

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 1 Girls Shot Put (19)

3A Record: 41-01.25 2014 Alexis Dickerson, Western Alamance
 State Record: 48-11.75 2007 Karmorean Hayes, Harding

Name	Year	School	Seed Mark
1	Samantha Ennis	12 Northwood	42-04.25
2	Makayla Watkins	11 Western Guilford	40-02.25
3	Jada Green	12 Hillside	38-11.00
4	Ono Abhulimen	11 Mount Tabor	34-01.00
5	Isabel Robayo	11 Swansboro	33-09.00
6	Niya Kelly	12 Kings Mountain	33-06.00
7	Elaina Irving	9 Jacksonville	33-00.25
8	Alexus Elliott	12 Southern Wayne	33-00.00
9	Christian VanNorden	9 Clayton	32-10.00
10	Gabrielle Borum	9 Asheville	32-09.75
11	Jordan Sales	11 Rose, J.H.	32-03.50
12	Ashlyn Dyer	8 Rose, J.H.	32-03.00
13	Jordan Richards	12 Cuthbertson High School	31-08.00
14	Supreme Diggs	11 Southern Guilford	31-08.00
15	Azurde Coney	11 Eastern Wayne	31-07.50
16	Alexandria Davis	10 West Johnston	31-05.00
17	Kaleigh Million	12 Cuthbertson High School	31-02.00
18	Trinity Holder	11 Cleveland High School	31-01.75
19	Madison Ratchford	12 Alexander Central	31-01.00

Event 3 Boys Shot Put (13)

3A Record: 57-11 1990 Ed Robertson, TW Andrews
 State Record: 61-10 2013 Jon Beyle, East Chapel Hill

Name	Year	School	Seed Mark
1	Ronald Gilliard	12 Dudley	52-04.00
2	Quadrez Lassiter	11 Eastern Wayne	49-07.75
3	Dominique Partridge	12 Chapel Hill	48-08.50
4	Quiontay Foust	12 Eastern Wayne	47-09.50
5	Jamel Abalos	12 Swansboro	47-09.50
6	Lyndon Strickland	12 Alexander Central	47-02.75
7	Alec Mock	11 Weddington High School	47-00.50
8	Bryce Deberry	12 North Brunswick	46-05.00
9	Milton Chandler	12 Jacksonville	45-11.00
10	Jaikwez Woresly	9 Eastern Wayne	44-10.00
11	Lee Sales	11 Mount Tabor	44-08.00
12	Luke Noonan	10 Piedmont	44-04.00
13	Teolyn Woodruff	12 Jesse Carson	44-03.50

Event 4 Boys Shot Put Wheelchair Wheelchair (1)

3A Record: 9-10.75 2017 Tylor Brown, Piedmon
 State Record: 15-02 2017 Dylan Pinder, North Johnston

Name	Year	School	Seed Mark
1	William Fuller	11 Jesse Carson	9-06.00

Event 5 Girls Long Jump (18)

3A Record: 18-03.25 2017 Mackenzie Whitaker, West Carteret
 State Record: 19-07 2015 Sydney Murphy, Apex

Name	Year	School	Seed Mark
1	Ija Mumford	9 Parkland	19-04.00
2	Courtney Lines	12 North Brunswick	19-00.50

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 5 ... (Girls Long Jump (18))

	Name	Year	School	Seed Mark
3	M'Smrya Seward	12	Franklinton	18-07.00
4	Amari Simington	12	Parkland	17-05.25
5	Jadai Stevenson-Damon	10	Parkland	17-05.00
6	Netanya Linares	12	Cuthbertson High School	17-04.50
7	Erykah Baldwin	12	Southern Wayne	17-01.00
8	Raven Rudisell	11	Hunter Huss	16-09.50
9	Jade McLain	11	Cuthbertson High School	16-06.00
10	Cierra McAuthur	10	Smith, E.E.	16-05.25
11	Jada Green	12	Hillside	16-04.75
12	Alyssa Godbey	12	North Brunswick	16-04.00
13	Eden Harris	10	Hillside	16-04.00
14	Jeniah Smith	11	Franklinton	16-02.50
15	Tikita Urey	12	Western Guilford	16-02.50
16	Jayda Hunter	11	Jacksonville	16-01.50
17	Derica Currie	11	Williams, Walter M	16-00.50
18	Marissa Schalk	12	St. Stephens	15-11.50

Event 6 Boys Long Jump (34)

3A Record: 23-09.75 1991

Brian Ellis, North Rowan

State Record: 24-07.25 1997

Marcus O'Neal, Dudley

	Name	Year	School	Seed Mark
1	Kolby Cuthrell	12	Southwest Guilford	22-11.00
2	Dionte Alston	12	Hunt High School	22-10.50
3	Jieem Bullock	11	North Brunswick	22-04.50
4	Julien Stephens	12	Jacksonville	22-00.00
5	Kameron Palmer	12	Mount Tabor	21-06.00
6	Thai Tuttanon	12	Kings Mountain	21-06.00
7	Jabez Gorham	12	Southwest Guilford	21-03.00
8	Clarence Ward	12	Hunt High School	21-03.00
9	Ahmad Joyner	12	Southwest Guilford	21-02.50
10	J.C. Migaly	11	East Chapel Hill	21-01.50
11	Vincent Wilkins Jr.	9	Parkland	21-00.00
12	Sekani Mayer	12	Mount Tabor	20-11.00
13	Dyvai Robinson	11	Hillside	20-11.00
14	Christian Phelps	11	Cuthbertson High School	20-10.50
15	Jalen Bristow	11	Mount Tabor	20-10.00
16	Laderrick Neville	12	Northern Durham	20-10.00
17	Trevon Robinson	12	Asheville	20-08.00
18	John Rhody	12	Harnett Central	20-08.00
19	Jordan Purvis	11	Southern Durham	20-07.75
20	Devin Lyles	12	Southern Lee	20-07.50
21	Harley Kugler	12	West Carteret	20-07.00
22	Devin Mckoy	12	Northern Durham	20-06.50
23	Christigen Massenburg	12	Franklinton	20-05.50
24	William Black	12	Weddington High School	20-05.00
25	Nate Williams	11	Northern Guilford	20-04.75
26	Jeremy Evans	11	Smith, E.E.	20-04.50
27	Trevor Grant	12	Cuthbertson High School	20-04.00
28	Delano Briggs	12	Asheville	20-03.50
29	Cameron Barras	12	Topsail	20-03.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 6 ... (Boys Long Jump (34))

	Name	Year	School	Seed Mark
30	Troy Fisher	10	Clayton	20-02.00
31	Tyler Thompson	10	Weddington High School	20-01.75
32	Evin Mcentee	12	Marvin Ridge	20-00.50
33	Malaki Benton	12	South Johnston	20-00.50
34	Kameron Johnson	11	Northern Nash	20-00.00

Event 7 Girls Triple Jump (24)

3A Record: 38-09 2014 Chelsea Hargrave, Williams				
State Record: 40-11.50 1995 Twyla Smith, Pinecrest				
	Name	Year	School	Seed Mark
1	Ija Mumford	9	Parkland	38-03.00
2	M'Smrya Seward	12	Franklinton	37-08.00
3	Amaya English	11	Northern Guilford	36-01.00
4	Katie Gilliland	10	Western Guilford	35-09.00
5	Jayda Hunter	11	Jacksonville	35-07.00
6	Diamond Lyerly	12	Parkland	35-06.00
7	Marissa Schalk	12	St. Stephens	35-00.00
8	Amari Simington	12	Parkland	34-11.50
9	Mykayla Wall	12	Dudley	34-04.50
10	Eryka Baker	12	Dudley	34-03.00
11	Derica Currie	11	Williams, Walter M	33-10.50
12	Jade McLain	11	Cuthbertson High School	33-07.50
13	Regan Moore	11	Swansboro	33-07.00
14	Indya Hill	12	Jacksonville	33-06.00
15	Arianna Lovingood-smith	9	Asheboro	33-05.50
16	Jeniah Smith	11	Franklinton	33-03.00
17	Ciara Robinson	12	Cleveland High School	32-10.00
18	Macey Mcduffie	10	Weddington High School	32-10.00
19	Rachel Renfrow	11	Cleveland High School	32-04.00
20	Callie Davis	12	Swansboro	32-04.00
21	Maiya Hayes	11	Cuthbertson High School	32-02.00
22	Katriel Williams	9	Marvin Ridge	32-00.50
23	Grace Dodge	12	Chapel Hill	32-00.50
24	Raven Rudisell	11	Hunter Huss	32-00.00

Event 8 Boys Triple Jump (20)

3A Record: 49-10 1998 Greg Yeldell, North Rowan				
State Record: 49-10 1998 Greg Yeldell, North Rowan				
	Name	Year	School	Seed Mark
1	Jordan Purvis	11	Southern Durham	46-04.25
2	Ahmad Joyner	12	Southwest Guilford	45-03.00
3	Clarence Ward	12	Hunt High School	44-03.50
4	Trevor Grant	12	Cuthbertson High School	43-08.00
5	Christian Phelps	11	Cuthbertson High School	43-07.00
6	Dionte Alston	12	Hunt High School	42-00.00
7	Laderrick Neville	12	Northern Durham	41-09.00
8	Thai Tuttanon	12	Kings Mountain	41-08.00
9	Chandler Dowell	11	Parkland	41-08.00
10	Julien Stephens	12	Jacksonville	41-07.00
11	Jesse Schronce	12	Alexander Central	41-07.00
12	Devin Mckoy	12	Northern Durham	41-06.50

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 8 ... (Boys Triple Jump (20))

Name	Year	School	Seed Mark
13 Luke Drummonds	12	Watauga	41-06.50
14 Harley Kugler	12	West Carteret	41-04.00
15 Tristan Campbell	12	Mount Tabor	41-03.00
16 Ronnie Baker	10	Southwest Guilford	40-09.25
17 Jonathan Stone	12	Southern Lee	40-09.00
18 Dwain Byrum	11	Marvin Ridge	40-09.00
19 Andrew Whitaker	12	Smith, E.E.	40-08.25
20 Delano Briggs	12	Asheville	40-08.00

Event 9 Girls High Jump (25)

3A Record: 5-10 2004

Patience Coleman, Southern Durham

State Record: 5-10 2004

Patience Coleman, Southern Durham

Name	Year	School	Seed Mark
1 Rebekah Smith	11	Franklinton	5-04.00
2 Netanya Linares	12	Cuthbertson High School	5-04.00
3 Sophie Draughon	11	West Carteret	5-03.00
4 Caroline Smith	10	Cuthbertson High School	5-02.00
5 Joelle DeVries	11	Union Pines	5-02.00
6 Courtney Lines	12	North Brunswick	5-00.00
7 Diamond Lyerly	12	Parkland	5-00.00
8 Alejandra Urraca	11	Northside (3a)	5-00.00
9 Ciara Robinson	12	Cleveland High School	5-00.00
10 Alayna Rossi	9	Weddington High School	5-00.00
11 Jaden Mittman	10	Western Guilford	5-00.00
12 Rinke Dingemans	10	Chapel Hill	5-00.00
13 Nahsheeda Facey	11	Southwest Guilford	5-00.00
14 Jada Bradley	12	Southwest Guilford	5-00.00
15 Destiny Colman	9	Parkland	5-00.00
16 Isabella Hendershot	11	Tuscola	5-00.00
17 Gimelly Bryant	12	Harnett Central	4-10.00
18 Bk Schmitz	12	Weddington High School	4-10.00
19 Abby Jackson	12	West Henderson	4-10.00
20 Quinn Travis	11	Marvin Ridge	4-10.00
21 MaKena Phillips	11	Enka	4-10.00
22 Ashley Miller	9	Clayton	4-10.00
23 Annalise Fisher	11	Weddington High School	4-10.00
24 Brianna Sanders	12	North Brunswick	4-10.00
25 Brianna McIntyre	12	Cuthbertson High School	4-10.00

Event 10 Boys High Jump (21)

3A Record: 6-11 2015

Christopher Garrick, Marvin Ridge

State Record: 7-00 2002

Jesse Williams, Broughton

Name	Year	School	Seed Mark
1 Kolby Cuthrell	12	Southwest Guilford	6-06.00
2 Joshua Parks	12	A.L. Brown	6-06.00
3 Julien Stephens	12	Jacksonville	6-04.00
4 Spencer Yandrofski	11	East Chapel Hill	6-04.00
5 Malaki Benton	12	South Johnston	6-03.00
6 Jesse Schronce	12	Alexander Central	6-02.00
7 Braxton Plisko	10	West Carteret	6-02.00
8 Jieem Bullock	11	North Brunswick	6-02.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 10 ... (Boys High Jump (21))

	Name	Year	School	Seed Mark
9	Quinn Cokley	11	Marvin Ridge	6-02.00
10	Nehemiah Judkins	12	Franklinton	6-00.00
11	Christian Phelps	11	Cuthbertson High School	6-00.00
12	Trevor Grant	12	Cuthbertson High School	6-00.00
13	Dj Byrum	11	Marvin Ridge	6-00.00
14	Evan Armstrong	11	Weddington High School	6-00.00
15	Khairi Williams	10	Mount Tabor	5-10.00
16	Kyzaiah Stone	9	Cleveland High School	5-10.00
17	Laderrick Neville	12	Northern Durham	5-10.00
18	Chase Jones	12	Weddington High School	5-10.00
19	Tanoah Lockley	11	Southern Lee	5-10.00
20	Jack Hicks	12	Marvin Ridge	5-10.00
21	Kamden Johnson	11	Northern Nash	5-10.00

Event 11 Girls Pole Vault (15)

3A Record: 12-07 2017

Tessa Sheets, Northwood

State Record: 12-07 2017

Tessa Sheets, Northwood

	Name	Year	School	Seed Mark
1	Netanya Linares	12	Cuthbertson High School	11-09.00
2	Isabel Crandall	11	Marvin Ridge	11-00.00
3	Ava Studney	9	Cuthbertson High School	11-00.00
4	Lainie Baumgardner	11	Cuthbertson High School	11-00.00
5	Emma Stone	10	Marvin Ridge	10-06.00
6	Elizabeth Wood	12	Mount Tabor	10-06.00
7	Sami Eberhard	12	Weddington High School	10-06.00
8	Sophia Smith	12	Northwood	10-00.00
9	Isabella Ochsner	12	Marvin Ridge	9-06.00
10	Caroline Fowlkes	9	Cedar Ridge	9-06.00
11	Annalise Fisher	11	Weddington High School	9-06.00
12	Bailey Noble	10	East Chapel Hill	9-06.00
13	Ella Nelson	10	Watauga	8-06.00
14	Julia Bullinsky	11	West Carteret	8-06.00
15	Jacquelyn Rossi	9	Weddington High School	8-06.00

Event 12 Boys Pole Vault (16)

3A Record: 15-06 2015

Tistian Shaver, Ledford

State Record: 16-06 2008

Scott Houston, Northwest Guilford

	Name	Year	School	Seed Mark
1	Patrick Freeman	12	Mount Tabor	14-06.00
2	Benjamin Cargnel	11	Marvin Ridge	14-00.00
3	Ethan Basinger	11	Marvin Ridge	13-06.00
4	Nicholas Lovin	11	T.C. Roberson	13-00.00
5	Jacob Hickerson	12	Chapel Hill	12-06.00
6	Boryan Markulis	10	Asheville	12-06.00
7	Andy McLean	12	Mount Tabor	12-06.00
8	Tristan Borlase	12	Watauga	12-00.00
9	Nick Callis	11	Weddington High School	12-00.00
10	Matthew Works	11	Marvin Ridge	12-00.00
11	Sergiy Mourdakhianian	10	Cuthbertson High School	12-00.00
12	Vincent Frattoroli	11	Cuthbertson High School	12-00.00
13	Henry Freeman	12	T.C. Roberson	12-00.00

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 12 ... (Boys Pole Vault (16))

Name	Year	School	Seed Mark
14 Kaleb Estridge	12	Kings Mountain	12-00.00
15 Andy Woehr	12	Southwest Guilford	11-06.00
16 Davis Nicol	12	Fike High School	11-06.00

Event 13 Girls 4x800 Meter Relay (17)

3A Record: 9:45.89 2013

State Record: 9:25.42 2015

West Carteret

B. Dodge, E. Gomez, S. Schlieker, K. Cease

Leesville Road

T. Hemming, N. Mareno, S. Winchel, J. Butler

Team	Relay	Seed Time
1 Chapel Hill	A	9:38.00
2 Cuthbertson High School	A	9:46.96
1) Gabriella Castro 11	2) Leah Helms 10	3) Kaitlyn St. Hilaire 10
4) Madeline Hill 10		
3 Weddington High School	A	9:53.01
1) Elizabeth Starkie 10	2) Anna Brown 11	3) Sydney Burke 12
4) Sarah Bechtel 12		
4 Marvin Ridge	A	9:53.95
1) Kayla Basinger 9	2) Riley Basinger 9	3) Sarah Overby 12
4) Caroline Blanton 9		
5 Northern Guilford	A	9:57.12
1) Emma Fredericks 11	2) Abbie Boone 12	3) Katie Howell 10
4) Alyssa Hernandez 10		
6 West Carteret	A	10:10.00
7 Watauga	A	10:24.29
8 Mount Tabor	A	10:25.71
1) Addison Causey 10	2) Abby Egnatz 10	3) Nora Haulsee 10
4) Hailey Jones 11		
9 Cleveland High School	A	10:37.30
1) Sarah Prosser 9	2) Leilauni Joyner 12	3) Nikki Parrish 10
4) Emma Presti 9		
10 Southeast Guilford	A	10:37.72
1) Megan Ehrhardt 12	2) Mya Ervin 11	3) Kristin Hogan 12
4) Yuri Brown 11		
11 Harnett Central	A	10:37.90
12 T.C. Roberson	A	10:40.79
13 West Johnston	A	10:42.50
1) Courtney Christ 10	2) Caroline Hamrick 9	3) Rebekah Roberts 10
4) Hayley Whoolery 11		
14 Clayton	A	10:44.90
15 Terry Sanford	A	10:46.02
1) Yvonne Harbin 10	2) Brinlee Risenmay 9	3) Rainger Pratt 9
4) Marissa Morris 10		
16 Cedar Ridge	A	10:46.05
17 White Oak	A	10:49.00

Event 14 Boys 4x800 Meter Relay (18)

3A Record: 8:01.84 2016

State Record: 7:57.23 2015

Asheville

H. Honeycurr, N. Shore, D. Turner, T. Young

Southview

C. Cotazar, M. Staples, J. Alejandro, P. Hall

Team	Relay	Seed Time
1 Weddington High School	A	7:49.73
1) Will Mazur 12	2) Krystopher Durham 10	3) Stephen Larson 12
4) Jake Toomey 11		
2 Cuthbertson High School	A	8:16.60
1) Walker Lezotte 12	2) Mickey Schihl 10	3) William Walsh 10
4) Kyle Stamper 12		
3 Mount Tabor	A	8:19.24
1) Jon Spaar 12	2) Hayden Coty 12	3) James Vlasis 12
4) Samuel Pomper 12		
4 Asheville	A	8:23.01
1) Ben Brock 12	2) Aaron Friel 11	3) Haven Honeycutt 12
4) Christopher Noce 10		
5 Marvin Ridge	A	8:28.95
1) Jason Blizzard 12	2) James Bryant 12	3) Cole Jackson 10
4) Gunner Hogston 11		

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 14 ... (Boys 4x800 Meter Relay (18))

Team	Relay	Seed Time
6 West Carteret	A	8:29.00
7 Piedmont	A	8:31.06
8 Southwest Guilford	A	8:31.61
9 White Oak	A	8:35.20
10 T.C. Roberson	A	8:36.60
11 Hillside	A	8:38.30
12 A.C. Reynolds	A	8:39.81
13 Union Pines	A	8:40.90
14 Chapel Hill	A	8:41.78
15 Cleveland High School	A	8:41.80
16 A.L. Brown	A	8:42.10
17 Southeast Guilford	A	8:42.60
18 Clayton	A	8:44.00

Event 15 Girls 55 Meter Hurdles (22) Prelims

3A Record: 8.08 2014 Kylie McMillan, Southern Guilford
 State Record: 7.81 2015 Ebony Williams, Parkland

Name	Year	School	Seed Time
1 Alexis Patterson	12	Parkland	8.13
2 Zariyah Black	10	Eastern Guilford High School	8.30
3 Riley Newkirk	9	Western Guilford	8.31
4 Netanya Linares	12	Cuthbertson High School	8.38
5 Amaya English	11	Northern Guilford	8.43
6 Mykayla Wall	12	Dudley	8.54
7 Keyana Yeoman	12	North Brunswick	8.57
8 Jayda Hunter	11	Jacksonville	8.64
9 Jada Green	12	Hillside	8.67
10 Mandi Hamouda	12	Southwest Guilford	8.75
11 Eryka Baker	12	Dudley	8.84
12 Krystalynn Johnson	12	Hillside	8.89
13 Julia Bullinsky	11	West Carteret	8.94
14 Jadai Stevenson-Damon	10	Parkland	8.95
15 Danielle Everett	11	Douglas Byrd	9.04
16 Annika Tracy	10	Northwood	9.12
17 Jaden Mittman	10	Western Guilford	9.15
18 Ashley Miller	9	Clayton	9.24
19 Cassie Wooten	10	Cuthbertson High School	9.31
20 Imari Deloatch	9	Hillside	9.33
21 Nina Van Blarcom	12	Marvin Ridge	9.39
22 Jenequa Wilson	12	Rose, J.H.	9.44

Event 16 Boys 55 Meter Hurdles (30) Prelims

3A Record: 7.45 2014 Damian Silver, Nash Central
 State Record: 7.05 2009 Wayne Davis, Southeast Raleigh

Name	Year	School	Seed Time
1 Joshua Parks	12	A.L. Brown	7.54

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 16 ... (Boys 55 Meter Hurdles (30) Prelims)

	Name	Year	School	Seed Time
2	Benjamin Buie	12	Southern Lee	7.64
3	Jalen Houston	11	West Rowan	7.64
4	Jieem Bullock	11	North Brunswick	7.74
5	Milton Chandler	12	Jacksonville	7.74
6	Joshua Marsh	12	Monroe	7.81
7	Tashawn Philips	11	Southern Wayne	7.84
8	Khairi Williams	10	Mount Tabor	7.91
9	Christopher Rogers	12	Hillside	7.93
10	Jonathan Stone	12	Southern Lee	7.93
11	Devin Lyles	12	Southern Lee	8.07
12	Keontai Taylor	12	Aycock, Charles B	8.14
13	Jahqarius Daniels	12	Rose, J.H.	8.14
14	Jaylin Speight	12	Eastern Wayne	8.14
15	Jacquez Durham	11	Cleveland High School	8.14
16	Dashon Hannah	12	Burns	8.17
17	Nehemiah Judkins	12	Franklinton	8.19
18	Lamar Smith	12	East Wake	8.24
19	Markus Plitt	12	West Henderson	8.27
20	Samuel Bowers	11	Parkland	8.27
21	Kameron Palmer	12	Mount Tabor	8.27
22	Chase Eaton	11	Fike High School	8.34
23	Zin Maung	12	Chapel Hill	8.34
24	Luke Drummonds	12	Watauga	8.41
25	Robert Brooks	12	West Carteret	8.44
26	Mitchell Norris	11	Asheville	8.46
27	Justyn Benton	12	Jacksonville	8.54
28	Allah Bradshaw	11	Southern Wayne	8.54
29	Christian Turner	12	Jesse Carson	8.64
30	Harold Bloomfield	12	Clayton	8.74

Event 17 Girls 55 Meter Dash (23) Prelims

3A Record: 7.00 1996

Sabrina Thompson, Fike

State Record: 6.87 2007

Gabby Mayo, Southeast Raleigh

	Name	Year	School	Seed Time
1	Alexis Patterson	12	Parkland	7.10
2	Del'Nique Penn	12	Parkland	7.12
3	Jordan Sales	11	Rose, J.H.	7.14
4	Zariyah Black	10	Eastern Guilford High School	7.14
5	Tracey Manigault	12	Cox Mill	7.17
6	Alyson Davis	12	Northern Guilford	7.20
7	Jordyn Case	10	Weddington High School	7.22
8	Ija Mumford	9	Parkland	7.24
9	Naelee Stone	12	Cleveland High School	7.27
10	M'Smrya Seward	12	Franklinton	7.29
11	Destany Fuller	9	Eastern Wayne	7.34
12	Tori Cook	12	Union Pines	7.39
13	Addison Benz	10	Cuthbertson High School	7.40
14	Riley Newkirk	9	Western Guilford	7.40
15	Alyssa Godbey	12	North Brunswick	7.41
16	Makayla Williams	10	Jacksonville	7.44

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 17 ... (Girls 55 Meter Dash (23) Prelims)

	Name	Year	School	Seed Time
17	Romari Perkins	11	Western Harnett	7.44
18	Jazmin Sherman	9	Swansboro	7.44
19	Ariana Daley	10	Clayton	7.44
20	Kianna Haywood	12	Eastern Wayne	7.44
21	Lucretia Boykin	12	Eastern Wayne	7.44
22	Kiknaja Jones	12	White Oak	7.44
23	Makayla Heard	10	White Oak	7.44

Event 18 Boys 55 Meter Dash (33) Prelims

State Record:		14.06	2017	Dylan Pinder, North Johnston		
	Name	Year	School	Seed Time		
1	Isaac Crossland	12	Eastern Wayne	6.24		
2	Jaxon Wheeler	10	Jesse Carson	6.34		
3	Jalen Neal	12	A.L. Brown	6.34		
4	Junious Tyson	12	Eastern Wayne	6.34		
5	Will Shipley	10	Weddington High School	6.36		
6	Emerson Douds	12	Weddington High School	6.39		
7	Gera Davis	12	Eastern Wayne	6.44		
8	Taylen West	11	Southern Wayne	6.44		
9	Tymir Brown	10	Jacksonville	6.44		
10	Terrell Robinson Jr	9	Mount Tabor	6.47		
11	Jaylen Wright	10	Southern Durham	6.47		
12	Jacquez Roseboro	12	Parkland	6.51		
13	Jamel Mcelveen	12	Southwest Guilford	6.53		
14	Michael Allen	12	Rose, J.H.	6.54		
15	Josh Ingham	12	White Oak	6.54		
16	Chirlo Phillips	12	Northside (3a)	6.54		
17	Savien Hayes	12	Parkland	6.56		
18	Jaidin Thomas	11	Eastern Alamance	6.57		
19	Keith Holloway	12	Southeast Guilford	6.57		
20	Solomon Womble	11	Williams, Walter M	6.59		
21	Dionte Alston	12	Hunt High School	6.59		
22	Tanoah Lockley	11	Southern Lee	6.59		
23	Caleb Baldwin	12	Eastern Alamance	6.62		
24	Chandler Cotton	12	Southern Lee	6.62		
25	Tayvon Sutton	12	Cleveland High School	6.64		
26	Dai-Shon Donald	12	Rose, J.H.	6.64		
27	Jacquez Durham	11	Cleveland High School	6.64		
28	Ethan Cranford	11	White Oak	6.64		
29	Jahqarius Daniels	12	Rose, J.H.	6.64		
30	Joshua Parks	12	A.L. Brown	6.64		
31	Trevon Robinson	12	Asheville	6.64		
32	Xavier Harris	11	A.L. Brown	6.64		
33	Darell Jenkins	9	Jacksonville	6.64		

Event 20 Boys 55 Meter Dash Wheelchair Wheelchair (1)

3A Record:		6.35	2016	Sun Valley, Kadarius Lotharp		
State Record:		6.21	1996	Chris Justice, Grimsley		
	Name	Year	School	Seed Time		
1	William Fuller	11	Jesse Carson	20.74		

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 21 Girls 4x200 Meter Relay (15)

3A Record: 1:46.61 2017

Nash Central

M. Nelms, M. Spivey, T. Hill, T. Macklin

State Record: 1:39.92 2015

Parkland

M. Bryant, K. Sherman, S. Cannon, E. Willias

Team	Relay	Seed Time
1 Parkland	A	1:40.86
1) Ija Mumford 9	2) Alexis Patterson 12	3) Del'Nique Penn 12
4) Diamond Lyerly 12		
2 Northern Guilford	A	1:43.30
1) Amaya English 11	2) Miracle Scott 12	3) Jordayne Daye 10
4) Alyson Davis 12		
3 Cuthbertson High School	A	1:43.80
1) Addison Benz 10	2) Dahlia Cutler 12	3) Kailyn Hayes 12
4) Mackenzie Townsend 11		
4 Hillside	A	1:45.53
1) Shaliyah Wilkerson 10	2) Alexis Sumpter 9	3) Tianna Hayes 12
4) Atiya Ector 10		
5 Weddington High School	A	1:46.48
1) Kelly Burns 11	2) Jordyn Case 10	3) Erika Newman 12
4) Sarah Margaret Sandlin 12		
6 Cleveland High School	A	1:47.40
1) Julia McKissick 11	2) Teanna Bell 11	3) Nicole Quinones 12
4) Naelee Stone 12		
7 North Brunswick	A	1:47.96
8 Western Guilford	A	1:48.73
1) Amber Featherson 11	2) Tikita Urey 12	3) Katie Gilliland 10
4) Makayla Watkins 11		
9 Northside (3a)	A	1:49.00
10 Dudley	A	1:49.26
1) Sadiyah McGregor 9	2) Imani Tatum 12	3) Trinity Wells 10
4) Mykayla Wall 12		
11 East Chapel Hill	A	1:49.34
1) Jessica Davis 10	2) Leah Hurwitz 11	3) Sara Maeve Klingensmith 9
4) Isabella Lambert 11		
12 Chapel Hill	A	1:49.83
13 Clayton	A	1:50.00
14 Eastern Wayne	A	1:50.60
1) Destany Fuller 9	2) Denijah Hooker 11	3) Lucretia Boykin 12
4) Kianna Haywood 12		
15 West Henderson	A	1:50.60
1) Tia Howard 10	2) Carlen Davis 9	3) Raine Wong Chong 10
4) Shylee Stocks 12		

Event 22 Boys 4x200 Meter Relay (12)

3A Record: 1:31.34 2015

Terry Sanford

L. Remigio, K. Moore, W. Wicks, J. Higgins

State Record: 1:30.18 2017

Parkland

S. Hayes, T. Barnes, J. Littlejohn, J. Burnette

Team	Relay	Seed Time
1 Cuthbertson High School	A	1:28.74
1) Aidan McNally 10	2) Christian Phelps 11	3) Ashton Spangler 12
4) Bradon Black 12		
2 Weddington High School	A	1:29.33
1) William Black 12	2) Landyn Backey 9	3) Jackson McClain 11
4) Will Shipley 10		
3 Rose, J.H.	A	1:30.64
1) Danny Sadler 12	2) Michael Allen 12	3) Jahqarius Daniels 12
4) Dai-Shon Donald 12		
4 Parkland	A	1:30.81
1) Jacquez Roseboro 12	2) Savien Hayes 12	3) Justin Miles 10
4) Kamari Brooks 11		
5 Southern Lee	A	1:31.10
1) Chandler Cotton 12	2) Benjamin Buie 12	3) Tanoah Lockley 11
4) Devin Lyles 12		
6 Monroe	A	1:31.87
7 Southern Wayne	A	1:31.90
8 Eastern Alamance	A	1:32.69
1) Caleb Baldwin 12	2) Jaidin Thomas 11	3) Ezechieel Yao 11
4) Colique Jones 11		

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 22 ... (Boys 4x200 Meter Relay (12))

Team	Relay	Seed Time
9 Eastern Wayne 1) Nytwon Moses 9 2) Junious Tyson 12 3) Gera Davis 12 4) Isaac Crossland 12	A	1:32.75
10 Marvin Ridge 1) Ryan Manns 11 2) Bobby Savage 11 3) Grant Sutherland 11 4) Alec Hunter 12	A	1:32.86
11 Southeast Guilford 1) Ervin McAllister 10 2) Joshua King 11 3) Jackson Gaydon 11 4) Keith Holloway 12	A	1:33.00
12 White Oak	A	1:33.00

Event 23 Girls 1600 Meter Run (17)

3A Record: 5:08.12 2014
State Record: 4:57.77 2015

Blake Dodge, West Carteret
Nevada Mareno, Leesville Road

Name	Year	School	Seed Time
1 Leah Helms	10	Cuthbertson High School	5:08.27
2 Madeline Hill	10	Cuthbertson High School	5:08.72
3 Jonna Strange	11	North Iredell	5:08.75
4 Frances Whitworth	11	Mount Tabor	5:09.54
5 Sarah Bechtel	12	Weddington High School	5:11.01
6 Hayley Whoolery	11	West Johnston	5:11.53
7 Amelia Maughan	9	Chapel Hill	5:12.97
8 Gabriella Castro	11	Cuthbertson High School	5:14.01
9 Jenna Reiter	11	West Carteret	5:19.00
10 Isabella Bufalini	10	Topsail	5:25.23
11 Sophia Ritter	11	Watauga	5:25.53
12 Maggie Springer	12	Chapel Hill	5:27.00
13 Kathleen Abrams	11	Weddington High School	5:27.15
14 Virginia Pridgen	10	Chapel Hill	5:29.00
15 Laila Aljanabi	12	White Oak	5:32.00
16 Anna Ritter	10	Weddington High School	5:34.40
17 Sara Pace	11	Mount Tabor	5:35.18

Event 24 Boys 1600 Meter Run (21)

3A Record: 4:17.71 2015
State Record: 4:10.61 2003

Tanis Baldwin, East Henderson
Bobby Mack, North Forsyth

Name	Year	School	Seed Time
1 Kyle Durham	12	Weddington High School	4:20.83
2 Jackson O'Hara	12	Weddington High School	4:22.48
3 Haven Honeycutt	12	Asheville	4:23.20
4 Kyle Stamper	12	Cuthbertson High School	4:24.68
5 Cooper Castellaw	12	Alexander Central	4:26.74
6 Kobe Brown	12	Southwest Guilford	4:28.27
7 Travis Leach	12	Southwest Guilford	4:28.28
8 Dwayne Lillie	11	A.C. Reynolds	4:28.30
9 Ben Verchick	12	Union Pines	4:29.18
10 Will Mazur	12	Weddington High School	4:29.95
11 Jack Dingman	10	Northern Guilford	4:30.47
12 Walker Lezotte	12	Cuthbertson High School	4:32.62
13 Zachary Clark	11	Cleveland High School	4:32.65
14 Lucas Wiley	12	A.C. Reynolds	4:33.53
15 John Ciprich	12	Piedmont	4:33.97
16 Yates Hockaday	11	North Buncombe	4:34.64
17 Michael Zapherson	12	T.C. Roberson	4:35.54

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 24 ... (Boys 1600 Meter Run (21))

	Name	Year	School	Seed Time
18	Dalton McGlamery	12	St. Stephens	4:35.75
19	Jackson Colling	11	Marvin Ridge	4:35.88
20	Jason Blizzard	12	Marvin Ridge	4:36.82
21	Frank Rushok	12	West Carteret	4:37.00

Event 25 Girls 500 Meter Dash (23)

3A Record: 1:16.50 2013

Maya Evans, Fike

State Record: 1:13.47 2017

Maya Singletary, Hoke County

	Name	Year	School	Seed Time
1	Alyssa Hernandez	10	Northern Guilford	1:15.91
2	Alysia Johnson	11	Hillside	1:17.81
3	Ariana Daley	10	Clayton	1:18.90
4	Mackenzie Townsend	11	Cuthbertson High School	1:19.12
5	Emmaya Waters	12	Hillside	1:19.37
6	Emily Bowbliss	10	Union Pines	1:19.89
7	Zahnetta Wilkins	10	Rocky Mount	1:20.95
8	Mya Ervin	11	Southeast Guilford	1:21.15
9	Kyla Houston	11	Sun Valley	1:21.35
10	Ela Lucas	11	East Chapel Hill	1:21.64
11	Kristin Hogan	12	Southeast Guilford	1:21.93
12	Lauren Esselborn	12	Franklinton	1:22.03
13	Tieka Thompson	12	Mount Tabor	1:22.08
14	Tiarra Smith	10	Southeast Guilford	1:22.09
15	Presley Worf	9	Cuthbertson High School	1:22.11
16	Angelina Mangiapanella	12	Cuthbertson High School	1:22.57
17	Mandi Hamouda	12	Southwest Guilford	1:22.70
18	Imani Tatum	12	Dudley	1:22.75
19	T'Kye Presley	10	Cox Mill	1:22.94
20	Hannah Dover	9	Burns	1:22.98
21	Erin Outlaw	12	West Carteret	1:23.00
22	Laniyah Oliver	12	Western Guilford	1:23.52
23	Sarah Overby	12	Marvin Ridge	1:23.66

Event 26 Boys 500 Meter Dash (26)

3A Record: 1:05.84 2016

Jaylon Sanders, West Rowan

State Record: 1:03.65 2009

Andrew Hendrix, New Bern

	Name	Year	School	Seed Time
1	Kacey Pratt	12	Hillside	1:05.87
2	Emerson Douds	12	Weddington High School	1:05.90
3	Dajhon Prince	12	Westover	1:06.70
4	Trevor Townsend	12	Cuthbertson High School	1:07.29
5	Mark Burks	11	Cape Fear	1:07.30
6	Sam Angiulli	12	Northern Guilford	1:07.57
7	Rigoberto Bueno	11	Cleveland High School	1:07.60
8	Savien Hayes	12	Parkland	1:07.60
9	Marcus Walker	12	Sun Valley	1:07.75
10	Jack Lindstrom	11	West Carteret	1:08.00
11	Jonathan Hunter	12	Cape Fear	1:08.30
12	Peter Dejonge	10	Weddington High School	1:08.37
13	Juan Mantilla	12	Asheville	1:08.45
14	Giovanni Rincon	9	Union Pines	1:08.50

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 26 ... (Boys 500 Meter Dash (26))

	Name	Year	School	Seed Time
15	Dylan Couillard	9	Clayton	1:08.50
16	Zach Crain	12	A.C. Reynolds	1:08.60
17	Cameron McNeill	12	Smith, E.E.	1:08.76
18	David Miles	12	Williams, Walter M	1:08.78
19	Korey Pratt	10	Hillside	1:08.80
20	Enrique Segoviano	11	White Oak	1:09.00
21	Jaylin Wilkins	12	Northern Nash	1:09.00
22	Ethan Cranford	11	White Oak	1:09.00
23	Ben Mercer	12	White Oak	1:09.00
24	Joseph Waller	12	Burns	1:09.10
25	Jacob Hoehster	12	Cuthbertson High School	1:09.19
26	Aaron Zimmerman	12	Cuthbertson High School	1:09.23

Event 27 Girls 1000 Meter Run (19)

3A Record: 2:58.25 2014				Blake Dodge, West Carteret
State Record: 2:53.81 2015				Nevada Mareno, Leesville Road
	Name	Year	School	Seed Time
1	Sarah Bechtel	12	Weddington High School	2:58.76
2	Megan Marvin	11	Chapel Hill	3:00.87
3	Leah Helms	10	Cuthbertson High School	3:04.18
4	Gabriella Castro	11	Cuthbertson High School	3:04.60
5	Katie Verrill	12	Piedmont	3:04.81
6	Elizabeth Starkie	10	Weddington High School	3:05.33
7	Jenna Reiter	11	West Carteret	3:06.70
8	Kaitlyn St. Hilaire	10	Cuthbertson High School	3:06.86
9	Hayley Whoolery	11	West Johnston	3:08.00
10	Riley Basinger	9	Marvin Ridge	3:08.30
11	Caroline Blanton	9	Marvin Ridge	3:08.75
12	Courtney Keeler	12	Eastern Alamance	3:10.66
13	Anna Brown	11	Weddington High School	3:11.47
14	Isabella Bufalini	10	Topsail	3:12.78
15	Mara Pirone	9	Chapel Hill	3:14.00
16	Abbie Boone	12	Northern Guilford	3:14.80
17	Abby Weber	9	Chapel Hill	3:15.00
18	Nora Haulsee	10	Mount Tabor	3:15.97
19	Sabrina Herritt	12	White Oak	3:16.00

Event 28 Boys 1000 Meter Run (15)

3A Record: 2:30.34 2013				John Crossley, West Carteret
State Record: 2:29.03 2008				Dylan Ferris, East Forsyth
	Name	Year	School	Seed Time
1	Kyle Durham	12	Weddington High School	2:30.30
2	Kobe Brown	12	Southwest Guilford	2:33.66
3	Kyle Stamper	12	Cuthbertson High School	2:34.76
4	Jake Toomey	11	Weddington High School	2:34.91
5	Jackson O'Hara	12	Weddington High School	2:34.97
6	Walker Lezotte	12	Cuthbertson High School	2:38.61
7	Ben Brock	12	Asheville	2:38.70
8	Logan Ellis	11	Alexander Central	2:39.07
9	Dwayne Lillie	11	A.C. Reynolds	2:39.79
10	Frank Rushok	12	West Carteret	2:39.90

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 28 ... (Boys 1000 Meter Run (15))

Name	Year	School	Seed Time
11 Travis Leach	12	Southwest Guilford	2:40.09
12 Ethan Mathis	10	Chapel Hill	2:40.36
13 Lukis Padu	12	Sun Valley	2:40.94
14 Gunner Hogston	11	Marvin Ridge	2:41.40
15 Fernando Cruz	11	Smithfield-Selma	2:42.13

Event 29 Girls 300 Meter Dash (23)

3A Record: 40.64 2017

Michaela Nelms, Nash Central

State Record: 37.81 2017

Tamara Clark, High Point Central

Name	Year	School	Seed Time
1 Alexis Patterson	12	Parkland	39.50
2 Alysia Johnson	11	Hillside	39.92
3 Tracey Manigault	12	Cox Mill	41.10
4 Diamond Lyerly	12	Parkland	41.14
5 Naelee Stone	12	Cleveland High School	41.14
6 Jordan Sales	11	Rose, J.H.	41.22
7 Del'Nique Penn	12	Parkland	41.22
8 Alyson Davis	12	Northern Guilford	41.22
9 Ariana Daley	10	Clayton	41.24
10 Addison Benz	10	Cuthbertson High School	41.26
11 Alyssa Hernandez	10	Northern Guilford	41.44
12 Miracle Scott	12	Northern Guilford	41.64
13 Jordyn Case	10	Weddington High School	41.75
14 Dahlia Cutler	12	Cuthbertson High School	42.04
15 Mandi Hamouda	12	Southwest Guilford	42.13
16 Shaliyah Wilkerson	10	Hillside	42.66
17 Courtney Lines	12	North Brunswick	42.66
18 Abigail Spellings	10	Cuthbertson High School	42.79
19 Mya Ervin	11	Southeast Guilford	42.84
20 Teanna Bell	11	Cleveland High School	42.84
21 Tiarra Smith	10	Southeast Guilford	43.04
22 Alyssa Godbey	12	North Brunswick	43.07
23 Shylee Stocks	12	West Henderson	43.14

Event 30 Boys 300 Meter Dash (20)

3A Record: 34.78 2017

Nadir Thompson, Southern Nash

State Record: 34.39 2017

J. Johnson, Panther Creek

Name	Year	School	Seed Time
1 Emerson Douds	12	Weddington High School	33.90
2 Bradon Black	12	Cuthbertson High School	34.40
3 Savien Hayes	12	Parkland	34.78
4 Aidan McNally	10	Cuthbertson High School	34.82
5 Kacey Pratt	12	Hillside	34.84
6 Jamel Mcelveen	12	Southwest Guilford	35.02
7 Jalen Neal	12	A.L. Brown	35.51
8 Will Shipley	10	Weddington High School	35.95
9 Corey Johnson	12	Williams, Walter M	36.09
10 Keith Holloway	12	Southeast Guilford	36.17
11 Ryan Kobziak	11	Cuthbertson High School	36.23
12 David Miles	12	Williams, Walter M	36.27
13 Ethan Cranford	11	White Oak	36.34

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 30 ... (Boys 300 Meter Dash (20))

	Name	Year	School	Seed Time
14	Levi Harris	11	Asheville	36.44
15	Joshua Marsh	12	Monroe	36.49
16	Chirlo Phillips	12	Northside (3a)	36.54
17	Justin Biggs	11	Swansboro	36.54
18	Cameron McNeill	12	Smith, E.E.	36.54
19	Trevon Robinson	12	Asheville	36.59
20	Patrick Chapepa	12	Clayton	36.64

Event 33 Girls 3200 Meter Run (22)

3A Record: 10:48.48 1998

Sarah Vance Goodman, TC Roberson

State Record: 10:31.57 2017

Sara Platek, Ragsdale

	Name	Year	School	Seed Time
1	Hayley Whoolery	11	West Johnston	10:47.48
2	Jonna Strange	11	North Iredell	10:47.84
3	Frances Whitworth	11	Mount Tabor	11:06.96
4	Jenna Reiter	11	West Carteret	11:10.00
5	Madeline Hill	10	Cuthbertson High School	11:12.76
6	Sophia Ritter	11	Watauga	11:14.86
7	Emma Fredericks	11	Northern Guilford	11:17.80
8	Anna Davis	11	Weddington High School	11:21.89
9	Lilly Crook	12	Chapel Hill	11:32.93
10	Emma Jones	9	Weddington High School	11:38.96
11	Sydney Burke	12	Weddington High School	11:42.02
12	Addison Causey	10	Mount Tabor	11:44.02
13	Leah Helms	10	Cuthbertson High School	11:46.24
14	Kayla Basinger	9	Marvin Ridge	11:46.25
15	Caroline Murrell	9	Northwood	11:47.78
16	Gabriella Castro	11	Cuthbertson High School	11:49.89
17	Katie Howell	10	Northern Guilford	11:51.37
18	Sara Pace	11	Mount Tabor	11:53.49
19	Laila Aljanabi	12	White Oak	11:55.00
20	Jessica Hardiman	12	Northern Guilford	12:00.00
21	Mia Hoover	12	Chapel Hill	12:04.09
22	Olivia Vrba	12	Chapel Hill	12:08.79

Event 34 Boys 3200 Meter Run (29)

3A Record: 9:10.96 2010

Jake Hurysz, Eastern Alamance

State Record: 9:10.96 2010

Jake Hurysz, Eastern Alamance

	Name	Year	School	Seed Time
1	Ben Verchick	12	Union Pines	9:19.44
2	Cooper Castellaw	12	Alexander Central	9:28.33
3	Jacob Gallant	11	Mount Tabor	9:30.35
4	Haven Honeycutt	12	Asheville	9:30.84
5	Will Mazur	12	Weddington High School	9:31.34
6	Avery Cannon	11	Watauga	9:35.58
7	Stephen Larson	12	Weddington High School	9:35.97
8	Travis Leach	12	Southwest Guilford	9:39.33
9	Nate Jaster	9	Weddington High School	9:39.83
10	Jack Dingman	10	Northern Guilford	9:44.47
11	Ben Hawley	10	Chapel Hill	9:44.53
12	Hunter White	12	North Henderson	9:45.12

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 34 ... (Boys 3200 Meter Run (29))

Name	Year	School	Seed Time
13 James Vlasis	12	Mount Tabor	9:45.69
14 Dalton McGlamery	12	St. Stephens	9:47.24
15 Cole Jackson	10	Marvin Ridge	9:47.40
16 Will Soule	9	T.C. Roberson	9:50.70
17 Kyle Stamper	12	Cuthbertson High School	9:52.47
18 Owen Rogers	11	Chapel Hill	9:55.02
19 John Ciprich	12	Piedmont	9:55.31
20 Ethan Turner	11	Watauga	9:56.60
21 Zachary Clark	11	Cleveland High School	9:56.68
22 David Cordero	11	T.C. Roberson	9:56.98
23 Jordan Richardson	12	Northern Nash	9:59.00
24 Julian Clark	12	West Johnston	9:59.49
25 Benny Melville	12	Northern Guilford	10:00.91
26 Frank Rushok	12	West Carteret	10:01.00
27 Yates Hockaday	11	North Buncombe	10:02.81
28 Max Thomas	12	Mount Tabor	10:04.31
29 Cameron Adair	12	Cleveland High School	10:04.52

Event 35 Girls 4x400 Meter Relay (15)

3A Record: 4:07.43 2017

Nash Central

T. Macklin, C. Leonard, T. Hill, M. Nelms

State Record: 3:48.73 2017

High Point Central

M. Creary, D. Jones, O. Sharp, A. Graham

Team	Relay	Seed Time	
1 Northern Guilford	A	4:01.44	
1) Alyson Davis 12	2) Jordayne Daye 10	3) Miracle Scott 12	4) Alyssa Hernandez 10
2 Hillside	A	4:04.77	
1) Emmaya Waters 12	2) Shaliyah Wilkerson 10	3) Imari Deloatch 9	4) Alysia Johnson 11
3 Cuthbertson High School	A	4:09.86	
1) Mackenzie Townsend 11	2) Addison Benz 10	3) Presley Worf 9	4) Dahlia Cutler 12
4 Weddington High School	A	4:12.01	
1) Jordyn Case 10	2) Erika Newman 12	3) Elizabeth Starkie 10	4) Sarah Margaret Sandlin 12
5 Western Guilford	A	4:16.67	
1) Laniyah Oliver 12	2) Katie Gilliland 10	3) Amber Featherson 11	4) Tikita Urey 12
6 Chapel Hill	A	4:18.71	
7 Northside (3a)	A	4:19.00	
8 Parkland	A	4:19.04	
1) Del'Nique Penn 12	2) Jadai Stevenson-Damon 10	3) Amari Simington 12	4) Jai'laiya Pollard 12
9 Dudley	A	4:19.34	
1) Iyanna Martin 9	2) Imani Tatum 12	3) Mykayla Wall 12	4) Lapolis Smith 11
10 West Carteret	A	4:20.00	
11 Mount Tabor	A	4:20.02	
1) Abby Egnatz 10	2) Q-Adree Lylaani Fitzgerald 10	3) Hailey Jones 11	4) Toshiyona Jones 10
12 Cleveland High School	A	4:20.80	
1) Noel Bounsanga 10	2) Priya Murray 9	3) Nikki Parrish 10	4) Teanna Bell 11
13 Marvin Ridge	A	4:20.98	
1) Sarah Overby 12	2) Lily Savage 11	3) Leann Keller 10	4) Caroline Blanton 9
14 White Oak	A	4:22.70	
15 Union Pines	A	4:22.88	
1) Emily Bowbliss 10	2) Tori Cook 12	3) Christen Fleming 11	4) Zoe Vela 9

NCHSAA 3A Indoor Track State Championships - 2/8/2019

JDL Fast Track
Performance List

Event 36 Boys 4x400 Meter Relay (16)

3A Record: 3:30.01 2014

State Record: 3:21.79 2009

Northern Guilford

L. Berry, J. Varter, D. McGill, L. McGill

New Bern

A. Hendrix, F. Greene, M. Sparks, A. Hendrix

Team	Relay	Seed Time
1 Cuthbertson High School	A	3:23.53
1) Aidan McNally 10	2) Aaron Zimmerman 12	3) Ashton Spangler 12
4) Bradon Black 12		
2 Asheville	A	3:29.66
1) John Goebel 10	2) Levi Harris 11	3) Juan Mantilla 12
4) Mitchell Norris 11		
3 West Carteret	A	3:31.00
4 A.L. Brown	A	3:32.09
1) Joshua Parks 12	2) Adonance Brown 11	3) Tanner Roth 12
4) Jalen Neal 12		
5 Hillside	A	3:32.16
1) Robert Covington 11	2) Kacey Pratt 12	3) Ahmir Davenport 12
4) Korey Pratt 10		
6 Parkland	A	3:32.73
1) Savien Hayes 12	2) Kamari Brooks 11	3) Justin Miles 10
4) Chandler Dowell 11		
7 Weddington High School	A	3:32.96
1) Kyle Durham 12	2) Peter Dejonge 10	3) Jackson O'Hara 12
4) Emerson Douds 12		
8 Southern Lee	A	3:33.53
1) Benjamin Buie 12	2) Devin Lyles 12	3) Trevon Pegues 11
4) Denny Joya 12		
9 Sun Valley	A	3:33.68
1) Hunter Flanz 12	2) Craig Dedrick 11	3) Lukis Padu 12
4) Marcus Walker 12		
10 Southern Guilford	A	3:34.58
1) Justin Copper 9	2) Julian Martin 12	3) Jamiah McMillan 12
4) Amir Wilson 11		
11 Clayton	A	3:35.30
12 Northern Guilford	A	3:36.52
1) Nate Williams 11	2) Parker Stewart 10	3) Benny Melville 12
4) Sam Angiulli 12		
13 Southeast Guilford	A	3:36.54
1) Will Earnhardt 12	2) Keith Holloway 12	3) William Teasley 10
4) Joshua King 11		
14 Southwest Guilford	A	3:36.84
15 White Oak	A	3:38.00
16 Franklinton	A	3:38.18
1) Nehemiah Judkins 12	2) Steve Green 12	3) Aaron Garner 12
4) Christigen Massenbug 12		