2018-19 NFHS VOLLEYBALL RULES POWERPOINT

Rules Changes
Major Editorial Changes
Points of Emphasis

NFHS RULES BOOK AS E-BOOKS

- E-books features:
  - Searchable
  - Highlight areas of interest
  - Make notes
  - Easy navigation
  - Adjustable viewing size
  - Immediate availability

www.nfhs.org
NEW NFHS RULES APP

- Rules App features:
  - Searchable
  - Highlight notes
  - Bookmarks
  - Quizzes for all sports
  - Easy navigation
  - Immediate availability
  - Free to paid members of the NFHS Coaches and Officials Associations
- www.nfhs.org/erules for more information

www.nfhs.org

Rules Changes

2018-19 NFHS VOLLEYBALL
Ejection Criteria  
Fighting

- 2 game suspension in Football
- 4 game suspension in all other sports
- Includes kicking, attempting to strike with fist/hand/leg/foot/or equipment
- Instigating a fight with an unsportsmanlike act causing an opponent to retaliate
- Leaving the bench when there is a fight
  - Carries same penalty(s) as being in a fight
- Substitutes should NEVER leave the bench area to participate
Ejection Criteria
Leaving The Bench When There Is Not A Fight

1. 1 game suspension in Football
2. 2 game suspension in all other sports

Remember – Substitutes should NEVER leave the bench area to participate

Ejection Criteria
Flagrant Contact

• Maliciously running over the catcher/fielder without an attempt to avoid contact
• Excessive out-of-bounds or “away-from-the-playing-action” that is unwarranted or extreme in nature
• Tackling/contact to the head dangerously in a malicious manner
• Illegally hitting or cross-checking an opponent with the stick in Lacrosse
• Any flagrant act that is not associated with a legal play associated with that sport
  • 1 game suspension in Football
  • 2 game suspension in all other sports
Ejection Criteria

Other

• Biting Observed or Determined By An Official
• Taunting, Baiting, Or Spitting Toward An Opponent Or Official
  • Flag/Technical Foul/Technical Violation vs. Ejection
• Profanity
  The NCHSAA will have Zero Tolerance within the confines of an NCHSAA event for the following: “Profanity of any kind, inappropriate language, racial or ethnic slurs, sexist or homophobic language.”

For the above
• 1 game suspension in Football
• 2 game suspension in all other sports

Ejection Criteria

Continued Other

• Obscene Gestures, Including Gesturing In Such A Manner As To Intimidate Or Instigate
• Disrespectfully Address An Official
  Physically contacting an official is subject to automatic expulsion and can result in ineligibility for remainder of a career
  • This includes school administrators. Expect/require role modeling excellence from this level of personnel.

For the above:
• 1 game suspension in Football
• 2 game suspension in all other sports

“Give the respect you expect...and expect it in return.”
Handbook Regulation 2.4.3 (j):

• Anytime a coach is ejected from a contest, he/she does not participate the remainder of that day. The coach is also suspended from the next two scheduled, re-scheduled or contracted dates at that level of competition (one in Football) and all games in the interim at other levels of competition.
  • EXAMPLE: JV coach ejected from game. Misses the next 2 JV games and all Varsity games until the 2-game JV suspension is served.

Handbook Regulation 2.4.3 (k):

• The coach is not permitted to be at the game during his/her suspension. A student who is ejected is allowed at the game site but may not be dressed in uniform.

Fan Behavior

Deal with it!

This is one of the reasons we identify the Game Administrator on site

• Utilize them as a resource…they should be a “teammate”
• Remember – we have identified the Game Administrator to have Zero Tolerance in regards to proper behavior – a role model
• An official cannot eject a fan. Go through the Game Administrator and/or security personnel to remove a fan.
• Record this and report to your Regional Supervisor and the NCHSAA office. mark@nchsaa.org.
Filing An Ejection Report

Required within 24 hours after completion of the event

$50 fine to the official(s) for failing to complete the Ejection Report(s)

Go to www.nchsaa.org

• Click on OFFICIALS
• Scroll down ORANGE box on left side of the Officials page
• Click on EJECTION/DQ REPORTING
• PASSWORD: report1
• NOTE: Officials must file all Ejection and DQ reports online

Filing An Ejection Report

A separate Ejection/DQ Report must be filed for each individual who is to be penalized.

• Example: If have a fight, must identify the player/number of EACH school and file individual reports
• Example: If have multiple players on a team ejected, must file separate reports for each individual
• Do not list multiple players/#’s on the same Ejection Report
• For an ejection, click on the actual ejection criteria listed on the Ejection Report Form
• Comment box available to detail/describe the situation
• Please use proper grammar and professionalism when filing in this information
Filing An Ejection Report

Ejection vs. Disqualification

**Question:** Can there be a situation where a player is ejected from the game and it is not an Ejection?

**Answer:** If the disqualification is by NCIAA and does not meet the NCIAA Handbook Ejection Criteria as shown in the previous slide, yes.

**Exemption:**
- Basketball: Coach gets two (2) indirect technical fouls and are not part of Ejection criteria
- Head Coach has an assistant coach or an unsportsmanlike conduct, and there is a fourth or another unsportsmanlike call or unsportsmanlike conduct
- Suspensions follows additional game(s) charged to the head coach: results in the remainder of the contest
- By the NCIAA Clearance of Violation initiative ("Together, We Make The Right Call..." program) which includes the "One Step" initiative
- Only the Head Coach has input with the game officials' umpires
**Filing A DQ Report**

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**Ejection Criteria**

**Post-Game Ejections**

- No "free shots" after the game/contest...in fact, there should be enhanced attention given to post-game ejections.
  - These are to be enforced same as in-game ejections.
  - Do not allow inappropriate language/contact/input after the contest is complete.
  - Coaches and players are expected to role model excellence at all times.

"What you permit, you promote!"
THE COURT: RESTRICTED PLAY

RULE 2-4-1b

- A player cannot gain an advantage by playing the ball while contacting floor obstacle, wall or team members.
- Team members are defined in rule 6-1 as coaches, teammates, managers, certified athletic trainers and players.
- The “illegal hit” signal (No. 3) is used to indicate this fault.

SECOND REFEREE RESPONSIBILITIES

RULE 5-5-3b(10) (NEW)

- Coaches are required to stay in the libero replacement zone, no closer than 6 feet to the sideline, when standing during play.
- The second referee’s responsibilities have been expanded to include ensuring the coach remains in the designated zone during play.
OFFICIALS’ RESPONSIBILITIES
RULES 5-5-3b(13), 5-5-3b(20) & 5-8-3a NOTE (NEW)

- When multiple courts are in use, the use of horns may cause confusion for players, coaches, officials and spectators.
- In that situation, the second referee may end a timeout or interval between sets with a long whistle instead of the timer’s horn.

REPLAY/INJURY
RULES 9-8-2 EXCEPTION (NEW) & 11-4-1b (NEW)

- When a play results in a replay, no requests for libero replacements, substitutions or time-outs are allowed.
- An exception is made in the case of a replay for an injured/ill player.
**REPLAY/INJURY RULES 9-8-2 EXCEPTION (NEW) & 11-4-1b (NEW)**

- The injured/ill player’s team may:
  - Substitute for the injured/ill player;
  - Replace the injured/ill player with a legal libero replacement, or;
  - Take any allotted timeouts remaining.

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**SUBSTITUTION AND LIBERO REPLACEMENT RULE 10-2 PENALTY 2**

- When a team is charged with unnecessary delay for a substitution issue, no further substitution request is allowed until after the next completed rally.
Rule Change

UNNECESSARY DELAY
OFFICIALS SIGNAL NO. 21

- To signal an unnecessary delay, raise the hand on the side of the offending team beside the head, with the palm facing in.
- Hold the appropriate card on the wrist of the raised hand.
Rule Change

INTERVAL BETWEEN SETS
RULE 11-5-3 (NEW)

- Between sets, teams are allowed to warm up in their own playing area.
- For safety, volleyballs may not be hit over the net.

www.nfhs.org
FORFEITS
RULES 1-5-2c (NEW), 1-7

- The third reason for declaring a forfeit has been added to this section for consistency and clarification:
  “A disqualified individual violates conduct rules following disqualification.”
- All articles addressing a forfeit have been reorganized under SECTION 5: TERMINATION OF SET/MATCH as Rules 1-5-2 through 4.

FIRST REFEREE RESPONSIBILITIES
RULE 5-4-1c

- The first referee’s responsibilities have been expanded to include the inspection of the net antennas.
TIME-OUT RESPONSIBILITIES
RULES 5-5-3b (13) & (20)

The word “double” was added to clarify that the second referee shall use a **double** whistle to indicate the warning during a time-out and when an intermission is used.

![Time-Out Clock and Between Sets Clock](www.nfhs.org)

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Editorial Change
FEWER THAN SIX PLAYERS
RULE 6-4-5 NOTE (NEW)

- After the match begins, a team can continue play with fewer than six players.
- A point is awarded when the vacant position rotates to the service position (Rule 1-3-3).
- A NOTE has been added to clarify that the vacant position remains open through all rotations.

OTHER EDITORIAL CHANGES

- 2-1-4 A continuous center line...
- 5-2-1b If a fault is whistled by the second referee, he or she will indicate the nature of the fault and the player committing the net fault, if necessary...
- 5-4-4d(1) d. Prior to the deciding set, the first referee:
  1. The first referee whistles,...
Editorial Change

OTHER EDITORIAL CHANGES

- 5-4-4d(4) The timer will begin the three-minute clock after this final signal.
- 10-4-3c c. Disqualification substitution – The libero **may** **shall** not be used...
- 12-2 Procedures for Unsporting Conduct Violations 4 and 5 ...; loss of rally/point awarded to opponent.
- How to Use the Signals #20
  - Double-whistle, place the palm...

www.nfhs.org

2018-19 NFHS VOLLEYBALL
On calls initiated by the first referee, the recommended mechanics for the second referee are:
• Step laterally away from the net standard toward the offending team.
• Repeat the first referee’s signals.

There may be situations when moving to the side at fault is not the most efficient mechanic in order to maintain the tempo of play.
The signal for a ball that passes completely under the net (other than a served ball) has moved from signal #13 to #2.

In this situation, the referee will signal line violation.
Points of Emphasis

2018-19 NFHS VOLLEYBALL
Points of Emphasis

**REFEREE STAND**

- It is a shared responsibility to ensure the safety of our officials.
  - Safe and stable platforms (Rule 3-2-6) begin with careful assembly and attention to manufacturer guidelines by school athletic departments or event host management.
  - It continues with proper inspection by the first referee prior to each match.

**WARM-UP SAFETY**

- The growing number of concussions reported to have occurred during warm-ups has increased awareness regarding warm-up procedures.
- Each coach and state association should examine their pre-game warm-up protocols.
- Some things to consider when establishing best practices are:
  - Facility space;
  - Shared court time;
  - Placement of athletes and those assisting with warm-ups, and;
  - Familiarity of all team members with the warm-up procedures for the match.
Points of Emphasis

WARM-UP SAFETY

WARM-UP SAFETY

Points of Emphasis

TREATMENT OF LINE JUDGES

- The line judges are critical members of the officiating crew.
- No team members or spectators shall act in an unsporting manner toward line judges.
- For unsporting conduct, the referees should administer the appropriate card (warning or penalty).
- For unsporting behavior by spectators, event management should be instructed to resolve the situation.
Points of Emphasis

Points of Emphasis
NET FAULT SIGNAL MECHANICS

To indicate the player committing a net fault:

- For numbers less than 6, use the hand on the side at fault.
- For numbers 6-9, the right hand is the base hand, and is filled first.

- For double digit numbers, the first digit is shown with the right or both hands, and the second digit with the left or both hands.
NFHS OFFICIALS ASSOCIATION

Officiating Volleyball: Ball Handling

Course Objectives
- Understand the basic rules of contact and the skills performed in a volleyball match.
- Identify and explain examples of illegal and legal contact.
- Practice making ball handling calls on actual player contacts.
- Create consistency in ball handling calls.

Units
- Introduction to Ball Handling
- Rules Governing Ball Handling
- Techniques to Train the Eye
- Variables and External Stimuli
- Overview of Each Skill

More Information at nfhslearn.com!
INTERSCHOLASTIC OFFICIATING
WWW.NFHSLEARN.COM

- Introduction to skills and concepts used as an official
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: basics of becoming and staying an official, science of officiating, art of officiating, how to combine these skills for successful officiating
- Course is FREE to any NFHS Officials Association member
- Non-members course is $20
- API available to state associations to collect results
NFHS OFFICIALS ASSOCIATION
CENTRAL HUB
https://nfhs-volleyball.arbitersports.com/front/105417/Site

- Contains:
  - Sport information
  - Rules information
  - Rules library
  - Searchable rules book
  - Video content on officiating sport, competition situations and interpretations

NFHS LEARNING CENTER
www.nfhs.org
FREE courses include:
- Bullying, Hazing and Inappropriate Behaviors
- Understanding Copyright and Compliance
- Hazing Prevention for Students
- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility

Course Objectives
- Drill and practice design – including specific, measurable goals and how to replicate game situations
- Teaching fundamental serving and passing skills – verbal cues, standing float serve, forearm pass and overhead pass
- Teaching fundamental defensive skills – attacking, blocking and digging
- Learn offensive and defensive rotational systems
- How to evaluate and select players
- Match protocols and rules of the court – player positioning, service order, substitutions, libero player, time outs and lineups

Units
- Serving and Passing Skills
- Attacking, Blocking and Digging Skills
- Team Systems: Offense
- Team Systems: Defense
- Team Selections & Rules and Match Management

More Information at nfhslearn.com!
NCHSAA

BOARD CHANGES

IMPORTANT INFORMATION

ELIGIBILITY & COMPLIANCE
Board Changes

Bracket Size

• Increased the number of playoff teams in the 1A classification from 48 to 64 in volleyball and basketball.

Seeding

• At-large berths
  • 4.1.18(e)(1): Teams in their classification will be selected to fill the remaining slots in the bracket based upon conference finish, then MaxPreps ranking.

• At-large berth interpretation
  • Clarified/adjusted interpretation of the rule below to: The highest finishing non-automatic qualifying team in each conference will be compared based on their adjusted MaxPreps ranking. Under no circumstance may a team “leap-frog” a higher finishing team in its own conference.
Board Changes

Seeding

- Split Conference Application Adjustments:
  - 4.1.19(b)(1): Removed wording: “...and highest finishing team in each classification of a split conference”
  
  - Added note: The highest finishing team in its half of a split conference must finish in 1st, 2nd, 3rd place overall and/or have an overall winning percentage of .500 or higher in order to be seeded as a #1. Otherwise, the team will be seeded with all other at-large teams.

Board Changes

Playoff Contest Starting Times

- On Saturdays, if teams cannot mutually agree, the higher seeded team may choose a starting time between 1:00 p.m. and 7:00 p.m.
  
  - Start between 1:00 p.m. and 6:00 p.m. if the visiting team is over 100 miles one-way.
Board Changes

Spring 2019 Playoff Calendar
• All first round games for baseball, softball, and women’s soccer to be played on Tuesday
• All second round games to be played on Friday

Ticket Prices
• Increased ticket prices for all playoff rounds, including regional and state championships, across all sports effective July 1, 2018
Inspiring individuals, encouraging excellence through education-based athletics

North Carolina High School Athletic Association

Board Changes

<table>
<thead>
<tr>
<th>Sport</th>
<th>1st Round</th>
<th>2nd Round</th>
<th>3rd Round</th>
<th>4th Round</th>
<th>Regional</th>
<th>State</th>
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| WINNER    |           |           |           |           |          |       |
| Basketball | $7.00 (1 game) | $7.00 (1 game) | $7.00 (1 game) | $5.00 (2 games) | $10.00 | $15.00|
| Indoor Track | $10.00 |           |           |           | $15.00 |
| Swimming & Diving | $6.00 |           |           |           | $7.00 | $10.00 |
| Wrestling Class | $6.00 | $6.00   |           |           | $6.00   | $6.00 |

| SPORTS    |           |           |           |           |          |       |
| Baseball  | $7.00     | $7.00     | $7.00     |           | $7.00    | $6.00 |
| Softball  | $7.00     | $7.00     | $7.00     |           | $7.00    | $6.00 |
| Lacrosse  | $7.00 (2 games) | $7.00 (2 games) | $7.00 (2 games) | $5.00 (2 games) | $7.00 (2 games) | $6.00 (2 games) |
| Track & Field | $7.00 | $7.00   |           |           | $6.00   | $6.00 |
| Sprinters | $7.00 | $7.00 | $7.00 | $7.00 | $6.00 | $6.00 |

Transfer Policy

- Added language to the Transfer Policy allowing Staff to review all Transfer Certification requests.
- “Absent mutual agreement, and in consideration of the above, exceptions for immediate athletic eligibility for transfers from one LEA to a different LEA will first be considered by the NCHSAA Staff, then by the NCHSAA Transfer Committee, if necessary.”
Board Changes

Amateur Rule

• Acceptance of money or a forbidden award will cause an athlete to lose athletic eligibility in all sports for 365 days.

Sportsmanship/Ejection Policy

• Added language to 2.4.2 (f)
  • “The NCHSAA will have zero tolerance within the confines of an NCHSAA event for the following: profanity of any kind, inappropriate language, racial or ethnic slurs, sexist or homophobic language.”
Board Changes

Sportsmanship/Ejection Policy Penalties
- Added “coaches” to 2.4.3 (c)
  - “Players or coaches receiving two ejections for unacceptable behavior as defined above will be suspended from all sports for the remainder of that sport season.”

Scrimmages/Ejections Report
- Ejections in pre-season scrimmages now require:
  - Coach/player suspended from the remainder of the scrimmage – inclusive of multiple scrimmage events on same day (jamboree)
  - Player must complete the NFHS “Sportsmanship” course before being eligible to compete in next scrimmage/contest
  - Head Coach must complete the NFHS “Teaching and Modeling Behavior” course for any
Board Changes

Video Review for Ejections
• When available, NCHSAA staff may utilize video to invoke ejections/sanctions not reported by game officials.

• Video clips to be presented for committee review within two (2) business days of the contest.

Officiating Regulations
• Added language to 3.3.2(e)(1)
  • “Schools are to use only NCHSAA-registered officials working through an approved NCHSAA officials association for varsity, junior varsity and ninth grade football, soccer, baseball, volleyball, basketball, wrestling, swimming and lacrosse at events hosted by or contested at the member school.”
Board Changes

Return To Play Form

• If a student participating in an interscholastic athletic activity exhibits signs or symptoms consistent with concussion, the student shall be removed from the activity at that time and shall not be allowed to return to play or practice that day. The student shall not return to play or practice on a subsequent day until the student is evaluated by and receives written clearance for such participation from (i) a physician licensed under Article 1 of Chapter 90 of the General Statutes with training in concussion management, (ii) a neuropsychologist licensed under Article 18A of Chapter 90 of the General Statutes with training in concussion management and working in consultation with a physician licensed under Article 1 of Chapter 90 of the General Statutes, (iii) an athletic trainer licensed under Article 34 of Chapter 90 of the General Statutes, (iv) a physician assistant, consistent with the limitations of G.S. 90-18.1, or (v) a nurse practitioner, consistent with the limitations of G.S. 90-18.2.

NCHSAA recommends a medical physician!
Board Changes

• Home Campus Background and Description

August 2000: Current system built and maintained by local technology vendor

April 2015: Inhouse systems administrator hired

July 2018: Convert all NCHSAA database needs to Home Campus

Current system is functional but:
• Lacks centralization
• Ability to grow or add new function
• Intermittent access issues based on user’s platform

Board Changes

• Home Campus Scope

• The following are 2017-2022 NCHSAA Strategic plans items that will be accomplished by this conversion:
  • 1.1.3 Update the current systems for reporting violations and infractions.
  • 1.2.3.3 Create an interactive tool on the NCHSAA website to help students and parents determine athletic eligibility
  • 2.2.3 Evaluate stakeholder information delivery systems.
  • 2.3.1 Monitor trends in the digital media space, including live video/streaming and social media, and find ways to benefit schools through new technologies.
Board Changes

• **Home Campus Phase 1 – Existing**
  • The new system will include the following current database functions:
    • Membership data information (coaches, school information, etc.)
    • LEA data information
    • Regional Supervisors data information and clinic scheduling
    • Sport clinic attendance for coaches
    • Eligibility summary data entry for each sport season
    • Endowment games
    • Transfers
    • Violations
    • Sanctions
    • Ejections/Disqualifications
    • Seeding for baseball, basketball, golf (regionals), football, lacrosse, tennis (dual team and regionals), volleyball, softball, and wrestling (dual team)

• **Home Campus Phase 1 – New**
  • The new system will also add the following:
    • Ability for system athletic directors to search the membership directory as well as monitor the schools in their LEA for compliance.
    • Ability to have games, rosters and records entered in MaxPreps to be auto-populated in the school’s database.
    • Ability to have NFHS Learn coach education auto-populated in the school’s database.
    • Ability to digitize all financial forms such as playoff and endowment game forms.
    • Ability to export search results to an Excel document for off-line use.
    • Home Campus also offers many additional features that will be rolled out following stakeholder needs assessments.
Important Information

Dates
1st Practice: Monday, July 30th
1st Contest: Monday, August 13th
Reporting Deadline: Wednesday, October 17th (11:59pm)
Seeding: October 18th
1st Round: October 20th
2nd Round: October 23rd
3rd Round: October 25th
4th Round: October 27th
Regional: October 30th
State Championship: November 3rd

Dead Periods

<table>
<thead>
<tr>
<th>Season</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Summer 2018</td>
<td>July 2-July 8 and July 16-22</td>
</tr>
<tr>
<td>Winter 2018</td>
<td>Oct 31 through November 20</td>
</tr>
<tr>
<td>Last five (5) days of the first semester</td>
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<tr>
<td>Spring 2019</td>
<td>February 13 through March 5</td>
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<tr>
<td>Last ten (10) days of the second semester</td>
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<tr>
<td>Summer 2019</td>
<td>July 1-July 7 and July 15-July 21</td>
</tr>
</tbody>
</table>
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## Regular Season Match Limitations
- No more than 23 total matches, or 24 with one being an approved Endowment Game
- Conference tournaments are not included

## Regular Season Tournament Allowances
- The following chart indicates tournament allowances during the regular season:

<table>
<thead>
<tr>
<th>Regular Matches (3 out of 5)</th>
<th>Tournaments (Limited to 20 sets maximum)</th>
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<tr>
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<td>4</td>
<td>0</td>
</tr>
</tbody>
</table>
Important Information

MaxPreps
- Official Statistics Provider
- Records and standings for post-season qualifications
  - Official record
  - Incorrect record subject to DQ from playoffs
- All match results MUST be entered by:
  - Wednesday, October 17th by 11:59 pm
  - Triple check your record!
- Instructions can be found on the NCHSAA website

Important Information

Sportsmanship
- The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.
  - Wholesome athletic environment
  - Good Sportsmanship > Victory
  - Modest in victory, gracious in defeat
  - Respecting judgment and integrity of game officials
  - Role modeling good behavior
Important Information

Ejection Policy

- Fighting
- Leaving the bench area
- Flagrant contact
- Biting
- Taunting, baiting or spitting toward an opponent or official
- Profanity
- Obscene gestures
- Disrespectfully addressing an official

Ejection Follow-Up

- Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting

- NFHS Sportsmanship Course
  - For any ejected/disqualified player
  - Free, on-line course (nfhslearn.com)
Important Information

Inclement/Hot Weather Guidelines

• The following should be considered when scheduling practice:
  • Time of day
  • Intensity level of practice
  • Equipment worn
  • Environmental conditions
  • High Temperature and high humidity create a dangerous situation for athletes. High humidity and low temperature can also cause serious heat-related problems.
  • Water/fluid replacement breaks recommended each 20 or 30 minutes. (depending on practice conditions)
  • Check with your AD on your LEA’s and school’s policy pertaining to practice on days of extreme heat.

Eligibility and Compliance

Eligibility Video

• Required viewing for all coaches

• Should be done with the athletic director

• Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.
Eligibility and Compliance

Preseason Meeting
• Required attendance by all parents

• Time to share rules, regulations, expectations, philosophy etc.

• Time to get all required signatures--pledges, Gfeller-Waller information, etc.

• Eligibility and Authorization

Eligibility and Compliance

Coaches Education
• NFHS Fundamentals of Coaching Course
  • All coaches must have satisfied the requirement prior to first contest.

  • Complete prior to first contest; subject to a $500 fine; continuing to coach without completion = another $500.
Eligibility and Compliance

Coaches Education

• Concussion Management Certification
  • The **NFHS Concussion in Sports Course** (free on-line course) or an equivalent course must be completed annually (after June 1, 2018 and before the first date of practice) by all coaches.

  • Prior to the first date of practice for that sport; subsequently, the certificate of completion must be on file at the individual school; subject to $500 fine.

Coaches’ Education

• CPR/AED Certification
  • All head and paid coaches must be CPR/AED certified

  • NFHS Sudden Cardiac Arrest Course
    • All non-paid coaches are required to complete the **NFHS Sudden Cardiac Arrest Course** annually (after June 1, 2018 and before the first date of practice).
Eligibility and Compliance

Gfeller-Waller Concussion Law

• Requirements
  • Concussion signs and symptoms
    • Given prior to participation
    • Parents/athletes sign indicating "receipt of" Return to Play (RTP) form signed by a physician licensed to practice medicine
    • An up-to-date Emergency Action Plan (EAP)
      • Must be on-file, posted and updated annually
  • “When in doubt, sit them out”

Coaches Education

• Accredited Interscholastic Coach (AIC) (6th Nationally)
  • Requires completion of 4 courses:
    • Fundamentals of Coaching
    • 1st Aid, Health & Safety for Coaches
    • Sport Specific Course or Teaching Sports Skills
    • Concussion in Sports (Free)
Eligibility and Compliance

Coaches Education
• Certified Interscholastic Coach (CIC) (3rd Nationally)
  • Completion of AIC requirements PLUS:
    • Teaching & Modeling Behavior
    • Engaging Effectively with Parents
    • Sportsmanship
    • Creating a Safe and Respectful Environment
    • Strength & Conditioning
  • 2 additional courses (User Choice)

Thank You!
• Get involved with student services
• Visit the NCHSAA website often
• Sign-in/pick-up your card as you leave today
  • Enter your code immediately to get credit for attendance
    • Mobile device or computer
    • All fields required except comments box
    • Use same email address that was used for NFHS Courses
  • Deadline for entry is August 13, 2018
  • Avoid $400 fine for your school