

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

Scores - Women

1. Carrboro	437
2. NC School of Science & Math	234
3. Croatan	204
4. Raleigh Charter	189
5. Durham School of the Arts	188
6. Voyager Academy	179
7. First Flight	126
8. Franklin Academy	91
9. Eno River Academy	88
10. Nash Central	85
11. Washington	70
12. Research Triangle	54
13. Jordan-Matthews	36
14. Roanoke Rapids	34
15. Manteo	28
16. East Carteret	26
16. Pasquotank County	26
18. Richlands	21
19. Southside	18
19. North Johnston	18
21. Vance Charter School	11
22. Camden County	10
23. Clinton	8
24. Midway	4
25. John A. Holmes	2
25. Beddingfield	2
27. Dixon	1

Scores - Men

1. NC School of Science & Math	374.5
2. Raleigh Charter	314
3. Carrboro	258.5
4. Croatan	179
5. Washington	174
6. Durham School of the Arts	134
7. Voyager Academy	110
8. Camden County	98
9. Roanoke Rapids	92
10. Rosewood	77
11. Nash Central	66
12. East Carteret	53
13. Research Triangle	46
14. Eno River Academy	45
15. Clinton	41
16. First Flight	24
17. Tarboro	23
18. Oxford Preparatory School	18
19. Manteo	17
20. Currituck County	15
21. Bunn	13
22. Richlands	8
23. Vance Charter School	6
24. John A. Holmes	2
24. Northeastern	2

Event 1 Women 200 Yard Medley Relay

1:44.54 AA-A

1:46.44 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 Carrboro		1:53.08	1:51.36	40
1) Hegland, Kate	2) Costley, Audrey	3) Bilden, Lindy	4) Merry, Anneliese	
27.17 32.09 27.36	24.74			
2 Durham School of the Arts		1:57.02	1:56.78	34
1) Erickson, Grace	2) Simpson, Leah	3) Braun, Logan	4) Battaglini, Gabi	
30.23 31.75 28.98	25.82			
3 Croatan		1:59.14	1:57.87	32
1) Reeve, Lyndsey	2) Domitrovits, Lydia	3) Niebel, Tink	4) Klaumann, MJ	
29.97 34.29 27.21	26.40			
4 NC School of Science & Math		1:58.79	1:58.20	30
1) Deng, Grace	2) Geib, Anna	3) Wen, Melody	4) Desai, Rhea	
30.17 34.92 25.70	27.41			
5 Raleigh Charter		2:05.52	1:58.74	28
1) Wolff, Emilia	2) Curtis, Heidi	3) Ellison, Hannalee	4) Lane, Kathleen	
29.86 32.76 28.39	27.73			
6 Voyager Academy		2:01.28	2:00.18	26
1) Murray, Cordi	2) Murray, Faith	3) Credle, Bailey	4) Hibbard, Alice	
29.65 35.30 28.64	26.59			
7 Eno River Academy		2:09.12	2:02.42	24
1) Acome, Brianne	2) Ryen, Haley	3) Dukelow, Katie	4) Maupin, Addie	
30.44 33.66 28.99	29.33			

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(Event 1 Women 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
8 Franklin Academy		2:09.64	2:07.79	22
1) Stephan, Ashlynn	2) Roberts, Taylor	3) Allen, Julia	4) Stephan, Niamh	
34.09 34.46 30.70	28.54			
9 Washington		2:14.21	2:11.01	18
1) Spruill, Grayson	2) VanCura, Tianna	3) Yoder, Anna	4) Shepherd, Claire	
36.01 35.83 32.53	26.64			
10 Research Triangle		2:10.41	2:14.01	14
1) Braam, Sophia	2) Carew, Sammy	3) Cheifetz, Sara	4) Smith, Rayal	
37.11 33.07 1:03.83				
11 Nash Central		2:11.71	2:15.60	12
1) Wilson, Shelby	2) Winston, Rachel	3) Smith, Allison	4) Williams, Grahson	
36.36 36.64 34.03	28.57			
12 Roanoke Rapids		2:18.67	2:16.40	10
1) Elias, Madison	2) Qualls, Kendall	3) MacNichol, Catherine	4) Thompson, Cierra	
36.54 37.40 32.94	29.52			
13 Pasquotank County		2:16.57	2:20.96	8
1) Brock, Tami	2) Bui, VY	3) Dennis, Jesse	4) Clarkson, Sophie	
39.98 41.33 31.47	28.18			
14 Camden County		2:27.28	2:25.16	6
1) Davis, Hannah	2) Davis, Zoe	3) Strecker, Morgan	4) Mcdougald, Abigail	
45.63 38.49 29.64	31.40			
15 Manteo		2:25.61	2:26.37	4
1) Duprey, Meris	2) Robertson, Libby	3) Mode, Caroline	4) Klauser, Eva	
39.29	29.36			
16 Clinton		2:27.66	2:27.37	2
1) Miller, Amelia	2) Faison, Ella	3) Blount, Anna	4) Yang, Kayla	
37.45 42.07 39.84	28.01			
17 Louisburg		2:33.36	2:27.89	
1) Weathers, Jessica	2) Cash, Robin	3) Hester, Emma	4) Wood, Sara	
35.49 42.29 40.21	29.90			
18 Richlands		2:23.84	2:30.19	
1) Frederick, Lianna	2) Selby, Makayla	3) Jarman, Riley	4) Chandler, Paige	
51.68 32.90 33.71	31.90			
19 Rosewood		2:34.42	2:31.80	
1) Hilton, Kaley	2) Rhodes, Hannah	3) Langdon, Allecia	4) Nuwara, Lana	
36.18 40.82 39.51	35.29			
20 Goldsboro		2:25.33	2:34.72	
1) Wagner, Katie	2) Bonner, Dantzler	3) Taneti, Vismitha	4) Bennett, Cailee	
49.09 30.34 43.57	31.72			
21 Vance Charter School		2:31.28	2:36.31	
1) Deal, Molly	2) Riggan, Sydney	3) Falkner, Alyssa	4) Montgomery, Makenzie	
39.56 45.67 35.78	35.30			
22 Princeton		2:37.67	2:37.15	
1) Norris, Sydney	2) Worrell, Audrey	3) Crocker, Allie	4) Leslie, Katie Beth	
36.49 42.71 41.49	36.46			
--- First Flight		2:06.91	DQ	
1) Cooper, Bella	2) Wilson, Briana	3) O'Neil, Ava	4) Bembridge, Erin	
33.08 36.81 37.52	24.40			
--- Jordan-Matthews		2:37.82	DQ	
1) Bauer, Yara	2) Fadely, Jennah	3) Suits, Sydney	4) Henderson, Jennifer	
43.80 32.32 43.35	34.73			

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Event 2 Men 200 Yard Medley Relay

1:33.34 AA-A

1:34.94 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 Croatan		1:41.79	1:40.67	40
1) Barker, Will	2) McCabe, Jack	3) Loveless, Colby	4) Young, Colby	
23.70 27.51 25.11	24.35			
2 Washington		1:45.59	1:41.35	34
1) Pake, Tristan	2) Lovenberg, Patrick	3) Tubaugh, Hodges	4) Pippin, Tripp	
26.73 26.95 24.08	23.59			
3 Raleigh Charter		1:45.19	1:42.39	32
1) Hester, Trey	2) Starbuck, Jason	3) Hancock, Isaac	4) Gimpl, Glen	
26.59 27.26 25.58	22.96			
4 NC School of Science & Math		1:42.30	1:42.76	30
1) Congiusta, Matthew	2) Suminguit, Jacob	3) Mejouev, Feodor	4) Li, Jason	
24.89 28.90 25.44	23.53			
5 Carrboro		1:47.84	1:44.57	28
1) Wurster, Lincoln	2) Prakken, Alex	3) Moore, Nicholas	4) Ward, Ian	
25.94 28.21 26.84	23.58			
6 Durham School of the Arts		1:46.58	1:46.04	26
1) Davis, Collin	2) Baker, Jay	3) Schram, Matthew	4) Hamilton, Forrest	
25.84 28.73 26.05	25.42			
7 Camden County		1:54.44	1:48.48	24
1) Jones, Ethan	2) Keeling, Gabriel	3) Praisler, Christopher	4) Royal, Nathan	
26.04 30.85 28.17	23.42			
8 Roanoke Rapids		1:55.34	1:50.14	22
1) Thompson, Christian	2) Tant, Garrett	3) Glasgow, Michael	4) King, Nick	
30.10 30.15 26.23	23.66			
9 Voyager Academy		1:53.17	1:52.72	18
1) Wilson, Zack	2) Cheifetz, Adam	3) Kijrattanakam, Tom	4) Dail, Adyn	
30.60 26.63 30.16	25.33			
10 Nash Central		2:02.17	1:54.98	14
1) Agan, Ryan	2) Norris, Lance	3) King, Ethan	4) Lytton, Albert	
31.14 27.74 29.69	26.41			
11 Rosewood		1:57.45	1:55.16	12
1) Merritt, Damon	2) Rigdon, Nathan	3) Lyon, Jack	4) Daniels, Cameron	
32.25 33.00 26.02	23.89			
12 Research Triangle		1:57.88	1:56.12	10
1) McNatton, Jackson	2) Loo, Joshua	3) McCarthy, Zach	4) Lyman, Jackson	
28.06 35.31 26.47	26.28			
13 Bunn		1:58.61	1:56.53	8
1) Walston, Michael	2) Gibbs, Colton	3) Simpson, Hayden	4) Richardson, Ryan	
31.12 32.92 26.78	25.71			
14 First Flight		2:02.88	2:01.21	6
1) Tonnesen, Ben	2) Savage, Payton	3) White, Ethan	4) Peters, Robert	
30.42 35.66 29.99	25.14			
15 Vance Charter School		2:13.36	2:04.55	4
1) Riggan, Ethan	2) Roberson, Kirby	3) Harp, Chris	4) Daniel, Ben	
33.31 35.79 29.12	26.33			
16 Tarboro		2:05.68	2:04.82	2
1) Davis, William	2) Dupree, Layton	3) Lancaster, Jack	4) McLeod, Jordan	
35.41 34.44 25.85	29.12			
17 Currituck County		2:08.32	2:04.97	
1) Ray, Hayden	2) Gibson, Laiten	3) Noerr, Caleb	4) Daneker, Gabriel	
34.76 34.87 31.75	23.59			
18 Richlands		2:07.04	2:06.56	
1) Bergeron, Liam	2) Eddleman, Harris	3) Miller, Jacob	4) Finney, Ryan	
33.25 34.53 33.52	25.26			

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(Event 2 Men 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
19 Clinton		2:04.16	2:13.18	
1) Westerbeek, Spencer	2) Milller, William	3) Edwards, Turner	4) Parrish, Henry	
34.58 36.98 33.23	28.39			
20 Franklin Academy		2:19.95	2:13.72	
1) Farrelly, Finley	2) Beaman, Ben	3) Arensman, Ben	4) Shuler, Andre	
44.02 30.76 30.18	28.76			
21 John A. Holmes		2:12.43	2:14.43	
1) Johnson, Brayden	2) Armstrong, Brady	3) Spruill, Shane	4) Bobbit, Jack	
36.60 39.47 30.35	28.01			
22 Pasquotank County		2:25.33	2:23.78	
1) Haist, Jalen	2) Ford, Ian	3) Walton, Chandler	4) Payne, Nick	
37.28 43.59 34.29	28.62			
--- Goldsboro		2:16.21	DQ	
1) Foy, Joseph	2) Barnett, Reid	3) Kimble, Ryan	4) DeVaughn, Prophet	
	36.44 35.37			
--- Northeastern		2:02.94	DQ	
1) Johnson, Wyatt	2) Breaux, Peter	3) Sorenson, Nick	4) Pureza, Cameron	
	31.82 26.35			

Event 3 Women 200 Yard Freestyle

Name	School	Finals Time	Points
		1:48.80	AA-A
		1:50.65	AA-C All-America
1 Reeve, Lyndsey	CROTN	1:54.83	20
2 Carpenter, Emily	CARR	1:56.55	17
3 Baca, Paloma	CARR	1:57.23	16
4 Torres, Sophia	NCSSM	2:09.02	15
5 Merry, Clara	CARR	2:09.79	14
6 Battaglini, Gabi	DSA	2:10.38	13
7 Wilson, Briana	FF	2:11.62	12
8 Scott-Benson, Rosie	VOYAG	2:12.91	11
9 Mode, Caroline	MNTEO	2:15.80	9
10 Allen, Julia	FRKAC	2:17.05	7
11 Swartz, Sydney	NJOHN	2:17.57	6
12 Care, Megan	VNCCH	2:22.47	5
13 Core, Ruth	MDWY	2:22.70	4
14 Philips, Tessa	RALCH	2:23.93	3
15 Beikirch, Avah	CROTN	2:24.78	2
16 Hall, Olivia	CARR	2:27.08	1
17 Hiatt, Lindsey	NCSSM	2:27.91	
18 Naiman, McKayla	FRKAC	2:29.44	
19 Maupin, Addie	ENORV	2:29.56	
20 Basurto-Covarrubias, Sofia	NCSSM	2:30.44	
21 Busick, Avery	RALCH	2:33.23	
22 McGuinn, Reagan	DSA	2:33.93	
23 Campbell, Ella	CROTN	2:35.49	
24 Klauser, Eva	MNTEO	2:35.64	

Event 4 Men 200 Yard Freestyle

Name	School	Finals Time	Points
		1:38.52	AA-A
		1:40.23	AA-C All-America
1 Norris, Lance	NASHC	1:42.57	20
2 Baker, Jay	DSA	1:47.45	17
3 Eberhardt, Andrew	NCSSM	1:51.16	16
4 Healy, Jack	NCSSM	1:51.39	15
5 Pilson, Robert	RALCH	1:53.20	14
6 DeWalt, Kieran	CARR	1:53.99	13
7 Hopper, Robert M	OXFRD	1:54.19	12
8 VonWeihe, Ryan	RALCH	1:57.18	11
9 Suminguit, Jacob	NCSSM	1:58.67	9
10 Hellofs, Ethan	CARR	2:00.68	7
11 Hunter, Corbin	CARR	2:02.07	6
12 Thomas, Seth	NCSSM	2:04.02	5
13 Lee, Jackson	CARR	2:04.20	4
14 Daniels, Cameron	RWOOD	2:06.20	3
15 Wilson, Lucas	RALCH	2:07.95	2
16 Savage, Payton	FF	2:08.06	1
17 Thomasson, Luke	VOYAG	2:13.02	
18 Lyman, Jackson	RTPCH	2:14.18	
19 Watson, Andrew	RALCH	2:14.65	
20 Harris, Colin	RAPID	2:19.04	
21 Williams, Luke	MDWY	2:20.94	
22 Cowand, John	CLNTN	2:21.12	
23 McLean, Croft	CROTN	2:21.98	

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Event 5 Women 200 Yard IM

2:01.69 AA-A
2:04.02 AA-C All-America

Name	School	Finals Time	
1 Merry, Anneliese	CARR	2:11.04	20
2 Simpson, Leah	DSA	2:12.86	17
3 Fadely, Jennah	JORMA	2:14.86	16
4 Ellison, Hannalee	RALCH	2:16.21	15
5 Ryen, Haley	ENORV	2:16.28	14
6 Costley, Audrey	CARR	2:16.31	13
7 Domitrovits, Lydia	CROTN	2:17.31	12
8 Roberts, Taylor	FRKAC	2:17.78	11
9 Carew, Sammy	RTPCH	2:20.45	9
10 Carroll, Lucy	CARR	2:29.02	7
11 Dukelow, Katie	ENORV	2:30.39	6
12 McCallion, Eve	CARR	2:31.51	5
13 Trivette, Emmy	FF	2:31.60	4
14 Humphreys, Kate	DSA	2:36.68	3
15 Busick, Mia	RALCH	2:37.06	2
16 Geib, Anna	NCSSM	2:37.31	1
17 Stephan, Ashlynn	FRKAC	2:44.99	
18 VanCura, Tianna	WASHG	2:46.15	
19 Greene, Annie E	BEDDN	2:46.58	
20 Ocampo, Anna	FRKAC	2:46.95	
21 Gardill, Ellie	FF	2:58.61	
22 Cash, Robin	LOUIS	3:02.20	
--- Vette, Zoe	VOYAG	DQ	

Event 7 Women 50 Yard Freestyle

23.23 AA-A
23.58 AA-C All-America

Name	School	Finals Time	
1 Wen, Melody	NCSSM	23.97	20
2 Hegland, Kate	CARR	25.11	17
3 Fulford, Hanna	NCSSM	25.40	16
4 Acome, Brianne	ENORV	26.05	15
5 Hicks, Sarah	NASHC	26.12	14
6 Lane, Kathleen	RALCH	26.18	13
7 Klaumann, MJ	CROTN	26.45	12
8 Desai, Rhea	NCSSM	26.51	11
9 Shepherd, Claire	WASHG	26.91	9
10 Cole, Darah	SSIDE	26.97	7
11 Fulcher, Eleanor	ECART	27.00	6
12 Weigle, Olivia	CARR	27.08	5
13 Deng, Grace	NCSSM	27.09	4
14 Murray, Faith	VOYAG	27.10	3
15 Hibbard, Alice	VOYAG	27.11	2
16 Golden, Sarah	ECART	27.34	1
17 Holcomb, Anne	FF	27.39	
18 Billups, Kylie Grace	NASHC	27.77	
19 Clarkson, Sophie	PASQU	27.84	
20 Stephan, Niamh	FRKAC	28.45	
21 Yang, Kayla	CLNTN	28.71	
22 Bowman, Selah	CARR	28.74	
23 Meyer, Grace	CROTN	29.49	

Event 6 Men 200 Yard IM

1:49.83 AA-A
1:51.77 AA-C All-America

Name	School	Finals Time	
1 Shanahan, Matt	ENORV	1:57.96	20
2 Congiusta, Matthew	NCSSM	1:59.29	17
3 Jones, Ethan	CAMDN	2:02.44	16
4 Davis, Collin	DSA	2:02.71	15
5 Wurster, Lincoln	CARR	2:05.13	14
6 Hester, Trey	RALCH	2:05.83	13
7 Pake, Tristan	WASHG	2:06.10	12
8 Prakken, Alex	CARR	2:08.45	11
9 McCabe, Jack	CROTN	2:09.04	9
10 Richardson, Zach	NCSSM	2:10.25	7
11 Li, Jason	NCSSM	2:11.06	6
12 Lyon, Jack	RWOOD	2:13.28	5
13 Wilson, Ben	RALCH	2:14.60	4
14 Moore, Nicholas	CARR	2:15.74	3
15 Janesik, Max	MNTEO	2:16.77	2
16 Mejouev, Feodor	NCSSM	2:16.80	1
17 Patel, Sahil	RALCH	2:18.28	
18 Hancock, Asher	RALCH	2:18.77	
19 Young, Colby	CROTN	2:19.21	
20 Hamilton, Forrest	DSA	2:30.92	
21 Tonnesen, Ben	FF	2:32.45	
22 Anderson, Tyler	FF	2:37.02	
23 Miller, William	CLNTN	2:37.96	
--- Taylor, Reid	CLNTN	DQ	

Event 8 Men 50 Yard Freestyle

20.60 AA-A
20.96 AA-C All-America

Name	School	Finals Time	
1 Heidkamp, George	NCSSM	21.58	20
2 Cheifetz, Adam	VOYAG	22.05	17
3 Starbuck, Jason	RALCH	22.15	16
4 Nowacek, Jackson	ECART	22.21	15
5 Loveless, Colby	CROTN	22.30	14
6 Charles, Emile	NCSSM	22.37	13
7 Tubaugh, Hodges	WASHG	22.61	12
8 Tant, Garrett	RAPID	22.74	11
9 Daneker, Gabriel	CURRK	23.35	9
10 McSorley, Duncan	RALCH	23.73	7
11 Glontz, Chris	NCSSM	23.96	6
12 Wilson, Zack	VOYAG	24.01	5
*13 O'Donnell, Kevin	CARR	24.22	3.5
*13 Moomaw, Roger	NCSSM	24.22	3.5
15 King, Nick	RAPID	24.30	2
16 Schram, Matthew	DSA	24.38	1
17 Beach, Braeden	WASHG	24.54	
*18 Willis, Hunter	ECART	24.85	
*18 Pike, Justin	CLNTN	24.85	
20 Mosteller, Aidan	CARR	24.87	
21 Goetsch, Noah	MNTEO	24.93	
22 Royal, Nathan	CAMDN	25.71	
23 Armstrong, Brady	HOLME	25.88	
--- Lancaster, Jack	TARBR	DFS	

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Results

Event 9 Women 1 mtr Diving

375.00 AA-C All-America

Name	School	Finals Time	
1 Livers, Jenna	CARR	236.15	20

Event 10 Men 1 mtr Diving

375.00 AA-C All-America

Name	School	Finals Time	
1 Woods, Max	DSA	206.45	20

Event 11 Women 100 Yard Butterfly

54.45 AA-A

55.63 AA-C All-America

Name	School	Finals Time	
1 Cortez, Cecilia	FF	58.08	20
2 Bilden, Lindy	CARR	59.79	17
3 Niebel, Tink	CROTN	1:00.40	16
4 Murray, Cordi	VOYAG	1:01.56	15
5 Curtis, Heidi	RALCH	1:02.73	14
6 Erickson, Grace	DSA	1:03.08	13
7 Hunsberger, Eliot	CARR	1:03.67	12
8 Carew, Sammy	RTPCH	1:04.37	11
9 Hicks, Sarah	NASHC	1:05.70	9
10 Dukelow, Katie	ENORV	1:07.82	7
11 Talsma, Emeli	RICHL	1:09.67	6
12 Braun, Logan	DSA	1:10.00	5
13 Allen, Julia	FRKAC	1:10.36	4
14 Busick, Mia	RALCH	1:12.20	3
15 Dennis, Jesse	PASQU	1:12.46	2
16 Yoder, Anna	WASHG	1:15.06	1
17 Care, Laura L	VNCCO	1:17.66	
18 Jarman, Riley	RICHL	1:18.17	
19 White, Molly	HOLME	1:20.51	
20 De La Torre, Anna	NCSSM	1:22.00	
21 Stefan, Cate	DSA	1:22.61	
22 Busick, Avery	RALCH	1:22.62	
23 Worrell, Audrey	PRNCT	1:23.16	

Event 12 Men 100 Yard Butterfly

48.96 AA-A

50.03 AA-C All-America

Name	School	Finals Time	
1 Pake, Tristan	WASHG	56.34	20
2 Lancaster, Jack	TARBR	59.10	17
3 Lyon, Jack	RWOOD	59.18	16
4 Hancock, Isaac	RALCH	59.28	15
5 Chiu, Steven	NCSSM	1:00.43	14
6 Moore, Nicholas	CARR	1:01.50	13
7 Abplanalp, Jack	RALCH	1:01.69	12
8 Patel, Sahil	RALCH	1:01.72	11
9 Wilson, Ben	RALCH	1:01.98	9
10 McCallion, Maxwell	CARR	1:02.02	7
11 Crisp, Allen	WASHG	1:03.09	6
12 Rigdon, Nathan	RWOOD	1:04.87	5
13 Simpson, Hayden	BUNN	1:05.26	4
14 Chen, Kevin	NCSSM	1:08.09	3
15 Harp, Chris	VNCCH	1:09.14	2
16 Jordan, Tyler	RWOOD	1:09.53	1
17 Nowacek, George	CARR	1:09.70	
18 White, Ethan	FF	1:10.25	
19 Miller, William	CLNTN	1:10.58	
20 Lytton, Albert	NASHC	1:11.96	
21 Hanke, Gabriel	CURRK	1:12.89	
22 Miller, Jacob	RICHL	1:18.25	
--- Moriarty, Elijah	RAPID	DFS	

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Results

Event 13 Women 100 Yard Freestyle

50.29 AA-A
51.13 AA-C All-America

Name	School	Finals Time	
1 Wen, Melody	NCSSM	52.56	20
2 Kosik, Ede	VOYAG	52.68	17
3 Merry, Anneliese	CARR	55.00	16
4 Domitrovits, Lydia	CROTN	55.21	15
5 Wolff, Emilia	RALCH	55.46	14
6 Fulford, Hanna	NCSSM	56.35	13
7 Carroll, Lucy	CARR	56.95	12
8 Credle, Bailey	VOYAG	58.41	11
9 Acome, Brianne	ENORV	59.14	9
10 Weigle, Olivia	CARR	59.28	7
11 Klaumann, MJ	CROTN	59.69	6
12 Golden, Sarah	ECART	1:00.82	5
13 Sander, Audrey	DSA	1:01.77	4
14 Talsma, Emeli	RICHL	1:01.88	3
15 Trivette, Emmy	FF	1:02.15	2
16 Lane, Kathleen	RALCH	1:02.45	1
17 Macklin, Grace	CARR	1:02.54	
18 Foglesong, Mia	DSA	1:03.44	
19 Stephan, Niamh	FRKAC	1:03.87	
20 Swartz, Mackenzie	NJOHN	1:04.04	
21 Holcomb, Anne	FF	1:04.69	
22 Billups, Kylie Grace	NASHC	1:05.20	
--- Wolff, Isabella	RALCH	DFS	
--- Fulcher, Eleanor	ECART	DFS	

Event 14 Men 100 Yard Freestyle

44.99 AA-A
45.78 AA-C All-America

Name	School	Finals Time	
1 Barker, Will	CROTN	46.95	20
2 Heidkamp, George	NCSSM	47.65	17
3 Nowacek, Jackson	ECART	48.52	16
4 Loveless, Colby	CROTN	49.10	15
5 Charles, Emile	NCSSM	49.30	14
6 Tubaugh, Hodges	WASHG	49.61	13
7 Gimpl, Glen	RALCH	49.93	12
8 Eberhardt, Andrew	NCSSM	50.80	11
9 Ward, Ian	CARR	51.12	9
10 McCarthy, Zach	RTPCH	51.75	7
11 Hopper, Robert M	OXFRD	52.67	6
12 Glasgow, Michael	RAPID	52.77	5
13 Wilson, Zack	VOYAG	52.95	4
14 O'Donnell, Kevin	CARR	53.57	3
15 Mejouev, Feodor	NCSSM	54.23	2
16 Pike, Justin	CLNTN	54.58	1
17 Daneker, Gabriel	CURRK	54.88	
18 Schram, Matthew	DSA	54.90	
19 McSorley, Duncan	RALCH	54.97	
20 Goetsch, Noah	MNTEO	55.13	
21 Barrett, Owen	CARR	55.76	
22 McNatton, Jackson	RTPCH	56.63	
23 Mosteller, Aidan	CARR	56.77	
24 Merritt, Damon	RWOOD	57.34	

Event 15 Women 500 Yard Freestyle

4:52.26 AA-A
4:57.09 AA-C All-America

Name	School	Finals Time	
1 Reeve, Lyndsey	CROTN	5:07.38	20
2 Carpenter, Emily	CARR	5:09.05	17
3 Baca, Paloma	CARR	5:10.42	16
4 Ellison, Hannalee	RALCH	5:10.82	15
5 Kosik, Ede	VOYAG	5:23.58	14
6 Ryen, Haley	ENORV	5:27.53	13
7 Roberts, Taylor	FRKAC	5:30.56	12
8 Hunsberger, Eliot	CARR	5:35.75	11
9 Merry, Clara	CARR	5:38.14	9
10 Torres, Sophia	NCSSM	5:44.87	7
11 Battaglini, Gabi	DSA	5:50.98	6
12 Mode, Caroline	MNTEO	5:57.46	5
13 Wilson, Briana	FF	5:57.88	4
14 Scott-Benson, Rosie	VOYAG	6:02.08	3
15 Vette, Zoe	VOYAG	6:13.99	2
16 Braun, Logan	DSA	6:18.63	1
17 Philips, Tessa	RALCH	6:30.17	
18 Naiman, McKayla	FRKAC	6:34.30	
19 Beikirch, Avah	CROTN	6:38.70	
20 Core, Ruth	MDWY	6:39.49	
21 Care, Megan	VNCCH	6:39.77	
22 Hiatt, Lindsey	NCSSM	6:41.17	
23 Strecker, Morgan	CAMDN	6:47.60	
24 Johnson, Elizabeth	SWEDG	6:59.06	

Event 16 Men 500 Yard Freestyle

4:28.75 AA-A
4:33.39 AA-C All-America

Name	School	Finals Time	
1 Norris, Lance	NASHC	4:44.41	20
2 Healy, Jack	NCSSM	5:07.18	17
3 VonWeihe, Ryan	RALCH	5:10.14	16
4 DeWalt, Kieran	CARR	5:10.41	15
5 Pilson, Robert	RALCH	5:13.96	14
6 McCarthy, Zach	RTPCH	5:19.95	13
7 Hunter, Corbin	CARR	5:29.88	12
8 Overby, Mason	ENORV	5:31.69	11
9 Wilson, Lucas	RALCH	5:35.56	9
10 Janesik, Max	MNTEO	5:38.37	7
11 Savage, Payton	FF	5:49.12	6
12 Lee, Jackson	CARR	5:50.36	5
13 Huan, Ben	NCSSM	5:58.60	4
14 Daniels, Cameron	RWOOD	6:01.41	3
15 Lyman, Jackson	RTPCH	6:08.62	2
16 Anderson, Tyler	FF	6:14.13	1
17 Ragsdale, Owen	RALCH	6:23.20	
18 Williams, Luke	MDWY	6:24.02	
19 Ward, Wyatt	FF	6:27.47	
20 Harris, Colin	RAPID	6:29.09	
21 Hanke, Gabriel	CURRK	6:31.70	
22 Snyder, Gabriel	CAMDN	6:36.65	
23 Harrison, Samuel	CLNTN	6:37.47	
24 Cowand, John	CLNTN	6:46.65	

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

Event 17 Women 200 Yard Freestyle Relay

1:35.50 AA-A

1:37.16 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 Carrboro		1:42.91	1:41.56	40
1) Bilden, Lindy	2) Costley, Audrey	3) Baca, Paloma	4) Carpenter, Emily	
25.88 25.43 25.09 25.16				
2 NC School of Science & Math		1:46.64	1:44.10	34
1) Wen, Melody	2) Desai, Rhea	3) Torres, Sophia	4) Fulford, Hanna	
23.95 26.59 27.63 25.93				
3 Voyager Academy		1:49.75	1:45.96	32
1) Hibbard, Alice	2) Scott-Benson, Rosie	3) Credle, Bailey	4) Kosik, Ede	
27.21 27.31 27.16 24.28				
4 First Flight		1:52.04	1:49.41	30
1) Cortez, Cecilia	2) Cooper, Bella	3) Trivette, Emmy	4) Holcomb, Anne	
25.37 28.72 28.45 26.87				
5 Nash Central		1:53.83	1:51.43	28
1) Billups, Kylie Grace	2) Winston, Rachel	3) Smith, Allison	4) Hicks, Sarah	
28.43 28.96 54.04				
6 Franklin Academy		1:54.04	1:51.49	26
1) Roberts, Taylor	2) Stephan, Ashlynn	3) Allen, Julia	4) Stephan, Niamh	
26.79 28.39 28.02 28.29				
7 Washington		2:00.24	1:55.03	24
1) Spruill, Grayson	2) VanCura, Tianna	3) Yoder, Anna	4) Shepherd, Claire	
29.99 28.72 29.92 26.40				
8 Raleigh Charter		1:57.43	1:55.34	22
1) Busick, Avery	2) Busick, Mia	3) Philips, Tessa	4) Lane, Kathleen	
27.64 15.65 41.86 30.19				
9 Croatan		1:53.37	1:55.91	18
1) Beikirch, Avah	2) Forsythe, Emma	3) Meyer, Grace	4) Griffing, Madison	
28.30 27.81 28.74 31.06				
10 East Carteret		2:02.69	1:56.31	14
1) Golden, Sarah	2) LoPiccolo, Lydia	3) Williamson, Chloe	4) Fulcher, Eleanor	
28.11 32.24 29.70 26.26				
11 Roanoke Rapids		2:01.70	1:56.39	12
1) Pageau, Mallaury	2) Elias, Madison	3) Thompson, Cierra	4) MacNichol, Catherine	
30.80 28.21 29.66 27.72				
12 Pasquotank County		2:03.38	2:03.48	10
1) Dennis, Jesse	2) Brock, Tami	3) McCleese, Aalysah	4) Clarkson, Sophie	
30.87 32.39 31.85 28.37				
13 Richlands		2:06.20	2:04.28	8
1) Talsma, Emeli	2) Frederick, Lianna	3) Chandler, Paige	4) Jarman, Riley	
27.70 32.55 32.14 31.89				
14 Research Triangle		2:12.97	2:06.58	6
1) Warren, Abby	2) Cheifetz, Sara	3) Wexler, Elie	4) Smith, Rayal	
32.45 33.42 31.55 29.16				
15 Vance Charter School		2:11.76	2:07.85	4
1) Riggan, Sydney	2) Falkner, Alyssa	3) Deal, Molly	4) Care, Megan	
35.86 31.62 30.55 29.82				
16 John A. Holmes		2:10.93	2:08.53	2
1) Goodwin, Alyssa	2) White, Molly	3) Styons, Kaelly	4) Turner, Amy	
32.50 38.19 28.01 29.83				
17 Clinton		2:09.92	2:11.64	
1) Yang, Kayla	2) Miller, Amelia	3) Faison, Isabella	4) Jaramillo, Nayeli	
29.23 32.44 34.91 35.06				
18 Rosewood		2:16.55	2:13.71	
1) Langdon, Allecia	2) Aghajanian, Kaitlyn	3) Rhodes, Hannah	4) Hilton, Kaley	
32.83 36.15 34.25 30.48				

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
19 Camden County		2:08.48	2:13.86	
1) Mcdougald, Abigail	2) Rollings, Mackensi	3) Oneal, Caroline	4) Davis, Zoe	
32.60 34.29 33.66	33.31			
20 Vance County		2:17.14	2:14.68	
1) Care, Laura L	2) Kanouff, Rosie	3) Vaught, Gracey	4) Nance, Kristen	
31.28 36.77 34.16	32.47			
21 Midway		2:15.27	2:14.96	
1) Core, Ruth	2) Ennis, Carrigan	3) Holmes, Miranda	4) Baggett, Chloe	
29.78 33.64 34.08	37.46			
22 Currituck County		2:14.72	2:14.97	
1) Indoe, Alexis	2) DeCant, Brooke	3) Hall, Erynn	4) Woodson, Merritt	
32.37 35.07 33.70	33.83			
23 Goldsboro		2:16.03	2:15.18	
1) Hancock, Mills	2) Taneti, Vismitha	3) Wagner, Katie	4) Bonner, Dantzler	
34.86 38.07 31.22	31.03			
--- Durham School of the Arts		1:47.42	DQ	
1) Sander, Audrey	2) Humphreys, Kate	3) Foglesong, Mia	4) Walston, Emerson	
27.98 28.63 27.72	28.96			

Event 18 Men 200 Yard Freestyle Relay

1:24.92 AA-A

1:26.03 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 NC School of Science & Math		1:31.94	1:30.74	40
1) Charles, Emile	2) Li, Jason	3) Eberhardt, Andrew	4) Heidkamp, George	
22.69 23.36 22.94	21.75			
2 Carrboro		1:38.92	1:35.13	34
1) Ward, Ian	2) O'Donnell, Kevin	3) McCallion, Maxwell	4) Moore, Nicholas	
23.17 23.77 24.25	23.94			
3 Voyager Academy		1:39.04	1:35.37	32
1) Kijrattanakam, Tom	2) Dail, Adyn	3) Wilson, Zack	4) Cheifetz, Adam	
24.72 25.22 23.80	21.63			
4 Roanoke Rapids		1:40.08	1:35.52	30
1) King, Nick	2) Moriarty, Elijah	3) Glasgow, Michael	4) Tant, Garrett	
24.30 25.13 24.03	22.06			
5 Raleigh Charter		1:37.37	1:35.62	28
1) Patel, Sahil	2) Abplanalp, Jack	3) Pilson, Robert	4) McSorley, Duncan	
24.22 24.19 23.72	23.49			
6 Washington		1:40.88	1:36.97	26
1) Beach, Braeden	2) Crisp, Allen	3) Pippin, Tripp	4) Lovenberg, Patrick	
24.66 25.29 23.84	23.18			
7 Rosewood		1:42.08	1:38.79	24
1) Merritt, Damon	2) Rigdon, Nathan	3) Daniels, Cameron	4) Lyon, Jack	
24.92 25.94 23.97	23.96			
8 Clinton		1:43.58	1:41.01	22
1) Taylor, Reid	2) Westerbeek, Spencer	3) Cowand, John	4) Pike, Justin	
24.82 25.62 25.68	24.89			
9 East Carteret		1:42.98	1:42.19	18
1) Willis, Hunter	2) Brooks, Mitchell	3) Goodwin, Harrison	4) Nowacek, Jackson	
25.10 27.33 28.04	21.72			
10 Croatan		1:45.47	1:43.33	14
1) Kahrmanovic, Luke	2) Meyer, Ben	3) Cohen, Bryce	4) Young, Colby	
24.58 25.95 26.64	26.16			
11 Nash Central		1:50.66	1:43.43	12
1) King, Ethan	2) Norris, Lance	3) Agan, Ryan	4) Lytton, Albert	
27.83 21.81 27.29	26.50			

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

(Event 18 Men 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
12 Camden County		1:43.47	1:44.14	10
1) Royal, Nathan	2) Snyder, Gabriel	3) Praisler, Christopher	4) Keeling, Gabriel	
24.05 30.52 24.28	25.29			
13 Manteo		1:49.68	1:46.11	8
1) Marshall, Zeke	2) Gilreath, Reid	3) Janesik, Max	4) Goetsch, Noah	
28.06 28.23 24.97	24.85			
14 Currituck County		1:48.26	1:46.20	6
1) Daneker, Gabriel	2) Scully, Evan	3) Noerr, Caleb	4) Ray, Hayden	
23.98 27.46 27.53	27.23			
15 Tarboro		1:48.02	1:47.02	4
1) Dupree, Layton	2) McLeod, Jordan	3) Davis, William	4) Lancaster, Jack	
26.41 29.31 27.43	23.87			
16 Northeastern		1:51.61	1:47.75	2
1) Pureza, Cameron	2) Sorenson, Nick	3) Breaux, Peter	4) Johnson, Wyatt	
26.14 29.32 26.76	25.53			
17 Durham School of the Arts		1:35.86	1:48.54	
1) Lozuke, Ethan	2) Tenhover, Zach	3) Menacho, Harrison	4) Atkins, Cole	
29.06 26.63 27.58	25.27			
18 Vance Charter School		1:55.44	1:48.77	
1) Daniel, Ben	2) Ayscue, Josh	3) Harp, Chris	4) Riggan, Ethan	
26.70 27.94 26.85	27.28			
19 John A. Holmes		1:50.01	1:49.10	
1) Bobbit, Jack	2) Johnson, Brayden	3) Spruill, Shane	4) Armstrong, Brady	
27.49 30.00 25.15	26.46			
20 First Flight		1:48.60	1:49.23	
1) Gardill, Nick	2) White, Ethan	3) Crook, Tucker	4) Peters, Robert	
27.17 29.15 27.18	25.73			
21 Richlands		1:49.58	1:49.45	
1) Isabelle, Luke	2) Eddleman, Harris	3) Finney, Ryan	4) Bergeron, Liam	
27.35 29.46 26.39	26.25			
22 Goldsboro		1:59.19	2:01.40	
1) Miranda, Aaron	2) DeVaughn, Prophet	3) Foy, Joseph	4) Kimble, Ryan	
33.41 30.13 30.54	27.32			
--- Midway		1:59.13	DQ	
1) Williams, Luke	2) Bradshaw, Jaden	3) Brown, Austin	4) Williford, Chandler	
27.22 35.69 26.30	25.67			
--- Bunn		1:47.02	DQ	
1) Gibbs, Colton	2) Walston, Michael	3) Richardson, Ryan	4) Simpson, Hayden	
27.53 26.49 26.53	24.32			

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

Event 19 Women 100 Yard Backstroke

54.89 AA-A
56.11 AA-C All-America

Name	School	Finals Time	
1 Cortez, Cecilia	FF	58.62	20
2 Hegland, Kate	CARR	59.81	17
3 Wolff, Emilia	RALCH	1:03.05	16
4 Niebel, Tink	CROTN	1:03.91	15
5 Deng, Grace	NCSSM	1:04.57	14
6 Erickson, Grace	DSA	1:05.18	13
7 Swartz, Sydney	NJOHN	1:05.64	12
8 Cole, Darah	SSIDE	1:06.96	11
9 McCallion, Eve	CARR	1:07.79	9
10 Macklin, Grace	CARR	1:09.59	7
11 Sander, Audrey	DSA	1:09.96	6
12 Bembridge, Erin	FF	1:11.67	5
13 Strecker, Morgan	CAMDN	1:12.72	4
14 Cooper, Bella	FF	1:12.89	3
15 Forsythe, Emma	CROTN	1:14.26	2
16 Ocampo, Anna	FRKAC	1:14.36	1
17 Stephan, Ashlynn	FRKAC	1:16.01	
18 Maupin, Addie	ENORV	1:16.10	
19 Ray, Morgan	NCSSM	1:16.57	
20 Gardill, Ellie	FF	1:16.61	
21 Smith, Allison	NASHC	1:17.77	
--- Murray, Cordi	VOYAG	DQ	
--- Wolff, Isabella	RALCH	DFS	

Event 20 Men 100 Yard Backstroke

49.53 AA-A
50.64 AA-C All-America

Name	School	Finals Time	
1 Barker, Will	CROTN	51.11	20
2 Jones, Ethan	CAMDN	52.92	17
3 Congiusta, Matthew	NCSSM	53.82	16
4 Davis, Collin	DSA	54.53	15
5 Shanahan, Matt	ENORV	54.89	14
6 Wurster, Lincoln	CARR	56.67	13
7 Richardson, Zach	NCSSM	57.44	12
8 Hester, Trey	RALCH	57.93	11
9 Hancock, Isaac	RALCH	59.46	9
10 Glontz, Chris	NCSSM	59.88	7
11 Hancock, Asher	RALCH	1:01.75	6
12 Barrett, Owen	CARR	1:03.15	5
13 McCallion, Maxwell	CARR	1:03.16	4
14 Moomaw, Roger	NCSSM	1:04.07	3
15 McNatton, Jackson	RTPCH	1:04.30	2
16 Hellofs, Ethan	CARR	1:04.90	1
17 Tonnesen, Ben	FF	1:05.78	
18 Thompson, Christian	RAPID	1:06.38	
19 Abplanalp, Jack	RALCH	1:07.47	
20 Taylor, Reid	CLNTN	1:08.19	
21 Agan, Ryan	NASHC	1:10.61	
22 Bergeron, Liam	RICHL	1:11.80	
23 Hamilton, Forrest	DSA	1:11.99	
--- Crisp, Allen	WASHG	DQ	

Event 21 Women 100 Yard Breaststroke

1:02.60 AA-A
1:04.05 AA-C All-America

Name	School	Finals Time	
1 Fadely, Jennah	JORMA	1:06.88	20
2 Simpson, Leah	DSA	1:09.61	17
3 Costley, Audrey	CARR	1:11.08	16
4 Curtis, Heidi	RALCH	1:12.38	15
5 Walston, Emerson	DSA	1:12.60	14
6 Geib, Anna	NCSSM	1:15.04	13
7 Desai, Rhea	NCSSM	1:16.50	12
8 Murray, Faith	VOYAG	1:18.55	11
9 Humphreys, Kate	DSA	1:18.63	9
10 Van Raay, Cora	CARR	1:19.06	7
11 Yang, Kayla	CLNTN	1:19.15	6
12 Brynda, Katerina	CARR	1:23.01	5
13 Bowman, Selah	CARR	1:24.48	4
14 Foglesong, Mia	DSA	1:24.75	3
15 Greene, Annie E	BEDDN	1:25.28	2
16 Green, Claire	DIXON	1:25.35	1
17 Winston, Rachel	NASHC	1:25.73	
18 Bembridge, Erin	FF	1:26.45	
19 Qualls, Kendall	RAPID	1:27.71	
20 Bui, VY	PASQU	1:28.89	
21 Falkner, Alyssa	VNCCH	1:30.04	
22 Bonner, Dantzler	GOLD	1:30.16	
23 Jackson, Cailyn	RAPID	1:30.25	

Event 22 Men 100 Yard Breaststroke

55.93 AA-A
57.11 AA-C All-America

Name	School	Finals Time	
1 Cheifetz, Adam	VOYAG	59.02	20
2 Starbuck, Jason	RALCH	1:00.42	17
3 Lovenberg, Patrick	WASHG	1:01.30	16
4 McCabe, Jack	CROTN	1:01.74	15
5 Baker, Jay	DSA	1:02.00	14
6 Prakken, Alex	CARR	1:02.16	13
7 Gimpl, Glen	RALCH	1:03.24	12
8 Suminguit, Jacob	NCSSM	1:04.07	11
9 Li, Jason	NCSSM	1:05.62	9
10 Keeling, Gabriel	CAMDN	1:07.73	7
11 Thomas, Seth	NCSSM	1:07.75	6
12 Pippin, Tripp	WASHG	1:08.05	5
13 Young, Colby	CROTN	1:08.54	4
14 Pletzke, Charles	CARR	1:14.45	3
15 Rigdon, Nathan	RWOOD	1:14.71	2
16 Gibbs, Colton	BUNN	1:15.17	1
17 Parsi, Abhishek	NCSSM	1:15.30	
18 Davis, Dabreon	RALCH	1:17.48	
19 Loo, Joshua	RTPCH	1:18.28	
20 Tenhover, Zach	DSA	1:18.70	
21 Bogdanov De Carvalho, Danil	CARR	1:18.77	
22 Harris, Theodore	CARR	1:19.80	
23 Eddleman, Harris	RICHL	1:21.94	
--- Barnett, Reid	GOLD	DFS	

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

Event 23 Women 400 Yard Freestyle Relay

3:27.79 AA-A

3:31.27 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 Carrboro		3:45.47	3:41.34	40
1) Bilden, Lindy	2) Baca, Paloma	3) Hegland, Kate	4) Carpenter, Emily	
27.08 56.50 26.23	55.41 25.73 54.73	25.90 54.70		
2 Croatan		3:53.16	3:47.04	34
1) Reeve, Lyndsey	2) Klaumann, MJ	3) Niebel, Tink	4) Domitrovits, Lydia	
26.95 55.80 28.04	59.29 26.52 56.39	26.59 55.56		
3 Voyager Academy		4:01.45	3:53.70	32
1) Hibbard, Alice	2) Scott-Benson, Rosie	3) Credle, Bailey	4) Kosik, Ede	
29.17 1:01.15 28.29	1:00.34 27.88 59.01	25.48 53.20		
4 Durham School of the Arts		3:58.10	3:55.15	30
1) Braun, Logan	2) Battaglini, Gabi	3) Erickson, Grace	4) Simpson, Leah	
29.32 1:04.08 26.92	58.66 27.14 57.73	26.11 54.68		
5 Raleigh Charter		4:15.78	3:59.64	28
1) Wolff, Emilia	2) Busick, Mia	3) Ellison, Hannalee	4) Curtis, Heidi	
28.10 57.85 27.80	58.00 30.10 1:04.29	27.73 59.50		
6 First Flight		4:15.64	4:01.02	26
1) Wilson, Briana	2) Holcomb, Anne	3) Trivette, Emmy	4) Cortez, Cecilia	
29.31 1:01.01 29.97	1:03.05 30.15 1:02.48	25.58 54.48		
7 NC School of Science & Math		4:14.90	4:05.15	24
1) Torres, Sophia	2) Deng, Grace	3) Geib, Anna	4) Fulford, Hanna	
28.48 59.99 29.08	1:01.50 31.03 1:06.17	57.49		
8 Nash Central		4:25.84	4:15.10	22
1) Billups, Kylie Grace	2) Smith, Allison	3) Williams, Grahson	4) Hicks, Sarah	
29.61 1:03.20 31.57	1:06.35 30.27			
9 Washington		4:36.34	4:26.81	18
1) VanCura, Tianna	2) Spruill, Grayson	3) Yoder, Anna	4) Shepherd, Claire	
31.64 1:06.75 32.61	1:12.16 31.40 1:06.13	28.97 1:01.77		
10 Research Triangle		4:36.42	4:36.02	14
1) Carew, Sammy	2) Warren, Abby	3) Braam, Sophia	4) Smith, Rayal	
28.19 59.19 32.93	1:10.99 33.99 1:16.29	31.98 1:09.55		
11 Roanoke Rapids		4:50.55	4:36.14	12
1) Pageau, Mallaury	2) Elias, Madison	3) Thompson, Cierra	4) MacNichol, Catherine	
34.83 1:13.92 31.33	1:13.39 25.65 1:03.93	29.44 1:04.90		
12 Manteo		4:49.29	4:39.24	10
1) Heath, Melissa	2) Davis, Jaylen	3) Mode, Caroline	4) Klauser, Eva	
36.80 1:12.47 36.87		32.07 1:06.92		
13 Franklin Academy		4:18.56	4:39.78	8
1) Kishpaugh, Cassie	2) Rivers, Brianna	3) Ocampo, Anna	4) Naiman, McKayla	
32.91 1:09.93 34.40	1:11.54 32.41 1:09.35	32.62 1:08.96		
14 Pasquotank County		4:39.36	4:44.44	6
1) Dennis, Jesse	2) Brock, Tami	3) McCleave, Aalysah	4) Clarkson, Sophie	
34.20 1:09.06 38.27	1:20.57 32.11 1:10.21	31.31 1:04.60		
15 Richlands		4:48.69	4:48.77	4
1) Jarman, Riley	2) Frederick, Lianna	3) Chandler, Paige	4) Talsma, Emeli	
35.62 1:15.23 35.44	1:15.02 35.76			
16 Vance Charter School		5:05.77	4:55.65	2
1) Riggan, Sydney	2) Falkner, Alyssa	3) Deal, Molly	4) Care, Megan	
38.27 1:24.34 36.29	1:14.12 35.14 1:11.48	32.20 1:05.71		
17 John A. Holmes		4:53.18	4:58.33	
1) Goodwin, Alyssa	2) White, Molly	3) Styons, Kaelly	4) Turner, Amy	
36.36 1:16.08 38.96	1:18.13 35.26 1:13.21	34.13 1:10.91		
18 Vance County		5:12.01	5:06.18	
1) Care, Laura L	2) Miller, Hanna	3) Nance, Kristen	4) Vaught, Gracey	
33.68 1:09.36 39.52	1:33.02 26.61 1:13.07	1:10.73		

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

(Event 23 Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
19 Rosewood		5:18.33	5:12.59	
1) Langdon, Allecia	2) Aghajanian, Kaitlyn	3) Nuwara, Lana	4) Hilton, Kaley	
34.68 1:12.97 39.71	1:24.44 39.31			
20 Camden County		5:06.44	5:12.81	
1) Davis, Zoe	2) Oneal, Caroline	3) Rollings, Mackensi	4) Davis, Hannah	
1:18.07 36.30	1:18.50 38.94 1:18.66	37.89 1:17.58		
21 Midway		5:17.13	5:18.12	
1) Core, Ruth	2) Ennis, Carrigan	3) Holmes, Miranda	4) Baggett, Chloe	
32.49 1:07.35 36.97	1:18.41 39.41 1:24.45	40.13 1:27.91		
22 Clinton		5:08.28	5:20.99	
1) Kim, Esther	2) Blount, Anna	3) Miller, Amelia	4) Jaramillo, Nayeli	
39.78 1:25.88 36.11	1:17.19 34.86 1:16.26	37.32 1:21.66		
--- East Carteret		4:37.95	DQ	
1) LoPiccolo, Lydia	2) Basurto, Ghita	3) Williamson, Chloe	4) Golden, Sarah	
34.73 1:14.81 31.91	1:06.97 33.35 1:12.47	28.22 1:02.61		
--- Eno River Academy		4:17.35	DQ	
1) Ryen, Haley	2) Dukelow, Katie	3) Maupin, Addie	4) Acome, Brianne	
27.98 58.24 29.17	1:01.21 32.14 1:07.75	27.03 59.59		

Event 24 Men 400 Yard Freestyle Relay

3:06.24 AA-A

3:08.93 AA-C All-America

Team	Relay	Seed Time	Finals Time	Points
1 NC School of Science & Math		3:21.69	3:19.35	40
1) Charles, Emile	2) Congiusta, Matthew	3) Healy, Jack	4) Heidkamp, George	
23.64 49.48 24.04	49.73 24.29 51.13	23.13 49.01		
2 Raleigh Charter		3:30.65	3:24.08	34
1) Hester, Trey	2) Pilson, Robert	3) Gimpl, Glen	4) Starbuck, Jason	
25.03 52.26 24.01	51.23 24.39 51.55	23.24 49.04		
3 Carrboro		3:36.76	3:27.89	32
1) Ward, Ian	2) DeWalt, Kieran	3) Prakken, Alex	4) Wurster, Lincoln	
24.40 50.85 25.27	52.86 25.61 53.26	23.82 50.92		
4 Washington		3:36.57	3:28.66	30
1) Pake, Tristan	2) Beach, Braeden	3) Lovenberg, Patrick	4) Tubaugh, Hodges	
24.57 51.47 26.17	54.32 25.72 52.86	24.12 50.01		
5 Croatan		3:24.36	3:29.50	28
1) Cohen, Bryce	2) Loveless, Colby	3) McCabe, Jack	4) Barker, Will	
28.49 1:00.80 23.78	49.46 51.63	22.63 47.61		
6 Durham School of the Arts		3:35.26	3:32.00	26
1) Hamilton, Forrest	2) Schram, Matthew	3) Baker, Jay	4) Davis, Collin	
27.33 58.85 24.73	53.08 24.30 50.54	23.58 49.53		
7 Camden County		3:54.68	3:35.53	24
1) Royal, Nathan	2) Praisler, Christopher	3) Keeling, Gabriel	4) Jones, Ethan	
53.99 25.56	56.48 26.80 56.30	23.22 48.76		
8 Roanoke Rapids		3:58.17	3:37.36	22
1) Price, Matthew	2) King, Nick	3) Glasgow, Michael	4) Tant, Garrett	
28.06 59.35 25.53	54.41 25.52 53.24	24.41 50.36		
9 Clinton		4:03.16	3:52.31	18
1) Cowand, John	2) Westerbeek, Spencer	3) Taylor, Reid	4) Pike, Justin	
27.34 59.54 28.05	59.90 27.12 57.75	26.10 55.12		
10 Voyager Academy		3:52.83	3:52.57	14
1) Thomasson, Luke	2) Scarantino, Cole	3) Dail, Adyn	4) Kijrattanakam, Tom	
55.98 27.18	1:01.49 27.01 58.67	26.85 56.43		
11 Research Triangle		4:05.24	3:58.81	12
1) Lyman, Jackson	2) Lambert, Alex	3) McNatton, Jackson	4) McCarthy, Zach	
27.50 58.88 32.50	1:21.78 14.78 46.55	24.39 51.60		

2019 1A&2A East NCHSAA Regional Championships - 2/1/19

Host: Washington HS

Swimming & Diving

Results

(Event 24 Men 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
12 First Flight		4:04.80	4:00.24	10
1) Savage, Payton	2) Peters, Robert	3) Crook, Tucker	4) Tonnesen, Ben	
28.73 59.35 27.40	59.68 28.83 1:01.74	28.36 59.47		
13 Richlands		4:19.97	4:05.02	8
1) Isabelle, Luke	2) Miller, Jacob	3) Finney, Ryan	4) Bergeron, Liam	
29.98 1:04.31 29.42	1:02.17 28.86 1:00.08	27.42 58.46		
14 Rosewood		4:21.23	4:05.21	6
1) Power, Logan	2) Clark, Jonah	3) Jordan, Tyler	4) Merritt, Damon	
27.91 1:00.27 30.75	1:04.43 30.04 1:00.53	28.76 59.98		
15 East Carteret		4:00.58	4:05.59	4
1) Willis, Hunter	2) Brooks, Mitchell	3) Lindogan, Peyton	4) Nowacek, Jackson	
27.71 57.95	1:38.33 39.64	23.53 49.67		
16 John A. Holmes		4:19.65	4:09.73	2
1) Bobbit, Jack	2) Johnson, Brayden	3) Spruill, Shane	4) Armstrong, Brady	
29.64 1:03.37 31.59		28.71 59.74		
17 Manteo		4:21.15	4:10.33	
1) Marshall, Zeke	2) Brevetti, Vinny	3) Janesik, Max	4) Goetsch, Noah	
30.84 1:06.83 32.39	1:12.98 25.74 54.90	26.72 55.62		
18 Northeastern		4:21.61	4:11.97	
1) Johnson, Wyatt	2) Sorenson, Nick	3) Pureza, Cameron	4) Breaux, Peter	
29.01 1:00.55 33.15	1:10.43 29.86 1:01.93	28.55 59.06		
19 Bunn		4:13.13	4:15.02	
1) Gibbs, Colton	2) Walston, Michael	3) Simpson, Hayden	4) Richardson, Ryan	
32.70 1:09.63 28.81	1:03.58 26.85 59.82	28.26 1:01.99		
20 Midway		4:32.66	4:23.60	
1) Williford, Chandler	2) Williams, Luke	3) Brown, Austin	4) Bradshaw, Jaden	
27.44 59.56 29.13	1:01.34 30.49 1:06.31	1:16.39		
21 Currituck County		4:22.20	4:24.17	
1) Ray, Hayden	2) Hanke, Gabriel	3) Lapham, Nathan	4) Noerr, Caleb	
29.14 1:03.45 30.59	1:05.51 31.75 1:13.29	29.28 1:01.92		
22 Vance Charter School		4:33.36	4:27.49	
1) Williamson, Foster	2) Raynor, Patrick	3) Roberson, Kirby	4) Ayscue, Josh	
32.51 1:07.06 33.38	1:10.33 30.92 1:04.18	31.21 1:05.92		
23 Franklin Academy		4:48.70	4:30.13	
1) Shuler, Andre	2) Beaman, Ben	3) Farrelly, Finley	4) Arensman, Ben	
31.31 1:07.41 33.60	1:11.71 31.33 1:10.85	1:00.16		
24 Pasquotank County		4:42.21	4:36.14	
1) Walton, Chandler	2) Hunt, Ethan	3) Ford, Ian	4) Payne, Nick	
30.79 1:06.18 33.31	1:08.80 33.06 1:12.26	31.14 1:08.90		