

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 1 Women 200 Yard Medley Relay

1:45.33 AA-A

1:47.14 AA-C All-America

Team	Relay			Finals Time	Points
1 Leesville Road				1:46.05 AA-C	40
1) Morgan, Brooke SO	2) McCauley, Ashley SO	3) Ray, Amanda FR	4) Countie, Grace JR		
27.28	57.69 (30.41)	1:22.82 (25.13)	1:46.05 (23.23)		
2 Green Hope				1:46.07 AA-C	34
1) Moore, Kate SR	2) Sanders, Kathryn JR	3) Ssengonzi, Rebecca JR	4) Medlin, Lauren SO		
26.16	56.68 (30.52)	1:22.19 (25.51)	1:46.07 (23.88)		
3 Millbrook				1:47.33	32
1) Kohut, Jordan SR	2) Heineman, Ashley SR	3) McLamb, Sara Beth JR	4) Cera, Adrianna SO		
25.84	55.72 (29.88)	1:22.95 (27.23)	1:47.33 (24.38)		
4 Apex				1:49.75	30
1) Diacumakos, Alexandria SR	2) Fullerton, Mikaela SO	3) Pilecki, Sarah SO	4) DeCaro, Emma JR		
28.18	57.41 (29.23)	1:24.98 (27.57)	1:49.75 (24.77)		
5 Conley, D. H.				1:50.35	28
1) Torres, Svea JR	2) Burns, Abigail SO	3) Kohake, Virginia JR	4) Despres, Morgan JR		
26.87	58.38 (31.51)	1:26.44 (28.06)	1:50.35 (23.91)		
6 Apex Friendship				1:51.39	26
1) Turner, Haley FR	2) Gasper, Ashton SO	3) Whiteman, Molly SO	4) Murtaugh, Emma FR		
28.15	59.61 (31.46)	1:25.71 (26.10)	1:51.39 (25.68)		
7 Sanderson				1:52.51	24
1) Haney, Kenna FR	2) Carlson, Alicia SO	3) Keever, Caroline FR	4) Fulcher, Caroline SO		
28.02	1:00.34 (32.32)	1:27.91 (27.57)	1:52.51 (24.60)		
8 Enloe				1:52.76	22
1) Wen, Melody FR	2) Watts, Mimi FR	3) Zhang, Kara JR	4) Chando, Reese JR		
30.46	1:01.24 (30.78)	1:27.53 (26.29)	1:52.76 (25.23)		
9 Middle Creek				1:53.02	18
1) Traugot, Laura SR	2) Poole, Julia SR	3) Watts, Charlotte SR	4) Ruiz-Wilson, Darya JR		
30.83	1:00.72 (29.89)	1:27.35 (26.63)	1:53.02 (25.67)		
10 Heritage				1:54.12	14
1) Grasso, Aynslee FR	2) Sundberg, Samantha JR	3) Maxwell, Angela JR	4) Lipscomb, Madison JR		
28.21	1:00.74 (32.53)	1:28.84 (28.10)	1:54.12 (25.28)		
11 Holly Springs				1:55.94	12
1) Acheson, Molly	2) Galloway, Claire SO	3) Evans, Alyssa B	4) Hurlbert, Katherine R		
31.36	1:03.32 (31.96)	1:30.49 (27.17)	1:55.94 (25.45)		
12 Broughton				1:56.67	10
1) Fine, Grace SO	2) Smalto, Alexandra SR	3) Kempf, Stella SO	4) Harvey, Carson SR		
30.09	1:03.13 (33.04)	1:30.90 (27.77)	1:56.67 (25.77)		
13 Hoggard				1:57.04	8
1) Howard, Lane	2) Boone, Michaela SR	3) Ball, Emily FR	4) Wells, Mary FR		
29.15	1:02.54 (33.39)	1:30.88 (28.34)	1:57.04 (26.16)		
14 Panther Creek				1:57.82	6
1) Spain, Cameron SR	2) Li, Heather JR	3) Guo, Vivian FR	4) Honaker, Olivia FR		
29.35	1:01.49 (32.14)	1:30.86 (29.37)	1:57.82 (26.96)		
15 Cary				1:59.34	4
1) Grotjohn, Kennedy FR	2) Ryan, Erin JR	3) Ryan, Natalya JR	4) Leibold, Sarah SR		
29.68	1:03.86 (34.18)	1:33.26 (29.40)	1:59.34 (26.08)		
16 Athens Drive				2:00.36	2
1) Chen, Teresa SR	2) Tate, Mallory JR	3) Bridgham, Kayla SO	4) Young, Neeva SR		
32.08	1:05.11 (33.03)	1:34.08 (28.97)	2:00.36 (26.28)		

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## Swimming &amp; Diving

## Results

**(Event 1 Women 200 Yard Medley Relay)**

Team	Relay			Finals Time	Points
17 New Hanover				2:01.83	
1) Jones, Charlotte SR	2) Lucy, Gittings SO	3) Farmer, Carly	4) Brynn, Jewell SO		
29.62	1:05.28 (35.66)	1:36.18 (30.90)	2:01.83 (25.65)		
18 Wakefield				2:02.21	
1) Myhrvold, Mathea SO	2) Hernandez, Alexis	3) James, Marissa	4) Elms, Brennan		
29.47	1:05.51 (36.04)	1:34.77 (29.26)	2:02.21 (27.44)		
19 Rose, J. H.				2:03.54	
1) Gibson, Camryn JR	2) Becker, Carina	3) Eason, Corry SO	4) Humphreys, Lauren Taylor SR		
31.24	1:08.17 (36.93)	1:37.17 (29.00)	2:03.54 (26.37)		
20 Clayton				2:05.15	
1) Martin, Reagan SO	2) Raynor, Faith	3) Martin, Cara SR	4) Shaffer, Mikayla		
29.10	1:07.77 (38.67)	1:35.15 (27.38)	2:05.15 (30.00)		
21 Garner				2:05.52	
1) Gernhard, Arianna FR	2) Phillips, Hailey JR	3) Leischner, Peyton SO	4) Clack, Carrington SO		
32.90	1:10.40 (37.50)	1:40.47 (30.07)	2:05.52 (25.05)		
22 Laney				2:06.06	
1) Carpenter, Allison JR	2) Mercer, Evanne SR	3) Clary, Savannah SR	4) Hanks, Kendall SR		
32.25	1:06.41 (34.16)	1:37.80 (31.39)	2:06.06 (28.26)		
23 Wake Forest				2:07.73	
1) Rudolph, Olivia SO	2) Padron, Gwen	3) Smyre, Sophie SO	4) Dion, Hannah		
32.94	1:11.23 (38.29)	1:39.85 (28.62)	2:07.73 (27.88)		
24 Ashley				2:09.28	
1) Trout, Megan	2) Divoky, Brenna SO	3) Kopka, Jaden	4) Gonzalez, Haydee		
	1:05.02 ( )	1:44.49 (39.47)	2:09.28 (24.79)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

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## Swimming &amp; Diving

## Results

## Event 2 Men 200 Yard Medley Relay

1:33.83 AA-A

1:35.43 AA-C All-America

Team	Relay			Finals Time	Points
1 Athens Drive				1:35.27 AA-C	40
1) Wahlen, David SO	2) Baldwin, Daniel FR	3) Brown, Zach JR	4) Silver, Chris JR		
24.11	51.29 (27.18)	1:13.69 (22.40)	1:35.27 (21.58)		
2 Green Hope				1:35.63	34
1) Healy, John JR	2) Dalbo, Connor JR	3) Ssengonzi, Jesse FR	4) Curlee, Mitch SO		
24.01	51.19 (27.18)	1:14.25 (23.06)	1:35.63 (21.38)		
3 Cary				1:37.40	32
1) Grotjohn, Jack JR	2) McIntyre, Richard JR	3) Troxler, Garrett SR	4) Berkowitz, Jeremy SO		
24.79	52.53 (27.74)	1:14.81 (22.28)	1:37.40 (22.59)		
4 Hoggard				1:38.82	30
1) Settlemyre, Jeffrey FR	2) Hannum, Jacob SR	3) Howard, Finn SO	4) Howe, Carter SR		
25.01	52.31 (27.30)	1:16.65 (24.34)	1:38.82 (22.17)		
5 Wakefield				1:38.89	28
1) Carroll, AJ SO	2) Quinn, Sean JR	3) Brown, Taye SO	4) Tuenker, Leo SR		
24.77	53.53 (28.76)	1:16.84 (23.31)	1:38.89 (22.05)		
6 Sanderson				1:38.96	26
1) Kring, Jaden FR	2) Lucht, Sammy FR	3) Lucht, Stephen SO	4) Wylie, Jacob JR		
25.36	52.81 (27.45)	1:16.54 (23.73)	1:38.96 (22.42)		
7 Enloe				1:39.75	24
1) Hensley, Noah SO	2) Watkins, Wallace SR	3) Watts, Joseph JR	4) Li, Ryan JR		
24.79	52.28 (27.49)	1:17.33 (25.05)	1:39.75 (22.42)		
8 Leesville Road				1:41.26	22
1) Schoening, David JR	2) Speerschneider, Zach SO	3) Ierston-Brown, David SR	4) Phillips, Jacob SR		
26.32	54.56 (28.24)	1:19.26 (24.70)	1:41.26 (22.00)		
9 Heritage				1:43.21	18
1) Sadlowski, Brendon SR	2) Maxwell, Anthony JR	3) Horvath, Robert SR	4) Balbuena, Andreas SO		
26.28	53.74 (27.46)	1:18.78 (25.04)	1:43.21 (24.43)		
10 Middle Creek				1:43.37	14
1) Smith, Nick FR	2) Mintz, Andrew JR	3) Rendon, Kolby SO	4) Plewniak, Kevin JR		
27.29	55.73 (28.44)	1:21.79 (26.06)	1:43.37 (21.58)		
11 Apex Friendship				1:45.01	12
1) Ziller, Christian JR	2) Harloff, Trey JR	3) Rettamel, Connor JR	4) Scudder, Will SO		
26.86	56.06 (29.20)	1:20.85 (24.79)	1:45.01 (24.16)		
12 Apex				1:45.19	10
1) Diacumakos, Noah SO	2) Short, Connor SO	3) Cuany, Torin SR	4) Williams, Keaton SR		
27.24	56.35 (29.11)	1:22.38 (26.03)	1:45.19 (22.81)		
13 Millbrook				1:45.45	8
1) Wright, Thomas JR	2) Jones, Nathan FR	3) O'Neill, Trevor FR	4) Griffin, Greg JR		
25.04	56.32 (31.28)	1:22.23 (25.91)	1:45.45 (23.22)		
14 Panther Creek				1:45.70	6
1) Ghim, Christopher FR	2) Taylor, Quinton SR	3) Barker, Chris FR	4) Talbott, Michael SO		
26.60	56.49 (29.89)	1:21.85 (25.36)	1:45.70 (23.85)		
15 Broughton				1:46.07	4
1) Lawless, Liam SO	2) Whittington, Jeffrey SO	3) Benson, Zach SO	4) Soltis, Richard SR		
27.39	58.25 (30.86)	1:23.61 (25.36)	1:46.07 (22.46)		
16 Conley, D. H.				1:46.46	2
1) Tillery, Seth FR	2) Torres, Trevor FR	3) Dennison, Conner SO	4) Woodward, Benji SR		
27.47	56.62 (29.15)	1:23.09 (26.47)	1:46.46 (23.37)		

**2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17****Host: Green Hope HS & Sanderson HS****Swimming & Diving****Results****(Event 2 Men 200 Yard Medley Relay)**

	<b>Team</b>	<b>Relay</b>			<b>Finals Time</b>	<b>Points</b>
17	Holly Springs				1:46.67	
	1) Shaver, Zach SO	2) O'Laughlin, Brandon JR	3) Esteves, Alexander JR	4) Smith, Ian SO		
	26.67	58.22 (31.55)	1:23.81 (25.59)	1:46.67 (22.86)		
18	New Bern				1:48.62	
	1) Kirby, Nick SR	2) Greene, Nick JR	3) Lundberg, Stephen SO	4) Willis, Ford SR		
	28.41	56.79 (28.38)	1:25.05 (28.26)	1:48.62 (23.57)		
19	New Hanover				1:49.38	
	1) Messina, Anthony SR	2) Eberhardt, Andrew FR	3) Caravaglio, Andrew SR	4) Williams, Harper		
	27.10	59.56 (32.46)	1:24.07 (24.51)	1:49.38 (25.31)		
20	Rose, J. H.				1:51.28	
	1) Smith, Sadler FR	2) Leong, Luke FR	3) Hastings, Jack FR	4) Humphreys, Grant SO		
	28.26	1:01.12 (32.86)	1:28.36 (27.24)	1:51.28 (22.92)		
21	Garner				1:52.27	
	1) Young, Andrew	2) Buitrago, Noel SR	3) Wright, Evan JR	4) Barbeau, Scott JR		
	29.58	59.95 (30.37)	1:28.16 (28.21)	1:52.27 (24.11)		
22	Fuquay-Varina				2:00.12	
	1) Kelly, Ian JR	2) Martinez, Roman FR	3) Houston, Zwannah SO	4) Barber, Drew FR		
	34.70	1:06.19 (31.49)	1:34.64 (28.45)	2:00.12 (25.48)		
23	Ashley				2:01.44	
	1) Trout, Ryan SR	2) Baugher, Cameron	3) Lesko, Cameron FR	4) Kelly, Hank		
	26.99	1:05.49 (38.50)	1:33.68 (28.19)	2:01.44 (27.76)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 3 Women 200 Yard Freestyle

1:48.95 AA-A

1:50.75 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Haney, Kenna	FR	Sanderson	1:50.87	20
25.64	53.90 (28.26)	1:22.77 (28.87)	1:50.87 (28.10)	
2 Medlin, Samantha	SR	Green Hope	1:51.66	17
26.02	54.54 (28.52)	1:23.28 (28.74)	1:51.66 (28.38)	
3 Pozder, Ana	JR	Apex	1:52.67	16
26.16	54.81 (28.65)	1:23.96 (29.15)	1:52.67 (28.71)	
4 Despres, Morgan	JR	Conley, D. H.	1:53.31	15
26.22	55.01 (28.79)	1:24.34 (29.33)	1:53.31 (28.97)	
5 Fulcher, Caroline	SO	Sanderson	1:53.47	14
25.97	55.10 (29.13)	1:24.22 (29.12)	1:53.47 (29.25)	
6 Vetrano, Alexis	SR	Leesville Road	1:53.72	13
25.87	54.46 (28.59)	1:24.17 (29.71)	1:53.72 (29.55)	
7 Soleo, Lauren	JR	Panther Creek	1:53.85	12
26.39	55.18 (28.79)	1:24.74 (29.56)	1:53.85 (29.11)	
8 Pilecki, Sarah	SO	Apex	1:55.08	11
26.44	55.76 (29.32)	1:25.57 (29.81)	1:55.08 (29.51)	
9 Morrell, Lily	JR	Enloe	1:55.12	9
26.67	56.00 (29.33)	1:25.95 (29.95)	1:55.12 (29.17)	
10 Cera, Adrianna	SO	Millbrook	1:55.86	7
26.65	55.95 (29.30)	1:26.07 (30.12)	1:55.86 (29.79)	
11 Conroy, Erin	SR	Apex	1:57.00	6
27.24	56.18 (28.94)	1:26.32 (30.14)	1:57.00 (30.68)	
12 Tart, Bethany	FR	South Central	1:59.00	5
27.61	57.56 (29.95)	1:28.36 (30.80)	1:59.00 (30.64)	
13 Murtaugh, Emma	FR	Apex Friendship	1:59.24	4
27.59	57.92 (30.33)	1:28.28 (30.36)	1:59.24 (30.96)	
14 Martin, Reagan	SO	Clayton	1:59.29	3
26.89	56.71 (29.82)	1:27.91 (31.20)	1:59.29 (31.38)	
15 Rutledge, Abby	JR	Panther Creek	1:59.30	2
27.46	57.79 (30.33)	1:28.75 (30.96)	1:59.30 (30.55)	
16 Cornea, Andreea	FR	Green Hope	2:00.11	1
27.63	57.89 (30.26)	1:28.79 (30.90)	2:00.11 (31.32)	
17 Brewer, Genna	SR	Broughton	2:00.14	
27.18	56.94 (29.76)	1:28.09 (31.15)	2:00.14 (32.05)	
18 Hauser, Genny	FR	Rolesville	2:00.19	
27.18	57.87 (30.69)	1:28.94 (31.07)	2:00.19 (31.25)	
19 Myhrvold, Mathea	SO	Wakefield	2:01.00	
27.86	58.74 (30.88)	1:30.12 (31.38)	2:01.00 (30.88)	
20 Duke, Ainsley	SO	Leesville Road	2:01.47	
27.72	58.39 (30.67)	1:30.47 (32.08)	2:01.47 (31.00)	
21 Jewell, Aleta	SR	New Hanover	2:01.74	
27.65	58.20 (30.55)	1:29.51 (31.31)	2:01.74 (32.23)	
22 Li, Mona	FR	Panther Creek	2:06.27	
28.24	59.67 (31.43)	1:32.72 (33.05)	2:06.27 (33.55)	
23 Overton, Sam	FR	Enloe	2:07.75	
29.54	1:02.23 (32.69)	1:35.41 (33.18)	2:07.75 (32.34)	
24 Muma, Samantha	SO	Leesville Road	2:08.50	
27.74	59.95 (32.21)	1:33.98 (34.03)	2:08.50 (34.52)	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 4 Men 200 Yard Freestyle

1:38.91 AA-A

1:40.53 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Downs, Bradley	SR	Conley, D. H.	1:42.38	20
24.02	50.16 (26.14)	1:16.16 (26.00)	1:42.38 (26.22)	
2 Phillips, Jacob	SR	Leesville Road	1:43.49	17
24.29	50.62 (26.33)	1:17.20 (26.58)	1:43.49 (26.29)	
3 Kawaguchi, Rhys	SR	Cary	1:43.99	16
24.61	51.34 (26.73)	1:17.95 (26.61)	1:43.99 (26.04)	
4 Mintz, Andrew	JR	Middle Creek	1:44.46	15
24.72	51.48 (26.76)	1:17.91 (26.43)	1:44.46 (26.55)	
*5 Jaynes, Matthew	JR	Apex	1:44.60	13.50
24.61	51.34 (26.73)	1:17.89 (26.55)	1:44.60 (26.71)	
*5 Hollet, Drew	SO	Athens Drive	1:44.60	13.50
25.05	51.56 (26.51)	1:18.56 (27.00)	1:44.60 (26.04)	
7 Pigg, Hunter	JR	Millbrook	1:46.59	12
24.92	51.77 (26.85)	1:18.85 (27.08)	1:46.59 (27.74)	
8 Young, Hunter	SO	Rolesville	1:47.05	11
23.51	50.19 (26.68)	1:18.39 (28.20)	1:47.05 (28.66)	
9 Pelt, Nathaniel	JR	Green Hope	1:48.27	9
25.01	52.72 (27.71)	1:20.64 (27.92)	1:48.27 (27.63)	
10 Washburn, David	SO	Broughton	1:48.37	7
24.96	52.66 (27.70)	1:20.64 (27.98)	1:48.37 (27.73)	
11 Satterfield, Shaw	FR	Green Hope	1:48.62	6
25.00	52.64 (27.64)	1:20.66 (28.02)	1:48.62 (27.96)	
12 Long, Christopher	SR	Heritage	1:49.49	5
24.87	53.26 (28.39)	1:21.41 (28.15)	1:49.49 (28.08)	
13 Carter, Jared	FR	Green Hope	1:49.61	4
24.91	52.68 (27.77)	1:21.41 (28.73)	1:49.61 (28.20)	
14 Compton, Peter	SR	Panther Creek	1:49.62	3
25.16	53.02 (27.86)	1:21.28 (28.26)	1:49.62 (28.34)	
15 Chignell, Connor	SO	Enloe	1:49.77	2
25.49	53.66 (28.17)	1:21.98 (28.32)	1:49.77 (27.79)	
16 Rendon, Kolby	SO	Middle Creek	1:50.51	1
25.47	53.36 (27.89)	1:22.54 (29.18)	1:50.51 (27.97)	
17 Spence, Colton	JR	Green Hope	1:50.78	
25.12	53.39 (28.27)	1:22.14 (28.75)	1:50.78 (28.64)	
18 Lucht, Sammy	FR	Sanderson	1:51.65	
25.73	53.64 (27.91)	1:22.58 (28.94)	1:51.65 (29.07)	
19 Hastings, Jack	FR	Rose, J. H.	1:51.97	
25.20	53.36 (28.16)	1:22.79 (29.43)	1:51.97 (29.18)	
*20 Hughes, Spencer	SO	Panther Creek	1:52.87	
25.22	53.46 (28.24)	1:22.74 (29.28)	1:52.87 (30.13)	
*20 Qualle, Ethan	JR	Millbrook	1:52.87	
26.16	54.94 (28.78)	1:23.81 (28.87)	1:52.87 (29.06)	
22 Roberts, Grayson	FR	Sanderson	1:53.55	
26.27	54.54 (28.27)	1:23.62 (29.08)	1:53.55 (29.93)	
23 Payne, Davis	JR	Millbrook	1:54.76	
25.88	54.99 (29.11)	1:24.96 (29.97)	1:54.76 (29.80)	
--- Lawton, Nick	JR	Apex	DFS	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

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## Swimming &amp; Diving

## Results

## Event 5 Women 200 Yard IM

2:02.21 AA-A

2:04.42 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Poole, Julia	SR	Middle Creek	2:01.87	20
26.67	57.35 (30.68)	1:32.01 (34.66)	2:01.87 (29.86)	
2 Moore, Kate	SR	Green Hope	2:05.15	17
27.63	58.39 (30.76)	1:35.77 (37.38)	2:05.15 (29.38)	
3 McCauley, Ashley	SO	Leesville Road	2:05.46	16
27.46	59.85 (32.39)	1:35.32 (35.47)	2:05.46 (30.14)	
4 Martin, Cara	SR	Clayton	2:08.95	15
28.12	1:00.47 (32.35)	1:38.36 (37.89)	2:08.95 (30.59)	
5 Ssengonzi, Rebecca	JR	Green Hope	2:09.72	14
27.96	1:02.48 (34.52)	1:39.83 (37.35)	2:09.72 (29.89)	
6 Gasper, Ashton	SO	Apex Friendship	2:10.78	13
28.64	1:01.39 (32.75)	1:40.59 (39.20)	2:10.78 (30.19)	
7 Li, Cynthia	SR	Enloe	2:11.49	12
29.38	1:03.89 (34.51)	1:41.36 (37.47)	2:11.49 (30.13)	
8 Zhu, Caroline	FR	Enloe	2:12.22	11
29.07	1:02.42 (33.35)	1:41.35 (38.93)	2:12.22 (30.87)	
9 Grotjohn, Kennedy	FR	Cary	2:12.63	9
28.82	1:01.52 (32.70)	1:40.56 (39.04)	2:12.63 (32.07)	
10 Anderson, Sophie	FR	Apex	2:13.21	7
29.55	1:03.44 (33.89)	1:42.33 (38.89)	2:13.21 (30.88)	
11 Joyce, Genevieve	FR	Apex	2:14.40	6
28.14	1:03.85 (35.71)	1:41.90 (38.05)	2:14.40 (32.50)	
12 Whiteman, Molly	SO	Apex Friendship	2:15.30	5
27.85	1:01.35 (33.50)	1:44.83 (43.48)	2:15.30 (30.47)	
13 Stines, Carly	JR	Panther Creek	2:15.85	4
29.89	1:04.84 (34.95)	1:43.47 (38.63)	2:15.85 (32.38)	
14 Reilly, Morgan	FR	Green Hope	2:15.88	3
29.66	1:03.25 (33.59)	1:43.56 (40.31)	2:15.88 (32.32)	
15 Carson, Megan	FR	Apex Friendship	2:16.02	2
27.85	1:01.39 (33.54)	1:43.74 (42.35)	2:16.02 (32.28)	
16 Arose, Anika	SR	Enloe	2:16.15	1
30.54	1:05.59 (35.05)	1:44.49 (38.90)	2:16.15 (31.66)	
17 Smalto, Alexandra	SR	Broughton	2:16.88	
29.95	1:05.94 (35.99)	1:44.79 (38.85)	2:16.88 (32.09)	
18 Carrigan, Anna	SO	Leesville Road	2:16.94	
28.02	1:01.59 (33.57)	1:43.76 (42.17)	2:16.94 (33.18)	
19 Guo, Vivian	FR	Panther Creek	2:17.20	
29.91	1:04.20 (34.29)	1:45.66 (41.46)	2:17.20 (31.54)	
20 Herrera, Mariana	SO	Leesville Road	2:17.44	
29.12	1:02.74 (33.62)	1:44.65 (41.91)	2:17.44 (32.79)	
21 Divoky, Brenna	SO	Ashley	2:18.35	
29.97	1:07.71 (37.74)	1:46.11 (38.40)	2:18.35 (32.24)	
22 Evans, Alyssa	JR	Holly Springs	2:18.78	
29.33	1:05.79 (36.46)	1:46.35 (40.56)	2:18.78 (32.43)	
23 Fine, Grace	SO	Broughton	2:21.44	
29.85	1:05.67 (35.82)	1:47.26 (41.59)	2:21.44 (34.18)	
24 Zalkind, Grace	FR	Sanderson	2:21.62	
31.90	1:07.01 (35.11)	1:48.45 (41.44)	2:21.62 (33.17)	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 6 Men 200 Yard IM

1:50.01 AA-A

1:52.28 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Brown, Zach	JR	Athens Drive	1:52.90	20
23.73	52.30 (28.57)	1:26.79 (34.49)	1:52.90 (26.11)	
2 Lucht, Stephen	SO	Sanderson	1:54.33	17
24.73	53.41 (28.68)	1:27.41 (34.00)	1:54.33 (26.92)	
3 Zhang, Jason	SO	Green Hope	1:58.05	16
24.74	54.90 (30.16)	1:29.52 (34.62)	1:58.05 (28.53)	
4 Tomlinson, Alex	SO	Apex Friendship	1:58.22	15
25.14	53.90 (28.76)	1:30.27 (36.37)	1:58.22 (27.95)	
5 Curlee, Mitch	SO	Green Hope	1:58.86	14
26.37	56.12 (29.75)	1:31.59 (35.47)	1:58.86 (27.27)	
6 Dalbo, Connor	JR	Green Hope	1:58.96	13
26.53	58.61 (32.08)	1:32.10 (33.49)	1:58.96 (26.86)	
7 Moran, Smith	SR	Broughton	1:59.61	12
26.34	56.67 (30.33)	1:32.01 (35.34)	1:59.61 (27.60)	
8 Legge, Josh	JR	Millbrook	2:00.48	11
25.65	56.69 (31.04)	1:33.37 (36.68)	2:00.48 (27.11)	
9 McIntyre, Richard	JR	Cary	2:00.52	9
25.45	57.86 (32.41)	1:32.09 (34.23)	2:00.52 (28.43)	
10 Baldwin, Daniel	FR	Athens Drive	2:00.80	7
26.20	56.61 (30.41)	1:31.36 (34.75)	2:00.80 (29.44)	
11 Buitrago, Noel	SR	Garner	2:01.91	6
26.82	58.19 (31.37)	1:33.72 (35.53)	2:01.91 (28.19)	
12 Hannum, Jacob	SR	Hoggard	2:02.18	5
27.05	58.71 (31.66)	1:34.03 (35.32)	2:02.18 (28.15)	
13 Moore, Michael	FR	Green Hope	2:02.26	4
26.46	56.26 (29.80)	1:33.90 (37.64)	2:02.26 (28.36)	
14 Diacumakos, Noah	SO	Apex	2:02.34	3
26.81	57.81 (31.00)	1:33.80 (35.99)	2:02.34 (28.54)	
15 Barker, Chris	FR	Panther Creek	2:02.39	2
25.82	57.52 (31.70)	1:33.81 (36.29)	2:02.39 (28.58)	
16 Watkins, Wallace	SR	Enloe	2:03.13	1
26.01	58.78 (32.77)	1:32.81 (34.03)	2:03.13 (30.32)	
17 Landry, Andrew	JR	Conley, D. H.	2:03.63	
25.73	58.16 (32.43)	1:34.27 (36.11)	2:03.63 (29.36)	
18 Ghim, Christopher	FR	Panther Creek	2:04.15	
27.43	57.88 (30.45)	1:35.42 (37.54)	2:04.15 (28.73)	
19 Rettamel, Connor	JR	Apex Friendship	2:05.22	
26.28	57.27 (30.99)	1:34.87 (37.60)	2:05.22 (30.35)	
*20 Tjandra, Davin	FR	Panther Creek	2:06.64	
26.97	1:00.21 (33.24)	1:37.05 (36.84)	2:06.64 (29.59)	
*20 Short, Connor	SO	Apex	2:06.64	
27.27	1:00.37 (33.10)	1:36.67 (36.30)	2:06.64 (29.97)	
22 Esteves, Alexander	JR	Holly Springs	2:07.51	
26.50	59.33 (32.83)	1:37.98 (38.65)	2:07.51 (29.53)	
23 Becker, Perry	FR	Sanderson	2:07.62	
28.14	1:01.71 (33.57)	1:38.38 (36.67)	2:07.62 (29.24)	
24 Trout, Ryan	SR	Ashley	2:07.69	
27.43	1:00.44 (33.01)	1:38.03 (37.59)	2:07.69 (29.66)	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 7 Women 50 Yard Freestyle

23.27 AA-A

23.68 AA-C All-America

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Finals Time</u>		<u>Points</u>
1	Countie, Grace	JR	Leesville Road	22.59	AA-A	20
2	Torres, Svea	JR	Conley, D. H.	23.33	AA-C	17
3	Baric, Maria	FR	Broughton	23.50	AA-C	16
4	Medlin, Lauren	SO	Green Hope	24.11		15
5	Newton, Grace	SO	Leesville Road	24.16		14
6	Toburen, Abigail	SR	Leesville Road	24.26		13
7	Kohut, Jordan	SR	Millbrook	24.34		12
8	Brewer, Genna	SR	Broughton	24.45		11
9	Lawrence, Regan		Green Hope	24.65		9
10	Chando, Reese	JR	Enloe	24.71		7
11	Clack, Carrington	SO	Garner	24.79		6
*12	Bruno, Hannah	JR	Leesville Road	24.92		4.50
*12	DeCaro, Emma	JR	Apex	24.92		4.50
14	Fulford, Hanna	SO	Apex	25.03		3
15	Young, Neeva	SR	Athens Drive	25.05		2
16	Li, Heather	JR	Panther Creek	25.06		1
17	Bazinet, Laurie-Anne	FR	Hoggard	25.33		
18	Lipscomb, Madison	JR	Heritage	25.37		
19	Candelaria, Bianca	SO	Panther Creek	25.49		
20	Sayman, Emma	FR	Green Hope	25.52		
21	Wells, Mary	FR	Hoggard	25.62		
22	Murtaugh, Emma	FR	Apex Friendship	25.67		
23	Carlson, Alicia	SO	Sanderson	25.68		
24	Laino, Savannah	SR	Apex	25.75		
25	Rudolph, Olivia	SO	Wake Forest	25.79		
26	Leibold, Sarah	SR	Cary	26.00		
27	Harvey, Carson	SR	Broughton	26.20		
28	Humphreys, Lauren Taylor	SR	Rose, J. H.	26.23		
29	McCullough, Maggie	SR	Hoggard	26.28		
30	Honaker, Olivia	FR	Panther Creek	26.46		
31	Post, Caroline	SO	Athens Drive	27.39		

**2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17****Host: Green Hope HS & Sanderson HS****Swimming & Diving****Results****Event 8 Men 50 Yard Freestyle****20.69 AA-A****21.00 AA-C All-America**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>		<b>Points</b>
1	Messenger, Jack	SR	Broughton	20.57	AA-A	20
2	Brown, Taye	SO	Wakefield	21.10		17
3	Plewniak, Kevin	JR	Middle Creek	21.17		16
4	Silver, Chris	JR	Athens Drive	21.52		15
5	Dellarova, Derek	SR	Enloe	21.81		14
6	Tuenker, Leo	SR	Wakefield	21.93		13
7	Meade, Grant	SR	Athens Drive	22.06		12
8	Howe, Carter	SR	Hoggard	22.13		11
9	Howard, Finn	SO	Hoggard	22.18		9
10	Johnson, Bryson	FR	Enloe	22.30		7
11	Li, Ryan	JR	Enloe	22.41		6
12	Thomas, Cameron	FR	Athens Drive	22.43		5
13	Messina, Anthony	SR	New Hanover	22.50		4
14	Benton, Kyle	SR	Apex	22.53		3
15	Berkowitz, Jeremy	SO	Cary	22.54		2
16	Coleman, Adam	SR	Hoggard	22.56		1
17	Schoening, David	JR	Leesville Road	22.82		
18	Humphreys, Grant	SO	Rose, J. H.	22.84		
19	Williams, Keaton	SR	Apex	22.85		
20	Macpherson, Ewan	FR	Sanderson	22.95		
*21	Smith, Ian	SO	Holly Springs	22.99		
*21	King, Tyler	JR	Heritage	22.99		
23	Konanc, Chris	SR	Enloe	23.01		
24	Taylor, Quinton	SR	Panther Creek	23.42		

**2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17****Host: Green Hope HS & Sanderson HS****Swimming & Diving****Results****Event 9 Women 1 mtr Diving**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>	<b>Points</b>
1	Hernandez, Carmen	SO	Holly Springs	377.85	20
2	Aizhulova, Maya	JR	Apex	322.85	17
3	Fanjoy, Daisy	FR	Sanderson	300.05	16
4	Gamble, Elizabeth	JR	Leesville Road	295.35	15
5	Ehlin, Sophia	SO	Green Hope	289.10	14
6	Delp, Claire	FR	Holly Springs	278.85	13
7	Menechella, Rachel	JR	Middle Creek	253.20	12
8	Urish, Annie	SO	Broughton	230.45	11
9	Urish, Emily	JR	Broughton	223.20	9
10	Gawin-Parigini, Alexandra	FR	Cary	212.65	7
11	LaRocca, Alexandra	SR	Millbrook	192.05	6
12	Finnessy, Elizabeth	SR	Millbrook	184.80	5
13	Brown, Ashley	SR	Millbrook	178.45	4
---	Watts, Mimi	FR	Enloe	DQ	
---	Ilmberger, Laurel	SR	Enloe	DQ	
---	Wood, Gabriella	JR	Leesville Road	DQ	

**2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17****Host: Green Hope HS & Sanderson HS****Swimming & Diving****Results****Event 10 Men 1 mtr Diving**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>	<b>Points</b>
1	Gray, Holt	SR	Broughton	535.60	20
2	Capobianco, Andrew	SR	Holly Springs	525.80	17
3	Little, Grant	SR	Millbrook	392.30	16
4	Handy, Samuel	SR	Cary	301.95	15
5	Butler, Bennett	SO	Broughton	295.05	14
6	Watts, Joseph	JR	Enloe	274.90	13
7	Wells, Jacob	JR	Broughton	273.55	12
8	Rollin, Kenji	JR	Green Hope	270.00	11
9	Freeman, Jason	JR	Leesville Road	267.50	9
10	Garrelts, George	SO	Leesville Road	261.85	7
11	McLester, Kel	FR	Broughton	257.25	6
12	Yardley, Luke	FR	Leesville Road	250.70	5
13	Jones, Colin	JR	Enloe	249.40	4
14	Handy, Isaac	JR	Cary	239.65	3
15	Coleman, Jacob	SR	Cary	200.30	2
16	Fawzy, Radi	JR	Cary	167.45	1
17	Parker, Dennis	JR	Garner	143.65	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 11 Women 100 Yard Butterfly

54.65 AA-A

55.90 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Ray, Amanda	FR	Leesville Road	55.13	AA-C 20
26.12		55.13 (29.01)		
2 Ssengonzi, Rebecca	JR	Green Hope	56.05	17
26.51		56.05 (29.54)		
3 Watts, Charlotte	SR	Middle Creek	56.55	16
26.50		56.55 (30.05)		
4 Morrell, Lily	JR	Enloe	57.51	15
26.94		57.51 (30.57)		
5 Brodnick, Ashley	JR	Leesville Road	58.08	14
26.96		58.08 (31.12)		
6 Zhang, Kara	JR	Enloe	58.41	13
27.12		58.41 (31.29)		
7 Sanders, Kathryn	JR	Green Hope	58.57	12
26.88		58.57 (31.69)		
8 Whiteman, Molly	SO	Apex Friendship	58.59	11
26.87		58.59 (31.72)		
9 Turner, Haley	FR	Apex Friendship	58.61	9
27.54		58.61 (31.07)		
10 Bruno, Hannah	JR	Leesville Road	58.85	7
27.64		58.85 (31.21)		
11 Rutledge, Abby	JR	Panther Creek	58.96	6
27.54		58.96 (31.42)		
12 Pozder, Ema	SO	Apex	59.66	5
27.31		59.66 (32.35)		
13 Kota, Hannah	JR	Green Hope	59.69	4
27.85		59.69 (31.84)		
14 Watts, Mimi	FR	Enloe	59.89	3
28.16		59.89 (31.73)		
15 Hurlbert, Katherine	SO	Holly Springs	59.99	2
27.72		59.99 (32.27)		
16 McLamb, Sara Beth	JR	Millbrook	1:00.01	1
27.78		1:00.01 (32.23)		
17 Evans, Alyssa	JR	Holly Springs	1:00.27	
28.32		1:00.27 (31.95)		
18 Hurlburt, Gillian	JR	Green Hope	1:00.89	
28.14		1:00.89 (32.75)		
19 Fullerton, Mikaela	SO	Apex	1:00.99	
28.34		1:00.99 (32.65)		
20 Walton, Ashlyn	SO	Leesville Road	1:01.02	
28.80		1:01.02 (32.22)		
21 Spain, Cameron	SR	Panther Creek	1:02.69	
27.99		1:02.69 (34.70)		
22 Ball, Emily	FR	Hoggard	1:03.25	
28.96		1:03.25 (34.29)		
23 Ryan, Natalya	JR	Cary	1:05.15	
30.12		1:05.15 (35.03)		
24 Kate, Pottle	SO	New Hanover	1:05.39	
30.01		1:05.39 (35.38)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 12 Men 100 Yard Butterfly

49.23 AA-A

50.16 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Troxler, Garrett	SR	Cary	49.56	AA-C 20
22.96		49.56 (26.60)		
2 Brown, Zach	JR	Athens Drive	49.77	AA-C 17
23.73		49.77 (26.04)		
3 Healy, John	JR	Green Hope	50.62	16
24.00		50.62 (26.62)		
4 Lucht, Stephen	SO	Sanderson	51.40	15
24.00		51.40 (27.40)		
5 Ssengonzi, Jesse	FR	Green Hope	52.19	14
23.89		52.19 (28.30)		
6 Compton, Peter	SR	Panther Creek	52.26	13
24.64		52.26 (27.62)		
7 Kring, Jaden	FR	Sanderson	52.37	12
24.06		52.37 (28.31)		
8 Wahlen, David	SO	Athens Drive	52.87	11
24.48		52.87 (28.39)		
9 Dellarova, Derek	SR	Enloe	53.08	9
24.44		53.08 (28.64)		
10 Cotter, Colin	FR	Green Hope	53.25	7
24.96		53.25 (28.29)		
11 Settlemyre, Jeffrey	FR	Hoggard	53.30	6
24.34		53.30 (28.96)		
12 Barker, Chris	FR	Panther Creek	54.54	5
25.66		54.54 (28.88)		
13 Rettamel, Connor	JR	Apex Friendship	55.14	4
25.49		55.14 (29.65)		
14 Watts, Joseph	JR	Enloe	55.43	3
26.48		55.43 (28.95)		
15 Rendon, Kolby	SO	Middle Creek	56.19	2
26.14		56.19 (30.05)		
16 Harloff, Trey	JR	Apex Friendship	56.20	1
25.72		56.20 (30.48)		
17 Benson, Zach	SO	Broughton	56.39	
25.97		56.39 (30.42)		
18 Tillery, Seth	FR	Conley, D. H.	56.51	
26.70		56.51 (29.81)		
19 Vaeth, David	SO	Sanderson	56.83	
26.15		56.83 (30.68)		
20 Esteves, Alexander	JR	Holly Springs	56.87	
26.76		56.87 (30.11)		
21 Ziller, Christian	JR	Apex Friendship	56.89	
26.40		56.89 (30.49)		
22 Cuany, Torin	SR	Apex	57.55	
26.63		57.55 (30.92)		
23 O'Laughlin, Brandon	JR	Holly Springs	58.05	
26.81		58.05 (31.24)		
--- Horvath, Robert	SR	Heritage	DFS	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 13 Women 100 Yard Freestyle

50.50 AA-A

51.27 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Countie, Grace	JR	Leesville Road	50.37	AA-A 20
23.96		50.37 (26.41)		
2 Medlin, Samantha	SR	Green Hope	51.19	AA-C 17
24.58		51.19 (26.61)		
3 Torres, Svea	JR	Conley, D. H.	51.35	16
24.78		51.35 (26.57)		
4 Despres, Morgan	JR	Conley, D. H.	51.75	15
25.05		51.75 (26.70)		
5 Cera, Adrianna	SO	Millbrook	52.98	14
25.32		52.98 (27.66)		
6 Toburen, Abigail	SR	Leesville Road	53.01	13
25.64		53.01 (27.37)		
7 Fulcher, Caroline	SO	Sanderson	53.14	12
25.37		53.14 (27.77)		
8 Medlin, Lauren	SO	Green Hope	53.25	11
25.21		53.25 (28.04)		
9 Morgan, Brooke	SO	Leesville Road	53.27	9
25.48		53.27 (27.79)		
10 Diacumakos, Alexandria	SR	Apex	53.42	7
25.66		53.42 (27.76)		
11 Watts, Charlotte	SR	Middle Creek	53.51	6
26.09		53.51 (27.42)		
12 Tart, Bethany	FR	South Central	54.38	5
26.08		54.38 (28.30)		
13 Lawrence, Regan		Green Hope	54.50	4
25.70		54.50 (28.80)		
14 Bazinet, Laurie-Anne	FR	Hoggard	54.69	3
26.18		54.69 (28.51)		
15 Frank, Jessie	SO	Leesville Road	54.76	2
26.00		54.76 (28.76)		
16 Fulford, Hanna	SO	Apex	55.05	1
26.50		55.05 (28.55)		
17 Heineman, Ashley	SR	Millbrook	55.07	
26.00		55.07 (29.07)		
18 Clack, Carrington	SO	Garner	55.43	
26.38		55.43 (29.05)		
19 Cornea, Andreea	FR	Green Hope	55.58	
26.55		55.58 (29.03)		
20 Chando, Reese	JR	Enloe	55.65	
26.24		55.65 (29.41)		
21 Zhu, Caroline	FR	Enloe	56.69	
26.79		56.69 (29.90)		
22 Kate, Pottle	SO	New Hanover	57.22	
27.51		57.22 (29.71)		
23 Julian, Helen	JR	Apex	58.68	
28.11		58.68 (30.57)		
24 McLamb, Sara Beth	JR	Millbrook	59.75	
28.20		59.75 (31.55)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 14 Men 100 Yard Freestyle

45.14 AA-A

45.86 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Messenger, Jack	SR	Broughton	45.57	AA-C 20
22.17		45.57 (23.40)		
2 Downs, Bradley	SR	Conley, D. H.	46.39	17
22.21		46.39 (24.18)		
3 Plewniak, Kevin	JR	Middle Creek	47.50	16
23.05		47.50 (24.45)		
4 Brown, Taye	SO	Wakefield	47.85	15
23.29		47.85 (24.56)		
5 Demko, Jonathan	JR	Panther Creek	48.20	14
22.55		48.20 (25.65)		
6 Pigg, Hunter	JR	Millbrook	48.22	13
23.00		48.22 (25.22)		
7 Tuenker, Leo	SR	Wakefield	48.34	12
22.91		48.34 (25.43)		
8 Mintz, Andrew	JR	Middle Creek	48.39	11
23.08		48.39 (25.31)		
9 Howe, Carter	SR	Hoggard	48.53	9
23.31		48.53 (25.22)		
10 Grotjohn, Jack	JR	Cary	49.41	7
23.96		49.41 (25.45)		
11 Hensley, Noah	SO	Enloe	49.42	6
23.74		49.42 (25.68)		
*12 Thomas, Cameron	FR	Athens Drive	49.53	4.50
23.65		49.53 (25.88)		
*12 Speerschneider, Zach	SO	Leesville Road	49.53	4.50
23.38		49.53 (26.15)		
*14 Benton, Kyle	SR	Apex	49.63	2.50
23.67		49.63 (25.96)		
*14 Johnson, Bryson	FR	Enloe	49.63	2.50
23.85		49.63 (25.78)		
16 Messina, Anthony	SR	New Hanover	49.97	1
24.11		49.97 (25.86)		
17 Li, Ryan	JR	Enloe	50.07	
24.18		50.07 (25.89)		
18 Curlee, Mitch	SO	Green Hope	50.25	
23.87		50.25 (26.38)		
19 Qualle, Ethan	JR	Millbrook	50.27	
24.28		50.27 (25.99)		
20 King, Tyler	JR	Heritage	50.78	
23.50		50.78 (27.28)		
21 Smith, Ian	SO	Holly Springs	50.82	
24.20		50.82 (26.62)		
22 Wylie, Jacob	JR	Sanderson	51.38	
24.76		51.38 (26.62)		
23 Caravaglio, Andrew	SR	New Hanover	51.59	
24.39		51.59 (27.20)		
--- Howard, Finn	SO	Hoggard	DQ	
24.07		DQ (25.64)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 15 Women 500 Yard Freestyle

4:52.43 AA-A

4:57.48 AA-C All-America

Name	Yr	School	Finals Time		Points
1 Pozder, Ana	JR	Apex	4:52.36	AA-A	20
26.34	54.86 (28.52)	1:24.19 (29.33)	1:53.75 (29.56)		
2:23.44 (29.69)	2:53.51 (30.07)	3:23.52 (30.01)	3:53.68 (30.16)		
4:23.52 (29.84)	4:52.36 (28.84)				
2 Vetrano, Alexis	SR	Leesville Road	4:54.50	AA-C	17
26.92	56.49 (29.57)	1:26.56 (30.07)	1:56.84 (30.28)		
2:26.97 (30.13)	2:57.20 (30.23)	3:26.88 (29.68)	3:56.75 (29.87)		
4:25.89 (29.14)	4:54.50 (28.61)				
3 Haney, Kenna	FR	Sanderson	5:01.17		16
26.50	56.08 (29.58)	1:26.38 (30.30)	1:56.88 (30.50)		
2:27.47 (30.59)	2:58.10 (30.63)	3:29.03 (30.93)	4:00.04 (31.01)		
4:31.14 (31.10)	5:01.17 (30.03)				
4 Ray, Amanda	FR	Leesville Road	5:04.98		15
26.80	57.03 (30.23)	1:28.17 (31.14)	1:59.54 (31.37)		
2:30.98 (31.44)	3:01.95 (30.97)	3:32.97 (31.02)	4:04.75 (31.78)		
4:35.57 (30.82)	5:04.98 (29.41)				
5 Conroy, Erin	SR	Apex	5:05.31		14
28.86	59.17 (30.31)	1:29.52 (30.35)	1:59.85 (30.33)		
2:30.16 (30.31)	3:00.87 (30.71)	3:31.62 (30.75)	4:02.94 (31.32)		
4:34.36 (31.42)	5:05.31 (30.95)				
6 Brodnick, Ashley	JR	Leesville Road	5:05.87		13
27.44	57.94 (30.50)	1:28.94 (31.00)	1:59.95 (31.01)		
2:31.22 (31.27)	3:02.52 (31.30)	3:33.67 (31.15)	4:05.22 (31.55)		
4:36.14 (30.92)	5:05.87 (29.73)				
7 Soleo, Lauren	JR	Panther Creek	5:05.89		12
27.35	56.92 (29.57)	1:27.31 (30.39)	1:58.40 (31.09)		
2:29.47 (31.07)	3:00.53 (31.06)	3:32.18 (31.65)	4:03.84 (31.66)		
4:35.12 (31.28)	5:05.89 (30.77)				
8 Martin, Cara	SR	Clayton	5:08.31		10
27.80	57.93 (30.13)	1:28.90 (30.97)	2:00.40 (31.50)		
2:31.95 (31.55)	3:03.49 (31.54)	3:35.13 (31.64)	4:06.64 (31.51)		
4:38.30 (31.66)	5:08.31 (30.01)				
9 Pilecki, Sarah	SO	Apex	5:08.31		10
27.74	58.18 (30.44)	1:29.20 (31.02)	2:00.45 (31.25)		
2:31.73 (31.28)	3:03.15 (31.42)	3:35.00 (31.85)	4:06.83 (31.83)		
4:38.24 (31.41)	5:08.31 (30.07)				
10 Bridgham, Kayla	SO	Athens Drive	5:10.91		7
27.74	58.09 (30.35)	1:29.30 (31.21)	2:00.55 (31.25)		
2:31.81 (31.26)	3:03.42 (31.61)	3:35.70 (32.28)	4:08.10 (32.40)		
4:39.75 (31.65)	5:10.91 (31.16)				
11 Brynn, Jewell	SO	New Hanover	5:12.41		6
27.37	58.01 (30.64)	1:29.48 (31.47)	2:01.13 (31.65)		
2:33.14 (32.01)	3:05.00 (31.86)	3:37.33 (32.33)	4:09.65 (32.32)		
4:41.56 (31.91)	5:12.41 (30.85)				
12 Kempf, Stella	SO	Broughton	5:18.22		5
28.48	59.66 (31.18)	1:31.44 (31.78)	2:03.79 (32.35)		
2:36.19 (32.40)	3:08.61 (32.42)	3:41.05 (32.44)	4:13.54 (32.49)		
4:46.13 (32.59)	5:18.22 (32.09)				

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## (Event 15 Women 500 Yard Freestyle)

	Name	Yr	School	Finals Time		Points
13	Walton, Ashlyn	SO	Leesville Road	5:19.50		4
	28.69	59.67 (30.98)	1:31.50 (31.83)	2:03.77 (32.27)		
	2:36.38 (32.61)	3:08.98 (32.60)	3:41.81 (32.83)	4:14.93 (33.12)		
	4:48.10 (33.17)	5:19.50 (31.40)				
14	Danielsen, Samantha	FR	Apex	5:21.20		3
	27.85	58.93 (31.08)	1:30.73 (31.80)	2:02.90 (32.17)		
	2:36.00 (33.10)	3:09.41 (33.41)	3:42.46 (33.05)	4:16.28 (33.82)		
	4:49.64 (33.36)	5:21.20 (31.56)				
15	Burns, Abigail	SO	Conley, D. H.	5:21.44		2
	27.48	58.86 (31.38)	1:31.05 (32.19)	2:03.42 (32.37)		
	2:35.94 (32.52)	3:08.58 (32.64)	3:41.81 (33.23)	4:15.49 (33.68)		
	4:48.74 (33.25)	5:21.44 (32.70)				
16	Jewell, Aleta	SR	New Hanover	5:21.85		1
	28.54	59.81 (31.27)	1:31.62 (31.81)	2:03.99 (32.37)		
	2:36.89 (32.90)	3:09.98 (33.09)	3:43.47 (33.49)	4:16.59 (33.12)		
	4:49.90 (33.31)	5:21.85 (31.95)				
17	Guo, Vivian	FR	Panther Creek	5:26.46		
	28.87	1:00.55 (31.68)	1:33.14 (32.59)	2:05.82 (32.68)		
	2:38.99 (33.17)	3:12.33 (33.34)	3:45.77 (33.44)	4:19.57 (33.80)		
	4:53.64 (34.07)	5:26.46 (32.82)				
18	Van Luvender, Harley	SO	Green Hope	5:32.34		
	29.07	1:00.99 (31.92)	1:33.45 (32.46)	2:06.66 (33.21)		
	2:40.31 (33.65)	3:14.19 (33.88)	3:48.55 (34.36)	4:23.47 (34.92)		
	4:58.32 (34.85)	5:32.34 (34.02)				
19	Kustka, Emily	SO	Panther Creek	5:37.91		
	30.68	1:04.33 (33.65)	1:38.26 (33.93)	2:12.48 (34.22)		
	2:46.48 (34.00)	3:20.67 (34.19)	3:55.36 (34.69)	4:29.88 (34.52)		
	5:04.30 (34.42)	5:37.91 (33.61)				
20	Walker, Bryn	SR	Green Hope	5:40.23		
	30.62	1:05.37 (34.75)	1:40.53 (35.16)	2:15.61 (35.08)		
	2:49.96 (34.35)	3:24.03 (34.07)	3:58.25 (34.22)	4:32.45 (34.20)		
	5:06.80 (34.35)	5:40.23 (33.43)				
21	Ryan, Erin	JR	Cary	5:40.59		
	30.54	1:04.23 (33.69)	1:38.75 (34.52)	2:13.57 (34.82)		
	2:48.32 (34.75)	3:23.20 (34.88)	3:58.39 (35.19)	4:33.32 (34.93)		
	5:07.83 (34.51)	5:40.59 (32.76)				
22	Allara, Bella	FR	Green Hope	5:41.88		
	30.05	1:03.51 (33.46)	1:38.25 (34.74)	2:13.50 (35.25)		
	2:48.22 (34.72)	3:22.95 (34.73)	3:57.77 (34.82)	4:32.84 (35.07)		
	5:08.19 (35.35)	5:41.88 (33.69)				
23	Overton, Sam	FR	Enloe	5:44.26		
	30.05	1:04.10 (34.05)	1:38.91 (34.81)	2:14.24 (35.33)		
	2:49.91 (35.67)	3:25.14 (35.23)	4:00.82 (35.68)	4:36.08 (35.26)		
	5:10.73 (34.65)	5:44.26 (33.53)				
24	Gernhard, Arianna	FR	Garner	5:59.03		
	30.64	1:04.92 (34.28)	1:40.69 (35.77)	2:17.01 (36.32)		
	2:53.82 (36.81)	3:30.50 (36.68)	4:08.13 (37.63)	4:45.40 (37.27)		
	5:22.61 (37.21)	5:59.03 (36.42)				

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

Swimming &amp; Diving

Results

## Event 15S Women 500 Yard Freestyle Swim-off

4:52.43 AA-A

4:57.48 AA-C All-America

Name	Yr	School	Finals Time			
<b>- Swim-off</b>						
1	Martin, Cara	SR Clayton	5:07.29			
	27.81	58.11 (30.30)	1:29.10 (30.99)	2:00.24 (31.14)		
	2:31.52 (31.28)	3:02.71 (31.19)	3:34.15 (31.44)	4:05.45 (31.30)		
	4:36.57 (31.12)	5:07.29 (30.72)				
2	Pilecki, Sarah	SO Apex	5:09.46			
	27.33	57.81 (30.48)	1:29.26 (31.45)	2:00.69 (31.43)		
	2:32.39 (31.70)	3:03.93 (31.54)	3:35.54 (31.61)	4:07.68 (32.14)		
	4:39.16 (31.48)	5:09.46 (30.30)				

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 16 Men 500 Yard Freestyle

4:29.69 AA-A

4:34.26 AA-C All-America

Name	Yr	School	Finals Time			Points
1 Kawaguchi, Rhys	SR	Cary	4:39.74			20
	25.69	54.12 (28.43)	1:22.78 (28.66)	1:51.46 (28.68)		
	2:20.20 (28.74)	2:48.65 (28.45)	3:17.10 (28.45)	3:45.40 (28.30)		
	4:13.38 (27.98)	4:39.74 (26.36)				
2 Legge, Josh	JR	Millbrook	4:41.31			17
	25.69	54.22 (28.53)	1:22.80 (28.58)	1:51.50 (28.70)		
	2:20.34 (28.84)	2:48.76 (28.42)	3:17.17 (28.41)	3:45.57 (28.40)		
	4:13.82 (28.25)	4:41.31 (27.49)				
3 Jaynes, Matthew	JR	Apex	4:43.66			16
	26.20	54.88 (28.68)	1:24.25 (29.37)	1:53.57 (29.32)		
	2:23.04 (29.47)	2:51.88 (28.84)	3:20.26 (28.38)	3:48.48 (28.22)		
	4:16.54 (28.06)	4:43.66 (27.12)				
4 Phillips, Jacob	SR	Leesville Road	4:45.23			15
	26.00	54.76 (28.76)	1:24.12 (29.36)	1:53.55 (29.43)		
	2:23.17 (29.62)	2:52.21 (29.04)	3:20.71 (28.50)	3:49.28 (28.57)		
	4:17.62 (28.34)	4:45.23 (27.61)				
5 Hollet, Drew	SO	Athens Drive	4:45.29			14
	26.46	55.52 (29.06)	1:25.22 (29.70)	1:54.57 (29.35)		
	2:22.33 (27.76)	2:50.51 (28.18)	3:19.34 (28.83)	3:48.66 (29.32)		
	4:17.32 (28.66)	4:45.29 (27.97)				
6 Moran, Smith	SR	Broughton	4:45.99			13
	25.84	54.66 (28.82)	1:23.87 (29.21)	1:53.21 (29.34)		
	2:22.48 (29.27)	2:51.00 (28.52)	3:19.84 (28.84)	3:49.06 (29.22)		
	4:17.97 (28.91)	4:45.99 (28.02)				
7 Quinn, Sean	JR	Wakefield	4:46.92			12
	25.87	54.78 (28.91)	1:24.01 (29.23)	1:53.28 (29.27)		
	2:22.92 (29.64)	2:51.55 (28.63)	3:20.52 (28.97)	3:49.34 (28.82)		
	4:18.39 (29.05)	4:46.92 (28.53)				
8 Carter, Jared	FR	Green Hope	4:47.59			11
	25.63	53.65 (28.02)	1:22.59 (28.94)	1:51.75 (29.16)		
	2:21.18 (29.43)	2:50.45 (29.27)	3:19.80 (29.35)	3:49.21 (29.41)		
	4:18.61 (29.40)	4:47.59 (28.98)				
9 Washburn, David	SO	Broughton	4:49.55			9
	26.40	55.58 (29.18)	1:25.39 (29.81)	1:54.93 (29.54)		
	2:24.71 (29.78)	2:53.83 (29.12)	3:23.04 (29.21)	3:52.39 (29.35)		
	4:21.26 (28.87)	4:49.55 (28.29)				
10 Pelt, Nathaniel	JR	Green Hope	4:54.82			7
	25.90	54.55 (28.65)	1:24.21 (29.66)	1:54.36 (30.15)		
	2:24.84 (30.48)	2:55.08 (30.24)	3:25.35 (30.27)	3:55.64 (30.29)		
	4:25.49 (29.85)	4:54.82 (29.33)				
11 Georges, Dylan	FR	Panther Creek	4:56.94			6
	26.72	56.23 (29.51)	1:26.21 (29.98)	1:56.45 (30.24)		
	2:27.06 (30.61)	2:57.33 (30.27)	3:27.63 (30.30)	3:57.81 (30.18)		
	4:27.81 (30.00)	4:56.94 (29.13)				
12 Satterfield, Shaw	FR	Green Hope	4:57.24			5
	26.10	55.32 (29.22)	1:25.22 (29.90)	1:55.67 (30.45)		
	2:26.48 (30.81)	2:57.44 (30.96)	3:28.22 (30.78)	3:58.59 (30.37)		
	4:28.95 (30.36)	4:57.24 (28.29)				

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## (Event 16 Men 500 Yard Freestyle)

	Name	Yr	School				Finals Time	Points
13	Landry, Andrew	JR	Conley, D. H.				4:57.76	4
	26.30	55.56 (29.26)	1:25.81 (30.25)	1:56.49 (30.68)				
	2:27.04 (30.55)	2:57.12 (30.08)	3:27.25 (30.13)	3:57.95 (30.70)				
	4:28.27 (30.32)	4:57.76 (29.49)						
14	Soleo, Will	FR	Panther Creek				4:57.83	3
	26.73	56.74 (30.01)	1:26.99 (30.25)	1:57.40 (30.41)				
	2:27.78 (30.38)	2:58.46 (30.68)	3:28.55 (30.09)	3:59.03 (30.48)				
	4:28.85 (29.82)	4:57.83 (28.98)						
15	Dennison, Conner	SO	Conley, D. H.				5:01.31	2
	26.05	55.42 (29.37)	1:25.62 (30.20)	1:56.23 (30.61)				
	2:27.02 (30.79)	2:57.80 (30.78)	3:28.89 (31.09)	4:00.18 (31.29)				
	4:31.34 (31.16)	5:01.31 (29.97)						
16	Tucker, Samuel	SR	Cary				5:01.87	1
	26.95	56.64 (29.69)	1:26.70 (30.06)	1:56.97 (30.27)				
	2:27.51 (30.54)	2:58.42 (30.91)	3:29.30 (30.88)	4:00.40 (31.10)				
	4:31.85 (31.45)	5:01.87 (30.02)						
17	Hastings, Jack	FR	Rose, J. H.				5:02.28	
	26.75	55.98 (29.23)	1:26.59 (30.61)	1:57.39 (30.80)				
	2:28.25 (30.86)	2:59.19 (30.94)	3:30.13 (30.94)	4:01.24 (31.11)				
	4:31.94 (30.70)	5:02.28 (30.34)						
18	Hughes, Spencer	SO	Panther Creek				5:07.74	
	26.39	56.19 (29.80)	1:27.00 (30.81)	1:58.65 (31.65)				
	2:30.95 (32.30)	3:02.65 (31.70)	3:34.29 (31.64)	4:06.08 (31.79)				
	4:37.69 (31.61)	5:07.74 (30.05)						
19	Long, Christopher	SR	Heritage				5:07.91	
	26.87	57.36 (30.49)	1:28.95 (31.59)	2:00.85 (31.90)				
	2:32.21 (31.36)	3:03.65 (31.44)	3:35.24 (31.59)	4:06.64 (31.40)				
	4:37.80 (31.16)	5:07.91 (30.11)						
20	Martinez, Roman	FR	Fuquay-Varina				5:09.37	
	27.86	57.86 (30.00)	1:28.95 (31.09)	1:59.99 (31.04)				
	2:31.35 (31.36)	3:03.02 (31.67)	3:34.92 (31.90)	4:06.93 (32.01)				
	4:38.66 (31.73)	5:09.37 (30.71)						
21	Roberts, Grayson	FR	Sanderson				5:13.58	
	27.84	58.40 (30.56)	1:29.69 (31.29)	2:01.96 (32.27)				
	2:34.60 (32.64)	3:06.75 (32.15)	3:38.39 (31.64)	4:10.16 (31.77)				
	4:42.18 (32.02)	5:13.58 (31.40)						
22	Cubillos, Mateo	JR	Holly Springs				5:18.62	
	27.71	58.74 (31.03)	1:30.37 (31.63)	2:02.60 (32.23)				
	2:35.06 (32.46)	3:07.68 (32.62)	3:40.61 (32.93)	4:13.38 (32.77)				
	4:46.36 (32.98)	5:18.62 (32.26)						
23	Donnelly, Jason	FR	Millbrook				5:26.24	
	28.61	1:00.34 (31.73)	1:33.17 (32.83)	2:06.83 (33.66)				
	2:39.99 (33.16)	3:13.16 (33.17)	3:46.07 (32.91)	4:19.44 (33.37)				
	4:53.25 (33.81)	5:26.24 (32.99)						
---	Payne, Davis	JR	Millbrook				DFS	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 17 Women 200 Yard Freestyle Relay

1:35.85 AA-A

1:37.39 AA-C All-America

Team	Relay			Finals Time	Points
1 Leesville Road				1:37.05 AA-C	40
1) Newton, Grace SO	2) Frank, Jessie SO	3) McCauley, Ashley SO	4) Countie, Grace JR		
24.31	49.08 (24.77)	1:14.07 (24.99)	1:37.05 (22.98)		
2 Green Hope				1:37.27 AA-C	34
1) Lawrence, Regan	2) Medlin, Samantha SR	3) Ssengonzi, Rebecca JR	4) Medlin, Lauren SO		
24.87	48.74 (23.87)	1:13.72 (24.98)	1:37.27 (23.55)		
3 Conley, D. H.				1:38.30	32
1) Torres, Svea JR	2) Despres, Morgan JR	3) Kohake, Virginia JR	4) Burns, Abigail SO		
23.71	47.69 (23.98)	1:13.25 (25.56)	1:38.30 (25.05)		
4 Enloe				1:38.89	30
1) Chando, Reese JR	2) Zhu, Caroline FR	3) Li, Cynthia SR	4) Morrell, Lily JR		
24.45	50.20 (25.75)	1:14.67 (24.47)	1:38.89 (24.22)		
5 Sanderson				1:39.30	28
1) Fulcher, Caroline SO	2) Carlson, Alicia SO	3) Keever, Caroline FR	4) Haney, Kenna FR		
24.67	49.97 (25.30)	1:15.05 (25.08)	1:39.30 (24.25)		
6 Apex				1:39.45	26
1) DeCaro, Emma JR	2) Fulford, Hanna SO	3) Pozder, Ema SO	4) Pozder, Ana JR		
24.83	49.80 (24.97)	1:15.10 (25.30)	1:39.45 (24.35)		
7 Broughton				1:40.25	24
1) Harvey, Carson SR	2) Smalto, Alexandra SR	3) Brewer, Genna SR	4) Baric, Maria FR		
25.88	52.03 (26.15)	1:16.44 (24.41)	1:40.25 (23.81)		
8 Panther Creek				1:42.42	22
1) Li, Heather JR	2) Torre-Nieto, Paula SR	3) Rutledge, Abby JR	4) Soleo, Lauren JR		
24.72	52.00 (27.28)	1:17.78 (25.78)	1:42.42 (24.64)		
9 Athens Drive				1:43.71	18
1) Post, Caroline SO	2) Bridgham, Kayla SO	3) Tate, Mallory JR	4) Young, Neeva SR		
26.43	52.01 (25.58)	1:18.69 (26.68)	1:43.71 (25.02)		
10 Heritage				1:44.08	14
1) Grasso, Aynslee FR	2) Maxwell, Angela JR	3) Roy, Baylee SR	4) Lipscomb, Madison JR		
25.67	55.66 (29.99)	1:18.82 (23.16)	1:44.08 (25.26)		
11 Apex Friendship				1:44.15	12
1) Johnson, Maddie FR	2) Swenson, Sophia FR	3) McGrath, Natalie SO	4) Carson, Megan FR		
26.82	52.61 (25.79)	1:18.99 (26.38)	1:44.15 (25.16)		
12 Hoggard				1:44.69	10
1) Wells, Mary FR	2) McCullough, Maggie SR	3) Boone, Michaela SR	4) Bazinet, Laurie-Anne FR		
26.21	52.83 (26.62)	1:18.73 (25.90)	1:44.69 (25.96)		
13 Rolesville				1:44.93	8
1) Moody, Maegan FR	2) Cao, Madorie FR	3) Uveges, Avalon FR	4) Hauser, Genny FR		
27.37	53.42 (26.05)	1:19.93 (26.51)	1:44.93 (25.00)		
14 New Hanover				1:45.62	6
1) Brynn, Jewell SO	2) Jewell, Aleta SR	3) Jones, Charlotte SR	4) Kate, Pottle SO		
26.53	52.99 (26.46)	1:19.34 (26.35)	1:45.62 (26.28)		
15 Rose, J. H.				1:48.72	4
1) Becker, Carina	2) Eason, Corry SO	3) Gibson, Camryn JR	4) Humphreys, Lauren Taylor SR		
26.83	55.11 (28.28)	1:22.66 (27.55)	1:48.72 (26.06)		
16 Middle Creek				1:49.54	2
1) Ruiz-Wilson, Darya JR	2) Schmitz, Augusta	3) Traugot, Laura SR	4) Carter, Danielle SO		
27.48	56.80 (29.32)	1:23.57 (26.77)	1:49.54 (25.97)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

**(Event 17 Women 200 Yard Freestyle Relay)**

Team	Relay			Finals Time	Points
17 Cary				1:49.80	
1) Dunphy, Josaphine FR	2) Barnett, Grace SR	3) Ryan, Erin JR	4) Ryan, Natalya JR		
27.72	54.74 (27.02)	1:22.53 (27.79)	1:49.80 (27.27)		
18 Wake Forest				1:50.66	
1) Smyre, Sophie SO	2) Dion, Hannah	3) Padron, Gwen	4) Rudolph, Olivia SO		
27.53	55.66 (28.13)	1:24.33 (28.67)	1:50.66 (26.33)		
19 Clayton				1:50.87	
1) Gray, Maya	2) Martin, Reagan SO	3) Raynor, Faith	4) Martin, Cara SR		
27.78	54.42 (26.64)	1:23.95 (29.53)	1:50.87 (26.92)		
20 Millbrook				1:50.99	
1) Wheeler, Skylar SR	2) Finnessy, Elizabeth SR	3) Rebne, Taylor JR	4) Hardy, Morgan FR		
27.83	55.94 (28.11)	1:23.73 (27.79)	1:50.99 (27.26)		
21 Laney				1:53.61	
1) Mercer, Evanne SR	2) Eamma, Meghan	3) Kern, Kaitlyn SR	4) Hanks, Kendall SR		
28.03	56.68 (28.65)	1:25.04 (28.36)	1:53.61 (28.57)		
22 Holly Springs				1:54.12	
1) Acheson, Molly	2) Hill, Alyssa	3) Pearson, Rebecca	4) Galloway, Claire SO		
28.15	57.13 (28.98)	1:27.51 (30.38)	1:54.12 (26.61)		
23 Garner				1:54.61	
1) Leischner, Peyton SO	2) French, Caroline	3) Kroll, Kathryn JR	4) Phillips, Hailey JR		
27.85	57.60 (29.75)	1:27.16 (29.56)	1:54.61 (27.45)		
24 Ashley				1:55.51	
1) Kopka, Jaden	2) Divoky, Brenna SO	3) Trout, Megan	4) Gonzalez, Haydee		
30.12	55.96 (25.84)	1:24.98 (29.02)	1:55.51 (30.53)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 18 Men 200 Yard Freestyle Relay

1:24.95 AA-A

1:26.28 AA-C All-America

Team	Relay			Finals Time	Points
1 Athens Drive				1:27.91	40
1) Silver, Chris JR	2) Meade, Grant SR	3) Thomas, Cameron FR	4) Wahlen, David SO		
21.57	43.56 (21.99)	1:05.64 (22.08)	1:27.91 (22.27)		
2 Cary				1:28.89	34
1) McIntyre, Richard JR	2) Rabe, Noah JR	3) Troxler, Garrett SR	4) Kawaguchi, Rhys SR		
22.41	46.30 (23.89)	1:07.13 (20.83)	1:28.89 (21.76)		
3 Apex				1:29.58	32
1) Benton, Kyle SR	2) Laino, Michael JR	3) Lawton, Nick JR	4) Williams, Keaton SR		
22.51	45.16 (22.65)	1:07.27 (22.11)	1:29.58 (22.31)		
4 Enloe				1:29.61	30
1) Li, Ryan JR	2) Chignell, Connor SO	3) Dellarova, Derek SR	4) Johnson, Bryson FR		
22.39	45.50 (23.11)	1:07.34 (21.84)	1:29.61 (22.27)		
5 Hoggard				1:29.90	28
1) Howard, Finn SO	2) Coleman, Adam SR	3) Hannum, Jacob SR	4) Howe, Carter SR		
22.26	44.80 (22.54)	1:07.54 (22.74)	1:29.90 (22.36)		
6 Wakefield				1:29.94	26
1) Brown, Taye SO	2) Carroll, AJ SO	3) Quinn, Sean JR	4) Tuenker, Leo SR		
21.56	45.42 (23.86)	1:07.91 (22.49)	1:29.94 (22.03)		
7 Millbrook				1:29.97	24
1) Pigg, Hunter JR	2) Wright, Thomas JR	3) Griffin, Greg JR	4) Legge, Josh JR		
21.81	44.29 (22.48)	1:07.51 (23.22)	1:29.97 (22.46)		
8 Green Hope				1:30.10	22
1) Dalbo, Connor JR	2) Zhang, Jason SO	3) Cotter, Colin FR	4) Curlee, Mitch SO		
22.82	45.47 (22.65)	1:08.04 (22.57)	1:30.10 (22.06)		
9 Broughton				1:30.42	18
1) Soltis, Richard SR	2) Moran, Smith SR	3) Washburn, David SO	4) Messenger, Jack SR		
22.76	46.31 (23.55)	1:09.69 (23.38)	1:30.42 (20.73)		
10 Conley, D. H.				1:30.58	14
1) Torres, Trevor FR	2) Landry, Andrew JR	3) Woodward, Benji SR	4) Downs, Bradley SR		
22.62	45.79 (23.17)	1:09.30 (23.51)	1:30.58 (21.28)		
11 Panther Creek				1:30.85	12
1) Ockert, Coby FR	2) Taylor, Quinton SR	3) Compton, Peter SR	4) Demko, Jonathan JR		
23.13	46.22 (23.09)	1:08.88 (22.66)	1:30.85 (21.97)		
12 Sanderson				1:31.04	10
1) Wall, Josh FR	2) Becker, Perry FR	3) Macpherson, Ewan FR	4) Wylie, Jacob JR		
22.91	45.89 (22.98)	1:08.48 (22.59)	1:31.04 (22.56)		
13 Heritage				1:32.15	8
1) Maxwell, Anthony JR	2) Horvath, Robert SR	3) Long, Christopher SR	4) King, Tyler JR		
22.66	45.57 (22.91)	1:09.06 (23.49)	1:32.15 (23.09)		
14 Leesville Road				1:33.23	6
1) Schoening, David JR	2) Ierston-Brown, Jacob JR	3) Ierston-Brown, David SR	4) Mabry, Joe SO		
22.95	46.88 (23.93)	1:09.22 (22.34)	1:33.23 (24.01)		
15 Apex Friendship				1:35.01	4
1) Mann, Benjamin SO	2) Benton, Jack FR	3) Carson, Davis FR	4) Harloff, Trey JR		
23.40	46.59 (23.19)	1:11.44 (24.85)	1:35.01 (23.57)		
16 New Hanover				1:35.20	2
1) Caravaglio, Andrew SR	2) Eberhardt, Andrew FR	3) Williams, Harper	4) Messina, Anthony SR		
22.81	47.22 (24.41)	1:12.45 (25.23)	1:35.20 (22.75)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

**(Event 18 Men 200 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>			<b>Finals Time</b>	<b>Points</b>
17	Holly Springs				1:35.86	
	1) Smith, Ian SO	2) Redfield, Daniel SO	3) O'Laughlin, Brandon JR	4) Esteves, Alexander JR		
	22.65	47.93 (25.28)	1:12.17 (24.24)	1:35.86 (23.69)		
18	Rolesville				1:35.96	
	1) Murdock, Connor	2) Creech, Wade JR	3) Gomez, Ronin JR	4) Young, Hunter SO		
	25.22	49.22 (24.00)	1:13.12 (23.90)	1:35.96 (22.84)		
19	Rose, J. H.				1:36.38	
	1) Smith, Sadler FR	2) Leong, Luke FR	3) Hastings, Jack FR	4) Humphreys, Grant SO		
	23.99	49.85 (25.86)	1:13.64 (23.79)	1:36.38 (22.74)		
20	New Bern				1:36.71	
	1) Greene, Nick JR	2) Kirby, Nick SR	3) Rust, Daniel SR	4) Willis, Ford SR		
	23.11	48.12 (25.01)	1:12.56 (24.44)	1:36.71 (24.15)		
21	Wake Forest				1:37.84	
	1) Bezuidenhout, Gideon FR	2) Shea, Eric	3) Gorski, Jordan	4) McLawhorn, Melvin FR		
	23.93	49.02 (25.09)	1:14.64 (25.62)	1:37.84 (23.20)		
22	Harnett Central				1:39.24	
	1) Wallis, Spencer	2) Roberson, Adam	3) McNemar, Lloyd SO	4) Wallis, Trenton JR		
	24.17	50.43 (26.26)	1:15.42 (24.99)	1:39.24 (23.82)		
23	Garner				1:40.22	
	1) Forster, Dalton	2) Mahon, Gavin	3) Martin, Robert	4) Miley, Braydon JR		
	25.47	51.27 (25.80)	1:16.48 (25.21)	1:40.22 (23.74)		
24	Ashley				1:47.37	
	1) Trout, Ryan SR	2) Kelly, Hank	3) Lesko, Cameron FR	4) Baugher, Cameron		
	23.94	52.21 (28.27)	1:17.92 (25.71)	1:47.37 (29.45)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 19 Women 100 Yard Backstroke

55.18 AA-A

56.39 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Moore, Kate	SR	Green Hope	56.56	20
27.46		56.56 (29.10)		
2 Kohut, Jordan	SR	Millbrook	57.62	17
27.67		57.62 (29.95)		
3 Diacumakos, Alexandria	SR	Apex	58.49	16
28.38		58.49 (30.11)		
4 Turner, Haley	FR	Apex Friendship	58.91	15
29.11		58.91 (29.80)		
5 Morgan, Brooke	SO	Leesville Road	59.27	14
28.54		59.27 (30.73)		
6 Carrigan, Anna	SO	Leesville Road	59.32	13
28.30		59.32 (31.02)		
7 Kota, Hannah	JR	Green Hope	59.56	12
28.91		59.56 (30.65)		
8 Grotjohn, Kennedy	FR	Cary	1:00.34	11
29.58		1:00.34 (30.76)		
9 Grasso, Aynslee	FR	Heritage	1:00.51	9
29.14		1:00.51 (31.37)		
*10 Frank, Jessie	SO	Leesville Road	1:00.55	6.50
29.45		1:00.55 (31.10)		
*10 DeCaro, Emma	JR	Apex	1:00.55	6.50
28.96		1:00.55 (31.59)		
12 Martin, Reagan	SO	Clayton	1:01.09	5
29.52		1:01.09 (31.57)		
13 Carson, Megan	FR	Apex Friendship	1:01.74	4
30.13		1:01.74 (31.61)		
14 Zhang, Kara	JR	Enloe	1:01.76	3
29.38		1:01.76 (32.38)		
15 Van Luvender, Harley	SO	Green Hope	1:01.93	2
30.21		1:01.93 (31.72)		
16 Julian, Helen	JR	Apex	1:02.60	1
30.61		1:02.60 (31.99)		
17 Danielsen, Samantha	FR	Apex	1:02.62	
30.32		1:02.62 (32.30)		
18 Spain, Cameron	SR	Panther Creek	1:02.75	
30.31		1:02.75 (32.44)		
19 Honaker, Olivia	FR	Panther Creek	1:03.04	
30.62		1:03.04 (32.42)		
20 Howard, Lane		Hoggard	1:03.11	
30.29		1:03.11 (32.82)		
21 Hurlbert, Katherine	SO	Holly Springs	1:03.90	
31.15		1:03.90 (32.75)		
22 Callahan, Georgia	JR	Heritage	1:06.29	
31.27		1:06.29 (35.02)		
23 Leibold, Sarah	SR	Cary	1:06.71	
31.88		1:06.71 (34.83)		
24 Kohake, Virginia	JR	Conley, D. H.	1:06.77	
32.29		1:06.77 (34.48)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 20 Men 100 Yard Backstroke

49.74 AA-A

51.01 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Healy, John	JR	Green Hope	50.79	20
24.86		50.79 (25.93)		
2 Wahlen, David	SO	Athens Drive	52.09	17
25.53		52.09 (26.56)		
3 Cotter, Colin	FR	Green Hope	52.34	16
25.46		52.34 (26.88)		
4 Hensley, Noah	SO	Enloe	52.40	15
25.45		52.40 (26.95)		
5 Tomlinson, Alex	SO	Apex Friendship	52.82	14
25.80		52.82 (27.02)		
6 Settlemyre, Jeffrey	FR	Hoggard	53.64	13
26.09		53.64 (27.55)		
7 Grotjohn, Jack	JR	Cary	53.71	12
26.37		53.71 (27.34)		
8 Wright, Thomas	JR	Millbrook	53.76	11
25.99		53.76 (27.77)		
9 Lawton, Nick	JR	Apex	54.47	9
26.71		54.47 (27.76)		
*10 Shaver, Zach	SO	Holly Springs	54.68	6.50
26.43		54.68 (28.25)		
*10 Carroll, AJ	SO	Wakefield	54.68	6.50
26.80		54.68 (27.88)		
12 Moore, Michael	FR	Green Hope	54.69	5
26.72		54.69 (27.97)		
13 Benton, Jack	FR	Apex Friendship	54.89	4
26.38		54.89 (28.51)		
14 Asbill, Matthew	SR	Green Hope	54.92	3
26.63		54.92 (28.29)		
15 Sadlowski, Brendon	SR	Heritage	55.26	2
26.67		55.26 (28.59)		
16 Kring, Jaden	FR	Sanderson	55.50	1
26.38		55.50 (29.12)		
17 Berkowitz, Jeremy	SO	Cary	55.52	
27.18		55.52 (28.34)		
18 Heffron, Fisher	FR	Hoggard	56.20	
27.21		56.20 (28.99)		
19 Ghim, Christopher	FR	Panther Creek	57.25	
28.17		57.25 (29.08)		
20 Trout, Ryan	SR	Ashley	57.85	
27.91		57.85 (29.94)		
21 Georges, Dylan	FR	Panther Creek	58.15	
28.60		58.15 (29.55)		
22 Chignell, Connor	SO	Enloe	58.47	
28.21		58.47 (30.26)		
23 Diacumakos, Noah	SO	Apex	1:02.03	
28.23		1:02.03 (33.80)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 21 Women 100 Yard Breaststroke

1:03.03 AA-A

1:04.56 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Poole, Julia 29.86	SR	Middle Creek	1:02.83 AA-A	20
2 McCauley, Ashley 30.17	SO	Leesville Road	1:03.63 AA-C	17
3 Fullerton, Mikaela 29.70	SO	Apex	1:03.94 AA-C	16
4 Heineman, Ashley 30.97	SR	Millbrook	1:06.08	15
5 Baric, Maria 31.41	FR	Broughton	1:06.65	14
6 Divoky, Brenna 31.60	SO	Ashley	1:07.37	13
7 Sanders, Kathryn 31.41	JR	Green Hope	1:07.49	12
8 Newton, Grace 32.05	SO	Leesville Road	1:08.20	11
9 Joyce, Genevieve 32.01	FR	Apex	1:08.44	9
10 Stines, Carly 32.56	JR	Panther Creek	1:08.66	7
11 Li, Cynthia 32.53	SR	Enloe	1:08.72	6
12 Burns, Abigail 32.35	SO	Conley, D. H.	1:08.86	5
13 Gasper, Ashton 32.14	SO	Apex Friendship	1:08.90	4
14 Li, Heather 33.11	JR	Panther Creek	1:10.16	3
15 Anderson, Sophie 32.82	FR	Apex	1:10.61	2
16 Pozder, Ema 33.60	SO	Apex	1:10.89	1
17 Arose, Anika 33.50	SR	Enloe	1:10.92	
18 Carter, Danielle 33.68	SO	Middle Creek	1:11.02	
19 Keever, Caroline 32.89	FR	Sanderson	1:11.06	
20 Smalto, Alexandra 33.78	SR	Broughton	1:11.30	
21 Maxwell, Angela 33.68	JR	Heritage	1:12.06	
22 Zalkind, Grace 34.23	FR	Sanderson	1:12.92	
23 Sundberg, Samantha 33.07	JR	Heritage	1:13.11	
24 Boone, Michaela 33.94	SR	Hoggard	1:14.07	

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 22 Men 100 Yard Breaststroke

56.09 AA-A

57.39 AA-C All-America

Name	Yr	School	Finals Time	Points
1 Dalbo, Connor	JR	Green Hope	58.57	20
27.72		58.57 (30.85)		
2 Baldwin, Daniel	FR	Athens Drive	59.40	17
27.82		59.40 (31.58)		
3 Zhang, Jason	SO	Green Hope	59.60	16
28.30		59.60 (31.30)		
4 Lucht, Sammy	FR	Sanderson	59.78	15
28.43		59.78 (31.35)		
5 Maxwell, Anthony	JR	Heritage	59.87	14
28.43		59.87 (31.44)		
6 Watkins, Wallace	SR	Enloe	1:00.21	13
28.66		1:00.21 (31.55)		
7 Hannum, Jacob	SR	Hoggard	1:00.32	12
28.13		1:00.32 (32.19)		
8 Torres, Trevor	FR	Conley, D. H.	1:00.38	11
28.54		1:00.38 (31.84)		
9 Greene, Nick	JR	New Bern	1:00.66	9
28.83		1:00.66 (31.83)		
10 McIntyre, Richard	JR	Cary	1:00.90	7
28.29		1:00.90 (32.61)		
11 Speerschneider, Zach	SO	Leesville Road	1:01.37	6
29.01		1:01.37 (32.36)		
12 Quinn, Sean	JR	Wakefield	1:01.98	5
28.86		1:01.98 (33.12)		
13 Becker, Perry	FR	Sanderson	1:02.42	4
28.73		1:02.42 (33.69)		
14 Soltis, Richard	SR	Broughton	1:02.69	3
28.90		1:02.69 (33.79)		
15 Short, Connor	SO	Apex	1:03.07	2
29.55		1:03.07 (33.52)		
16 Ssengonzi, Jesse	FR	Green Hope	1:03.31	1
29.55		1:03.31 (33.76)		
17 Meade, Grant	SR	Athens Drive	1:03.46	
29.18		1:03.46 (34.28)		
18 Tjandra, Davin	FR	Panther Creek	1:04.01	
30.37		1:04.01 (33.64)		
19 Bezuidenhout, Gideon	FR	Wake Forest	1:04.56	
30.45		1:04.56 (34.11)		
20 Buitrago, Noel	SR	Garner	1:05.29	
30.65		1:05.29 (34.64)		
21 Whittington, Jeffrey	SO	Broughton	1:06.92	
32.49		1:06.92 (34.43)		
22 Taylor, Quinton	SR	Panther Creek	1:07.59	
30.61		1:07.59 (36.98)		
23 Johnson, Brennan	FR	Millbrook	1:08.31	
32.16		1:08.31 (36.15)		
24 Curran, Connor	SO	Panther Creek	1:08.61	
32.69		1:08.61 (35.92)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 23 Women 400 Yard Freestyle Relay

3:28.27 AA-A

3:31.83 AA-C All-America

Team	Relay			Finals Time	Points
1 Leesville Road				3:31.50 AA-C	40
1) Toburen, Abigail SR	2) Bruno, Hannah JR	3) Vetrano, Alexis SR	4) Morgan, Brooke SO		
25.59	52.90 (52.90)	1:18.26 (25.36)	1:46.79 (53.89)		
2:11.72 (24.93)	2:39.04 (52.25)	3:04.02 (24.98)	3:31.50 (52.46)		
2 Green Hope				3:32.64	34
1) Lawrence, Regan	2) Kota, Hannah JR	3) Moore, Kate SR	4) Medlin, Samantha SR		
25.80	54.47 (54.47)	1:20.42 (25.95)	1:48.98 (54.51)		
2:13.83 (24.85)	2:41.23 (52.25)	3:05.59 (24.36)	3:32.64 (51.41)		
3 Apex				3:34.18	32
1) Pilecki, Sarah SO	2) Conroy, Erin SR	3) Diacumakos, Alexandria SR	4) Pozder, Ana JR		
26.01	53.98 (53.98)	1:19.82 (25.84)	1:48.19 (54.21)		
2:13.38 (25.19)	2:41.85 (53.66)	3:06.98 (25.13)	3:34.18 (52.33)		
4 Enloe				3:38.76	30
1) Zhu, Caroline FR	2) Zhang, Kara JR	3) Li, Cynthia SR	4) Morrell, Lily JR		
26.46	54.88 (54.88)	1:21.11 (26.23)	1:49.88 (55.00)		
2:15.97 (26.09)	2:44.87 (54.99)	3:10.26 (25.39)	3:38.76 (53.89)		
5 Middle Creek				3:39.43	28
1) Watts, Charlotte SR	2) Traugot, Laura SR	3) Ruiz-Wilson, Darya JR	4) Poole, Julia SR		
25.87	53.51 (53.51)	1:21.57 (28.06)	1:52.20 (58.69)		
2:19.15 (26.95)	2:48.14 (55.94)	3:12.66 (24.52)	3:39.43 (51.29)		
6 Apex Friendship				3:39.91	26
1) Turner, Haley FR	2) Whiteman, Molly SO	3) Murtaugh, Emma FR	4) Gasper, Ashton SO		
26.91	55.71 (55.71)	1:21.65 (25.94)	1:50.49 (54.78)		
2:16.83 (26.34)	2:46.21 (55.72)	3:39.91 (53.70)			
7 Millbrook				3:41.02	24
1) McLamb, Sara Beth JR	2) Cera, Adrianna SO	3) Heineman, Ashley SR	4) Kohut, Jordan SR		
26.83	56.79 (56.79)	1:22.18 (25.39)	1:50.18 (53.39)		
2:16.64 (26.46)	2:46.24 (56.06)	3:11.94 (25.70)	3:41.02 (54.78)		
8 Broughton				3:42.47	22
1) Harvey, Carson SR	2) Kempf, Stella SO	3) Brewer, Genna SR	4) Baric, Maria FR		
27.88	58.65 (58.65)	1:25.59 (26.94)	1:55.67 (57.02)		
2:21.37 (25.70)	2:49.86 (54.19)	3:14.79 (24.93)	3:42.47 (52.61)		
9 Panther Creek				3:42.49	18
1) Rutledge, Abby JR	2) Candelaria, Bianca SO	3) Guo, Vivian FR	4) Soleo, Lauren JR		
26.43	55.27 (55.27)	1:22.26 (26.99)	1:51.92 (56.65)		
2:19.59 (27.67)	2:49.55 (57.63)	3:14.69 (25.14)	3:42.49 (52.94)		
10 Rolesville				3:50.64	14
1) Moody, Maegan FR	2) Cao, Madorie FR	3) Uveges, Avalon FR	4) Hauser, Genny FR		
28.97	1:00.32 (1:00.32)	1:27.79 (27.47)	1:57.66 (57.34)		
	2:56.30 (58.64)	3:22.11 (25.81)	3:50.64 (54.34)		
11 Wakefield				3:52.19	12
1) James, Marissa	2) Hernandez, Alexis	3) Elms, Brennan	4) Myhrvold, Mathea SO		
27.41	57.15 (57.15)	1:25.90 (28.75)	1:57.87 (1:00.72)		
2:26.30 (28.43)	2:58.43 (1:00.56)	3:23.66 (25.23)	3:52.19 (53.76)		
12 Hoggard				3:52.62	10
1) Hyidahl, Aubrey	2) McCullough, Maggie SR	3) Wells, Mary FR	4) Bazinet, Laurie-Anne FR		
28.76	59.78 (59.78)	1:26.83 (27.05)	1:57.82 (58.04)		
2:25.97 (28.15)	2:57.06 (59.24)	3:23.71 (26.65)	3:52.62 (55.56)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## (Event 23 Women 400 Yard Freestyle Relay)

Team	Relay				Finals Time	Points
13 New Hanover					3:52.72	8
1) Brynn, Jewell SO	2) Jewell, Aleta SR	3) Lucy, Gittings SO	4) Kate, Pottle SO			
26.89	56.41 (56.41)	1:23.17 (26.76)	1:53.00 (56.59)			
	2:55.48 (1:02.48)	3:22.78 (27.30)	3:52.72 (57.24)			
14 Cary					3:52.83	6
1) Ryan, Natalya JR	2) Ryan, Erin JR	3) Leibold, Sarah SR	4) Grotjohn, Kennedy FR			
28.00	58.50 (58.50)	1:27.22 (28.72)	1:58.50 (1:00.00)			
2:26.40 (27.90)	2:57.05 (58.55)	3:23.57 (26.52)	3:52.83 (55.78)			
15 Heritage					3:52.95	4
1) Grasso, Aynslee FR	2) Maxwell, Angela JR	3) Roy, Baylee SR	4) Lipscomb, Madison JR			
27.86	58.27 (58.27)	1:26.25 (27.98)	1:57.00 (58.73)			
2:25.83 (28.83)	2:57.42 (1:00.42)	3:24.13 (26.71)	3:52.95 (55.53)			
16 Conley, D. H.					3:53.49	2
1) Hill, Lauren JR	2) Bishop, Ruth SR	3) Bullard, Meredith SO	4) McGee, Ruth FR			
28.16	1:00.41 (1:00.41)	1:26.84 (26.43)	1:58.21 (57.80)			
2:24.97 (26.76)	2:56.10 (57.89)	3:53.49 (57.39)				
17 Athens Drive					3:54.32	
1) Young, Neeva SR	2) Miller, Alexis FR	3) Buscher, Tessa FR	4) Bridgham, Kayla SO			
27.96	57.69 (57.69)	1:27.14 (29.45)	1:58.86 (1:01.17)			
2:27.07 (28.21)	2:58.11 (59.25)	3:24.60 (26.49)	3:54.32 (56.21)			
18 Garner					4:00.77	
1) Leischner, Peyton SO	2) Gernhard, Arianna FR	3) Phillips, Hailey JR	4) Clack, Carrington SO			
28.01	1:00.21 (1:00.21)	1:29.26 (29.05)	2:02.18 (1:01.97)			
2:31.32 (29.14)	3:03.80 (1:01.62)	3:30.66 (26.86)	4:00.77 (56.97)			
19 Sanderson					4:01.20	
1) Patterson, Afton FR	2) Wisz, Emme FR	3) Szwarcop, Eryn FR	4) Moore, Cameron FR			
28.83	1:00.69 (1:00.69)	1:30.74 (30.05)	2:04.22 (1:03.53)			
2:31.66 (27.44)	3:02.45 (58.23)	3:29.90 (27.45)	4:01.20 (58.75)			
20 Holly Springs					4:01.95	
1) Evans, Alyssa B	2) Acheson, Molly	3) Galloway, Claire SO	4) Hurlbert, Katherine R			
27.82	57.97 (57.97)	1:28.84 (30.87)	2:04.49 (1:06.52)			
2:33.30 (28.81)	3:05.22 (1:00.73)	4:01.95 (56.73)				
21 Rose, J. H.					4:06.21	
1) Becker, Carina	2) Eason, Corry SO	3) Gibson, Camryn JR	4) Humphreys, Lauren Taylor SR			
28.48	1:00.27 (1:00.27)	1:31.33 (31.06)	2:05.79 (1:05.52)			
2:35.21 (29.42)	3:07.63 (1:01.84)	3:35.51 (27.88)	4:06.21 (58.58)			
22 Wake Forest					4:08.87	
1) Smyre, Sophie SO	2) Ivery, Raivyn	3) Padron, Gwen	4) Rudolph, Olivia SO			
28.60	59.95 (59.95)	1:31.21 (31.26)	2:04.60 (1:04.65)			
2:35.42 (30.82)	3:11.08 (1:06.48)	3:37.91 (26.83)	4:08.87 (57.79)			
23 Laney					4:14.07	
1) Carpenter, Allison JR	2) Kern, Kaitlyn SR	3) Hanks, Kendall SR	4) Mercer, Evanne SR			
29.80	1:03.66 (1:03.66)	1:33.76 (30.10)	2:07.77 (1:04.11)			
2:38.18 (30.41)	3:12.60 (1:04.83)	3:41.59 (28.99)	4:14.07 (1:01.47)			
24 New Bern					4:19.95	
1) Spann, Sara Rose	2) Elfers, Mahalia	3) Urcinole, Vanessa	4) Dixon, Kathryn			
29.76	1:02.93 (1:02.93)	1:34.13 (31.20)	2:10.17 (1:07.24)			
2:40.85 (30.68)	3:16.93 (1:06.76)	3:46.14 (29.21)	4:19.95 (1:03.02)			

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## Event 24 Men 400 Yard Freestyle Relay

3:06.47 AA-A

3:09.43 AA-C All-America

Team	Relay			Finals Time	Points
1 Cary				3:12.51	40
1) Troxler, Garrett SR	2) Grotjohn, Jack JR	3) Berkowitz, Jeremy SO	4) Kawaguchi, Rhys SR		
22.39	46.70 (46.70)	1:10.09 (23.39)	1:35.49 (48.79)		
1:59.04 (23.55)	2:24.57 (49.08)	2:47.50 (22.93)	3:12.51 (47.94)		
2 Athens Drive				3:14.59	34
1) Silver, Chris JR	2) Thomas, Cameron FR	3) Hollet, Drew SO	4) Brown, Zach JR		
23.51	49.79 (49.79)	1:13.29 (23.50)	1:39.41 (49.62)		
2:02.60 (23.19)	2:27.98 (48.57)	2:50.34 (22.36)	3:14.59 (46.61)		
3 Millbrook				3:15.87	32
1) Qualle, Ethan JR	2) Legge, Josh JR	3) Wright, Thomas JR	4) Pigg, Hunter JR		
23.88	50.11 (50.11)	1:13.41 (23.30)	1:38.87 (48.76)		
2:02.49 (23.62)	2:28.33 (49.46)	2:50.71 (22.38)	3:15.87 (47.54)		
4 Broughton				3:17.01	30
1) Soltis, Richard SR	2) Moran, Smith SR	3) Washburn, David SO	4) Messenger, Jack SR		
24.09	50.71 (50.71)	1:14.43 (23.72)	1:40.59 (49.88)		
2:04.67 (24.08)	2:31.25 (50.66)	2:53.11 (21.86)	3:17.01 (45.76)		
5 Green Hope				3:17.37	28
1) Asbill, Matthew SR	2) Spence, Colton JR	3) Cotter, Colin FR	4) Healy, John JR		
24.01	50.10 (50.10)	1:14.22 (24.12)	1:40.67 (50.57)		
2:03.90 (23.23)	2:29.60 (48.93)	2:52.44 (22.84)	3:17.37 (47.77)		
6 Conley, D. H.				3:17.44	26
1) Woodward, Benji SR	2) Landry, Andrew JR	3) Torres, Trevor FR	4) Downs, Bradley SR		
24.29	50.78 (50.78)	1:14.64 (23.86)	1:40.76 (49.98)		
2:05.00 (24.24)	2:31.12 (50.36)	2:53.35 (22.23)	3:17.44 (46.32)		
7 Enloe				3:17.74	24
1) Johnson, Bryson FR	2) Chignell, Connor SO	3) Dellarova, Derek SR	4) Hensley, Noah SO		
23.28	49.44 (49.44)	1:13.63 (24.19)	1:40.21 (50.77)		
2:03.24 (23.03)	2:28.92 (48.71)	2:52.17 (23.25)	3:17.74 (48.82)		
8 Sanderson				3:18.53	22
1) Kring, Jaden FR	2) Macpherson, Ewan FR	3) Wylie, Jacob JR	4) Lucht, Stephen SO		
23.51	51.83 (51.83)	1:12.39 (20.56)	1:40.19 (48.36)		
2:04.01 (23.82)	2:30.50 (50.31)	2:53.59 (23.09)	3:18.53 (48.03)		
9 Leesville Road				3:19.46	18
1) Speerschneider, Zach SO	2) Ierston-Brown, David SR	3) Ierston-Brown, Jacob JR	4) Phillips, Jacob SR		
23.00	48.83 (48.83)	1:12.39 (23.56)	1:38.39 (49.56)		
2:03.18 (24.79)	2:31.76 (53.37)	2:54.91 (23.15)	3:19.46 (47.70)		
10 Apex				3:19.71	14
1) Williams, Keaton SR	2) Jaynes, Matthew JR	3) Benton, Kyle SR	4) Lawton, Nick JR		
24.05	51.14 (51.14)	1:14.86 (23.72)	1:40.07 (48.93)		
2:04.33 (24.26)	2:30.51 (50.44)	2:53.98 (23.47)	3:19.71 (49.20)		
11 Panther Creek				3:19.87	12
1) Compton, Peter SR	2) Ockert, Coby FR	3) Ghim, Christopher FR	4) Demko, Jonathan JR		
23.83	49.98 (49.98)	1:14.18 (24.20)	1:40.42 (50.44)		
2:04.32 (23.90)	2:31.02 (50.60)	2:53.83 (22.81)	3:19.87 (48.85)		
12 Apex Friendship				3:19.89	10
1) Ziller, Christian JR	2) Benton, Jack FR	3) Rettamel, Connor JR	4) Tomlinson, Alex SO		
24.25	50.77 (50.77)	1:14.14 (23.37)	1:40.49 (49.72)		
2:04.21 (23.72)	2:31.20 (50.71)	2:54.46 (23.26)	3:19.89 (48.69)		

## 2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17

Host: Green Hope HS &amp; Sanderson HS

## Swimming &amp; Diving

## Results

## (Event 24 Men 400 Yard Freestyle Relay)

Team	Relay			Finals Time	Points
13 Heritage				3:24.48	8
1) King, Tyler JR	2) Horvath, Robert SR	3) Long, Christopher SR	4) Maxwell, Anthony JR		
24.09	51.74 (51.74)	1:15.50 (23.76)	1:43.00 (51.26)		
2:07.38 (24.38)	2:34.54 (51.54)	2:58.24 (23.70)	3:24.48 (49.94)		
14 Wakefield				3:25.02	6
1) Carroll, AJ SO	2) Tuenker, Felix	3) Mabunga, Aidan	4) Morton, Byron		
23.65	49.79 (49.79)	1:14.67 (24.88)	1:42.35 (52.56)		
2:05.69 (23.34)	2:32.72 (50.37)	2:57.28 (24.56)	3:25.02 (52.30)		
15 Hoggard				3:25.22	4
1) Settlemyre, Jeffrey FR	2) Coleman, Adam SR	3) Heffron, Fisher FR	4) Zack, Christopher JR		
24.38	51.01 (51.01)	1:15.01 (24.00)	1:42.91 (51.90)		
2:07.62 (24.71)	2:35.27 (52.36)	2:58.64 (23.37)	3:25.22 (49.95)		
16 Middle Creek				3:27.64	2
1) Mintz, Andrew JR	2) Smith, Benjamin JR	3) Rendon, Kolby SO	4) Plewniak, Kevin JR		
23.23	48.08 (48.08)	1:14.87 (26.79)	1:44.76 (56.68)		
2:10.36 (25.60)	2:38.44 (53.68)	3:02.00 (23.56)	3:27.64 (49.20)		
17 Garner				3:33.46	
1) Barbeau, Scott JR	2) Young, Andrew	3) Miley, Braydon JR	4) Buitrago, Noel SR		
25.64	53.97 (53.97)	1:20.03 (26.06)	1:49.16 (55.19)		
2:13.85 (24.69)	2:41.22 (52.06)	3:06.57 (25.35)	3:33.46 (52.24)		
18 New Bern				3:34.36	
1) Kirby, Nick SR	2) Lundberg, Stephen SO	3) Willis, Ford SR	4) Greene, Nick JR		
25.12	53.72 (53.72)	1:19.37 (25.65)	1:49.27 (55.55)		
2:14.73 (25.46)	2:42.12 (52.85)	3:34.36 (52.24)			
19 Rolesville				3:36.14	
1) Murdock, Connor	2) Creech, Wade JR	3) Gomez, Ronin JR	4) Young, Hunter SO		
26.94	56.39 (56.39)	1:21.45 (25.06)	1:51.29 (54.90)		
2:16.18 (24.89)	2:44.32 (53.03)	3:09.14 (24.82)	3:36.14 (51.82)		
20 Wake Forest				3:40.72	
1) Bezuidenhout, Gideon FR	2) Shea, Eric	3) Gorski, Jordan	4) McLawhorn, Melvin FR		
25.50	52.84 (52.84)	1:20.47 (27.63)	1:51.29 (58.45)		
2:17.94 (26.65)	2:49.78 (58.49)	3:13.65 (23.87)	3:40.72 (50.94)		
21 Holly Springs				3:42.49	
1) O'Laughlin, Brandon JR	2) Cubillos, Mateo JR	3) Redfield, Daniel SO	4) Shaver, Zach SO		
25.77	54.77 (54.77)	1:21.14 (26.37)	1:50.59 (55.82)		
2:17.25 (26.66)	2:47.23 (56.64)	3:12.07 (24.84)	3:42.49 (55.26)		
22 Fuquay-Varina				3:50.69	
1) Barber, Drew FR	2) Jones, Jack	3) Mohrman, Justin SO	4) Martinez, Roman FR		
27.72	57.82 (57.82)	1:27.49 (29.67)	1:57.68 (59.86)		
2:25.18 (27.50)	2:55.21 (57.53)	3:21.60 (26.39)	3:50.69 (55.48)		
--- West Johnston				DFS	
1) Pettit, Michael	2) Justice, Ryan	3) Markuson, Blake	4) Faircloth, Chase		
--- New Hanover				DFS	
1) Caravaglio, Andrew SR	2) Weiss, Alex	3) Williams, Harper	4) Eberhardt, Andrew FR		

**2017 4A East NCHSAA Regional Championships - 2/3/17 to 2/4/17****Host: Green Hope HS & Sanderson HS****Swimming & Diving****Results****Scores - Women**Women - Team Rankings - Through Event 24

1. Leesville Road	411	2. Green Hope	303
3. Apex	270	4. Enloe	162
5. Millbrook	137	6. Conley, D. H.	132
7. Apex Friendship	131	8. Sanderson	130
9. Broughton	122	9. Middle Creek	122
11. Panther Creek	93	12. Holly Springs	47
13. Heritage	41	14. Cary	37
15. Clayton	33	16. Hoggard	31
17. Athens Drive	29	18. Rolesville	22
19. New Hanover	21	20. Ashley	13
21. Wakefield	12	22. South Central	10
23. Garner	6	24. Rose, J. H.	4

**Scores - Men**Men - Team Rankings - Through Event 24

1. Green Hope	302	2. Athens Drive	267
3. Cary	221	4. Broughton	188
5. Enloe	173.5	6. Millbrook	144
7. Wakefield	140.5	8. Hoggard	128
9. Sanderson	122	10. Leesville Road	109.5
11. Apex	105	12. Conley, D. H.	96
13. Middle Creek	77	14. Panther Creek	76
15. Apex Friendship	64	16. Heritage	55
17. Holly Springs	23.5	18. Rolesville	11
19. New Bern	9	20. New Hanover	7
21. Garner	6		