

**“TOGETHER – WE MAKE THE RIGHT CALL...SPORTSMANSHIP!”**

- Zero Tolerance (all sports) -- Automatic Unsportsmanlike Inappropriate language/profanity
  - Unsporting foul on the team bench – charged to the Head Coach
  - If directed at an official – immediate ejection (Red Card)
    - 4-Minute non-releasable penalty served by a field player
    - 2-game sanction
    - Completion of NFHS “Teaching and Modeling Behavior” course before returning to coaching duties

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**TOGETHER – WE MAKE THE RIGHT CALL...SPORTSMANSHIP!”**

- Assistant coaches contesting calls
  - Unsporting foul on the team bench – **charged to the Head Coach**
    - Yellow Card—2-Minute non-releasable penalty served by a field
  - 1 of 2 unsporting fouls charged to Head Coach
    - On 2<sup>nd</sup> offense, Head Coach is ejected – 2<sup>nd</sup> unsporting foul

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**TOGETHER – WE MAKE THE RIGHT CALL...SPORTSMANSHIP!”**

- Any player displaying verbal or physical dissent to an official
  - Yellow Card—2-Minute non-releasable penalty
  - 1 of 2 allowed for match disqualification
  
- Any physical or verbal display in a negative/demonstrative manner by school administrator
  - Stop game and warn
  - 2<sup>nd</sup> offense – Game suspended until administrator leaves the area

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**Board Approved Items**

- + Skill Development/Dead Periods
  - Dead Periods lengthened
    - Fall: August 1 - September 15
    - Winter: October 31 - December 15
    - Spring: February 13 - April 1
      - Also during football skill development
- + Unlimited numbers during skill development
  - Max of 1.5 hours a day
- + Playoff Berths/Qualifications/Seeding
  - 1 year pilot for all sports

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**Board Approved Items**

- ◆ Pre-participation physicals required once every 395 days
- ◆ Require game officials to obtain and record the name of the game day administrator in charge of the event.
  - ◆ if no administrator is available, the Head Coach will be designated as the game day administrator.
  - ◆ Game day administrator will assign staff to monitor thunder/lightening
- ◆ 2017-18: WBGT readings must be taken by the AT/TR or designee not more than 30 minutes before the beginning of practice. Subsequent readings must be taken whenever water/rest breaks are taken or every 30 minutes, whichever comes first.

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**Important Dates**

Start	Monday, February 13
1 <sup>st</sup> Contest	Monday, February 27
Reporting	Monday, May 1 - 6:00 a.m.
Seeding	Monday, May 1
1 <sup>st</sup> Round	Wednesday, May 3
2 <sup>nd</sup> Round	Friday, May 5
3 <sup>rd</sup> Round	Tuesday, May 9
4 <sup>th</sup> Round	Friday, May 12
Regionals	Tuesday, May 16
States	Friday, May 19
	Saturday, May 20

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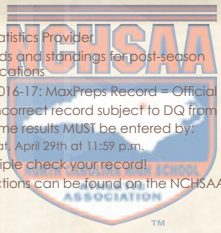
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### MaxPreps

- Official Statistics Provider:
  - + Records and standings for post-season qualifications
    - 2016-17: MaxPreps Record = Official Record
    - Incorrect record subject to DQ from playoffs
  - + All game results MUST be entered by:
    - + Sat. April 29th at 11:59 p.m.
    - + Triple check your record!
  - + Instructions can be found on the NCHSAA website



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### Qualifying for the Playoffs

- + Women 40-team bracket
- + 1A/2A/3A Men 24-team bracket
- + 4A Men 40-team bracket
- + Automatic Qualifiers
  - + 1st in a straight conference
  - + 1st in your class of split conference
    - Cannot have 2 conference tournaments
  - + 1st in the conference tournament
    - Regular season champion must compete
- + At-Large Qualifiers
  - + Best 16-game winning percentage



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### Playoff Seeding

- + Once the qualifiers have been determined
- + Seed the East then the West based on the following:
  - Seed all regular season champions first by 16-game record
  - Seed all tournament champions second by 16-game record
  - Seed all "at large" team thirds by 16-game record



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### Playoff Seeding

- + East vs Mideast
  - #1 East vs #16 Mideast
  - #2 East vs #15 Mideast
- + West vs Midwest
  - #1 West vs #16 Midwest
  - #2 West vs #15 Midwest




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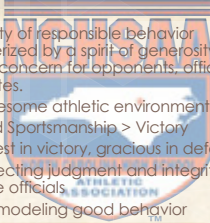
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### Sportsmanship

The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

- Wholesome athletic environment
- Good Sportsmanship > Victory
- Modest in victory, gracious in defeat
- Respecting judgment and integrity of game officials
- Role modeling good behavior




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### Ejection Policy

- + Fighting
- + Leaving the bench area
- + Flagrant contact
- + Biting
- + Taunting, baiting or spitting toward an opponent or official
- + Profanity
- + Obscene gestures
- + Disrespectfully addressing an official




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### Ejection Follow-Up

- + Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting
- + NFHS Sportsmanship Course
  - For any ejected/disqualified player
  - Free, on-line course ([nfhslearn.com](http://nfhslearn.com))
- + All certificates must be sent to NCHSAA

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### Inclement/ Hot Weather Guidelines

The following should be considered when scheduling practice:

- + Time of day
- + Intensity level of practice
- + Equipment worn
- + Environmental conditions

High Temperature and High Humidity create a dangerous situation for athletes. High humidity and low temperature can also cause serious heat-related problems.

Water/fluid replacement breaks recommended each 20 or 30 minutes, (depending on practice conditions)

Check with your AD on your LEA's and school's policy pertaining to practice on days of extreme heat.

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### Dead Periods

Summer 2016	July 4-July 10 and July 18-24
Fall 2016	August 1 through September 15
Winter 2016	Oct 31 through December 15
Spring 2017	N/A (In Season)
Summer 2017	July 3-July 9 and July 17-July 23

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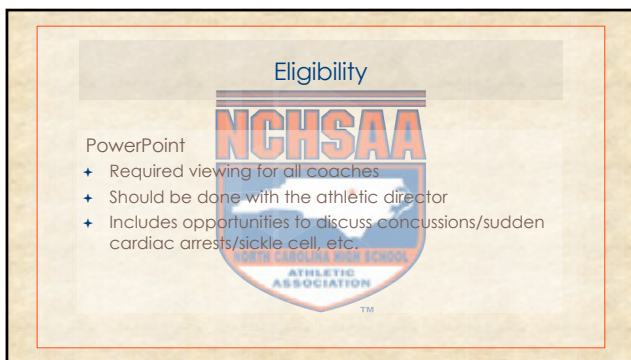
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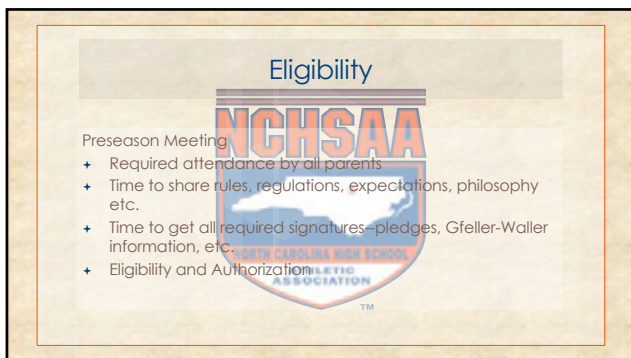
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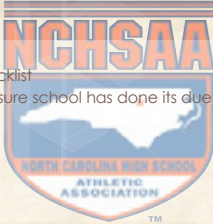
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**Eligibility**



- + Eligibility Checklist
  - Use to ensure school has done its due diligence

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**Clinic Attendance**



**Head** coaches in football, soccer, volleyball, basketball, wrestling, swimming, baseball, softball, golf, track & field and lacrosse must attend an NCHSAA approved State Rules Clinic.

- + Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest
- + Can be satisfied by signing the attendance sheet at the State Rules Clinic

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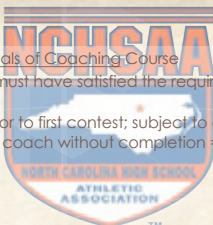
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**Coaches' Education**



NFHS Fundamentals of Coaching Course

- + **All** coaches must have satisfied the requirement prior to first contest.
- + Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500

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### Coaches' Education

#### Concussion Management Certification

- + The **NFHS Concussion Course** (free on-line course) or an equivalent course must be completed annually by all coaches
- + **Prior to the first date of practice for that sport;** subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine




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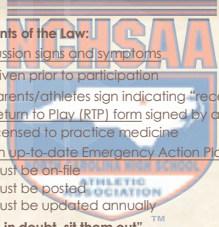
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### Gfeller-Waller Concussion Law

#### Requirements of the Law:

- + Concussion signs and symptoms
  - Given prior to participation
  - Parents/athletes sign indicating "receipt of" Return to Play (RIP) form signed by a physician licensed to practice medicine
  - An up-to-date Emergency Action Plan (EAP)
    - Must be on-file
    - Must be posted
    - Must be updated annually
- + "When in doubt, sit them out"




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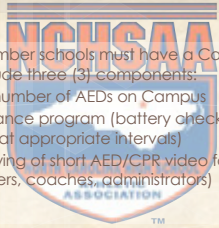
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### Cardiac Safety Program

All NCHSAA member schools must have a Cardiac Safety Program to include three (3) components:

- + Appropriate number of AEDs on Campus
- + AED maintenance program (battery checks, maintain, replacement at appropriate intervals)
- + Required viewing of short AED/CPR video for all supervising adults (teachers, coaches, administrators)




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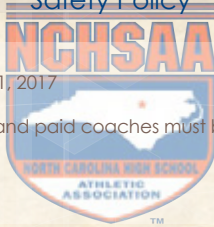
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**Safety Policy**

Effective Aug 17, 2017

That all head and paid coaches must be CPR/AED certified.




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**Coaches' Education**

Accredited Interscholastic Coach (AIC)

- + Requires completion of 4 courses:
  - Fundamentals of Coaching
  - 1<sup>st</sup> Aid, Health & Safety for Coaches
  - Sport Specific Course or Teaching Sports Skills
  - Concussion in Sports (Free)




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**Coaches' Education**

Certified Interscholastic Coach (CIC)

- + Completion of AIC requirements
- + Plus:
  - Teaching & Modeling Behavior
  - Engaging Effectively with Parents
  - Sportsmanship
  - Creating a Safe and Respectful Environment
  - Strength & Conditioning
  - 2 additional courses (User Choice)




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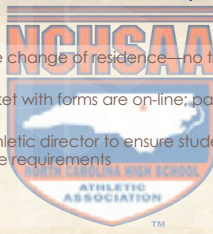
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**Transfer Policy**



- + If a bona fide change of residence—no transfer waiver necessary
- + Transfer packet with forms are on-line; password protected
- + Work with athletic director to ensure students meet residence rule requirements

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**THANK YOU AND HAVE A GREAT SEASON!**

[www.nfhs.org](http://www.nfhs.org)



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