2019-20 NCHSAA Basketball Rules Clinic

Mark Dreibelbis
Associate Commissioner

Tra Waters
Assistant Commissioner
DAITH PIERCINGS

- Not approved by NCHSAA and NFHS Sports Medicine Advisory Committees

- No special waiver will be given even with a physician’s note/authorization.
DAITH PIERCING
RULE 3-4-3e (2)

► The team jersey color itself when bordered with not more than two ¼ inch solid border(s) contrasting with the team jersey color. Effective 2023-24.

► RATIONALE: The number being the same color as the jersey, though bordered by a contrasting color, is difficult to see. Two options for number design remain.
Beginning with the 2023 season, the body of the uniform number must clearly contrast from the body of the uniform regardless of trim.
A headband is any item that goes around the entire head. It must be a circular design without extensions (knots, bows, pre-wrap). If worn, only one headband is permitted, and it must be worn on the forehead/crown.

It must be non-abrasive and unadorned, and it must be no more than 3 inches wide.
RULE 3-5-4b

- **RATIONALE:** To make the Basketball and Volleyball rules code on headbands the same.

- This allows players to comply with the rule in both sports without confusion.
Add to (d) - Hair control devices are not required to meet color restrictions.

**RATIONALE:** To address inconsistent interpretations regarding items controlling hair.

**REMEMBER:** Pre-wrap is not allowed in North Carolina as a legal hair-control device.
RULE 3-5-5

**NOTE:** Provided the shorts are not in conflict with RULE 3-4-5 *(one visible manufacturer’s reference)*, no drawstring or other part of the shorts intended to maintain them in a normal position, and is not objectionable in exposing the anatomy, there is no restriction on folding or rolling the shorts at the natural waistband seam.

- Exposed drawstrings will be treated like shirttails. One warning, then relegated to the bench until the drawstrings are no longer exposed.

- Repeated infractions - technical foul charged to the player. (Will count as a personal and team foul).
Rule 3-5-8

- **MOUTHGUARD**
  1. A tooth and mouthguard (intraoral), if worn shall:
     - Include an occlusal (protecting and separating the biting surfaces) portion;
     - Include a labial (protecting the teeth and supporting structures) portion;
     - Cover the posterior teeth with adequate thickness;
  2. It is recommended the protector be properly fitted.
     - Constructed to allow to be molded to the teeth impressions
  3. State Associations may deem a tooth and mouth protector required.
RULE 9-9-1

**EXCEPTION:**

A ball in team control of Team A in the front court that is deflected by a defensive player, which causes the ball to go into the backcourt, may be recovered by either team unless the offense was the last to touch the ball before it went into the backcourt.

If the offense was the last to touch the ball in its frontcourt, only the defensive team can legally recover.
An exception has been added to the rule to clarify that any player located in the backcourt may recover a ball deflected from the frontcourt by the defense even if the ball has not touched in the backcourt following the deflection, as shown in the PlayPic.
It was already legal for an offensive player to be the first to touch the ball in the backcourt, if it was last touched in the frontcourt by a player on the defensive team, and if the ball had obtained backcourt status before the recovery.
The head coach and any number of assistant coaches may enter the court in the situation where a fight may break out - or has broken out - to prevent the situation from escalating.

RATIONALE: Too many fighting situations.
Officials are not supposed to separate players involved in a fight...this is the responsibility of game administration, security, and now all coaches.
General Board Changes

2019-20
Gender of Player

A student may participate based on the gender noted on the student’s certificate of birth.

Women shall not participate on a men’s interscholastic athletic team where the school has a women’s team in the same sport or where a school sends an entry to the women’s state playoffs in the same sport.

In cases where women are permitted on a men’s team, the school forfeits all participation in the women’s playoffs in the same sport.

Men’s rules will be used where women play on men’s teams.

Men’s shall not participate on women’s team’s in any sport.
Gender of Player

When a student’s gender identity differs from the gender listed on the student’s certificate of birth, the Gender Identity Request Form must be submitted by the member school to the NCHSAA prior to any participation by the student under circumstances that would constitute ineligibility.
Gender of Player

The following information should be submitted with the Request:

- Documentation from individuals such as, but not limited to, parents/legal guardians appointed by a court of competent jurisdiction, friends, and/or teachers, which affirm that the actions, attitudes, and manner demonstrate the student’s consistent gender identification.

- A complete list of all the student’s prescribed, non-prescribed, or over the counter treatments or medications relative to gender identity.

- A complete list of interventions that have happened related to the gender identity of the student.

- Written verification from an appropriate healthcare professional (e.g. physician, psychiatrist, psychologist, school nurse, etc.) of the student’s consistent gender identification. Include any other social/emotional information from health-care professionals that would help the Committee make a decision about the student. This information must be submitted on office letterhead of the healthcare professional who provides verification with contact information and professional title of the individual.

- Any other pertinent documentation or information which the student or parent(s)/legal guardian(s) appointed by a court of competent jurisdiction believe relevant and appropriate.
Gender of Player

- The NCHSAA will refer the Gender Identity Request to the NCHSAA Gender Identity Committee for consideration.
  - The NCHSAA Gender Identity Committee will consist of the following:
    - Current member of the Board of Directors;
    - LEA or school administrator;
    - Physician with experience in gender identity health care and/or World Professional Association of Transgender Health (WPATH) Standards of Care;
    - Psychiatrist, psychologist, or licensed mental health professional familiar with the WPATH.
  - The Committee will approve the Request if it finds that the student genuinely identifies as the gender indicated in the Request.
Gender of Player

- The Committee will require that the member school has verified that the student is eligible in all other aspects.

- The Committee will respect and promote the student’s privacy and confidentiality rights under HIPPA and FERPA in the process of considering a Gender Identity Request. Information provided to the Committee will be shared only to the extent necessary to decide the Gender Identity Request; provided that, if a Gender Identity Request is approved, the student’s school may share the student’s gender identity with other schools as necessary to ensure appropriate accommodations when competing at another school.
Gender of Player

- In cases where a Gender Identity Request has been approved:
  - The student will be declared eligible to participate based on the student’s gender identity.
    - 1.2.4.a is not in effect.
  - It shall be the responsibility of the school to comply with all state and federal mandates/laws.
Home School Participation

Initial Eligibility

- Home school students
  - Documentation from the Division of Non-Public Education must be presented upon initial dual enrollment- attendance, immunization, transcript, school number, etc.

- Home school students must communicate athletic intent at a member school in which they are domiciled and follow the enrollment and assignment procedures/policies established by the local board of education.
  - Notice to principal must take place at least ten days prior to the first practice date of each sports season.
Home School Participation

Attendance

- Home school students:
  - Must have been enrolled in the registered home school for 365 days prior to being eligible in a member school.

- Once deemed eligible at a member school, the student must maintain continuous dual enrollment.
  - Unenrollment would render the student ineligible for 365 days.

- Must participate in a class schedule that is at least one half of the school’s instructional day
  - At least one class must be on campus each semester or meet LEA requirements.
Home School Participation

Scholastic Requirements:

- A student must have passed a minimum load of work during the preceding semester to be eligible at any time during the present semester. The semester is normally considered half of the academic year. All students must also meet local promotion standards, set by the LEA and/or the local school. **Home school students must be on grade level according to a nationally standardized achievement test(s) indicating grade level.**

- A minimum load is defined as five courses in the traditional school schedule and three courses for schools on the “block” format. If the school is on an A/B form of block scheduling, a student must pass six of eight courses during what would traditionally be defined as a semester. Any student, including seniors must pass that minimum load, even if they need fewer for graduation. **Home school student must pass all public school courses in which he/she is enrolled.**
Transfer Policy

- Students transferring to the same member school where the student’s coach has relocated within a calendar year will be deemed ineligible in any sport in which the coach is involved.
  - Now applies to within LEA as well as from LEA to LEA.

- If deemed ineligible due to athletic purposes, the student will only be ineligible in that sport(s) in which “athletic purposes” was reason for not authorizing.
Foreign Exchange Students

After the first year of participation as a Foreign Exchange Student

- Student can be eligible subsequently, based on the two-semester rule
  - Applies to the same school of initial enrollment
Ejection Policy

- Clarified this policy:
  - Leaving the bench and coming on to the playing area during a fight (whether they participate in the fight or not)
Unpaid Fines

Unpaid fines will be posted for NCHSAA membership view only
Eligibility Summary Forms

Deadline Changes

- Fall - September 1
- Winter - December 1
- Spring - March 15
Post-Season Participation

► Clarification:
  ► Independent NCHSAA member schools are eligible for post-season ONLY in individual sports, based on the sport.
Wilson Game Balls

2019-20
- No change, required at State Championships

2020-21
- Required use of the official and adopted Wilson game balls in ALL playoff events
- Strongly recommend the use of the official and adopted Wilson game balls during the regular season
## Wilson Game Balls

### Official Wilson Adopted Game Balls & Approved for Play Wilson Balls Beyond 2018-19 Year

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<tr>
<td></td>
<td>Approved for Regular Season Play</td>
<td>State Championship Ball</td>
<td>Approved for Regular Season Play</td>
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<tr>
<td><strong>Basketball</strong></td>
<td>Wave Solution MSRP: $69.95</td>
<td>Wave Solution MSRP: $69.95</td>
<td>EVO NXT MSRP: $79.99</td>
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</table>
Pre-Game EAP Review

Purpose

- Effective communication of Emergency Action Plan
  - EAP is required by Law (Gfeller-Waller)

- Guide for administrators, coaches, officials and LAT/FR

Conducted by the Game Day Administrator or Designee

- The NCHSAA recommends that a hard copy or electronic copy of the venue specific EAP be provided to both the lead official and visiting team personnel.
Pre-Game EAP Review Card

All Events

- Who is the gameday administrator and what is their contact information?
- Is there a Licensed Athletic Trainer (LAT) and/or First Responder (FR) on site and what is their contact information? If a LAT or FR is not on site who is the most qualified person to provide CPR and first aid care?
- Has the Emergency Action Plan (EAP) been reviewed and where is the posted venue specific EAP located?
- What first aid and emergency equipment is available at the venue and where is it located? (e.g., first aid kit, AED/CPR equipment, spinal injury stabilization equipment, exertional heat illness management equipment, etc.)
Outdoor Events

- Who will be monitoring environmental and field/facility conditions during the event? (e.g., thunder and lightning, Wet Bulb Globe Temperature)
- Who will notify officials of unsafe environmental or field/facility conditions?
- Has the lightning or thunder disturbances safe shelter and evacuation route been identified?
- What is the Wet Bulb Globe Temperature, if available, at the beginning of the contest?
Sport Specific Board Changes,

NCHSAA Points of Emphasis

- Playoff Format Proposals
- Realignment/Rankings

2019-20
Required Coaches Education

- **NFHS Fundamentals of Coaching**
  - All coaches (paid and volunteer)
  - Prior to first play date
  - One-time requirement

- **NFHS Concussion in Sports**
  - All coaches (paid and volunteer)
  - Prior to first practice
  - Annual requirement

- **CPR/AED Certified**
  - All head and paid coaches
  - Must maintain certification

- **NFHS Sudden Cardiac Arrest**
  - All non-paid coaches
  - Prior to first practice
  - Annual requirement

- **NCHSAA Rules Clinic**
  - Head Varsity Coach
  - Prior to first play date
  - Annual Requirement
## Calendar

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td><strong>Start:</strong></td>
<td>October 30 (October 16 - Non-Football)</td>
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<tr>
<td><strong>1st Contest:</strong></td>
<td>November 18 (October 30 - Non-Football)</td>
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<tr>
<td><strong>MaxPreps Entry Deadline:</strong></td>
<td>Friday, February 21 11:59 p.m.</td>
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<td><strong>Seeding:</strong></td>
<td>Saturday, February 22</td>
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<td><strong>Playoff Dates:</strong></td>
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<tr>
<td>1st Round</td>
<td>Tuesday, February 25</td>
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<td>2nd Round</td>
<td>Thursday, February 27</td>
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<td>3rd Round</td>
<td>Saturday, February 29</td>
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<td>4th Round</td>
<td>Tuesday, March 3</td>
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<td><strong>Regionals:</strong></td>
<td>Saturday, March 7 (ECU, FSU, LRU, CVCC)</td>
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<tr>
<td><strong>State Championships:</strong></td>
<td>Saturday, March 14 (Smith Center, Reynolds)</td>
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</table>
# Sportsmanship/Ejections

## 2018-19 Ejection Report - Reason and Sport

<table>
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<tr>
<th>Reason</th>
<th>Baseball</th>
<th>Basketball (Men)</th>
<th>Basketball (Women)</th>
<th>Football</th>
<th>Lacrosse, Men</th>
<th>Lacrosse, Women</th>
<th>Soccer, Men</th>
<th>Soccer, Women</th>
<th>Softball</th>
<th>Volleyball</th>
<th>Wrestling</th>
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<td>Obscene gestures</td>
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<td>Leaving the bench area coming onto the playing area when there is not a fight</td>
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<td>Leaving the bench area as if to participate in a fight (contact or no contact)</td>
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<td>Fighting</td>
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<td>Disrespectfully addressing or contacting an official</td>
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</table>
Sportsmanship/Ejections
Playoffs/Seeding - Bracket Sizes

(a) Baseball, Soccer, and Softball
   (1) 1A & 4A: 48-team brackets
   (2) 2A & 3A: 64-team brackets

(b) Basketball and Volleyball
   (1) 4A: 48-team brackets
   (2) 1A, 2A & 3A: 64-team brackets

(c) Football
   (1) 1A & 4A: 48-team brackets
      (i) Subdivided into 1A, 1AA, 4A, 4AA (24-team brackets)
   (2) 2A & 3A: 64-team brackets
      (ii) Subdivided into 2A, 2AA, 3A, 3AA (32-team brackets)

(d) Tennis, Wrestling
   (1) 1A: 24-team bracket
   (2) 2A, 3A, & 4A: 32-team brackets

(e) Lacrosse
   (1) Men's 1A/2A/3A and 4A: 32-team bracket
   (2) Women's: 40-team bracket
Playoffs/Seeding – Berths and Qualifications

(a) Lacrosse, Tennis and Wrestling will use pre-determined brackets which will be posted on the NCHSAA Website when they become available.

(b) Conference automatic qualifiers are determined by the number of teams from a given classification in each conference as follows:
   (1) 1 - 4 teams = 1 automatic qualifier
   (2) 5 - 8 teams = 2 automatic qualifiers
   (3) 9 or more teams = 3 automatic qualifiers

(c) Conference tournament champions automatically qualify
   (1) If the regular season champion also wins the tournament, no additional berth will be awarded.
   (2) If a team other than the regular season champion wins the tournament, it will automatically qualify for the playoffs. The team will be seeded as an at-large berth in the playoffs unless already automatically qualified based upon their regular season conference finish.

(d) Split conference application
   (1) The highest finishing team from a given classification will automatically qualify, regardless of overall conference finish.
   (2) Two teams that finish 1st and 2nd overall in the conference from the same classification will automatically qualify regardless of rule 4.1.18(a)(1-3).

   **NOTE:** Ties for 1st place in the overall conference or for highest finisher in a classification must be broken using the established tie-breaking procedure [rule 4.1.13].

(e) If too many teams qualify using the above criteria, adjustments to the established bracket size will be made to accommodate the automatic qualifiers.

(f) If not enough teams qualify using the above criteria, the bracket will be filled by non-automatic qualifiers in that classification.
   (1) Teams in their classification will be selected to fill the remaining slots in the bracket based upon conference finish then the highest Adjusted MaxPreps ranking.

   **NOTE:** Under no circumstances may a team "leap-frog" a higher finishing team in its own conference. For this procedure split conferences will have their classifications treated as separate entities.
Green highlights = Automatic Qualifiers

The top non-automatic qualifiers from each conference are compared:

<table>
<thead>
<tr>
<th>Conference A</th>
<th>AMPR</th>
<th>Conference B</th>
<th>AMPR</th>
<th>Conference C</th>
<th>AMPR</th>
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<tbody>
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Green highlights = Automatic Qualifiers

The top non-automatic qualifiers from each conference are compared:

Team 5       Team 3       Team 3
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Green highlights = Automatic Qualifiers

The top non-automatic qualifiers from each conference are compared:

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Green highlights = Automatic Qualifiers

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Playoffs/Seeding - Assigning Seeds

(a) Once the qualifying teams in each classification are determined, they will be divided into two regions of equal size (East and West) based on the longitude of each school.

(b) The teams in each region will be seeded as follows:
   
   (1) Seed all 1st place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then
   
   NOTE: The highest finishing team in its half of a split conference must finish in 1st, 2nd, or 3rd place overall and/or have an overall winning percentage of .500 or higher in order to be seeded as a #1. Otherwise, the team will be seeded with all other at-large teams.
   
   (2) Seed all 2nd place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then
   
   (3) Seed all 3rd place automatic berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system); then
   
   (4) Seed all conference tournament champions and at-large berths by Adjusted MaxPreps ranking (or other NCHSAA selected ranking system).

(c) Once seeding is complete:
   
   (1) Existing byes will be awarded to the highest seeds possible.
   
   (2) The higher seed is the home team unless otherwise determined by the NCHSAA.
NCBCA

- NCAA Division 1 Men’s June Scholastic Events
  - NC Top 100 Showcase
    - Jun 22, 2019 - Davie County High School
  - NC D-1 Team Camp
    - June 28-30, 2019 - Queens University/Myers Park HS
    - 37 Schools Participated
The Board of Directors instructed NCHSAA Staff to delay the start of the Realignment process by one year:

- Will take the ADM numbers from Fall, 2020 instead of Fall, 2019.
- Eliminating the “lame duck year” of the alignment period
- New alignment will still begin for the 2021-2022 school year
- Decision was to give various committees the opportunity to review the realignment process and the Association’s current classification structure while providing the necessary time for the Board and membership to make any necessary changes to implement their recommendations
2019 Playoff History

- All 16 State Finalists finished 1 or 2 in conference standings
- All 16 State Finalists were all in top 13 of Adjusted MaxPreps Rankings for their classification
Thank You!

To receive clinic attendance credit:

- State Clinic
  - Sign-in prior to leaving

- Coaches Clinic
  - Pick-up your card as you leave today
    - Enter your code immediately to get credit for attendance
      - Mobile device or computer
      - All fields required except comments box
      - Use same email address that was used for NFHS Courses
  - Deadline for entry is August 16, 2019.
  - Avoid $400 fine for your school

- Online Clinic
  - Print certificate and keep on file