

**2019 CROSS COUNTRY REGIONAL SITES AND DIRECTORS**

<b>REGIONAL</b>	<b>HOST SCHOOL(S)</b>	<b>FACILITY</b>	<b>DIRECTOR(S)</b>	<b>DIRECTOR'S EMAIL</b>
1A EAST	NORTHSIDE-PINETOWN	NORTHSIDE HIGH SCHOOL	BOB GIRANI	<a href="mailto:bgirani@beaufort.k12.nc.us">bgirani@beaufort.k12.nc.us</a>
1A MIDEAST	RESEARCH TRIANGLE	WAKEMED SOCCER PARK	ALEX DRAKE	<a href="mailto:adrake@rthighschool.org">adrake@rthighschool.org</a>
1A MIDWEST	SURRY CENTRAL	SURRY CENTRAL HIGH SCHOOL	JASON BRYANT	runningmtn.goat@yahoo.com
1A WEST	LINCOLN CHARTER	SOUTHSIDE PARK	JOSH WILLIAMS	<a href="mailto:josh.williams@lincolncharter.org">josh.williams@lincolncharter.org</a>
2A EAST	CROATAN	CROATAN HIGH SCHOOL	ANDY BULFER	<a href="mailto:abulfer@ec.rr.com">abulfer@ec.rr.com</a>
2A MIDEAST	CARRBORO/NCSSM/DSA	WAKEMED SOCCER PARK	MIMI O'GRADY/CHARLIE PAYNE/PERSEPHANIE MCRAE	<a href="mailto:mimiogrady@gmail.com">mimiogrady@gmail.com</a> / <a href="mailto:paynec@ncssm.edu">paynec@ncssm.edu</a> / <a href="mailto:dsatrackmcrae@gmail.com">dsatrackmcrae@gmail.com</a>
2A MIDWEST	SURRY CENTRAL	SURRY CENTRAL HIGH SCHOOL	JASON BRYANT	runningmtn.goat@yahoo.com
2A WEST	BREVARD	SOUTHSIDE PARK	PHIL LATTER	<a href="mailto:coachlatter@gmail.com">coachlatter@gmail.com</a>
3A EAST	DH CONLEY	BOYD LEE PARK	CHARLIE "CHOO" JUSTICE	<a href="mailto:coachchoo@gmail.com">coachchoo@gmail.com</a> / <a href="tel:252-341-0341">252-341-0341</a>
3A MIDEAST	NORTHWOOD	NORTHWOOD HIGH SCHOOL	CAMERON ISENHOUR	<a href="mailto:cameronsisenhour@gmail.com">cameronsisenhour@gmail.com</a>
3A MIDWEST	CUTHBERTSON	MCALPINE GREENWAY PARK	KIRK WALSH	<a href="mailto:kwalsh@riskinternational.com">kwalsh@riskinternational.com</a>
3A WEST	FREEDOM	FREEDOM PARK	SAMANTHA MARTIN/ROBERT MCGIMPSEY	<a href="mailto:samanthamartin@burke.k12.nc.us">samanthamartin@burke.k12.nc.us</a> ; <a href="mailto:robertmcgimpsey@burke.k12.nc.us">robertmcgimpsey@burke.k12.nc.us</a>
4A EAST	SOUTH VIEW	SOUTH VIEW HIGH SCHOOL	JESSE AUTRY	<a href="mailto:jesseautry@ccs.k12.nc.us">jesseautry@ccs.k12.nc.us</a>
4A MIDEAST	PINECREST	CAROLINA HORSE PARK	JOHN BUCHHOLZ	<a href="mailto:johnfbuchholz@gmail.com">johnfbuchholz@gmail.com</a>
4A MIDWEST	NORTHWEST GUILFORD	IVEY M. REDMON SPORTS COMPLEX	PAUL EGLESTON	<a href="mailto:eglestp@gcsnc.com">eglestp@gcsnc.com</a>
4A WEST	PROVIDENCE	MCALPINE GREENWAY PARK	STEVE TOURANJOE	<a href="mailto:steven.touranjoe@cms.k12.nc.us">steven.touranjoe@cms.k12.nc.us</a>