NCHSAA WOMEN'S CROSS COUNTRY STATE CHAMPIONS

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1980	McAlpine Park, Charlotte	Chapel Hill	77	Charlotte McCall, McDowell	19:14.9
1981	McAlpine Park, Charlotte	Chapel Hill	61	Karen Dunn, Garner	19:00.0
1982	McAlpine Park, Charlotte	East Mecklenburg	66	Kathy Ormsby, Richmond	18:09.6
1983	McAlpine Park, Charlotte	Chapel Hill	39	Beth Ruggles, East Burke	18:48.0
1984	McAlpine Park, Charlotte	Chapel Hill	28	Tomika Whitten, West Forsyth	19:06.0
1985	McAlpine Park, Charlotte	Watauga	107	Tomika Whitten, West Forsyth	18:49.0

RECLASSIFICATION WAS MADE IN 1986

CLASS A/AA

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1986	McAlpine Park, Charlotte	Monroe	71	Heather Lenglade, Ledford	20:49.0
1987	McAlpine Park, Charlotte	East Davidson	63	Heather Lenglade, Ledford	20:01.0
1988	McAlpine Park, Charlotte	Lejeune	47	Erin Smyth, Lejeune	19:42.0
1989	McAlpine Park, Charlotte	Lejeune	86	Julie Barba, Lejeune	19:43.0
1990	McAlpine Park, Charlotte	Murphy	66	Karen Godlock, Polk County	19:31.6
1991	McAlpine Park, Charlotte	Murphy	49	Karen Godlock, Polk County	18:07.9
1992	McAlpine Park, Charlotte	Polk County	64	Karen Godlock, Polk County	17:24.9
1993	McAlpine Park, Charlotte	West Henderson	60	Amy Knox, West Henderson	19:43.8
1994	McAlpine Park, Charlotte	Murphy	53	Kristy Whitaker, Murphy	19:32.81
1995	McAlpine Park, Charlotte	Murphy	76	Julie Stackhouse, Hayesville	19:28.7
1996	McAlpine Park, Charlotte	Murphy	44	Jennifer Dimsdale, Polk County	18:46.4

PLAY WENT TO CLASS A AND CLASS AA IN 1997

CLASS AA

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1997	McAlpine Park, Charlotte	North Henderson	113	Macy Little, Brevard	19:51.1
1998	McAlpine Park, Charlotte	Charles D. Owen	98	Diana Henderson, North Henderson	18:56.6
1999	McAlpine Park, Charlotte	Brevard	84	Heidi Sloop, West Wilkes	19:32.6
2000	McAlpine Park, Charlotte	North Henderson	62	Heidi Sloop, West Wilkes	19:20.0
2001	McAlpine Park, Charlotte	Brevard	51	Jessica Durrant, North Henderson	18:47.6
2002	Tanglewood, Clemmons	Charlotte Catholic	24	Leigh Ann Taylor, Monroe	19:43:72
2003	Tanglewood, Clemmons	Charlotte Catholic	37	Leigh Ann Taylor, Monroe	19:30.21
2004	Tanglewood, Clemmons	Charlotte Catholic	89	Lindsey Groce, Wilkes Central	19:51.0
2005	Tanglewood, Clemmons	Cardinal Gibbons	27	Tria Metzler, Bunn	19:19.11
2006	Tanglewood, Clemmons	Cardinal Gibbons	31	Heather Beichner, Gibbons	18:51.84
2007	Tanglewood, Clemmons	Cardinal Gibbons	21	Heather Beichner, Gibbons	18:48.58
2008	Tanglewood, Clemmons	Cardinal Gibbons	45	Sarah Rapp, Gibbons	19:30.36
2009	Tanglewood, Clemmons	Carrboro	45	Catie Byrd, North Henderson	19:43.74
2010	Beeson Park, Kernersville	Carrboro	80	Grace Morken, Carrboro	19:28.56
2011	Beeson Park, Kernersville	Carrboro	27	Grace Morken, Carrboro	19:13.57
2012	Beeson Park, Kernersville	Carrboro	30	Grace Morken, Carrboro	18:42.49

CLASS A

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1997	McAlpine Park, Charlotte	Murphy	36	Jennifer Dimsdale, Polk County	19:27.8
1998	McAlpine Park, Charlotte	Murphy	51	Jennifer Dimsdale, Polk County	19:42.5
1999	McAlpine Park, Charlotte	Hayesville	43	Ariel Glassman, Hendersonville	18:17.7
2000	McAlpine Park, Charlotte	Murphy	72	Erika Schneble, Hendersonville	19:45.0
2001	McAlpine Park, Charlotte	Hendersonville	51	Kasey Smith, South Stokes	19:01.6
2002	Tanglewood, Clemmons	Hendersonville	51	Kasey Smith, South Stokes	19:50:49
2003	Tanglewood, Clemmons	Hayesville	51	Kala Robertson, Surry Central	19:41.61
2004	Tanglewood, Clemmons	Hayesville	59	Elisabeth Elliot, Polk County	20:25.88
2005	Tanglewood, Clemmons	Hayesville	61	Elisabeth Elliot, Polk County	20:36.33
2006	Tanglewood, Clemmons	Hayesville	61	Zatha Loewen, Topsail	19:22.76
2007	Tanglewood, Clemmons	Topsail	67	Zatha Loewen, Topsail	19:38.69
2008	Tanglewood, Clemmons	Bishop McGuinness	84*	Faith Trammell, Robbinsville	19:58.77
2009	Tanglewood, Clemmons	Robbinsville	62	Carol Blankenship, East Wilkes	18:59.30
2010	Beeson Park, Kernersville	Hendersonville	68	Carol Blankenship, East Wilkes	18:48.75
2011	Beeson Park, Kernersville	Lake Norman Charter	55	Kirsten Parries, Mount Airy	19:29.97
2012	Beeson Park, Kernersville	Bishop McGuinness	58	Sophia Bhalla, Lincoln Charter	18:53.94

*tied with Hayesville with 84 points but won tiebreaker on finish of sixth runner

CLASS AAA

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1986	McAlpine Park, Charlotte	T. C. Roberson	30	Francie Dumas, T. C. Roberson	19:30.0
1987	McAlpine Park, Charlotte	Washington	40	Janet Osada, T. C. Roberson	19:52.0
1988	McAlpine Park, Charlotte	Washington	68	Robyn Land, Wilkes Central	19:33.0
1989	McAlpine Park, Charlotte	Sun Valley	26	Suzanne Black, Sun Valley	19:40.0
1990	McAlpine Park, Charlotte	Northwest Cabarrus	75	Ami Knox, West Henderson	19:55.9
1991	McAlpine Park, Charlotte	Northwest Cabarrus	56	Suzanne Black, Sun Valley	19:29.9
1992	McAlpine Park, Charlotte	Franklin	38	Rebekah Frick, East Rowan	19:18.8
1993	McAlpine Park, Charlotte	Franklin	42	Tammy Duckett, Enka	19:37.4
1994	McAlpine Park, Charlotte	Franklin	50	Mandy Becker, Fuquay-Varina	18:50.0
1995	McAlpine Park, Charlotte	Franklin	129	Erin Musson, Wilkes Central	19:03.4
1996	McAlpine Park, Charlotte	Fuquay-Varina	93	Sarah Vance-Goodman, Roberson	17:24.7[4]
1997	McAlpine Park, Charlotte	T.C. Roberson	93	Sarah Vance-Goodman, Roberson	17:58.9
1998	McAlpine Park, Charlotte	T.C. Roberson	65	Erin Kelley, T.C. Roberson	19:09.2
1999	McAlpine Park, Charlotte	T.C. Roberson	53	Alicia Valtin, Western Harnett	19:11.1
2000	McAlpine Park, Charlotte	T.C. Roberson	52	Alicia Valtin, Western Harnett	18:39.0
2001	McAlpine Park, Charlotte	Eastern Wayne	43	Jessica Collins, Eastern Wayne	18:28.5
2002	Tanglewood, Clemmons	T.C. Roberson	96	Maggie Kovach, T.C. Roberson	19:38:50
2003	Tanglewood, Clemmons	Weddington	72	Claire Duval, T.C. Roberson	19:55.64
2004	Tanglewood, Clemmons	T.C. Roberson	60	Monique Jones, NW Cabarrus	19:42.04
2005	Tanglewood, Clemmons	T.C. Roberson	33	Caroline Kirby, T.C. Roberson	19:15.85
2006	Tanglewood, Clemmons	T.C. Roberson	46	Caroline Kirby, T.C. Roberson	19:09.34
2007	Tanglewood, Clemmons	T.C. Roberson	31	Lindsey Ester, Williams	19:13.13
2008	Tanglewood, Clemmons	T.C. Roberson	57	Kenyatta Iyerbele, Olympic	19:06.86
2009	Tanglewood, Clemmons	Chapel Hill	52	Sarah Rapp, Cardinal Gibbons	19:29.50
2010	Beeson Park, Kernersville	Cardinal Gibbons	82	Sarah Rapp, Cardinal Gibbons	18:29.00
2011	Beeson Park, Kernersville	Cardinal Gibbons	44	Blake Dodge, West Carteret	18:50.29
2012	Beeson Park, Kernersville	Cardinal Gibbons	31	Mary Grace Doggett, Gibbons	18:02.82

CLASS AAAA

YEAR	SITE	CHAMPION	PTS	INDIVIDUAL CHAMPION	TIME
1986	McAlpine Park, Charlotte	Grimsley	60	Jamie Newnan, Chapel Hill	18:38.0
1987	McAlpine Park, Charlotte	Chapel Hill	73	Cessy Hudson, East Burke	19:16.0
1988	McAlpine Park, Charlotte	Grimsley	53	Silica Johnson, Grimsley	19:09.0
1989	McAlpine Park, Charlotte	Grimsley	49	Tammy Carpenter,Smithfield-Selma	18:55.0
1990	McAlpine Park, Charlotte	Watauga	55	Tammy Carpenter,Smithfield-Selma	18:44.7
1991	McAlpine Park, Charlotte	Providence	90	Ami Herrman, Providence	18:44.0
1992	McAlpine Park, Charlotte	Watauaga	86	Ami Herrman, Providence	18:18.5
1993	McAlpine Park, Charlotte	Providence	88	Frances Warner, E. E. Smith	18:44.5
1994	McAlpine Park, Charlotte	West Forsyth	115	Addie Bower, Watauga	18:44.4
1995	McAlpine Park, Charlotte	Watauga	71	Angie Morley, Chapel Hill	19:18.8
1996	McAlpine Park, Charlotte	West Forsyth	63	Whitney Webber, West Forsyth	18:45.3
1997	McAlpine Park, Charlotte	Cary	64	Julie Wilhelm, Hoggard	18:45.6
1998	McAlpine Park, Charlotte	Leesville Road	64	Alisha Little, East Burke	18:13.6
1999	McAlpine Park, Charlotte	Southeast Raleigh	95	Casey McGraw, Freedom	18:01.3
2000	McAlpine Park, Charlotte	Eastern Wayne	122	Ginger Wheeler, Mount Tabor	18:28.0
2001	McAlpine Park, Charlotte	Mount Tabor	71	Carly Matthews, Mount Tabor	17:44.0
2002	Tanglewood, Clemmons	Mount Tabor	64	Katherine Merrill, Durham Jordan	19:10:15
2003	Tanglewood, Clemmons	Providence	70	Katherine Merrill, Durham Jordan	19:25.55
2004	Tanglewood, Clemmons	Providence	56	Lindsey Nadolski, Chapel Hill	19:17.73
2005	Tanglewood, Clemmons	Chapel Hill	60	Callan Fike, Athens Drive	18:53.84
2006	Tanglewood, Clemmons	Chapel Hill	40	Kim Spano, North Mecklenburg	18:20.92
2007	Tanglewood, Clemmons	Chapel Hill	85	Kim Spano, North Mecklenburg	18:59.35
2008	Tanglewood, Clemmons	East Chapel Hill	94	Kim Spano, North Mecklenburg	18:04.02
2009	Tanglewood, Clemmons	Green Hope	47	Laura Hoer, T.C. Roberson	18:13.01
2010	Beeson Park, Kernersville	Green Hope	34	Darby Middlebrook, Watauga	17:52.16
2011	Beeson Park, Kernersville	Green Hope	37	Sammy George, Millbrook	17:27.19
2012	Beeson Park, Kernersville	Green Hope	83	Megan Sullivan, Broughton	17:48.03