

2015 Regional Cross Country Assignments & Hosts

1A

EAST

Coastal 10
Coastal Plains
Two Rivers
Tar Roanoke Athletic

Host: Lejeune

MIDEAST

Carolina
Four County
North Central Athl.
Three Rivers

**Host: North Central
Athletic Conference
Wake Med Soccer
Park**

MIDWEST

Central Tar Heel
Mountain Valley
Northwest
Uwharrie Athletic

**Host: North Stokes

Ivey M Redmon
Park**

WEST

Smoky Mountain
Southern Piedmont
Western Highlands
Piedmont Comm. Charter
Tri-County EC

**Host: Avery County

Asheville Christian
Academy Course**

2A

EAST

East Central
Eastern Carolina
Eastern Plains
Northeastern Coastal

Host: Washington

MIDEAST

Four County
Mid-State
Northern Carolina
Three Rivers

**Host:
Carrboro/NCSSM**

MIDWEST

Central Carolina
Mountain Valley
PAC-6
Rocky River
Western Piedmont
Athl.

**Host: North Stokes

Ivey M Redmon**

WEST

Big South
Western NC Athletic
South Mountain Athl.
Southern District 7 Athl.
Western Highlands

**Host: Polk County

Freedom Park**

3A

EAST

Big East
Coastal
Eastern Carolina
Mideastern
Two Rivers

**Host: Northern Nash
Red Oak XC Course**

MIDEAST

Big Eight
Cape Fear Valley
Mid-State

Host: Northwood

MIDWEST

Mid-Piedmont
North Piedmont
South Piedmont
Southern Carolina

**Host: Weddington
McAlpine**

WEST

Big South
Western NC Athletic
Mountain Athletic
Northwestern
South Mountain Athletic

**Host: Freedom
Freedom Park**

4A

EAST

Eastern Carolina
Southeastern
Mideastern
Mid-South Athletic

**Host: South Central/DH
Conley
Boyd Lee Park**

MIDEAST

CAP-8
Southwest Wake
Greater Neuse River

**Host: Green Hope

Wake Med Soccer
Park**

MIDWEST

Central Piedmont
All Metro
PAC-6
Piedmont Triad

**Host: Northwest
Guilford**

WEST

MeCKa
Mountain Athletic
North Piedmont
Northwestern
SoMeck 8
Southwestern

**Host: Providence HS
OR Myers Park HS**

As of 09/09/15