

2018 1A&2A West NCHSAA Regional Championships - 2/2/18 to 2/3/18

Host: Pine Lake Prep HS

Swimming & Diving

Results

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**Scores - Women**

1. Lake Norman Charter	304
2. Pine Lake Prep	280
3. East Surry	256
4. Lincoln Charter	239
5. Salisbury	165
6. Gray Stone Day	156
7. Comm School of Davidson	153
8. Patton	118
9. South Point	69
9. Elkin	69
11. Hendersonville	58
12. West Wilkes	55
13. Forbush	43
14. Chase	41
15. Wilkes Central	40
16. Union Academy	36
17. Surry Central	35
18. West Davidson	30
18. Mount Airy	30
20. East Gaston	27
21. Hayesville	25
22. Lexington	21
23. East Burke	15
24. West Stanly	14
25. Franklin	12
26. Tri-County Early College	8
27. Smoky Mountain	6
28. Foard, F. T.	4
29. Andrews	1

**Scores - Men**

1. Pine Lake Prep	280
2. Lincoln Charter	256
3. Lake Norman Charter	224
4. Comm School of Davidson	155.5
5. Salisbury	153
6. Central Academy	140
7. East Burke	110
8. Elkin	102
9. Franklin	100
10. Newton-Conover	99
11. Gray Stone Day	79
12. East Gaston	56
13. South Rowan	53
14. Lexington	52
15. Foard, F. T.	45
16. Draughn	36
17. North Surry	35
18. Highlands Tech	34
18. Mountain Island Charter	34
20. Union Academy	30
21. North Lincoln	29
22. East Surry	28
23. Hendersonville	25
24. Mount Pleasant	20
25. Patton	19
25. West Wilkes	19
27. South Point	17
28. Shelby	15
28. Carolina International	15
30. Forest Hills	10
31. Mount Airy	9
32. West Stanly	8
33. Wilkes Central	7
34. Brevard	6.5
35. Andrews	6
36. Tri-County Early College	4
37. West Stokes	3
38. Hayesville	1

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**Results**

**Event 1 Women 200 Yard Medley Relay**

**1:44.91 AA-A 1:46.69 AA-C All-America**  
**2:08.99 REGA 2:41.99 REGC Regional**

Team	Relay	Seed Time	Finals Time	Points
1 Lake Norman Charter		1:56.08	1:52.29 REGA	40
1) Hopper, Ariel JR	2) Ayscue, Riggan JR	3) Luther, Mattie SO	4) Macfee, Caroline JR	
27.43 31.49 27.36	26.01			
2 Lincoln Charter		1:58.01	1:55.14 REGA	34
1) Harris, Chloe SO	2) Manion, Lauren FR	3) Carey, Madeline FR	4) Lappin, Julianna JR	
28.79 33.25 26.84	26.26			
3 Comm School of Davidson		2:00.42	1:55.39 REGA	32
1) Tolone, Katie SO	2) Nelson, Emme SO	3) Gosnell, Emily SR	4) Glover, Hannah JR	
29.76 30.18 30.25	25.20			
4 Salisbury		1:59.96	1:55.70 REGA	30
1) Knorr, Emily FR	2) Knorr, Katie FR	3) Morrison, Kathryn SR	4) Kaufmann, Mary SR	
28.69 32.98 25.59	28.44			
5 East Surry		1:58.39	1:57.85 REGA	28
1) Beck, Sydney JR	2) Pruitt, Gracie SO	3) Nunn, Mikki SR	4) Hicks, Julie SO	
29.39 33.08 28.88	26.50			
6 Patton		1:58.72	1:57.93 REGA	26
1) McClure, Kadira FR	2) Sacchetti, Emma FR	3) Thompson, Catie JR	4) Lucas, Caroline FR	
28.97 34.99 27.85	26.12			
7 Gray Stone Day		2:02.58	2:00.15 REGA	24
1) Cody, Caroline SR	2) Carperter, Katherine SO	3) Miller, Breanna SR	4) Milem, Emma SR	
30.08 35.12 29.52	25.43			
8 Pine Lake Prep		2:05.65	2:01.78 REGA	22
1) Rasbornik, Kensley SR	2) Saxton, Abbey JR	3) Miles, Lydia SO	4) Sullivan, Regan FR	
31.07 35.62 27.96	27.13			
9 South Point		2:05.93	2:03.07 REGA	18
1) Blanchard, Allison JR	2) Wagner, Macie SO	3) Walker, Mary SO	4) Hyde, Olivia JR	
29.97 34.37 29.17	29.56			
10 West Wilkes		2:08.40	2:06.08 REGA	14
1) Handy, Noelle SR	2) Handy, Kaitlyn SR	3) Nichols, Anslee JR	4) Smithey, Morgan JR	
33.15 36.88 28.36	27.69			
11 Elkin		2:08.71	2:06.46 REGA	12
1) Soos, Bianka SR	2) Wells, Kenley SO	3) Libbert, Harper SO	4) Schweikert, Maia JR	
32.63 37.89 29.27	26.67			
12 Forbush		2:10.07	2:06.93 REGA	10
1) Myers, Gina SR	2) Beamguard, Suzie SO	3) Post, Emily JR	4) Holowiti, Lauren SR	
30.13 36.51 32.44	27.85			
13 Surry Central		2:08.12	2:07.18 REGA	8
1) Bruce, Abby FR	2) Mosley, Brooke FR	3) Southard, Sarah JR	4) Collins, Sara SO	
31.12 44.95 24.32	26.79			
14 Chase		2:14.04	2:10.61 REGC	6
1) Allen, Carolina	2) Moneyham, Anna SO	3) Bridges, Bonnie SR	4) Bridges, Jenna FR	
39.28 35.19 28.55	27.59			
15 East Gaston		2:00.00	2:13.20 REGC	4
1) Brack, Alesia FR	2) Bowman, Maigan SR	3) Knight, Kyndal SR	4) Cobb, Clara SO	
36.00 40.48 29.03	27.69			
16 Hayesville		2:08.22	2:13.45 REGC	2
1) Anderson, Bethany SR	2) Gray, Natalie SO	3) Johnson, Bailey SO	4) Cook, Katy	
31.68 38.44 31.85	31.48			

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**Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
17 Franklin		2:15.34	2:13.50 REGC	
1) Holland, Anissa	2) Stahl, Samantha JR	3) Roberts, Aimee JR	4) Lombard, Deaven FR	
32.71 39.03 33.59	28.17			
18 Foard, F. T.		2:12.35	2:14.42 REGC	
1) Hilton, Sarah SO	2) Faherty, Taylor SR	3) Hilton, Eliza SR	4) Lutz, Tori SO	
36.29 38.13 30.83	29.17			
19 Lexington		2:15.88	2:18.64 REGC	
1) Biesecker, Jordan SO	2) Callicutt, Mary JR	3) Zehmer, Mollie JR	4) Blackwell, Madeline JR	
39.64 38.94 33.14	26.92			
20 Wilkes Central		2:13.82	2:19.59 REGC	
1) Lang, Ashton FR	2) Olson, Sarah JR	3) Wiles, Faith	4) Gaspar Manuel, Eulalia SR	
36.98 34.28 36.19	32.14			
21 Hibriten		2:20.51	2:22.09 REGC	
1) Reid, Anna	2) Clapsaddle, Savannah SO	3) Garcia, Natalie SO	4) Kogut, Emmie SO	
40.73 38.06 31.93	31.37			
22 West Stanly		2:15.83	2:22.98 REGC	
1) Marks, Alyssa SR	2) Marks, Anna SO	3) Ellsworth, Sarah	4) Rowles, Addisen	
35.80 41.20 37.26	28.72			
--- Mount Airy		2:07.73	DQ	
1) Williams, Lindley SR	2) Best, Sierra SR	3) Bryant, Oshyn FR	4) Bunting, Gilley JR	
31.16 32.61 31.04	28.59			
--- Union Academy		2:19.72	DQ	
1) Demeraski, Kaitlyn SR	2) Nygard, Caroline FR	3) Love, LeKayla SR	4) Townsend, Sydnie SR	
38.19 39.94 37.56	29.35			

**Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
<b>1:33.53 AA-A</b>	<b>1:35.18 AA-C</b>	<b>All-America</b>		
<b>1:54.99 REGA</b>	<b>2:35.99 REGC</b>	<b>Regional</b>		
1 Lincoln Charter		1:45.53	1:41.04 REGA	40
1) Law, Jackson SR	2) Summinguit, Jake SO	3) Whipple, Zach SO	4) Swicegood, Grant SR	
26.44 29.56 23.05	21.99			
2 Salisbury		1:46.54	1:44.99 REGA	34
1) Knorr, Ethan SR	2) Dillon, Keegan SR	3) Amin, Roshen SO	4) Burton, Roarke JR	
25.92 30.38 26.04	22.65			
3 Lake Norman Charter		1:48.74	1:45.11 REGA	32
1) Powe, Harrison FR	2) Agosto, Eli FR	3) Chestnutt, Ryan JR	4) O'Connell, Cade SR	
26.31 30.30 25.70	22.80			
4 Central Academy		1:49.51	1:48.54 REGA	30
1) Bausinger, Steven SO	2) Wild, Jack JR	3) Palmer, Mitch SR	4) Snider, Micheal SR	
28.01 32.95 25.53	22.05			
5 Elkin		1:54.93	1:49.75 REGA	28
1) Duncan, Alex SR	2) Shugart, Brady FR	3) Burleson, Cameron SO	4) Sloop, Dockery SR	
27.75 31.65 26.32	24.03			
6 Pine Lake Prep		1:49.40	1:49.96 REGA	26
1) Adams, Nathan FR	2) Shelley, Matthew SO	3) Thornburg, Nathan SO	4) Kiral, David JR	
27.78 30.37 27.10	24.71			
7 Comm School of Davidson		1:50.12	1:51.60 REGA	24
1) Lauro, Tyler JR	2) Cline, Reid SO	3) Reddick, Wiley SR	4) Russell, Ethan JR	
30.88 32.46 25.17	23.09			
8 Franklin		1:53.89	1:52.15 REGA	22
1) Frazier, Michael FR	2) Gurney, Seth JR	3) Martin, Allen JR	4) McQuitty, Calvin SR	
30.86 30.36 27.35	23.58			

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**Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
9 Lexington		1:55.81	1:53.60 REGA	18
1) Burke, Jack SR	2) Blackerby, Liam JR	3) Inabinett, Blake SR	4) Haut, Isaac FR	
29.63 33.16 26.60	24.21			
10 South Rowan		1:53.57	1:54.50 REGA	14
1) Reynolds, Christian JR	2) Hurd, Cameron JR	3) Bumgarner, Blaise JR	4) Severt, Noah JR	
39.32 23.02 26.93	25.23			
11 South Point		1:56.93	1:54.63 REGA	12
1) Spencer, Davis SO	2) Smith, Luke FR	3) Johnson, Jacob SR	4) Blount, John Gray SR	
30.07 32.00 27.90	24.66			
12 East Gaston		1:55.04	1:55.25 REGC	10
1) Jones, Chase SR	2) Beumer, Bradley	3) Knight, O'Brien SR	4) Hawkins, Jonathon SR	
28.84 34.84 24.81	26.76			
13 Foard, F. T.		1:59.52	1:58.63 REGC	8
1) Johnston, Nicholas SO	2) Peschel, Caleb	3) McCosh, Ethan FR	4) Cervantes, Christopher	
33.58 34.66 24.46	25.93			
14 Patton		1:55.18	1:58.85 REGC	6
1) Hall, Sterling SO	2) SeEVERS, Robert SR	3) Sacchetti, Mario SO	4) Roper, Grayson SO	
32.36 33.23 26.41	26.85			
15 Shelby		2:02.88	1:59.99 REGC	4
1) Richards, Collin SR	2) Lari, Nick FR	3) Wiebelhaus, Exander SO	4) Morgan, Grady JR	
30.80 36.02 28.08	25.09			
16 East Surry		2:02.75	2:01.60 REGC	2
1) Thompson, Jakwon SR	2) Lane, Christian	3) Gilliam, Nolan JR	4) Williams, Cade SO	
30.50 38.77 24.55	27.78			
17 West Stanly		1:56.81	2:03.13 REGC	
1) Hinson, Sam JR	2) Baucom, Chase	3) Perez, Christian JR	4) Hinson, Jake JR	
34.49 36.10 28.18	24.36			
18 East Lincoln		2:03.63	2:03.17 REGC	
1) Collins, Jack	2) Brooks, Sam FR	3) Gilbert, Nolan JR	4) Hines, Chase SR	
31.22 37.38 28.36	26.21			
19 Highlands Tech		2:02.49	2:03.37 REGC	
1) Neumann, Ernest JR	2) Shiles, Samuel	3) Bowman, Donnie SR	4) Jones, Chandler FR	
32.97 39.64 25.57	25.19			
20 Mount Airy		2:02.21	2:03.90 REGC	
1) Cawley, Simon SR	2) Heck, Brock JR	3) Cox, Bobby JR	4) Gammons, Chandler SR	
34.65 34.31 27.01	27.93			
21 Wilkes Central		2:05.22	2:05.29 REGC	
1) Davis, Matthew SR	2) Minton, Tanner	3) Johnson, Clay SO	4) Simmons, Dave	
30.53 38.35 31.84	24.57			
22 Newton-Conover		1:52.75	2:07.95 REGC	
1) Norman, Alex JR	2) Gordon, Michael JR	3) Beaver, Leo JR	4) Bryant, Jessie Gavin	
1:06.40 32.88 28.67				
23 North Surry		2:01.61	2:11.85 REGC	
1) Jones, Drew SR	2) Smith, Chris	3) Holder, Luke	4) Bender, Garyn	
32.11 40.51 31.51	27.72			
--- Gray Stone Day		1:55.60	DQ	
1) Yu, Daniel SR	2) Goodnight, Nicolas SR	3) Mork, Matt JR	4) Ostrander, Benjamin SR	
33.36 27.61 30.28	23.24			

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**Event 3 Women 200 Yard Freestyle**

1:48.82 AA-A		1:50.65 AA-C		All-America				
2:17.99 REGA		2:55.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Knorr, Emily			FR	Salisbury	2:00.94	1:57.49	REGA 20
	27.45	29.80	30.37		29.87			
2	Harris, Chloe			SO	Lincoln Charter	1:59.98	1:59.64	REGA 17
	27.89	29.74	30.58		31.43			
3	Tucker, Avery			SO	East Surry	2:10.30	2:00.02	REGA 16
	27.67	29.88	31.28		31.19			
4	Schimmoller, Jennifer			FR	Lake Norman Charter	2:06.85	2:02.16	REGA 15
	28.26	30.47	31.60		31.83			
5	Hicks, Julie			SO	East Surry	2:04.47	2:03.36	REGA 14
	28.55	30.38	31.82		32.61			
6	Malta, Gabriella			FR	Lincoln Charter	2:11.92	2:07.13	REGA 13
	28.67	31.40	33.35		33.71			
7	Anderson, Bethany			SR	Hayesville	2:09.41	2:07.94	REGA 12
	28.89	32.19	34.20		32.66			
8	Cook, Kinsey			SO	Gray Stone Day	2:11.13	2:09.27	REGA 11
	28.45	32.82	33.81		34.19			
9	Myers, Gina			SR	Forbush	2:17.09	2:09.52	REGA 9
	29.67	32.64	33.49		33.72			
10	Carte, Camryn			SO	Lake Norman Charter	2:17.05	2:09.82	REGA 7
	29.11	32.36	34.46		33.89			
11	Blanchard, Allison			JR	South Point	2:07.50	2:10.14	REGA 6
	29.83	32.72	34.18		33.41			
12	Crayton, Lucy			SO	Tri-County Early College	2:12.76	2:10.77	REGA 5
	28.88	32.41	34.94		34.54			
13	Cupples, Addison			JR	Pine Lake Prep	2:15.19	2:10.86	REGA 4
	29.55	32.19	34.34		34.78			
14	Miles, Lydia			SO	Pine Lake Prep	2:15.74	2:10.94	REGA 3
	29.62	33.19	34.06		34.07			
15	Lucas, Grace			SO	Patton	2:10.56	2:11.51	REGA 2
	29.15	32.81	34.64		34.91			
16	Newkirk, Reed			SR	Pine Lake Prep	2:16.09	2:12.23	REGA 1
	29.96	32.57	33.78		35.92			
17	Hall, Morgan			JR	East Burke	2:16.91	2:13.01	REGA
	29.68	33.34	35.42		34.57			
18	McGuire, Gracie			FR	Gray Stone Day	2:16.30	2:13.54	REGA
	31.11	33.68	34.29		34.46			
19	Gosnell, Emily			SR	Comm School of Davidson	2:19.03	2:15.41	REGA
	30.44	33.99	35.07		35.91			
20	Beamguard, Suzie			SO	Forbush	2:18.64	2:16.51	REGA
	29.77	33.82	36.14		36.78			
21	Wilson, Madison			JR	Lincoln Charter	2:17.47	2:16.58	REGA
	29.88	34.17	37.40		35.13			
22	Hawley, Gracie			FR	Lake Norman Charter	2:18.66	2:17.67	REGA
	30.53	35.31	36.67		35.16			
23	Memola, Bethany			JR	West Stokes	2:16.65	2:18.73	REGC
	30.70	34.61	36.76		36.66			
24	Tharpe, Hunter			SR	East Wilkes	2:20.48	2:23.09	REGC
	31.05	35.21	38.99		37.84			

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**Results**

**Event 4 Men 200 Yard Freestyle**

1:38.63 AA-A		1:40.34 AA-C		All-America				
2:06.99 REGA		2:27.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Stratton, Neal			SO	Lincoln Charter	1:50.20	1:47.92	REGA 20
	25.26 26.52	28.23			27.91			
2	Karre, Paul			JR	Newton-Conover	1:54.16	1:49.14	REGA 17
	25.57 27.34	27.84			28.39			
3	Carpenter, Hayden			SO	Union Academy	2:00.18	1:52.28	REGA 16
	25.76 28.47	29.56			28.49			
4	Ploplis, Reilly			JR	Gray Stone Day	2:04.98	1:57.06	REGA 15
	26.32 29.09	30.62			31.03			
5	Luther, Glenn			SR	Lake Norman Charter	1:59.38	1:57.19	REGA 14
	26.72 29.90	30.69			29.88			
6	Bartro, Grady			JR	North Lincoln	2:03.33	1:57.23	REGA 13
	26.33 29.75	30.83			30.32			
7	Adams, Nathan			FR	Pine Lake Prep	1:54.59	1:57.64	REGA 12
	26.60 29.04	30.82			31.18			
8	Bryant, Nick			SO	North Surry	2:01.87	1:58.24	REGA 11
	26.01 29.22	31.74			31.27			
9	Walker, Brett			SR	East Burke	2:01.57	2:00.61	REGA 9
	27.23 30.54	31.97			30.87			
10	Summinguit, Jake			SO	Lincoln Charter	2:06.94	2:01.32	REGA 7
	28.11 30.76	31.91			30.54			
11	Baughner, Jake			JR	Comm School of Davidson	2:05.59	2:02.69	REGA 6
	28.81 30.51	32.08			31.29			
12	Drye, Adam			SR	Salisbury	2:10.58	2:05.26	REGA 5
	28.30 32.42	32.10			32.44			
13	Sorenson, Sage			SO	Tri-County Early College	2:07.36	2:06.14	REGA 4
	27.52 32.00	33.53			33.09			
14	Heath, Cameron			JR	West Stokes	2:10.13	2:08.96	REGC 3
	28.57 32.85	33.70			33.84			
15	McIntosh, Kale			JR	North Lincoln	2:10.42	2:09.47	REGC 2
	27.72 31.98	1:09.77						
16	Davis, Parker			SO	Wilkes Central	2:14.55	2:11.75	REGC 1
	27.67 1:44.08							
17	Isaacs, Caleb			SR	North Surry	2:11.49	2:11.92	REGC
	28.69 32.72	35.29			35.22			
18	Vasquez-Rios, Freddie			JR	Lake Norman Charter	2:18.25	2:12.62	REGC
	29.53 33.76	35.41			33.92			
19	Burton, Timothy			SR	Franklin	2:13.72	2:14.54	REGC
	28.88 33.26	35.92			36.48			
20	Gerrits, Kevin			SR	Hendersonville	2:12.61	2:15.50	REGC
	28.21 32.25	36.51			38.53			
21	Turner, Darian			SR	Hendersonville	2:16.28	2:15.95	REGC
	30.11 33.62	36.27			35.95			
22	Millholland, Chris			SO	Comm School of Davidson	2:16.91	2:17.80	REGC
	29.69 33.68	36.59			37.84			
23	Sprague, Tyler			JR	Forbush	2:15.52	2:18.43	REGC
	29.19 34.48	38.30			36.46			
24	Lewis, Logan			SO	Comm School of Davidson	2:17.76	2:22.06	REGC
	30.34 34.77	38.61			38.34			

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**Results**

**Event 5 Women 200 Yard IM**

2:01.89 AA-A		2:04.08 AA-C		All-America				
2:32.99 REGA		3:00.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Nelson, Emme			SO	Comm School of Davidson	2:08.30	2:07.21	REGA 20
	27.86	31.54	36.57		31.24			
2	Daly, Rachel			SO	Pine Lake Prep	2:17.37	2:12.10	REGA 17
	28.30	33.04	41.31		29.45			
3	Hill, Kelsi			JR	Union Academy	2:20.38	2:13.96	REGA 16
	28.70	33.48	39.43		32.35			
4	Ayscue, Riggan			JR	Lake Norman Charter	2:20.25	2:15.28	REGA 15
	29.38	34.06	38.58		33.26			
5	Knorr, Katie			FR	Salisbury	2:17.56	2:17.54	REGA 14
	29.84	34.68	40.53		32.49			
6	Lester, Ashton			JR	West Davidson	2:21.39	2:20.11	REGA 13
	30.31	33.68	42.93		33.19			
7	Tunstall, Anne-Louise			SR	East Surry	2:24.48	2:20.24	REGA 12
	29.93	37.56	40.21		32.54			
8	Miller, Breanna			SR	Gray Stone Day	2:26.08	2:21.73	REGA 11
	29.92	34.94	43.26		33.61			
9	Lubian-Lopez, Karina			SR	Hendersonville	2:28.25	2:23.87	REGA 9
	30.34	37.44	40.80		35.29			
10	Pruitt, Gracie			SO	East Surry	2:25.84	2:25.29	REGA 7
	31.23	38.25	41.02		34.79			
11	Bruce, Abby			FR	Surry Central	2:24.75	2:28.76	REGA 6
	32.27	35.41	46.22		34.86			
12	Hedlund, Yseult			SO	Lake Norman Charter	2:31.79	2:31.93	REGA 5
	33.23	39.08	43.01		36.61			
13	Hilton, Eliza			SR	Foard, F. T.	2:40.35	2:32.28	REGA 4
	32.46	37.45	45.16		37.21			
14	McCarter, Mikaela			JR	Lake Norman Charter	2:41.01	2:32.43	REGA 3
	34.31	39.54	41.91		36.67			
15	Buechler, Abby			JR	Gray Stone Day	2:33.82	2:32.44	REGA 2
	32.14	39.82	45.57		34.91			
16	Bridges, Bonnie			SR	Chase	2:35.68	2:32.49	REGA 1
	32.38	39.91	45.41		34.79			
17	Hedlund, Alienor			SO	Lake Norman Charter	2:35.09	2:33.08	REGC
	34.77	38.65	42.66		37.00			
18	Farley, Annika			FR	Central Academy	2:39.79	2:36.17	REGC
	33.43	39.99	46.67		36.08			
19	Catahan, Marian			FR	Pine Lake Prep	2:37.19	2:36.41	REGC
	34.76	37.85	48.27		35.53			
20	Garcia, Natalie			SO	Hibriten	2:39.16	2:38.95	REGC
	33.64	40.07	48.41		36.83			
21	Singleton, Bailey			JR	North Surry	2:45.17	2:47.14	REGC
	35.35	42.92	50.77		38.10			
22	Johnson, Bailey			SO	Hayesville	2:46.63	2:47.65	REGC
	33.05	44.81	50.17		39.62			
23	Fox, Jordan			SR	Smoky Mountain	2:45.26	2:50.92	REGC
	35.87	43.97	49.91		41.17			
---	DeCann, Abby			FR	Lincoln Charter	2:23.85	DQ	
	29.66	36.31	42.93		31.91			

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**Event 6 Men 200 Yard IM**

1:49.83 AA-A		1:51.96 AA-C		All-America					
2:22.99 REGA		3:05.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Whipple, Zach			SO	Lincoln Charter	2:04.36	1:57.13	REGA	20
	25.76	30.38	34.12		26.87				
2	Knorr, Ethan			SR	Salisbury	1:58.35	1:59.57	REGA	17
	26.13	29.74	35.48		28.22				
3	Burrows, Matty			FR	Comm School of Davidson	2:12.61	2:09.92	REGA	16
	27.21	35.07	37.16		30.48				
4	Bowman, Donnie			SR	Highlands Tech	2:16.27	2:10.09	REGA	15
	26.42	33.66	40.10		29.91				
5	Gilliam, Nolan			JR	East Surry	2:12.71	2:10.95	REGA	14
	26.47	33.56	38.85		32.07				
6	Thornburg, Nathan			SO	Pine Lake Prep	2:15.39	2:11.67	REGA	13
	28.46	34.69	37.90		30.62				
7	Bausinger, Steven			SO	Central Academy	2:13.76	2:13.30	REGA	12
	28.11	33.81	40.27		31.11				
8	Robertson, Matt			SR	Lake Norman Charter	2:18.74	2:13.83	REGA	11
	28.87	32.29	43.01		29.66				
9	Barlow, Cameron			SO	West Wilkes	2:20.59	2:14.30	REGA	9
	29.00	35.84	38.28		31.18				
10	Dominguez, Nelson			SO	East Burke	2:14.32	2:14.68	REGA	7
	27.37	35.42	40.88		31.01				
11	Agosto, Eli			FR	Lake Norman Charter	2:16.91	2:15.04	REGA	6
	28.14	36.36	38.44		32.10				
12	Gurney, Seth			JR	Franklin	2:13.72	2:15.70	REGA	5
	28.09	34.70	41.35		31.56				
13	Williams, Camden			FR	Forest Hills	2:29.56	2:19.98	REGA	4
	30.42	36.37	41.46		31.73				
14	Jones, Chase			SR	East Gaston	2:27.35	2:20.46	REGA	3
	27.36	35.54	44.41		33.15				
15	Amin, Roshen			SO	Salisbury	2:21.03	2:20.91	REGA	2
	27.63	36.74	44.10		32.44				
16	Davis, Matthew			SR	Wilkes Central	2:20.30	2:22.34	REGA	1
	30.36	35.01	43.10		33.87				
17	Kepley, Hunter			SR	Forbush	2:22.72	2:24.41	REGC	
	28.63	36.42	45.84		33.52				
18	Haut, Isaac			FR	Lexington	2:29.21	2:25.01	REGC	
	29.03	36.52	45.70		33.76				
19	Cline, Reid			SO	Comm School of Davidson	2:26.95	2:26.82	REGC	
	31.26	38.30	41.88		35.38				
20	York, Hunter			FR	North Surry	2:24.81	2:27.89	REGC	
	30.09	39.37	45.03		33.40				
---	Powe, Harrison			FR	Lake Norman Charter	2:07.78	DQ		
	27.46	30.37	36.86		27.95				
---	Franklin, Christopher			FR	Lake Norman Charter	2:30.06	DQ		
	32.51	35.75	45.34		32.54				
---	Norman, Alex			JR	Newton-Conover	2:28.65	DQ		
	30.83	40.76	49.61		35.38				



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**Event 7 Women 50 Yard Freestyle**

23.24 AA-A		23.63 AA-C		All-America					
27.49 REGA		29.49 REGC		Regional					
Name	Yr	School	Seed Time	Finals Time	Points				
1	Olson, Sarah	JR Wilkes Central	25.00	24.13	REGA	20			
2	Accordino, Allyson	JR Pine Lake Prep	24.77	24.49	REGA	17			
3	Milem, Emma	SR Gray Stone Day	25.90	25.21	REGA	16			
4	Auten, Rose	SR Pine Lake Prep	26.49	25.75	REGA	15			
5	Glover, Hannah	JR Comm School of Davidson	26.69	25.81	REGA	14			
6	Blackwell, Madeline	JR Lexington	26.82	26.16	REGA	13			
7	Macfee, Caroline	JR Lake Norman Charter	26.74	26.22	REGA	12			
8	Lucas, Caroline	FR Patton	26.71	26.32	REGA	11			
9	Schweikert, Maia	JR Elkin	27.28	26.56	REGA	9			
10	Hack, Laura	SO Lake Norman Charter	27.60	26.76	REGA	7			
11	Brown, Julia	JR West Stanly	27.32	26.77	REGA	6			
12	Lappin, Julianna	JR Lincoln Charter	26.60	26.82	REGA	5			
13	Penner, Johannah	SR Lake Norman Charter	27.87	26.91	REGA	4			
14	Walker, Mary	SO South Point	27.03	26.98	REGA	3			
15	Walter, Elizabeth	SR Lincoln Charter	27.54	26.99	REGA	2			
16	Roper, Emily	JR Andrews	27.31	27.00	REGA	1			
17	Carperter, Katherine	SO Gray Stone Day	27.12	27.14	REGA				
18	Harvey, Holiday	SR South Rowan	27.54	27.20	REGA				
19	Soos, Bianca	SR Elkin	27.44	27.29	REGA				
20	Barrineau, Taylor	SO East Lincoln	27.84	27.42	REGA				
21	Haney, Charlee	FR Smoky Mountain	27.40	28.18	REGC				
22	Thompson, Catie	JR Patton	27.48	28.70	REGC				
---	Hughes, Lexie	SO South Rowan	28.10	x30.00					
---	Bowman, Maigan	SR East Gaston	26.93	x30.83					

**Event 8 Men 50 Yard Freestyle**

20.65 AA-A		20.97 AA-C		All-America					
23.99 REGA		26.49 REGC		Regional					
Name	Yr	School	Seed Time	Finals Time	Points				
1	Snider, Micheal	SR Central Academy	23.41	22.26	REGA	20			
2	Swicegood, Grant	SR Lincoln Charter	23.76	22.62	REGA	17			
3	Das, AJ	FR Pine Lake Prep	23.87	22.78	REGA	16			
4	Ostrander, Benjamin	SR Gray Stone Day	23.29	22.82	REGA	15			
5	Knight, O'Brien	SR East Gaston	23.44	22.85	REGA	14			
6	O'Connell, Cade	SR Lake Norman Charter	23.58	22.96	REGA	13			
7	Burton, Roarke	JR Salisbury	23.09	23.23	REGA	12			
8	Airheart, Hayden	JR Mount Pleasant	23.66	23.41	REGA	11			
9	McNulty, Colin	SO Carolina International	23.48	23.47	REGA	9			
*10	Nale, Austin	SR Brevard	24.92	23.51	REGA	6.50			
*10	Russell, Ethan	JR Comm School of Davidson	23.70	23.51	REGA	6.50			
12	Gillespie, Gage	FR Andrews	24.05	23.72	REGA	5			
13	Welch, Riley	SR East Burke	23.63	23.84	REGA	4			
14	Nelson, Blake	FR Lincoln Charter	24.64	24.03	REGC	3			
15	O'Neal, Noah	SR Hendersonville	24.71	24.12	REGC	2			
16	Perry, Micah	SR Draughn	23.83	24.22	REGC	1			
17	Fieno, Joseph	JR Lake Norman Charter	24.98	24.33	REGC				
18	Angel, Phillip	JR Franklin	24.35	24.42	REGC				
19	Sloop, Dockery	SR Elkin	24.84	24.49	REGC				
20	Haut, Isaac	FR Lexington	24.79	24.75	REGC				
21	Kiral, David	JR Pine Lake Prep	24.96	24.98	REGC				
22	Heath, Cameron	JR West Stokes	24.70	24.99	REGC				
23	Cooper, Christain	SR Forest Hills	24.58	25.16	REGC				
24	Green, Carson	JR Union Academy	24.85	25.73	REGC				

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<b>Name</b>	<b>Yr</b>	<b>School</b>		<b>Finals Score</b>		<b>Points</b>
1 Knight, Kyndal	SR	East Gaston	NP	506.95	AA-C	20
2 Yeakley, Nicole	SR	Pine Lake Prep	NP	445.70	AA-C	17
3 Yeakley, Emma	SR	Pine Lake Prep	NP	413.60	AA-C	16
4 Guittard, Claire	SR	East Burke	NP	305.20		15
5 DiOrio, Gabriella	SO	Pine Lake Prep	NP	281.55		14
6 Jones, Christina	JR	South Point	NP	269.95		13
7 Lesniak, Emily	FR	Lincoln Charter	NP	269.15		12
8 Canady, Jade	SO	Pine Lake Prep	NP	263.75		11
9 Lasarsky, Emma	SO	Lincoln Charter	NP	236.20		9
10 Johnson, Mia	SO	Lincoln Charter	NP	202.15		7
11 Aganad, Jillian	FR	Lincoln Charter	NP	200.40		6

**Event 10 Men 1 mtr Diving****375.00 AA-C All-America**

<b>Name</b>	<b>Yr</b>	<b>School</b>		<b>Finals Score</b>		<b>Points</b>
1 Garberina, Nick	SR	Pine Lake Prep	NP	588.70	AA-C	20
2 Campbell, Austin	JR	Pine Lake Prep	NP	487.25	AA-C	17
3 Bjugan, Kolbein	JR	Pine Lake Prep	NP	423.90	AA-C	16
4 Hutchinson, Davis	FR	Lincoln Charter	NP	361.30		15
5 Uteck, Matt	SO	Lincoln Charter	NP	240.15		14
6 Gilbert, Trenton	SO	East Burke	NP	239.95		13
7 Shultz, Sawyer	SR	Lincoln Charter	NP	215.55		12
8 Thao, Anthony	SO	East Burke	NP	208.90		11
9 Gibson, Zackery	FR	Franklin	NP	204.30		9
10 Moffitt, Eli	FR	Franklin	NP	197.30		7
11 McNeary, Wilson	SR	Shelby	NP	194.10		6
12 Mabry, James	SR	Shelby	NP	165.90		5

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**Event 11 Women 100 Yard Butterfly**

54.56 AA-A		55.75 AA-C		All-America				
1:07.99 REGA		1:35.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Morrison, Kathryn			SR	Salisbury	58.39	57.49	REGA 20
	26.81 30.68							
2	Bridges, Jenna			FR	Chase	1:00.96	59.17	REGA 17
	27.54 31.63							
3	Harris, Chloe			SO	Lincoln Charter	58.45	1:00.09	REGA 16
	28.09 32.00							
4	Luther, Mattie			SO	Lake Norman Charter	1:01.41	1:01.04	REGA 15
	28.59 32.45							
5	Carey, Madeline			FR	Lincoln Charter	1:03.27	1:02.29	REGA 14
	28.75 33.54							
6	Tucker, Hadly			FR	East Surry	1:05.76	1:02.57	REGA 13
	29.19 33.38							
7	Miles, Lydia			SO	Pine Lake Prep	1:06.40	1:02.81	REGA 12
	28.79 34.02							
8	Thompson, Catie			JR	Patton	1:03.10	1:03.89	REGA 11
	28.95 34.94							
9	Beck, Sydney			JR	East Surry	1:06.53	1:04.21	REGA 9
	29.69 34.52							
10	Nunn, Mikki			SR	East Surry	1:08.38	1:04.41	REGA 7
	29.39 35.02							
11	Nichols, Anslee			JR	West Wilkes	1:09.64	1:05.74	REGA 6
	29.61 36.13							
12	Collins, Sara			SO	Surry Central	1:08.74	1:06.67	REGA 5
	29.97 36.70							
13	Southard, Sarah			JR	Surry Central	1:06.96	1:06.90	REGA 4
	30.87 36.03							
14	Knight, Kyndal			SR	East Gaston	1:06.07	1:08.15	REGC 3
	30.58 37.57							
15	Bullington, Carly			FR	East Surry	1:09.26	1:09.50	REGC 2
	31.72 37.78							
16	Matney, Zoe			JR	Gray Stone Day	1:12.10	1:11.12	REGC 1
	32.76 38.36							
17	Garcia, Natalie			SO	Hibriten	1:11.44	1:11.34	REGC
	33.69 37.65							
18	Watson, Mariah			JR	Lincoln Charter	1:14.06	1:11.48	REGC
	33.28 38.20							
19	Yearous, Kelly			SR	Lake Norman Charter	1:10.87	1:12.55	REGC
	32.72 39.83							
20	Goulding, Georgia			FR	Draughn	1:07.23	1:13.54	REGC
	30.92 42.62							
21	Schwab, Addison			JR	Pine Lake Prep	1:19.26	1:14.48	REGC
	33.62 40.86							
22	Sterling, Jade			SR	Smoky Mountain	1:18.32	1:15.42	REGC
	35.58 39.84							
23	Judson, Veronica			SR	Smoky Mountain	1:19.62	1:16.61	REGC
	35.92 40.69							
24	Patel, Anna			SR	Salisbury	1:19.74	1:18.30	REGC
	34.74 43.56							

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**Event 12 Men 100 Yard Butterfly**

49.06 AA-A		50.07 AA-C		All-America			
1:04.99 REGA		1:27.99 REGC		Regional			
Name		Yr	School	Seed Time	Finals Time		Points
1	Whipple, Zach 24.46 27.51	SO	Lincoln Charter	54.33	51.97	REGA	20
2	Thakur, Jake 24.92 29.54	SO	Mountain Island Charter	56.17	54.46	REGA	17
3	McCosh, Ethan 24.96 29.57	FR	Foard, F. T.	53.63	54.53	REGA	16
4	Bowman, Donnie 25.94 29.56	SR	Highlands Tech	1:00.02	55.50	REGA	15
5	Reddick, Wiley 25.74 29.87	SR	Comm School of Davidson	55.77	55.61	REGA	14
6	Duncan, Alex 25.84 29.78	SR	Elkin	56.80	55.62	REGA	13
7	Palmer, Mitch 25.98 29.74	SR	Central Academy	58.52	55.72	REGA	12
8	Gilliam, Nolan 26.05 30.06	JR	East Surry	57.84	56.11	REGA	11
9	Snider, Micheal 26.06 30.12	SR	Central Academy	59.60	56.18	REGA	9
10	Sacchetti, Mario 25.93 30.53	SO	Patton	56.11	56.46	REGA	7
11	Knight, O'Brien 26.27 31.55	SR	East Gaston	58.76	57.82	REGA	6
12	Dominguez, Nelson 26.79 31.40	SO	East Burke	57.52	58.19	REGA	5
13	Burleson, Cameron 28.37 31.55	SO	Elkin	1:04.46	59.92	REGA	4
14	Smith, Jaxon 27.67 32.67	FR	Draughn	1:01.84	1:00.34	REGA	3
15	Welch, Riley 26.68 33.72	SR	East Burke	57.93	1:00.40	REGA	2
16	Mott, John 27.08 34.04	JR	Hayesville	1:03.45	1:01.12	REGA	1
17	Amin, Roshen 28.28 32.99	SO	Salisbury	1:00.68	1:01.27	REGA	
18	Wiebelhaus, Exander 29.60 32.15	SO	Shelby	1:03.87	1:01.75	REGA	
19	Cox, Bobby 27.75 34.55	JR	Mount Airy	1:04.56	1:02.30	REGA	
20	Kepley, Hunter 29.30 33.87	SR	Forbush	1:03.94	1:03.17	REGA	
21	Teague, Blake 29.91 34.64	JR	Central Academy	1:04.92	1:04.55	REGA	
22	Hines, Chase 29.77 35.22	SR	East Lincoln	1:05.26	1:04.99	REGA	
23	York, Hunter 30.65 34.41	FR	North Surry	1:03.83	1:05.06	REGC	
24	Martin, Allen 29.13 35.94	JR	Franklin	1:03.69	1:05.07	REGC	

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**Event 13 Women 100 Yard Freestyle**

50.41 AA-A		51.17 AA-C		All-America				
1:00.99 REGA		1:06.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Olson, Sarah			JR	Wilkes Central	56.15	52.15	REGA 20
	25.49	26.66						
2	Daly, Rachel			SO	Pine Lake Prep	55.11	53.50	REGA 17
	26.20	27.30						
3	Hopper, Ariel			JR	Lake Norman Charter	56.78	54.13	REGA 16
	25.78	28.35						
4	Accordino, Allyson			JR	Pine Lake Prep	53.81	54.36	REGA 15
	25.92	28.44						
5	Milem, Emma			SR	Gray Stone Day	57.65	55.76	REGA 14
	26.45	29.31						
6	Manion, Lauren			FR	Lincoln Charter	59.09	56.29	REGA 13
	26.81	29.48						
7	McClure, Kadira			FR	Patton	56.99	56.46	REGA 12
	26.99	29.47						
8	Auten, Rose			SR	Pine Lake Prep	59.72	56.76	REGA 11
	27.49	29.27						
9	Rubel, Anna			SO	Lake Norman Charter	1:01.97	56.80	REGA 9
	26.70	30.10						
10	Blanchard, Allison			JR	South Point	58.50	57.13	REGA 7
	27.16	29.97						
11	Tunstall, Anne-Louise			SR	East Surry	59.59	57.89	REGA 6
	27.95	29.94						
12	Lucas, Caroline			FR	Patton	57.47	58.13	REGA 5
	27.65	30.48						
13	Macfee, Caroline			JR	Lake Norman Charter	58.96	58.21	REGA 4
	27.65	30.56						
14	Crayton, Lucy			SO	Tri-County Early College	59.44	58.95	REGA 3
	27.97	30.98						
15	Newkirk, Reed			SR	Pine Lake Prep	1:01.99	59.48	REGA 2
	28.42	31.06						
16	Hack, Laura			SO	Lake Norman Charter	1:00.94	1:00.10	REGA 1
	28.74	31.36						
17	Libbert, Harper			SO	Elkin	1:02.07	1:00.12	REGA
	28.48	31.64						
18	Cody, Caroline			SR	Gray Stone Day	1:02.11	1:00.30	REGA
	28.28	32.02						
19	Brown, Julia			JR	West Stanly	1:03.93	1:01.64	REGC
	28.78	32.86						
20	Sacchetti, Emma			FR	Patton	1:01.58	1:01.82	REGC
	29.57	32.25						
21	Barrineau, Taylor			SO	East Lincoln	1:03.85	1:02.14	REGC
	29.79	32.35						
22	Memola, Bethany			JR	West Stokes	1:03.65	1:02.85	REGC
	29.86	32.99						
23	Roper, Emily			JR	Andrews	1:01.67	1:03.90	REGC
	29.48	34.42						
24	Cobb, Clara			SO	East Gaston	1:04.08	1:04.42	REGC
	29.64	34.78						

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**Event 14 Men 100 Yard Freestyle**

45.06 AA-A		45.80 AA-C		All-America					
54.99 REGA		1:00.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Das, AJ			FR	Pine Lake Prep	50.73	49.78	REGA	20
	24.24	25.54							
2	Ostrander, Benjamin			SR	Gray Stone Day	51.46	49.97	REGA	17
	23.82	26.15							
3	Stratton, Neal			SO	Lincoln Charter	52.60	49.98	REGA	16
	24.30	25.68							
4	Powe, Harrison			FR	Lake Norman Charter	52.06	49.99	REGA	15
	24.00	25.99							
5	O'Connell, Cade			SR	Lake Norman Charter	51.50	50.04	REGA	14
	24.33	25.71							
6	Storie, Jonathan			JR	Pine Lake Prep	52.39	50.89	REGA	13
	24.27	26.62							
7	Burton, Roarke			JR	Salisbury	50.91	51.07	REGA	12
	23.97	27.10							
8	McQuitty, Calvin			SR	Franklin	52.66	52.12	REGA	11
	24.55	27.57							
9	Airheart, Hayden			JR	Mount Pleasant	54.37	52.47	REGA	9
	25.34	27.13							
10	Ploplis, Reilly			JR	Gray Stone Day	54.56	52.49	REGA	7
	24.89	27.60							
11	McNulty, Colin			SO	Carolina International	55.00	53.01	REGA	6
	24.80	28.21							
12	Inabinett, Blake			SR	Lexington	54.31	53.04	REGA	5
	25.10	27.94							
13	Chestnutt, Ryan			JR	Lake Norman Charter	52.75	53.25	REGA	4
	25.08	28.17							
14	Dillon, Keegan			SR	Salisbury	55.12	53.58	REGA	3
	25.33	28.25							
15	Nelson, Blake			FR	Lincoln Charter	55.75	53.93	REGA	2
	25.94	27.99							
16	Johnson, Jacob			SR	South Point	57.79	54.75	REGA	1
	26.13	28.62							
17	Kiral, David			JR	Pine Lake Prep	56.95	54.87	REGA	
	26.06	28.81							
18	Sacchetti, Mario			SO	Patton	53.49	55.78	REGC	
	25.72	30.06							
19	Hinson, Jake			JR	West Stanly	57.35	56.35	REGC	
	26.44	29.91							
20	Cooper, Christain			SR	Forest Hills	57.61	56.49	REGC	
	26.16	30.33							
21	Severt, Noah			JR	South Rowan	57.32	57.70	REGC	
	27.68	30.02							
22	Gerrits, Kevin			SR	Hendersonville	57.11	57.95	REGC	
	27.06	30.89							
23	Watson, Noah			JR	Lincoln Charter	58.34	58.83	REGC	
	28.08	30.75							
---	Bonfield, Sage			SR	Patton	58.92	DQ		







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**Event 16 Men 500 Yard Freestyle**

Name		Yr		School		Seed Time	Finals Time	Points
9	Thornburg, Nathan	SO		Pine Lake Prep		5:23.97	5:20.44	REGA 9
	27.70 31.13	31.99	32.11	32.39	33.15	33.42	33.80	
	33.13 31.62							
10	Baugher, Jake	JR		Comm School of Davidson		5:35.61	5:24.40	REGA 7
	29.65 31.74	32.80	33.39	32.80	33.07	32.96	33.19	
	32.87 31.93							
11	Bryant, Nick	SO		North Surry		5:35.50	5:29.95	REGA 6
	27.31 31.27	32.26	33.53	34.25	33.77	34.53	35.49	
	34.60 32.94							
12	Inabinett, Blake	SR		Lexington		5:45.98	5:34.18	REGA 5
	27.62 31.54	33.46	33.87	34.22	34.67	34.64	34.50	
	35.30 34.36							
13	Jones, Chandler	FR		Highlands Tech		6:03.72	5:38.47	REGA 4
	28.20 33.34	35.46	35.01	35.12	35.78	1:10.63		
	30.23							
14	Walker, Brett	SR		East Burke		5:39.85	5:39.22	REGA 3
	28.69 32.68	34.58	34.64	35.07	35.20	35.21	35.56	
	34.89 32.70							
15	Bumgarner, Blaise	JR		South Rowan		5:42.83	5:41.74	REGA 2
	27.47 31.56	33.41	35.31	35.60	35.49	36.14	35.92	
	36.26 34.58							
16	Lennox, Alexander	FR		East Burke		5:58.45	5:44.17	REGA 1
	29.21 32.94	34.55	35.57	35.47	36.26	35.68	35.61	
	35.25 33.63							
17	Sorenson, Sage	SO		Tri-County Early College		5:56.38	5:47.56	REGC
	28.88 33.55	36.86	35.73	35.94	36.02	36.05	36.42	
	35.27 32.84							
18	Vasquez-Rios, Freddie	JR		Lake Norman Charter		6:01.16	5:48.10	REGC
	30.01 34.76	35.94	35.86	35.84	36.02	36.33	35.72	
	35.19 32.43							
19	Wiebelhaus, Exander	SO		Shelby		5:40.23	5:52.66	REGC
	30.09 34.18	35.20	36.10	35.76	36.26	36.74	36.41	
	36.99 34.93							
20	Teague, Blake	JR		Central Academy		5:52.05	5:53.54	REGC
	30.78 34.21	35.77	35.67	36.33	36.41	35.82	37.26	
	36.09 35.20							
21	SeEVERS, Robert	SR		Patton		6:03.87	6:01.89	REGC
	29.00 35.33	35.73	37.38	37.34	38.26	38.15	39.38	
	36.58 34.74							
22	Yu, Daniel	SR		Gray Stone Day		6:11.02	6:04.34	REGC
	29.31 32.89	34.78	36.77	37.45	38.81	39.52	40.10	
	38.84 35.87							
---	Hawkins, Jonathon	SR		East Gaston		6:07.75	DFS	

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**Event 17 Women 200 Yard Freestyle Relay**

**1:35.67 AA-A 1:37.32 AA-C All-America**  
**1:56.99 REGA 2:25.99 REGC Regional**

Team	Relay	Seed Time	Finals Time	Points
1 Pine Lake Prep		1:44.95	1:40.66 REGA	40
1) Accordino, Allyson JR	2) Daly, Rachel SO	3) Rasbornik, Kensley SR	4) Auten, Rose SR	
24.73 24.38 25.69	25.86			
2 Lincoln Charter		1:47.87	1:43.31 REGA	34
1) Carey, Madeline FR	2) Lappin, Julianna JR	3) Manion, Lauren FR	4) Harris, Chloe SO	
26.35 26.38 25.69	24.89			
3 East Surry		1:48.15	1:43.35 REGA	32
1) Tucker, Avery SO	2) Beck, Sydney JR	3) Tunstall, Anne-Louise SR	4) Tucker, Hadly FR	
25.28 26.64 26.23	25.20			
4 Comm School of Davidson		1:46.80	1:44.47 REGA	30
1) Gosnell, Emily SR	2) Poslinski, Katelyn JR	3) Glover, Hannah JR	4) Nelson, Emme SO	
28.12 26.76 25.40	24.19			
5 Lake Norman Charter		1:48.18	1:45.68 REGA	28
1) Hack, Laura SO	2) Macfee, Caroline JR	3) Penner, Johannah SR	4) Luther, Mattie SO	
27.37 26.03 26.98	25.30			
6 Patton		1:47.43	1:47.48 REGA	26
1) Lucas, Caroline FR	2) Thompson, Catie JR	3) Lucas, Grace SO	4) McClure, Kadirra FR	
27.22 27.12 27.23	25.91			
7 Elkin		1:53.63	1:48.77 REGA	24
1) Soos, Bianka SR	2) Sidden, Katie SO	3) Libbert, Harper SO	4) Schweikert, Maia JR	
27.14 28.27 26.85	26.51			
8 Gray Stone Day		1:49.25	1:49.12 REGA	22
1) Carperter, Katherine SO	2) Cook, Kinsey SO	3) Miller, Breanna SR	4) Milem, Emma SR	
27.44 28.55 27.22	25.91			
9 South Point		1:54.92	1:50.43 REGA	18
1) Blanchard, Allison JR	2) Wagner, Macie SO	3) Walker, Mary SO	4) Hyde, Olivia JR	
28.14 29.90 26.60	25.79			
10 West Wilkes		1:55.33	1:52.57 REGA	14
1) Nichols, Anslee JR	2) Handy, Noelle SR	3) Smithey, Morgan JR	4) Handy, Kaitlyn SR	
28.28 28.40 28.00	27.89			
11 Hendersonville		1:56.84	1:54.65 REGA	12
1) Salvaggio, Mia JR	2) Keyzer, Madison SO	3) Ayala, Katherine SO	4) Lubian-Lopez, Karina SR	
28.09 29.96 30.17	26.43			
12 West Davidson		2:00.98	1:55.00 REGA	10
1) Hamilton, Macy	2) Owens, Kailyn JR	3) Nebrich, Mary	4) Lester, Ashton JR	
29.72 29.52 28.89	26.87			
13 Franklin		1:57.71	1:55.10 REGA	8
1) Holland, Anissa	2) Fay, Kristen SR	3) Stahl, Samantha JR	4) Lombard, Deaven FR	
29.28 28.87 28.95	28.00			
14 Smoky Mountain		1:57.45	1:55.26 REGA	6
1) Haney, Domanique SR	2) Fox, Jordan SR	3) Judson, Veronica SR	4) Haney, Charlee FR	
28.67 29.14 30.39	27.06			
15 Union Academy		1:57.85	1:55.67 REGA	4
1) Hill, Kelsi JR	2) Tice, Madeline SR	3) Townsend, Emma SO	4) Townsend, Sydnie SR	
25.29 30.73 30.55	29.10			
16 Lexington		1:57.61	1:56.54 REGA	2
1) Biesecker, Jordan SO	2) Zehmer, Mollie JR	3) Callicutt, Mary JR	4) Blackwell, Madeline JR	
31.44 29.64 28.93	26.53			

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**Event 17 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
17 Mount Airy		1:58.81	1:56.90 REGA	
1) Bryant, Oshyn FR	2) Bunting, Gilley JR	3) Marion, Elizabeth SR	4) Best, Sierra SR	
29.09 29.30 31.17	27.34			
18 East Gaston		1:57.31	1:56.93 REGA	
1) Cobb, Clara SO	2) Bowman, Maigan SR	3) Brack, Alesia FR	4) Knight, Kyndal SR	
28.26 30.24 30.49	27.94			
19 West Stanly		1:56.62	1:57.51 REGC	
1) Phillips, Abby FR	2) Hatch, Jordan	3) Ellsworth, Sarah	4) Brown, Julia JR	
28.52 31.19 30.58	27.22			
20 Draughn		1:59.49	2:01.12 REGC	
1) Icard, Annie	2) Hudson, Gunnar SO	3) Wood, Rachel SO	4) Goulding, Georgia FR	
33.17 28.79 30.24	28.92			
21 West Stokes		2:00.76	2:02.57 REGC	
1) Rice, Sarah SO	2) Miller, Ramsey	3) Memola, Bethany JR	4) McGhee, Anna JR	
31.59 33.33 29.67	27.98			
22 Hayesville		2:00.82	2:02.84 REGC	
1) Anderson, Bethany SR	2) Johnson, Bailey SO	3) Gray, Natalie SO	4) Cook, Katy	
27.72 33.35 32.99	28.78			
23 South Rowan		1:58.08	2:10.60 REGC	
1) Hughes, Lexie SO	2) Sloop, Haley	3) MacQueen, Logan	4) Harvey, Holiday SR	
35.85 31.50 34.85	28.40			
24 Surry Central		1:58.08	2:15.09 REGC	
1) Brindle, Gracie SO	2) Mitchell, Hannah	3) Roman, CiCi	4) Mosley, Brooke FR	
34.41 33.17 35.63	31.88			

**Event 18 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
<b>1:24.94 AA-A</b>	<b>1:26.18 AA-C</b>	<b>All-America</b>		
<b>1:42.99 REGA</b>	<b>2:22.99 REGC</b>	<b>Regional</b>		
1 Lincoln Charter		1:35.71	1:31.84 REGA	40
1) Stratton, Neal SO	2) Nelson, Blake FR	3) Law, Jackson SR	4) Swicegood, Grant SR	
23.16 23.47 22.93	22.28			
2 Lake Norman Charter		1:39.24	1:34.71 REGA	34
1) O'Connell, Cade SR	2) Fieno, Joseph JR	3) Agosto, Eli FR	4) Chestnutt, Ryan JR	
23.28 23.65 24.09	23.69			
3 Pine Lake Prep		1:37.97	1:35.13 REGA	32
1) Das, AJ FR	2) Kiral, David JR	3) Gonzalez, Joshua SO	4) Storie, Jonathan JR	
22.61 24.51 24.90	23.11			
4 Comm School of Davidson		1:38.93	1:35.23 REGA	30
1) Reddick, Wiley SR	2) MacIntyre, Wilson SO	3) Burrows, Matty FR	4) Russell, Ethan JR	
24.47 24.32 23.31	23.13			
5 Elkin		1:40.99	1:36.14 REGA	28
1) Duncan, Alex SR	2) Burleson, Cameron SO	3) Shugart, Brady FR	4) Sloop, Dockery SR	
24.41 23.73 24.26	23.74			
6 Franklin		1:38.29	1:37.65 REGA	26
1) McQuitty, Calvin SR	2) Angel, Phillip JR	3) Burton, Timothy SR	4) Gurney, Seth JR	
23.74 25.94 24.47	23.50			
7 East Burke		1:37.80	1:38.64 REGA	24
1) Welch, Riley SR	2) Teague, Marshall	3) Dominguez, Nelson SO	4) Walker, Brett SR	
23.99 26.57 24.19	23.89			
8 Lexington		1:42.52	1:39.42 REGA	22
1) Burke, Jack SR	2) Blackerby, Liam JR	3) Haut, Isaac FR	4) Inabinett, Blake SR	
25.36 25.07 24.75	24.24			

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**Event 18 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
9 South Rowan		1:40.05	1:39.49 REGA	18
1) Hurd, Cameron JR	2) Reynolds, Christian JR	3) Severt, Noah JR	4) Bumgarner, Blaise JR	
24.56 25.51 25.09	24.33			
10 East Gaston		1:42.90	1:40.25 REGA	14
1) Jones, Chase SR	2) Beumer, Bradley	3) Hawkins, Jonathon SR	4) Knight, O'Brien SR	
24.89 26.18 26.30	22.88			
11 Salisbury		1:43.30	1:40.47 REGA	12
1) Holden, David JR	2) Drye, Adam SR	3) Amin, Roshen SO	4) Steinman, Joe SR	
26.38 24.76 24.85	24.48			
12 North Surry		1:42.01	1:40.56 REGA	10
1) York, Hunter FR	2) Jones, Drew SR	3) Bryant, Nick SO	4) Isaacs, Caleb SR	
25.50 26.13 24.74	24.19			
13 Draughn		1:39.91	1:41.02 REGA	8
1) Curry, Braydon JR	2) Smith, Jaxon FR	3) Goulding, Nick JR	4) Perry, Micah SR	
26.20 24.43 26.05	24.34			
14 Patton		1:39.68	1:41.86 REGA	6
1) SeEVERS, Robert SR	2) Seagle, Harrison SO	3) Roper, Grayson SO	4) Sacchetti, Mario SO	
24.69 27.36 26.51	23.30			
15 West Stanly		1:40.88	1:42.03 REGA	4
1) Hinson, Sam JR	2) Baucom, Chase	3) Perez, Christian JR	4) Hinson, Jake JR	
25.39 25.61 26.80	24.23			
16 Gray Stone Day		1:43.66	1:42.09 REGA	2
1) Ploplis, Reilly JR	2) Goodnight, Nicolas SR	3) Sperber, Carson JR	4) Garifo, Patrick JR	
24.56 25.81 25.60	26.12			
17 Mount Airy		1:44.63	1:42.97 REGA	
1) Heck, Brock JR	2) Gammons, Chandler SR	3) Cawley, Simon SR	4) Cox, Bobby JR	
26.31 25.68 25.95	25.03			
18 Hendersonville		1:45.32	1:43.46 REGC	
1) Gerrits, Kevin SR	2) Kain, Conner	3) McCurdy, Ryan JR	4) O'Neal, Noah SR	
25.99 26.71 25.46	25.30			
19 Union Academy		1:43.62	1:44.25 REGC	
1) McFadden, Taylor SR	2) Green, Carson JR	3) Tice, Zac FR	4) Carpenter, Hayden SO	
26.64 25.85 27.37	24.39			
20 Foard, F. T.		1:46.16	1:47.91 REGC	
1) Ceccato, Grant SR	2) Cervantes, Christopher	3) Johnston, Nicholas SO	4) Peschel, Caleb	
26.92 26.22 28.78	25.99			
21 Central Academy		1:44.18	1:50.92 REGC	
1) Likes, Josh	2) Verrill, Thomas	3) DeMaio, Trent	4) Teague, Blake JR	
26.33 35.37 21.22	28.00			
22 Newton-Conover		1:43.67	1:55.51 REGC	
1) Gordon, Michael JR	2) Heyl, Jake	3) Beaver, Leo JR	4) Bryant, Jessie Gavin	
27.27 29.65 29.47	29.12			
--- South Point		1:42.42	DQ	
1) Blount, John Gray SR	2) Johnson, Jacob SR	3) Long, Alec SO	4) Spencer, Davis SO	
24.20 25.63 24.97	24.14			
--- Wilkes Central		1:42.53	DQ	
1) Davis, Parker SO	2) Minton, Tanner	3) Johnson, Clay SO	4) Simmons, Dave	
26.46 32.37 27.72	25.31			



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**Event 20 Men 100 Yard Backstroke**

49.66 AA-A		50.86 AA-C		All-America					
1:01.99 REGA		1:20.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Dant, Ross			JR	Newton-Conover	53.54	52.33	REGA	20
	25.40	26.93							
2	Thakur, Jake			SO	Mountain Island Charter	56.30	55.39	REGA	17
	26.65	28.74							
3	Law, Jackson			SR	Lincoln Charter	59.33	56.67	REGA	16
	27.21	29.46							
4	Adams, Nathan			FR	Pine Lake Prep	58.62	58.51	REGA	15
	28.70	29.81							
5	Smith, Jaxon			FR	Draughn	59.32	59.66	REGA	14
	28.51	31.15							
6	Robertson, Matt			SR	Lake Norman Charter	1:02.40	1:00.26	REGA	13
	29.01	31.25							
7	Bumgarner, Blaise			JR	South Rowan	1:03.36	1:00.65	REGA	12
	29.42	31.23							
8	O'Neal, Noah			SR	Hendersonville	1:04.45	1:00.75	REGA	11
	28.99	31.76							
9	Jones, Chase			SR	East Gaston	1:06.61	1:01.73	REGA	9
	30.02	31.71							
10	Blackwood, Trey			JR	East Burke	1:04.54	1:02.29	REGC	7
	29.12	33.17							
11	Williams, Camden			FR	Forest Hills	1:05.76	1:03.59	REGC	6
	30.02	33.57							
12	Davis, Matthew			SR	Wilkes Central	1:06.98	1:04.14	REGC	5
	30.47	33.67							
13	Hurley, Ethan			FR	West Wilkes	1:06.46	1:04.55	REGC	4
	31.77	32.78							
14	Yu, Daniel			SR	Gray Stone Day	1:05.76	1:04.60	REGC	3
	31.11	33.49							
15	Burke, Jack			SR	Lexington	1:05.11	1:04.99	REGC	2
	30.68	34.31							
16	Thompson, Jakwon			SR	East Surry	1:07.70	1:05.01	REGC	1
	31.02	33.99							
17	Brooks, Sam			FR	East Lincoln	1:07.75	1:06.07	REGC	
	32.30	33.77							
18	Frazier, Michael			FR	Franklin	1:09.42	1:06.25	REGC	
	31.76	34.49							
19	Lauro, Tyler			JR	Comm School of Davidson	1:06.77	1:06.44	REGC	
	1:06.47								
20	Reynolds, Christian			JR	South Rowan	1:09.84	1:06.71	REGC	
	32.34	34.37							
21	Isaacs, Caleb			SR	North Surry	1:07.01	1:06.95	REGC	
	32.78	34.17							
22	Lennox, Alexander			FR	East Burke	1:08.89	1:09.13	REGC	
	33.52	35.61							
---	Green, Carson			JR	Union Academy	1:10.50	DFS		

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**Event 21 Women 100 Yard Breaststroke**

		<b>1:02.82</b>	<b>AA-A</b>	<b>1:04.26</b>	<b>AA-C</b>	<b>All-America</b>				
		<b>1:19.49</b>	<b>REGA</b>	<b>1:32.99</b>	<b>REGC</b>	<b>Regional</b>				
	<b>Name</b>					<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Nelson, Emme 31.30 34.03					SO	Comm School of Davidson	1:05.91	1:05.33	REGA 20
2	Ayscue, Riggan 32.29 35.73					JR	Lake Norman Charter	1:11.35	1:08.02	REGA 17
3	Hill, Kelsi 32.84 37.15					JR	Union Academy	1:12.32	1:09.99	REGA 16
4	Nunn, Mikki 33.05 37.08					SR	East Surry	1:12.93	1:10.13	REGA 15
5	McCarter, Mikaela 33.60 37.71					JR	Lake Norman Charter	1:13.72	1:11.31	REGA 14
6	McClure, Kadira 32.93 38.67					FR	Patton	1:15.23	1:11.60	REGA 13
7	Lubian-Lopez, Karina 33.51 38.34					SR	Hendersonville	1:17.69	1:11.85	REGA 12
8	Salvaggio, Mia 33.80 38.38					JR	Hendersonville	1:15.25	1:12.18	REGA 11
9	Best, Sierra 33.86 38.51					SR	Mount Airy	1:14.02	1:12.37	REGA 9
10	Pruitt, Gracie 34.15 38.31					SO	East Surry	1:13.19	1:12.46	REGA 7
11	Hedlund, Ysult 34.14 38.70					SO	Lake Norman Charter	1:16.37	1:12.84	REGA 6
12	Manion, Lauren 34.48 39.09					FR	Lincoln Charter	1:17.17	1:13.57	REGA 5
13	Wagner, Macie 34.58 40.88					SO	South Point	1:14.69	1:15.46	REGA 4
14	Hedlund, Alienor 35.56 40.16					SO	Lake Norman Charter	1:17.49	1:15.72	REGA 3
15	Sacchetti, Emma 36.36 40.12					FR	Patton	1:17.38	1:16.48	REGA 2
16	Collins, Sara 35.69 41.25					SO	Surry Central	1:17.67	1:16.94	REGA 1
17	Carpenter, Katherine 35.54 41.52					SO	Gray Stone Day	1:19.46	1:17.06	REGA
18	Moneyham, Anna 35.44 43.16					SO	Chase	1:18.70	1:18.60	REGA
19	Fluharty, Jade 37.49 41.68					SR	Patton	1:19.10	1:19.17	REGA
20	Handy, Kaitlyn 37.77 41.52					SR	West Wilkes	1:18.37	1:19.29	REGA
21	Lang, Regan 38.72 41.60					SO	North Lincoln	1:21.58	1:20.32	REGC
22	Hudson, Gunnar 38.10 42.36					SO	Draughn	1:19.32	1:20.46	REGC
23	Smithey, Morgan 37.92 42.71					JR	West Wilkes	1:20.42	1:20.63	REGC
24	Harvey, Holiday 37.89 43.73					SR	South Rowan	1:20.59	1:21.62	REGC

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**Event 22 Men 100 Yard Breaststroke**

56.00 AA-A		57.27 AA-C		All-America			
1:11.99 REGA		1:20.99 REGC		Regional			
Name		Yr	School	Seed Time	Finals Time		Points
1	Storie, Jonathan 28.61 34.48	JR	Pine Lake Prep	1:03.48	1:03.09	REGA	20
2	Burrows, Matty 30.85 34.00	FR	Comm School of Davidson	1:06.58	1:04.85	REGA	17
3	Palmer, Mitch 30.62 34.90	SR	Central Academy	1:08.79	1:05.52	REGA	16
4	Duncan, Alex 31.22 34.60	SR	Elkin	1:08.53	1:05.82	REGA	15
5	Summinguit, Jake 31.89 34.21	SO	Lincoln Charter	1:11.08	1:06.10	REGA	14
6	Agosto, Eli 31.42 34.95	FR	Lake Norman Charter	1:07.94	1:06.37	REGA	13
7	Chestnutt, Ryan 31.32 36.03	JR	Lake Norman Charter	1:08.03	1:07.35	REGA	12
8	Shelley, Matthew 31.03 37.17	SO	Pine Lake Prep	1:13.47	1:08.20	REGA	11
9	Cox, Bobby 31.65 36.69	JR	Mount Airy	1:10.61	1:08.34	REGA	9
10	Hurd, Cameron 31.78 36.69	JR	South Rowan	1:08.25	1:08.47	REGA	7
11	Barlow, Cameron 31.90 36.75	SO	West Wilkes	1:09.76	1:08.65	REGA	6
12	Dillon, Keegan 32.58 36.83	SR	Salisbury	1:10.97	1:09.41	REGA	5
13	Smith, Luke 32.99 37.43	FR	South Point	1:13.56	1:10.42	REGA	4
14	Cline, Reid 33.52 37.31	SO	Comm School of Davidson	1:12.09	1:10.83	REGA	3
15	Young, Nik 32.52 38.49	SR	Lake Norman Charter	1:13.66	1:11.01	REGA	2
16	Gillespie, Gage 32.94 39.13	FR	Andrews	1:11.67	1:12.07	REGC	1
17	Nale, Austin 34.02 38.25	SR	Brevard	1:15.28	1:12.27	REGC	
18	Goodnight, Nicolas 32.97 39.39	SR	Gray Stone Day	1:12.04	1:12.36	REGC	
19	Heck, Brock 34.67 38.82	JR	Mount Airy	1:15.47	1:13.49	REGC	
20	Wild, Jack 33.34 40.42	JR	Central Academy	1:15.20	1:13.76	REGC	
21	Seevers, Robert 35.42 39.00	SR	Patton	1:14.97	1:14.42	REGC	
22	Blackerby, Liam 34.71 40.07	JR	Lexington	1:15.63	1:14.78	REGC	
23	Fratarcangeli, Matteo 35.44 40.21	JR	Smoky Mountain	1:15.79	1:15.65	REGC	
---	Perry, Micah 32.40 36.67	SR	Draughn	1:08.40	DQ		



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**Host: Pine Lake Prep HS**

**Swimming & Diving**

**Results**

**Event 23 Women 400 Yard Freestyle Relay**

**3:27.95 AA-A 3:31.42 AA-C All-America**  
**4:28.99 REGA 6:10.99 REGC Regional**

Team	Relay	Seed Time	Finals Time	Points
1 Pine Lake Prep		3:52.75	3:41.08 REGA	40
1) Accordino, Allyson JR	2) Auten, Rose SR	3) Rasbornik, Kensley SR	4) Daly, Rachel SO	
25.91 53.95 27.78	57.41 26.91 57.68	24.74 52.04		
2 Lake Norman Charter		3:54.52	3:43.74 REGA	34
1) Luther, Mattie SO	2) Schimmoller, Jennifer FR	3) Hopper, Ariel JR	4) Ayscue, Riggan JR	
26.99 56.45 27.02	56.65 25.67 54.80	26.58 55.84		
3 East Surry		3:56.73	3:45.86 REGA	32
1) Hicks, Julie SO	2) Tucker, Hadly FR	3) Tunstall, Anne-Louise SR	4) Tucker, Avery SO	
27.52 56.82 26.83	57.17 26.91 57.13	25.98 54.74		
4 Lincoln Charter		3:54.12	3:51.80 REGA	30
1) DeCann, Abby FR	2) Malta, Gabriella FR	3) Lappin, Julianna JR	4) Carey, Madeline FR	
27.46 57.61 28.02	57.65 28.33 59.11	26.42 57.43		
5 Salisbury		4:02.77	3:56.55 REGA	28
1) Kaufmann, Mary SR	2) Knorr, Katie FR	3) Knorr, Emily FR	4) Morrison, Kathryn SR	
30.04 1:04.00 28.70	59.99 27.43 57.16	25.94 55.40		
6 Comm School of Davidson		4:13.28	4:00.28 REGA	26
1) Gosnell, Emily SR	2) Hannam, Avery SR	3) Tolone, Katie SO	4) Glover, Hannah JR	
29.13 1:01.16 29.41	1:02.88 28.18 59.80	26.75 56.44		
7 Elkin		4:21.95	4:04.73 REGA	24
1) Soos, Bianka SR	2) Sidden, Katie SO	3) Libbert, Harper SO	4) Schweikert, Maia JR	
29.30 1:01.48 30.14	1:03.06 28.00 59.79	28.87 1:00.40		
8 Gray Stone Day		4:10.28	4:05.68 REGA	22
1) Buechler, Abby JR	2) McGuire, Gracie FR	3) Cook, Kinsey SO	4) Cody, Caroline SR	
29.26 1:00.86 30.30	1:02.70 29.47 1:01.66	28.34 1:00.46		
9 West Wilkes		4:21.67	4:06.41 REGA	18
1) Nichols, Anslee JR	2) Handy, Noelle SR	3) Smithey, Morgan JR	4) Handy, Kaitlyn SR	
29.01 1:00.29 30.11	1:02.24 30.15 1:02.57	29.53 1:01.31		
10 Hendersonville		4:28.41	4:12.39 REGA	14
1) Salvaggio, Mia JR	2) Keyzer, Madison SO	3) Ayala, Katherine SO	4) Lubian-Lopez, Karina SR	
29.03 1:03.17 31.04	1:06.39 30.60 1:04.57	27.65 58.26		
11 Mount Airy		4:18.96	4:13.57 REGA	12
1) Bryant, Oshyn FR	2) Bunting, Gilleyn JR	3) Williams, Lindley SR	4) Best, Sierra SR	
30.09 1:03.29 30.24	1:05.03 29.64 1:03.81	29.00 1:01.44		
12 Forbush		4:33.45	4:15.34 REGA	10
1) Beamguard, Suzie SO	2) Post, Emily JR	3) Holowiti, Lauren SR	4) Myers, Gina SR	
32.09 1:10.03 30.52	1:04.38 29.19 1:01.58	28.43 59.35		
13 West Stanly		4:29.05	4:17.21 REGA	8
1) Phillips, Abby FR	2) Rowles, Addisen	3) Ellsworth, Sarah	4) Brown, Julia JR	
29.67 1:04.29 30.44	1:05.34 31.16 1:06.43	27.63 1:01.15		
14 Patton		4:28.18	4:17.59 REGA	6
1) Lucas, Grace SO	2) Fluharty, Jade SR	3) McClure, Nikita FR	4) Sacchetti, Emma FR	
29.35 1:01.52 30.92	1:06.14 32.09 1:07.98	29.88 1:01.95		
15 Franklin		4:27.74	4:17.94 REGA	4
1) Holland, Anissa	2) Roberts, Aimee JR	3) Stahl, Samantha JR	4) Lombard, Deaven FR	
30.89 1:04.94 31.38	1:05.45 31.38 1:04.86	1:02.69		
16 Surry Central		4:22.26	4:18.40 REGA	2
1) Bruce, Abby FR	2) Brindle, Gracie SO	3) Southard, Sarah JR	4) Collins, Sara SO	
29.24 1:01.57 33.96	1:20.54 24.08 57.62	27.82 58.67		

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**Results**

**Event 23 Women 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
17 Union Academy		4:27.17	4:19.89 REGA	
1) Hill, Kelsi JR	2) Townsend, Sydnie SR	3) Hartung, Rebecca JR	4) Nygard, Caroline FR	
26.27 55.42 30.93	1:07.23 18.41 1:10.46	31.12 1:06.78		
18 Smoky Mountain		4:25.00	4:21.74 REGA	
1) Haney, Domanique SR	2) Fox, Jordan SR	3) Judson, Veronica SR	4) Haney, Charlee FR	
29.83 1:03.59 31.05	1:06.29 31.45 1:07.39	30.22 1:04.47		
19 West Stokes		4:26.12	4:24.91 REGA	
1) McGhee, Anna JR	2) Bryant, Abby	3) Miller, Hannah FR	4) Memola, Bethany JR	
31.10 1:05.06 1:08.14	1:39.90 36.07			
20 Foard, F. T.		4:39.53	4:26.23 REGA	
1) Hilton, Eliza SR	2) Hilton, Sarah SO	3) Faherty, Taylor SR	4) Lutz, Tori SO	
30.53 1:04.46 31.06	1:08.22 32.00 1:10.19	30.46 1:03.36		
21 West Davidson		4:41.27	4:27.56 REGA	
1) Hamilton, Macy	2) Roberts, Rachel SO	3) Nebrich, Mary	4) Lester, Ashton JR	
32.02 1:07.66 32.63	1:10.08 31.90 1:10.18	28.65 59.64		
22 Draughn		4:31.40	4:30.33 REGC	
1) Betancourt, Lauren JR	2) Hudson, Gunnar SO	3) Wood, Rachel SO	4) Goulding, Georgia FR	
32.37 1:10.35 29.98	1:04.55 31.76 1:10.62	16.84 1:04.81		
23 South Point		4:32.14	4:37.81 REGC	
1) Axtell, Sarah SO	2) Long, Abby SO	3) Walker, Mary SO	4) Beaty, Audrey	
32.21	32.35 1:09.17	30.61 1:05.20		
24 Chase		4:40.36	4:43.25 REGC	
1) Bridges, Bonnie SR	2) Moneyham, Anna SO	3) Hassani, Maeva	4) Bridges, Jenna FR	
30.01 1:02.92 32.30	1:22.21 29.13 1:21.32	26.34 56.80		

**Event 24 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
<b>3:06.28 AA-A</b>	<b>3:09.26 AA-C</b>	<b>All-America</b>		
<b>3:55.99 REGA</b>	<b>5:50.99 REGC</b>	<b>Regional</b>		
1 Pine Lake Prep		3:33.39	3:24.09 REGA	40
1) Das, AJ FR	2) Adams, Nathan FR	3) Thornburg, Nathan SO	4) Storie, Jonathan JR	
23.57 48.71 24.86	51.59 25.45 53.17	24.30 50.62		
2 Salisbury		3:33.04	3:27.32 REGA	34
1) Knorr, Ethan SR	2) Steinman, Joe SR	3) Dillon, Keegan SR	4) Burton, Roarke JR	
24.09 49.78 25.73	53.90 24.94 53.33	23.29 50.31		
3 Comm School of Davidson		3:36.43	3:33.68 REGA	32
1) Russell, Ethan JR	2) Reddick, Wiley SR	3) Baugher, Jake JR	4) Burrows, Matty FR	
24.80 52.56 24.94	51.89 27.95 56.80	24.75 52.43		
4 Lake Norman Charter		3:45.37	3:36.08 REGA	30
1) Luther, Glenn SR	2) Robertson, Matt SR	3) Fieno, Joseph JR	4) Powe, Harrison FR	
26.62 56.12 26.51	55.56 25.75 54.36	24.40 50.04		
5 Central Academy		3:40.43	3:36.43 REGA	28
1) Bausinger, Steven SO	2) Wild, Jack JR	3) Snider, Micheal SR	4) Palmer, Mitch SR	
25.73 54.20 28.39	59.88 25.44 52.35	23.24 50.00		
6 Newton-Conover		3:52.05	3:41.43 REGA	26
1) Dant, Ross JR	2) Gordon, Michael JR	3) Norman, Alex JR	4) Karre, Paul JR	
23.41 48.54 28.69	1:01.85 28.11 59.82	24.52 51.22		
7 East Burke		3:38.69	3:41.53 REGA	24
1) Dominguez, Nelson SO	2) Blackwood, Trey JR	3) Walker, Brett SR	4) Welch, Riley SR	
25.81 54.10 27.63	58.80 25.94 54.30	24.84 54.33		

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**Event 24 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
*8 Gray Stone Day		3:51.04	3:42.90 REGA	20
1) Ploplis, Reilly JR	2) Sperber, Carson JR	3) Yu, Daniel SR	4) Ostrander, Benjamin SR	
24.95 53.15 27.91	1:04.46 24.84 55.26	23.81 50.03		
*8 Franklin		3:42.67	3:42.90 REGA	20
1) Angel, Phillip JR	2) Burton, Timothy SR	3) Gurney, Seth JR	4) McQuitty, Calvin SR	
25.99 57.40 27.84	58.51 25.50 53.92	25.32 53.07		
10 Elkin		3:53.45	3:44.15 REGA	14
1) Shugart, Brady FR	2) Baker, Cason	3) Bursleson, Cameron SO	4) Sloop, Dockery SR	
25.73 55.29 28.23	59.72 26.63 55.41	24.98 53.73		
11 Hendersonville		4:02.84	3:49.10 REGA	12
1) Gerrits, Kevin SR	2) Turner, Darian SR	3) McCurdy, Ryan JR	4) O'Neal, Noah SR	
26.98 57.14 29.25	1:00.57 28.14 57.84	25.40 53.55		
12 Draughn		3:53.40	3:49.43 REGA	10
1) Blackwell, Tommy SO	2) Smith, Jaxon FR	3) Goulding, Nick JR	4) Perry, Micah SR	
28.49 1:00.72 26.24	54.83 27.16 58.72	25.78 55.16		
13 North Surry		3:58.55	3:51.32 REGA	8
1) York, Hunter FR	2) Jones, Drew SR	3) Isaacs, Caleb SR	4) Bryant, Nick SO	
27.39 56.82 28.35	1:00.20 28.15 59.76	25.28 54.54		
14 Foard, F. T.		4:07.51	3:52.89 REGA	6
1) Ceccato, Grant SR	2) Peschel, Caleb	3) Cervantes, Christopher	4) McCosh, Ethan FR	
29.26 1:01.93 27.91	58.37 29.36 1:02.10	24.26 50.49		
15 West Stanly		3:54.94	3:54.44 REGA	4
1) Hinson, Sam JR	2) Baucom, Chase	3) Perez, Christian JR	4) Hinson, Jake JR	
26.86 58.51 28.42	58.96 28.70 1:01.65	25.71 55.32		
16 North Lincoln		4:08.53	3:56.47 REGC	2
1) Figueroa, Michael JR	2) Curwood, Case	3) McIntosh, Kale JR	4) Bartro, Grady JR	
27.96 1:01.02 28.51	1:03.45 58.64	25.12 53.36		
17 Union Academy		4:03.68	3:57.69 REGC	
1) Carpenter, Hayden SO	2) Love, Aidon FR	3) McFadden, Taylor SR	4) Green, Carson JR	
25.95 54.36 29.73	1:02.37 28.84 1:00.64	28.31 1:00.32		
18 Wilkes Central		4:09.22	4:00.85 REGC	
1) Davis, Parker SO	2) Johnson, Clay SO	3) Simmons, Dave	4) Davis, Matthew SR	
58.81 29.65	1:03.47 29.48 1:01.71	15.27 56.86		
19 East Surry		4:10.14	4:01.70 REGC	
1) Gilliam, Nolan JR	2) Gates, Jacob	3) Williams, Cade SO	4) Thompson, Jakwon SR	
24.95 53.00 31.77	1:07.44 29.48 1:03.43	27.29 57.83		
20 Shelby		4:12.04	4:03.58 REGC	
1) Lari, Nick FR	2) Morgan, Grady JR	3) Eusebio, Andrew SR	4) Wiebelhaus, Exander SO	
31.30 1:06.30 28.21	1:00.44 27.78 58.87	15.55 57.97		
21 Patton		4:08.78	4:13.70 REGC	
1) Seagle, Harrison SO	2) Kearson, Zachary JR	3) Gregory, Dorian	4) Roper, Grayson SO	
30.23 1:04.16 30.33	1:03.77 29.99 1:04.45	29.46 1:01.32		
22 West Wilkes		4:10.57	4:40.65 REGC	
1) Hurley, Ethan FR	2) Mackler, Anthony	3) Lewczyk, Samuel FR	4) Barlow, Cameron SO	
30.01 1:01.72 43.15	1:37.64 29.89 1:04.22	27.28 57.07		
--- Lincoln Charter		3:40.07	DQ	
1) Swicegood, Grant SR	2) Law, Jackson SR	3) Stratton, Neal SO	4) Whipple, Zach SO	
24.17 51.44 24.99	53.25 24.36 50.65	22.67 46.93		
--- South Rowan		4:15.68	DQ	
1) Ward, Harrison	2) Shepard, Harrison	3) Vagner, Braxton FR	4) Jiminez, Corey	
28.19 1:03.33 29.24	1:05.42 28.51 1:04.10	25.52 57.75		