

2018 1A&2A East NCHSAA Regional Championships - 2/2/18 to 2/3/18

Host: Washington HS

Swimming & Diving

Results

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**Scores - Women**

1. Carrboro	305
2. Raleigh Charter	296
3. NC Science & Math	173.5
4. North Davidson	173
5. Croatan	168
6. East Davidson	156
7. Voyager Academy	130.5
8. Wheatmore	129
9. North Stanly	93
10. Durham School of the Arts	83
11. Bishop McGuinness	80
12. First Flight	70
13. Northeastern	63
14. Franklin Academy	47
15. Oak Grove	40
16. East Carteret	38
17. Nash Central	35
18. Ledford	29
18. Manteo	29
20. Jordan-Matthews	28
21. Albemarle	20
22. Atkins	16
23. Washington	15
24. Roanoke Rapids	10
25. Central Davidson	8
25. Southside	8
27. Oxford Prep	4
28. Goldsboro	3
29. Northern Vance	2

**Scores - Men**

1. Raleigh Charter	269.5
2. Croatan	244
3. NC Science & Math	212
4. Carrboro	196
5. Washington	155.5
6. North Davidson	147
7. Atkins	145
8. Durham School of the Arts	141
9. Bishop McGuinness	124
10. Roanoke Rapids	99.5
11. East Carteret	93.5
12. Oak Grove	60
13. Camden	58
14. First Flight	57
15. Ledford	54
16. Nash Central	39
17. Tarboro	28
18. Currituck	25
19. Voyager Academy	24
20. Rosewood	15
21. Clinton	12
22. Eastern Randolph	10
23. Cornerstone Academy	7
23. Manteo	7
25. Oxford Prep	5
26. Farmville Central	4
26. Walkertown	4
28. Central Davidson	2

**2018 1A&2A East NCHSAA Regional Championships - 2/2/18 to 2/3/18**

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**Swimming & Diving**

**Results**

**Event 1 Women 200 Yard Medley Relay**

**1:44.91 AA-A 1:46.69 AA-C All-America**

**2:08.99 REGA 2:41.99 REGC Regional**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Carrboro		1:55.76	1:54.65 REGA	40
1) Baca, Paloma JR	2) Costley, Audrey JR	3) Hunsberger, Eliot FR	4) Merry, Anneliese JR	
29.23 32.76 28.11	24.55			
2 Raleigh Charter		1:57.92	1:55.26 REGA	34
1) Peck, Emma SR	2) Parsons, Sydney SR	3) Curtis, Heidi JR	4) Schauss, Kate SR	
29.02 32.56 28.00	25.68			
3 East Davidson		2:03.83	1:57.77 REGA	32
1) Whitman, Maggie SR	2) Burton, Piper SO	3) Whitman, Ella FR	4) Lane, Anne	
29.48 30.45 28.43	29.41			
4 Croatan		2:03.47	2:00.87 REGA	30
1) Niebel, Andrea JR	2) Domitrovits, Lydia JR	3) Reeve, Lyndsey JR	4) Agra, Abbey JR	
29.73 34.77 25.97	30.40			
5 Wheatmore		2:07.01	2:00.96 REGA	28
1) Fritz, Katie FR	2) Godwin, Emma JR	3) Fritz, Kyndall SO	4) Lambeth, Erin SO	
30.36 32.72 30.14	27.74			
6 North Stanly		2:05.91	2:02.31 REGA	26
1) Childress, Alexandra FR	2) Gibson, Rachel FR	3) Shaver, Madison FR	4) Lentz, Colbie SO	
30.85 31.95 32.70	26.81			
7 NC Science & Math		2:03.40	2:02.43 REGA	24
1) Fulford, Hanna JR	2) Geib, Anna JR	3) Arnholt, Alyana SR	4) Desai, Rhea JR	
30.97 35.80 28.68	26.98			
8 Durham School of the Arts		2:05.57	2:03.94 REGA	22
1) Battaglini, Gabi FR	2) Walston, Emerson SO	3) Braun, Logan SO	4) Humphreys, Kate FR	
32.17 31.96 37.05	22.76			
9 Voyager Academy		2:08.86	2:05.83 REGA	18
1) Murray, Cordilla SO	2) Guerrier, Hannah SR	3) Scott-Benson, Roise SO	4) Hibbard, Ali JR	
29.09 38.21 31.82	26.71			
10 North Davidson		2:07.35	2:07.77 REGA	14
1) Cooke, Eden JR	2) Langley, Savannah JR	3) Leatherman, Gracie SR	4) Miller, Parker SR	
33.62 35.66 31.16	27.33			
11 First Flight		2:03.50	2:07.82 REGA	12
1) Wilson, Briana FR	2) Trivette, Emmy SO	3) Cortez, Cecilia JR	4) Wallace, Savannah SR	
37.04 36.81 25.92	28.05			
12 Bishop McGuinness		2:09.91	2:09.61 REGC	10
1) Yale, Evelyn SR	2) Bergelin, Katie FR	3) Barr, Bridget FR	4) Gaylord, Kelly	
31.18 38.85 30.48	29.10			
13 Franklin Academy		2:12.22	2:11.41 REGC	8
1) Stephan, Ashlynn SO	2) Roberts, Taylor FR	3) Allen, Julia SO	4) Barnhart, Joanne	
34.04 34.95 31.57	30.85			
14 Ledford		2:12.90	2:12.12 REGC	6
1) Smith, Coral JR	2) Burns, Erin SO	3) Salas, Stephanie SR	4) Maneen, Virginia JR	
34.30 38.99 30.52	28.31			
15 Oak Grove		2:13.31	2:12.39 REGC	4
1) Maddock, Emma FR	2) McDonnell, Kaitlyn FR	3) Fyler, Elizabeth FR	4) Stewart, Sarah FR	
31.15 41.74 29.92	29.58			
16 Nash Central		2:13.20	2:13.12 REGC	2
1) Wilson, Callie FR	2) Winston, Rachel FR	3) Hicks, Sarah JR	4) Lamm, Sarah SR	
47.80 36.06 20.42	28.84			

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**Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
17 Roanoke Rapids		2:13.45	2:13.23	REGC
1) Acree, Abbey SR	2) Fromal, Amy SR	3) MacNichol, Catherine FR	4) Thompson, Cierra	
34.09 36.01 33.02	30.11			
18 Central Davidson		2:22.02	2:18.47	REGC
1) Mize, Mallory SR	2) Nichols, Allie JR	3) Allred, Hatley SO	4) Trantham, Emily	
34.09 49.97 23.46	30.95			
19 Washington		2:21.67	2:18.51	REGC
1) Long, Brantley JR	2) Yoder, Anna FR	3) VanCura, Tianna JR	4) Richards, Courtney	
42.32 32.47 34.87	28.85			
20 Goldsboro		2:24.23	2:20.49	REGC
1) Breck, Anna JR	2) Prezbindowski, Anna SR	3) Huston, Megan SR	4) Edwards, Haley	
31.11 42.65 31.30	35.43			
21 Pasquotank		2:21.86	2:26.16	REGC
1) Clarkson, Sophie	2) Bui, Vy	3) Dennis, Jesse SO	4) Walton, Audrey	
35.21 43.99 32.90	34.06			
22 Atkins		2:24.89	2:31.15	REGC
1) Marazita, Zoe SO	2) Charles, Allison SR	3) Weibking, Claire JR	4) Austin, Sadie	
37.43 43.05 38.48	32.19			
23 East Carteret		2:22.22	2:33.70	REGC
1) Green, Miranda	2) Williamson, Chloe	3) Rice, Ashley-Caroline	4) Basurto, Sofia	
38.22 41.93 41.10	32.45			
24 Oxford Prep		2:15.17	2:37.68	REGC
1) Stock, Katie	2) Ross, Maecy SO	3) Ross, Camden JR	4) Landers, Sydney	
29.27 39.73				

**Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1:33.53 AA-A 1:35.18 AA-C All-America				
1:54.99 REGA 2:35.99 REGC Regional				
1 Croatan		1:42.31	1:38.94	REGA 40
1) Barker, Will FR	2) Reindl, James SR	3) McCray, John David SR	4) Loveless, Colby SO	
24.91 27.38 24.21	22.44			
2 Raleigh Charter		1:45.81	1:42.06	REGA 34
1) Congiusta, Matthew SO	2) Starbuck, Jason SO	3) Ganesan, Aravind JR	4) Hershfeld, Emerson JR	
26.27 28.19 24.77	22.83			
3 Washington		1:50.36	1:43.98	REGA 32
1) Myers, Taylor SR	2) Lovenberg, Patrick SO	3) Pake, Tristan FR	4) Schmidt, Harrison JR	
26.83 26.69 27.02	23.44			
4 Carrboro		1:47.00	1:44.37	REGA 30
1) Wurster, Lincoln SO	2) Prakken, Alex SO	3) Ward, Ian JR	4) Pletzke, Harrison SR	
26.78 28.64 25.91	23.04			
5 Atkins		1:51.50	1:45.19	REGA 28
1) Holder, Nate FR	2) Fore, Dylan SR	3) Johnson, Samuel SO	4) Boney, Desmond SR	
25.39 28.05 24.94	26.81			
6 NC Science & Math		1:44.73	1:45.54	REGA 26
1) Heidkamp, George JR	2) Sisk, Stonewall SR	3) Charles, Emile JR	4) Moomaw, Roger JR	
25.73 30.37 25.13	24.31			
7 Durham School of the Arts		1:45.28	1:46.56	REGA 24
1) Holcomb, Jackson SR	2) Baker, Jay FR	3) Sims, Myles SR	4) Schram, Matthew JR	
28.10 28.84 25.79	23.83			
8 Roanoke Rapids		1:50.71	1:50.66	REGA 22
1) Thompson, Christian JR	2) Tant, Garrett JR	3) Hoscila, AJ SR	4) Hargrave, Hunter SR	
30.77 32.87 24.02	23.00			

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**Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
9 North Davidson		1:54.00	1:51.21 REGA	18
1) Young, Charles SO	2) Mercer, Cameron JR	3) Little, Grant JR	4) Foster, Cooper JR	
29.77 32.32 25.35	23.77			
10 First Flight		1:53.24	1:51.34 REGA	14
1) Gilbreath, Dagen SR	2) Pugh, Bryce SR	3) Maniet, Alan SR	4) Haynes, John SR	
28.55 32.60 26.05	24.14			
11 Camden		1:55.64	1:51.67 REGA	12
1) Jones, Ethan JR	2) Keeling, Gabe JR	3) Praisler, Christopher	4) Royal, Nathan	
26.17 32.12 27.99	25.39			
12 Bishop McGuinness		1:48.81	1:51.98 REGA	10
1) Kohl, Issac FR	2) Hamlet, Thomas JR	3) Sanchez, Brandon SR	4) McGuire, Dylan FR	
29.31 28.33 30.53	23.81			
13 Ledford		1:54.76	1:52.42 REGA	8
1) Estrada, Alejandro SO	2) Pegram, Tanner SR	3) Setzer, Alexander JR	4) Dumoulin, Ethan SR	
31.07 31.76 24.21	25.38			
14 Oak Grove		1:56.29	1:55.19 REGC	6
1) Rodriguez, Gabe SO	2) Chapel, Alex SO	3) Roten, Landon FR	4) Vanweerdhuizen, Mason	
32.88 29.99 25.77	26.55			
15 Nash Central		2:01.06	1:57.29 REGC	4
1) Richardson, Zachary SO	2) Norris, Langdon SR	3) Smith, Samuel SR	4) Rhodes, Tanner	
26.89 30.90 29.86	29.64			
16 Tarboro		1:59.36	1:57.46 REGC	2
1) Lancaster, Trey SR	2) Sessoms, Jacob	3) Dupree, Seth SR	4) Davis, Preston SO	
26.89 34.05 27.94	28.58			
17 Rosewood		1:56.24	1:58.91 REGC	
1) Ira, Dalton SR	2) Rigdon, Nathan SO	3) Lyon, Jack SO	4) Merritt, Damon SO	
32.72 34.36 26.66	25.17			
18 East Carteret		1:51.92	2:00.56 REGC	
1) Willis, Hunter	2) MacArthur, Samuel JR	3) Goodwin, Harrison SO	4) Piner, Trent SR	
31.49 32.97 31.25	24.85			
19 Currituck		1:56.97	2:03.42 REGC	
1) McLaughlin, Chase SR	2) Gibson, Laiten	3) Price, Josh SR	4) Fletcher, Samuel	
29.71 37.57 29.85	26.29			
20 Manteo		2:01.75	2:04.38 REGC	
1) Twyne, Donovan SR	2) Janesik, Maximilian SO	3) Gomez, Marcos SR	4) Tillett, Thomas SR	
34.50 32.35 31.95	25.58			
21 Northern Vance		2:11.45	2:11.17 REGC	
1) Vu, Jonathan SR	2) Clifford, Spencer SR	3) Stainback, Dustin SR	4) Williams, Khalil	
35.82 33.97 33.36	28.02			
22 Bunn		2:07.09	2:12.30 REGC	
1) Walston, Michael	2) Gibbs, Colton	3) Simpson, Hayden JR	4) Richardson, Ryan	
37.15 37.85 28.21	29.09			
23 Oxford Prep		2:09.82	2:16.72 REGC	
1) Hunt, Caleb SR	2) Hopper, Jack	3) Holloway, Ethan FR	4) Daniels, Whitt	
34.58 37.65 1:04.49				
--- Clinton		2:02.12	DQ	
1) Taylor, Reid JR	2) Johnson, Parker	3) Pike, Justin	4) Hales, William SR	
36.51 29.84 27.65	25.11			

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**Swimming & Diving**  
**Results**

**Event 3 Women 200 Yard Freestyle**

1:48.82 AA-A		1:50.65 AA-C		All-America				
2:17.99 REGA		2:55.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Reeve, Lyndsey			JR	Croatan	1:59.20	1:51.86	REGA 20
	26.05	28.54	28.57		28.70			
2	Dennis, Morgan			SO	North Davidson	1:54.95	1:55.23	REGA 17
	25.67	28.35	29.76		31.45			
3	Baca, Paloma			JR	Carrboro	2:00.90	1:56.22	REGA 16
	27.71	29.53	29.92		29.06			
4	Willis, Sydney			SR	Raleigh Charter	1:55.92	1:56.26	REGA 15
	27.14	29.37	29.71		30.04			
5	Eustice, Annamarie			SR	NC Science & Math	2:07.55	2:01.73	REGA 14
	28.18	30.70	31.82		31.03			
6	Whitman, Ella			FR	East Davidson	2:05.21	2:02.55	REGA 13
	28.06	30.51	31.77		32.21			
7	Herzberger, Katie			JR	Bishop McGuinness	2:07.30	2:02.70	REGA 12
	28.04	30.76	32.14		31.76			
8	Costley, Audrey			JR	Carrboro	2:03.58	2:03.08	REGA 11
	28.62	31.18	31.99		31.29			
9	Fulford, Hanna			JR	NC Science & Math	2:05.97	2:05.05	REGA 9
	28.14	31.49	32.90		32.52			
10	Sullenger, Cynthia			JR	Carrboro	2:13.81	2:10.26	REGA 7
	28.99	32.87	34.79		33.61			
11	Gibson, Rachel			FR	North Stanly	2:11.55	2:10.42	REGA 6
	29.71	33.07	34.55		33.09			
12	Turner, Chloe			SR	Carrboro	2:18.79	2:12.89	REGA 5
	29.68	32.98	34.83		35.40			
13	Watkins, Riley			SO	Raleigh Charter	2:12.41	2:12.91	REGA 4
	29.10	33.13	35.17		35.51			
14	Langley, Savannah			JR	North Davidson	2:16.32	2:14.41	REGA 3
	30.93	33.54	35.10		34.84			
15	Mode, Caroline			JR	Manteo	2:13.35	2:14.88	REGA 2
	30.58	33.90	35.47		34.93			
16	Allen, Julia			SO	Franklin Academy	2:15.53	2:15.85	REGA 1
	30.64	33.48	36.04		35.69			
17	Dalsimer, Aimee			SR	NC Science & Math	2:19.05	2:16.66	REGA
	30.72	34.04	35.88		36.02			
18	Trivette, Emmy			SO	First Flight	2:16.85	2:17.51	REGA
	31.98	34.29	35.82		35.42			
19	Braun, Logan			SO	Durham School of the Arts	2:20.91	2:21.83	REGC
	31.77	35.70	37.44		36.92			
20	Love, Samantha			FR	Ledford	2:21.00	2:22.11	REGC
	31.86	35.41	37.32		37.52			
21	Leatherman, Gracie			SR	North Davidson	2:17.79	2:22.49	REGC
	31.88	35.38	37.65		37.58			
22	Falise, Emily			SR	NC Science & Math	2:20.94	2:24.72	REGC
	31.23	36.36	38.33		38.80			
23	Gall, Leah			SR	Raleigh Charter	2:25.61	2:25.71	REGC
	31.50	36.66	38.92		38.63			
24	Smith, Coral			JR	Ledford	2:25.53	2:28.84	REGC
	33.13	36.40	39.57		39.74			

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**Swimming & Diving**  
**Results**

**Event 4 Men 200 Yard Freestyle**

1:38.63 AA-A		1:40.34 AA-C		All-America					
2:06.99 REGA		2:27.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Day, John			SR	North Davidson	1:46.71	1:44.01	REGA	20
	23.65	26.50	26.87		26.99				
2	McCray, John David			SR	Croatan	1:49.97	1:44.55	REGA	17
	24.50	26.50	26.81		26.74				
3	Hamlet, Thomas			JR	Bishop McGuinness	1:50.76	1:45.77	REGA	16
	24.92	27.08	26.99		26.78				
4	Hershfeld, Emerson			JR	Raleigh Charter	1:48.37	1:50.06	REGA	15
	24.72	27.36	28.62		29.36				
5	Roten, Landon			FR	Oak Grove	1:53.37	1:50.55	REGA	14
	24.99	27.62	29.23		28.71				
6	Holcomb, Jackson			SR	Durham School of the Arts	1:51.66	1:51.97	REGA	13
	25.16	27.68	29.48		29.65				
7	Yuan, Allen			SR	Raleigh Charter	1:55.52	1:52.82	REGA	12
	25.82	28.36	29.42		29.22				
8	Tubaugh, Hodges			JR	Washington	1:59.33	1:53.01	REGA	11
	25.19	28.63	29.95		29.24				
9	Pilson, Robert			SO	Raleigh Charter	1:55.44	1:54.61	REGA	9
	26.09	29.23	29.93		29.36				
10	Healy, Jack			JR	NC Science & Math	1:52.67	1:54.74	REGA	7
	25.97	28.82	30.29		29.66				
11	DeWalt, Kieran			FR	Carrboro	1:58.85	1:55.69	REGA	6
	26.18	29.04	30.13		30.34				
12	Hopper, Robert			SO	Oxford Prep	2:02.30	1:57.53	REGA	5
	26.59	29.75	30.70		30.49				
13	Hunter, Corbin			SO	Carrboro	2:02.27	1:57.89	REGA	4
	26.27	29.49	31.25		30.88				
14	Foster, Cooper			JR	North Davidson	1:58.85	1:58.43	REGA	3
	27.83	29.01	31.03		30.56				
15	Janesik, Maximilian			SO	Manteo	2:00.69	2:01.49	REGA	2
	28.24	30.22	31.46		31.57				
16	Walter, Edward			SR	NC Science & Math	2:04.96	2:02.56	REGA	1
	28.23	30.81	31.76		31.76				
17	McGuire, Dylan			FR	Bishop McGuinness	2:06.91	2:02.92	REGA	
	27.99	30.95	31.98		32.00				
18	Barrett, Owen			SO	Carrboro	2:09.50	2:02.97	REGA	
	26.90	30.15	32.98		32.94				
19	Ristanovic, Stefan			FR	Ledford	2:02.80	2:03.36	REGA	
	28.37	30.65	32.33		32.01				
20	Ira, Dalton			SR	Rosewood	2:06.60	2:04.90	REGA	
	28.55	31.79	32.39		32.17				
21	Moomaw, Roger			JR	NC Science & Math	2:10.37	2:05.36	REGA	
	27.47	31.05	33.59		33.25				
22	Thomas, Seth			JR	NC Science & Math	2:09.44	2:08.61	REGC	
	28.88	32.58	33.69		33.46				
23	Price, Garrett			SO	Bishop McGuinness	2:09.37	2:10.97	REGC	
	27.68	31.05	35.38		36.86				
24	Stewart, Alex			SR	Ledford	2:12.30	2:15.31	REGC	
	29.41	33.18	36.34		36.38				

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**Results**

**Event 5 Women 200 Yard IM**

		<b>2:01.89</b>	<b>AA-A</b>	<b>2:04.08</b>	<b>AA-C</b>	<b>All-America</b>			
		<b>2:32.99</b>	<b>REGA</b>	<b>3:00.99</b>	<b>REGC</b>	<b>Regional</b>			
<b>Name</b>					<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Merry, Anneliese				JR	Carrboro	2:14.95	2:11.15	REGA 20
	28.91 34.02	38.42				29.80			
2	Whitman, Maggie				SR	East Davidson	2:18.55	2:12.06	REGA 17
	28.30 32.61	40.94				30.21			
3	Niebel, Andrea				JR	Croatan	2:19.61	2:15.77	REGA 16
	28.40 32.78	42.38				32.21			
4	Parsons, Sydney				SR	Raleigh Charter	2:22.56	2:18.74	REGA 15
	32.51 34.67	38.21				33.35			
5	Ellison, Hannalee				SO	Raleigh Charter	2:20.89	2:19.05	REGA 14
	30.28 33.94	42.02				32.81			
6	Roberts, Taylor				FR	Franklin Academy	2:25.07	2:19.14	REGA 13
	30.46 35.11	41.48				32.09			
7	Fadely, Jennah				FR	Jordan-Matthews	2:26.01	2:22.84	REGA 12
	30.62 37.33	41.59				33.30			
8	Koudelkova, Valentyna				SR	Manteo	2:31.64	2:23.18	REGA 11
	34.28 36.77	40.59				31.54			
9	Domitrovits, Lydia				JR	Croatan	2:24.17	2:24.41	REGA 9
	31.02 38.67	42.25				32.47			
10	Fritz, Kyndall				SO	Wheatmore	2:23.38	2:24.92	REGA 7
	31.22 36.62	42.78				34.30			
11	Hunsberger, Eliot				FR	Carrboro	2:24.68	2:26.64	REGA 6
	30.47 35.40	48.28				32.49			
12	Arnholt, Alyana				SR	NC Science & Math	2:30.83	2:26.89	REGA 5
	30.36 36.80	44.51				35.22			
13	Hostetter, Maggie				SR	North Davidson	2:32.18	2:28.08	REGA 4
	31.61 39.78	41.88				34.81			
14	Golden, Sarah				JR	East Carteret	2:36.26	2:31.00	REGA 3
	30.44 39.02	45.10				36.44			
15	Cooke, Eden				JR	North Davidson	2:36.07	2:31.01	REGA 2
	31.99 38.31	46.28				34.43			
16	Small, Holly				JR	Ledford	2:38.81	2:37.83	REGC 1
	33.63 38.72	48.26				37.22			
17	Barr, Bridget				FR	Bishop McGuinness	2:44.39	2:39.09	REGC
	31.82					34.11			
18	Humphreys, Kate				FR	Durham School of the Arts	2:33.93	2:40.45	REGC
	36.80 39.94	45.74				37.97			
19	Breck, Anna				JR	Goldsboro	2:35.26	2:41.77	REGC
	31.69 41.05	51.32				37.71			
20	Foglesong, Mia				SO	Durham School of the Arts	2:40.84	2:42.38	REGC
	36.84 39.99	48.70				36.85			
21	Maneen, Virginia				JR	Ledford	2:42.56	2:42.97	REGC
	35.19 39.99	48.32				39.47			
22	Wilson, Briana				FR	First Flight	2:44.64	2:44.54	REGC
	36.16 42.44	48.94				37.00			
23	Yoder, Anna				FR	Washington	2:45.85	2:45.22	REGC
	36.30 39.85	49.78				39.29			
24	Busick, Avery				JR	Raleigh Charter	2:47.65	2:47.18	REGC
	33.30 43.36	51.51				39.01			

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**Event 6 Men 200 Yard IM**

1:49.83 AA-A		1:51.96 AA-C		All-America					
2:22.99 REGA		3:05.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Reindl, James			SR	Croatan	2:02.66	1:57.33	REGA	20
	25.31	29.08	33.84		29.10				
2	Fore, Dylan			SR	Atkins	2:05.19	2:00.01	REGA	17
	26.67				28.72				
3	Jones, Ethan			JR	Camden	2:12.46	2:01.70	REGA	16
	25.91	29.30	38.01		28.48				
4	Chase, Ethan			JR	Bishop McGuinness	2:06.31	2:01.75	REGA	15
	26.90	29.86	36.95		28.04				
5	Baker, Jay			FR	Durham School of the Arts	2:04.63	2:05.61	REGA	14
	27.03	31.59	36.80		30.19				
6	Wurster, Lincoln			SO	Carrboro	2:13.62	2:08.08	REGA	13
	27.65	30.87	39.01		30.55				
7	Congiusta, Matthew			SO	Raleigh Charter	2:08.11	2:08.31	REGA	12
	28.14	32.11	37.81		30.25				
8	Lovenberg, Patrick			SO	Washington	2:13.01	2:08.54	REGA	11
	27.50	34.03	36.86		30.15				
9	McCabe, Jack			SO	Croatan	2:18.39	2:09.99	REGA	9
	27.49	33.33	38.34		30.83				
10	Pake, Tristan			FR	Washington	2:18.12	2:10.58	REGA	7
	28.12	32.91	38.87		30.68				
11	Hester, Trey			SO	Raleigh Charter	2:19.56	2:11.51	REGA	6
	28.60	32.36	39.50		31.05				
12	Richardson, Zachary			SO	Nash Central	2:18.06	2:14.43	REGA	5
	27.80	31.56	42.61		32.46				
13	Mercer, Cameron			JR	North Davidson	2:22.83	2:17.80	REGA	4
	29.35	36.15	40.56		31.74				
14	Ballard, Austin			SO	Cornerstone Academy	2:18.91	2:17.98	REGA	3
	30.21	33.61	41.20		32.96				
15	Dickinson, Patrick			JR	Farmville Central	2:22.31	2:18.27	REGA	2
	28.63	34.70	42.37		32.57				
16	Gorski, Dakota			SO	North Davidson	2:22.10	2:19.87	REGA	1
	29.20	35.40	42.82		32.45				
17	Wilson, Ben			SO	Raleigh Charter	2:20.34	2:19.97	REGA	
	29.89	36.77	41.18		32.13				
18	Hancock, Asher			FR	Raleigh Charter	2:17.93	2:20.58	REGA	
	28.43	34.62	42.04		35.49				
19	Pegram, Tanner			SR	Ledford	2:32.86	2:23.59	REGC	
	29.00	34.87	42.69		37.03				
20	Flores, Ricardo			SO	Clinton	2:29.31	2:27.57	REGC	
	31.30	35.50	46.51		34.26				
21	Glasgow, Michael			JR	Roanoke Rapids	2:30.11	2:28.40	REGC	
	30.24	39.40	44.83		33.93				
22	Young, Charles			SO	North Davidson	2:34.14	2:29.13	REGC	
	32.14	35.26	46.82		34.91				
23	Hamilton, Forrest			SO	Durham School of the Arts	2:30.80	2:29.77	REGC	
	32.07	38.71	44.82		34.17				



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**Event 7 Women 50 Yard Freestyle**

23.24 AA-A		23.63 AA-C		All-America						
27.49 REGA		29.49 REGC		Regional						
Name	Yr	School	Seed Time	Finals Time	Points					
1	Fritz, Katie	FR Wheatmore	26.21	25.38	REGA	20				
2	Fulford, Hanna	JR NC Science & Math	25.67	25.89	REGA	17				
3	Peck, Emma	SR Raleigh Charter	26.35	25.92	REGA	16				
4	Hicks, Sarah	JR Nash Central	26.86	26.25	REGA	15				
5	Fyler, Elizabeth	FR Oak Grove	27.05	26.66	REGA	14				
*6	Desai, Rhea	JR NC Science & Math	27.67	26.90	REGA	12.50				
*6	Hibbard, Ali	JR Voyager Academy	28.15	26.90	REGA	12.50				
8	Fulcher, Eleanor	FR East Carteret	28.71	27.10	REGA	11				
9	Lentz, Colbie	SO North Stanly	27.44	27.12	REGA	9				
10	Miller, Parker	SR North Davidson	27.67	27.22	REGA	7				
11	Shepherd, Claire	JR Washington	28.51	27.61	REGC	6				
12	Roth, Ally	SO Croatan	27.84	27.66	REGC	5				
13	Ross, Camden	JR Oxford Prep	28.39	27.79	REGC	4				
14	Huston, Megan	SR Goldsboro	28.92	28.10	REGC	3				
15	Carroll, Chloe	FR Carrboro	28.94	28.17	REGC	2				
16	Mize, Mallory	SR Central Davidson	29.27	28.18	REGC	1				
17	Wallace, Savannah	SR First Flight	27.83	28.34	REGC					
18	Salas, Stephanie	SR Ledford	28.68	28.80	REGC					
19	Bajaj, Mehak	SR NC Science & Math	29.33	29.06	REGC					
20	White, Mary Katherine	SR North Davidson	28.58	29.12	REGC					
21	Yang, Kayla	SO Clinton	27.76	29.33	REGC					

**Event 8 Men 50 Yard Freestyle**

20.65 AA-A		20.97 AA-C		All-America						
23.99 REGA		26.49 REGC		Regional						
Name	Yr	School	Seed Time	Finals Time	Points					
1	Day, John	SR North Davidson	22.27	22.09	REGA	20				
*2	Heidkamp, George	JR NC Science & Math	21.84	22.16	REGA	16.50				
*2	Nowacek, Jackson	FR East Carteret	22.96	22.16	REGA	16.50				
*4	Hoscila, AJ	SR Roanoke Rapids	23.10	22.65	REGA	14.50				
*4	Starbuck, Jason	SO Raleigh Charter	23.21	22.65	REGA	14.50				
6	Harding, Cameron	SR East Carteret	22.82	22.72	REGA	13				
7	Charles, Emile	JR NC Science & Math	22.69	22.79	REGA	12				
8	Loveless, Colby	SO Croatan	23.28	22.92	REGA	11				
9	Johnson, Samuel	SO Atkins	23.25	23.23	REGA	9				
10	Ward, Ian	JR Carrboro	23.69	23.31	REGA	7				
11	Maniet, Alan	SR First Flight	23.52	23.52	REGA	6				
12	Hargrave, Hunter	SR Roanoke Rapids	23.61	23.64	REGA	5				
13	Myers, Taylor	SR Washington	24.20	23.78	REGA	4				
14	Xiong, Alexander	SR NC Science & Math	24.01	23.80	REGA	3				
*15	Schmidt, Harrison	JR Washington	23.90	23.81	REGA	1.50				
*15	Sisk, Stonewall	SR NC Science & Math	23.74	23.81	REGA	1.50				
*17	Prakken, Alex	SO Carrboro	24.37	24.04	REGC					
*17	McLaughlin, Chase	SR Currituck	23.70	24.04	REGC					
19	Tant, Garrett	JR Roanoke Rapids	24.31	24.10	REGC					
20	Pletzke, Harrison	SR Carrboro	24.24	24.21	REGC					
21	Lyon, Jack	SO Rosewood	23.80	24.22	REGC					
22	McSorley, Duncan	SO Raleigh Charter	24.74	24.61	REGC					
23	Schram, Matthew	JR Durham School of the Arts	24.82	24.85	REGC					
24	Sykes, EJ	SR Walkertown	24.69	25.08	REGC					

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**Event 9 Women 1 mtr Diving**

375.00 AA-C All-America

Name	Yr	School		Finals Score		Points
1 McDaniels, Claire	SO	Carrboro	440.80	429.80	AA-C	20
2 White, Mary Katherine	SR	North Davidson	341.70	388.85	AA-C	17
3 Austin, Sadie	FR	Atkins	233.90	282.15		16
4 Roth, Elise	JR	Durham School of the Arts	218.85	244.40		15
5 Livers, Jenna	SO	Carrboro	198.30	213.75		14
--- Savage, Abby	SO	Carrboro	120.30	DQ		
--- Busch, Celeste	SO	Durham School of the Arts	146.30	DQ		

**Event 10 Men 1 mtr Diving**

375.00 AA-C All-America

Name	Yr	School		Finals Score		Points
1 Ekeler, Jackson	SR	Carrboro	305.45	299.20		20
2 Brinker, Max	JR	NC Science & Math	259.80	281.00		17
3 Yueh, Joshua	SR	Durham School of the Arts	204.35	256.35		16
4 Lee, Miles	SR	NC Science & Math	214.25	230.60		15

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**Event 11 Women 100 Yard Butterfly**

54.56 AA-A		55.75 AA-C		All-America				
1:07.99 REGA		1:35.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Reeve, Lyndsey			JR	Croatan	59.70	55.86 REGA	20
	26.05	29.81						
2	Cortez, Cecilia			JR	First Flight	59.55	57.89 REGA	17
	27.23	30.66						
3	Burton, Piper			SO	East Davidson	59.90	58.12 REGA	16
	27.06	31.06						
4	Whitman, Maggie			SR	East Davidson	1:01.81	1:00.54 REGA	15
	28.08	32.46						
5	Weigle, Olivia			JR	Carrboro	1:06.56	1:03.68 REGA	14
	30.51	33.17						
6	Murray, Cordilla			SO	Voyager Academy	1:07.22	1:03.83 REGA	13
	29.71	34.12						
7	Arnholt, Alyana			SR	NC Science & Math	1:04.77	1:03.91 REGA	12
	29.41	34.50						
8	Herzberger, Katie			JR	Bishop McGuinness	1:06.14	1:04.13 REGA	11
	30.12	34.01						
9	Hunsberger, Eliot			FR	Carrboro	1:03.16	1:04.39 REGA	9
	29.81	34.58						
10	Curtis, Heidi			JR	Raleigh Charter	1:07.30	1:04.41 REGA	7
	29.05	35.36						
11	Battaglini, Gabi			FR	Durham School of the Arts	1:05.48	1:06.19 REGA	6
	30.40	35.79						
12	Busick, Mia			SO	Raleigh Charter	1:07.53	1:07.49 REGA	5
	30.81	36.68						
13	Fritz, Kyndall			SO	Wheatmore	1:08.98	1:09.16 REGC	4
	31.88	37.28						
14	Barr, Bridget			FR	Bishop McGuinness	1:14.33	1:09.25 REGC	3
	31.73	37.52						
15	Woodard, Alexa			SR	NC Science & Math	1:10.96	1:09.83 REGC	2
	31.50	38.33						
16	Allred, Hatley			SO	Central Davidson	1:15.31	1:11.11 REGC	1
	31.87	39.24						
17	Hey, Laurel			SR	Ledford	1:13.10	1:11.21 REGC	
	33.45	37.76						
18	Small, Holly			JR	Ledford	1:13.90	1:11.84 REGC	
	33.10	38.74						
19	Salas, Stephanie			SR	Ledford	1:12.12	1:11.94 REGC	
	34.25	37.69						
20	Braun, Logan			SO	Durham School of the Arts	1:08.98	1:12.08 REGC	
	31.53	40.55						
21	Leatherman, Gracie			SR	North Davidson	1:10.99	1:12.48 REGC	
	33.21	39.27						
22	Smith, Madison			SR	Raleigh Charter	1:14.76	1:12.81 REGC	
	32.94	39.87						
23	Dennis, Jesse			SO	Pasqoutank	1:13.54	1:15.00 REGC	
	35.03	39.97						
24	Dolan, Savannah			SR	Carrboro	1:14.02	1:18.69 REGC	
	34.37	44.32						

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**Event 12 Men 100 Yard Butterfly**

49.06 AA-A		50.07 AA-C		All-America			
1:04.99 REGA		1:27.99 REGC		Regional			
Name		Yr	School	Seed Time	Finals Time		Points
1	Hamlet, Thomas 24.83 27.10	JR	Bishop McGuinness	54.45	51.93	REGA	20
2	Barker, Will 25.19 27.82	FR	Croatan	55.46	53.01	REGA	17
3	Holder, Nate 24.78 28.35	FR	Atkins	53.72	53.13	REGA	16
4	Setzer, Alexander 24.87 29.40	JR	Ledford	56.25	54.27	REGA	15
5	Hoscila, AJ 25.39 29.64	SR	Roanoke Rapids	56.67	55.03	REGA	14
6	Charles, Emile 26.46 30.03	JR	NC Science & Math	55.90	56.49	REGA	13
7	Norris, Langdon 26.58 31.19	SR	Nash Central	59.80	57.77	REGA	12
8	Ganesan, Aravind 26.53 31.25	JR	Raleigh Charter	59.62	57.78	REGA	11
9	Baker, Jay 27.40 30.63	FR	Durham School of the Arts	58.20	58.03	REGA	9
10	Little, Grant 26.87 31.45	JR	North Davidson	1:03.03	58.32	REGA	7
11	Congiusta, Matthew 27.78 30.98	SO	Raleigh Charter	58.00	58.76	REGA	6
12	Maniet, Alan 28.50 30.91	SR	First Flight	1:02.91	59.41	REGA	5
13	Chapel, Alex 27.00 32.64	SO	Oak Grove	1:00.91	59.64	REGA	4
14	Hancock, Isaac 27.79 32.37	JR	Raleigh Charter	1:01.60	1:00.16	REGA	3
15	Dickinson, Patrick 28.61 32.17	JR	Farmville Central	1:02.89	1:00.78	REGA	2
16	Pake, Tristan 28.99 32.91	FR	Washington	1:04.40	1:01.90	REGA	1
17	Hall, Bobby 28.69 34.48	JR	Cornerstone Academy	1:04.98	1:03.17	REGA	
18	Cooke, Aaron 28.74 34.80	JR	North Davidson	1:05.23	1:03.54	REGA	
19	Smith, Max 28.22 35.85	SR	Carrboro	1:08.30	1:04.07	REGA	
20	Hopper, Robert 29.66 34.56	SO	Oxford Prep	1:04.63	1:04.22	REGA	
21	Taylor, Reid 30.22 34.33	JR	Clinton	1:06.51	1:04.55	REGA	
22	McGuire, Dylan 30.78 34.44	FR	Bishop McGuinness	1:04.94	1:05.22	REGC	
23	Petty, Aaron 31.07 35.71	JR	Atkins	1:09.15	1:06.78	REGC	
24	Rigdon, Nathan 31.33 43.01	SO	Rosewood	1:09.40	1:14.34	REGC	

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**Event 13 Women 100 Yard Freestyle**

50.41 AA-A		51.17 AA-C		All-America					
1:00.99 REGA		1:06.99 REGC		Regional					
Name				Yr	School	Seed Time	Finals Time		Points
1	Dennis, Morgan	25.33	27.34	SO	North Davidson	53.45	52.67	REGA	20
2	Merry, Anneliese	25.91	27.45	JR	Carrboro	54.90	53.36	REGA	17
3	Domitrovits, Lydia	27.25	29.13	JR	Croatan	58.33	56.38	REGA	16
4	Godwin, Emma	27.86	28.68	JR	Wheatmore	57.65	56.54	REGA	15
5	Krol, Meghan	27.03	29.84	JR	Albemarle	56.21	56.87	REGA	14
6	Fritz, Katie	26.85	30.17	FR	Wheatmore	57.56	57.02	REGA	13
7	Breaux, Emily	28.09	29.37	SR	Northeastern	59.30	57.46	REGA	12
8	Credle, Bailey	28.99	30.35	SO	Voyager Academy	1:01.46	59.34	REGA	11
9	Connor, Julianna	28.09	31.26	JR	Northeastern	1:00.28	59.35	REGA	9
10	Childress, Alexandra	28.68	31.20	FR	North Stanly	1:01.95	59.88	REGA	7
11	Hibbard, Ali	29.11	31.13	JR	Voyager Academy	1:02.69	1:00.24	REGA	6
12	Cole, Darah	28.45	32.53	SO	Southside	1:03.58	1:00.98	REGA	5
13	Fulcher, Eleanor	29.03	32.64	FR	East Carteret	1:03.67	1:01.67	REGC	4
14	Shepherd, Claire	30.08	32.22	JR	Washington	1:04.31	1:02.30	REGC	3
15	Dalsimer, Aimee	29.53	33.47	SR	NC Science & Math	1:03.62	1:03.00	REGC	2
16	Roth, Ally	30.12	33.30	SO	Croatan	1:03.59	1:03.42	REGC	1
17	Gall, Leah	29.29	34.40	SR	Raleigh Charter	1:03.57	1:03.69	REGC	
18	Love, Samantha	30.89	33.84	FR	Ledford	1:05.53	1:04.73	REGC	
19	Lentz, Colbie	31.32	33.73	SO	North Stanly	1:05.58	1:05.05	REGC	
20	Bajaj, Mehak	30.95	34.16	SR	NC Science & Math	1:05.87	1:05.11	REGC	
21	Wallace, Savannah	30.78	34.41	SR	First Flight	1:05.25	1:05.19	REGC	
22	Humphreys, Kate	31.24	34.82	FR	Durham School of the Arts	1:03.02	1:06.06	REGC	
23	Walston, Emerson	31.04	35.04	SO	Durham School of the Arts	1:05.53	1:06.08	REGC	

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**Event 14 Men 100 Yard Freestyle**

45.06 AA-A		45.80 AA-C		All-America			
54.99 REGA		1:00.99 REGC		Regional			
Name		Yr	School	Seed Time	Finals Time		Points
1	Nowacek, Jackson 23.63 25.01	FR	East Carteret	50.96	48.64	REGA	20
2	Heidkamp, George 23.43 25.70	JR	NC Science & Math	48.49	49.13	REGA	17
3	Loveless, Colby 23.87 25.85	SO	Croatan	50.75	49.72	REGA	16
4	Sims, Myles 23.90 26.32	SR	Durham School of the Arts	50.70	50.22	REGA	15
5	Johnson, Samuel 24.38 25.95	SO	Atkins	51.91	50.33	REGA	14
6	Tubaugh, Hodges 24.43 26.28	JR	Washington	54.20	50.71	REGA	13
7	Harding, Cameron 24.29 26.55	SR	East Carteret	51.60	50.84	REGA	12
8	Ward, Ian 25.04 26.18	JR	Carrboro	53.04	51.22	REGA	11
9	Cheifetz, Adam 23.64 27.65	JR	Voyager Academy	53.89	51.29	REGA	9
10	Schmidt, Harrison 25.14 27.50	JR	Washington	53.36	52.64	REGA	7
11	Hargrave, Hunter 25.63 27.48	SR	Roanoke Rapids	53.59	53.11	REGA	6
12	Lyon, Jack 26.12 27.04	SO	Rosewood	52.07	53.16	REGA	5
13	Gimpl, Glen 25.79 27.62	FR	Raleigh Charter	54.71	53.41	REGA	4
14	Xiong, Alexander 25.95 27.47	SR	NC Science & Math	53.97	53.42	REGA	3
15	Hellofs, Ethan 26.20 27.86	SO	Carrboro	56.04	54.06	REGA	2
16	Gillette, Jonathan 26.03 28.95	SR	Currituck	55.05	54.98	REGA	1
17	McSorley, Duncan 26.36 28.66	SO	Raleigh Charter	55.47	55.02	REGC	
18	Glasgow, Michael 27.34 27.77	JR	Roanoke Rapids	55.67	55.11	REGC	
19	Pletzke, Harrison 26.21 28.98	SR	Carrboro	54.86	55.19	REGC	
20	Moomaw, Roger 26.32 28.90	JR	NC Science & Math	56.25	55.22	REGC	
21	Dennis, Tristan 26.32 29.18	SR	Pasquotank	55.86	55.50	REGC	
22	Schram, Matthew 26.26 29.33	JR	Durham School of the Arts	55.54	55.59	REGC	
23	Sykes, EJ 26.90 29.13	SR	Walkertown	56.65	56.03	REGC	
24	Merritt, Damon 28.40 30.82	SO	Rosewood	56.81	59.22	REGC	







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**Event 16 Men 500 Yard Freestyle**

Name		Yr School		Seed Time	Finals Time	Points
11	Mercer, Cameron	JR	North Davidson	5:47.79	5:33.06	REGA 6
	28.59 31.94	33.23	34.16 34.05 34.57 34.35	35.05		
	35.11 32.01					
12	Wilson, Ben	SO	Raleigh Charter	5:46.11	5:36.74	REGA 5
	28.99 32.55	34.16	34.77 34.76 34.96 34.81	35.07		
	34.31 32.36					
13	Ira, Dalton	SR	Rosewood	5:39.09	5:39.36	REGA 4
	29.34 31.85	32.63	34.01 34.40 35.32 35.55	35.85		
	36.08 34.33					
14	Walter, Edward	SR	NC Science & Math	5:49.36	5:42.24	REGA 3
	30.17 33.35	34.64	34.45 35.05 34.71 35.33	35.14		
	35.38 34.02					
15	Flores, Ricardo	SO	Clinton	6:08.28	5:53.18	REGC 2
	30.00 33.78	35.50	37.33 35.33 36.19 36.76	36.08		
	37.37 34.84					
16	Cox, Bradley	SR	Eastern Randolph	5:58.74	5:54.61	REGC 1
	30.14 34.29	35.25	35.94 36.77 36.93 37.40	37.20		
	36.59 34.10					
17	Pugh, Bryce	SR	First Flight	5:58.20	5:56.65	REGC
	29.98 32.63	33.69	35.21 36.43 36.88 37.93	39.34		
	37.40 37.16					
18	Hooley, Trent	SR	Croatan	6:16.78	5:58.13	REGC
	32.60 35.05	36.73	37.19 36.80 36.70 36.52	36.06		
	36.17 34.31					
19	Walser, Aidan	SR	Central Davidson	6:13.27	6:05.49	REGC
	30.10 33.70	35.07	36.56 37.65 38.34 38.76	38.68		
	39.59 37.04					
20	Montoya, Juan	JR	Bishop McGuinness	6:17.64	6:09.55	REGC
	27.86 31.33	35.22	36.90 38.77 39.94 40.33	40.19		
	41.00 38.01					
21	Ward, William	JR	North Davidson	6:17.53	6:14.92	REGC
	32.11 35.32	36.95	38.97 39.37 39.89 38.65	39.46		
	39.47 34.73					
22	Savage, Payton	FR	First Flight	6:15.38	6:15.77	REGC
	31.82 35.33	37.74	38.62 40.08 38.93 38.96	39.25		
	38.39 36.65					
23	Lee, Jackson	FR	Carrboro	6:26.17	6:20.65	REGC
	30.20 34.84	37.32	37.20 39.62 41.38 40.54	41.33		
	41.28 36.94					

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**Event 17 Women 200 Yard Freestyle Relay**

**1:35.67 AA-A 1:37.32 AA-C All-America**  
**1:56.99 REGA 2:25.99 REGC Regional**

Team	Relay	Seed Time	Finals Time	Points
1 Raleigh Charter		1:48.53	1:44.31 REGA	40
1) Peck, Emma SR	2) Watkins, Riley SO	3) Parsons, Sydney SR	4) Willis, Sydney SR	
26.02 26.60 26.59	25.10			
2 North Davidson		1:49.58	1:46.51 REGA	34
1) Dennis, Morgan SO	2) Miller, Parker SR	3) White, Mary Katherine SR	4) Hostetter, Maggie SR	
25.19 27.23 28.05	26.04			
3 North Stanly		1:50.28	1:48.44 REGA	32
1) Gibson, Rachel FR	2) Almond, Emily SO	3) Childress, Alexandra FR	4) Lentz, Colbie SO	
26.96 27.78 26.66	27.04			
4 Wheatmore		1:53.74	1:48.54 REGA	30
1) Godwin, Emma JR	2) Lambeth, Erin SO	3) Fritz, Kyndall SO	4) Fritz, Katie FR	
26.37 28.24 27.87	26.06			
5 Carrboro		1:52.28	1:50.29 REGA	28
1) Sullenger, Cynthia JR	2) Carroll, Chloe FR	3) Kashefsky, Emma FR	4) Weigle, Olivia JR	
26.54 28.15 29.02	26.58			
6 NC Science & Math		1:50.12	1:50.72 REGA	26
1) Desai, Rhea JR	2) Woodard, Alexa SR	3) Dalsimer, Aimee SR	4) Eustice, Annamarie SR	
27.48 28.92 28.21	26.11			
7 Voyager Academy		1:54.34	1:50.80 REGA	24
1) Murray, Cordilla SO	2) Guerrier, Hannah SR	3) Scott-Benson, Roise SO	4) Credle, Bailey SO	
27.85 27.96 28.68	26.31			
8 Bishop McGuinness		1:56.24	1:51.41 REGA	22
1) Bourgeois, Megan FR	2) Herzberger, Katie JR	3) Gaylord, Kelly	4) Barr, Bridget FR	
28.42 26.12 29.22	27.65			
9 First Flight		1:54.95	1:51.91 REGA	18
1) Wallace, Savannah SR	2) Bouker, Casey SR	3) Holcomb, Anne SO	4) Cortez, Cecilia JR	
28.94 28.50 29.64	24.83			
10 Nash Central		1:57.11	1:52.96 REGA	14
1) Winston, Rachel FR	2) Smith, Allison SO	3) Hicks, Sarah JR	4) Lamm, Sarah SR	
26.23	28.69			
11 Franklin Academy		1:54.82	1:53.81 REGA	12
1) Roberts, Taylor FR	2) Stephan, Niamh JR	3) Stephan, Ashlynn SO	4) Allen, Julia SO	
27.34 29.34 28.79	28.34			
12 East Carteret		2:00.47	1:55.57 REGA	10
1) Fulcher, Eleanor FR	2) Williamson, Chloe	3) Harmelink, Janie	4) Golden, Sarah JR	
28.25 30.27 30.23	26.82			
13 Ledford		1:56.06	1:55.65 REGA	8
1) Small, Holly JR	2) Hey, Laurel SR	3) Love, Samantha FR	4) Salas, Stephanie SR	
29.62 28.48 28.81	28.74			
14 Oak Grove		1:59.72	1:55.79 REGA	6
1) Maddock, Emma FR	2) McDonnell, Kaitlyn FR	3) Stewart, Sarah FR	4) Fyler, Elizabeth FR	
28.42 31.14 29.80	26.43			
15 Northeastern		1:58.39	1:56.83 REGA	4
1) Connor, Julianna JR	2) Evans, Hannah JR	3) Furst, Abby	4) Breaux, Emily SR	
27.84 32.82 29.23	26.94			
16 Washington		1:58.62	1:56.95 REGA	2
1) Richards, Courtney	2) Brodie, Maddie	3) Spruill, Grayson	4) Shepherd, Claire JR	
29.04 31.03 29.78	27.10			
17 Roanoke Rapids		2:02.21	1:57.17 REGC	
1) Thompson, Cierra	2) Colston, Meagan SR	3) MacNichol, Catherine FR	4) Fromal, Amy SR	
30.55 28.65 28.79	29.18			
18 Central Davidson		2:02.30	1:58.52 REGC	
1) Trantham, Emily	2) Allred, Hatley SO	3) Walser, Stephanie SO	4) Mize, Mallory SR	
31.46 29.33 29.42	28.31			

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**Event 17 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
19 Durham School of the Arts		1:55.75	1:58.78 REGC	
1) Foglesong, Mia SO	2) Shelp-Peck, Elley SR	3) Stefan, Cate SO	4) Walston, Emerson SO	
28.48 30.16 31.42	28.72			
20 Albemarle		2:02.42	2:00.12 REGC	
1) Krol, Meghan JR	2) Combs, Kellynn SO	3) Oliver, Meghan	4) Wangler, Abigail JR	
26.91 29.84 31.84	31.53			
21 Croatan		2:02.96	2:02.46 REGC	
1) Agra, Abbey JR	2) Griffing, Madison	3) Campbell, Ella FR	4) Roth, Ally SO	
31.06 31.29 32.09	28.02			
22 Pasquotank		2:05.73	2:07.22 REGC	
1) Dennis, Jesse SO	2) Walton, Audrey	3) Cranmer, Natalie	4) Clarkson, Sophie	
30.47 33.76 34.58	28.41			
23 Clinton		2:04.54	2:10.20 REGC	
1) Carr, Edith J	2) Rivera, Abigail	3) Jaramillo, Nayeli	4) Blount, Anna	
29.64 32.45 34.76	33.35			
--- Vance Charter		2:04.58	DQ	
1) Falkner, Alyssa FR	2) Hilliard, Alexis	3) Deal, Molly	4) Care, Megan SO	
32.38 40.79 29.17	29.91			

**Event 18 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
<b>1:24.94 AA-A 1:26.18 AA-C All-America</b>				
<b>1:42.99 REGA 2:22.99 REGC Regional</b>				
1 North Davidson		1:36.06	1:32.62 REGA	40
1) Day, John SR	2) Little, Grant JR	3) Davies, Nathan JR	4) Foster, Cooper JR	
21.91 23.04 24.43	23.24			
2 Carrboro		1:38.26	1:33.36 REGA	34
1) Wurster, Lincoln SO	2) Prakken, Alex SO	3) Pletzke, Harrison SR	4) Ward, Ian JR	
23.60 23.37 23.80	22.59			
3 East Carteret		1:37.08	1:33.37 REGA	32
1) Nowacek, Jackson FR	2) Piner, Trent SR	3) MacArthur, Samuel JR	4) Harding, Cameron SR	
22.20 24.71 24.29	22.17			
4 Roanoke Rapids		1:35.59	1:33.43 REGA	30
1) Hargrave, Hunter SR	2) Walker, Jordan SR	3) Tant, Garrett JR	4) Hoscila, AJ SR	
23.57 24.60 23.50	21.76			
5 NC Science & Math		1:36.97	1:35.21 REGA	28
1) Xiong, Alexander SR	2) Moomaw, Roger JR	3) Healy, Jack JR	4) Sisk, Stonewall SR	
23.80 24.26 24.44	22.71			
6 First Flight		1:39.56	1:36.65 REGA	26
1) Gilbreath, Dagen SR	2) Haynes, John SR	3) Pugh, Bryce SR	4) Maniet, Alan SR	
24.30 24.46 24.45	23.44			
7 Raleigh Charter		1:38.95	1:36.72 REGA	24
1) Ganesan, Aravind JR	2) Gimpl, Glen FR	3) Yuan, Allen SR	4) McSorley, Duncan SO	
24.44 24.03 24.27	23.98			
8 Bishop McGuinness		1:38.16	1:39.06 REGA	22
1) Kohl, Issac FR	2) Price, Garrett SO	3) Chase, Ethan JR	4) Sanchez, Brandon SR	
25.33 25.67 22.42	25.64			
9 Washington		1:39.12	1:39.38 REGA	18
1) Beach, Braeden SO	2) Myers, Taylor SR	3) Pippin, Tripp SO	4) Tubaugh, Hodges JR	
27.73 23.52 25.39	22.74			
10 Currituck		1:40.14	1:39.79 REGA	14
1) McLaughlin, Chase SR	2) Condon, Ryan SR	3) Fletcher, Samuel	4) Gillette, Jonathan SR	
25.24 24.03 25.76	24.76			

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**Event 18 Men 200 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
11 Oak Grove		1:42.27	1:39.98 REGA	12
1) Chapel, Alex SO	2) Vanweerdhuizen, Mason	3) Rodriguez, Gabe SO	4) Roten, Landon FR	
24.98 26.77 25.21	23.02			
12 Clinton		1:44.57	1:41.95 REGA	10
1) Flores, Ricardo SO	2) Pike, Justin	3) Hales, William SR	4) Taylor, Reid JR	
25.98 25.59 25.73	24.65			
13 Croatan		1:41.82	1:42.61 REGA	8
1) Hooley, Trent SR	2) Tucker, Nathan JR	3) Duggan, Matt SR	4) McCabe, Jack SO	
27.45 26.19 25.14	23.83			
14 Rosewood		1:42.96	1:42.69 REGA	6
1) Merritt, Damon SO	2) Rigdon, Nathan SO	3) Ira, Dalton SR	4) Lyon, Jack SO	
25.58 26.74 26.70	23.67			
15 Manteo		1:43.70	1:43.47 REGC	4
1) Twyne, Donovan SR	2) Gomez, Marcos SR	3) Janesik, Maximilian SO	4) Tillet, Thomas SR	
26.60 26.87 25.40	24.60			
16 Ledford		1:41.74	1:43.51 REGC	2
1) Dumoulin, Ethan SR	2) Estrada, Alejandro SO	3) Stewart, Alex SR	4) Ristanovic, Stefan FR	
26.40 25.75 25.60	25.76			
17 Nash Central		1:45.59	1:44.87 REGC	
1) Smith, Samuel SR	2) Richardson, Zachary SO	3) Norris, Langdon SR	4) Rhodes, Tanner	
26.42 22.90 23.07	32.48			
18 Tarboro		1:46.73	1:46.54 REGC	
1) Sessoms, Jacob	2) Lancaster, Trey SR	3) Davis, Preston SO	4) Dupree, Seth SR	
27.84 25.24 28.75	24.71			
19 Richlands		1:52.12	1:48.17 REGC	
1) Bergeron, Liam JR	2) Isabelle, Luke	3) Vasquez, Eric	4) Carrington, Brian SR	
27.12 27.60 27.69	25.76			
20 Durham School of the Arts		1:42.30	1:49.30 REGC	
1) Strader, Ryan SR	2) Ferguson, Gareth JR	3) Hamilton, Forrest SO	4) Sweeney-Centeno, Krister JR	
25.67	26.34			
21 Holmes		1:53.93	1:50.76 REGC	
1) Boyce, Cameron	2) Armstrong, Brady	3) Spruill, Shane	4) Duruman, Nev SR	
28.89 26.92 29.29	25.66			
22 Atkins		1:39.10	1:51.66 REGC	
1) Saintsing, Charles JR	2) Boney, Desmond SR	3) Viands-Reyes, Jefferey	4) Seely, Mason	
27.89 26.98 28.05	28.74			
23 Oxford Prep		1:54.09	1:53.40 REGC	
1) Hopper, Robert SO	2) Hopper, Jack	3) Holloway, Ethan FR	4) Hunt, Caleb SR	
25.22 29.69 28.37	30.12			
24 Northern Vance		1:54.57	2:21.60 REGC	
1) Ellis, Anthony	2) Beddingfield, Hunter	3) Wiggins, Tyre	4) Turner, Ezekiel	
35.41 35.82 34.70	35.67			

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**Event 19 Women 100 Yard Backstroke**

55.05		AA-A		56.30		AA-C		All-America	
1:09.99		REGA		1:23.99		REGC		Regional	
Name				Yr	School	Seed Time	Finals Time		Points
1	Cortez, Cecilia			JR	First Flight	1:01.35	58.98	REGA	20
	28.43	30.55							
2	Niebel, Andrea			JR	Croatan	1:04.13	1:01.61	REGA	17
	30.28	31.33							
3	Peck, Emma			SR	Raleigh Charter	1:03.74	1:02.10	REGA	16
	30.07	32.03							
4	Murray, Cordilla			SO	Voyager Academy	1:07.82	1:03.41	REGA	15
	30.08	33.33							
5	Breaux, Emily			SR	Northeastern	1:06.62	1:03.78	REGA	14
	31.10	32.68							
6	Watkins, Riley			SO	Raleigh Charter	1:06.60	1:04.67	REGA	13
	31.19	33.48							
7	Connor, Julianna			JR	Northeastern	1:07.46	1:05.05	REGA	12
	31.30	33.75							
8	Sullenger, Cynthia			JR	Carrboro	1:06.58	1:05.17	REGA	11
	31.35	33.82							
9	Battaglini, Gabi			FR	Durham School of the Arts	1:06.92	1:05.48	REGA	9
	31.74	33.74							
10	Schauss, Kate			SR	Raleigh Charter	1:06.76	1:05.57	REGA	7
	31.68	33.89							
11	Weigle, Olivia			JR	Carrboro	1:09.07	1:06.95	REGA	6
	32.51	34.44							
12	Maddock, Emma			FR	Oak Grove	1:10.67	1:08.35	REGA	5
	31.69	36.66							
13	Yale, Evelyn			SR	Bishop McGuinness	1:11.64	1:08.58	REGA	4
	32.81	35.77							
14	Cole, Darah			SO	Southside	1:11.56	1:09.08	REGA	3
	32.99	36.09							
15	Hicks, Sarah			JR	Nash Central	1:09.76	1:09.27	REGA	2
	31.96	37.31							
16	Credle, Bailey			SO	Voyager Academy	1:12.10	1:09.82	REGA	1
	34.55	35.27							
17	Childress, Alexandra			FR	North Stanly	1:11.85	1:09.94	REGA	
	33.25	36.69							
18	Miller, Parker			SR	North Davidson	1:11.33	1:10.98	REGC	
	33.57	37.41							
19	Steadman, Erin			SR	Providence Grove	1:12.61	1:12.26	REGC	
	34.90	37.36							
20	Woodard, Alexa			SR	NC Science & Math	1:13.46	1:12.42	REGC	
	34.80	37.62							
21	Geib, Anna			JR	NC Science & Math	1:14.43	1:12.70	REGC	
	35.26	37.44							
22	Smith, Coral			JR	Ledford	1:14.43	1:14.02	REGC	
	36.04	37.98							
23	Ray, Morgan			JR	NC Science & Math	1:16.69	1:14.46	REGC	
	35.72	38.74							
---	Breck, Anna			JR	Goldsboro	1:12.56	x1:37.63		

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**Event 20 Men 100 Yard Backstroke**

49.66 AA-A		50.86 AA-C		All-America				
1:01.99 REGA		1:20.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Barker, Will			FR	Croatan	55.21	51.56	REGA 20
	24.95	26.61						
2	Holder, Nate			FR	Atkins	59.03	53.75	REGA 17
	25.87	27.88						
3	Chase, Ethan			JR	Bishop McGuinness	57.59	53.83	REGA 16
	26.58	27.25						
4	Jones, Ethan			JR	Camden	1:00.05	54.38	REGA 15
	26.59	27.79						
5	Wurster, Lincoln			SO	Carrboro	59.98	56.20	REGA 14
	27.53	28.67						
6	Setzer, Alexander			JR	Ledford	57.36	56.48	REGA 13
	27.23	29.25						
7	Lancaster, Trey			SR	Tarboro	59.95	56.86	REGA 12
	27.65	29.21						
8	Richardson, Zachary			SO	Nash Central	1:01.39	57.92	REGA 11
	28.05	29.87						
9	Cox, Bradley			SR	Eastern Randolph	58.81	58.20	REGA 9
	28.67	29.53						
10	Norris, Langdon			SR	Nash Central	1:00.19	58.47	REGA 7
	28.31	30.16						
11	Hancock, Isaac			JR	Raleigh Charter	1:00.24	59.53	REGA 6
	28.64	30.89						
12	Hester, Trey			SO	Raleigh Charter	59.53	59.56	REGA 5
	28.46	31.10						
13	Hall, Bobby			JR	Cornerstone Academy	1:05.23	1:02.16	REGC 4
	29.74	32.42						
14	Barrett, Owen			SO	Carrboro	1:04.66	1:02.28	REGC 3
	29.33	32.95						
15	Mook, Kenneth			SR	Carrboro	1:07.92	1:02.71	REGC 2
16	Kohl, Issac			FR	Bishop McGuinness	1:06.24	1:04.44	REGC 1
	30.80	33.64						
17	Gilbreath, Dagen			SR	First Flight	1:06.45	1:04.57	REGC
	30.72	33.85						
18	Gorski, Dakota			SO	North Davidson	1:05.13	1:04.60	REGC
	32.02	32.58						
19	Young, Charles			SO	North Davidson	1:07.27	1:05.50	REGC
	31.39	34.11						
20	Liu, Andy			JR	NC Science & Math	1:05.24	1:05.68	REGC
	31.71	33.97						
21	Thompson, Christian			JR	Roanoke Rapids	1:08.91	1:07.20	REGC
	30.85	36.35						
22	Petty, Aaron			JR	Atkins	1:06.93	1:07.34	REGC
	33.84	33.50						
23	Hellofs, Ethan			SO	Carrboro	1:07.75	1:07.82	REGC
24	Tucker, Nathan			JR	Croatan	1:08.04	1:12.12	REGC
	32.83	39.29						

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**Event 21 Women 100 Yard Breaststroke**

1:02.82 AA-A		1:04.26 AA-C		All-America			
1:19.49 REGA		1:32.99 REGC		Regional			
Name		Yr	School	Seed Time	Finals Time		Points
1	Burton, Piper 31.41 34.47	SO	East Davidson	1:09.26	1:05.88	REGA	20
2	Parsons, Sydney 33.44 36.44	SR	Raleigh Charter	1:10.13	1:09.88	REGA	17
3	Fadely, Jennah 32.93 37.14	FR	Jordan-Matthews	1:15.01	1:10.07	REGA	16
4	Hostetter, Maggie 33.57 37.86	SR	North Davidson	1:12.22	1:11.43	REGA	15
5	Costley, Audrey 34.15 37.60	JR	Carrboro	1:11.97	1:11.75	REGA	14
6	Gibson, Rachel 33.12 38.74	FR	North Stanly	1:14.73	1:11.86	REGA	13
7	Godwin, Emma 34.17 38.11	JR	Wheatmore	1:14.97	1:12.28	REGA	12
8	Curtis, Heidi 34.60 38.37	JR	Raleigh Charter	1:16.22	1:12.97	REGA	11
9	Koudelkova, Valentyna 35.32 38.27	SR	Manteo	1:16.08	1:13.59	REGA	9
10	Geib, Anna 35.51 38.23	JR	NC Science & Math	1:15.93	1:13.74	REGA	7
11	Krol, Meghan 34.52 39.29	JR	Albemarle	1:11.23	1:13.81	REGA	6
12	Walston, Emerson 35.07 38.75	SO	Durham School of the Arts	1:15.81	1:13.82	REGA	5
13	Busick, Mia 36.37 40.67	SO	Raleigh Charter	1:19.34	1:17.04	REGA	4
14	Desai, Rhea 35.84 41.62	JR	NC Science & Math	1:19.29	1:17.46	REGA	3
15	Golden, Sarah 35.63 42.01	JR	East Carteret	1:19.34	1:17.64	REGA	2
16	Langley, Savannah 37.82 40.99	JR	North Davidson	1:20.78	1:18.81	REGA	1
17	Van Raay, Cora 36.89 42.63	SO	Carrboro	1:24.12	1:19.52	REGC	
18	Smith, Madison 38.37 41.56	SR	Raleigh Charter	1:21.86	1:19.93	REGC	
19	Fromal, Amy 37.56 44.76	SR	Roanoke Rapids	1:23.03	1:22.32	REGC	
20	VanCura, Tianna 39.00 45.13	JR	Washington	1:24.41	1:24.13	REGC	
21	Foglesong, Mia 40.46 45.04	SO	Durham School of the Arts	1:20.24	1:25.50	REGC	
22	Maddock, Emma 39.30 48.47	FR	Oak Grove	1:24.28	1:27.77	REGC	
---	Yang, Kayla 38.03 44.16	SO	Clinton	1:20.13	DQ		

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**Event 22 Men 100 Yard Breaststroke**

56.00 AA-A		57.27 AA-C		All-America				
1:11.99 REGA		1:20.99 REGC		Regional				
Name				Yr	School	Seed Time	Finals Time	Points
1	Reindl, James			SR	Croatan	1:02.74	1:00.32	REGA 20
	28.55	31.77						
2	Starbuck, Jason			SO	Raleigh Charter	1:01.79	1:00.47	REGA 17
	29.00	31.47						
3	Prakken, Alex			SO	Carrboro	1:02.49	1:01.00	REGA 16
	29.02	31.98						
4	Cheifetz, Adam			JR	Voyager Academy	1:06.58	1:01.49	REGA 15
	28.96	32.53						
5	Fore, Dylan			SR	Atkins	1:06.00	1:02.46	REGA 14
	29.45	33.01						
6	Lovenberg, Patrick			SO	Washington	1:04.43	1:02.51	REGA 13
	29.33	33.18						
7	Sims, Myles			SR	Durham School of the Arts	1:02.97	1:02.80	REGA 12
	29.75	33.05						
8	Myers, Taylor			SR	Washington	1:06.65	1:03.50	REGA 11
	29.16	34.34						
9	Ganesan, Aravind			JR	Raleigh Charter	1:06.28	1:03.84	REGA 9
	30.22	33.62						
10	Chapel, Alex			SO	Oak Grove	1:07.77	1:04.86	REGA 7
	30.08	34.78						
11	McCabe, Jack			SO	Croatan	1:09.29	1:05.85	REGA 6
	31.12	34.73						
12	Gimpl, Glen			FR	Raleigh Charter	1:08.96	1:06.70	REGA 5
	31.57	35.13						
13	Sisk, Stonewall			SR	NC Science & Math	1:08.67	1:08.43	REGA 4
	31.90	36.53						
14	Keeling, Gabe			JR	Camden	1:09.27	1:08.88	REGA 3
	32.44	36.44						
15	Pegram, Tanner			SR	Ledford	1:14.04	1:09.78	REGA 2
	33.02	36.76						
16	Janesik, Maximilian			SO	Manteo	1:09.79	1:09.90	REGA 1
	32.54	37.36						
17	Ballard, Austin			SO	Cornerstone Academy	1:12.67	1:10.74	REGA
	33.69	37.05						
18	Tant, Garrett			JR	Roanoke Rapids	1:10.79	1:10.99	REGA
	33.56	37.43						
19	Hancock, Asher			FR	Raleigh Charter	1:10.38	1:11.66	REGA
	33.27	38.39						
20	Duggan, Matt			SR	Croatan	1:12.86	1:11.88	REGA
	33.23	38.65						
21	Foster, Cooper			JR	North Davidson	1:11.57	1:12.92	REGC
	35.48	37.44						
22	Dupree, Seth			SR	Tarboro	1:13.84	1:13.30	REGC
	33.86	39.44						
23	Thomas, Seth			JR	NC Science & Math	1:11.44	1:13.58	REGC
	34.48	39.10						
24	Boney, Desmond			SR	Atkins	1:14.71	1:15.89	REGC
	35.30	40.59						



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**Host: Washington HS**

**Swimming & Diving**

**Results**

**Event 23 Women 400 Yard Freestyle Relay**

**3:27.95 AA-A 3:31.42 AA-C All-America**  
**4:28.99 REGA 6:10.99 REGC Regional**

Team	Relay	Seed Time	Finals Time	Points
1 Carrboro		3:51.70	3:44.02 REGA	40
1) Baca, Paloma JR	2) Hunsberger, Eliot FR	3) Costley, Audrey JR	4) Merry, Anneliese JR	
26.48 54.98 27.77	58.31 27.05 56.14	25.98 54.59		
2 Croatan		4:01.39	3:47.80 REGA	34
1) Reeve, Lyndsey JR	2) Roth, Ally SO	3) Niebel, Andrea JR	4) Domitrovits, Lydia JR	
25.86 54.05 29.80	1:02.85 26.58 55.53	55.37		
3 Raleigh Charter		3:53.70	3:50.11 REGA	32
1) Ellison, Hannalee SO	2) Schauss, Kate SR	3) Curtis, Heidi JR	4) Willis, Sydney SR	
28.79	27.07			
4 North Davidson		3:57.79	3:56.87 REGA	30
1) Dennis, Morgan SO	2) Hostetter, Maggie SR	3) Langley, Savannah JR	4) Leatherman, Gracie SR	
25.79 53.83 28.04	59.16 29.66 1:01.65	29.96 1:02.23		
5 East Davidson		4:04.91	3:57.64 REGA	28
1) Whitman, Maggie SR	2) Whitman, Ella FR	3) Burton, Piper SO	4) Lane, Anne	
26.66 55.51 27.39	57.79 26.01 55.20	31.41 1:09.14		
6 NC Science & Math		4:06.30	3:58.82 REGA	26
1) Eustice, Annamarie SR	2) Arnholt, Alyana SR	3) Dalsimer, Aimee SR	4) Fulford, Hanna JR	
28.46 58.49 28.17	1:00.14 30.10 1:03.16	27.26 57.03		
7 Voyager Academy		4:17.53	4:05.29 REGA	24
1) Hibbard, Ali JR	2) Guerrier, Hannah SR	3) Scott-Benson, Roise SO	4) Credle, Bailey SO	
29.60 1:00.84 29.33	1:02.37 29.22 1:02.50	28.51 59.58		
8 Durham School of the Arts		4:16.74	4:08.97 REGA	22
1) Humphreys, Kate FR	2) Foglesong, Mia SO	3) Braun, Logan SO	4) Battaglini, Gabi FR	
30.32 1:04.20 29.55	1:03.32 29.56 1:03.34	26.94 58.11		
9 Bishop McGuinness		4:26.15	4:11.72 REGA	18
1) Yale, Evelyn SR	2) Herzberger, Katie JR	3) Bergelin, Katie FR	4) Gaylord, Kelly	
30.32 1:01.92 27.21	57.75 31.86 1:06.71	30.72 1:05.34		
10 Ledford		4:24.59	4:15.22 REGA	14
1) Love, Samantha FR	2) Hey, Laurel SR	3) Smith, Coral JR	4) Maneen, Virginia JR	
30.72 1:04.63 29.98	1:02.95 30.87 1:04.44	29.54 1:03.20		
11 Northeastern		4:26.82	4:22.26 REGA	12
1) Connor, Julianna JR	2) Furst, Abby	3) Evans, Hannah JR	4) Breaux, Emily SR	
29.90 1:01.41 32.94	1:10.05 34.47			
12 Roanoke Rapids		4:45.17	4:24.32 REGA	10
1) Acree, Abbey SR	2) Colston, Meagan SR	3) MacNichol, Catherine FR	4) Fromal, Amy SR	
31.34 1:05.56 30.49	1:07.05 31.04 1:08.92	27.52 1:02.79		
13 East Carteret		4:43.29	4:25.76 REGA	8
1) Fulcher, Eleanor FR	2) Harmelink, Janie	3) Basurto, Sofia	4) Golden, Sarah JR	
29.41 1:02.87 32.29		30.10 1:03.62		
14 Central Davidson		4:47.47	4:27.28 REGA	6
1) Trantham, Emily	2) Allred, Hatley SO	3) Walser, Stephanie SO	4) Mize, Mallory SR	
34.01 1:11.60 31.46	1:06.65 1:05.40	29.50 1:03.63		
15 Washington		4:35.11	4:30.39 REGC	4
1) Yoder, Anna FR	2) Richards, Courtney	3) VanCura, Tianna JR	4) Shepherd, Claire JR	
31.54 1:06.41 31.87	1:07.56 33.13 1:10.11	31.33 1:06.31		
16 Nash Central		4:44.02	4:35.27 REGC	2
1) Agan, Emile	2) Williams, Grayson	3) Winston, Rachel FR	4) Lamm, Sarah SR	
33.07 1:11.69 30.74	1:08.58 31.78 1:08.04	31.22 1:06.96		

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**Event 23 Women 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
17 Franklin Academy		4:49.96	4:41.23 REGC	
1) Stephan, Niamh JR	2) Armitage, Chloe JR	3) Barnhart, Joanne	4) Naiman, McKayla JR	
31.83 1:08.75 34.89	1:12.85 33.36 1:11.00	1:08.63		
18 Richlands		4:48.22	4:44.85 REGC	
1) Talsma, Emeli SO	2) Jarman, Riley JR	3) Frederick, Lianna	4) Beaty, Caroline SR	
31.59 1:06.28 36.18	1:13.88 36.26 1:16.92	31.89 1:07.77		
19 Pasquotank		4:48.66	4:50.17 REGC	
1) Clarkson, Sophie	2) Walton, Audrey	3) Cranmer, Natalie	4) Dennis, Jesse SO	
32.43 1:06.23 35.85	1:18.74 1:21.04	30.15 1:04.16		
20 Rosewood		4:56.33	4:52.19 REGC	
1) Hilton, Kaley JR	2) Langdon, Allecia	3) Amy, Elaina SR	4) Dietz, Sierra SR	
33.68 1:12.92 36.26	1:17.19 34.67 1:11.73	34.25 1:10.35		
--- First Flight		4:15.63	DQ	
1) Trivette, Emmy SO	2) Bouker, Casey SR	3) Wilson, Briana FR	4) Holcomb, Anne SO	
32.25 1:07.61 31.02	1:04.87 31.55 1:05.51	32.55 1:08.39		
--- Albemarle		4:43.48	DQ	
1) Krol, Meghan JR	2) Combs, Kellynn SO	3) Oliver, Meghan	4) Wangler, Abigail JR	
28.24 58.72 30.70	1:06.78 34.30 1:12.95	33.60 1:10.91		
--- Clinton		4:52.19	DQ	
1) Yang, Kayla SO	2) Carr, Edith J	3) Rivera, Abigail	4) Jaramillo, Nayeli	
32.04	34.90			
--- North Stanly		4:15.42	DQ	
1) Hudson, Elaine SR	2) Hudson, Elithe SO	3) Eury, Devyn JR	4) Smith, Kelly SO	
33.53	31.68 1:09.37	31.55 1:05.72		

**Event 24 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
<b>3:06.28 AA-A 3:09.26 AA-C All-America</b>				
<b>3:55.99 REGA 5:50.99 REGC Regional</b>				
1 Croatan		3:23.78	3:18.60 REGA 40	
1) Barker, Will FR	2) McCray, John David SR	3) Reindl, James SR	4) Loveless, Colby SO	
23.63 49.09 23.03	48.86 23.87 50.18	23.70 50.47		
2 NC Science & Math		3:26.98	3:24.76 REGA 34	
1) Charles, Emile JR	2) Healy, Jack JR	3) Xiong, Alexander SR	4) Heidkamp, George JR	
23.67 49.47 24.90	52.44 25.58 53.58	23.20 49.27		
3 Raleigh Charter		3:27.65	3:25.47 REGA 32	
1) Starbuck, Jason SO	2) Pilson, Robert SO	3) Yuan, Allen SR	4) Hershfeld, Emerson JR	
24.60 50.99 24.95	52.18 24.38 51.87	24.27 50.43		
4 Atkins		3:45.03	3:29.40 REGA 30	
1) Johnson, Samuel SO	2) Holder, Nate FR	3) Fore, Dylan SR	4) Petty, Aaron JR	
23.86 49.97 24.15	50.30 23.86 50.28	28.43 58.85		
5 North Davidson		3:38.44	3:31.08 REGA 28	
1) Day, John SR	2) Gorski, Dakota SO	3) Little, Grant JR	4) Mercer, Cameron JR	
23.52 48.74 26.36	55.52 25.24 52.85	25.72 53.97		
6 Washington		3:42.27	3:31.99 REGA 26	
1) Schmidt, Harrison JR	2) Pake, Tristan FR	3) Lovenberg, Patrick SO	4) Tubaugh, Hodges JR	
24.81 52.38 26.32	55.92 25.16 52.76	24.31 50.93		
7 Bishop McGuinness		3:38.42	3:32.17 REGA 24	
1) Price, Garrett SO	2) Chase, Ethan JR	3) McGuire, Dylan FR	4) Hamlet, Thomas JR	
27.98 58.95 24.41	50.73 26.46 55.61	22.45 46.88		
8 Durham School of the Arts		3:29.95	3:32.24 REGA 22	
1) Holcomb, Jackson SR	2) Schram, Matthew JR	3) Baker, Jay FR	4) Sims, Myles SR	
24.52 52.30 25.64	55.00 25.32 53.39	25.10 51.55		

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**Event 24 Men 400 Yard Freestyle Relay**

Team	Relay						Seed Time		Finals Time	Points
9 Carrboro							3:47.52		3:38.90	REGA 18
1) Hunter, Corbin SO	2) Barrett, Owen SO		3) Hellofs, Ethan SO		4) DeWalt, Kieran FR					
26.27 54.11 26.66	56.42 26.10 54.93	25.28 53.44								
10 Ledford							3:45.40		3:41.01	REGA 14
1) Norton, Brian	2) Stewart, Alex SR		3) Ristanovic, Stefan FR		4) Setzer, Alexander JR					
26.86 57.07 27.44	57.69 26.73 56.33	23.48 49.92								
11 Camden							3:58.24		3:46.57	REGA 12
1) Royal, Nathan	2) Praisler, Christopher		3) Keeling, Gabe JR		4) Jones, Ethan JR					
27.70 58.45 26.00	56.62 29.10 1:01.24	23.70 50.26								
12 Currituck							3:58.56		3:47.45	REGA 10
1) McLaughlin, Chase SR	2) Condon, Ryan SR		3) Woodson, Finley SR		4) Gillette, Jonathan SR					
25.81 56.31 26.65	56.49 27.75 58.57	26.76 56.08								
13 Roanoke Rapids							3:41.69		3:48.13	REGA 8
1) King, Nicholas SO	2) Pang, Jason SR		3) Walker, Jordan SR		4) Glasgow, Michael JR					
26.33 57.68 27.07	59.04 26.06 57.17	25.87 54.24								
14 First Flight							3:48.40		3:49.40	REGA 6
1) Gilbreath, Dagen SR	2) Haynes, John SR		3) Pugh, Bryce SR		4) Savage, Payton FR					
26.24 55.13 26.29	55.57 27.04 56.60	30.08 1:02.10								
15 Walkertown							4:16.68		4:06.02	REGC 4
1) Warren, James	2) Freeman, Blake		3) Butler, Ethan		4) Sykes, EJ SR					
31.62 1:07.44 29.87	1:04.27 27.71 58.99	26.81 55.32								
16 Central Davidson							4:23.36		4:06.20	REGC 2
1) Shoaf, Tyson	2) Lanham, Derrick FR		3) Cavender, Nathaniel JR		4) Walser, Aidan SR					
1:03.11 28.60	1:03.25 29.92 1:03.54	26.59 56.30								
17 Northeastern							4:24.85		4:10.43	REGC
1) Ray, Hayden	2) Harrison, Ryan		3) Pureza, Cameron		4) Breaux, Peter SO					
30.08 1:04.77 30.01	1:03.60 29.74 1:02.72	28.61 59.34								
18 Northern Vance							4:25.99		4:11.11	REGC
1) Vu, Jonathan SR	2) Stainback, Dustin SR		3) Williams, Khalil		4) Clifford, Spencer SR					
28.31 59.94 31.81	1:06.56 1:06.45	27.55 58.16								
19 Rosewood							4:29.82		4:14.75	REGC
1) Blevins, Owen SR	2) Clark, Jonah SO		3) Sullivan, Patrick		4) Daniels, Cameron					
29.95 1:04.03 30.83	1:05.49 30.44 1:07.03	27.11 58.20								
20 Richlands							4:30.57		4:17.35	REGC
1) Bergeron, Liam JR	2) Isabelle, Luke		3) Vasquez, Eric		4) Carrington, Brian SR					
28.45 58.88 32.14	1:06.40 33.46 1:08.61	30.45 1:03.46								
21 Oxford Prep							4:25.38		4:19.23	REGC
1) Hopper, Robert SO	2) Daniels, Whitt		3) Holloway, Ethan FR		4) Hunt, Caleb SR					
27.05 55.41 32.31			31.93 1:11.04							
--- East Carteret							3:40.47		DQ	
1) Harding, Cameron SR	2) MacArthur, Samuel JR		3) Willis, Hunter		4) Nowacek, Jackson FR					
24.66 51.87 25.91	56.10 25.55 56.15	22.78 48.48								
--- Clinton							4:04.39		DQ	
1) Pike, Justin	2) Hales, William SR		3) Flores, Ricardo SO		4) Taylor, Reid JR					
59.14 27.11	58.63 26.82 55.82	26.42 55.69								