

**2023 NCHSAA INDOOR 3A TRACK & FIELD
STATE CHAMPIONSHIP MEET SCHEDULE
FRIDAY AFTERNOON
FEBRUARY 10, 2023**

2:30 pm	Facility opens for Coaches, athletes and spectators
2:30 pm	Packets available for Coaches
2:40-3:00 pm	Pole Vaulters (Men & Women) weigh in
3:00-3:55 pm	Pole Vaulters (Men & Women) warm-up
3:15 pm	All Scratches are Due By this time. No Scratches after 3:15
3:00 pm	Meeting for Officials
3:15 pm	Meeting for Coaches
4:00 pm	FIELD EVENTS BEGIN
	Men's Pole Vault
	Women's Pole Vault
	Women's High Jump followed by Men's High Jump
	Women's Long Jump followed by Women's Triple Jump
	Men's Long Jump followed by Men's Triple Jump
	Women's Shot Put followed by Men's Shot Put
	Women's Wheelchair Shot Put will follow Men's Shot Put
	Men's Wheelchair Shot Put will follow Women's Wheelchair Shot Put
4:00 pm	RUNNING EVENTS: (Women Followed by Men in All Races)
4:00 pm	3200 Meter Relay Finals
5:15 pm	55 Meter Hurdles Semi-Finals
	55 Meter Dash Semi-Finals
	55 Meter Wheelchair Dash Finals
	55 Meter Hurdles Finals
	55 Meter Dash Finals
	800 Meter Relay Finals
	1600 Meter Run Finals
	500 Meter Run Finals
	1000 Meter Run Finals
	300 Meter Dash Finals
	3200 Meter Run Finals
	1600 Meter Relay Finals

Created January 3, 2023