37.24

Event 29 Girls 300 Meter Dash

4A Meet Record: 37.81 2017

Tamara Clark, High Point Central

State Meet Rec: 37.81 2017

Tamara Clark, High Point Central

Name	Year	School	Seed Time
1 Ai'yana Gray-Williams	12	Parkland Magnet IB	39.06
2 Aria Wegh	11	Marvin Ridge	39.95
3 Shaune' Ingraham	11	Garner	40.48
4 Joslyn Hamilton	11	Rolesville High School	40.56
5 Megan Hatcher	11	Parkland Magnet IB	40.64
6 I'Ja Walter	11	Olympic	40.80
7 Noni Wise	10	Hillside	40.93
8 Kyndal Saunders	12	Corinth Holders	41.04
9 Victoria Knight	12	Weddington High School	41.13
10 Ziyah Etchison	12	Parkland Magnet IB	41.18
11 T'Sheylah Moore	12	Olympic	41.38

Event 30 Boys 300 Meter Dash

4A Meet Record: 34.39 2017

J. Johnson, Panther Creek

State Meet Rec: 34.39 2017

J. Johnson, Panther Creek

Name	Year	School	Seed Time
1 Jordan Polk	12	Jordan	33.74

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JDL Fast Track
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Event 30 ... (Boys 300 Meter Dash)

	Name	Year	School	Seed Time
2	Christian Parker	--	Southwest Guilford	34.01
3	Killian Fahy	12	Cuthbertson High School	34.13
4	Josiah Wrice	11	Butler	34.17
5	Reece Morgan	12	Cuthbertson High School	34.33
6	Max DeAngelo	11	Millbrook	34.36
7	Christian Dixon	10	Mallard Creek	34.45
8	Benjamin Black	11	Mallard Creek	34.72
9	Jordan Good	12	Western Guilford	34.77
10	Antwan Hughes Jr	11	Parkland Magnet IB	35.04
11	Tareeq Brewer	10	South Garner	35.36
12	Sean Townes	12	Heritage	35.47
13	Ethan O'Neil	11	Weddington High School	35.50
14	Jaden Miller	11	Cardinal Gibbons	35.67
15	Dominick DeAngelo	11	Millbrook	35.69
16	Jeremiah Gray	11	Willow Spring	35.74
17	Shawn Williams	11	Cleveland High School	35.74
18	Micah Walker	10	Parkland Magnet IB	35.83
19	Judah Oquendo	12	Hickory Ridge	35.83
20	Keenan Jackson	11	Cuthbertson High School	35.85
21	Jack Stephenson	12	Athens Drive	35.93

Event 33 Girls 3200 Meter Run

4A Meet Record: 10:31.57 2017
State Meet Rec: 10:31.57 2017

Sara Platek, Ragsdale
Sara Platek, Ragsdale

	Name	Year	School	Seed Time
1	Mary Bonner Dalton	11	Myers Park	10:20.26
2	Hannah Rae Shaffer	10	Cardinal Gibbons	10:36.46
3	Chandler Welsh	11	R.J. Reynolds	10:39.99
4	Alyssa Preisano	12	Cuthbertson High School	10:43.64
5	Lillian Nasta	12	Cuthbertson High School	10:52.49
6	Joiner Evans	11	Mount Tabor	10:55.73
7	Ella Pasko	11	Marvin Ridge	11:01.90
8	Kaitlyn Obremski	12	Topsail	11:04.00
9	Elizabeth Ritter	12	Weddington High School	11:06.35
10	Hannah Caudill	12	Asheville	11:08.09
11	Keely Bradle	12	Providence	11:15.65
12	Josie Schihl	9	Cuthbertson High School	11:19.11
13	Elizabeth Healy	10	Riverside (4a)	11:19.41
14	Lauren Horwitt	11	Marvin Ridge	11:21.08
15	Kaylie Dziedzina	12	Green Level	11:21.83
16	Camryn Quinn	10	Panther Creek	11:24.09
17	Audrey Wright	12	Weddington High School	11:25.26
18	Caroline Cornell	11	Green Level	11:27.85
19	Lily Rogers	12	Middle Creek	11:28.72
20	Ishi Varshney	11	Panther Creek	11:28.91

Event 34 Boys 3200 Meter Run

4A Meet Record: 9:14.71 2000
State Meet Rec: 9:10.96 2010

Ricky Brookshire, Watauga
Jake Hurysz, Eastern Alamance

	Name	Year	School	Seed Time
1	Zack Gilbertson	12	Pincrest	9:02.07

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Event 34 ... (Boys 3200 Meter Run)

Name	Year	School	Seed Time
2	Jacob Laney	12 Porter Ridge	9:09.37
3	Marco Evans	12 Cary	9:09.60
4	Luke Liming	11 Cary	9:11.08
5	Noah Valyo	11 Athens Drive	9:12.26
6	Caden Townshend	12 Weddington High School	9:15.98
7	Krister Sjoblad	12 Athens Drive	9:20.60
8	Ian Rouse	12 Jordan	9:25.32
9	Tate Shore	10 Reagan	9:26.33
10	Raghav Gopalakrishnan	11 Ardrey Kell	9:27.83
11	Seth Caudill	12 Asheville	9:28.33
12	Luke Young	12 Green Hope	9:28.95
13	AJ Painter	12 Charlotte Catholic	9:30.92
14	Liam Young	12 Green Hope	9:32.57
15	Connor Tyrrell	10 Riverside (4a)	9:33.42
16	Yichen Sun	12 Chapel Hill	9:33.89
17	Luke Armentrout	12 Mount Tabor	9:34.60

Event 35 Girls 4x400 Meter Relay

4A Meet Record: 3:48.73 2017

High Point Central

M. Creary, D. Jones, O. Sharp, A. Graham

State Meet Rec: 3:48.73 2017

High Point Central

M. Creary, D. Jones, O. Sharp, A. Graham

Team	Relay	Seed Time
1	Parkland Magnet IB 1) Oteria Dubose 12 2) Saniya Hall 10 3) Nyssa West 10 4) Megan Hatcher 11	3:57.46
2	Olympic 1) Natalia Martin 12 2) Journee Gordon 11 3) I'Ja Walter 11 4) T'Sheylah Moore 12	3:59.85
3	Corinth Holders 1) Sophia Patton 12 2) Sanaia Hill 12 3) Jahzara McIver 9 4) Kyndal Saunders 12	4:02.90
4	Cuthbertson High School 1) Rebecca Cornett 12 2) Meredith Palmer 11 3) Maggie Houpp 10 4) Caroline Parillo 12	4:04.89
5	Apex Friendship 1) Nia Kane 12 2) Lauren Artman 10 3) Devan Veach 11 4) Ava Rodriguez 11	4:05.26
6	Reagan 1) Alexis Vaughan 11 2) Bailey Huff 10 3) Evangeline Saunders 11 4) Sarah Fassinger 10	4:06.17
7	Clayton 1) Autumn Joyce 11 2) Amilia Speller 11 3) Selena Carlyle 11 4) Elena Gorena 11	4:07.50
8	Garner 1) Kori Randle 11 2) Amaya Keys 12 3) Jaida Dawes 12 4) Shaune' Ingraham 11	4:08.22
9	Weddington High School 1) Madison Moraja 12 2) Elektra Koulouris 11 3) Kyra Durham 12 4) Victoria Knight 12	4:08.57
10	Rolesville High School 1) Londyn Atkinson 9 2) Joslyn Hamilton 11 3) DeiAshia Reed 10 4) Akeirra Wilson 12	4:09.09
11	Panther Creek 1) Taylor Crawford 11 2) Victoria Keitt 11 3) Kelly MacBride 10 4) Chessoni Waite 11	4:09.48
12	South Mecklenburg 1) Amelia Kulpa 10 2) Nadia Bolden 11 3) Hannah Harris 11 4) Amaya Hopkins 12	4:09.63
13	Hillside 1) Maya Southerland 10 2) Alajah Rogers 3) Noni Wise 10 4) Katelynn Smith 12	4:10.89
14	Apex 1) Ella Arnold 12 2) Madison McClamrock 9 3) Addie Fornes 11 4) Madelyn Flower 11	4:11.09

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Event 35 ... (Girls 4x400 Meter Relay)

Team	Relay	Seed Time
15 Porter Ridge	A	4:11.83
1) Kennedy Williams 9	2) Mylen Cadiang 9	3) Allison Greenwalt 12
4) Margaret Garner 11		
16 Cary	A	4:12.04
1) Yves Morrison 12	2) Payton Murphy 11	3) Amaya Rodgers 11
4) Janelle Caldeira 10		
17 Cardinal Gibbons	A	4:12.40
1) Hannah Rae Shaffer 10	2) Nya Folk 11	3) Peyton LaNasa 11
4) Maggie Whitham 9		
18 Marvin Ridge	A	4:12.68
1) Isabella Gentile 9	2) Natasha Simmons 11	3) Charli Forrester 12
4) Lindsey Czaniecki 12		
19 Mount Tabor	A	4:12.91
1) Bronwyn Parks 11	2) Sloane Whalen 10	3) Eliza Brand 11
4) Hannah Riley 12		

Event 36 Boys 4x400 Meter Relay

4A Meet Record: 3:21.79 2009

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

State Meet Rec: 3:21.79 2009

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

Team	Relay	Seed Time
1 Cuthbertson High School	A	3:20.98
1) Reece Morgan 12	2) Keenan Jackson 11	3) Amari Burrow 9
4) Killian Fahy 12		
2 Western Guilford	A	3:26.79
1) Christopher Coltrane Gaston	12) Kayvon Pickett 12	3) Jordan Good 12
4) Leo Cortes 11		
3 Parkland Magnet IB	A	3:27.29
1) Justin Powell 12	2) Micah Walker 10	3) Antwan Hughes Jr 11
4) Ian Franco 12		
4 Weddington High School	A	3:29.21
1) Logan Carl 10	2) Ian Mas 11	3) Caden Townshend 12
4) Ethan O'Neil 11		
5 Reagan	A	3:29.38
1) Dominic George 9	2) Alexander Vaughan 12	3) Landan Callahan 11
4) Jerry Summers 10		
6 Marvin Ridge	A	3:29.67
1) Michael Keller 10	2) Aiden Tauro 12	3) Will Caulder 11
4) RJ Gajan 12		
7 Myers Park	A	3:29.77
1) Sebastian Barbe 12	2) Alex Hensley 11	3) Jax McGuire 10
4) Brendon Mason --		
8 Willow Spring	A	3:29.93
1) Josiah Gray 11	2) Joshua Ortiz 11	3) Sebion Wright 10
4) Jeremiah Gray 11		
9 Hough, William A	A	3:30.23
1) Morris Johnson 11	2) Wyatt Stoner 11	3) Colin Dickey 10
4) Tim Brown 11		
10 Green Hope	A	3:31.12
1) Owen Zalc 12	2) Christian Wright 12	3) Andrew Vo 12
4) Sebastian Percival Shim 11		
11 East Mecklenburg	A	3:31.63
1) Andrew Holt 9	2) Marcus Mason 11	3) Peter Rantala 12
4) Ethan Smith 10		
12 Clayton	A	3:31.84
1) Ethan Acosta 10	2) Zachary Broadus 11	3) Jeremiah Mertilien 9
4) Chase Coughlin 10		
13 Mount Tabor	A	3:31.97
1) Jordan Wolverson 11	2) Andrew Riley 10	3) Chu Hemmingway 11
4) Andrew Burrell 12		
14 Cary	A	3:32.29
1) Joaquin Ebert 12	2) Donovan Ladson 11	3) Josh Brewington 12
4) Lex Lundergan 10		
15 Cleveland High School	A	3:32.34
1) Ronalon Renwick 10	2) DeAngelo Ruffin Jr 9	3) Will Thomas 12
4) Zalin Ingram 11		
16 Millbrook	A	3:33.29
1) Max DeAngelo 11	2) Dominick DeAngelo 11	3) Andre Phelps 11
4) Isaiah Mitchell 10		
17 Porter Ridge	A	3:33.45
1) Aiden Webb 11	2) Calen McKinney 12	3) Micah Laney 12
4) Jacob Laney 12		
18 Panther Creek	A	3:33.55
1) Surafele Sintayehu 12	2) Jeb Durden 10	3) Cody Poythress 11
4) Toby Alain 11		

NCHSAA 4A Indoor Track State Championships - 2/11/2023

JDL Fast Track
Performance List

Event 36 ... (Boys 4x400 Meter Relay)

	Team	Relay	Seed Time
19	Holly Springs	A	3:33.85
	1) Tracy Harrington 9	2) Joel Henrich 12	3) Joseph Fahey 12
			4) Landon Patterson 10
20	Pinecrest	A	3:33.91
	1) Jadin Baptist 11	2) Jack Kester 12	3) Zack Gilbertson 12
			4) Shaun Thomas 12
21	Mallard Creek	A	3:33.97
	1) Darren Morrison 12	2) Christian Wheeler 12	3) Nyan Brown 9
			4) Jaiden Lee 12
22	Charlotte Catholic	A	3:34.01
	1) Logan Hill 11	2) Grant Coughlin 11	3) Nick Potter 12
			4) Ian Pierce 12
23	Green Level	A	3:34.31
	1) Ye Liu 12	2) Matt Pickover 12	3) Brendan Klem 11
			4) Jackson Spells 11
24	Chapel Hill	A	3:34.58
	1) Declan Harden 11	2) Nigel Lawrence 12	3) Cameron Disser 12
			4) Gideon Jones 10
25	Apex Friendship	A	3:35.03
	1) Eddie Falco 12	2) Jalen Lewis 12	3) Owen Pearson 12
			4) Connor Uenking 12