

2022-2023 Regional Qualifying Standards

Women	4A		3A		1A/2A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	1:54.99	3:30.99	2:12.99	3:45.99	2:16.99	3:00.99
200 yard freestyle	1:58.49	2:20.99	2:20.99	2:55.99	2:22.99	2:54.99
200 yard individual medley	2:13.49	2:39.99	2:34.99	3:25.99	2:39.99	3:25.99
50 yard freestyle	25.49	27.99	27.49	32.99	27.99	33.49
100 yard butterfly	1:00.49	1:12.99	1:10.99	1:40.99	1:15.99	1:39.99
100 yard freestyle	54.99	1:02.99	1:03.99	1:12.99	1:03.99	1:15.99
500 yard freestyle	5:17.49	6:30.99	6:36.49	7:35.99	6:30.99	7:40.99
200 yard freestyle relay	1:46.49	2:59.99	1:59.99	2:45.99	2:02.99	2:45.99
100 yard backstroke	1:00.49	1:11.99	1:13.99	1:29.99	1:12.49	1:30.99
100 yard breaststroke	1:08.99	1:23.99	1:23.49	1:38.99	1:21.99	1:38.99
400 yard freestyle relay	3:49.99	6:15.99	4:50.99	6:10.99	4:52.99	6:30.99

Men	4A		3A		1A/2A	
Event	Automatic	Consideration	Automatic	Consideration	Automatic	Consideration
200 yard medley relay	1:41.99	2:59.99	1:57.49	2:59.99	2:02.99	2:55.99
200 yard freestyle	1:49.99	2:09.99	2:02.99	2:35.99	2:13.99	2:41.99
200 yard individual medley	2:02.99	2:32.99	2:25.99	3:10.99	2:28.99	3:35.99
50 yard freestyle	22.49	24.99	24.49	27.99	24.99	27.99
100 yard butterfly	53.99	1:04.99	1:03.49	1:37.99	1:07.99	1:40.99
100 yard freestyle	49.49	55.99	54.99	1:04.99	56.99	1:05.99
500 yard freestyle	4:57.49	6:30.99	5:50.99	7:25.99	6:21.99	7:40.99
200 yard freestyle relay	1:33.99	2:35.99	1:43.49	2:35.99	1:47.49	2:40.99
100 yard backstroke	55.99	1:07.99	1:07.99	1:27.99	1:07.99	1:29.99
100 yard breaststroke	1:01.99	1:14.99	1:13.99	1:31.99	1:12.99	1:32.99
400 yard freestyle relay	3:24.99	5:30.99	4:00.99	5:40.99	4:10.99	5:45.99